

Presence of Acetylated and Shortened Endorphins in Human Fetal Pituitary Gland

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ABSTRACT. A total of 21 human fetal pituitaries was collected from spontaneous abortions (11 cases) or prostaglandin (PG)-induced abortions at the second trimester. Pituitaries were homogenized, fractionated by HPLC, and the fractions were tested by specific RIA for α -endorphin (EP) (β -EP 1-16), γ -EP (β -EP 1-17), β -EP (β -EP 1-31), and their α -N-acetylated derivatives. In the fetal pituitaries collected after spontaneous abortion, the contents of α -EP (23.4 ± 7.5 pmol/mg prot, mean \pm SE) and γ -EP (28.9 ± 9.7) were similar to those of β -EP (28.6 ± 7.4). Both β -EP/ α -EP (1.2 ± 0.3) and β -EP/ γ -EP (1.1 ± 0.3) ratios approached unity. Although 35.7 and 30.2% of α -EP and γ -EP were acetylated, acetyl- β -EP was only 8.4% of the total β -EP immunoreactivity. In the five cases of PG-induced abortion that were more than 20 wk of pregnancy, the pituitary content of β -EP (75.9 ± 21.2) and γ -EP (26.2 ± 7.5) were significantly higher than in samples collected after spontaneous abortion (13.3 ± 8.2 and 5.9 ± 1.8 , respectively, $p < 0.01$). On the contrary, neither α -EP (31.3 ± 5.2), acetyl- α -EP (0.94 ± 0.28), acetyl- γ -EP (0.65 ± 0.07), acetyl- β -EP (0.35 ± 0.05) pituitary contents in PG-induced abortions differed from those measured after spontaneous abortion (α -EP: 25.6 ± 6.6 ; acetyl- α -EP: 0.92 ± 0.41 ; acetyl- γ -EP: 0.82 ± 0.30 ; acetyl- β -EP: 0.96 ± 0.44). In fetal pituitaries collected between the 13th and the 17th wk of pregnancy, no differences were seen comparing PG-induced and spontaneous abortions. These data demonstrate that in the fetal pituitary: 1) β -EP retains its opioid biologic activity because only a small percentage is acetylated, 2) shortened endorphins are quantitatively as important as β -EP, and 3) after mid-gestation, the fetal proopiomelanocortin synthesis or processing may be sensitive to endocrine or environmental stimuli. (*Pediatr Res* 25:652-655, 1989)

Abbreviations

EP, endorphin
Ac, acetyl
PG, prostaglandin

The human fetus at term responds to the stress of delivery by secreting the typical stress hormones derived from proopiomelanocortin, *i.e.* ACTH and β -EP (1-3). Physiologic labor and fetal distress seem to be the main stimulants of β -EP release at birth, and the analgesic properties of the endogenous opioid are supposed to be fundamental in overcoming the moments of

parturition (4-6). Moreover, a significant secretion of β -EP occurs in the neonatal period, both in vaginally delivered babies and in those born by cesarean section in the absence of labor, suggesting that neonatal β -EP secretion is an important factor of extrauterine adaptation (7, 8). Fetal pituitary contains ACTH (9) and β -EP from the early stages of development (10-12), and secretion has been documented *in vitro* after the 20th wk of pregnancy (13). However, the biologic activity of β -EP may change during fetal life because β -EP represents the precursor for smaller peptides, such as α - and γ -endorphins with psychostimulant and neuroleptic-like profiles, respectively (14, 15). Moreover, β -EP may be acetylated at its N-terminus, losing its opioid properties (16). In some mammals, the α -N-acetyltransferase activity is lacking in anterior pituitary and is typical of the neurointermediate lobe (17, 18). This is present in the human fetus but involutes after birth and is normally absent as an anatomically differentiated structure in the adult human pituitary (19).

This study evaluated the possible presence and the gestation-related changes of α -, γ - and β -EP, and of their respective acetylated forms, in fetal pituitaries.

MATERIALS AND METHODS

Tissues. Fetal pituitaries were collected immediately after abortion in 11 cases (five cases between the 13th and the 17th wk and six between the 20th and the 25th wk of pregnancy). Spontaneous abortions were due to oligohydramnios (five cases) or to cervical incompetence (4). In two other cases, hysterotomy for multiple myomas was performed at the 13th and 14th wk of pregnancy. Then 10 additional pituitaries were collected after PG-induced abortion during the second trimester (five cases between the 14th and 17th wk and the others between the 20th and 23th wk of pregnancy). The abortion was performed for suspected rubella infection (four cases) or for psychologic maternal reasons. Only one fetus, however, showed malformations possibly caused by rubella. Repeated injections of the PG derivative 16-phenoxy- ω -tetranor-PGE₂ methylsulphonylamide (Nalador, Schering, FRG; 500 μ g intramuscularly every 4 h) induced uterine contractions similar to those of labor (20). Abortion occurred 8-16 h later.

Peptide separation. After boiling in 0.5 M acetic acid for 10 min, pituitaries were homogenized and the supernatants were submitted to an HPLC fractionation, whereas pellets underwent total protein measurement using phenol reagents.

The HPLC apparatus (Waters Instruments, Inc., Rochester, MN) was equipped with a reverse phase, C-18 μ Bondapak column, 3.9 \times 300 mm, 10- μ m particle size. The elution was carried out in a convex gradient, starting from 18 to 33% acetonitrile in 0.01 N hydrochloric acid in 15 min, followed by a further increase of acetonitrile to 36% in 10 min (Fig. 1, first panel, *dotted line*). Flow rate was adjusted to 1.5 ml/min. After discarding the 1st min of elution, 54 fractions were collected (each 30

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s), dried, redissolved in 1 ml of 0.12 M phosphate buffer, pH 7.4, containing 0.1% BSA and analyzed for peptide immunoreactivities by different RIA. The retention times of the various reference peptides are indicated by *arrows* in Figure 1.

To avoid contamination, the column was washed with 100% acetonitrile at the end of the gradient, and a "blank run" was done after each sample. To evaluate the amount of material possibly sticking on the column, 10 ng each of the peptides was injected and processed as described above. More than 90% of α -EP, γ -EP, β -EP, and acetyl- β -EP were recovered. Then 1 to 3.5% were measured in the blank run, and no detectable amounts of any peptide were measurable by RIA in the next run. This means that the peptide content of one pituitary does not contaminate that of the next pituitary applied to the chromatography. To avoid shadowing of standards in the RIA, the calibration of the column (using 1–2 μ g of reference peptides) was done at the end of sample runs and column washed with diluted nitric acid and methanol. To assess the function of the column in between sample runs, we used 0.2 μ g of Met-Enkephalin, which does not cross-react with the antisera used.

Peptide RIA. Antisera against α -EP (A2) and γ -EP (L2) were supplied by Dr. V. Wiegant (Utrecht, The Netherlands) (22). Anti- α -EP serum reacts 100% with α -EP and less than 1% with both γ -EP and β -EP. Anti- γ -EP serum reacts 100% with γ -EP, 4% with β -EP, and 8% with α -EP. Antiserum against C-terminal β -EP was a generous gift of Prof. C. H. Li (San Francisco, CA). It recognizes 16% of β -LPH and fully reacts with acetylated forms (23). Antiserum against α -N-Ac- β -EP was a gift from Dr. J. Funder (Melbourne, Australia). This serum reacts equally with

Ac- α -EP, Ac- γ -EP, Ac- β -EP 1–27, and Ac- β -EP 1–26, and does not recognize non-acetylated forms (24).

The RIA were performed in 0.3 ml vol; incubations lasted 24 h (with a preincubation of 18 h in the case of β -EP) and were stopped by adding polyethylene glycol 18% carried over with horse serum. For each sample, the concentration of a given peptide is calculated by adding the peak value to those of the two adjacent fractions. If the immunoreactive peak eluted 1 min away of the expected time, the values were not taken into consideration.

RESULTS

Figure 1 reports profiles of immunoreactivity using the different antisera raised against α -EP, γ -EP, β -EP and Ac-endorphins. Significant immunoreactive peaks coeluted in the region where reference peptides eluted, thus demonstrating that α -EP, γ -EP, and their acetylated derivatives were present in the fetal pituitary (Fig. 1). Lower but detectable amounts of Ac- β -EP and Ac- β -EP 1–27 were also demonstrated, whereas no immunoreactivity was found in the region where Ac- β -EP 1–26 elutes. The *dotted arrows* in the bottom panel of Figure 1 refer to the elution time of oxidized forms of Ac- α -EP, Ac- γ -EP, and Ac- β -EP, respectively. Such immunoreactivity possibly due to oxidized forms of ac-endorphins represented less than 5% of the immunoreactivity of the parent peptide.

In fetal pituitaries collected after spontaneous abortion during the whole second trimester, the contents of α -EP (23.4 ± 7.5 pmol/mg prot, mean \pm SE) and γ -EP (28.9 ± 9.7) were similar to those of β -EP (28.6 ± 7.4) (Fig. 2) and both β -EP/ α -EP (1.2 ± 0.3) and β -EP/ γ -EP (1.1 ± 0.3) ratios approached unity. A significant correlation between β -EP and α -EP ($r = 0.76$, $p < 0.01$), and β -EP and γ -EP ($r = 0.61$, $p < 0.05$) was found. Only 8.4% of immunoreactive β -EP was acetylated, whereas both Ac- α -EP and Ac- γ -EP represented 35.7 and 30.2%, respectively, of the total immunoreactivity (Fig. 2). In PG-induced abortions performed after the 20th wk of pregnancy, the pituitary content of β -EP (75.9 ± 21.2) and γ -EP (26.2 ± 7.5), but not of α -EP (31.3 ± 5.2), were significantly higher than in samples collected after spontaneous abortion at the same gestational age (β -EP: 13.3 ± 8.2 , $p < 0.01$; γ -EP: 5.9 ± 1.8 , $p < 0.01$; α -EP: 25.6 ± 6.6) (Fig. 3). On the contrary, neither Ac- α -EP (0.94 ± 0.28), Ac- γ -EP (0.65 ± 0.07), nor Ac- β -EP (0.35 ± 0.09) pituitary contents in PG-induced abortions differed from those measured in spontaneous abortion (0.92 ± 0.41 , 0.82 ± 0.30 , and 0.96 ± 0.44 , respectively) (Fig. 3). However, in fetal pituitaries collected between the 13th and the 17th wk of pregnancy no differences were seen between PG-induced (β -EP: 19.4 ± 3.7 ; α -EP: 16.1 ± 4.1 ; γ -EP: 35.6 ± 14.8 ; Ac- β -EP: 2.45 ± 0.51 ; Ac- α -EP: 11.2 ± 6.5 ; Ac- γ -EP: 15.4 ± 4.2) and spontaneous abortion (β -EP: 39.2

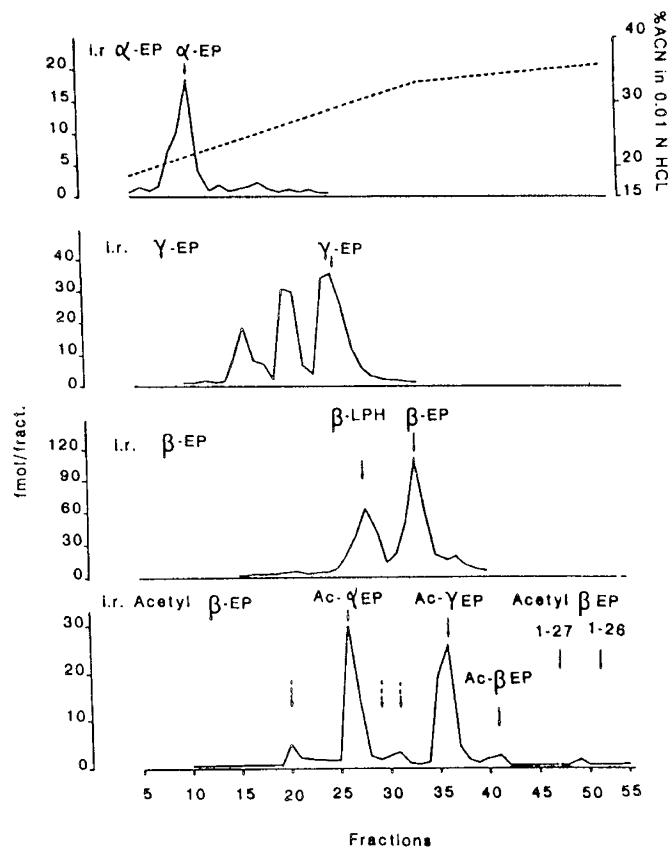


Fig. 1. α -EP, γ -EP, β -EP, and acetyl- β -EP immunoreactivities in a pool of three fetal pituitaries at 20–25th wk of pregnancy, obtained after spontaneous abortion. *Arrows* indicate the retention times of reference peptides. The second peak in panel 2 could probably be referred to a "big" form of γ -EP (1–77 γ -EP) (28). In the last panel, *arrows* with *dotted line* indicate the retention times of the oxidized forms of Ac- α -EP, Ac- γ -EP and Ac- β -EP, respectively.

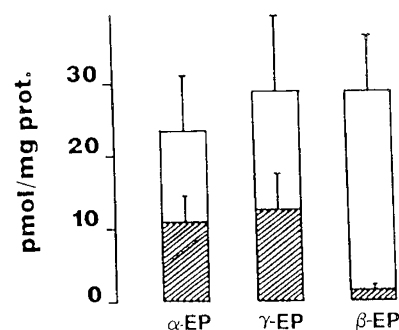


Fig. 2. Pituitary contents (mean \pm SE) of α -EP, γ -EP, and β -EP (*open bars*), and their respective acetylated forms (*shaded bars*) in samples obtained from spontaneous abortion between the 13th and the 25th wk of pregnancy. No significant differences were found between the three endorphins, whereas the contents of Ac- α -EP and Ac- γ -EP are significantly higher than those of Ac- β -EP.

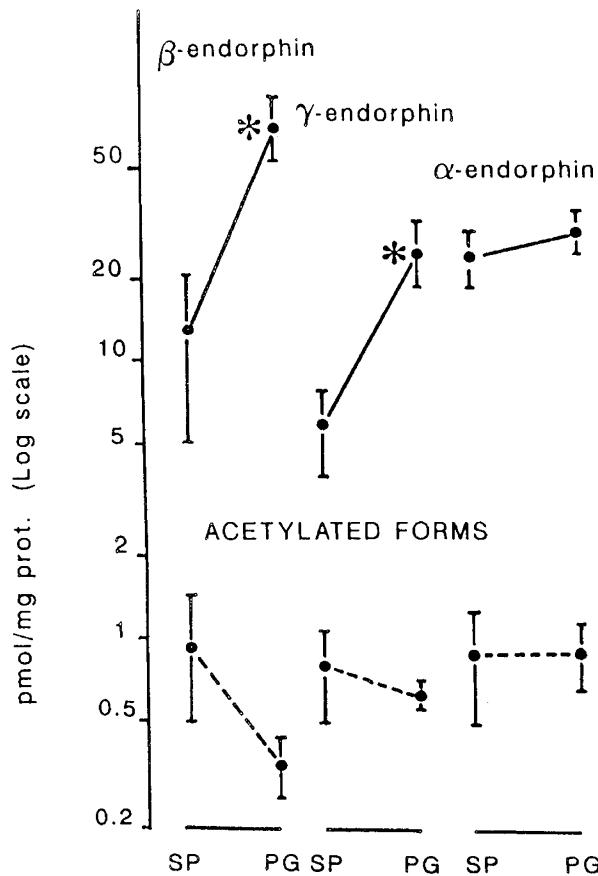


Fig. 3. Pituitary content (mean \pm SE, logarithmic scale) of the different endorphins and their acetylated forms in fetuses delivered after prostaglandin-induced labor (PG) at 20–25th wk of pregnancy compared to those undergoing spontaneous abortion (SP) at the same gestational age. Asterisks indicate a significant difference between PG and SP group ($p < 0.01$).

± 16.0 ; α -EP: 20.1 ± 4.8 ; γ -EP: 42.8 ± 19.1 ; Ac- β -EP: 1.4 ± 0.74 ; Ac- α -EP: 14.2 ± 8.6 ; Ac- γ -EP: 13.9 ± 3.2).

DISCUSSION

These data show that immunoreactive α -EP and γ -EP, and their acetylated derivatives, are present in the human fetal pituitary gland. The presence of β -EP was confirmed (10–12, 25). In the fetuses studied at the different gestational ages, α -EP and γ -EP were present in near equimolar amounts to β -EP. This is consistent with the *in vitro* evidence suggesting that β -EP 1–31 could represent the immediate precursor of α -EP and γ -EP (26). Also in two adult pituitary glands the contents of α -EP and γ -EP were equivalent to those of β -EP (27), and larger peptides containing α -EP and γ -EP sequences at their C-terminus have been proposed as possible precursor molecules (28).

Despite equimolar amounts of the three endorphins in fetal pituitary, Ac- β -EP was one-fourth of Ac- α -EP and Ac- γ -EP. This is qualitatively and quantitatively different from that found in adult whole pituitary glands, where Ac- β -EP is less than 1% of total immunoreactive β -EP, and lower contents of both Ac- α -EP and Ac- γ -EP are found (29). Thus, our observations contribute to understanding the metabolism of proopioidmelanocortin in fetal pituitary (9, 10, 30). Considering that in mammals α -N-acetyltransferase activity is confined to the intermediate lobe (17, 18), we may assume that the significant amount of Ac- α -EP and Ac- γ -EP found in our study would mainly originate from this compartment. This agrees with studies in the adult rat, in which the intermediate lobe is well differentiated and allows an easy dissection from pars distalis (31, 32). However, important differ-

ences in the acetylation pattern of β -EP and α -MSH seem to exist between human and rat pituitary (30, 33).

The lower rate of acetylation of β -EP in comparison to its related shortened peptides in the fetal pituitary could be due either to the existence of different acetylating enzymes (34) or to the effect of dopamine, which selectively increases the acetylation rate of β -EP fragments (35). Moreover, a selective Ac- β -EP release (instead of Ac- α -EP and Ac- γ -EP) might determine the decrease of pituitary content.

Different kinds of endocrine or environmental stimuli induce the anterior (36, 37) and intermediate (38, 39) lobe to synthesize and secrete proopioidmelanocortin-products. The present data showed that pituitary β -EP and γ -EP contents in fetuses obtained after PG-induced abortion were higher than in those collected after spontaneous abortion. Such a difference was only present in fetuses older than 20 wk of gestation, confirming that the mechanisms regulating proopioidmelanocortin secretion or metabolism are active only after mid-gestation (13). Moreover, whether the differences between spontaneous and PG-induced abortion are dependent on a direct PG stimulation of the pituitary remains to be established (40).

In the fetal pituitaries obtained from PG-induced abortions, the content of acetylated endorphins remained unchanged, whereas opiate-active endorphin contents increased. This could be due either to a preferential synthesis of non-acetylated forms or to an increased release. This second possibility seems unlikely in view of the findings obtained in the fetal lamb. In this animal, although Ac- β -EP represents most of the total immunoreactive β -EP circulating in the plasma, only opiate active β -EP was released into the blood stream during experimental hypoxia (41). Furthermore, we recently showed that the injection of PG for inducing abortion at the second trimester increased both maternal plasma and amniotic fluid β -EP and β -lipotropin levels (42).

In summary, these data demonstrate that in the fetal pituitary β -EP is acetylated only to a small extent, mostly retaining its opioid activity. Short-chain endorphins are also contained in the gland either in native and acetylated form. The fetal synthesis or processing of proopioidmelanocortin is sensitive to endocrine or environmental stimuli, but only after mid-gestation.

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