Development of the Intestinal Bacterial Composition in Hospitalized Preterm Infants in Comparison with Breast-Fed, Full-Term Infants

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ABSTRACT

The establishment and succession of bacterial communities in hospitalized preterm infants has not been extensively studied. Because earlier studies depended on classical cultural techniques, their results were limited. This study monitored the establishment and succession of the neonatal microbiota in the first weeks of life by analyzing the 16S rDNA variety in fecal samples applying PCR-denaturing gradient gel electrophoresis (PCR-DGGE). Fecal samples from 29 preterm infants hospitalized in a neonatal intensive care unit, including samples from antibiotic-treated infants and one with neonatal necrotizing enterocolitis, were subjected to PCR-DGGE analysis. Daily DGGE profiles from all preterm infants during the first 4 wk were obtained and analyzed. In addition, feces of 15 breast-fed, full-term infants and a variety of clinical bacterial isolates were examined and compared with the PCR-DGGE profiles of the preterm infants. During the first days of life, the DGGE profiles were rather simple but increased in their complexity over time. It became obvious that not only the intraindividual band-pattern similarity increased over time, but also the interindividual. During the observation period, similarity values (C_s) increased in each preterm infant from 0 to 80%, whereas interindividual C_s increased from 18.1 to 57.4%, revealing the acquisition of a highly similar bacterial community in these infants. In contrast, C_s -values obtained for breast-fed, full-term infants were rather low (11.2%). *Escherichia coli, Enterococcus* sp., and *Klebsiella pneumoniae* were the bacteria most commonly found in all preterm infants. The interindividual bacterial composition in hospitalized preterm infants is more similar in comparison with breast-fed, full-term infants and is not necessarily influenced by birth weight, diet, or antibiotic treatment. (*Pediatr Res* 54: 393–399, 2003)

Abbreviations

C_s, Sorenson's pair-wise similarity coefficient DGGE, denaturing gradient gel electrophoresis GI, gastrointestinal NEC, necrotizing enterocolitis

The GI tract of a normal fetus is sterile. During the birth process and rapidly thereafter, microbes from the mother and the surrounding environment colonize the gastrointestinal tract of the infant until a dense, complex bacterial community is established. This enteric flora contributes not only to health by facilitating carbohydrate assimilation (1) and interaction with the developing immune system (2, 3), it also plays a significant role in disease (4–6). A dynamic balance exists between the GI bacterial community, host physiology, and diet, all of which influence the initial acquisition, developmental succession, and eventual stability of the gut ecosystem (7). In the birth process and soon thereafter, bacterial colonization starts and facultative

anaerobic bacteria such as enterobacteria appear in feces. Because at this stage the composition of the gut bacterial community is strongly influenced by the diet, a shift in the bacterial composition can be observed (3, 8). A breast-fed, full-term infant shows a fecal bacterial composition in which bifidobacteria predominate over potentially harmful bacteria, whereas, in formula-fed infants, coliforms, enterococci, and bacteroides predominate (8–11). The process of colonization is greatly influenced by the successive shifts from formula feeding to weaning and finally to the introduction of solid food.

Although several studies monitored the bacterial communities in infants (8, 12), our picture of the neonatal microbiota is still limited, because the classical cultivation techniques only allow the identification of a limited number of bacteria. In recent years, the use of 16S rRNA gene sequences has greatly facilitated the study of GI tract ecology (13) because it allows the culture-independent analysis of the fecal microbiota. The rRNA gene sequences comprise highly conserved sequence

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domains interspersed with more variable regions. Consequently, comparative analyses of rRNA sequences can identify so-called signature sequence motifs. The simplest and currently the most widely used method to obtain 16S rRNA genes from fecal samples is through the use of PCR. rRNA genes can be amplified directly from total community DNA using rRNAspecific primers. By taking advantage of the highly conserved nature of rRNA, universal primers capable of annealing to rRNA genes from all three domains (*Archea, Bacteria, Eukarya*) or primers designed to amplify rRNA genes from a particular group of organisms can be used (14–18).

One of the 16S rRNA-gene based techniques is PCR-DGGE, a technique in which DNA is isolated from fecal samples and amplified by PCR using conserved 16S rDNA bacteria-domain primers (16, 17). In practice, total bacterial DNA from fecal samples is extracted and a region with a hypervariable nucleotide base sequence of the 16S rDNA gene is amplified by specific PCR primers. One of these bacteria-domain primers has a so-called "G + C clamp" of approximately 39 nucleotides attached to the 5' end. This "G + C clamp" prevents the two DNA strands from dissociating completely, even under highly denaturing conditions. The resulting mixture of 16S rDNA fragments is subjected to a denaturing gradient, established in a polyacrylamide gel with urea and formamide, to separate the fragments and generate a "genetic fingerprint" of the microbiota present. Although all PCR products are of approximately equal size, individual amplicons stop to migrate as the double-stranded products denature according to their G + C content. This approach thus allows separation of individual sequences based on G + C content, corresponding to the different microbial species within the sample. The vertical orientation of the denaturing gradient facilitates the simultaneous screening of many samples.

In a recent study, Favier *et al.* (19) used PCR-DGGE to study the development of the infant flora for up to 12 mo. They were able to show that band patterns during the first days of life were very simple, but they became more complex over time.

In contrast, not much information concerning the composition of the bacterial community of premature infants is available at the moment. Previous studies of the gut microbial community in premature infants relied on the application of classical cultural methods, and showed that these infants harbored a rather simple bacterial community (20-22). So far, only one study inspected the microbial composition of premature infants by molecular methods (23).

The purpose of this study was to obtain information on the fecal bacterial community of premature infants in comparison with breast-fed, full-term infants. A further goal of this study was to determine whether bacterial strains, which have been routinely isolated by classical cultural methods in the baby care unit, are major representatives of the premature infants' fecal composition.

MATERIAL AND METHODS

Subjects. The protocol of this study was submitted to the ethics commission of the Brandenburg state medical association, which approved the study without further consultation

because the study solely involved stool analyses but not the examination of patients just for the study. Informed consent was obtained from the parents of the children who took part in this study. In the period April 2001 to January 2002, 29 preterm infants were delivered between wk 24 and 37, either vaginally (11 infants) or by cesarean section (18 infants), with a birth weight ranging from 830 to 2635 g. All infants were born in the Ernst von Bergman Klinikum, Potsdam, stayed for at least 4 wk in a baby incubator in the neonatal intensive care unit, and were subjected to a feeding regime reported earlier (22). All full-term infants (15 infants) were fully breast-fed, delivered vaginally on time, and were not hospitalized.

Preparation of samples. After birth, fecal samples of 29 premature infants were taken daily for 2 wk and on d 17, 21, 24, and 28. During the study period, seven infants showed high IL-6 levels (preterm infants no. 4, 9, 18, 19, 22, 23, and 28) and hence received an antibiotic treatment. All of these infants were subjected to a standard antibiotic therapy, receiving in the first 3 d cefotaxime (200 mg/kg/d) and piperazine (150 mg/kg/d). After d 3, vancomycin (15 mg/kg/d) and amikacin (15 mg/kg/d) were given until the inflammation was reduced. Fecal samples were collected during the whole observation period. One of these infants, treated from d 2 on, died from NEC on the d 4. Therefore, fecal samples from this infant could only be obtained on d 1 and 3 after birth. In addition, fecal samples were taken from 15 full-term infants 6 d after delivery. All samples were stored at 4°C until further processing.

Organisms and culture conditions. All strains used in this study are isolates obtained and identified during routine testing in the neonatal intensive care unit of the Department of Pediatrics of the Ernst von Bergmann Klinikum. Species identification was achieved by using the automated identification system Vitek (Bio Mérieux, Nürtingen, Germany), which is commonly used in hospitals for bacteria identification. The system allows the identification of aerobic and anaerobic bacteria down to the species level. However, the system is not able to distinguish between strains. In this study, we used the most frequently isolated bacterial species. For further analysis, all isolates were cultured at 37°C under oxic conditions on blood agar plates (Bio Mérieux).

DNA extraction. For DNA extraction, 100 mg of fresh feces (wet weight) were homogenized in 1 mL TN 150 [10 mM Tris-HCL (pH 8), 150 mM NaCl]. DNA was isolated as described earlier (19, 24).

For DNA extraction, bacterial cultures were grown aerobically overnight on blood agar plates. The cells were harvested and subjected to nucleic-acid extraction following protocol number 5 of the InViTek DNA-Isolation Kit III (InViTek GmbH, Berlin, Germany).

perform PCR. Nucleotides comprising the "G + C clamps" are underlined.

PCR were performed with a *Taq* polymerase kit from In-ViTek (Berlin, Germany). Each 50- μ L mixture contained deoxynucleoside triphosphate at a concentration of 10 mM, 2.5 U of *Taq* polymerase, 10 μ mol of each primer, and 1 μ L of a DNA solution obtained from the fecal and pure culture DNA extractions, respectively. PCR amplification was performed with a PCR thermal cycler (Hybaid, Heidelberg, Germany) under the following conditions: denaturation at 94°C for 5 min, followed by 35 cycles of denaturation at 94°C for 30 s, annealing at 56°C for 20 s (62°C for 20 s for *Bif164-f* and *Bif662-r* primers), and extension at 68°C for 40 s. After completion, an additional extension step was performed at 68°C for 7 min, and the samples were then chilled to 4°C.

DGGE of PCR amplicons. PCR fragments were separated by DGGE as described earlier (16, 24) using the Decode system (Bio-Rad, Hercules, CA, U.S.A.), with the following modifications. Polyacrylamide gels (dimensions, $200 \times 200 \times$ 1 mm) consisted of 8% (vol/vol) polyacrylamide (ratio of acrylamide-bisacrylamide, 37.5:1) and 0.5 \times Tris-acetate-EDTA (TAE, pH 8.0) buffer; 100% denaturing acrylamide was defined as 7 M urea and 40% formamide. The gels were poured from the top by using a gradient maker and a pump (Econopump, Bio-Rad) set at a speed of 4 mL/min. We used 40-60% gradients to separate products amplified with universal primers. For the separation of products generated with the bifidobacteria-specific primers, we used a 45-55% gradient (15). Before polymerization of the gel, a stacking gel without denaturing chemicals was added, and an appropriate comb was subsequently inserted. Electrophoresis was performed first for 5 min at 200 V and subsequently overnight at 85 V in 0.5 \times TAE buffer at a constant temperature of 60°C. The gels were stained with AgNO₃ as previously described (28). To allow a comparison between PCR-DGGE gels, internal standards were used. These standards consisted of Enterococcus sp., Escherichia coli, and Klebsiella pneumoniae, all of which were isolated in the neonatal intensive care unit. Each internal standard resulted in one prominent band, which allowed their specific distinction and identification in the fecal samples. In addition, the following species commonly isolated in the neonatal intensive care unit were used for band identification: Citrobacter freundii, Enterobacter cloacae, Enterobacter aerogenes (Klebsiella mobilis), Pseudomonas aeruginosa, Staphylococcus aureus, and Staphylococcus epidermidis.

Estimation of microbial richness and diversity. The richness and diversity of the preterm and full-term infant fecal microbiota was estimated from the number of PCR-DGGE bands present (29). Each lane in a DGGE gel represents one given time point during the observation period. The band numbers and frequencies within a given infant were compared for various time points and between different infants. "Species" used in the indices refer to individual bands on the PCR-DGGE gels. These indices measure ecological diversity using various parameters, including species richness (the number of different species) and evenness (the distribution of individual species in the ecosystem) (30). Band number corresponds to the number of individual bands in a single lane. Band frequency was

calculated by measuring the percentage of all samples at a given time point containing a specific band. C_s was used to quantify similarity (31–33). C_s values were determined by the following equation:

$$C_{\rm s} = \left[\frac{2j}{(a+b)}\right] \times 100$$

Where *a* is the number of PCR-DGGE bands in lane 1, *b* is the number of PCR-DGGE bands in lane 2, and *j* is the number of common PCR-DGGE bands (30). Thus, two identical profiles will give a C_s value of 100%, whereas completely different profiles result in 0% similarity. Each sample of a given time point was compared with every other sample; therefore, mean percentage similarities (C_s values) can be compared for each time point in relation to other time points. A high C_s value indicates a highly similar PCR-DGGE pattern, which indicates a high similarity in microbiota composition.

Statistics. The data for each time point of the observation period are given as mean \pm SD of 27 preterm infants and 15 full-term infants. Differences between the means were checked for significance by the paired *t* test, as described by Lorenz (34), and are indicated as *p* values.

RESULTS

Molecular analysis by DGGE of the fecal bacterial community of preterm and full-term infants. To characterize and compare bacterial succession in the large intestine of infants, fecal samples from 29 preterm infants and 15 full-term infants were analyzed using PCR-DGGE (Figs. 1–4). The investigation period extended over several months, as most of the infants were hospitalized at different times. Several bacteria commonly isolated from infants during routine microbial testing were included in the analysis (Table 1).

The strategy involved the extraction of DNA from fecal samples or selected bacterial strains followed by amplification with PCR of a fragment corresponding to region V6–V8 of the 16S rRNA gene using universal bacterial primers. In addition, bifidobacteria-specific primers were used for the fecal analysis of breast-fed, full-term infants. Analysis of PCR products by DGGE results in a fingerprint that represents the diversity of the rDNA nucleotide sequences originating from the various bacterial population groups present in the ecosystem. The bands in the profile represent most of the dominant microbial populations in the community, and their appearance and disappearance reflect changes in the microbial community composition. The intensity of the band may provide an estimate of the proportion of the target sequence in the respective sample.

Bacterial succession in preterm and full-term infants. The DGGE profiles of all preterm infants showed a low diversity in the 16S rDNA sequences during the first 3 d. Only a few bands were present and varied from one to several major bands. Following d 4 after birth, the band pattern became more constant in most infants. Ten days after birth, the band pattern became stable, with only minor changes (Fig. 1). The number of major bands in individual babies ranged from five to 20. Interestingly, the band patterns became increasingly similar in



Figure 1. PCR-DGGE profiles representing the bacterial diversity in preterm infants 1 and 17 generated from samples taken on the indicated days. Band patterns do not represent the same positions in the PCR-DGGE gels. The bands identified from the PCR-DGGE profiles of known species are numbered and indicated by *arrowheads*. Numbers correspond to the numbers given in Table 1. Below the PCR-DGGE profiles, the band pattern similarity is illustrated for each infant over time.



Figure 2. PCR-DGGE profiles representing the bacterial diversity in six of the tested 29 preterm infants are illustrated. Numbers on top indicate the specific preterm infant. Numbers below the gels refer to the sampling days after birth. Bands identified from PCR-DGGE profiles of known species are numbered and indicated by *arrowheads*. Numbers correspond to the numbers given in Table 1.

most infants after the wk 2 (Fig. 2). Several of the hospital isolates could be identified in the fecal samples (Figs. 1–3).

DGGE-profiles were obtained from full-term infants at one time point after the d 5 of life. In contrast to the preterm infants, the emerging band patterns were more diverse in the full-term infants. The number of the major bands varied from one to 12 (data not shown). There were few similarities in the band patterns between the individual infants. Using bifidobacteria-specific PCR-DGGE primers, several bands were obtained indicating that bifidobacteria made up the majority of species present (data not shown).

Comparison of fecal bacterial diversity. The quantity of samples containing specific PCR-DGGE bands was calculated to characterize the distribution frequency of these bands among



Figure 3. Percentage of similarities for PCR-DGGE banding patterns from fecal samples of preterm infants from the given time period. In addition, the similarity value for full-term, breast fed infants is given. *Significantly more similar than breast-fed infants (p < 0.05). †Significantly more similar than on d 3 (p < 0.05). ‡Significantly more similar than on d 5 (p < 0.05). For further information, see "Material and Methods."

the different sample days. It was apparent that the similarity of the PCR-DGGE band patterns increased over time (Figs. 1 and 3). Similarity values (C_s) for the various time points in each infant increased from 0 to over 70 or 80% (Figs. 1 and 3), whereas similarity between the individual preterm infants increased from 18.1 to 57.4% over time (Fig. 3). Several of the bacterial species routinely isolated from feces in the neonatal intensive care unit resulted in DGGE bands that were also observed in the profiles of the fecal samples analyzed. Bands corresponding to *E. coli, Enterococcus* sp., and *K. pneumoniae* were the most common in the preterm infants.

Profiles of full-term infants were only obtained at d 6 after birth. The C_s value of 11.2% in these infants was considerably lower than in the preterm infants, indicating that the composition of the bacterial community was highly variable between individual full-term infants.

Bacterial succession in antibiotic-treated preterm infants. The total antibiotic-treatment period in the prophylactically treated infants varied from three to 21 d. It is obvious that the bacterial community was not affected in any of these infants. For instance, in preterm infant no. 9, who was treated from his/her first to fourth day of life with antibiotics, a complex DGGE band pattern was even observed during the antibiotic regime (Fig. 4). The C_s value for this infant increased from 50 to more than 80% over the study period. Interestingly, this

infant showed a rather complex band pattern, comparable to the infants not treated with antibiotics. However, for an antibiotic-treated infant, one might expect lower band pattern diversity.

In contrast, preterm infant no. 22 was treated with antibiotics from day 5–21. After antibiotic treatment, the numbers of bands was reduced, but remained stable until d 10. Beginning with d 10, a new band pattern established, but the complexity of the band pattern appeared to be low in comparison to that of infant no. 9 (Fig. 4). C_s values of the PCR-DGGE bands increased from 28 to 80% in this and the other antibiotictreated preterm infants (nos. 4, 18, 19, and 23), who showed a comparable band pattern evolution (data not shown).

Preterm infant no. 28 received an antibiotic treatment from his/her second day on. This infant was diagnosed with NEC on the third day and subsequently died thereof. Two fecal samples from this infant were collected. Both samples showed a highly diverse band pattern, indicating that several bacterial species were present in the intestine at birth already (Fig. 4).

DISCUSSION

In the present study, we used samples obtained from preterm infants in their first 4 wk of life to follow the succession of the dominant bacterial species. We could show that the PCR-



Figure 4. PCR-DGGE profiles representing the successive bacterial diversity in antibiotic-treated preterm infants and an infant diagnosed with NEC. Band patterns do not represent the same positions in the PCR-DGGE gels. Brackets indicate the time period of antibiotic treatment. Bands identified from PCR-DGGE profiles of known species are numbered and indicated by *arrowheads*. Numbers correspond to the numbers given in Table 1.

 Table 1. Bacteria commonly found during routine microbial testing in the neonatal intensive care unit

No.	Bacteria Cultured and Identified	Band Pattern Identified in PCR-DGGE
1.	Escherichia coli	+
2.	Enterococcus sp.	+
3.	Enterobacter aerogenes (Klebsiella mobilis)	
4.	Enterobacter cloacae	
5.	Klebsiella pneumoniae	+
6.	Staphylococcus aureus	
7.	Staphylococcus epidermidis	+
8.	Pseudomonas aeruginosa	+
9.	Citrobacter freundii	+

DGGE patterns for all preterm infants were very simple at birth and that the diversity increased over time. These results are comparable to an earlier study (19). We could also show that the band profiles of our preterm infants became more similar to each other over time, indicating that all preterm infants harbored a similar bacterial composition. These results confirm previous studies, in which it was shown that cross-transmission of bacteria is a serious problem in hospitals (35, 36). In contrast to the 29 preterm infants, who showed a highly similar band pattern, the band patterns of breast-fed, full-term infants showed little similarity, indicating that the breast-fed, full-term infants acquired bacterial communities whose composition displayed much less similarity between individual infants in this group and also in comparison to the preterm hospitalized infants. This is also reflected by the rather low similarity index (C_s) of band patterns in the preterm infants. In contrast, the preterm hospitalized infants had an increasing C_s value over time. Several of the bands in the DGGE gels of the breast-fed, full-term infants, but not in the preterm infants, could be attributed to bifidobacteria. So far, only a few studies followed the bacterial succession in preterm infants (23, 37–39).

Hospitalization is known to have serious effects on bacterial composition (40). In the present study, we were able to show that preterm infants acquire a rather diverse bacterial community after birth, but, as a result of hospitalization, tend to develop a similar strain composition over time. This may indicate subject-specific factors responsible for the acquisition of the bacterial community in the GI tract, as put forward by Zoetendal et al. (41). The authors were able to show a positive relationship between the similarity indices for PCR-DGGE band patterns, which represent the bacterial community, and the genetic relatedness of the hosts. With regard to our results, the acquisition of a specific bacterial community is dependent on host factors and environmental factors, which, because of hospitalization, are altered. The composition of the neonatal fecal bacterial community is of great interest, as it is hypothesized that an inappropriate colonization of the premature intestine may play a role in the development of NEC (42). In our study, one hospitalized infant died of NEC during the course of the study. It is noteworthy that this incidence does not represent the average prevalence for NEC in the Ernst von Bergmann Klinikum, which is three out of 200 preterm infants. In the two fecal samples taken before death, a highly diverse band pattern became obvious. Because only one infant was diagnosed with NEC, we were not able to draw any realistic conclusion from this event on the role of the of bowel microbiota in premature infants in NEC. Nevertheless, it is worthwhile to note that the microbiota of this premature infant was already highly diverse at birth.

The PCR-DGGE method has the advantage of being independent of culturing, which may favor the growth of certain bacterial groups and prevent the growth of others, resulting in a biased view of the bacterial community. However, the PCR-DGGE approach can also lead to some distortions, as some sequences may amplify better than others, and heteroduplexes may be formed during PCR (43). Because PCR-DGGE bands correspond to the relative G + C content of the amplified V6–V8 region of the 16S rDNA, bacterial species with similar G + C content in this amplified region may form assemblages and appear as a single band, resulting in fewer bands (17). Thus, PCR-DGGE experiments may not reflect the total composition of the bacterial community present. In addition, the presence of intragenomic 16S rDNA heterogeneity in bacteria strains may hamper the results (15).

In summary, we were able to show an increase in similarity of the bacterial communities in hospitalized preterm infants in contrast to breast-fed, full-term infants. A strikingly high similarity was observed between bacterial communities from different preterm infants regardless of birth weight, feeding regime, and antibiotic therapy, respectively, in contrast to fullterm, breast fed infants. This result supports the notion that the initial colonization of the newborn's GI tract is highly dependent on the environment.

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