

SHOULD BE OXYGENATION OF EXTREMELY PREMATURE INFANTS (EPI) GUIDED BY FIO₂ ADJUSTMENT DURING THE FIRST FIVE MINUTES OF LIFE?

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Background: The adequate management of FiO₂ adjustment depends on the feedback evaluation of heart rate (HR) and saturation of oxygen (SO₂) values.

Objective: To evaluate HR and SO₂ responses in 15s and 30s delays following FiO₂ changes.

Methods: Thirty one of EPI \leq 28 weeks were resuscitated and stabilized in a special bed equipped with two cameras enabling the evaluation of all interventions, monitoring HR and SO₂ values and the actual FiO₂, PIP and PEEP levels provided by a T piece device. The TRAL sequence analysis software makes it possible to concurrently evaluate different images recorded at the same time. FiO₂ was started at 0.30 and further adjusted according to the guided SO₂. The multiple linear regression tested the relationship between FiO₂ as an independent variable and dependent variables such as SO₂ and HR in real time, with a 15s and 30s delay, and in the opposite dependence. The Massimo pulse oximeter set up at a 2 sec interval was used. The Spearman Rank Correlation evaluated the probability of all relations.

Results: Although a significant negative correlation between FiO₂ levels and HR and SO₂ values was confirmed (R= - .302, t= .000; R= -.359, t= .001), no significant correlations were found comparing FiO₂ changes and those of HR and SO₂ following 15s and 30s intervals (R= -.031, t= .541; R=-.018, t= .726).

Conclusion: FiO₂ adjustment does not dominate oxygenation of EPI during the first 5 minutes of life. Establishing an adequate functional residual capacity may be the preferable skill.