# Serum Cytosolic β-Glucosidase Activity in a Rat Model of Necrotizing Enterocolitis

REED A. DIMMITT, ROBERT GLEW, CHRISTOPHER COLBY, MARY BRINDLE, ERIK SKARSGARD, AND R. LAWRENCE MOSS

Department of Pediatrics, University of Alabama at Birmingham, Birmingham, Alabama 35233, U.S.A. [R.A.D.], Department of Biochemistry, University of New Mexico, Albuquerque, New Mexico 87131, U.S.A. [R.G.], Department of Pediatrics [C.C.], Department of Surgery [M.B., E.S.], Stanford University, Palo Alto, California 94304, U.S.A., and Department of Surgery, Yale University, New Haven, Connecticut 06520, U.S.A. [R.L.M.]

## ABSTRACT

The diagnosis of necrotizing enterocolitis (NEC) is made from a combination of clinical and radiographic findings. There are no useful screening biochemical markers of intestinal injury. The serum concentration of cytosolic  $\beta$ -glucosidase (CBG), an enzyme found primarily in enterocytes, is markedly elevated in animal models of ischemia and bowel obstruction. We hypothesized that in a rat model of NEC, serum CBG activity would significantly increase before microscopic evidence of severe intestinal injury. Cohorts of 2-wk-old Sprague-Dawley rats (n =10/cohort) were anesthetized and underwent laparotomy with occlusion of the superior mesenteric artery (SMA). Plateletactivating factor (200  $\mu$ g/animal) was injected in the proximal duodenum. Serum and intestinal samples were obtained at time 0 (control) and 30, 60, and 90 min of ischemia (I) and after 90 min of I followed by 60 min of reperfusion (I/R). Histopathologic injury was categorized as either no or minimal injury or mural necrosis by two masked investigators and CBG activity was measured by ELISA. Data were analyzed with Fisher's exact test and ANOVA. Only the I/R group had significantly greater mural necrosis compared with the control group (90% versus 0%, respectively, p < 0.001). In contrast, CBG activity was significantly elevated after only 90 min of I and after I/R (15.1 ± 5.6 and 16.4 ± 4.3 units/mL, respectively, p < 0.05). We conclude that serum CBG is elevated before transmural intestinal injury in this model and may have utility as an early marker of ischemia in patients at risk for NEC. (*Pediatr Res* 54: 462–465, 2003)

#### Abbreviations

NEC, necrotizing enterocolitis CBG, cytosolic  $\beta$ -glucosidase SMA, superior mesenteric artery PAF, platelet activating factor I, ischemia I/R, ischemia/reperfusion

A recent study from the National Institute of Child Health and Human Development (NICHD) Neonatal Research Network reported the incidence rate of NEC was 9% in infants with a birthweight of 751–1000 g and increased to 14% in those babies weighing 501–750 g (1). The odds ratios of death for patients with NEC has been reported to be 13.9 and 24.5, respectively, compared with similar preterm infants without NEC (2).

One possible explanation for the poor outcomes in babies with NEC is a delay in diagnosis and subsequent therapy. Currently, the diagnosis of NEC is based on clinical and radiographic findings. Once patients are diagnosed with definitive NEC ( $\geq$ Bell's stage 2), significant intestinal damage has

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likely occurred (3). It is possible that earlier detection of intestinal injury and institution of appropriate treatment might prevent the progression of disease.

Morris *et al.* (4) reported that CBG, an enzyme found in intestinal epithelial cells, was elevated in adult guinea pigs in early ischemic and closed-loop occlusion intestinal injury. Although CBG was present in several organs, the small intestine had by far the greatest activity.

The aim of our study was to test the hypothesis that serum levels of CBG would be elevated in a juvenile rat model of NEC. Additionally, because CBG is found in intestinal epithelial cells, this elevation would occur before microscopic evidence of severe intestinal injury when the damage could be reversible.

### METHODS

Animals. The experimental protocol was approved by the Administrative Panel on Laboratory Animal Care of Stanford

Correspondence: Reed A. Dimmitt, M.D., Department of Pediatrics, Division of Neonatology, University of Alabama at Birmingham, 525 New Hillman Building, 619 19th Street South, Birmingham, AL 35233, U.S.A.; e-mail: rdimmitt@peds.uab.edu

University in conjunction with the Association for Assessment and Accreditation of Laboratory Animal Care guidelines.

A modification of the model of intestinal ischemia described by Musemeche et al. (5) was used. Two-week-old Sprague-Dawley rats (Charles River Laboratories, Wilmington, MA, U.S.A.) were anesthetized with isoflurane (Baxter Pharmaceuticals, Thousand Oaks, CA, U.S.A.). After a midline ventral laparotomy, the SMA was identified. A microaneurysm clip was placed across the SMA and 200  $\mu$ g of PAF (Sigma Chemical, St. Louis, MO, U.S.A.) was injected into the proximal duodenum. The peritoneal cavity was lavaged with lactated Ringer's solution warmed to 37°C and the abdominal was closed with 4-0 silk suture. Cohorts of 10 animals underwent varied duration of I: 0 (control), 30, 60, and 90 min. The control animals were killed immediately after closing the abdominal wall, approximately 3 min after the injection of PAF. Another cohort of 10 animals had 90 min of ischemia after which the clip was removed for 60 min of reperfusion (I/R). After completing the duration of intestinal injury, the rats were killed with an overdose of intraperitoneal pentobarbital (100 mg/kg). Blood was sampled by cardiac puncture and the serum harvested after centrifugation was stored at  $-80^{\circ}$ C. Sections of mid-ileum were placed in 10% buffered formalin for microscopic analysis.

*Microscopic injury score.* Paraffin sections of ileum were processed and stained with hematoxylin-eosin. Two masked investigators assessed intestinal injury using the following scoring criteria: 0 = no diagnostic changes, 1 = partial-thickness mucosal damage, 2 = full-thickness mucosal damage, 3 = partial-thickness muscularis necrosis, 4 = full bowel wall necrosis (Fig. 1). A score of 0-2 was categorized as no or minimal injury and a score of 3-4 was labeled mural necrosis for statistical analysis.

**CBG determination.** Serum CBG activity was determined by an end-point fluorometric assay previously described by one of the authors (6). Five microliters of serum was added to the assay medium containing 0.2 M Na citrate, pH 6.0, and 5 mM 4-methylyumbelliferyl- $\beta$ -D-glucopyranoside in a final volume of 0.1 mL. The enzymatic reactions were incubated at 37°C for 30 min and terminated by the addition of 2.9 mL of 0.3 M ammonia glycine buffer, pH 10.0. The fluorescence of the product of the reaction, 4-methylumbelliferone, was measured using a Turner model 450 fluorometer (Turner Instruments, Sequoia, CA, U.S.A.) with a band pass 360-nm excitation filter



**Figure 1.** Histopathologic criteria used for microscopic injury scores. Adapted from Musemeche *et al.* (5).

and a sharp cut 515-nm emission filter. One unit of enzyme activity was defined as 1 nmol of product per hour.

Statistical analysis. SigmaStat for Windows software (SPSS Inc., Chicago, IL, U.S.A.) was used for statistical analysis. The individual injury scores of each group were compared using the Mann-Whitney ranked sum test. Categorical differences (no or minimal injury versus mural necrosis) in microscopic intestinal injury were analyzed using Fisher's exact test. The mean serum CBG activity  $\pm$  SD was evaluated with ANOVA. Statistical significance was defined as p < 0.05.

## RESULTS

There were no premature deaths (defined as not surviving until completion of the study period) in any of the groups. After euthanasia, the macroscopic appearance of injury was uniform throughout the distal ileum.

*Histopathologic injury.* Sections of ileum from the five groups revealed injury from a score of 0 (no diagnostic change) to 4 (full-thickness bowel wall necrosis) (Fig. 2). The median



Figure 2. Representative histology used for microscopic injury scoring. (A) A section of ileum with no or minimal injury. (B) A section of ileum with mural necrosis.

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injury score of each group was significantly greater than the control group (Table 1). There was no difference in the percentage of animals with mural necrosis between the control group and the groups undergoing only I. Even after 90 min of I, only one animal had severe intestinal injury. Only the rats that underwent both prolonged I and subsequent reperfusion had significant injury. Compared with the control group, there was more mural necrosis in the I/R group (0% *versus* 90%, respectively, p < 0.001) (Fig. 3).

Serum CBG activity. The baseline serum CBG activity was  $8.86 \pm 1.8$  units (U)/mL, representing the contributions of the sham laparotomy and PAF administration in the control animals (Fig. 4). In contrast to microscopic injury, serum CBG activity increased to a significant level after only 90 min of I and remained elevated in the I/R group (15.13  $\pm$  5.64 and 16.41  $\pm$  4.30 U/mL, respectively, p < 0.05). Thus, there was cellular damage with leakage of CBG before microscopic evidence of mural necrosis. When analyzed by categorical injury score, the serum CBG activity was significantly greater in the mural necrosis group (17.03  $\pm$  2.8 U/mL) compared with the no or minimal injury group (10.8  $\pm$  2.6 U/mL p < 0.05).

## DISCUSSION

In our study, we found that elevated serum CBG activity preceded microscopic evidence of severe intestinal injury. This finding is in agreement with previous reports describing the rapid rise of serum CBG after ischemic injury (4, 7, 8). In addition, Morris *et al.* (4) found a rapid rate of rise of serum CBG in animals undergoing intestinal ischemia and concluded that other organs expressing CBG did not contribute significantly to serum CBG activity. They demonstrated that CBGspecific activity in the combined intestinal compartments (duodenum, jejunum, ileum, and cecum) was approximately 6,000 U/mg, contributing to more than 80% of the total organ expression of CBG. Thus, in this animal model of NEC, the elevation in serum CBG likely resulted from intestinal injury.

This animal model of NEC closely mimics the type of vascular compromise that occurs in adult human ischemic intestinal injury. Several studies in the adult literature suggest that a sensitive screening test would assist clinicians in the diagnosis of intestinal ischemia, allowing earlier therapeutic intervention with improved survival (9–11). Currently, no such test is available for either adult or neonatal intestinal injury.

Our study suffers from the same limitation as other models of NEC. All existing models are based on some type of deliberate intestinal manipulation used to reproduce a histo-

 Table 1. Comparison of mean intestinal injury scores after varying durations of ischemia (I) and reperfusion (R)

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Group	Median injury score	P value*
Control	0	_
30 min I	1	0.003
60 min I	1	0.001
90 min I	2	0.001
I/R	3	0.001

All groups with n = 10.

\* Comparison to control group using Mann-Whitney rank sum test.



Figure 3. Percentage of rats with either no or minimal injury or mural necrosis by duration of ischemia. A microscopic injury score of 0-2 was defined as isolated mucosal injury and scores of 3-4 as mural necrosis. Only the I/R group had significantly greater injury than the control group. \*p < 0.05.



**Figure 4.** Serum CBG activity (expressed as mean  $\pm$  SD) by duration of ischemia. Both the 90 min of I and the I/R groups had significantly elevated serum CBG activity compared with the control group. \*p < 0.05.

logic injury similar to that seen in human NEC. However, the histologic findings in NEC are nonspecific and similar to that seen after a variety of ischemic and injured states. Most proposed animal models of NEC use some form of ischemia/hypoxemia with subsequent reperfusion, but the mechanism of naturally occurring human NEC is more complex (12, 13). Still, the likely final common pathway is epithelial damage followed by translocation of bacteria and endotoxins, which results in a cascade of molecular and cellular reactions resulting in dead bowel. A screening tool for potentially reversible intestinal injury may allow the earlier therapeutic intervention in neonatal patients as well.

Several serum markers have been proposed as screening tests for intestinal ischemia. Early reports suggested using the serum levels of lactate dehydrogenase, alkaline phosphatase, creatine kinase, and the hepatic transaminases to predict intestinal infarction (14–16). All of these potential enzyme markers had both poor sensitivity and specificity. More recently, the circulating levels of IL-1ra, IL-6, IL-8, IL-10, thrombopoietin, acute phase reactants, C-reactive protein, and orosomucoid have all been suggested as possible biochemical markers of NEC (17–20). These markers suffer from both poor sensitivity and specificity and are elevated only in severe NEC. They may provide no greater utility in detecting early NEC than traditional clinical findings.

Pursuant to these findings in animals, we plan next to measure the serum CBG activity in patients with NEC. We will first compare serum CBG levels of age-matched control patients with those of patients with NEC. If we observe a significant difference, we could then determine whether there is a threshold that could help differentiate patients with mild NEC that will resolve without aggressive therapy from those with severe NEC. The first studies are currently underway and we await the results of these measurements.

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