Correction: Effect of intermittent compared to continuous energy restriction on weight loss and weight maintenance after 12 months in healthy overweight or obese adults

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Table 4 is still missing from both versions. It was labeled Table 3 in the first version but a reviewer wanted an extra table in the methods which became Table 1.

Table 4 Changes in glucose and lipids in individuals who completed the study

Parameter	Baseline	Following intensive period	12 months	<i>P</i> value (time)	<i>P</i> value (diet × time)
Glucose (mmol l ⁻¹)					
CER	5.5 ± 0.4	5.4 ± 0.5	5.5 ± 0.6	0.25	0.77
WOWO	5.7 ± 0.5	5.5 ± 0.5	5.5 ± 0.5		
5:2	5.6 ± 0.6	5.5 ± 0.6	5.4 ± 0.6		
Cholesterol (mmol l ⁻¹)					
CER	5.7 ± 1.1	5.7 ± 1.0	6.1 ± 1.2	<0.001	0.33
WOWO	5.7 ± 1.2	5.4 ± 1.2	5.7 ± 1.3		
5:2	5.8 ± 1.0	5.6 ± 1.0	5.9 ± 1.1		
Triglycerides (mmol l ⁻¹)					
CER	1.2 ± 0.5	1.0 ± 0.5	1.0 ± 0.4	<0.001	0.50
WOWO	1.3 ± 0.7	1.0 ± 0.5	1.2 ± 0.8		
5:2	1.2 ± 0.5	0.9 ± 0.3	1.1 ± 0.5		
HDL (mmol l ⁻¹)					
CER	1.5 ± 0.4	1.4 ± 0.4	1.6 ± 0.4	<0.001	0.11
WOWO	1.4 ± 0.4	1.4 ± 0.4	1.5 ± 0.4		
5:2	1.5 ± 0.5		1.6 ± 0.4		
LDL (mmol l ⁻¹)					
CER	4.0 ± 1.0	4.1 ± 1.0	4.3 ± 1.1	0.004	0.16
WOWO	4.1 ± 1.0	3.8 ± 1.0	4.1 ± 1.2		
5:2	4.0 ± 0.9	4.0 ± 0.9	4.1 ± 1.0		

Data presented as mean (SD). Available blood samples *n* = 138 (CER: *n* = 50, WOWO: *n* = 43, 5:2: *n* = 45)

CER continuous energy restriction, HDL high-density lipoprotein cholesterol, LDL low-density lipoprotein cholesterol, WOWO week-on, week-off. Data analyzed by repeated measures ANOVA

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