

Killing the Messenger in the Nick of Time: Persistence of Breast Milk sCD14 in the Neonatal Gastrointestinal Tract

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ABSTRACT: Human breast milk contains several proteins that supplement the newborn mucosal defense system and prevent gastrointestinal illnesses. One of these recently identified breast milk proteins is soluble CD14 (sCD14). By being an important component of the lipopolysaccharide (LPS) receptor complex, it has been suggested that breast milk sCD14 could stimulate the newborn immune system and help reduce gastrointestinal Gram-negative infections. However, to deliver its potential immune benefits to the neonate, sCD14 would have to survive the passage through the gastrointestinal tract and retain its biologic activity. We analyzed the presence of breast milk sCD14 in the neonatal digestive system and found breast milk sCD14 to be absent from the stools of breast-fed infants. *In vitro* digestion analysis with simulated gastric and pancreatic fluids revealed that sCD14 is likely to survive the pepsin digestion but is more prone to be nicked and digested by pancreatin. These findings suggest that the presence of intact breast milk sCD14 in the upper digestive system could promote innate immunity in this low bacteria density lumen. The low concentration of sCD14 in the LPS-rich environment of the distal gastrointestinal tract (*i.e.* commensal microflora) could prevent excessive inflammation. (*Pediatr Res* 59: 371–376, 2006)

At birth, the human immune system is not fully developed and the neonatal intestine does not yet harbor its beneficial commensal flora (1). These mucosal weaknesses make human neonates particularly vulnerable to infections and gastrointestinal illnesses. Necrotizing enterocolitis and diarrhea are such gastrointestinal disorders that can occur during the bacterial colonization of the intestine and are annually responsible for millions of infant deaths worldwide (2,3).

Besides its nutritional role, breast milk is known to supplement and stimulate the infant's developing immune system with immunologically active factors, such as immunoglobulins, lysozyme, and lactoferrin, that prevent and fight gastrointestinal infections (4). However, these immunologically important molecules would have to remain intact and active throughout the gastrointestinal tract to provide immune benefits for the newborn. SIgA (5,6) and lactoferrin (7,8), for example, have been shown to survive the passage through the

infant digestive system, with observed fecal excretion rates of 160 mg/d and 14.3 mg/d, respectively (6).

Recently, another immune messenger, sCD14, has been found in significant quantities (15 $\mu\text{g}/\text{mL}$) in breast milk (9,10). CD14 plays an important role in innate immunity as the key receptor for LPS (or endotoxin), the main component of the outer membrane of Gram-negative bacteria (11). By binding to LPS, CD14 facilitates its transfer to the TLR4 and MD-2 co-receptor complex and induces the expression of various inflammatory and immunoregulatory genes, resulting in the recruitment of immune cells to the site of infection (12). In the digestive tract, the LPS co-receptor components TLR4 and MD-2 have been shown to be expressed constitutively by gastric (13,14) and, to a lesser extent, by intestinal epithelial cells (15,16). The presence of sCD14 has been shown to enable intestinal epithelial cells to respond to LPS *in vitro* (9,10). Consequently, several immune functions have been proposed for breast milk sCD14 in preventing gastrointestinal Gram-negative infections and stimulating the newborn immune system (10,17–20). Despite all the beneficial roles envisaged for sCD14, the *in vivo* physiologic significance of this milk-borne immune protein remains to be elucidated: does breast milk sCD14 persist throughout the neonatal digestive tract to deliver immune protection?

Therefore, the daily intake and excretion, the digestive stability, the intestinal absorption, and the proteolytic susceptibility of breast milk sCD14 were characterized in the human newborn gastrointestinal tract. To investigate the fate of breast milk sCD14 in the neonate gastrointestinal tract, feces, and urine of exclusively breast-fed neonates and formula-fed neonates were examined for sCD14 and SIgA. The proteolytic susceptibility of sCD14 was evaluated *in vitro* by digesting human breast milk with simulated gastric and pancreatic fluids. We propose that breast milk sCD14 is more susceptible to pancreatin proteolysis and, therefore, its absence from the newborn intestine prevents excessive inflammation during colonization by LPS-bearing microflora.

Abbreviations: LPS, lipopolysaccharide; rhCD14, recombinant human CD14; sCD14, soluble CD14; SIgA, secretory IgA; TLR4, toll-like receptor 4

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METHODS

Subjects. The study was conducted according to the principles expressed in the Declaration of Helsinki and was approved by the Ottawa Hospital Research Ethics Board. Two groups of neonates ($n = 28$), born at the Ottawa Hospital, were enrolled within 1 d after birth when the purpose of the research and the experimental procedure were explained to the parents and their informed consent obtained. The first group was composed of 15 newborns (7 girls and 8 boys) who were exclusively breast-fed. The second group consisted of 13 newborns (6 girls and 7 boys) who were exclusively formula-fed with their preferred milk formulas (Enfalac, Similac, or Nestlé Good Start). All infants were healthy and born at term (38–42 wk), with a birth weight ranging between 3.1 and 4.1 kg.

Sample collection. Three 24-h collections were performed on each newborn in their own home at 1 wk (6–9 d), 2 wk (12–16 d), and 4 wk (26–32 d) of age. For each collection, the participants were asked to collect for a period of 24 h the infant feces and urine using Kushies diaper liners (D.D.F. Inc., Stoney Creek, ON, Canada). Milk intake of each infant was measured for 24 h using the difference in body weight before and after each nursing. The weight of milk was converted to volume using its specific gravity of 1.031 g/mL (21). On each collection day, breast-feeding mothers hand-expressed a small milk sample, whereas formula-feeding mothers provided a small sample of commercial formula milk. All samples were immediately frozen (-20°C) until analysis (1–2 d).

Sample preparation. Diaper liners containing urine were gently squeezed and the extracted urine was frozen until analysis. Diaper liners containing fecal material were weighed and the feces were scraped from the diaper liners. The feces were homogenized in PBS (1:2) containing a protease inhibitor (Sigma Chemical Co.-Aldrich, St. Louis, MO) and incubated on ice for 30 min. The extract was centrifuged at $10,000 \times g$ for 20 min at 4°C to sediment any insoluble material.

Reagents. The quantification of sCD14 and SIgA proteins was performed using a human sCD14 ELISA (HyCult Biotechnology, Uden, The Netherlands) and a human IgA ELISA (Bethyl Laboratories Inc., Montgomery, TX). Commercial recombinant human CD14 (rhCD14) (R & D Systems, Minneapolis, MN) and purified breast milk human SIgA (Serotec Ltd., Oxford, UK) served as controls in the *in vitro* digestion analysis. Immunodetection was performed using the biotinylated polyclonal anti-human CD14 (R & D Systems) and the biotinylated α -chain-specific anti-human IgA (Caltag Laboratories, Burlingame, CA). Human AB serum (Sigma Chemical Co.-Aldrich) was used as a loading control.

In vitro digestion of rhCD14, purified SIgA, and breast milk. The procedure was slightly modified from Rudloff and Lonnerdal (22). For pepsin digestion, the pH of control proteins sCD14 (10 ng/mL), SIgA (10 ng/mL), and breast milk were adjusted to 4.5 with 1 M HCl. Each sample was aliquoted and pepsin (porcine gastric mucosa, 800–2500 U/mg, Sigma Chemical Co.) was added to the desired concentration. The samples were incubated at 37°C for 30 min with occasional shaking.

Pancreatin digestion was performed by adjusting the pH of the samples to 7.0 with 1 M HCl or 1 M NaHCO_3 . Each sample was aliquoted and pancreatin (porcine pancreas, $4 \times$ USP, Sigma Chemical Co.) was added to the desired concentration. The samples were digested at 37°C for 1 h.

Sequential digestions with simulated gastric and pancreatic fluids were performed by adjusting the pH of the samples to 4.5 with 1 M HCl and pepsin was added (1 mg/mL). The samples were incubated at 37°C for 30–60 min. After the pepsin digestion, the pH of each sample was increased gradually (10 min) to 7.0 with 1 M NaHCO_3 and pancreatin was added (1 mg/mL). The samples were incubated at 37°C for 60–120 min with occasional shaking.

Immunoblotting. Samples were resolved by reducing SDS-PAGE electrophoresis (11% resolving gel) and transferred onto nitrocellulose. The sCD14 and SIgA proteins were probed with the anti-human CD14 (0.05 $\mu\text{g}/\text{mL}$) or with the anti-human IgA (0.07 $\mu\text{g}/\text{mL}$), followed with the anti-biotin HRP-conjugated antibody (1:1,000) (Cell Signaling Technology, Beverly, MA). The antigens were detected with the ECL Detection Reagents (Amersham Biosciences, Piscataway, NJ).

Statistical analysis. Individual experiments were performed in triplicate. Values are represented as mean \pm SD. The statistical significance of differences was evaluated using ANOVA, where p values < 0.05 were considered statistically significant.

RESULTS

Breast milk sCD14 is not excreted by the newborn. To analyze the stability of breast milk sCD14 in the newborn digestive system, the input (breast milk) and the output (feces and urine) levels of sCD14 were measured by ELISA and compared with SIgA, a breast milk antibody known for its gastrointestinal persistence (5,6). To ensure that the output levels of sCD14 and SIgA did not originate from *in vivo* gastrointestinal synthesis, formula-fed neonates were recruited as a control group, because sCD14 and SIgA were not detectable in commercial milk formulas (Tables 1 and 2). The lack of detection of sCD14 and SIgA in milk formulas could be attributed to the absence of these proteins in the commercial preparations or to the inability of the ELISA and antibodies to detect the bovine sCD14 and SIgA proteins. In the study group, both sCD14 and SIgA could be observed in all breast milk samples, with SIgA levels being on average 30 times higher than sCD14 (Tables 1 and 2). The output fecal and urinary levels of sCD14 were similar between breast-fed and formula-fed neonates (Table 1). However, SIgA was present in higher concentration, 1000- and 10-fold respectively, in feces and urine samples from breast-fed neonates when compared with formula-fed newborns (Table 2). To rule out any presence of aggregated or adsorbed sCD14 proteins in the stool matrix that would be nonextractable with PBS, harsher extraction techniques with detergents were performed on stool samples. These stronger extraction procedures generated similar fecal sCD14 levels to those of the PBS extraction, with no significant difference observed between the two techniques (unpublished observations). Furthermore, stool homogenate spiked with rhCD14 (8 ng/mL) revealed that the constituents of the stool extract did not impede the reactivity of the sCD14 antigens with the ELISA kit, since a rhCD14 concentration of

Table 1. CD14 concentration in breast milk, in milk formula, and in the urine and feces of breast-fed and formula-fed infants

Samples	Breast-fed neonates (n = 15)			Formula-fed neonates (n = 13)		
	Breast milk (ng/mL)*	Urine (ng/mL)*	Feces (ng/g _{fw})*	Milk formula (ng/mL)*	Urine (ng/mL)*	Feces (ng/g _{fw})*
Age (wk)						
1	29,500 \pm 15,400†	47.8 \pm 86.3	4.1 \pm 9.6	0.4 \pm 0.7	37.6 \pm 69.8	11.7 \pm 27.3
2	25,100 \pm 11,900†	1.6 \pm 3.4	8.0 \pm 15.0	0.6 \pm 1.8	10.2 \pm 10.3	3.8 \pm 4.6
4	22,300 \pm 14,000†	8.4 \pm 12.5	2.9 \pm 5.0	0.2 \pm 0.5	22.9 \pm 35.3	2.0 \pm 4.1

* The quantification of CD14 in the collected samples was performed by ELISA using a commercially available kit.

Statistically significant differences between samples from breast-fed and formula-fed newborns were determined using ANOVA, with probabilities † $p < 0.0001$.

Table 2. IgA concentration in breast milk, in milk formula, and in the urine and feces of breast-fed and formula-fed infants

Samples	Breast-fed neonates (n = 15)			Formula-fed neonates (n = 13)		
	Breast milk ($\mu\text{g/mL}$)*	Urine ($\mu\text{g/mL}$)*	Feces ($\mu\text{g/g}_{\text{fw}}$)*	Milk formula ($\mu\text{g/mL}$)*	Urine ($\mu\text{g/mL}$)*	Feces ($\mu\text{g/g}_{\text{fw}}$)*
Age (wk)						
1	991 \pm 682 [†]	3.9 \pm 9.6	1,559 \pm 999 [†]	0 \pm 0	0 \pm 0	2.1 \pm 1.6
2	831 \pm 624 [†]	2.0 \pm 2.2 [‡]	1,569 \pm 988 [†]	0 \pm 0	0.1 \pm 0.1	14.7 \pm 27.3
4	499 \pm 181 [†]	4.1 \pm 5.6 [‡]	1,299 \pm 756 [†]	0 \pm 0	0.2 \pm 0.2	20.1 \pm 27.5

* The quantification of IgA in the collected samples was performed by ELISA using a commercially available kit.

Statistically significant differences between samples from breast-fed and formula-fed newborns were determined using ANOVA, with probabilities [†] $p < 0.0005$, [‡] $p < 0.01$.

8.7 ng/mL was detected. The daily intake and excretion of sCD14 and SIgA per unit body weight showed that breast-fed infants excreted considerably higher quantities of SIgA (1800 \pm 1700 $\mu\text{g/kg/d}$) when compared with formula-fed infants (15 \pm 27 $\mu\text{g/kg/d}$) (Fig. 1). Despite the significant difference in sCD14 intake between breast-fed (3300 \pm 2300 $\mu\text{g/kg/d}$) and formula-fed (0.05 \pm 0.15 $\mu\text{g/kg/d}$) infants, the daily excretory levels of sCD14 were similar (0.005 \pm 0.009 $\mu\text{g/kg/d}$ for breast-fed and 0.007 \pm 0.014 $\mu\text{g/kg/d}$ for formula-fed) between the two groups, albeit the fecal concentrations were minute (Fig. 1).

The lack of significant CD14 excretory levels could also be attributed to the inability of the ELISA antibodies to detect CD14 digested fragments. Therefore, immunoblotting was performed using polyclonal anti-CD14 antibodies. Two polypeptides of molecular mass of 48 and 52 kD were detected with the anti-CD14 antibody in breast milk and serum, whereas only a 52 kD polypeptide was observed in the urine of breast-fed and formula-fed infants, corresponding to the size of sCD14 detected in the adult urine sample (Fig. 2A). Immunoblot analysis with the anti-IgA antibody also revealed the 60 kD heavy chain polypeptide of SIgA in breast milk as well as in the stool and urine of breast-fed newborns, which corresponded to the same apparent molecular mass of the heavy chain of serum IgA (Fig. 2B). Smaller polypeptides, likely representing digested fragments of SIgA, were also detected by the anti-IgA antibody in fecal samples of breast-fed infants (Fig. 2B).

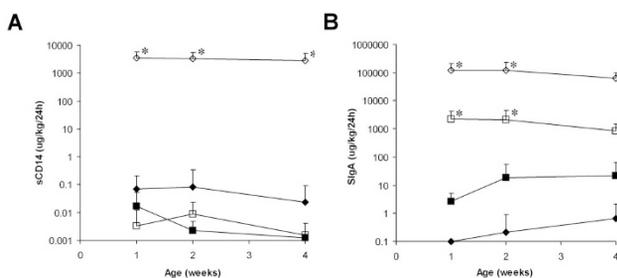


Figure 1. Daily intake and fecal excretion of sCD14 (A) and SIgA (B) in exclusively breast-fed ($n = 15$) or formula-fed ($n = 13$) infants. The quantification of sCD14 and SIgA in milk and newborn stool homogenate was performed by ELISA. Breast-fed intake (\diamond), breast-fed excretion (\square), formula-fed intake (\blacklozenge), formula-fed excretion (\blacksquare). Statistically significant differences between samples from breast-fed and formula-fed newborns were determined using ANOVA ($*p < 0.0005$).

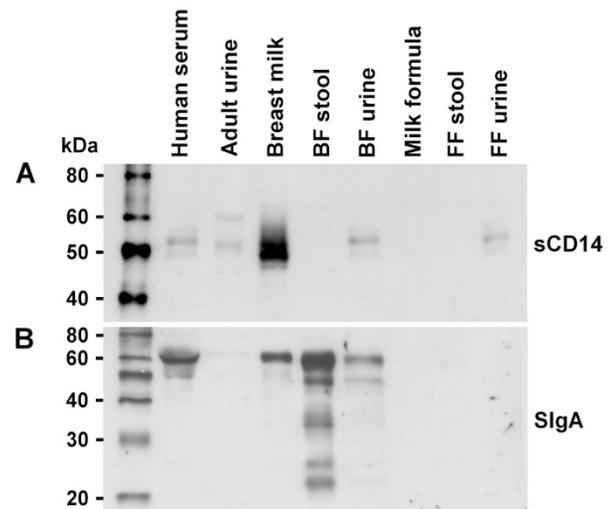


Figure 2. Immunodetection of human sCD14 (A) and SIgA (B) in various samples from breast-fed and formula-fed infants. Breast-fed (BF) and formula-fed (FF) infant samples along with serum and adult urine controls were subjected to Western blotting under reducing conditions with the biotinylated anti-CD14 polyclonal antibody (A) or the biotinylated anti-IgA polyclonal antibody (B), followed by the anti-biotin HRP-linked antibody. The immunoblots are representative of three different mother-neonate groups.

Breast milk sCD14 is more susceptible to pancreatin digestion than pepsin digestion. To investigate the susceptibility of sCD14 to digestion in comparison to SIgA, both proteins were subjected to *in vitro* proteolysis with porcine pepsin and pancreatin enzymes. Both sCD14 and SIgA, in their recombinant form and naturally present in breast milk, showed a similar resistance to pepsin digestion (Fig. 3). Breast milk samples continued to show the intact molecular weight of both proteins after the 10 mg/mL pepsin digestion (Fig. 3). For the pancreatin digestions, control rhCD14 and SIgA also had a similar and high susceptibility to the enzyme, with no protein detectable after the 0.1 mg/mL pancreatin digestion (Fig. 4). In breast milk, however, SIgA showed more resistance to porcine pancreatin, where no sCD14 survived the 10 mg/mL digestion (Fig. 4, lane 10). During the sequential pepsin and pancreatin digestions, both control proteins were proteolyzed, whereas in breast milk, SIgA showed a stronger resistance to proteolysis when compared with sCD14 (Fig. 5). Approximately half of breast milk sCD14 proteins were degraded in the shortest digestion period and no protein remained visible

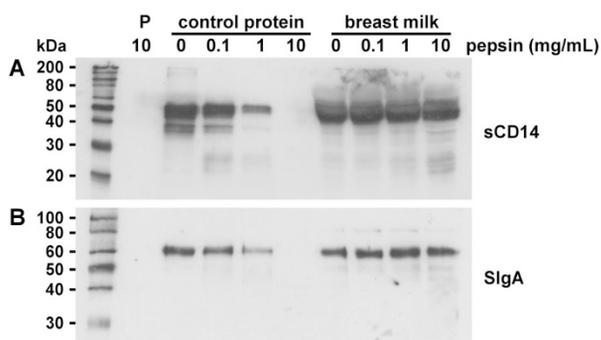


Figure 3. Western analysis of pepsin digested human breast milk, control rhCD14 (A), and SIgA (B). The control proteins, rhCD14 and SIgA (10 ng/mL), and breast milk were digested *in vitro* with the indicated concentrations of pepsin for 30 min at 37°C, pH 4.5, and subjected to Western blotting under reducing conditions with the biotinylated anti-CD14 polyclonal antibody (A) or the biotinylated anti-IgA polyclonal antibody (B), followed by the anti-biotin HRP-linked antibody. Lane P represents porcine pepsin (10 mg/mL) as a loading control. The immunoblots are representative of three independent digestions performed on different breast milk samples.

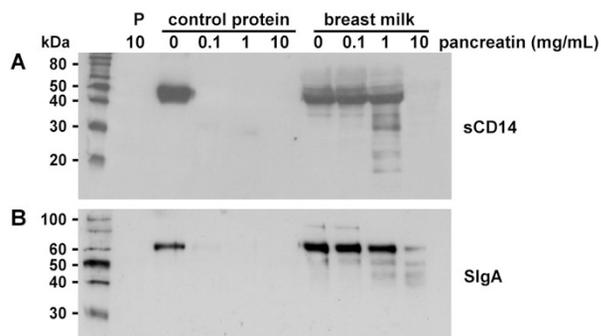


Figure 4. Western analysis of pancreatin digested human breast milk, control rhCD14 (A) and SIgA (B). The control proteins, rhCD14 and SIgA (10 ng/mL), and breast milk were digested *in vitro* with the indicated concentrations of pancreatin for 60 min at 37°C, pH 7.0, and subjected to Western blotting under reducing conditions with the biotinylated anti-CD14 polyclonal antibody (A) or the biotinylated anti-IgA polyclonal antibody (B), followed by the anti-biotin HRP-linked antibody. Lane P represents porcine pancreatin (10 mg/mL) as a loading control. The immunoblots are representative of three independent digestions performed on different breast milk samples.

after the longest digestion period (Fig. 5). For breast milk SIgA, the sequential digestions were less effective, where approximately one quarter of the original amount of the protein was still remaining after the longest digestion (Fig. 5). The multiple smaller bands detected on the blots likely represent digested products of sCD14 or SIgA, which were absent in nondigested samples (Figs. 3–5). In general, the sCD14 and SIgA proteins in breast milk showed a higher resistance to pepsin and pancreatin digestions than the control proteins (Figs. 3–5).

DISCUSSION

The results presented in this study suggest that most breast milk sCD14 proteins are unlikely to persist in the newborn gastrointestinal tract. This finding is supported by the trace excretory levels (5.4 ± 11.0 ng/g) of sCD14 observed in feces of both exclusively breast-fed (intake of 25.6 ± 13.8 μ g/mL of sCD14) and formula-fed neonates (virtually no intake of sCD14). These observations were constant at three time points

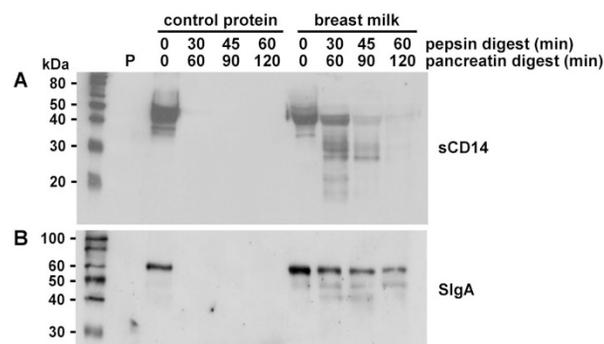


Figure 5. Western analysis of sequential digestion of human breast milk, control rhCD14 (A) and SIgA (B) with simulated gastric and pancreatic fluids. The control proteins, rhCD14 and SIgA (10 ng/mL), and breast milk were digested *in vitro* at various incubation times with pepsin (1 mg/mL) at 37°C, pH 4.5 followed by a pancreatin digestion (1 mg/mL) at 37°C, pH 7.0, and subjected to Western blotting under reducing conditions with the biotinylated anti-CD14 polyclonal antibody (A) or the biotinylated anti-IgA polyclonal antibody (B), followed by the anti-biotin HRP-linked antibody. Lane P represents porcine pepsin (1 mg/mL) and pancreatin (1 mg/mL) as a loading control. The immunoblots are representative of three independent digestions performed on breast milk samples.

during the first month of life of the human newborn, when the gastrointestinal tract is maturing. Furthermore, the trace levels of fecal sCD14 measured in both breast-fed and formula-fed infants could result from endogenous intestinal synthesis of sCD14 (23) or could be related to analytical variations at the lower limit of detection of the ELISA kit. However, the minute concentration of fecal sCD14 measured from formula-fed neonates suggests that the endogenous intestinal secretion of sCD14 is very limited or its intestinal fate restricts its detection in stools.

By contrast, breast milk SIgA was detected in high quantity in the stools of breast-fed newborns (1500 μ g/g), confirming its persistence in the gastrointestinal tract (5,6). The gastrointestinal persistence of SIgA is largely attributed to its high degree of glycosylation and to the presence of the bound secretory component, rendering this dimeric antibody inherently resistant to luminal proteolysis (24). This fecal SIgA difference observed between breast-fed and formula-fed neonates validates the methodology used to measure the passage of intact breast milk proteins in the newborn gastrointestinal tract.

The lack of detection of breast milk sCD14 in stools of breast-fed infants suggests two possible gastrointestinal fates of sCD14: i) efficient transport, in an intact and active form, through the intestinal mucosa to contribute to the serum pool of sCD14, and/or ii) digestion and degradation by the gastrointestinal enzymes to restrict its biologic activity along the newborn intestinal tract.

The first potential fate of breast milk sCD14 was investigated by analyzing the levels of sCD14 in the urine of breast-fed and formula-fed neonates. The quantification of urinary proteins is a suitable technique to estimate the serum concentration of specific proteins in the newborn without having to resort to invasive procedures (25,26). In both breast-fed and formula-fed groups, urinary sCD14 detected by immunoblot had a similar electrophoretic mobility to sCD14

found in human adult urine (27). However, the similar urinary sCD14 levels between breast-fed and formula-fed newborns measured by ELISA do not support the notion of its absorption through the intestinal mucosa and its subsequent renal excretion. Even within the first week of age, when the small intestine is known to have an enhanced permeability to macromolecules coming in contact with its mucosa (28), no differences in urinary sCD14 levels were observed. In contrast, breast milk SIgA has been shown to be absorbed into the serum by the newborn intestinal mucosa within the first week of life (28), which was observed with higher urinary SIgA levels (25). These results suggest that sCD14 detected in urine samples is endogenous in origin and is unlikely to originate from the intestinal absorption of breast milk sCD14.

Secondly, the digestibility of breast milk sCD14 was investigated *in vitro* with simulated gastric juices and revealed that the protein is resistant to pepsin digestion. This gastric resistance can be attributed to the low secretion of hydrochloric acid in the neonatal stomach, resulting in a pH of 3.5–5, far higher than the optimal pH conditions of pepsin (29). In this study, the conditions of the *in vitro* model of gastric digestion (pH 4.5 for 30–60 min) were designed to reflect the neonatal gastric environment (22). The relative abundance of sCD14 in breast milk ($25.6 \pm 13.8 \mu\text{g/mL}$), when compared with its serum concentration ($3 \mu\text{g/mL}$) (9), and its relative resistance to pepsin digestion, may allow significant amounts of the intact protein to reach the duodenum. Furthermore, the enhanced proteolytic resistance observed for both breast milk sCD14 and SIgA, in comparison to their purified forms, may be attributed to the breast milk abundance of alternate substrates for the digestive enzymes and to breast milk protease inhibitors (30). The first N-terminal half of sCD14 has been shown to contain all the active domains to trigger biologic responses against LPS (31). As a result, partially digested forms of sCD14, in addition to its undigested form, could offer immune protection to the upper digestive tract (oral cavity, esophagus, and stomach), where low bacterial density is found (32). Breast milk sCD14 could also modulate the LPS response by interacting with other breast milk immune proteins, such as lactoferrin (33) and TLR2 (34), and prevent excessive immune reactions and inflammation. Breast milk sCD14 could reduce the luminal bioavailability of free LPS monomers by transferring them to lactoferrin (33) and prevent the interaction of endotoxin with intestinal epithelial cells. Another CD14 co-receptor, soluble TLR2, recently found in breast milk, could also interact with sCD14 to avoid excessive local inflammation against Gram-positive bacteria and mycobacteria present in the neonatal intestinal tract (34).

The increased proteolytic susceptibility of breast milk sCD14 to pancreatic fluids under representative *in vivo* neonatal duodenal conditions (pH 7.0 for 1–2 h), when compared with breast milk SIgA, suggests that only a fraction of sCD14 ingested by the neonate may persist the duodenal passage. These results could explain the trace amounts of sCD14 observed in the stools of breast-fed neonates. Furthermore, breast milk sCD14 proteins could be subjected to additional hydrolysis during their jejunum, ileum, and colon transit by proteolytic enzymes of bacterial and intestinal origin (35). By

binding to LPS, sCD14 cannot discriminate between harmful pathogenic and beneficial commensal Gram-negative bacteria. Therefore, the absence or trace amounts of sCD14 in the small intestine and colon, in addition to the low intestinal expression of TLR4, could be solutions in preventing uncontrolled and detrimental immune responses in this heavily colonized environment (32). In contrast, the gastrointestinal persistence of breast milk SIgA is considered beneficial to the newborn due to its specificity in targeting pathogens to which the nursing mother has been exposed and consequently preventing their penetration through the neonatal intestinal mucosa (4,36). These results suggest that breast milk sCD14 has a very limited presence in the distal gastrointestinal tract to avoid excessive mucosal inflammation in this densely colonized environment. It is also possible that the immune protective effect of breast milk sCD14 is limited to the nursing mother, as bovine sCD14 has been shown to reduce the severity of mastitis by increasing the recruitment of immune cells to the site of infection (37).

In summary, our findings suggest that breast milk sCD14 is more susceptible to pancreatin digestion and is not excreted in feces. This nonubiquitous gastrointestinal presence may allow sCD14 to contribute to immune protection against Gram-negative pathogens in the upper digestive tract while reducing its inflammatory activity in the LPS-rich environment of the distal bowel. Further studies exploring the gastrointestinal passage and the distribution of breast milk sCD14 by collecting gastric and duodenal secretions from human newborns and from suckling animal models fed human breast milk will enhance our understanding of the molecular interactions between breast milk sCD14, the newborn gastrointestinal lumen, and the gut microflora. These studies may lead to the development of efficient treatments to enhance the newborn innate immune defences and prevent Gram-negative complications, such as necrotizing enterocolitis and diarrhea.

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