Lipoprotein(a) Serum Levels and Apolipoprotein(a) Phenotypes in Children with Chronic Renal Disease¹

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ABSTRACT. Lipoprotein(a) [Lp(a)] has recently been characterized as a genetically determined risk factor for atherosclerosis and thrombosis. Normally, Lp(a) serum levels are closely related to the apo(a) phenotype. We studied Lp(a) serum levels and apo(a) phenotypes in 136 young subjects, aged 0.8-24.7 y, including patients with glomerular disease and normal renal function (n = 28), patients with chronic renal failure (n = 20), patients treated by hemodialysis (n = 10), peritoneal dialysis (n = 16), and renal transplantation (n = 23), and in controls (n = 39). Of all, 21 patients had proteinuria in the nephrotic range. The distribution of Lp(a) levels in normal subjects was skewed to the left with 97% having levels below 300 mg/ L. A subpopulation with increased Lp(a) levels (13-42%) could be detected in all groups with renal disease, and increased mean serum Lp(a) levels were found in patients with nephrotic range proteinuria, in patients with chronic renal failure, and in patients on peritoneal dialysis. Serum Lp(a) levels were not correlated with age, gender, type of renal disease, renal function or severity of proteinuria, but were correlated with the apo(a) phenotype. For a given phenotype, Lp(a) levels tended to be higher in patients than in controls. We conclude that increased Lp(a) serum levels are frequently found in young patients with chronic renal disease, possibly predisposing them to an increased risk for atherosclerosis and thrombosis. (Pediatr Res 34: 772-776, 1993)

Abbreviations

Lp(a), lipoprotein(a) GFR, glomerular filtration rate

Chronic renal disease is often accompanied by severe dyslipidemia, a known risk factor for cardiovascular disease. In adults, cardiovascular disease is indeed by far the leading cause of death in patients on hemodialysis (1) and after renal transplantation (2), and an increased risk for atherosclerotic complications is assumed by many investigators for patients with unremitting nephrotic syndrome (3, 4). There are only limited data available concerning risk factors for atherosclerosis in children and adolescents with renal disease (5-7).

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Lp(a) is a cholesterol-rich lipoprotein resembling LDL, but with a different protein composition, consisting of apo B-100 and apo(a). Increased blood concentrations of Lp(a) are strongly associated with an increased risk for atherosclerosis (8-10) and arterial and venous thrombosis (11). Notably in young patients, Lp(a) appears to be an independent risk factor for myocardial infarction (12). The proatherogenic and prothrombotic effects of Lp(a) are related to its interaction with macrophages of the arterial wall and to the structural similarity of apo(a) and plasminogen, leading to deposition of Lp(a) in atherosclerotic lesions and interference with the fibrinolytic system (8, 9, 13).

In adult Caucasian populations, Lp(a) blood levels are usually low, *i.e.* the distribution of normal values is shifted to the left; blood levels above 250-300 mg/L indicate a significant risk for vascular complications, particularly in patients with elevated LDL cholesterol levels (13-15).

In normal individuals, Lp(a) serum levels are under genetic control and dependent on the phenotype of the apoprotein apo(a). According to Utermann et al. (16), seven phenotypes of different molecular weight can be differentiated by their relative mobilities to apo B-100 on electrophoresis; these have been designated F (faster than B-100), B (similar to B-100), S1, S2, S3, S4 (all slower than B-100), and 0 (not detectable). Serum levels of Lp(a) show an inverse correlation with the size of the apoprotein phenotype, i.e. small phenotypes (F, B, S1) are associated with high and larger phenotypes (S3, S4) with low serum levels of Lp(a) (16). Although Lp(a) levels for a given phenotype show considerable overlap, it was concluded that about 40% of the variability in the Lp(a) serum concentrations can be explained by the apo(a) phenotype (17). Other researchers have identified a greater number of apo(a) phenotypes, but the same inverse correlation between apo(a) size and Lp(a) serum concentration was found (18, 19).

Lp(a) can be detected in umbilical cord blood and serum of newborns (20-22), and a gradual rise in serum levels has been observed between the ages of 2 and 13 y (23). Previous studies in adults reported increased Lp(a) levels in patients with proteinuria (24-26) and in patients treated with hemodialysis (27) and renal transplantation (28). However, it remains unclear from these studies whether increases in Lp(a) are confined to individuals with a certain apo(a) phenotype. Neither Lp(a) serum levels nor apo(a) phenotypes have been studied in pediatric patients with renal disease.

We therefore determined Lp(a) serum levels and apo(a) phenotypes in children, adolescents, and young adults with chronic renal disease, including patients with glomerular disease and normal renal function, and with chronic renal failure and patients treated with hemodialysis, peritoneal dialysis, and renal transplantation.

SUBJECTS AND METHODS

Patients. A total of 136 subjects with an age range of 0.8 to 24.7 y were studied (Table 1).

¹ Parts of this study were presented at the Meeting of the European Atheroscle-rosis Society, Lissabon, Portugal, 1991 and at the International Conference on the Prevention of Atherosclerosis and Hypertension Beginning in Youth, Orlando, FL, 1992.

 Table 1. Patient groups and serum Lp(a) levels*

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	CONTR	GD	CRF	HD	PD	TPL	NRP
n	39	28	20	10	16	23	21
Age (y)	11.1 ± 3.0	12.5 ± 4.5	11.3 ± 5.1	13.7 ± 4.9	11.1 ± 4.5	14.8 ± 5.9	11.3 ± 5.2
Lp(a) (mg/L)	80 ± 81	157 ± 222	399 ± 424†	216 ± 241	$193 \pm 137 \pm$	129 ± 145	271 ± 296†
(median)	(59)	(53)	(221)	(146)	(170)	(79)	(182)
n > 300 (%)	1	5	8	2	3	3	8
	(2.6)	(17.9)	(40)	(20)	(18.8)	(13)	(42.1)

* CONTR, controls; GD, glomerular disease; CRF, chronic renal failure; HD, hemodialysis; PD, peritoneal dialysis; TPL, transplantation; NRP, nephrotic range proteinuria.

† Significantly different from the control group (p < 0.05).

‡ Number of subjects (and % of group total) with Lp(a) serum levels > 300 mg/L.

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	CONTR	GD	CRF	HD	PD	TPL	NRP
TG (mmol/L)	1.25 ± 0.74	2.55 ± 3.38†	$2.24 \pm 1.78^{+}$	$2.03 \pm 0.8^{++1}$	$2.06 \pm 1.05 \dagger$	$1.74 \pm 0.82 \dagger$	3.58 ± 3.96‡
Chol (mmol/L)	4.29 ± 0.67	$7.01 \pm 5.61 \ddagger$	$5.40 \pm 1.84^{\dagger}$	4.81 ± 1.06	$6.05 \pm 1.78 \ddagger$	$5.53 \pm 1.22 \ddagger$	$8.25 \pm 6.03 \ddagger$
VLDL-C (mmol/L)	0.49 ± 0.34	$1.50 \pm 3.54^{+}$	1.11 ± 1.06†	$0.96 \pm 0.54 \dagger$	$1.11 \pm 0.75 \dagger$	$0.72 \pm 0.39^{\dagger}$	$2.30 \pm 4.11 \ddagger$
LDL-C (mmol/L)	2.66 ± 0.67	$4.34 \pm 2.74 \ddagger$	$3.31 \pm 1.37 \dagger$	3.03 ± 0.80	$3.98 \pm 1.22 \ddagger$	$3.67 \pm 1.09 \ddagger$	4.89 ± 2.59‡
HDL-C (mmol/L)	1.16 ± 0.26	1.14 ± 0.36	$0.98 \pm 0.26^{++1}$	$0.83 \pm 0.26 \ddagger$	$0.96 \pm 0.26^{\dagger}$	1.16 ± 0.28	1.03 ± 0.44
Apo A-I (g/L)	1.49 ± 0.24	1.73 ± 0.51	1.52 ± 0.27	$1.32 \pm 0.41^{++1}$	1.54 ± 0.30	1.57 ± 0.39	1.73 ± 0.56
Apo B (g/L)	0.95 ± 0.36	1.71 ± 0.84‡	$1.62 \pm 0.54 \dagger$	$1.42 \pm 0.52 \dagger$	$1.92 \pm 0.87 \dagger$	$1.59 \pm 0.53 \ddagger$	1.99 ± 0.76‡

* Group abbreviations are the same as in Table 1. TG, triglycerides; Chol, cholesterol; VLDL-C, cholesterol in the VLDL fraction; LDL-C, cholesterol in the LDL-fraction; HDL-C, cholesterol in the HDL-fraction.

 $\dagger p < 0.05$ compared with the control group.

p < 0.01 compared with the control group.

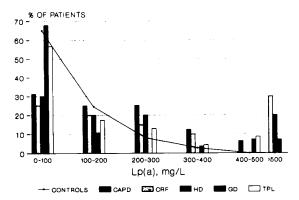


Fig. 1. Distribution of Lp(a) serum levels in controls (*straight line*) and in the different patient groups (*bars*). Patients with nephrotic range proteinuria are included in the groups GD (glomerular disease), CRF (chronic renal failure), and TPL (transplantation).



Fig. 2. Phenotyping of apo(a) isoforms. Phenotyping was performed as described with six sera running (from left to right) in *lanes 1, 3, 4, 5,* 7, and 8; standards with known phenotypes were run in *lanes 2* and 6. The standards include (bands shown from above to below) S3, S2, S1, and B. The sera were classified (from left to right) as S4S3, S4S2, 0, S4, S4S2, and S4S3. The corresponding Lp(a) serum levels were 100, standard, 100, 0, 160, standard, 330, and 340 mg/L.

Normal control subjects (n = 39). These children were seen in the outpatient department for minor illnesses and had normal renal function (GFR > 80 mL/min/1.73 m²).

Glomerular disease (n = 26). The patients in this group had a variety of glomerular diseases for 6.5 ± 6.0 y and normal renal function (GFR > 80 mL/min/1.73 m). Sixteen patients had mild proteinuria ($145 \pm 211 \text{ mg/m}^2$ /d); histologic diagnoses in these

patients included minimal change disease (13), IgA nephropathy (2), and endoextracapillary glomerulonephritis (1). Ten patients had proteinuria in the nephrotic range (>1 g/m²/d); diagnoses were minimal change disease (6), Wegener's granulomatosis (1), focal segmental glomerulosclerosis (1), membranoproliferative glomerulonephritis (1), and mesangial glomerulonephritis (1).

Chronic renal failure (n = 20). These patients had decreased renal function (GFR < 70 mL/min/1.73 m²) for 6.9 ± 4.3 y. Histologic diagnoses included autoimmune vasculitis (1), congenital nephrosis (1), focal-segmental glomerulosclerosis (1), Henoch-Schoenlein purpura (1), hemolytic-uremic syndrome (4), IgA nephropathy (2), membranoproliferative glomerulonephritis (1), oligomeganephronia (1), obstructive uropathy (3), renal hypoplasia/dysplasia (4), and segmental hypoplasia (1). Eight patients had proteinuria in the nephrotic range (1.0 to 34 g/m²/d).

Peritoneal dialysis (n = 16). All patients were treated with continuous peritoneal dialysis for a total of 1.7 ± 1.0 y and were anuric.

Hemodialysis (n = 10). All patients were treated with hemodialysis for a total of 3.5 ± 5.4 y and were anuric.

Renal transplantation (n = 23). The patients in this group had a functioning renal transplant for 0.1 to 12.3 y, mean 3.6 ± 3.3 y. Renal function varied between 14 and 167 mL/min/1.73 m² (mean 67 ± 41 mL/min/1.73 m²). Twenty-one patients had mild proteinuria (31 to 976 mg/m²/d) and three patients had proteinuria in the nephrotic range (1.7, 2.5, and 4.9 g/m²/d). All patients were treated with corticosteroids and azathioprine, and all but three received cyclosporin A.

Nephrotic range proteinuria (n = 21). Patients in this group belonged to the glomerular disease group (n = 10), the chronic renal failure group (n = 8), and the renal transplantation group (n = 3) and were separately evaluated because of the presence of proteinuria in the nephrotic range $(1.0-34 \text{ g/m}^2/\text{d}, \text{ mean } 7.6 \pm 9.3 \text{ g/m}^2/\text{d})$.

Methods. The study was approved by the Ethical Committee of the Medical Faculty of the University of Heidelberg. Informed consent was obtained from all subjects participating in the study.

Lipoprotein profile. Venous blood was drawn in the morning from nonfasting subjects. Total triglycerides, total cholesterol, and cholesterol in the VLDL fraction, LDL fraction, and HDL fraction were measured by routine enzymatic methods (29). Apo

Apo(a) phenotype	Patients (n, %)	Controls	Lp(a) (mg/L)			Significance (p)
		(<i>n</i> , %)	Total	Patients	Controls	(patients vs controls)
S 1	3 (3.3)	2 (5.1)	300 ± 240	469 ± 108	50 ± 62	<0.02
S2	4 (4.4)	3 (7.7)	126 ± 132	113 ± 165	142 ± 107	<0.8
S3	8 (8.8)	9 (23.1)	124 ± 90	159 ± 112	93 ± 56	<0.14
S4	17 (18.7)	5 (12.8)	60 ± 60	68 ± 66	36 ± 26	<0.3
0	5 (5.5)	2 (5.1)	11 ± 18	15 ± 21	0.0 ± 0.0	<0.37
FB	1 (1.1)	0	300	300	0	ND
FS3	1 (1.1)	0	750	750	0	ND
FS4	1 (1.1)	0	130	130	0	ND
S1S2	2 (2.2)	0	1270 ± 340	1270 ± 340	0	ND
S1S3	5 (5.5)	1 (2.6)	520 ± 310	594 ± 298	71	< 0.18
S1S4	7 (7.7)	2 (5.1)	260 ± 220	335 ± 198	14 ± 1	<0.06
S2S3	7 (7.7)	1 (2.6)	230 ± 205	217 ± 218	320	< 0.67
S2S4	13 (14.3)	6 (15.4)	177 ± 222	204 ± 257	117 ± 113	<0.44
S3S4	17 (17.6)	8 (20.5)	111 ± 139	135 ± 161	58 ± 48	<0.2

Table 3. Apo(a) phenotypes and Lp(a) serum levels (mean \pm SD) in 91 patients and 39 controls

* ND, not determined.

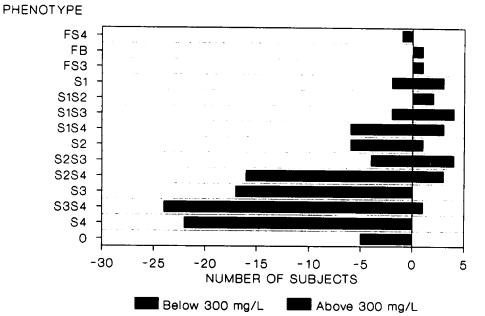


Fig. 3. Distribution of patients grouped by apo(a) phenotypes at a cutoff Lp(a) serum concentration of 300 mg/L. Data were from 91 patients and 39 controls. Only one subject in the control group had an Lp(a) serum level > 300 mg/L.

A-I and apo B were measured by turbidimetric methods (Turbitimer, Behring, Marburg, Germany).

Lp(a) serum levels. Lp(a) in serum was measured by enzyme immunoassay (Biopool, Umea, Sweden) and by a one-step ELISA method (Immuno, Heidelberg, Germany), which showed a good correlation (r = 0.897). Results are reported for the enzyme immunoassay. All samples were measured in duplicates. For the enzyme immunoassay, intraassay variability was 6%; interassay variability was 4% for levels > 10 mg/dL.

Apo(a) phenotype. The apo(a) phenotypes were separated by SDS-PAGE using a commercially available 4-15% gradient gel (PHAST-System, Pharmacia, Freiburg, Germany). This method was modified for Lp(a) detection according to Molinari *et al.* (30), using a polyclonal sheep anti-Lp(a) antibody (Immuno). Determination of phenotypes was performed by comparison with standard phenotypes prepared from individual donors (Immuno).

Renal function. Renal function was estimated by measuring the creatinine clearance in patients with urine output, as well as by calculation of the GFR according to Schwartz *et al.* (31) in all patients and controls.

Proteinuria. Urinary protein was measured using the Coomassie reagent (Bio-Rad, Munich, Germany). Statistical evaluation. Statistical significance of differences between variables in the groups was calculated by the Kruskall-Wallis test and the Mann-Whitney test [Lp(a) levels for given phenotypes]. Testing for correlations of variables was performed by calculation of the Spearman rank correlation coefficient. Differences in apo(a) phenotype distribution were compared by the χ^2 test.

RESULTS

Lipoprotein lipids and Lp(a). Elevated serum levels of lipoprotein lipids and Lp(a) were found in all groups studied (Tables 1 and 2). Significant increases in mean Lp(a) levels were found only in the chronic renal failure, nephrotic range proteinuria, and peritoneal dialysis groups (Table 1). The distribution of Lp(a) levels in normal subjects was skewed to the left with 97% of patients having levels below 300 mg/L (Fig. 1) and only one patient with a level above 300 mg/L (320 mg/L). In contrast, the distribution of Lp(a) values in the patient groups was scattered with a shift to the right, and a subpopulation (up to 42%) with increased Lp(a) levels was found in all groups of patients with chronic renal disease (Table 1, Fig. 1).

Correlations. The following variables were tested for correlations with Lp(a) serum levels: age, gender, weight, height, body mass index, C-reactive protein level, serum creatinine level, serum total protein level, GFR, and proteinuria. None of these variables were significantly correlated with Lp(a) levels, regardless of whether the groups were tested individually or all patients were combined.

Apo(a) phenotypes. Phenotyping was successfully performed in 130 subjects (Fig. 2). A single band phenotype was found in 51 (39.2%) and a double band phenotype in 72 (55.3%); no band (phenotype "0") could be detected in seven sera (5.4%). The distribution of phenotypes found in patients and controls was not significantly different ($\chi^2 = 8.9, p < 0.7$). As has been reported previously in normal subjects (14-17), there was a strong correlation of the apo(a) phenotype with the serum level of Lp(a)(Table 3). This was most clearly evident in single-band phenotypes; double-band phenotypes were associated with Lp(a) levels that most likely reflect an additive effect of the two alleles (14, 16). At a cutoff serum Lp(a) level of 300 mg/L, a significant difference in apo(a) phenotype distribution was calculated ($\chi^2 =$ 69.0; p < 0.0001). Figure 3 shows that phenotypes 0, S3, and S4 were exclusively associated with Lp(a) levels below 300 mg/L. However, for most given phenotypes, patients with chronic renal diseases had higher Lp(a) levels, although this finding was not statistically significant in all cases, possibly because of the limited number of comparable subjects (Table 3).

Lp(a) serum levels were repeatedly evaluated in 10 patients and showed very little variability. In six patients, Lp(a) levels were measured before and after transplantation. Two patients showed an increase in Lp(a) (from 690 and 140 to 840 and 480 mg/L), and three patients showed a decrease (from 200, 160, and 610 to 90, 80, and 120 mg/L); one patient had an unmeasurable level before and after transplantation. No change in phenotype was noted before and after transplantation.

DISCUSSION

The present study demonstrates that high Lp(a) serum levels are frequently found in young patients with chronic renal disease. Normal children and adolescents had serum levels of Lp(a) that were similarly distributed but somewhat lower than those reported in adult subjects (8–13). Elevated Lp(a) levels were present in 13–42% of patients in all groups studied and were not associated with a particular renal disease or the patient's age, gender, degree of renal function, or the severity of proteinuria. Nonfasting conditions may have affected the serum triglyceride levels in our patients, but an effect on Lp(a) serum levels seems unlikely in view of the recent literature (32).

Previous studies have raised suspicions that serum Lp(a) levels can be affected by chronic renal diseases and metabolic disturbances. Elevations in Lp(a) serum levels have been documented in adults with proteinuria (24–26), adults with end-stage renal failure treated by hemodialysis (27), renal allograft recipients (28), and children (33) and adults (34) with diabetes mellitus. In addition, alcohol intake (35) and possibly treatment with corticosteroids (25) may have an effect on serum Lp(a) levels.

From the data of Karradi *et al.* (24) who found a correlation of Lp(a) serum levels with the amount of urinary protein loss, it could be hypothesized that an increase in hepatic Lp(a) production might be the cause of increased Lp(a) levels in patients with the nephrotic syndrome, analogous to the increased hepatic production of VLDL. We could not demonstrate a similar relationship, whether the patients with proteinuria in each group were analyzed separately or pooled together; moreover, increases in Lp(a) were not confined to patients with proteinuria. The fact that Lp(a) levels are not correlated with lipoprotein lipid levels has been found in other studies (8-11) and may be further evidence of an altogether different metabolism of this lipoprotein. Our data also indicate that increases in Lp(a) are not dependent on the degree of glomerular function, inasmuch as no correlation was observed with the GFR.

The impression that renal diseases may have a profound influence on Lp(a) is further underscored by the observation of changes in Lp(a) serum levels (but not phenotypes) before and after renal transplantation. It cannot be ruled out that these changes may have been induced by immunosuppressive drug treatment. Webb et al. (28) have recently demonstrated elevated Lp(a) levels in 29% of adult renal allograft recipients; serum levels were significantly higher in patients taking cyclosporin. In the present study, the effect of treatment with steroids and cyclosporin A could not be separately evaluated because almost all of our patients were treated with both drugs. Apart from immunosuppressive treatment (transplanted patients), our patients were treated with a variety of medications, including antihypertensive drugs, phosphate binders, vitamin D analogues, and erythropoietin. However, we could not detect a relationship between any particular medication and increased Lp(a) levels. It is known that Lp(a) serum levels are not affected by diet and most lipid-lowering drugs.

From the studies of Utermann et al. (16) and others (17-19), it is apparent that small apo(a) phenotypes are associated with high Lp(a) levels and larger apo(a) phenotypes with lower levels. Our data indicate that this relationship is also present in patients with chronic renal diseases. However, Lp(a) serum levels for almost all phenotypes were shifted toward higher values; therefore, elevated Lp(a) levels > 300 mg/L with a high atherogenic potential occurred in patients with double-band phenotypes and with the smaller phenotypes F, B, S1, and S2, but were absent in phenotypes S3 and S4. The physiologic mechanisms of Lp(a) regulation are yet unknown; however, the present study shows that chronic renal diseases may interfere with the normal synthesis and/or catabolism of Lp(a), regardless of the apo(a) phenotype. The kidney might have a role in the catabolism of Lp(a) (36). Because of its strong affinity to glycosaminoglycans (37), Lp(a) could bind to glomerular basement membranes; by inhibiting fibrinolysis, Lp(a) could thus play a role in the progression of renal disease (26).

In patients with chronic renal diseases, further prospective studies are needed to evaluate the clinical significance of increased Lp(a) levels. Thus, high Lp(a) levels might help identify those patients with chronic renal disease with an increased risk for atherosclerotic and thrombotic complications. This may be of special importance in young patients with potentially lifelong exposure to this risk factor.

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