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# Inhibition of proinflammatory signaling impairs fibrosis of bone marrow mesenchymal stromal cells in myeloproliferative neoplasms

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Although bone marrow-derived mesenchymal stromal cells (BM-MSCs) have been identified as a major cellular source of fibrosis, the exact molecular mechanism and signaling pathways involved have not been identified thus far. Here, we show that BM-MSCs contribute to fibrosis in myeloproliferative neoplasms (MPNs) by differentiating into  $\alpha$ SMA-positive myofibroblasts. These cells display a dysregulated extracellular matrix with increased FN1 production and secretion of profibrotic MMP9 compared to healthy donor cells. Fibrogenic TGF $\beta$  and inflammatory JAK2/STAT3 and NF $\kappa$ B signaling pathway activity is increased in BM-MSCs of MPN patients. Moreover, coculture with mononuclear cells from MPN patients was sufficient to induce fibrosis in healthy BM-MSCs. Inhibition of JAK1/2, SMAD3 or NF $\kappa$ B significantly reduced the fibrotic phenotype of MPN BM-MSCs and was able to prevent the development of fibrosis induced by coculture of healthy BM-MSCs and MPN mononuclear cells with overly active JAK/STAT signaling, underlining their involvement in fibrosis. Combined treatment with JAK1/2 and SMAD3 inhibitors showed synergistic and the most favorable effects on  $\alpha$ SMA and FN1 expression in BM-MSCs. These results support the combined inhibition of TGF $\beta$  and inflammatory signaling to extenuate fibrosis in MPN.

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### INTRODUCTION

Myeloproliferative neoplasms (MPNs) are clonal hematopoietic disorders characterized by an overproduction of erythrocytes, thrombocytes and/or leukocytes driven by mutations in Janus kinase 2 (JAK2), calreticulin, or myeloproliferative leukemiarelated protein-encoding genes that induce constitutive activation of the Janus kinase-signal transducer and activator of transcription (JAK-STAT) signaling pathway<sup>1,2</sup>. Philadelphianegative MPNs include polycythemia vera (PV), essential thrombocythemia (ET), and primary myelofibrosis (PMF)<sup>3</sup>. Bone marrow fibrosis (BMF) is the most pronounced in PMF and represents the major diagnostic criterion<sup>4</sup>. Nevertheless, the development of fibrosis is a common feature of all MPNs<sup>5</sup>. Studies suggest a correlation between the grade of BMF and the prognosis of MPNs, with more fibrosis associated with a poorer outcome $^{6,7}$ . The only intervention considered to be curative in myelofibrosis is allogeneic hematopoietic stem cell transplantation, but high treatment-related morbidity and mortality limit its use<sup>8</sup>. The JAK1/2 inhibitor ruxolitinib provides only a limited reduction in fibrosis<sup>9</sup>, highlighting the need to target specific cells and pathways involved in fibrosis development and progression.

Fibrosis is a pathophysiological process characterized by aberrant myofibroblast accumulation and excessive deposition of reticulin and collagen fibers, as well as other components of the extracellular matrix (ECM)<sup>4</sup>. It has been suggested that BMF in MPNs occurs due to aberrant growth factor and cytokine secretion from mutated hematopoietic progenitors<sup>10</sup>. Transforming growth factor beta (TGF $\beta$ ), platelet-derived growth factor, and fibroblast growth factor affect surrounding cells in the bone marrow niche, leading to fibrosis<sup>5</sup>. Bone marrow myofibroblasts are a highly heterogeneous population originating from mesenchymal stromal cells<sup>11,12</sup>, pericytes, monocytes<sup>13,14</sup>, and even adipocytes<sup>15,16</sup>. However, perivascular and endosteal glioma-associated oncogene homolog 1 (Gli1)-positive bone marrow-derived mesenchymal stromal cells (BM-MSCs) have recently been identified as a major cellular origin of BMF and a relevant therapeutic target<sup>17</sup>.

In this study, we investigated the fibrotic phenotype of BM-MSCs isolated from MPN patients, as well as the involvement of inflammation and the TGF $\beta$ /mothers against decapentaplegic homolog 3 (SMAD3) and JAK2/STAT3 signaling pathways. Fibrosis was assessed by analyzing the expression of the myofibrotic marker alpha smooth muscle actin ( $\alpha$ SMA), production of fibronectin (FN1), and secretion of matrix metalloproteinases

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274

(MMPs) 2 and 9. Furthermore, we analyzed whether treatment of MPN-derived BM-MSCs with the JAK1/2 inhibitor ruxolitinib, SMAD3 inhibitor SIS3 and nuclear factor kappa-light-chainenhancer of activated B cells (NF $\kappa$ B) inhibitor JSH23 or their combination could diminish the fibrotic phenotype. Investigating the cellular origin of molecular pathways that contribute to fibrosis in MPN is of interest for developing targeted antifibrotic treatments.

#### MATERIALS AND METHODS Patient characteristics

BM-MSCs were isolated from 27 MPN patients and 8 healthy donors. Out of the 27 patients, 11 were classified as having PV, 7 were classified as having ET, and 9 were classified as having PMF. Twenty-five patients were positive for the JAK2 V617F mutation, whereas 2 did not have the JAK2 V617F mutation. The median age of the patients, comprising 15 males and 12 females, was 66.74 years (range: 31-88 years) at the time of diagnosis, while the median age of the healthy controls, comprising 5 males and 3 females, was 51.74 years (range: 29-78 years). The grade of fibrosis was assessed at the time of diagnosis by staining reticulin fibers on bone marrow biopsies based on Gomori silver impregnation. Reticulin staining was graded as follows: 0 (absent), 1 (fine fibers), 2 (diffuse fine fiber network), and 3 (diffuse fiber network with scattered coarse fibers). PB-MNCs were isolated from 15 patients and 3 healthy donors; 3 patients with PV, 3 patients with ET, and 3 patients with PMF had the JAK2 V617F mutation, while 6 patients were JAK2 mutation-negative (3 with ET and 3 with PMF). Patients were diagnosed with MPN according to the World Health Organization (WHO) 2016 classification. Informed consent was obtained from all of the participants included in the study, which was approved by the local Ethical Committee.

### **BM-MSC and PB-MNC cocultures**

BM-MSCs  $(1 \times 10^5$  cells/well) were seeded on glass coverslips in 24-well plates (experiments for each donor were performed in triplicate). After adherence of the BM-MSCs, PB-MNC suspensions  $(2.5 \times 10^5$  and  $5 \times 10^5$  cells/well) were added to the culture in a final volume of 300 µl/well of RPMI-1640 medium (Biowest, Nuaillé, France) supplemented with 10% FBS, (100 units/ml, Biowest), Pen-Strep (Biowest) and amphotericin B (Biowest). This coculture was maintained for 7 days at 37 °C and 5% CO<sub>2</sub>.

#### Immunofluorescence

Briefly,  $3 \times 10^4$  cells were seeded on rounded cover slips in 24-well plates and treated the next day as indicated. Cell monolayers were fixed with 4% paraformaldehyde in PBS and permeabilized with 0.2% Triton X-100 (Sigma-Aldrich, St. Louis, MO, USA) for 15 min. Blocking was performed for 2 h at room temperature with 1% BSA in PBS with 0.05% Tween 20 (PBST). Cells were incubated with primary antibodies overnight at 4 °C and washed 3 times for 5 min with 0.1% PBST. Primary antibodies were directed against aSMA (Abcam, Cambridge ab7817, UK), FN1 (Sigma Aldrich, F7387), and pNFkB Ser536 (Cell Signaling, Danvers, MA 3031, USA). Secondary antibodies were conjugated with AlexaFlour-488 and AlexaFlour-547 fluorescent dyes (Thermo Fisher Scientific, Waltham, MA, USA, A-11034 and A-11029, respectively) and incubated with the cells for 1 h at room temperature. Nuclei were counterstained with DAPI (Sigma Aldrich, D-9542). After mounting with DABCO-Mowiol, the samples were examined and photographed using an epifluorescence microscope (Olympus Provis AX70, Tokyo, Japan). Quantification of aSMA-positive cells and the FN1 fluorescence area was performed in ImageJ. The percentage of positive cells and FN1 fluorescence were calculated based on the total number of DAPI-positive nuclei and the total image area, respectively. An average of four sections per patient were quantified.

### Zymography assay

MMP2 and MMP9 secretion was examined as described previously by Santibanez et al.  $(2002)^{18}$ . Briefly,  $3 \times 10^4$  cells were seeded in 24-well plates and cultured overnight. Then, the cells were washed with PBS and cultured in serum-free culture medium with appropriate treatments. Protein concentration was determined from in the cell lysate by a BCA Protein Assay Macro Kit (Serva, Heidelberg, Germany) according to the manufacturer's instructions. Medium with secreted proteins was collected and subjected to 8% SDS–PAGE in 0.1% gelatin gels under nonreducing

conditions. The gels were washed twice with 2.5% Triton X-100 for 30 min and incubated for 24 h in 100 mM Tris–HCl, pH 8.5, with 10 mM CaCl<sub>2</sub> to allow folding and activation of MMP enzymes. The activity of MMPs was stopped by staining the gels with Coomassie Blue R250 (Thermo Fisher Scientific) in 50% methanol and 10% acetic acid for 10 min. The gels were distained in 20% methanol and 5% acetic acid until transparent bands were observed. Imaging and quantification of bands were performed using ChemiDoc Imager (Bio-Rad Laboratories, Hercules, CA, USA) and ImageLab software (v. 6.0.25, Bio-Rad, Hercules, USA).

### RESULTS

### Fibrosis in bone marrow-derived mesenchymal stromal cells of MPN patients

Fibrosis was studied in 27 total patients with MPNs, with clinical and laboratory characteristics presented in Supplementary Fig. 1a. To assess BMF, we stained paraffin-embedded bone marrow samples isolated from PV, ET, and PMF patients and healthy donors (HD) with Azan Trichrome staining, for which blue dye indicates collagen deposition. Indeed, PMF patients showed prominent central interconnected fibers with extensive collagen staining throughout the tissue (Fig. 1a). Low levels of collagen deposition were observed in PV patients, with mostly perivascular localization, whereas ET patients showed moderate collagen accumulation (Fig. 1a). Since BM-MSCs have been identified as a major cellular source of BMF<sup>17</sup>, we wanted to test whether BM-MSCs from MPN patients display a myofibrotic phenotype. BM-MSCs were isolated by preplating, and flow cytometry confirmed the expression of the mesenchymal stromal surface markers CD73, CD90, and CD105 and negativity for the leukocyte markers CD11b and CD45 (Supplementary Fig. 1b). Isolated BM-MSCs exhibited a stellate fibroblast-like morphology and possessed the potential to differentiate into adipocytes and osteoblasts when exposed to specific media, as shown by Oil Red O and Alizarin Red S staining, respectively (Supplementary Fig. 1c). BM-MSC fibrosis was assessed by determining the expression of the myofibroblast marker aSMA and the production of FN1, as an early fibrosis marker and ECM component<sup>19</sup>, by immunofluorescence and Western blot. BM-MSCs from MPN patients showed high aSMA positivity and a significant increase in FN1 expression compared to those from healthy donors (Fig. 1b–d). Since MMPs can modulate the ECM to exert both profibrotic and antifibrotic functions<sup>20</sup>, we proceeded to investigate the secretion of precleaved latent and catalytically active MMP2 and MMP9 from BM-MSCs by zymography assays. Zymography assays revealed that secretion of the active and latent forms of MMP2 did not change, whereas MMP9 production was significantly increased in MPN patients compared to HDs (Fig. 1e, f). In summary, BM-MSCs isolated from all three types of MPN had a myofibrotic phenotype characterized by high intracellular aSMA positivity, increased production and expression of FN1, and increased extracellular profibrotic MMP9 levels.

### TGFβ/SMAD3 and JAK2/STAT3 signaling in bone marrowderived mesenchymal stromal cells from MPN patients

Previous studies have shown that the expression and production of TGF $\beta$  are increased in patients suffering from MPNs<sup>21</sup>. These findings were confirmed in our paraffin-embedded bone marrow samples by immunohistochemistry (Fig. 2a, b). In addition, microarray data from CD34-positive cells isolated from peripheral blood showed increased levels of TGF $\beta$  and TGF $\beta$  receptor 1 (TGFBR1) mRNA in MPN patients compared to HDs<sup>22</sup> (Supplementary Fig. 2a). We next analyzed the expression of TGFBR1 and phosphorylated SMAD3 (pSMAD3) proteins to determine whether MPN BM-MSCs respond to the increased TGF $\beta$  levels in their niche. We did not find any differences in the protein levels of TGFBR1 between MPN and HD BM-MSCs (Fig. 2c, d). However, the expression of pSMAD3 was significantly increased in all MPN entities, most prominently in PMF (Fig. 2c, d), indicating that



**Fig. 1 Bone marrow mesenchymal stromal cells from MPN patients display a fibrotic phenotype. a** Azan staining of paraffin-embedded bone marrow samples from healthy donors (HDs) and patients with polycythemia vera (PV), essential thrombocythemia (ET), and primary myelofibrosis (PMF). b Immunofluorescence assay of bone marrow mesenchymal stromal cells (BM-MSCs) isolated from HDs and PV, ET, and PMF patients. Fibronectin (FN1) and alpha smooth muscle actin ( $\alpha$ SMA) are shown in green. Nuclei were counterstained with 4',6 diamidino-2-phenylindole (DAPI, blue). Scale bar 100 µm. c Western blot indicating the protein expression of FN1 and  $\alpha$ SMA. Glyceraldehyde 3-phosphate dehydrogenase (GAPDH) was used as a loading control. d Quantification of the FN1 and  $\alpha$ SMA Western blot bands. e Zymography assay showing the levels of the latent and active forms of secreted matrix metalloproteinases 2 and 9 (MMP2 and MMP9). f Quantification of the MMP2 and MMP9 zymography assay bands. n = 4; d and f mean + SEM, \*p < 0.05, \*\*p < 0.01, \*\*\*p < 0.001.

275



patients with MPNs showed increased TGF $\beta$ /SMAD3 signaling compared to HDs. Furthermore, in MPN BM-MSCs, we detected increased levels of pSTAT3 protein, indicating activation of the JAK/STAT signaling pathway (Fig. 2e, f). These results were

corroborated by the in vitro induction of fibrosis in healthy BM-MSCs treated with TGF $\beta$  (Supplementary Fig. 2b–d). TGF $\beta$  signaling led to an increase in pSMAD3 and pSTAT3 proteins, indicating convergence of the TGF $\beta$ /SMAD3 and JAK2-STAT3

276

**Fig. 2 TGF** $\beta$  and JAK2/STAT3 signaling in bone marrow mesenchymal stromal cells from MPN patients. Paraffin-embedded bone marrow samples from healthy donors (HDs) and patients with polycythemia vera (PV), essential thrombocythemia (ET) and primary myelofibrosis (PMF). **a** Immunocytochemistry assay for transforming growth factor beta (TGF $\beta$ ; shown in brown). Nuclei were counterstained with hematoxylin (purple). Scale bar 50 µm. **b** Quantification of immunocytochemistry results, representing the percentage of TGF $\beta$ -positive cells. **c** Bone marrow mesenchymal stromal cells (BM-MSCs) from HDs and patients with PV, ET, and PMF. Western blot indicating the protein expression of TGF $\beta$  receptor 1 (TGFBR1), phosphorylated mothers against decapentaplegic homolog 3 (pSMAD3), and total SMAD3. **d** Quantification of the TGFBR1 and pSMAD3 Western blot bands. **e** Western blot indicating the protein expression of phosphorylated signal transducer and activator of transcription 3 (pSTAT3) and total STAT3. Glyceraldehyde 3-phosphate dehydrogenase (GAPDH) was used as a loading control. **f** Quantification of the pSTAT3 and STAT3 Western blot bands. **g** HD BM-MSCs treated with the indicated concentrations of TGF $\beta$  for 30 min. Western blot indicating the protein expression of STAT3, pSTAT3, SMAD3, and pSMAD3. GAPDH was used as a loading control. **h** Quantification of the STAT3 and SMAD3 Western blot bands. n = 4; **b**, **d**, **f**, and **h** mean + SEM, \*p < 0.05, \*\*p < 0.01, \*\*\*p < 0.001.

signaling pathways (Fig. 2g, h). Together, these data indicate that TGF $\beta$  signaling induces a fibrotic phenotype in BM-MSCs and leads to STAT3 phosphorylation and activation.

### The effect of JAK1/2 inhibition on TGFβ-induced fibrosis in bone marrow mesenchymal stromal cells

To test whether blockade of JAK-STAT signaling can impair the TGF<sub>β</sub>-induced fibrosis mitigated by BM-MSCs, we treated these cells with the JAK1/2 inhibitor ruxolitinib (Ruxo), as depicted in Fig. 3a. A TGFB concentration of 5 ng/ml was chosen since it was found to be sufficient to induce fibrosis (Fig. 3b-d) but did not have a cytotoxic effect on BM-MSCs (Supplementary Fig. 3a). The concentration of 1 µM Ruxo also did not cause cytotoxicity (Supplementary Fig. 3b) and represents the clinically observed plasma peak level<sup>23</sup>. Cotreatment of HD BM-MSCs with TGFB and Ruxo markedly decreased the expression of aSMA and FN1 (Fig. 3b-d) compared to treatment with TGF<sup>β</sup> alone, confirming the involvement of JAK-STAT signaling in inducing the myofibrotic phenotype. TGF<sup>β</sup> treatment induced pNF<sup>κ</sup>B expression, which was abrogated by Ruxo cotreatment (Fig. 3c, d). Zymography assays showed that control BM-MSCs produced both active and latent forms of MMP2 to a similar extent (Fig. 3e, f). TGFB treatment abolished the secretion of the active form of MMP2, which was rescued by Ruxo (Fig. 3e, f). These data indicate that JAK1/ 2 signaling mediates TGFβ-induced fibrosis in BM-MSCs.

### Inflammatory IL6 signaling contributes to TGFβ-induced fibrosis of mesenchymal stromal cells

Since the JAK/STAT signaling pathway is known to be activated by proinflammatory cytokines secreted by BM-MSCs, we next proceeded to investigate whether inflammation in MPNs contributed to the fibrosis induced by BM-MSCs. To assess inflammation in bone marrow samples from MPN patients, we determined the expression of proinflammatory interleukin 6 (IL6) and phosphorylated NF $\kappa$ B (pNF $\kappa$ B) by immunocytochemistry. IL6 expression was highly increased in PV and ET patient bone marrow aspirates, whereas the number of cells expressing pNF $\kappa$ B was increased in all three MPN entities compared to that in HDs (Fig. 4a, b). These results are in accordance with the increased JAK/STAT signaling detected in BM-MSCs, indicating an increased inflammatory response.

Furthermore, to investigate the inflammatory response in BM-MSCs, we analyzed the expression of pNFkB and tumor necrosis factor-stimulated gene 6 (TSG6) by Western blot. NFkB signaling, a key regulator of hepatic myofibroblast activation<sup>24</sup>, was found to be active in MPN BM-MSCs, since the expression of pNFkB subunit p65 was significantly increased in patients compared to HDs (Fig. 4c, d). These findings are in accordance with the levels of nuclear pNFkB in MPN BM-MSCs detected by immunofluorescence, which were not observed in HD cells (Supplementary Fig. 4a). Moreover, activated NFkB signaling was present in MPN BM-MSCs despite slightly increased expression of the anti-inflammatory mediator TSG6 (Fig. 4c, d).

To investigate whether proinflammatory JAK2-STAT3 signaling contributes to the TGF $\beta$ -induced fibrotic phenotype of BM-MSCs,

we treated the cells with proinflammatory interleukin 6 (IL6) and/ or Ruxo for 6 days as depicted in Supplementary Fig. 4b. IL6 treatment induced the JAK/STAT signaling pathway in a timedependent manner, as evidenced by increased protein expression of pSTAT3 (Supplementary Fig. 4c, d). IL6 and TGFB mutually increased FN1 and aSMA levels (Fig. 4e, f and Supplementary Fig. 4e). In accordance with previous results, cotreatment with Ruxo led to a decrease in αSMA and FN1, regardless of TGFβ (Fig. 4e, f and Supplementary Fig. 4e). Furthermore, IL6 induced an increase in the nuclear pNFkB signal detected by immunofluorescence, which was further potentiated by TGF<sup>β</sup> (Supplementary Fig. 4g). The secretion of active MMP2 was slightly decreased after IL6 treatment, although this change was not as affected by TGFβ (Fig. 4g and Supplementary Fig. 4f). The change was abolished with the addition of Ruxo (Fig. 4g and Supplementary Fig. 4f). Taken together, our results indicate that inflammation induced by IL6 has a major effect on the fibrotic phenotype of BM-MSCs by affecting αSMA and FN1 levels and decreasing the secretion of MMP2.

### Impact of MPN mononuclear cells on the fibrosis induced by BM-MSCs

Since BM-MSCs are not part of the neoplastic clone in MPNs<sup>25</sup>, we wanted to investigate what triggers the fibrotic phenotype in BM-MSCs. To test whether BM-MSCs are instructed to develop a myofibrotic phenotype by mutated MPN hematopoietic cells, we performed coculture experiments of peripheral blood-derived mononuclear cells (PB-MNCs) isolated from MPN patients with the JAK2 V617F mutation with BM-MSCs isolated from healthy donors. PB-MNCs from healthy donors were used as JAK2 V617F-negative controls. After 48 h, the potential of HD BM-MSCs to induce fibrosis was assessed by measuring FN1 and aSMA expression by immunofluorescence. PB-MNCs from PMF and, to a lesser extent, ET patients were able to induce FN1 production in BM-MSCs, unlike PV PB-MNCs (Fig. 5a and Supplementary Fig. 5a). However, HD BM-MSCs showed high aSMA positivity after incubation with PB-MNCs from all three diseases (Fig. 5a and Supplementary Fig. 5a). Interestingly, the fibrotic phenotype got stronger with disease progression (PV < ET < PMF), with the most striking phenotypic change induced by PB-MNCs from PMF patients. Incubation with JAK2 V617F-negative PB-MNCs from ET and PMF patients was also able to induce expression of profibrotic markers in healthy BM-MSCs -FN1 was expressed to a similar level, while αSMA expression was somewhat lower than that seen in the coculture with JAK2 V617Fpositive PB-MNCs but was significantly increased compared to that in HD PB-MNC (Fig. 5a and Supplementary Fig. 5a). These results indicate that excessive activation of JAK/STAT signaling in PB-MNCs is sufficient to induce a profibrotic phenotype of BM-MSCs, regardless of their mutational status.

Moreover, we wanted to test whether fibrotic BM-MSCs from MPN patients secrete factors that further support fibrosis. To this end, we incubated HD BM-MSCs with medium collected from MPN BM-MSCs for 48 h and monitored FN1 and  $\alpha$ SMA expression by immunofluorescence. Whereas  $\alpha$ SMA expression was highly induced by secreted factors from all MPN BM-MSCs, FN1 production was not induced (Supplementary Fig. 5b, c). This



**Fig. 3 Treatment with ruxolitinib decreases TGFβ-induced fibrosis in mesenchymal stromal cells. a** Bone marrow mesenchymal stromal cells from healthy donors (HD BM-MSCs) were treated with transforming growth factor beta (TGFβ), ruxolitinib (Ruxo) or their combination as indicated. **b** Immunofluorescence assay for fibronectin (FN1) and alpha smooth muscle actin ( $\alpha$ SMA), with staining shown in green. Nuclei were counterstained with 4/6 diamidino-2-phenylindole (DAPI, blue). Scale bar 100 µm. **c** Western blot indicating the protein expression of FN1,  $\alpha$ SMA, and phosphorylated nuclear factor kappa-light-chain-enhancer of activated B cells (pNFkB). Glyceraldehyde 3-phosphate dehydrogenase (GAPDH) was used as a loading control. **d** Quantification of the FN1,  $\alpha$ SMA, and pNFkB Western blot bands. **e** Zymography assay showing the levels of the latent and active forms of secreted matrix metalloproteinase 2 (MMP2). **f** Quantification of the MMP2 zymography assay bands. *n* = 4; **d** and **f** mean + SEM, \**p* < 0.05, \*\**p* < 0.01, \*\*\**p* < 0.001.

experiment demonstrates that fibrotic BM-MSCs reinforce a fibrotic phenotype of healthy BM-MSCs. Furthermore, medium exchange and coculture experiments indicated that either the regulation of FN1 and  $\alpha$ SMA expression is mediated via different pathways/factors or the level of the inducer is different.

After demonstrating the involvement of JAK2/STAT3, TGF $\beta$ /SMAD3, and NF $\kappa$ B signaling in the fibrosis induced by BM-MSCs,

we wanted to see if treatment of these cells with specific SMAD3 (SIS3), NF $\kappa$ B (JSH23), and JAK1/2 (Ruxo) inhibitors, alone or in combination, could prevent the development of fibrosis in BM-MSCs upon coculture with PB-MNCs with the JAK2 V617F mutation. We treated the cocultured cells with inhibitors for 48 h and observed the expression of  $\alpha$ SMA and FN1 by immunofluorescence. JSH23 and SIS3 concentrations were



determined by MTT assay (Supplementary Fig. 5d). To prove that fibrotic cells originate from BM-MSCs and not monocytes present in PB-MNCs, we prestained BM-MSCs with the vital dye carboxy-fluorescein succinimidyl ester (CFSE). Coculture of BM-MSCs from healthy donors with PB-MNCs from PMF patients carrying the *JAK2* 

V617F mutation induced the expression of FN1 and  $\alpha$ SMA (Fig. 5b, c). Of note, all cells expressed CFSE, indicating mesenchymal origin (Fig. 5b, c). Treatment with any of the three inhibitors alone led to a significant decrease in FN1 and  $\alpha$ SMA expression (Fig. 5b, c, Supplementary Fig. 5e, f). Moreover, inhibition of JAK1/2 and

M. Vukotić et al.

280

**Fig. 4 Inflammatory IL6 signaling contributes to TGFβ-induced fibrosis in mesenchymal stromal cells.** Paraffin-embedded bone marrow samples from healthy donors (HDs) and patients with polycythemia vera (PV), essential thrombocythemia (ET) and primary myelofibrosis (PMF). **a** Immunocytochemistry assay for interleukin 6 (IL6) and phosphorylated NFkB (pNFkB), with staining shown in brown. Nuclei were counterstained with hematoxylin (blue). Scale bar 50 µm. **b** Quantification of the immunocytochemistry staining representing the percentage of IL6- or pNFkB-positive cells. **c** Bone marrow mesenchymal stromal cells (BM-MSCs) from HDs and patients with PV, ET, and PMF. Western blot indicating the protein expression of phosphorylated nuclear factor kappa-light-chain-enhancer of activated B cells (pNFkB) and tumor necrosis factor-stimulated gene 6 (TSG6). Glyceraldehyde 3-phosphate dehydrogenase (GAPDH) was used as a loading control. **d** Quantification of the pNFkB and TSG6 Western blot bands. **e** HD BM-MSCs were treated with IL6, transforming growth factor beta (TGFβ) and/ or ruxolitinib (Ruxo). Immunofluorescence assays for fibronectin (FN1) and alpha smooth muscle actin (αSMA) were performed, and staining is shown in green. Nuclei were counterstained with 4',6 diamidino-2-phenylindole (DAPI, blue). Scale bar 100 µm. **f** Western blot indicating the protein expression of FN1 and αSMA. GAPDH was used as a loading control. **g** Zymography assay showing the levels of the latent and active forms of secreted matrix metalloproteinase 2 (MMP2). *n* = 4; **b** and **d** mean + SEM, \**p* < 0.05, \*\**p* < 0.01, \*\*\**p* < 0.001.



**Fig. 5 MPN mononuclear cells induce fibrosis via mesenchymal stromal cells.** Immunofluorescence assay of (**a**) healthy bone marrow mesenchymal stromal cells (BM-MSCs) incubated with *JAK2* V617F-positive or -negative peripheral blood mononuclear cells (PB-MNCs) isolated from patients with polycythemia vera (PV), essential thrombocythemia (ET) and primary myelofibrosis (PMF) or with PB-MNCs from healthy donors (HDs). Immunofluorescence staining of fibronectin (FN1) and alpha smooth muscle actin ( $\alpha$ SMA) is shown in green. Nuclei were counterstained with 4/,6 diamidino-2-phenylindole (DAPI, blue). Scale bar 100 µm. Healthy BM-MSCs were incubated with PB-MNCs isolated from *JAK2* V617F-positive PMF patients and treated with specific SMAD3 (SIS3), NFkB (JSH23) and JAK1/2 (Ruxo) inhibitors alone or in combination for 48 h. Immunofluorescence staining of (**b**) FN1 and (**c**)  $\alpha$ SMA is shown in red. The vital dye carboxyfluorescein succinimidyl ester (CFSE) is shown in green. Nuclei are counterstained with DAPI (blue). Scale bar 100 µm. n = 3.

SMAD3 had a synergistic effect in decreasing the expression of FN1 and  $\alpha$ SMA, while the NF $\kappa$ B inhibitor displayed an additive effect on  $\alpha$ SMA expression in combination with the JAK1/2 inhibitor (Fig. 5b, c, Supplementary Fig. 5e, f). Treatment of fibrosis,

induced by JAK2 V617F-negative PB-MNCs, with SMAD3, NF $\kappa$ B or JAK1/2 inhibitors led to a similar decrease in FN1 and a slightly lower although significant decrease in  $\alpha$ SMA expression compared to the respective values in BM-MSCs cocultured with JAK2 V617F-



**Fig. 6 Combined treatment with JAK1/2 and SMAD3 inhibitors decreases fibrosis induced by MPN mesenchymal stromal cells.** Bone marrow mesenchymal stromal cells (BM-MSCs) isolated from healthy donors (HDs) or patients with polycythemia vera (PV), essential thrombocythemia (ET) and primary myelofibrosis (PMF) were treated with ruxolitinib (Ruxo) or the SIS3 or JSH23 inhibitor or a combination for 48 h. a Immunofluorescence assay for  $\alpha$ -smooth muscle actin ( $\alpha$ SMA, green). Nuclei were counterstained with 4/,6 diamidino-2-phenylindole (DAPI, blue). Scale bar 100 µm. b Percentage of  $\alpha$ SMA-positive cells. c Immunofluorescence assay for fibronectin 1 (FN1, green). Nuclei are counterstained with DAPI (blue). Scale bar 100 µm. d Percentage of area with FN1 fluorescence. n = 3; b and d mean ± SEM, \*p < 0.05, \*\*p < 0.01, \*\*\*p < 0.001.

positive PB-MNCs (Supplementary Fig. 5e–g). Combined JAK1/2 and SMAD3 treatment proved to be the most efficient in preventing the myelofibrosis induced by BM-MSCs via neoplastic MPN mononuclear cells regardless of the presence of *JAK2* mutation.

## Effect of SMAD3, NF $\kappa$ B, and JAK1/2 inhibition on fibrotic mesenchymal stromal cells in MPNs

Since JAK1/2, SMAD3, or NF $\kappa$ B inhibition prevented the development of the BM-MSC fibrotic phenotype, we wanted to test whether it could reduce or resolve the fibrosis induced by MPN BM-MSCs. To this end, we treated BM-MSCs isolated from MPN patients with SIS3, JSH23, or Ruxo alone or in combination for 48 h and observed the expression of  $\alpha$ SMA and FN1 by

immunofluorescence. Treatment of MPN BM-MSCs with Ruxo led to a significant reduction in  $\alpha$ SMA-positive cells (Fig. 6a, b), and the cells had decreased production of FN1 compared to untreated cells (Fig. 6c, d). The NF $\kappa$ B inhibitor JSH23 decreased  $\alpha$ SMA expression in MPNs, which was further potentiated by Ruxo in ET and PMF (Fig. 6a, b). JSH23 slightly reduced FN1 production but did not show a synergistic effect in combination with Ruxo (Fig. 6c, d). Treatment of MPN BM-MSCs with the SMAD3 inhibitor SIS3 induced a significant reduction in  $\alpha$ SMA-positive cells, while the combination of Ruxo and SIS3 showed even better results in ET and PMF than Ruxo alone (Fig. 6a, b). FN1 production was notably decreased after SIS3 treatment compared to that seen in untreated MPN BM-MSCs, to a level similar to that seen with Ruxo treatment, but combined treatment did not show an 282

additive effect (Fig. 6c, d). These results were corroborated by Western blot analysis (Supplementary Fig. 6a, b). Zymography assays indicated that Ruxo and SIS3 decreased the secretion of profibrotic MMP9, whereas JSH23 led to a slight upregulation of this enzyme (Supplementary Fig. 6c, d). In addition, SIS3 was able to induce a slight increase in the expression of active MMP2, alone or in combination with Ruxo (Supplementary Fig. 6c, d). Together, these results indicate that inhibition of the NFkB and TGF $\beta$ /SMAD3 signaling pathways in addition to Ruxo treatment could be beneficial in reversing the fibrotic phenotype of BM-MSCs in MPNs.

### DISCUSSION

Our data demonstrate that BM-MSCs are involved in fibrosis in MPN patients through myofibroblast differentiation, increased ECM production and aberrant ECM degradation. These effects are achieved via activation of and crosstalk between the TGF $\beta$ /SMAD3 and JAK1/2/STAT3 pathways and the contribution of inflammatory IL6 and NF $\kappa$ B signaling. The current MPN therapeutic ruxolitinib decreased the fibrosis induced by BM-MSCs isolated from MPN patients, but combined therapy with inhibitors of the TGF $\beta$ /SMAD3 signaling pathway had a synergistic effect on fibrosis (Supplementary Fig. 6e). Furthermore, combined ruxolitinib and SMAD3 inhibitor treatment efficiently blocked the development of BM-MSC fibrosis induced by MPN mononuclear cells.

Mononuclear cells from MPN patients were able to induce fibrosis via BM-MSCs independently of the presence or absence of the JAK2 V617F mutation. Other authors also reported that no significant differences were detected in reticulin and collagen fibrosis between JAK2 mutation-positive (JAK2 V617F) and JAK2 mutation-negative (CALR type 1 and type 2, MPL or triple negative mutant) mutational subgroups<sup>26–28</sup>. Recent gene expression profiling analysis by Wong et al. showed that the vast majority of genes differentially altered in the bone marrow of fibrotic MPN patients compared to nonfibrotic patients (121/123), while did not show correlation with distinct driver mutations<sup>29</sup>. However, nondriver mutations in the additional sex combs like 1 (ASXL1) and enhancer of zeste homolog 2 (EZH2) genes were reported to be enriched in overtly fibrotic PMF patients<sup>27,28</sup>. These results, together with our findings, indicate that fibrosis in MPNs converges on a common JAK/STAT axis and may be enhanced by additional factors, such as a lack of epigenetic chromatin modifiers or activation of inflammatory pathways.

Although fibrosis was considered to be irreversible until recently, clinical patient follow-up revealed that long-term Ruxo therapy may reverse or markedly delay the progression of BM fibrosis based on changes in reticulin fibrosis grade<sup>30,31</sup>. Our study supports clinical observations, since Ruxo treatment of fibrotic BM-MSCs from MPN patients led to a significant decrease in  $\alpha$ SMA expression and FN1 production. Moreover, Ruxo was able to markedly decrease the fibrotic phenotype of BM-MSCs induced by coculture with PB-MNCs, isolated from MPN patients, regardless of their *JAK2* mutational status. Nevertheless, an optimal effect on preventing fibrosis of BM-MSCs by combined Ruxo and SIS3 treatment was observed, offering a novel combination therapy approach.

TGF $\beta$  increased pSTAT3 and increased the fibrosis induced by BM-MSCs isolated from healthy donors, which could be abolished if the cells were cotreated with Ruxo, indicating convergence of TGF $\beta$ /SMAD and JAK1/2/STAT3 signaling. Moreover, combined inhibition of JAK1/2 and SMAD3 synergistically prevented the development of fibrosis or reversed the BM-MSC fibrotic phenotype in MPN patients. The STAT3 inhibitor Stattic was also able to decrease fibrosis in BM-MSCs from MPN patients (data not shown), but further experiments are needed to assess its effect on TGF $\beta$ -induced fibrosis in the absence of aberrantly active JAK/ STAT signaling. The involvement of STAT3 in TGF $\beta$  cellular effects during fibrogenesis has already been reported in liver fibrosis<sup>32</sup>. In this model, STAT3 activation in the early phase is achieved via JAK1, whereas in the late phase, it requires SMAD3 and T $\beta$ RI kinase activity<sup>33</sup>. Therefore, it is reasonable to assume that TGF $\beta$ -induced BMF largely depends on the balance and integration of the SMAD3 and STAT3 signaling pathways.

Since MMPs degrade ECM, it might be expected that their function is to resolve the excess matrix and decrease fibrosis, with downregulated levels in MPN compared to healthy tissue. However, some MMPs are antifibrotic, whereas others can have profibrotic functions<sup>20</sup>. This notion can be explained by the fact that MMPs participate in a range of other processes, such as cell migration, leukocyte activation, and chemokine processing<sup>34,35</sup> that can contribute to fibrosis. Previous reports suggest that MMP2 exerts antifibrotic effects in the liver and kidney by influencing the degree of collagen deposition<sup>20</sup>. MMP-9 expression levels correlate positively with the severity of experimental fibrosis<sup>36</sup>. In addition, MMP9 has been shown to activate latent TGF $\beta$ 1<sup>37</sup>, suggesting that it has a profibrotic role in the lung and kidney. These data are consistent with our findings that the level of active MMP2 decreases in BM-MMPs after TGF<sup>β</sup> stimulation. Ruxolitinib treatment, which diminishes the fibrotic phenotype of BM-MSCs, increases secreted MMP2 levels. Profibrotic MMP9 is not detectable in healthy BM-MSCs but is highly upregulated in BM-MSCs, which may reflect the fibrotic status of patients with MPNs.

An increasing body of evidence shows that transplantation of healthy BM-MSCs can successfully reduce hepatic and pulmonary fibrosis<sup>38–40</sup> due to their anti-inflammatory properties<sup>41</sup>. However, certain growth factors, cytokines, and inflammatory signals in the pathological microenvironment cause BM-MSCs to lose immunomodulatory functions and differentiate into myofibroblasts. This phenomenon was observed in MPN patients in our study, but it has also been reported in other pathological conditions, such as fungal lung infection<sup>42</sup>. Our study showed that in MPNs, IL6 contributes to the fibrotic phenotype of BM-MSCs by affecting αSMA and FN1 levels and decreasing the active form of antifibrotic MMP2. This result is in accordance with the known literature, demonstrating that blockade of IL6 trans-signaling reduces renal fibrosis by decreasing STAT3 phosphorylation<sup>43</sup>. Similar to the case in renal fibrosis, in our model system, it is most likely that IL6, along with other proinflammatory cytokines, boosted JAK/STAT signaling, which cooperated with the TGFB/SMAD pathway to regulate the expression of fibrotic genes. Waterman and coworkers offered an interesting paradigm in which MSCs can be polarized to either a proinflammatory or immunosuppressive phenotype by priming of different Toll-like receptors<sup>44</sup>. It is possible that similar mechanisms regulate the profibrotic and antifibrotic effects of BM-MSCs, but further research is required to confirm this hypothesis.

At present, the only curative treatment for BMF is allogenic stem cell transplantation, which is able to restore BM function but carries significant morbidity and mortality risks<sup>45</sup>. Thus, finding novel treatment options that target fibrogenic players alone or in combination with a JAK2 inhibitor is an active area of research. Several agents expected to target the BM microenvironment, including immunomodulatory drugs (thalidomide and lenalidomide), proteasome inhibitors (bortezomib), and VEGF-targeting drugs (sunitinib and bevacizumab), have been tested on PMF patients in clinical trials but have shown inconsistent results and severe tolerability issues<sup>46</sup>. Pirfenidone, an inhibitor of fibrogenic cytokines, including platelet-derived growth factor, tumor necrosis factor- $\alpha$  and TGF- $\beta^{47}$ , and a monoclonal antibody antagonizing  $TGF\beta^{48}$  did not improve BMF. A recent study showed that a Gli inhibitor could attenuate fibrosis by inhibiting BM-MSC expansion and myofibroblast differentiation<sup>17</sup>. Combining sonidegib, a hedgehog inhibitor, with ruxolitinib in a murine transplant model of ET/MF resulted in a significant reduction in BMF<sup>49</sup>. The specific effect of proinflammatory signaling on BMF has yet to be fully evaluated in future studies.

In conclusion, inflammation potentiates TGF $\beta$ -induced fibrosis of BM-MSCs via a molecular mechanism involving the SMAD3 and JAK1/2 signaling pathways. Combined inhibition of these signaling pathways can prevent the onset of fibrosis or impair its progression in MPN. Our study reveals the cellular origin and molecular basis of fibrosis, suggesting a novel treatment strategy to reduce morbidity and mortality in PMF and prevent fibrosis progression in PV and ET. Ultimately, strategies aimed at preventing inflammation-induced profibrotic phenotypes may help restore normal hematopoiesis and disrupt the self-reinforcing malignant niche.

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### **COMPETING INTERESTS**

The authors declare no competing interests.

### **ADDITIONAL INFORMATION**

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### 284