Uteroplacental Insufficiency Alters Liver and Skeletal Muscle Branched-Chain Amino Acid Metabolism in Intrauterine Growth-Restricted Fetal Rats

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ABSTRACT

Uteroplacental insufficiency causes intrauterine growth restriction (IUGR) and decreases plasma levels of the branchedchain amino acids in both humans and rats. Increased fetal oxidation of these amino acids may contribute to their decline in the IUGR fetus. The rate-limiting step of branched-chain amino acid oxidation is performed by the mitochondrial enzyme branched-chain α -keto acid dehydrogenase (BCKAD), which is regulated by a deactivating kinase. We therefore hypothesized that uteroplacental insufficiency increases BCKAD activity through altered mRNA and protein levels of BCKAD and/or the BCKAD kinase. In IUGR fetal liver, BCKAD activity was increased 3-fold, though no difference in hepatic BCKAD protein or mRNA levels were noted. Hepatic BCKAD kinase mRNA and protein levels were significantly decreased in association with the increase in BCKAD activity. In IUGR fetal skeletal muscle, BCKAD mRNA levels were significantly increased. IUGR skeletal muscle BCKAD protein levels as well as BCKAD kinase mRNA and protein levels were unchanged. We also quantified mRNA levels of two amino acid transporters: LAT1 (system L) and rBAT (cysteine and dibasic amino acids). Both hepatic and muscle LAT1 mRNA levels were significantly increased in the IUGR fetus. We conclude that uteroplacental insufficiency significantly increases hepatic BCKAD activity in association with significantly decreased mRNA and protein levels of the deactivating kinase. We speculate that these changes contribute to the decreased serum levels of branched-chain amino acids seen in the IUGR fetus and may be an adaptation to the deprived milieu associated with uteroplacental insufficiency. (*Pediatr Res* 50: 604–610, 2001)

Abbreviations

IUGR, intrauterine growth restriction BCAA, branched-chain amino acids BCKAD, branched-chain α -keto acid dehydrogenase LAT1, system L amino acid transporter rBAT, related to b system amino acid transporter RT, reverse transcriptase

Uteroplacental insufficiency is a common and serious complication of pregnancy. It impairs the exchange of metabolites and gases between the mother and fetus, resulting in IUGR. In humans, the metabolic aberrations associated with the IUGR intrauterine milieu include decreased plasma concentrations of the BCAA: leucine, isoleucine, and valine (1–3). Similarly, Ogata *et al.* (4) found that uteroplacental insufficiency decreased serum BCAA levels in the IUGR fetal rat. Although decreased supply of the BCAA from the placenta contributes to the low plasma levels noted in the IUGR fetus, increased fetal utilization through increased mitochondrial oxidation may also play a role (5). Several investigators have noted that deprivation of the fetal sheep results in decreased serum levels of leucine and increased fetal leucine oxidation (6-8).

Irreversible oxidative decarboxylation of the BCAA is performed by the mitochondrial enzyme BCKAD (9). BCKAD is an enzyme complex composed of four subunits: $E1\alpha$, $E1\beta$, E2, and E3. Whereas the first three subunits are specific for BCKAD, the E3 subunit is common among the three keto-acid dehydrogenase complexes (BCKAD, pyruvate dehydrogenase, and α -ketoglutarate dehydrogenase). BCKAD activity often correlates with mRNA and protein levels, though covalent modification through phosphorylation and dephosphorylation of the E1 α subunit determines physiologic activity (10–13).

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Phosphorylation (deactivation) of the enzyme is mediated by BCKAD kinase and dephosphorylation (activation) of the enzyme is mediated by a phosphatase. The kinase has been well characterized, but a rat-specific phosphatase has not yet been identified by either amino acid or nucleotide sequence.

Both the liver and skeletal muscle contribute to the total mitochondrial oxidative capacity of the BCAA in both humans and rats, and uteroplacental insufficiency alters mRNA, protein, and function of multiple mitochondrial enzymes in the fetal liver and skeletal muscle (14-17). We therefore hypothesized that BCKAD activity, mRNA, and protein levels would be increased in the liver and skeletal muscle of IUGR rat pups. To test our hypothesis, we performed bilateral uterine artery ligation on pregnant Sprague-Dawley rats to induce uteroplacental insufficiency and subsequent growth restriction. Fetal rats in this well-characterized model are significantly lighter than controls that undergo identical anesthesia and sham surgery, and litter size does not differ between control and IUGR groups (4, 15-21). BCKAD activity was subsequently measured in fetal liver with a radiochemical assay. Fetal liver and skeletal muscle BCKAD protein mass and mRNA levels were then determined with Western blotting and RT-PCR. The same methods were used to measure BCKAD kinase protein and mRNA levels in fetal liver and skeletal muscle.

In addition, we measured mRNA levels of two amino acid transporters using the same fetal tissues. LAT1 is a system L amino acid transporter that is co-expressed with the heavy chain of the 4F2 antigen (22, 23). The BCAA are significant substrates for LAT1 (24). rBAT is a system b amino acid transporter; substrates for rBAT include cysteine and the dibasic amino acids (25). Increased expression of amino acid transporters may facilitate increased transport of their substrates into specific tissues for use in metabolic processes. We hypothesized that mRNA levels of LAT1 but not rBAT would be increased in IUGR fetal liver and skeletal muscle.

METHODS

Tissue preparation. These studies were approved by the Institutional Animal Care and Use Committee of the Magee-Womens Hospital Research Institute, Pittsburgh, PA, U.S.A.

Bilateral uterine artery ligation of the pregnant Sprague-Dawley rat was used to induce IUGR as described previously (15-21, 26). Litter size does not significantly differ between sham and IUGR groups and IUGR pups are significantly smaller at birth (IUGR average weight 2.69 \pm 0.47 g, sham average weight 3.2 ± 0.63 g). Briefly, on d 19 of gestation, pregnant rats were anesthetized with intraperitoneal xylazine (8 mg/kg) and ketamine (40 mg/kg), the peritoneal cavity was exposed, and both uterine arteries were identified and ligated with silk suture (n = 11 litters). The procedure was identical for sham (control) animals except for ligation (n = 9 litters). Rats recovered within a few hours and had ad libitum access to food and water. On d 21 of gestation (term), the fetuses were delivered by cesarean section, weighed, and decapitated. The fetal livers and hindlimb skeletal muscle were harvested immediately and frozen in liquid nitrogen. Two to three livers and five to eight pairs of hindlimb skeletal muscle were pooled (for an n = 1) to determine enzyme activity, protein mass, and mRNA levels.

Extraction of BCKAD. BCKAD complex was extracted from the fetal livers and skeletal muscle by a method of homogenization adapted by this lab from the method described for extraction of BCKAD from adult rat tissue (27). The use of homogenates, rather than mitochondrial fractions, allows easier sample preparation and thus the ability to analyze the larger number of physically small samples available from fetal rat tissue (28). Briefly, 150-350 mg of fetal liver were homogenized in nine volumes of homogenization buffer (0.25 M sucrose, 50 mM Tris-HCl, and 2 mM EDTA, at pH 7.4) with a Ducell glass homogenizer. This homogenate was used as the source of BCKAD activity. A cytosolic enzyme, α -ketoisocaproate oxidase, will interfere with the liver assay if α -keto $[1-^{14}C]$ isocaproate is used as the substrate (29). Therefore, activity had to be determined in the cytosolic fraction as well as in the whole tissue homogenate. The cytosolic fraction was prepared by centrifuging a portion of the whole tissue homogenate at 2000 \times g for 10 min at 4°C. The supernatant was then centrifuged further at 10,000 \times g for 15 min at 4°C. The resulting supernatant was the cytosolic fraction.

Similarly, 350–1000 mg of fetal skeletal muscle were homogenized in three volumes of Chappell-Perry medium (100 mM KCl, 5 mM MgSO₄, 1 mM ATP, 1 mM EDTA, 50 mM Tris-HCl, at pH 7.4) with a Polytron homogenizer. The homogenate was then centrifuged at $500 \times g$ for 10 min at 4°C to separate out cartilage and bone fragments and the resulting supernatant was used as the source of BCKAD complex.

Protein concentration. Protein concentrations for extracted liver and skeletal muscle BCKAD complex were determined by the Bio-Rad (Richmond, CA) protein assay using BSA as the standard.

BCKAD activity. Activity of extracted liver BCKAD was determined radiochemically by measuring the release of ${}^{14}CO_2$ from α -keto [1-¹⁴C] isocaproate (30). The complete assay mixture contained (final volume 1 mL): 2 mM NAD⁺, 0.5 mM CoA, 0.5 mM TPP, 2 mM DTT, 30 mM KPO₄, 0.2 mM EDTA, 20 µg/mL leupeptin, 1 mM TLCK, 2 mg/mL W-1 detergent, 5 mM MgSO₄, 0.2 mM α -keto [1-¹⁴C] isocaproate (2500 dpm/ nmol), and appropriate amounts of BCKAD (0.25-1.5 mg of protein). All assays were done in triplicate at 37°C and the reaction was carried out for 15 min. At the end of this period, the reaction was stopped with 500 μ L of 5 N H₂SO₄ (14), CO₂ was collected in hydroxide of hyamine, and radioactivity was determined by liquid scintillation spectrometry. Enzyme activity was calculated as nmole of CO2 released per minute per milligram of protein. Activities were determined in both the cytosolic and whole tissue homogenate fractions. The cytosolic activity was subtracted from the whole tissue homogenate activity to give the activity of BCKAD in the sample. Because of small tissue sample size and relatively low activity compared with liver, reliable measurements of BCKAD activity in fetal skeletal muscle were not attainable.

Activity state of BCKAD. Covalent modification through phosphorylation and de-phosphorylation determines BCKAD activity. Basal activity is a measure of enzyme activity based upon this phosphorylation status, and total activity is a measure of enzyme activity regardless of BCKAD phosphorylation status. In brief, the activity state in the liver was determined by measuring BCKAD activity before (basal activity) and after (total activity) treatment of the extracted enzyme complex with a broad specificity phosphoprotein phosphatase (25 milliunits of phosphatase/mg protein incubated with 15 mM MgSO₄ and 0.1 mM α -chloroisocaproate in extraction buffer for 30 min at 37°C). The phosphoprotein phosphatase was purified from rat liver as previously described (31). The activity state is then expressed as the ratio of basal activity to total activity.

Protein levels of BCKAD and BCKAD kinase. Identical amounts (100 μ g) of extracted liver and skeletal muscle protein were suspended in $4 \times$ SDS gel-loading buffer (0.125 M Tris-HCl at pH 6.8, 20% glycerol, 4% SDS, 10% B-mercaptoethanol, and 0.5% bromophenol blue) and boiled for 90 s. Samples were then subjected to SDS/10% PAGE in the system of Laemmli (32). Resolved proteins were transferred onto nitrocellulose membranes (Hybond ECL; Amersham, Arlington Heights, IL). Ponceau S staining of the nitrocellulose membranes was used to standardize protein loading before Western blotting. In brief, the nitrocellulose membranes were incubated for 5-10 min with a 1:10 dilution of Ponceau S stain (2 g Ponceau S, 30 g trichloroacetic acid, 30 g sulfosalicylic acid, and dH₂O to 100 mL). Once the bands appeared, the membranes were washed several times with dH₂O and then subjected to densitometry using Scion Image PC. Membranes were then incubated either with polyclonal antibody (1:2000) raised against purified BCKAD complex or polyclonal antibody (1:500) raised against purified BCKAD kinase. The membranes were then washed and incubated with a second antibody (peroxidase-conjugated goat anti-rabbit IgG), 1:5000 for BCKAD or 1:2000 for BCKAD kinase as described previously (33). BCKAD subunits and BCKAD kinase were detected with the ECL Western blotting system (Amersham, Arlington Heights, IL). The intensity of the bands was guantified by densitometry using Scion Image PC.

RNA isolation. Total RNA was extracted from the harvested livers and skeletal muscle by the method of Chomczynski and Sacchi and quantified in triplicate using UV absorbance at 260 nm (34). Gel electrophoresis confirmed integrity of the samples. Bovine retinal RNA was prepared in a similar manner.

mRNA levels (RT-PCR) of BCKAD and BCKAD kinase. This methodology of RT-PCR has been previously described (16–18, 20, 35). cDNA was synthesized using random hexamers and SUPERSCRIPT II RT (Life Technologies, Gaithersburg, MD, U.S.A.) from 1.0 μ g of rat liver or skeletal muscle RNA added to 0.01 μ g of bovine retinal RNA. The resulting cDNA was resuspended in 20 μ L of water, diluted into 1:100 aliquots, and stored at –20°C until use. The amplification primers for BCKAD subunits $E1\alpha$ and $E1\beta$, BCKAD kinase, LAT1, and rBAT are listed in Table 1. To determine reaction conditions when both amplicons were simultaneously produced exponentially, serial dilutions of rat RNA with standard amounts of retinal RNA were reverse transcribed and amplified under different conditions and cycle numbers. Once optimal conditions were determined, a single standard serial dilution was run with each quantification to regularly verify parallel production of both rat and bovine PCR products. Reactions were replicated three times once optimal PCR conditions were determined, and the primer concentrations were identical between study groups (sham and IUGR).

The PCR products were separated on a nondenaturing 5% acrylamide gel, and the radioactivity incorporated into the amplified product was quantified using a phosphorimager and Molecular Analyst software (Bio-Rad Laboratories, Hercules, CA). The abundances of each target were quantified relative to that of a control rhodopsin band from the same reaction, which was assigned an arbitrary level of unity. To determine the specificity of the primers, the amplified products were sequenced.

Statistics. All data are presented as mean \pm SEM. The *t* test was used for statistical analysis of all data except RT-PCR. For RT-PCR, statistical analyses were performed using the non-parametric Wilcoxon matched pair test.

RESULTS

BCKAD activity. Basal BCKAD activity, which is dependent upon the phosphorylation status of the enzyme, was increased 4-fold in the IUGR fetal liver compared with the sham fetal liver [IUGR = 2.24 ± 0.81 nmol/min/mg protein (p < 0.05), sham = 0.57 ± 0.14 nmol/min/mg protein, n = 6] (Table 2). Uteroplacental insufficiency, however, did not significantly change the total activity of BCKAD, which is not dependent upon the phosphorylation status of the enzyme, resulting in a higher activity state of BCKAD in the IUGR fetal liver [IUGR = $18.00 \pm 2.71\%$ (p < 0.05), sham = $5.36 \pm 1.55\%$, n = 6] (Table 2). That is, although the total activity of the enzyme did not change significantly, the proportion of active (or dephosphorylated) enzyme was significantly increased in the IUGR fetal liver.

Protein mass of BCKAD. The protein mass of BCKAD subunits $E1\alpha$, $E1\beta$, and E2 did not differ significantly between sham and IUGR fetal liver (n = 6) (Fig. 1*A*). Similarly, no significant difference was noted in the protein mass of any of the BCKAD subunits between sham and IUGR fetal skeletal muscle (n = 5) (Fig. 1*B*).

Table 1. Sequences of PCR prin	iers
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Gene	Sense primer $(5'-3')$	Antisense primer $(3'-5')$	Size of PCR product (bp)	Genebank Accession No.
E1α	TGGCTACGCAGATCCCTCAG	CCTCAATGAGGAAGGGCTGG	357	J02827
$E1\beta$	CAACGAAGCTGCCAAGTATCG	TGGACCTGTTCCACTGCTG	273	M94040.1
Kinase	CGATCAAGGACCAGGCAGAC	ACGAGTCGAGATGATGCCAAC	250	M93271.1
LAT1	CATCATTGGCCTCCTCAC	TAGTAGCACGCAGAGGCAGGC	129	ABO15432
rBAT	TTCCGGGCATACTGTGTACG	GAGAAGTCAGCCGAGAAGTC	109	M77345



Figure 1. (*A*) Representative Western blot and quantification of BCKAD subunits E_2 , $E_{1\alpha}$, and $E_{1\beta}$ in sham and IUGR fetal liver (n = 6). (*B*) Representative Western blot and quantification of BCKAD subunits E_2 , $E_{1\alpha}$, and $E_{1\beta}$ in sham and IUGR fetal skeletal muscle (n = 5). Protein was quantified by densitometry using Scion Image PC. Results are expressed as mean percentage \pm SEM relative to the mean of the sham values

mRNA levels of BCKAD. Quantitative densitometric analysis of the RT-PCR products for BCKAD subunits E1 α and E1 β demonstrated no significant difference in mRNA levels of BCKAD between sham and IUGR fetal liver (n = 6) (Fig. 2*A*). However, in fetal skeletal muscle, mRNA levels for IUGR BCKAD subunits E1 α and E1 β were significantly greater than sham mRNA levels (IUGR E1 α = 344 ± 43% sham, IUGR E1 β = 250 ± 49% sham, p < 0.05, n = 8) (Fig. 2*B*).

Protein mass of BCKAD kinase. BCKAD kinase protein mass was 16% lower in IUGR fetal liver compared with sham fetal liver (IUGR = $84.2 \pm 3.8\%$ sham, p < 0.05, n = 6) (Fig. 3*A*). Interestingly, no significant difference was found in the protein mass of BCKAD kinase between IUGR and sham fetal skeletal muscle (n = 5) (Fig. 3*B*).

mRNA levels of BCKAD kinase. Similarly, mRNA levels of BCKAD kinase were 35% lower in IUGR fetal liver compared with sham fetal liver (IUGR = $65 \pm 9\%$ sham, p < 0.05, n = 8) (Fig. 4*A*), whereas mRNA levels of BCKAD kinase were not significantly different for IUGR and sham fetal skeletal muscle (n = 8) (Fig. 4*B*).



Figure 2. (*A*) Representative phosphorimage and quantification of BCKAD subunits $E_{1\alpha}$ and $E_{1\beta}$ RT-PCR products in sham and IUGR fetal liver (n = 6). (*B*) Representative phosphorimage and quantification of BCKAD subunits $E_{1\alpha}$ and $E_{1\beta}$ RT-PCR products in sham and IUGR fetal skeletal muscle (n = 8). RT-PCR products were quantified by phosphorimage analysis using Molecular Analyst software (Bio-Rad). Results are expressed as mean percentage \pm SEM relative to the mean of the sham values. *p < 0.05 vs sham.

mRNA levels of LAT1 and rBAT. LAT1 mRNA levels were significantly increased in IUGR fetal liver compared with sham fetal liver (IUGR = 230 ± 27% sham, p < 0.05, n = 8) (Fig. 5*A*). mRNA levels of LAT1 were also significantly increased in IUGR fetal skeletal muscle (IUGR LAT1 = 137 ± 9% sham, p < 0.05, n = 8) (Fig. 5*B*). rBAT mRNA levels showed no significant difference between IUGR and sham fetuses for either liver or skeletal muscle (n = 8) (Fig. 5, A and B).

DISCUSSION

The results of the current study demonstrate that uteroplacental insufficiency causes an increase in hepatic BCKAD activity through a 3-fold increase in the enzyme's activity state. This increase in BCKAD activity is associated with decreased mRNA and protein levels of the deactivating kinase. These novel findings suggest a molecular mechanism by which fetal hepatic oxidation contributes to the decreased plasma levels of the BCAA previously found in the IUGR fetal rat.

A trend does exist toward decreased hepatic protein levels of the E1 α and the E1 β subunit as well as total hepatic activity. These findings may reflect the effects of the deprived IUGR intrauterine milieu experienced by the fetus and subsequent reduction in hepatic protein synthesis; however, the decrease seems to be compensated for by the post-translational covalent modification of dephosphorylation as demonstrated by the increase in BCKAD basal activity and activity state.





Figure 3. (*A*) Representative Western blot and quantification of BCKAD kinase in sham and IUGR fetal liver (n = 6). (*B*) Representative Western blot and quantification of BCKAD kinase in sham and IUGR fetal skeletal muscle (n = 5). Protein was quantified by densitometry using Scion Image PC. Results are expressed as mean percentage \pm SEM relative to the mean of the sham values. *p < 0.05 vs sham.

Human studies on BCAA metabolism in the IUGR fetus report a decline in the fetal/maternal leucine ratio that correlates with the severity of growth restriction and reflects reduced transplacental leucine flux and/or increased protein breakdown within the fetoplacental compartments (5). Previous animal studies on BCAA metabolism and fetal deprivation have used sheep models to measure maternal-placental-fetal leucine flux and utilization. In a model of heat stress-induced IUGR, maternal-placental leucine flux is reduced and leucine is subsequently redirected toward fetal metabolism via decreased placental utilization and decreased leucine flux from the fetus to the placenta (36). Maternal starvation of pregnant ewes elevates fetal leucine oxidation, which is inversely correlated with fetal glucose concentration (7, 9). Although both of these studies provide important physiologic insight, neither approach the organ-specific molecular biology behind their findings.

The molecular and biochemical characteristics of BCKAD have been documented in adult rats. Whereas restricting protein intake in adult animals results in decreased hepatic activity of the enzyme, subsequent fasting of these experimental animals results in increased activation of BCKAD (12). Moreover, hepatic BCKAD activity increases in response to metabolic acidosis and correlates indirectly with hepatic ATP concentrations (37, 38). Although caution must be exercised when applying the results of adult studies to fetal metabolism, our findings of increased BCKAD activation correlate with the known biochemistry of the complex because previous studies

Figure 4. (*A*) Representative phosphorimage and quantification of BCKAD kinase RT-PCR products in sham and IUGR fetal liver (n = 8). (*B*) Representative phosphorimage and quantification of BCKAD kinase RT-PCR products in sham and IUGR fetal skeletal muscle (n = 8). RT-PCR products were quantified by phosphorimage analysis using Molecular Analyst software (Bio-Rad). Results are expressed as mean percentage ± SEM relative to the mean of the sham values. *p < 0.05 vs sham.

of our model of uteroplacental insufficiency and IUGR demonstrate acidosis and reduced levels of hepatic ATP (4, 19).

One possible problem with our study concerns the relatively low-activity state of BCKAD noted in both the sham and IUGR fetal livers. Previous studies have reported hepatic BCKAD activity states of nearly 100% in neonatal rat pups <12 h old (39, 40). However, our study focuses on fetal rat pups, which differ from neonatal rat pups in several ways. Unlike neonatal rat pups, our animals have not gone through the process of labor and birth with all its attendant changes in maternal and fetal hormone and catecholamine levels. In addition, our animals have never had a breast milk feeding, which would be expected to alter overall energy metabolism in the neonate. All of these factors must be considered when evaluating the differences seen between fetal and neonatal hepatic BCKAD activity state.

Of interest, several other models analogous to ours have demonstrated significantly lower activity states for hepatic BCKAD. In fetal sheep, BCKAD was found to be only 50% active whereas in protein-starved adult rats the enzyme's activity state was noted to be even lower at 33% (31, 41). Even more impressive were reports of BCKAD activity state as low as 9% in adult female rats fed a low-protein diet (42). This low-activity state was secondary to increased kinase activity



Figure 5. (*A*) Representative phosphorimage and quantification of LAT1 and rBAT RT-PCR products in sham and IUGR fetal liver (n = 8). (*B*) Representative phosphorimage and quantification of LAT1 and rBAT RT-PCR products in sham and IUGR fetal skeletal muscle (n = 8). RT-PCR products were quantified by phosphorimage analysis using Molecular Analyst software (Bio-Rad). Results are expressed as mean percentage \pm SEM relative to the mean of the sham values. *p < 0.05 vs sham.

and represented a major gender difference in BCKAD activity state. This gender difference may reflect the effects of different hormones on BCKAD activation. We thus speculate that the lower BCKAD activity state seen in fetal rats compared with neonatal rat pups may be due not only to the lack of the effects of labor, birth, and breast milk feedings, but also may reflect the influences of maternal hormones while the pups are still *in utero*.

Uteroplacental insufficiency in the rat fetus is also characterized by hypoxia, and fetal oxygen consumption is significantly affected by insulin secretion (43). Leucine is an important insulin secretagogue (44). We speculate that increased hepatic BCKAD activity may be an adaptive measure undertaken by the IUGR fetus to lower fetal leucine levels and thus fetal oxygen consumption.

A significant increase in BCKAD mRNA levels in IUGR skeletal muscle was also noted. Although these results suggest that BCKAD mRNA levels are increased in IUGR skeletal muscle, protein mass of BCKAD was not found to be significantly increased in the same tissue. Perhaps the changes in protein levels are lagging behind the changes in mRNA in anticipation of delivery. Further studies might be directed toward determining BCKAD protein mass and mRNA levels in neonatal IUGR liver and skeletal muscle.

In adult animals, skeletal muscle significantly contributes BCAA metabolism, including oxidation, though little is known about fetal skeletal muscle BCAA metabolism. One study, by Singh *et al.* (45), demonstrated that acetate and α -ketoacids account for only 12% of hindlimb oxygen consumption, whereas in contrast, these substrates account of 48% of oxygen consumption in maternal hindlimb. Unfortunately, because of small tissue sample size and relatively low activity compared with liver, reliable measurements of BCKAD activity in fetal skeletal muscle were not attainable. Our findings are similar to that of Veerkamp and Wagenmakers (39) who measured actual and total BCKAD activity in postnatal rat tissues and were unable to detect either total or actual activity in skeletal muscle until ten days of life. Similarly, when Goodwin et al. (41) measured BCKAD activity in fetal sheep tissues, they found that skeletal muscle total and actual activity were decreased to <10% of hepatic values.

A significant increase in mRNA levels of the amino acid transporter LAT1 was seen in both the liver and skeletal muscle of IUGR fetuses. However, no significant difference in mRNA levels of the amino acid transporter rBAT was seen in either IUGR liver or skeletal muscle. The BCAA are significant substrates for LAT1, whereas substrates for rBAT include cysteine and the dibasic amino acids. Increased expression of the amino acid transporters may facilitate increased transport of their substrates into specific tissues for use in metabolic processes. The increased mRNA levels of LAT1 noted in IUGR liver and skeletal muscle may thus indicate increased transport of the BCAA into these tissues, thus increasing availability of these substrates for oxidation by BCKAD. The lack of a similar increase in mRNA levels of rBAT in IUGR liver and skeletal muscle suggests that this adaptation is specific for those transporters associated with the BCAA.

Caution is necessary of course when attempting to apply data from a rat model to human pathophysiology. The fetal and juvenile rat is physiologically immature relative to the human, and the insult imposed on the fetal rat in this model of uteroplacental insufficiency is severe and specific. In contrast, the timing and impact of uteroplacental insufficiency experienced by humans range across a continuum.

In summary, uteroplacental insufficiency causes an increase in BCKAD activity in fetal IUGR rat liver that is associated with decreased mRNA and protein levels of the deactivating kinase for BCKAD. Increased hepatic oxidation of the BCAA may contribute to the decreased plasma levels of the BCAA observed in the IUGR fetus. In addition, increased liver BCKAD activity may be an effective metabolic adaptation that contributes to increased survival of the IUGR fetus.

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