



## REVIEW ARTICLE OPEN



# Double-edged sword: $\gamma\delta$ T cells in mucosal homeostasis and disease

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The mucosa is a tissue that covers numerous body surfaces, including the respiratory tract, digestive tract, eye, and urogenital tract. Mucosa is in direct contact with pathogens, and  $\gamma\delta$  T cells perform various roles in the tissue.  $\gamma\delta$  T cells efficiently defend the mucosa from various pathogens, such as viruses, bacteria, and fungi. In addition,  $\gamma\delta$  T cells are necessary for the maintenance of homeostasis because they select specific organisms in the microbiota and perform immunoregulatory functions. Furthermore,  $\gamma\delta$  T cells directly facilitate pregnancy by producing growth factors. However,  $\gamma\delta$  T cells can also play detrimental roles in mucosal health by amplifying inflammation, thereby worsening allergic responses. Moreover, these cells can act as major players in autoimmune diseases. Despite their robust roles in the mucosa, the application of  $\gamma\delta$  T cells in clinical practice is lacking because of factors such as gaps between mice and human cells, insufficient knowledge of the target of  $\gamma\delta$  T cells, and the small population of  $\gamma\delta$  T cells. However,  $\gamma\delta$  T cells may be attractive targets for clinical use due to their effector functions and low risk of inducing graft-versus-host disease. Therefore, robust research on  $\gamma\delta$  T cells is required to understand the crucial features of these cells and apply these knowledges to clinical practices.

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## INTRODUCTION

The mucosa is a tissue that covers multiple body surfaces, including the respiratory tract, digestive tract, eye, inner ear, and urogenital tract. In addition to the skin, the mucosal surface is the boundary between the outside and the inside of the body. However, unlike the skin, which is protected by thick and cornified cell layers called the stratum corneum<sup>1</sup>, mucosal surfaces do not have a strong physical barrier. Because the mucosa has a high probability of contact with pathogens, mucosal surfaces are protected by cellular and noncellular immune systems. For example, most mucosal layers are covered by mucus, which prevents pathogens from contacting the mucosal epithelium<sup>2</sup>. The mucus layer includes many antimicrobial peptides, which prevent colonization by bacteria<sup>3</sup>. Various innate and adaptive immune cells suppress pathogens both on the luminal surface<sup>4</sup> of the mucosa and in lymph node drainage<sup>5</sup>.  $\gamma\delta$  T cells play important roles in the cellular and noncellular immune systems. Because of their unique  $\gamma\delta$  T-cell receptor (TCR) usage,  $\gamma\delta$  T cells localize in the mucosa<sup>6,7</sup> and directly and indirectly protect against pathogens. While  $\alpha\beta$  T cells recognize peptides processed and presented by the major histocompatibility complex (MHC),  $\gamma\delta$  T cells recognize other molecules, such as CD1d<sup>8</sup>, butyrophilins<sup>9</sup>, Skint1<sup>10</sup>, Annexin A2<sup>11</sup>, and EphA2<sup>12</sup>, which are associated with pathogenic infections and tissue damage. Because of their innate target recognition properties,  $\gamma\delta$  T cells can patrol the periphery that is not covered by T cells or B cells<sup>13</sup>. Although studies have revealed that the presence of  $\gamma\delta$  T cells is necessary to maintain homeostatic status<sup>14</sup>, these cells can also play a major role in the

disruption of homeostasis<sup>15</sup>. In this review, we will discuss both the protective and disruptive roles of  $\gamma\delta$  T cells in mucosal homeostasis and diseases.

## LOCALIZATION OF $\gamma\delta$ T CELLS IN THE MUCOSA

### Tissue specificity

$\gamma\delta$  T cells are found in different organs, and their population in an organ is as heterogeneous as their TCR usage and functionality. Murine  $\gamma\delta$  T cells colonize specific organs based on their V $\gamma$  usage<sup>16</sup>. Generally, embryonic V $\gamma$ 6+  $\gamma\delta$  T cells are localized in the lung, gingiva, and reproductive tract; V $\gamma$ 4+  $\gamma\delta$  T cells are localized in the pulmonary tract and lung; and perinatally developed V $\gamma$ 7+  $\gamma\delta$  T cells are localized in the gut. The localization of V $\gamma$ 7+  $\gamma\delta$  T cells in the gut is influenced by the BTNL1-BTNL6 heterodimer which is expressed in the gut epithelium (Tonegawa nomenclature)<sup>9,16</sup>. In addition, in the urogenital tract,  $\gamma\delta$ TCR+ cells expressing V $\gamma$ 4 and V $\delta$ 1 are present in the mouse vagina and express CD5, CD28, CD25, and PGP-1<sup>17</sup>. Several factors affect the localization of  $\gamma\delta$  T cells to specific organs. In the case of gut-localized  $\gamma\delta$  T cells, surface molecules affect their homing to the intestine. In mice, intestinal epithelial cells express BTNL1 and BTNL6, which form heterodimers and stimulate V $\gamma$ 7+  $\gamma\delta$ TCRs, thereby inducing the selection and residence of V $\gamma$ 7+  $\gamma\delta$  T cells in the gut<sup>9</sup>. In addition to BTNL1-BTNL6-mediated expansion, V $\gamma$ 7+  $\gamma\delta$  T cells express a greater amount of integrin  $\alpha$ 4 $\beta$ 7, a binding partner of MADCAM1, than conventional T cells, which facilitates the localization of V $\gamma$ 7+  $\gamma\delta$  T cells in the gut<sup>18</sup>. Similar mechanisms

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exist within humans. The human counterpart of murine V $\gamma$ 7+  $\gamma\delta$  T cells expressing V $\gamma$ 4+ TCR interacts with the BTNL3-BTNL8 heterodimer expressed in human intestinal epithelial cells<sup>9</sup>. In addition to V $\gamma$ 4+  $\gamma\delta$  T cells, there are other gut-localizing  $\gamma\delta$  T cells in humans that express V $\delta$ 2+  $\gamma\delta$  TCR and CD103<sup>19</sup>. In the human intestine, CD103+V $\delta$ 2+  $\gamma\delta$  T cells produced less cytokines when they were stimulated in vitro than their CD103- counterparts, suggesting that CD103+  $\gamma\delta$  T cells may play immunoregulatory roles<sup>19</sup>.

In addition to surface molecules, various cytokines also affect the localization of  $\gamma\delta$  T cells to specific organs. Murine dermal  $\gamma\delta$  T cells utilize CCR2 and CCR6 for their localization<sup>20</sup>, and other  $\gamma\delta$  T cells may also utilize the chemotactic axis for their localization in target tissues. In the murine gut, intestinal epithelial cells express CCL25<sup>21</sup>, which chemoattracts  $\gamma\delta$  T cells expressing CCR9<sup>22</sup>. In addition, the gut microbiome induces CXCL9 production,<sup>23</sup> because of CXCR3+  $\gamma\delta$  T cells<sup>24</sup>, the CXCL9-CXCR3 axis may also contribute to the localization of  $\gamma\delta$  T cells.

### ROLE OF $\gamma\delta$ T CELLS IN MUCOSAL PROTECTION

Because  $\gamma\delta$  T cells can colonize the mucosa, they may play various protective roles. These cells protect against pathogens, such as viruses<sup>25–34</sup>, bacteria<sup>35–46</sup>, and fungi<sup>47–50</sup>. In addition to their role in pathogenic infections,  $\gamma\delta$  T cells play roles in homeostasis. They participate in the selection of the microbiome<sup>51–53</sup> and perform immune-regulatory roles<sup>39,54–56</sup>, thereby helping to sustain homeostasis in the organism. Finally, because they colonize the female reproductive tract,  $\gamma\delta$  T cells also impact pregnancy<sup>57–62</sup>. Figure 1a–e shows the functions and overall protective roles of  $\gamma\delta$  T cells in different mucosal tissues.

#### Role of $\gamma\delta$ T cells in protection against viral infection

Because the mucosa is the primary site for viral infection, it is not surprising that  $\gamma\delta$  T cells protect against viral infection (Fig. 1a). In the lung, murine V $\gamma$ 6V $\delta$ 1  $\gamma\delta$  T cells initially dominate among lung-resident  $\gamma\delta$  T cells, and the population shifts toward V $\gamma$ 4+  $\gamma\delta$  T cells over time<sup>25</sup>. In a murine influenza infection model,  $\gamma\delta$  T cells produced IL-17; therefore, they could potentially aid in resolving influenza infection and decrease the mortality in influenza-infected neonates<sup>26</sup>. The functionality of  $\gamma\delta$  T cells in lung protection has also been studied in humans. In a human influenza virus and human  $\gamma\delta$  T-cell xenograft model, aminobisphosphonate-pamidronate (PAM)-activated  $\gamma\delta$  T cells reduced disease severity and mortality caused by human seasonal H1N1 and avian H5N1 influenza virus and controlled lung inflammation and viral replication<sup>27</sup>. PAM-activated human V $\gamma$ 9V $\delta$ 2  $\gamma\delta$  T cells effectively killed influenza A virus-infected lung alveolar epithelial cells via NKG2D activation, the Fas-FasL pathway, and the TRAIL-mediated pathway<sup>28</sup>. In addition to direct killing, isopentyl-diphosphate-activated V $\gamma$ 9V $\delta$ 2  $\gamma\delta$  T cells exert a noncytolytic protective role by producing IFN- $\gamma$ <sup>29</sup>.

In addition to the lung, the reproductive tract is a major route for viral infection, and  $\gamma\delta$  T cells also protect against viruses in the reproductive tract. In a murine vaginal herpes simplex virus (HSV) infection study, depletion of  $\gamma\delta$  T cells reduced mouse survival and increased viral titer, resulting in reduced IFN- $\gamma$  production in CD4 T cells<sup>30</sup>. A BALB/C mouse HSV infection model revealed that V $\gamma$ 4+  $\gamma\delta$  T cells are recruited to the infected vagina<sup>31</sup>. Furthermore, a vaginal adenoviral infection study revealed that vaginal  $\gamma\delta$  T cells were activated after infection. In that study, the  $\gamma\delta$  T-cell number was positively correlated with the viral load, and the number of vaginal  $\alpha\beta$  T cells was not significantly altered. The expression of chemokine receptors and cytotoxic molecules is increased in  $\gamma\delta$  T cells<sup>32</sup>. In accordance with a murine study, a simian immunodeficiency virus infection model in rhesus macaques generated by Tuero et al. also revealed the importance of  $\gamma\delta$  T cells in viral infection in the vagina<sup>33</sup>. In that study, the majority of V $\delta$ 1+ or

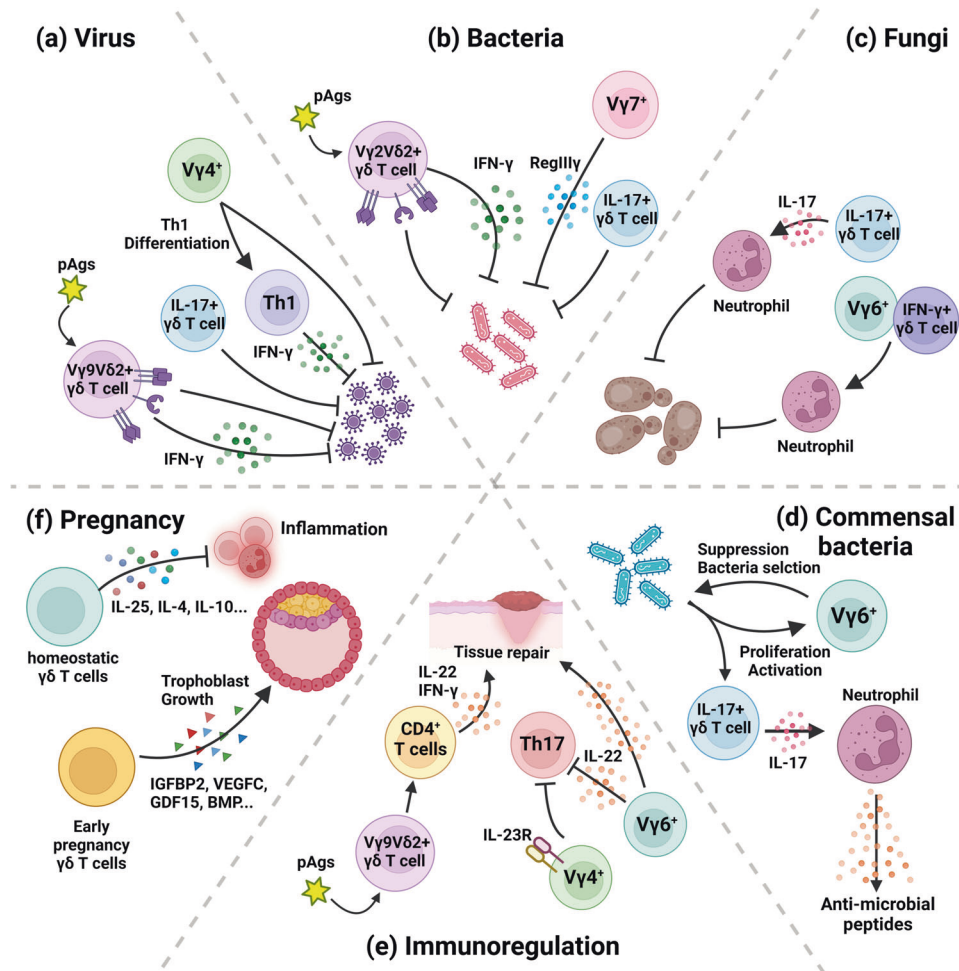
V $\delta$ 2+  $\gamma\delta$  T cells were CD8+ or CD4-CD8- $\gamma\delta$  T cells. A site-specific reactivity difference was observed in V $\delta$ 2+  $\gamma\delta$  T cells; V $\delta$ 2+  $\gamma\delta$  T cells in the endocervix had a higher percentage of IFN- $\gamma$ -producing cells in the population than those in the vagina. Additionally, endocervical V $\delta$ 2  $\gamma\delta$  T cells exhibited greater IFN- $\gamma$  production than V $\delta$ 1+  $\gamma\delta$  T cells in the same tissue. In the endocervix, the chronic viral load was negatively correlated with V $\delta$ 2+  $\gamma\delta$  T cells<sup>33</sup>. Likewise, in a human study, a proportion of the  $\gamma\delta$  T-cell subset was related to vaginal dysbiosis and human immunodeficiency virus (HIV) susceptibility. Among HIV-infected women, the Nugent score, which represents bacterial vaginosis, was positively correlated with the V $\delta$ 1+  $\gamma\delta$  T cell percentage. Among healthy women, however, the Nugent score was negatively correlated with the V $\delta$ 1+  $\gamma\delta$  T cell percentage. V $\delta$ 2+  $\gamma\delta$  T cells showed an enrichment signature that was distinct from that of V $\delta$ 1+  $\gamma\delta$  T cells; in non-HIV-infected women, the frequency of V $\delta$ 2+  $\gamma\delta$  T cells was correlated with vaginal dysbiosis. In contrast, in HIV-infected women, the frequency of V $\delta$ 2+  $\gamma\delta$  T cells was not related to vaginal dysbiosis. Therefore, in HIV-negative women, bacterial vaginosis induces V $\delta$ 2+  $\gamma\delta$  T cell accumulation and V $\delta$ 1+  $\gamma\delta$  T cell decrement<sup>34</sup>.

#### Role of $\gamma\delta$ T cells in protecting against bacterial infection

The effectiveness of  $\gamma\delta$  T cells in protecting against bacteria has been studied in many organs (Fig. 1b). Lung-localized  $\gamma\delta$  T cells showed a greater activation signature than  $\alpha\beta$ TCR+ T cells after *Streptococcus pneumoniae* infection in mice. Because  $\gamma\delta$  T cell expansion is confined to lung tissue, the expanded  $\gamma\delta$  T cells are tissue-resident  $\gamma\delta$  T cells<sup>35</sup>. The effector function of lung  $\gamma\delta$  T cells seems to be related to cytokine secretion, especially secretion of IL-17. After *Mycobacterium bovis* bacillus Calmette-Guérin (BCG) inoculation, IL-17A produced by V $\gamma$ 4 or V $\gamma$ 6+  $\gamma\delta$  T cells was required for granuloma formation<sup>36</sup>. Likewise, during *Bordetella pertussis* infection,  $\gamma\delta$  T cells played a protective role in both an innate and an adaptive manner. During early infection of the lung, V $\gamma$ 4-V $\gamma$ 1-  $\gamma\delta$  T cells produce IL-17, thereby facilitating bacterial clearance. Meanwhile, V $\gamma$ 4+  $\gamma\delta$  T cells arose 7–14 days after immunization with heat-killed *B. pertussis*, and adaptive-like  $\gamma\delta$  T cells produced an increased amount of IL-17<sup>37</sup>. Murine CD1d presents lipid molecules produced by the commensal microbiome to IL-17+  $\gamma\delta$  T cells, and the depletion of the commensal microbiome by treatment with antibiotics reduces the number of hepatic  $\gamma\delta$  T cells<sup>38</sup>. The liver  $\gamma\delta$  T-cell population is mainly composed of IL-17-producing V $\gamma$ 4+ and V $\gamma$ 4-V $\gamma$ 1-  $\gamma\delta$  T cells, which are also found in many different organs, including the lung, during homeostatic and infectious conditions<sup>36,39</sup>. Therefore, CD1d-mediated lipid presentation may be a critical source of stimulation to those IL-17-producing  $\gamma\delta$  T cells for their activation and the subsequent suppression of bacteria.

The importance of lung  $\gamma\delta$  T cells was also studied in a nonhuman primate *M. tuberculosis* infection model. In the model, V $\gamma$ 2V $\delta$ 2  $\gamma\delta$  T cells were activated by (E)-4-hydroxy-3-methyl-but-2-enyl pyrophosphate (HMBPP) and produced IFN- $\gamma$ , which down-regulated IL-22-producing T cells that form lung granulomas via the IFN- $\gamma$ -associated cytokine network<sup>40</sup>.

In addition to the lung, the urinary tract is also susceptible to bacterial infection, and the role of  $\gamma\delta$  T cells in the protection of the urinary mucosa has been studied by several groups. In an experimental model of urinary tract infection with *Escherichia coli*, Matsukawa et al. showed that  $\gamma\delta$  T cells infiltrated the bladder and kidney, resulting in a time-dependent increase in the number of  $\gamma\delta$  T cells<sup>41</sup>. The same experimental model was used by Sivick et al. and the importance of IL-17 in the acute clearance of pathogens was demonstrated<sup>42</sup>. IL-17 expression in the bladder was significantly decreased in  $\gamma\delta$ TCR knockout (KO) mice. In addition,  $\gamma\delta$  T cells were the only T cells that had significantly upregulated expression of IL-17 after 48 h of infection, thereby demonstrating that the major source of early IL-17 in the bladder is  $\gamma\delta$  T cells<sup>42</sup>.



**Fig. 1 Role of  $\gamma\delta$  T cells in mucosal protection.** **a** Role of  $\gamma\delta$  T cells in protection against viral infection. Murine  $\gamma\delta$  T cells protect against viral infection by producing IL-17, thereby reducing the mortality rate of influenza-infected neonates. Additionally,  $V\gamma 4^+$   $\gamma\delta$  T cells upregulate IFN- $\gamma$  production in CD4 T cells, thereby suppressing viral infection in vaginal HSV infection. In humans, phosphoantigen-stimulated  $V\gamma 9V\delta 2^+$   $\gamma\delta$  T cells directly kill virus-infected cells via the Fas-FasL pathway, NKG2D activation, and the TRAIL-mediated pathway. In addition, human  $\gamma\delta$  T cells directly produce IFN- $\gamma$  in the endocervix, thereby lowering the viral load. **b** Role of  $\gamma\delta$  T cells in protection against bacterial infection. IL-17-producing  $\gamma\delta$  T cells exert a protective role during early bacterial infection. In the gut,  $V\gamma 7^+$  intraepithelial lymphocytes (IELs) produce RegIII $\gamma$ , an antimicrobial peptide, and suppress the growth of gram-positive bacteria. In a nonhuman primate model of *M. tuberculosis* infection,  $V\gamma 2V\delta 2^+$   $\gamma\delta$  T cells produced IFN- $\gamma$ , thereby suppressing IL-22-producing T cells and facilitating granulomas via the IFN- $\gamma$ -associated axis. **c** Role of  $\gamma\delta$  T cells in protection against fungal infection. In the mouse lung, IL-17-producing  $\gamma\delta$  T cells recruit neutrophils, thereby facilitating the clearance of *Candida albicans*. Likewise, in the mouse vagina, both IL-17-producing  $V\gamma 6^+$   $\gamma\delta$  T cells and IFN- $\gamma$ -producing  $\gamma\delta$  T cells suppress *C. albicans* by recruiting neutrophils. **d** Role of  $\gamma\delta$  T cells in the selection of microbiota. In the mouse oral cavity,  $V\gamma 6^+$   $\gamma\delta$  T cells are localized close to the biofilm and produce IL-17, thereby suppressing the outgrowth of bacteria. Since the absence of bacteria reduces the  $V\gamma 6^+$   $\gamma\delta$  T-cell population, the microbiota induces the proliferation of  $V\gamma 6^+$   $\gamma\delta$  T cells, which alters the cell population. Additionally, the microbiota facilitates IL-17-producing  $\gamma\delta$  T cells, which subsequently recruit neutrophils. Neutrophils produce antimicrobial peptides and suppress pathogen growth. **e** Role of  $\gamma\delta$  T cells in immunoregulation. Murine  $V\gamma 6^+$   $\gamma\delta$  T cells produce IL-22, thereby facilitating tissue repair and suppressing pathogenic CD4 T cells. Additionally,  $V\gamma 4^+$   $\gamma\delta$  T cells express high levels of the IL-23 receptor and suppress IL-17-expressing autoreactive T cells. Immunoregulatory  $\gamma\delta$  T cells are also present in humans. Phosphoantigen-activated human  $V\gamma 9V\delta 2^+$   $\gamma\delta$  T cells can act as immunosuppressive cells by facilitating CD4 T-cell polarization toward IL-22- and IFN- $\gamma$ -producing populations. **f** Role of  $\gamma\delta$  T cells in pregnancy. In the homeostatic decidua,  $\gamma\delta$  T cells produce IL-25, IL-4, and IL-10 while downregulating IFN- $\gamma$ . Therefore, decidual  $\gamma\delta$  T cells play immunosuppressive roles. During early pregnancy, decidual  $\gamma\delta$  T cells also produce growth factors such as IGFBP2, VEGFC, GDF15, and BMP1, directly facilitating the growth of trophoblasts. Loss of  $\gamma\delta$  T cells is related to recurrent abortion, indicating the importance of  $\gamma\delta$  T cells in sustaining pregnancy.

Finally, in the gut, intestinal intraepithelial lymphocytes (IELs) produce RegIII $\gamma$ , an antimicrobial peptide that kills gram-positive bacteria when pathogens penetrate the mucosal barrier. Its production requires MyD88 expression in epithelial cells, suggesting that epithelial cells act as alarm cells that send activation cues to IELs<sup>23</sup>. IL-15 production in intestinal epithelial cells depends on MyD88<sup>43</sup>. IL-15 signaling maintains  $\gamma\delta$ TCR<sup>+</sup> IELs<sup>43</sup> and activates T cells even when T cells are not receiving costimulatory signals<sup>44</sup>. In addition, IL-15 signaling can induce the expression of NKG2D<sup>45</sup>.

Because the gut microbiota does not affect BTNL1 or BTNL6 expression in mouse intestinal epithelial cells<sup>46</sup>, the response of IELs against pathogens may be independent of TCR signaling and dependent on IL-15 production in intestinal epithelial cells.

#### Role of $\gamma\delta$ T cells in protection against fungal infection

In addition to the bacterial microbiome, symbiotic fungal microbiomes exist in the mucosa, which are typically not pathogenic in healthy individuals<sup>47</sup>. However, in individuals with

weak or compromised immune systems, such as infants or HIV patients, fungal infection can be life-threatening. Therefore, many studies on the immune responses against these symbiotic and pathogenic fungal microbiomes have been performed. The results revealed the complex roles of  $\gamma\delta$  T cells in interacting with fungal microorganisms on different mucosal surfaces (Fig. 1c). During *Candida albicans* infection in the mouse lung, a lack of  $\gamma\delta$  T cells, the major source of IL-17A in the lung, reduced neutrophil infiltration, thereby decreasing pathogen clearance<sup>48</sup>. In addition to the lung, a vaginal *C. albicans* infection model showed an increase in fungal colonization in mice lacking  $\gamma\delta$  T cells<sup>49</sup>. Likewise, both IL-17-producing V $\gamma$ 6V $\delta$ 1+  $\gamma\delta$  T cells and IFN- $\gamma$ -producing non-V $\gamma$ 6+  $\gamma\delta$  T cells are present in the murine uterus, and depletion of  $\gamma\delta$  T cells increased the susceptibility of mice to vaginal *C. albicans* infection by decreasing neutrophil recruitment<sup>50</sup>. These results suggest that  $\gamma\delta$  T cells play a protective role in fungal infection by interacting with other immune cells, such as neutrophils.

### Role of $\gamma\delta$ T cells in selection of the microbiota

The presence of the microbiota is critical for sustaining host homeostasis. In addition to colonizing the mucosa and preventing pathogen growth, the microbiota also affects the global status of the host. The microbiota affects autoreactive immune responses and neurological disorders and even produces crucial metabolites such as vitamins. Therefore, the selection of beneficial microbiomes is critical to sustain host health. Because  $\gamma\delta$  T cells colonize the mucosa, it is not surprising that they play important roles in microbiota selection (Fig. 1d). The role of  $\gamma\delta$  T cells in selecting organisms in the microbiota has been studied for various mucosal surfaces, such as the oral cavity, gut, and conjunctiva, using various mouse models. In the gingiva, aggressive periodontitis is associated with the outgrowth of *Aggregatibacter*, a commensal microbiome organism that dwells in the oral cavity. When  $\gamma\delta$  T cells are absent, *Aggregatibacter* shows outgrowth, demonstrating that bacterial regulation is at least partially performed by  $\gamma\delta$  T cells. Wilharm et al. also revealed the interplay between oral  $\gamma\delta$  T cells and the microbiome<sup>51</sup>. In the mouse gingiva, the major  $\gamma\delta$  T-cell population is V $\gamma$ 6+  $\gamma\delta$  T cells, which produce IL-17 and are localized close to the biofilm. The number and activation signatures of V $\gamma$ 6+  $\gamma\delta$  T cells are decreased in germ-free mice. This decrease in V $\gamma$ 6+  $\gamma\delta$  T cells results in increased gingival inflammation and changes in microbiota diversity<sup>51</sup>. As shown by Wilharm et al. the interaction of the microbiota and  $\gamma\delta$  T cells is bidirectional. In a murine bacterial pneumonia model induced by *Pseudomonas aeruginosa*, disruption of the gut flora by antibiotic treatment reduced the number of IL-17-producing  $\gamma\delta$  T cells and their cytokine production, resulting in decreased neutrophil recruitment. Because anti- $\gamma\delta$ TCR antibody treatment also produced the same symptom, the presence of commensal microbiota is considered to protect the host from pneumonia by facilitating IL-17-producing  $\gamma\delta$  T cells<sup>52</sup>. Likewise, in the murine conjunctiva, the commensal bacterium *Corynebacterium mastitidis* regulates IL-17-producing V $\gamma$ 4+  $\gamma\delta$  T cells. Disruption of this commensal bacterium reduced neutrophil recruitment to the conjunctiva, resulting in a decrease in the antimicrobial peptide concentration in tears. As a result, this dysbiosis increased susceptibility to *C. albicans* and *P. aeruginosa*<sup>53</sup>.

### Role of $\gamma\delta$ T cells in immunoregulation

The functionality of  $\gamma\delta$  T cells is not confined to proinflammatory, antipathogenic, and cytotoxic functions. Rather, a subset of  $\gamma\delta$  T cells play an immunoregulatory role (Fig. 1e). During chronic exposure to *Bacillus subtilis*, administration of IL-22 reduced lung inflammation and subsequent fibrosis by reducing CXCR3 expression in CD4 T cells and CXCL9 expression in the lung. The major IL-22-producing cell population in the lung is V $\gamma$ 6V $\delta$ 1+  $\gamma\delta$  T cells, and knockout of  $\gamma\delta$  T cells increased pathogenic CD4 T-cell

infiltration of the lung<sup>54</sup>. However, these IL-22-producing regulatory  $\gamma\delta$  T cells are not confined to the lung; they are also found in the mouse conjunctiva and aid in epithelial regeneration<sup>55</sup>. Liang et al. demonstrated that immunoregulatory  $\gamma\delta$  T cells are related to the activation state of  $\gamma\delta$  T cells<sup>39</sup>. Weakly activated mouse  $\gamma\delta$  T cells express IL-23R, while naïve or highly activated mouse  $\gamma\delta$  T cells do not express this receptor. IL-23R+  $\gamma\delta$  T cells show a strong suppressive effect on IL-17+ autoreactive T cells. Because anti-IL-23R antibodies or excessive IL-23 treatment abates the suppressive effect of IL-23R+  $\gamma\delta$  T cells, they function as an IL-23 sink. The expression level of IL-23R in immunized mice is higher in V $\gamma$ 4+  $\gamma\delta$  T cells than in V $\gamma$ 1+  $\gamma\delta$  T cells, indicating that V $\gamma$ 4+  $\gamma\delta$  T cells can act as suppressive  $\gamma\delta$  T cells<sup>39</sup>.

In humans, HMBPP-stimulated V $\gamma$ 9+V $\delta$ 2+  $\gamma\delta$  T cells can also act as immunoregulators by polarizing CD4 T-cell population toward IFN- $\gamma$ - and IL-22-producing cells. This IL-22 skewing potential is further enhanced when V $\gamma$ 9V $\delta$ 2  $\gamma\delta$  T cells are stimulated with IL-15 rather than IL-2. This skewing ability is also related to tumor necrosis factor (TNF)- $\alpha$  and inducible costimulatory molecular ligand (ICOSL) because treatment with blocking antibodies reduced IL-22 production<sup>56</sup>.

### Role of $\gamma\delta$ T cells in pregnancy

During pregnancy, there are dynamic proportion changes in immune cells. At the first trimester, NK cells become enriched and promote embryo development by secreting various cytokines, as well as growth factors<sup>57</sup>. In addition to NK cells, which are robustly studied due to their abundance and various effector functions,  $\gamma\delta$  T cells, which are present in the endometrium throughout pregnancy<sup>58</sup>, also affect pregnancy. The relationship between pregnancy and  $\gamma\delta$  T cells has been robustly studied in females with recurrent abortion (Fig. 1f). Under homeostatic conditions, decidual  $\gamma\delta$  T cells express IL-25 and IL-17RB, and the addition of IL-25 to decidual  $\gamma\delta$  T cells upregulates IL-4, IL-10, and Ki-67 expression and downregulates IFN- $\gamma$  expression. Therefore, decidual  $\gamma\delta$  T cells play immunosuppressive roles<sup>59</sup>. During early pregnancy, activated and terminally differentiated proinflammatory  $\gamma\delta$  T cells are enriched in the decidua, while no significant changes are found in the blood. The enriched  $\gamma\delta$  T cells show polyclonal TCR  $\delta$  or  $\gamma$  usage<sup>60</sup>. These decidual  $\gamma\delta$  T cells not only protect the decidua from infection but also regulate fetal growth. During early pregnancy, decidual  $\gamma\delta$  T cells show activated phenotypes. They express high levels of NKG2D, CD38, CD31, and HLA-DR and produce high levels of proinflammatory cytokines such as TNF- $\alpha$ , IFN- $\gamma$ , and IL-17a. However, they show remarkably low cytotoxicity. Decidual  $\gamma\delta$  T cells also produce growth factors such as IGFBP2, VEGFC, GDF15, and BMP1, and the expression levels of these growth factors are significantly decreased in patients with recurrent abortion. These growth factor-producing  $\gamma\delta$  T cells have been shown to promote the migration, invasion, and proliferation of trophoblasts<sup>61</sup>.

In addition to the human study, a murine recurrent spontaneous abortion model revealed the complex and time-dependent role of  $\gamma\delta$  T cells in the decidua and pregnancy. Clark, D. A. & Croitoru, K. demonstrated that TGF- $\beta$ 2 and IL-10-producing  $\gamma\delta$  T cells accumulate in the decidua on Day 8.5 of gestation and express V $\gamma$ 1. Depletion of  $\gamma\delta$  T cells facilitated abortion, and anti-TGF- $\beta$ 2/3 or anti-IL-10 antibodies augmented the abortion rate<sup>62</sup>.

### ROLE OF $\gamma\delta$ T CELLS IN THE DISRUPTION OF MUCOSAL HOMEOSTASIS

Because of their efficient cytotoxic and cytokine production abilities,  $\gamma\delta$  T cells comprise the first-line defense system of mucosal surfaces. However, their strong effector function and low threshold for activation<sup>63</sup> also act as risk factors for the disruption of mucosal homeostasis. Pathogenic  $\gamma\delta$  T cells induce



allergies<sup>64–69</sup> and autoimmune diseases<sup>70–85</sup>. Figure 2a, b shows the overall pathologic roles of  $\gamma\delta$  T cells in the mucosa.

### Role of $\gamma\delta$ T cells in allergy

Because of their high level of localization in the lung and pulmonary mucosa, the role of  $\gamma\delta$  T cells in allergic responses has been robustly studied in airway allergy models and patients with allergic rhinitis (Fig. 2a). In mice, suppression of IL-17+  $\gamma\delta$  T cells by adoptive transfer of bone marrow mesenchymal stem cells alleviated the inflammatory symptoms of allergic rhinitis<sup>64</sup>. In ovalbumin-sensitized and challenged mice, the V $\gamma$ 1+  $\gamma\delta$  T-cell population upregulated Th2 cytokines, such as IL-13 and IL-5, and the infiltration of eosinophils, thereby facilitating the allergic response<sup>65</sup>. In this paper, specific depletion of V $\gamma$ 1+  $\gamma\delta$  T cells or knockout of total  $\gamma\delta$  T cells (TCR $\delta$ -KO) significantly reduced IL-13 and IL-5 levels in bronchoalveolar lavage (BAL) fluid and eosinophil infiltration in the ova-sensitized airway; meanwhile, adoptive transfer of V $\gamma$ 1+  $\gamma\delta$  T cells to TCR $\delta$ -KO mice led to recovery of the phenotype. Since BAL fluidic IL-13 and IL-5 are nearly undetectable and immune cell infiltration into the airway after OVA sensitization is greatly decreased in TCR $\delta$ -KO mice,  $\gamma\delta$  T cells act as major drivers of allergic responses. V $\gamma$ 1+  $\gamma\delta$  T cells not only secrete Th2 cytokines and induce eosinophil infiltration but also enhance allergic responses by reducing the pulmonary accumulation of IL-10-producing CD4+CD25+ T cells<sup>66</sup>. In this study, depletion of V $\gamma$ 1+  $\gamma\delta$  T cells significantly upregulated the IL-10-producing cell population among pulmonary cells. Depletion of V $\gamma$ 1+  $\gamma\delta$  T cells increased the number of both Foxp3+ cells and FR4+ cells, which represent regulatory T cells (Tregs) and antigen specific Tregs, respectively. Therefore, V $\gamma$ 1+  $\gamma\delta$  T cells globally suppress the immunosuppressive Treg population, thereby enhancing allergic responses<sup>66</sup>.

Consistent with the mouse model,  $\gamma\delta$  T cells were significantly increased in the nasal mucosa of allergic rhinitis patients.  $\gamma\delta$  T-cell infiltration was positively correlated with the infiltration of other immune cells, such as eosinophils, macrophages, mast cells, B cells, and conventional T cells.  $\gamma\delta$  T cells and macrophages exhibit close proximity in the mucosa, indicating cell–cell interactions of  $\gamma\delta$  T cells with other types of immune cells<sup>67</sup>. Lee et al. demonstrated that the presence of  $\gamma\delta$  T cells is related to the presence of nasal polyps, which is related to severe symptoms<sup>68</sup>. They showed that the expression of V $\gamma$ 1+  $\gamma\delta$  T cells was higher in patients with eosinophilic chronic rhinosinusitis with nasal polyps than in those without nasal polyps, and the presence of  $\gamma\delta$  T cells was related to a higher recurrence rate and worse symptoms<sup>68</sup>. Finally, V $\delta$ 1+  $\gamma\delta$  T cells in the human lung have been shown to express a Th2-like signature, with upregulation of CD30 and production of IL-4. These Th2-like V $\delta$ 1+  $\gamma\delta$  T cells worsen allergy symptoms<sup>69</sup>.

### Role of $\gamma\delta$ T cells in autoimmune diseases

Although their increased activation signature and specificity toward stress molecules make  $\gamma\delta$  T cells efficient defenders against pathogens, their phenotype can also intensify tissue damage when they perform deleterious effector functions, such as unrestrained inflammation. Therefore,  $\gamma\delta$  T cells are also major players in autoimmune diseases. The role of murine  $\gamma\delta$  T cells in autoimmune diseases has been well studied in uveitis and colitis models (Fig. 2b). In an experimental autoimmune uveitis (EAU) model induced by interphotoreceptor retinoid-binding protein,  $\gamma\delta$  T cells affected the maturation of dendritic cells (DCs), which subsequently induced the maturation of CD4 T cells into Th1 and Th17 subsets by upregulating the expression of costimulatory receptors on DCs<sup>70</sup>. In the article, the clinical score of EAU mice in the TCR $\delta$ -KO is significantly lower than that of control mice, which is correlated with the decrease in the number of CD11c+ DCs in the spleen. In addition, the percentage of IFN- $\gamma$ + or IL-17+CD4+ T cells was decreased in TCR $\delta$ -KO mice, indicating the importance

of  $\gamma\delta$  T cells in CD4+ T-cell functionality.  $\gamma\delta$  T cells can affect CD4+ T cells both directly and indirectly; coculture of CD4+ T cells with  $\gamma\delta$  T cells upregulates the proliferation of CD4+ T cells, and proliferation was further increased when DCs were added to the culture. Therefore,  $\gamma\delta$  T cells can work as a critical factor in autoimmune responses by regulating CD4+ T-cell activation in various ways. Similar to the results of this study, Liang et al. revealed that depletion of CD25-expressing DCs reduced Th17 responses and the  $\gamma\delta$  T-cell population in an EAU model<sup>71</sup>. They also revealed that all-trans retinoic acid (ATRA) decreased the number of CD25+ DCs, as well as IL-17-producing  $\gamma\delta$  T-cell activation. ATRA-treated  $\gamma\delta$  T cells showed a reduced ability to induce Th17 differentiation, and EAU model mice treated with ATRA exhibited lower disease scores. Therefore, in the eye, retinoic acids may regulate  $\gamma\delta$  T cells and CD25+ DCs, which comprise a possible autoreactive and inflammatory population<sup>71,72</sup>.

In contrast to the straightforward action of retinoic acids, which directly suppress  $\gamma\delta$  T cells, the interplay of adenosine monophosphates (AMPs) and  $\gamma\delta$  T cells is more complex. AMP is processed into adenosine by CD73 and binds to adenosine receptor A2 (A2AR). A2AR signaling reduces IFN- $\gamma$  and IL-4 production in CD4 T cells<sup>73,74</sup> and expands regulatory T cells<sup>75</sup>. In addition, adenosine reduces neutrophils<sup>76</sup> and macrophages<sup>77</sup>, acting as a strong immune suppressor in both the innate and adaptive immune systems. However, the action of adenosine on  $\gamma\delta$  T cells is distinct from its action on other immune cells.  $\gamma\delta$  T cells express high A2AR levels but low CD73 levels.  $\gamma\delta$  T cells act as adenosine sinks that suppress adenosine binding to other cells and become activated by A2AR signaling<sup>78</sup>. A2AR-activated  $\gamma\delta$  T cells enhanced Th17 differentiation<sup>79</sup>, thereby facilitating inflammation and worsening symptoms in an EAU model.

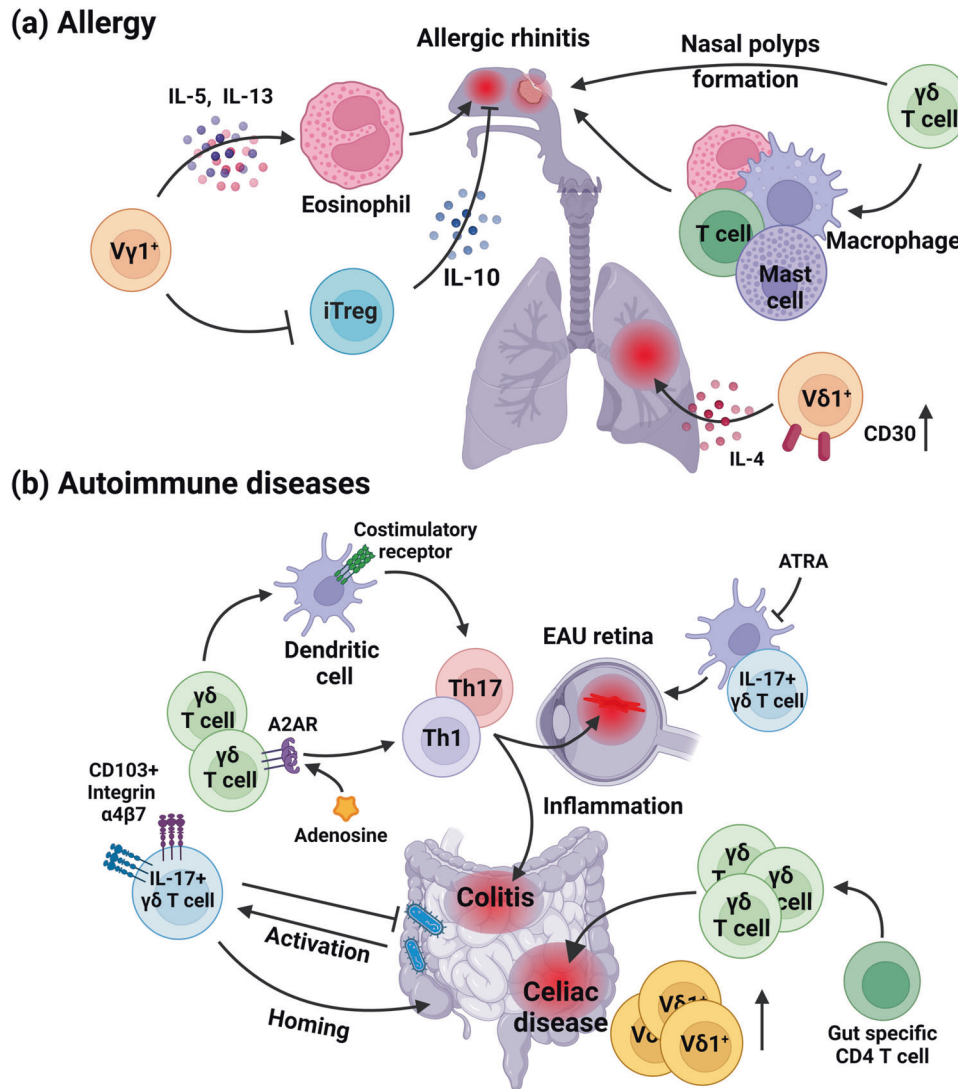
Similar to eyes, autoimmune diseases in the gut can also be caused by gut-resident  $\gamma\delta$  T cells (Fig. 2b). Generally, Th17 cells are considered the main cause of colitis. However, Do et al. showed that while TCR $\beta$  KO mice are highly susceptible to colitis, mice lacking both  $\alpha\beta$ TCR and  $\gamma\delta$ TCR showed resistance to disease onset<sup>80</sup>. Transfer of IL-17+  $\gamma\delta$  T cells and CD4 T cells induced Th17 differentiation and subsequent colitis, indicating the critical role of IL-17+  $\gamma\delta$  T cells in the onset of colitis<sup>80</sup>. Do et al. also revealed that pro-colitogenic  $\gamma\delta$  T cells express CD103 and integrin  $\alpha\beta$ 7, indicating strong gut-homing potential. Meanwhile, in another study,  $\gamma\delta$  T cells localized in the colon and produced IFN- $\gamma$ ;  $\gamma\delta$  T cells also exhibited a correlation with the onset and progression of colitis, suggesting that not only IL-17-producing but also IFN- $\gamma$ -producing  $\gamma\delta$  T cells in the gut can be autoreactive<sup>81</sup>. Because  $\gamma\delta$  T-cell-mediated colitis is alleviated under germ-free conditions, microbiome-mediated  $\gamma\delta$  T-cell activation is the major cue for the production of autoreactive  $\gamma\delta$  T cells<sup>82</sup>.

Finally, in humans, gut intraepithelial  $\gamma\delta$  T cells are a hallmark of celiac disease. The TCR repertoire of intraepithelial  $\gamma\delta$  T cells is highly diverse in celiac patients. In the homeostatic human gut,  $\gamma\delta$  T cells use V $\delta$ 3 as their  $\gamma\delta$ TCR, while in celiac disease patients, V $\delta$ 1 utilization is increased<sup>83</sup>. Additionally, the inclusion of *TRDV1* and *TRDV3* becomes more frequent<sup>84</sup>. These celiac-associated  $\gamma\delta$  T cells are not necessarily specific to gluten antigens; Risnes et al. found that gut-specific CD4 T cells induce  $\gamma\delta$  T-cell expansion, and these expanded gut intraepithelial  $\gamma\delta$  T cells share a similar TCR repertoire with  $\gamma\delta$  T cells in the blood<sup>85</sup>. Therefore, even though they do not directly recognize antigens,  $\gamma\delta$  T cells may amplify symptoms in autoimmune diseases.

## APPLICATION OF $\gamma\delta$ T CELLS IN CLINICAL PRACTICE

### Obstacles for utilizing $\gamma\delta$ T cells for clinical application

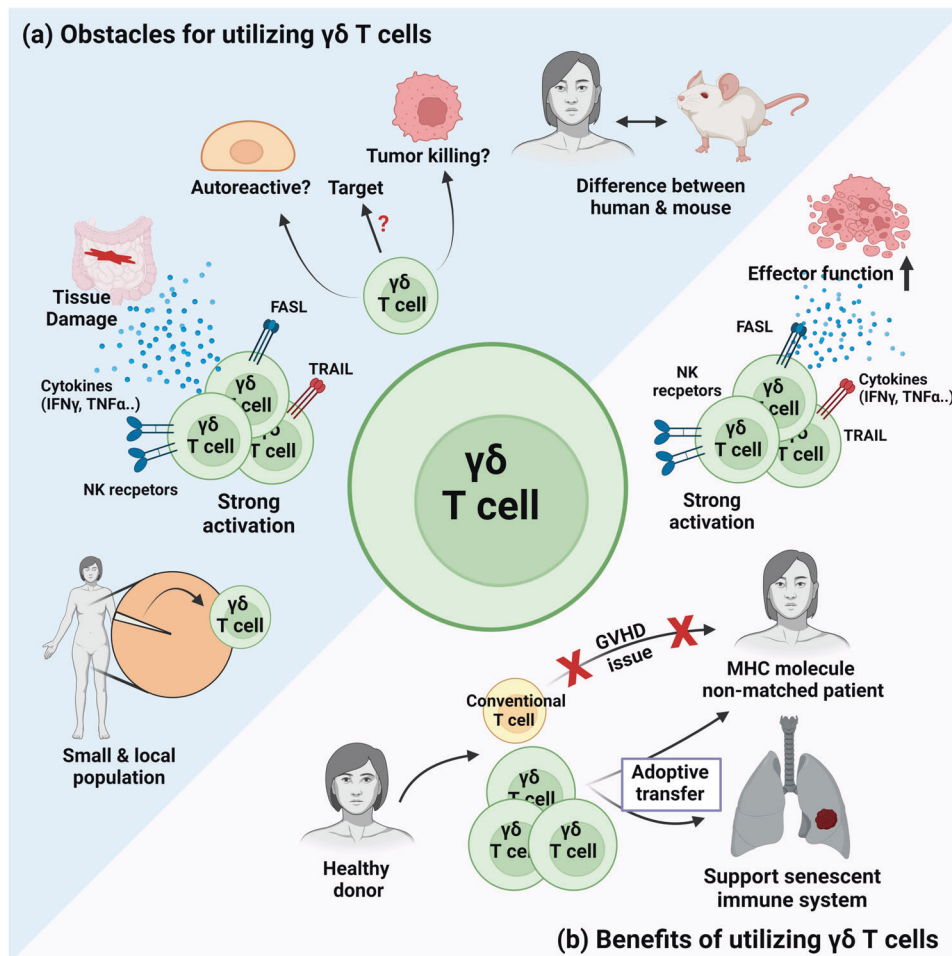
Despite the long period since their discovery in 1986, the application of  $\gamma\delta$  T cells in human clinical trials does not have a long history. Recently, growing interest in the cytotoxic effector functions of  $\gamma\delta$  T cells has resulted in many research groups



**Fig. 2** Role of  $\gamma\delta$  T cells in the disruption of mucosal homeostasis. **a** Role of  $\gamma\delta$  T cells in allergies. In mice, IL-17+  $\gamma\delta$  T cells are related to the inflammatory symptoms of allergic rhinitis, and suppressing these cells alleviates the symptoms. Additionally, murine V $\gamma$ 1+  $\gamma\delta$  T cells expressing IL-13 and IL-5 recruit eosinophils and reduce regulatory T cells, thereby facilitating inflammation and worsening allergic responses. Consistent with the murine data,  $\gamma\delta$  T cells were significantly upregulated in the nasal mucosa of allergic rhinitis patients. These allergic  $\gamma\delta$  T cells recruit other immune cells, such as B cells, conventional T cells, macrophages, mast cells and eosinophils, and induce nasal polyp formation, which is a signature of more severe symptoms. Finally, in the human lung, V $\delta$ 1+  $\gamma\delta$  T cells express CD30 and IL-4. These Th2-like V $\delta$ 1+  $\gamma\delta$  T cells worsen allergy symptoms. **b** Role of  $\gamma\delta$  T cells in autoimmune diseases. In the murine experimental autoimmune uveitis (EAU) model,  $\gamma\delta$  T cells affected the maturation of dendritic cells (DCs), which subsequently induced Th1 and Th17 differentiation. Administration of retinoic acids reduced the activation of both DCs and  $\gamma\delta$  T cells, thereby alleviating inflammation. Meanwhile, adenosine, which downregulates proinflammatory responses in various cells, such as T cells, neutrophils, and macrophages, activated  $\gamma\delta$  T cells that induce Th17 differentiation. These adenosine-activated  $\gamma\delta$  T cells worsened the symptoms in the EAU model. In the gut, both murine and human  $\gamma\delta$  T cells are major players in autoimmune diseases. In mice, IL-17-producing  $\gamma\delta$  T cells induce Th17 differentiation and subsequently initiate colitis. Colitogenic  $\gamma\delta$  T cells express high levels of CD103 and integrin  $\alpha$ 4 $\beta$ 7, indicating that these cells show high gut-homing potential. In addition to IL-17-producing  $\gamma\delta$  T cells, colon-localized  $\gamma\delta$  T cells producing IFN- $\gamma$  are associated with the onset and progression of colitis, suggesting that not only IL-17-producing but also IFN- $\gamma$ -producing  $\gamma\delta$  T cells in the gut can be autoreactive. These autoreactive  $\gamma\delta$  T cells are activated by the gut microbiome, since germ-free mice showed alleviated inflammation in  $\gamma\delta$  T-cell-mediated colitis. Likewise, in the human gut, upregulation of gut epithelial  $\gamma\delta$  T cells is the hallmark of celiac disease. In celiac disease patients, V $\delta$ 1+  $\gamma\delta$  T cells are increased. Those pathogenic  $\gamma\delta$  T cells are not necessarily specific to the gluten antigen; gut-specific CD4 T cells may activate  $\gamma\delta$  T cells, which subsequently increase inflammation and worsen the symptoms of celiac disease.

applying  $\gamma\delta$  T cells in antitumor clinical trials<sup>86,87</sup>. However, the application of  $\gamma\delta$  T cells for the treatment of other diseases is lacking. There are several obstacles to the application of  $\gamma\delta$  T cells in clinical trials (Fig. 3a). First, the difference between human and mouse  $\gamma\delta$  T cells increases the difficulty of applying  $\gamma\delta$  T cells for studies and conditions. Although several groups have found some commonalities between mouse and human cells<sup>9,88</sup>, several differences still exist between human and mouse  $\gamma\delta$  T cells. For

example, there is no direct homolog of human V $\gamma$ 9V $\delta$ 2  $\gamma\delta$  T cells, which are the most common  $\gamma\delta$  T cells in human peripheral blood. Although some studies have suggested similarities between human V $\gamma$ 9V $\delta$ 2  $\gamma\delta$  T cells and murine  $\gamma\delta$  T-cell subsets<sup>89</sup>, these similarities are restricted to certain features and not the entire cell. Therefore, trials to fill the gap between mouse and human systems is required for adaptation of mouse studies to human clinical practice. In addition to the missing links between mice and



**Fig. 3 Obstacles and benefits of utilizing  $\gamma\delta$  T cells for clinical application.** **a** There are several obstacles to utilizing  $\gamma\delta$  T cells in clinical practice. Due to gaps between murine and human  $\gamma\delta$  T cells, direct application of experimental results obtained from murine systems in human clinical practice is restrained. Additionally, insufficient knowledge about the targets of  $\gamma\delta$  T cells makes  $\gamma\delta$  T-cell utilization difficult since several target molecules are expressed on homeostatic tissue, and targeting those homeostatic tissues can redirect activated  $\gamma\delta$  T cells to normal tissues and induce off-target toxicity. Their small population size and tissue-localizing features are also major obstacles for  $\gamma\delta$  T-cell utilization because targeting tissue-specific  $\gamma\delta$  T cells requires specialized delivery techniques. Finally, because of the strong activation features of  $\gamma\delta$  T cells, they may have unexpectedly large effects on local tissues. **b** Several benefits of utilizing  $\gamma\delta$  T cells in clinical applications make them attractive subjects for further study. Because  $\gamma\delta$  T cells do not recognize MHC molecules, they can be transferred to MHC-mismatched recipients without inducing graft-versus-host disease (GvHD)-related issues and can be used for off-the-shelf therapy. In old adults and cancer patients, the functionality of immune cells is decreased due to immunosenescence. The adoptive transfer of  $\gamma\delta$  T cells obtained from young and healthy donors can be a solution for immunosenescence without GvHD issues. Strong effector functions of  $\gamma\delta$  T cells may also be a benefit under well-controlled conditions, since a small number of  $\gamma\delta$  T cells can fulfill the requirement of a therapeutic dose. Therefore, strong effector functions can make  $\gamma\delta$  T cells cost-effective and less time-consuming therapeutic agents.

humans, insufficient knowledge of the targets of  $\gamma\delta$  T cells is also a critical obstacle restraining the utilization of  $\gamma\delta$  T cells in clinical applications. There are some known targets of mouse and human  $\gamma\delta$  T cells<sup>90,91</sup>. Among them, however, R-phycoerythrin is not a naturally found protein in humans, and tRNA synthetases are intracellular proteins. Therefore, even though these proteins are known targets of  $\gamma\delta$  T cells, it is difficult to utilize them in clinical trials. In addition, other known ligands are not strictly related to pathogenic conditions and thereby can redirect activated  $\gamma\delta$  T cells to normal tissues or targets and induce off-target toxicity. Although V $\gamma$ 9V $\delta$ 2  $\gamma\delta$  T cells show specificity toward infected or transformed cells<sup>92</sup>, other  $\gamma\delta$  T cells can recognize MHC or MHC-like molecules without foreign antigen presentation<sup>90</sup>, which may induce autoreactivity.

The small population size of  $\gamma\delta$  T cells is also a major hurdle for their proper utilization. Comprising only 0.5–10% of total human peripheral blood<sup>93</sup>,  $\gamma\delta$  T cells are a minor population among T cells. In addition, their tissue localization makes them a difficult

target for utilization because the tissue-specific delivery of drugs or the activation of cells requires specific delivery techniques<sup>94</sup>. Furthermore, because of their stronger activation than conventional T cells<sup>63</sup>, a small number of  $\gamma\delta$  T cells may have unexpectedly large effects on local tissue. Therefore, targeting  $\gamma\delta$  T cells is difficult because of the requirement for high resolution or targeting techniques and a small window for the moderate activation of  $\gamma\delta$  T cells.

#### Benefits of utilizing $\gamma\delta$ T cells for clinical application

Despite the presence of several obstacles to  $\gamma\delta$  T-cell utilization, there are still several benefits of utilizing these cells (Fig. 3b). One of the most valuable features of  $\gamma\delta$  T cells in clinical application is their plausibility for allogeneic transfer. Because  $\gamma\delta$  T cells do not recognize MHC molecules,  $\gamma\delta$  T cells obtained from healthy donors can be applied to patients without inducing graft-versus-host disease (GvHD)-related issues<sup>95</sup>. With this lack of alloreactivity,  $\gamma\delta$  T cells are expected to become effector cells for off-the-shelf



therapy. Makkouk et al. showed that in a hepatocellular carcinoma model, human V $\delta$ 1+  $\gamma\delta$  T cells expressing a chimeric antigen receptor (CAR) suppressed tumors without xenogeneic GvHD issues<sup>96</sup>. These allogeneic  $\gamma\delta$  T-cell transfer studies have been performed in human clinical conditions and have shown positive prognostic outcomes in cholangiocarcinoma<sup>86</sup> and pancreatic cancer<sup>87</sup>. Because the mucosa is one of the most common sites of cancer<sup>97</sup> and since  $\gamma\delta$  T cells have shown therapeutic effects on solid tumors<sup>86,87</sup>,  $\gamma\delta$  T cells can be an effective solution for mucosal cancers.

There is another benefit for off-the-shelf therapy. Immune cells gradually lose their activity and become senescent in older adults, which is called immunosenescence. As a result, immune cells, especially T cells, lose their clonality, and cytotoxic or cytokine-secreting effector functions are diminished. This immunosenescence is observed not only in aged adults but also in tumor-infiltrated immune cells<sup>98</sup>. In this condition, due to senescent and the lower-functioning immune cells, various immunotherapeutic procedures, such as autologous cell therapy or immune checkpoint blockade, show low effects. In this condition, transferring healthy T cells obtained from healthy and young donors can support the senescent immune system, and using  $\gamma\delta$  T cells that do not induce GvHD issues is a considerable option.

A strong effector function may also be a benefit of utilizing  $\gamma\delta$  T cells in clinical applications. Under well-controlled conditions, transfer of a small number of  $\gamma\delta$  T cells to obtain the desired effect could be cost effective and less time-consuming. The effectiveness of  $\gamma\delta$  T cells also originates from their ability to produce both innate and adaptive immune responses. In addition to their cytotoxic effector functions and cytokine secretion, which resemble conventional T-cell responses,  $\gamma\delta$  T cells can act as phagocytes<sup>99</sup> and antigen-presenting cells<sup>56,100</sup>. Therefore,  $\gamma\delta$  T cells can manipulate adaptive immune responses, thereby having the potential to initiate robust immune responses with small cell numbers. Therefore, the multifunctional ability of  $\gamma\delta$  T cells makes them attractive targets for clinical use, and further studies on  $\gamma\delta$  T cells will make these expectations plausible.

There still remain some obstacles for allogeneic cell therapy using  $\gamma\delta$  T cells. Current techniques for obtaining and expanding tissue-specific  $\gamma\delta$  T cells are expensive and require invasive surgeries for donors. In addition, host allojection is another major hurdle for allogeneic adoptive transfer, and there are several preclinical trials that show evasion of the immune responses from host T cells and NK cells<sup>101–103</sup>. Therefore, efficient expansion protocols and tissue-specific  $\gamma\delta$  T-cell-obtaining techniques, as well as additional engineering procedures to evade rejection, are needed to make the off-the-shelf transfer of  $\gamma\delta$  T cells from healthy donors to patients a plausible and effective therapeutic procedure.

## CONCLUDING REMARKS

In this review, the roles of  $\gamma\delta$  T cells in the mucosa are discussed. Although they comprise a minor population,  $\gamma\delta$  T cells play major roles in both mucosal protection and destruction. Because of their effector functions, such as cytotoxicity and cytokine secretion,  $\gamma\delta$  T cells defend the mucosa from viral, bacterial, and fungal infection. They also sustain homeostasis by selecting beneficial microbiota and performing immunoregulatory roles.  $\gamma\delta$  T cells even perform regulatory roles during pregnancy by directly producing growth factors. Despite these beneficial roles,  $\gamma\delta$  T cells can also damage mucosal health. Their robust and effective effector functions make them strong amplifiers of inflammation, thereby worsening allergic responses. In addition,  $\gamma\delta$  T cells play a central role in autoimmune diseases. Because of these beneficial and detrimental roles,  $\gamma\delta$  T cells act as a double-edged sword in

the mucosal immune system. Therefore, targeting  $\gamma\delta$  T cells for clinical application could be an effective treatment for diseases. Although several obstacles exist for targeting or utilizing  $\gamma\delta$  T cells in clinical practice, they have the potential to become game-changing therapeutic agents.

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## COMPETING INTERESTS

The authors declare no competing interests.

## ADDITIONAL INFORMATION

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