

Early Changes in the Permeability of the Blood-Brain Barrier Produced by Toxins Associated with Liver Failure

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ABSTRACT. Our study was designed to determine whether substances that appear in the serum during the course of liver failure have a detrimental effect on the passive permeability of the blood-brain [blood-cerebrospinal fluid (CSF)] barrier. Lactic acid, octanoic acid, and ammonia were infused into rabbits for 4 h. The permeability changes of the blood-brain barrier were quantified by infusing polyethylene glycol 400 (PEG 400) and measuring the quantity and average mol wt of the PEG 400 that entered the CSF. The lipid solubility and effective diffusional radius of the PEG molecules were also quantified to provide greater precision for measurements using this probe. None of the animals receiving toxic infusions became seriously ill during the infusions. Low dose infusions of lactic acid, octanoic acid, and ammonia increased the effective pore diameter of the blood-brain barrier from 7.3 Å to an average of 8.5 Å. The amount of PEG entering the CSF increased from 1.7 to 4.0 ($p < 0.025$), 4.7 ($p < 0.025$), and 6.7 ($p < 0.001$) mmol/L, respectively. Rabbits with galactosamine-induced liver failure had 10.1 mmol/L PEG 400 in the CSF ($p > 0.001$) before any evidence of cerebral edema. These changes occur soon after these toxins accumulate in the plasma and may alone or together with other toxins account for the permeability changes that allow neurotoxic substances to enter the brain during hepatic disease and encephalopathies such as Reye's syndrome. (*Pediatr Res* 28: 227-231, 1990)

Abbreviations

CSF, cerebrospinal fluid
PEG, polyethylene glycol
 V_e , elution volume
 V_0 , void volume

Encephalopathy and cerebral edema are CNS manifestations of severe liver dysfunction (1). The symptoms can present acutely, as in Reye's syndrome (2) and acute liver failure (3), or they can evolve gradually during the course of chronic liver injury (4). Although many compounds such as ammonia, FFA, γ -aminobutyric acid, mercaptans, and false neurotransmitters have been proposed as the cause of the altered cerebral function in patients with severe liver dysfunction (5), few studies have

evaluated the mechanism by which such putative toxins could cross the blood-brain and/or blood CSF barriers to gain access to vital cerebral areas (6).

We used PEG 400 as a marker of vascular pore size to quantify small changes in the passive permeability. This product is a mixture of nontoxic homologous oligomers that range in mol wt from 150 to 590 D. Because they are insoluble in lipids, they can be used to measure the intercellular channels that conduct passive water movement. After i.v. infusion of PEG, the spinal fluid can be sampled to determine the quantity and the mean mol wt, and therefore the average size, of molecules that enter the CSF through the cerebrovascular endothelium (7, 8). Our studies were designed to evaluate whether elevated serum levels of several toxins that appear in the serum in the course of liver failure (1) can induce deterioration in cerebrovascular-endothelial or chorioid plexus functions.

MATERIALS AND METHODS

Infusion solutions. All infusion solutions were prepared in 5% dextrose with 0.45% saline. The concentration of PEG 400 (Fisher Chemical Co., Fairlawn, NJ) in the i.v. solution was 400 mM. Lactic acid, ammonium acetate, and sodium octanoate were prepared at various concentrations so that 8 mL/h would deliver the desired number of mol/h. Sodium octanoate was dissolved in dilute NaOH, and the solution was then back-titrated with HCl to a pH of 7.4. Each concentration of toxin was studied individually in a group of test animals. The substances infused were: lactic acid (0.25, 0.5, and 0.75 mmol/kg/h); ammonium acetate (0.25, 0.50, 0.75, 1.25, and 1.50 mmol/kg/h), and sodium octanoate (0.39, 0.58, 0.78, and 1.14 mmol/kg/h). Galactosamine (Sigma Chemical Co., St. Louis, MO) was used to prepare the liver failure control group of animals. It was prepared in normal saline and administered as a 4.25 mmol/kg bolus 40 h before the animals were studied (9).

Animal studies. For each concentration of each toxin, we studied groups of 6-10 New Zealand White rabbits weighing approximately 2 kg. The animals were allowed free access to water and food until the time of the study. A 22-gauge plastic needle (Angiocath, Deseret Co., Sandy, UT) was placed in a vein in each ear. Through one ear vein, PEG 400 in dextrose-saline was infused at 40 mL/h as a 400-mM solution. Through the opposite ear vein, one of the test toxins was infused in an identical solution at a rate of 8 mL/h. After 4 h of infusion, a 1-mL blood sample was obtained via cardiac puncture and the animal was killed with a massive i.v. dose of pentobarbital. The abdomen was quickly opened, and a 30-mL portal venous blood sample was taken for chemical determinations. The liver was promptly removed for tissue analysis and metabolic studies. Mitochondrial studies were performed immediately. The remaining portions of

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the liver were frozen in liquid nitrogen and stored at -70°C for lipid analysis. A cisternal sample of CSF was obtained, and the brain was removed for evaluation of possible edema formation.

Analyses: PEG gas-liquid chromatography. Analysis for PEG oligomers was conducted as previously described (10). Briefly, 30 μL of a 10-g/L solution of diethylene glycol was added to 50 μL of a CSF sample. The mixture was passed over 0.25 mL of a mixed-bed resin (Amberlite MB-3, Mallinckrodt Inc., St. Louis, MO). The effluent was concentrated 10-fold by lyophilization and injected directly onto the gas-liquid chromatograph.

Brain water content. As a measure of cerebral edema, the brain water content was determined by stripping the brain of membranes and major vessels and gently patting the surfaces dry with paper towels. One cerebral hemisphere was weighed, lyophilized, and reweighed. The loss of weight was taken as the brain water content.

Serum chemistries. Alanine aminotransferase (or serum glutamic oxaloacetic transaminase) was analyzed with commercial kits (Sigma Transaminase Kit, Sigma Chemical Co.). Analyses of blood ammonia were performed in our clinical laboratories by a colorimetric technique on the Kodak Ektochem 400 (Eastman Kodak Co., Rochester, NY). Serum osmolarities were determined by freezing-point depression (Advanced Osmometer, Advanced Instruments, Newton Highlands, MA). Blood-gas determinations were made with a blood-gas analyzer (model 175, Corning Medical, Medfield, MA). Tissue samples for light microscopy were preserved in buffered formalin. The specimens for electron microscopy were quickly diced, placed in iced glutaraldehyde, transferred to buffered osmium tetroxide, embedded, and then sliced. Lead-citrate and uranyl-acetate stains were used for examination by electron transmission microscopy.

Mitochondrial studies. To compare these data with studies of Reye's syndrome, mitochondrial respiration and the urea cycle of livers from the experimental animals were evaluated. Liver mitochondria were prepared from fresh tissue. Respiratory control and P/O ratios of the mitochondria were assayed by polarography (11) and citrulline synthesis by an assay detailed previously (11).

Liver lipids. To determine the degree of fatty liver caused by these experimental conditions, tissue total lipids (12) and triglycerides (13) were separated and assayed (14).

Octanol:water partition coefficients. Octanol:water partition coefficients were determined to verify that PEG is primarily a water-soluble molecule. A solution of ^3H -PEG 900 (Amersham, Arlington Heights, IL) was passed over a column (0.7×240 cm) of Biogel P-2, 200–400 mesh (Bio-Rad Laboratories, Richmond, CA) to isolate individual PEG oligomers. The purity of the individual fractions was verified by thin-layer chromatography (15). The pure tritiated oligomers, as well as samples of oligomer mixtures referred to as PEG 200, PEG 900, and PEG 4000, were added to separatory funnels that contained 5 mL distilled water and 5 mL octanol. The funnels were vigorously shaken and allowed to stand until the phases separated completely. Duplicate 1-mL aliquots of the octanol and water layers were counted by conventional scintillation techniques with corrections for quenching by octanol. The individual oligomers tested ranged from 150 to 590 D. The partition coefficients were calculated by dividing the radioactivity in the octanol fraction by the radioactivity in the water fraction.

Effective diffusional radius of PEG oligomers. To understand the membrane pore size that would be penetrated by each individual PEG oligomer, the effective diffusional radius of each individual PEG oligomer was determined. We used the technique of comparing the oligomer's elution volume on a column (0.7×240 cm) of Biogel P-2 (200–400 mesh) with molecules of known size (inulin, cyanocobalamin, raffinose, sucrose, and glucose). The column was packed in 0.02 M ammonium acetate and eluted with the same solvent. V_e and V_0 of the column were determined with both BSA and Hb. The V_e/V_0 ratios were plotted

against the logarithms of the mol wt of the test molecules (16, 17).

Data. Data were analyzed for statistical significance by the paired *t* test. Differences were regarded as significant if $p < 0.05$.

RESULTS

Blood-brain barrier permeability. For the studies evaluating PEG transfer to the CSF and changes in brain water, varying the toxin dose did not create any significant differences, so the data from all of the dosage groups for each toxin were pooled to give the results shown in Table 1. Lactic acid, octanoic acid, and ammonia increased the blood-brain barrier permeability to the PEG 400 oligomers (Table 1). In response to the administration of these toxins, there was an increase in both the mass of PEG and the mean mol wt of the PEG oligomers that entered the CSF. After the 4-h infusion of the toxic substances, the average mol wt of the PEG oligomers in the CSF increased by 13–38% (Table 1). The largest changes were observed in the animals with galactosamine-induced hepatic failure. There was a 1.2- to 2.8-fold increased concentration of PEG in the CSF in each of the study groups (Table 1), whereas the galactosamine-induced liver-failure animals had an 18.5-fold increase over control values.

Clinical illnesses. Small numbers of both experimental and control group animals (three and two, respectively) died during the course of the study. Autopsies did not provide an adequate explanation for these deaths and, therefore, none of the data from these animals are reported. Only the rabbits that received the highest doses of ammonia and the most severely affected galactosamine animals became lethargic during the study period.

Cerebral edema. Cerebral edema, as manifested by an increase in brain water, was not observed in any of the experimental animals. In a separate set of experiments, for internal control purposes (data not reported), we tested the possibility that either the PEG 400 or the glucose in the infusion solutions might, by virtue of the osmoles they contribute to the infusion, partially treat the cerebral edema (18). We infused the animals with lactic acid, ammonia, or octanoic acid in the absence of PEG or in the absence of glucose. The animals in those studies were not significantly sicker (as demonstrated by clinical appearance, serum chemistry values, brain water, or PEG in the CSF) than the animals that received PEG or glucose in their infusion solutions. The serum osmolality of the animals that received no glucose infusions changed very little, suggesting that a significant portion of the serum osmolar change was due to the large glucose infusion.

Serum chemistries. There were no significant changes in serum alanine aminotransferase, pH, bicarbonate content, or PEG concentration in response to the infusion of any of the four toxins. Moreover, the serum osmolarities were similar in all toxin groups preinfusion. The postinfusion serum osmolarities were mildly elevated in the toxin infusion groups and strikingly elevated in the galactosamine group.

Liver morphology and mitochondrial respiration. None of the experimental animals developed an abnormal liver fat content, light microscopic pattern, or mitochondrial respiration pattern. Electron microscopy revealed microvesicular fat deposition in the livers of animals that had received the high-dose (1.14 mmol/kg/h) octanoate infusions.

Molecular sieve chromatography. The V_e/V_0 ratios of the reference molecules, when plotted against the log of their mol wt, gave a straight line. The values for the various PEG oligomers also demonstrated a linear relationship (Fig. 1). By superimposing the two curves, as demonstrated in Figure 2, we can obtain an estimate of the effective diffusional radius for each of the individual PEG oligomer species (Table 2). This estimation allows the calculation of the increment in size between each of the PEG oligomers of 0.4 Å for each additional 44 D in mol wt. The effective diffusional pore size of the blood-brain barrier can then be estimated from the mean mol wt of the PEG oligomers

Table 1. Mean mol wt and concentration of PEG 400 oligomers entering CSF*

	Toxin infused				
	Control	Lactic acid	Octanoic acid	Ammonia	Galactosamine
Mean mol wt (\pm SEM)	257 \pm 8	294 \pm 7‡	291 \pm 9†	306 \pm 6†	355 \pm 15§
Effective pore size (\AA)	7.3 \pm 0.2	8.4 \pm 0.2	8.3 \pm 0.3	8.7 \pm 0.2	10.1 \pm 0.4
PEG mmol/L (\pm SEM)	1.7 \pm 0.5	4.0 \pm 1.0†	4.7 \pm 1.0†	6.7 \pm 0.7§	34.3 \pm 6.7§
Animals (n)	13	15	20	39	6

* Pore sizes were calculated from the mean mol wt values of the PEG oligomers that entered the CSF.

† $p < 0.025$.

‡ $p < 0.005$.

§ $p < 0.001$.

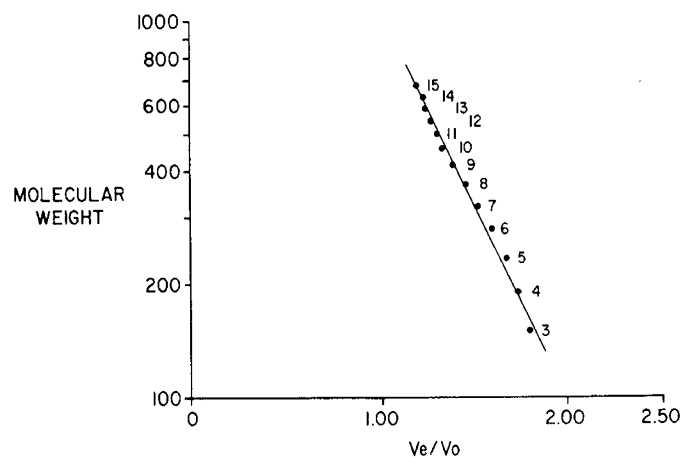


Fig. 1. Diffusion of PEG over gel columns. The diffusion rates of individual PEG oligomers demonstrate a similar rate of change (slope) when compared by mol wt.

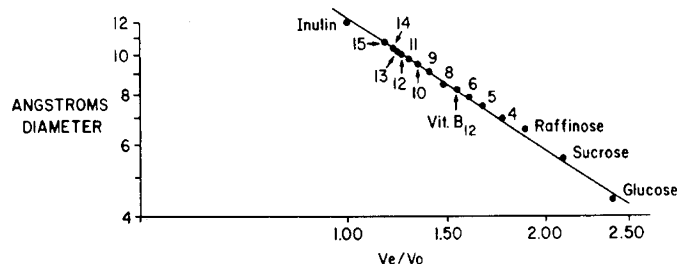


Fig. 2. Effective size (spin radius) of PEG oligomers. Diffusion data of PEG oligomers superimposed upon molecular size: diffusion rate chart of known molecules.

in a sample of CSF. For example, if the mean mol wt of the PEG oligomers in the CSF was 280 D, we would conclude that the effective pore size of the blood-brain barrier was 8 \AA ; each increase of 11 D would suggest an increase of 0.1 \AA in the effective pore size.

Octanol:water ratios. If these ratios for a given set of molecules remain smaller than 0.02, those molecules can be labeled as "water soluble" for the purpose of blood-brain barrier penetration studies. For example, drugs with values smaller than 0.02 do not effectively enter the brain. The octanol:water partition coefficient of PEG oligomer degree of polymerization 3 was less than 0.03, and for the remainder of the oligomers (degree of polymerization 4–10), the coefficients were less than 0.02. Most values clustered between 0.015 and 0.0002. The values for the mixtures were: 0.014 (PEG 200), 0.004 (PEG 900), and 0.00077 (PEG 4000).

DISCUSSION

The intact vascular endothelium of the CNS permits very slow movement of small polar molecules or water into the brain. As

a result, the brain maintains a relatively constant chemical environment in the face of rather extreme variations that can occur in serum chemical values. Both hepatic failure and Reye's syndrome are associated with increased permeability of the blood-brain barrier to toxic substances that can enter the brain tissue. Such compounds are thought to contribute to the syndrome of hepatic encephalopathy and the associated cerebral edema (19). The purpose of our study was to determine whether these endogenous toxins contribute directly to the blood-brain barrier abnormalities observed in hepatic failure.

Zaki *et al.*, using the Oldendorf technique, reported increases in the permeability of the blood-brain barrier in response to challenges with methyl octanoate, mercaptans, phenol, linoleic acid, and bilirubin (6). For this study, we chose as toxins those substances that commonly occur in liver failure for which there are potential therapies. We also selected a dosage that gave serum levels similar to those encountered in hepatic failure. As expected, at this low level of toxin challenges, there was no simple dose-response curve that would suggest a linear relationship between the amount of toxin in the serum and changes in the blood-brain barrier (5). Unlike many previous studies that have measured metabolic effects in animals with advanced illness (20–22), each of these toxins caused increased permeability of the blood-brain barrier at a time when the animals did not yet appear to be severely ill.

The degree of blood-brain barrier changes seen in the animals that received lactic acid, ammonia, or octanoic acid was considerably less than that observed in the galactosamine-treated animals. These individual toxic effects may have been minimal because these challenges were very small, or because their effects were of much shorter duration than the galactosamine injury. An alternative explanation would be that, as with the coma of hepatic encephalopathy, these toxins are not individually responsible for the entire syndrome, but rather they have effects that are additive and/or synergistic (21, 23, 24).

The dramatic changes seen in the passive permeability of the blood-brain barrier in response to these toxins are in agreement

Table 2. Effective diffusional radii of PEG oligomers

Name	DP	Mol wt (D)	Effective size (\AA)
Triethylene glycol	3	150	6.8
Tetraethylene glycol	4	194	7.2
Pentaethylene glycol	5	238	7.6
Hexaethylene glycol	6	282	8.0
Heptaethylene glycol	7	326	8.4
Octaethylene glycol	8	370	8.8
Nonaeethylene glycol	9	414	9.2
Decaethylene glycol	10	458	9.6
Undecaethylene glycol	11	502	10.0
Dodecaethylene glycol	12	546	10.4
Tridecaethylene glycol	13	590	10.8
Tetradecaethylene glycol	14	634	11.2
Pentadecaethylene glycol	15	698	11.6

with the majority of the reports in the literature (19, 20, 22). There is some controversy about the degree of blood-brain barrier effect when only short exposures to experimental probes are used (25). Our study emphasizes the need for prolonging exposure to test toxins and using a sensitive technique such as PEG 400 for evaluating the blood-brain barrier (26). An alternative explanation for the observation of quantifiable permeability changes within 4 h of toxin infusion would be to consider this an effect on the epithelium of the choroid plexus (the blood-cerebrospinal barrier). Although changes in the permeability of the choroid plexus are normally quantified in terms of the movement of larger molecules such as albumin or γ -globulins into the CSF, occasionally the choroid plexus has been reported to be selective for smaller molecules (27). Our study has addressed the question of the ability of toxic substances to open vascular barriers that normally protect the brain. Determining the relative penetration rates of PEG 400 through the blood-brain barrier *versus* the blood-CSF barrier and to what extent each of these avenues contributes to the PEG levels in the CSF will require other study techniques.

PEG 400 was selected as our probe of passive permeability of the blood-brain barrier because it is a mixture of a symmetrical series of homologous oligomers that can be accurately quantified in CSF. It has the added advantage of having very low toxicity when it is given either orally (28, 29) or i.v. for as long as 1 wk (30). Moreover, PEG 400 is rapidly eliminated by the kidneys. Unfortunately, at the time our studies were conducted, the sensitivity of our assay required the administration of relatively large doses of PEG 400 to achieve quantifiable CSF levels. For comparative purposes, our dose of 8.1 mmol (3.25 g)/kg/h is the equivalent on an osmolar basis of 8.1 mmol (1.5 g) of mannitol. As a result of this osmolar effect, PEG administration caused a diuresis that required the administration of large doses of i.v. fluids to keep the animals hydrated. At the conclusion of the 4-h infusion period, both control and test animals had comparable elevations of their serum osmolalities. Such doses of PEG 400 and the resulting elevation in serum osmolalities are less than $\frac{1}{3}$ the values observed when mannitol is used to open the blood-brain barrier artificially (31). Furthermore, the elevated serum osmolality seen in our study had no detrimental effect on the serum or CSF values obtained in the control animals.

The octanol:water partition coefficient of PEG decreases with increasing chain length. This result indicates that long-chain PEG are more polar than their short-chain homologues. Even the shortest polymer evaluated, mol wt 150, had a partition coefficient below 0.03. If the lipid solubility remains below 2% of the water solubility, a molecule is a suitable probe for studies of passive permeability of membranes (32) in both adult and neonatal animals (33).

The effective molecular size of the PEG oligomers was estimated by indirect diffusion studies using molecular sieve chromatography. Because the smaller members of this polymer series are believed to be rigid, straight rods, there is no simple mathematical method to calculate their effective diffusional size. Use of the Stoke-Einstein radius equation, which uses the square root of the mol wt, requires the incorrect assumption of a globular molecular shape (34). Figure 1 demonstrates the linear relationship between the diffusion coefficient of the oligomers and the logarithm of their mol wt. It therefore appears that the PEG oligomers diffuse through the gel bed in a manner comparable to globular-shaped reference molecules that have a greater mol wt. This slower diffusion probably occurs because the linear rod shape of the PEG molecules gives them an effective spin radius comparable to that of heavier globular molecules. Our gel permeation technique allows us to estimate the relative increases in size associated with an increase in the chain length by one ethylene oxide unit of the PEG. The incremental size of 0.4 Å between each oligomer is very close to the expected value for a two-carbon-oxygen unit. Using the mean mol wt of the PEG mixture to estimate the effective pore size of the membrane is a

technique also validated for other chemical series (16). The pore sizes noted by this technique are quite close to the 7–9 Å estimates that Fenstermacher and Johnson (35) have made using other techniques to measure pore size in the blood-brain barrier.

Although the analytical methods for PEG 400 are difficult because they require gas-liquid chromatography, repeated lumbar spinal fluid taps do not require killing the animal for each test. This technique should allow a variety of new studies that evaluate changes in the blood-brain barrier early in the evolution of illness. Our study demonstrates that the passive permeability of the protective cerebrovascular endothelium can be significantly compromised by exposure to as little as 4 h of modestly elevated serum levels of lactic acid, ammonia, or FFA.

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Announcements

Annual Meeting

The 4th annual meeting of the Sociedad Latinoamericana de Endocrinologia Pediatrica (SLEP) will be held November 4-9, 1990 in Recife, Brasil. *For further information, contact:* Secretario General, SLEP, Gallo 1330, 1425 Buenos Aires, Argentina, 54-1-962-4035, FAX: 54-1-962-3762.

Call for Papers

The North American Primary Care Research Group will hold its 19th annual meeting May 22-25, 1991 in Quebec, Canada. Deadline for submission of abstracts and papers is December 14, 1990. Established researchers, new investigators, practicing physicians, residents, and students are invited to submit papers. *Contact* NAPCRG conference secretariat at the Continuing Medical Education Office, Faculty of Medicine, Laval University, Quebec, Canada G1K 7P4, (418) 656-5958, FAX: (418) 656-3442.