Characteristics and Mechanism of Action of a Heat-Stable Enterotoxin Produced by *Klebsiella pneumoniae* from Infants with Secretory Diarrhea

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ABSTRACT. Escherichia coli heat-stable enterotoxins (ST) are classified into STa and STb according to their physicochemical and biologic characteristics. STa induces diarrhea, activating the guanylate cyclase-cGMP system. ST-like enterotoxins can be produced by bacteria other than E. coli, including Klebsiella pneumoniae. A Klebsiella ST has previously been shown to share some chemical and immunologic characteristics with E. coli ST. Aiming to define better the nature of Klebsiella ST, we have screened 237 children with diarrhea and 179 controls for ST-producing Klebsiella, using the SMA. We detected 26 Klebsiella strains from patients, two of which were positive in the SMA, and 36 from controls, all negative for ST. A partial purification was performed using an acetone precipitation followed by ultrafiltration and gel filtration techniques. Klebsiella toxin was heat-stable, methanol-soluble, sensitive to mercaptoethanol, active at acid pH values, but not at pH >8. The time course of Klebsiella toxin in the SMA resembled that of E. coli STa. Klebsiella ST caused reduced Na absorption and net Cl secretion in rabbit ileal mucosa mounted in Ussing chambers. It was found to increase the cGMP but not the cAMP concentration. Finally, Klebsiella ST did not react with anti-E. coli STa MAb in a competitive ELISA. We conclude that K. pneumoniae may induce diarrhea through the production of an STa similar but not identical to E. coli STa. (Pediatr Res 25:514-518, 1989)

Abbreviations

ST, heat-stable enterotoxin GW/BW ratio, gut wt/body wt ratio Isc, intensity of short circuit current m-s/s-m, mucosa-serosa/serosa mucosa Ji_(m-s), ion flux mucosa-serosa Jr, residual ion flux SMA, suckling mouse assay

ST-producing *Escherichia coli* are among the most common agents of diarrhea in developing countries (1) but have been detected in industrialized countries as well (2). The pathophysiology of the diarrhea induced by ST has been extensively investigated. It is the result of a multistep process involving the binding of the toxin to receptors located on the brush border (3, 4), the activation of the guanylate cyclase-cGMP system (5), and the induction of anion and water secretion (6).

Received August 1, 1988; accepted December 14, 1988.

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It is now becoming clear that ST enterotoxins are elaborated not only by *E. coli* strains but also by other bacteria. We recently described the physicochemical properties of an *E. coli* ST-like enterotoxin produced by *Citrobacter freundii* and found that it cross-reacted with MAb raised against pure *E. coli* ST (7). Klipstein *et al.* have investigated the biochemical (8) and immunologic (9) properties of an ST produced by *Klebsiella pneumoniae* and found it similar to the ST produced by *E. coli*.

Aiming to define better the nature and the characteristics of Klebsiella ST, we have systematically searched for Klebsiella in the stools of children with diarrhea. Two SMA-positive strains of *K. pneumoniae* have been isolated from two infants with diarrhea. In this report, we describe our studies of the physicochemical characteristics, the mechanism of action, and the lack of cross-reactivity of *K. pneumoniae* enterotoxic activity with anti-*E. coli* ST MAb.

MATERIALS AND METHODS

Patients and controls. Patients were 237 children (mean age 20 mo, range 0-10 y), admitted to our Unit because of acute (lasting <14 d) diarrhea. Children known to have received antibiotics were excluded from the study. Controls were 179 children matched for age, seen as inpatien's or outpatients, but without gastrointestinal problems.

Isolation and identification of enteric pathogens. In all study subjects, a systematic search for enteric pathogens was made as previously described (7). Isolates were defined as *Klebsiella* spp. by a multitest system (API 20 E, Ayerst Italiana).

Detection and partial purification of enterotoxic activity. ST. production was tested on five different colonies of *Klebsiella* from each specimen. *K. pneumoniae* was grown in Casamino acid-yeast extract media for 18 h at 37°C in a shaker incubator. The culture was then centrifuged and the supernatant tested in the SMA according to the method of Giannella (10). A GW/BW ratio >0.083 was considered positive. *E. coli* strain 214 C1, STpositive LT-negative, obtained by Dr. Caprioli (Istituto Superiore di Sanitá, Rome), was used as a positive control for the production of ST.

Preparation of a partially purified extract was performed as described by Klipstein and Engert (8), with minor modifications. Briefly, *K. pneumoniae* strain AL55, isolated from the first patient described under "Case reports" in the "Results," positive in the SMA, was grown in trypticase soy broth for 18 h at 37°C in stationary aerobiosis. The culture was then centrifuged at $35\ 000 \times g$, and the supernatant was filtered through a 0.45- μ m pore-size membrane and precipitated by the addition of 8 vol of acetone. The precipitate, dried and redissolved in water, was sequentially filtered through ultrafiltration membranes (PM-10 and UM-2; Amicon corp, Lexington, MA). This material was then lyophilized and stored at -20° C until used. Since the

maximal enterotoxic activity was associated with the UM-2 fraction, this material was subjected to further purification by gel filtration. A 2.5- \times 80-cm column was packed with Sephadex G-25 Superfine (Pharmacia Fine Chemicals SpA, Milan, Italy) and equilibrated with 0.02-M ammonium bicarbonate, pH 7.8, at 4°C. The void vol and the salt vol were determined using Dextran Blue 2000 (Pharmacia) and NaCl. Aliquots (100-150 mg) of lyophilized material from the UM-2 retentate were redissolved in 2 mL of the same buffer and eluted from the gel at 4°C at 24 mL/h. Fractions of 5 mL were collected, monitored by absorbance at 280 nm for protein content, and every third fraction was assayed for total hexose content by the anthrone reaction, using mannose as the standard. Spectrophotometric measurements were performed by a Hitachi Perkin-Elmer spectrophotometer model 139 (Perkin-Elmer Italiana SpA, Monza, Italy). Since the maximal secretory activity was associated with the void vol, these fractions were pooled, lyophilized, and stored at -20°C until used. Protein concentration was determined by the Lowry method (11).

Physicochemical and biologic characterization. The following characteristics were examined: heat-stability, methanol-solubility, pH effect, effect of the reducing agents 2-mercaptoethanol and dithiothreitol. The time course of K. pneumoniae enterotoxic activity was determined in the SMA. Details of these methods have been described (7).

Immunologic studies. Culture supernatant fluids from K. pneumoniae SMA-positive strains were tested using an ELISA method, as described by Thompson *et al.* (12). We used anti-ST MAb 20C1B8 prepared against ST from E. coli strain 18 D (13) at a final dilution of 1:160 of 2 μ g/mL stock solution. An 8point standard curve with pure E. coli STa (25–1000 pg/well) was included in each plate. In the ELISA, 5- μ L of culture supernatant of Klebsiella strains as well as of E. coli 214 Cl were used. Each test was performed in duplicate, but it was repeated five times on SMA-positive Klebsiella strains.

Short circuit current and ion flux measurements. New Zealand white rabbits older than 4 mo were used. Animals were killed by cervical dislocation; a 15-cm segment of distal ileum was taken and sectioned along the mesenteric insertion. After rinsing, the piece was placed in ice-cold Ringer's solution (53-mM NaCl, 5-mM KCl, 30.5-mM Na₂SO₄, 30.5-mM mannitol, 1.69-mM Na₂PO₄, 0.3-mM NaHPO₄, 1.25-mM CaCl₂, 1.10-mM MgCl₂, 25-mM NaHCO₃), which was constantly bubbled with 95% O₂, 5% CO₂.

The serosal and muscle layers were removed as previously described, and four pieces of stripped ileum were mounted in Ussing chambers (14). Transepithelial electrical potential difference, total electric conductance, and Isc were determined as previously described (14, 15). Unidirectional transepithelial fluxes (J) of Na and Cl from mucosa to serosa (m-s) and from serosa to mucosa (s-m) were measured in tissues matched on the basis of total electric conductance under short circuit conditions, using ²²Na and ³⁶Cl as previously described (14, 15). The net fluxes of Na and Cl were calculated as the difference between the two unidirectional fluxes (Ji net = $Ji_{m-s} - Ji_{s-m}$). A Ji net different from 0 represents active transport of ion. The Jr net, calculated as Isc-(JNa net + JCl net), is assumed to represent HCO₃⁻ secretion (14, 15).

Cyclic nucleotide measurements. These determinations were performed as described by Harper and Brooker (16). Briefly, three pieces of intestinal mucosa were placed in 25-mL Erlenmeyer flasks containing 3 mL of Ringer's solution and gassed with 5% CO₂. After 20 min of equilibration at 37°C in a water bath, toxin was added, and after 1 min the pieces were removed and immediately placed in 5% ice-cold trichloroacetic acid containing 4 nCi of [³H]cAMP or [³H]cGMP. Tissues were homogenized and centrifuged at 3 000 × g for 15 min. The supernatants were taken and trichloroacetic acid was extracted four times with aqueous diethyl ether 1:9 (vol:vol) and evaporated to dryness at 70°C in a water bath. The dried residues were redissolved in 0.6 mL of 100-mM sodium acetate buffer, pH 6.2, and cAMP or cGMP, determined by a RIA, as previously described (15). Results are expressed as pmol of cyclic nucleotide/mg protein. Statistical analysis was performed by the *t* test. [³H]cGMP, [³H]cAMP, ²²NaCl and Na³⁶Cl were purchased from Amersham (Buckinghamshire, England). Lyophilized cAMP and cGMP antibodies were obtained from Beckton-Dickinson (Orangeburg, NY). MAb 20C1B8 were a generous gift of Dr R. Giannella (Cincinnati, OH). All chemicals were of reagent grade.

RESULTS

Twenty-six strains of Klebsiella (15 K. pneumoniae, 11 Klebsiella oxytoca) were isolated from the 237 patients (11%), and 36 strains (22 K. pneumoniae, 14 K. oxytoca) were isolated from the 179 controls (20%). Two strains of K. pneumoniae, both isolated from patients, showed positivity in the SMA.

Case reports. An infant 45 d of age was admitted to our Unit because of acute-onset, watery diarrhea. The patient had severe dehydration and metabolic acidosis and required intravenous administration of a glucose saline solution. Fecal excretion was 65 mL/kg/d; fecal osmolality was 280 mo/sm/L, fecal Na and K were 46 and 75 mEq/L, respectively and the osmolal gap was 36. Stool examination resulted in the isolation of a SMA-positive K. pneumoniae strain (API code 5254773). No other enteric pathogens were detected. The patient received chlorpromazine, which was successful in reducing the fecal output to a vol ~25% that at admission. She was discharged after 15 d in good general condition.

The other patient harboring an SMA-positive K. pneumoniae strain was a 16-mo old female. Clinical and laboratory features were similar to the case reported above. The overall clinical picture was slightly milder, probably because the patient was older.

Enterotoxic activity. Culture supernatant of K. pneumoniae strain AL55 showed a positive result in the SMA with a GW/ BW ratio of 0.165. The positive control (E. coli 214 Cl) had a ratio of 0.131.

The UM-2 retentate, lyophilized and redissolved in water to a concentration of 10 mg protein/mL had a GW/BW ratio of 0.113. The negative control was <0.080. In the same set of experiments, the UM-2 ultrafiltrate gave a GW/BW ratio of 0.100. Maximal ST activity of the gel filtration fractions was associated with the void vol. These fractions were pooled, lyophilized, and stored at -20° C until further use.

Major physicochemical characteristics. These were all determined using the SMA. The characteristics of Klebsiella enterotoxin are listed in Table 1, together with those of *E. coli* and *C. freundii* ST for comparison. The biologic activity of K. pneumoniae enterotoxin was not affected by heating at 60°C for 60 min or 100°C for 10 min, as indicated by the positivity of the

 Table 1. Physicochemical, biologic, and immunologic

 characteristics of K. pneumoniae enterotoxin in comparison

 with E. coli and C. freundii STa

	K. pneumoniae	C. freundii	E. coli
Mol wt	2 000-10 000	2 000	1 972
Heat-stability	+	+	+
pH inactivation	>8	>8	>8
2-mercaptoethanol	+	+	+
Inactivation			
Methanol-solubility	+	+	+
Peak of activity	3	3-4	2-4
In the SMA (h)			
Activity in 18 h	-	_	_
Rabbit ileal loop assay			
Reactivity with	_	+	+
Anti-E. coli antibodies			

SMA. Maximal activity was found at a pH range of 5–7. Enterotoxic activity disappeared at pH values >8. Enterotoxic activity was present only in the methanol-soluble fraction. Chemical reduction with 2-mercaptoethanol or dithiothreitol abolished the biologic activity of K. pneumoniae enterotoxin.

Biologic activity. The time course of secretion induced by culture supernatant of K. pneumoniae is shown in Figure 1. K. pneumoniae ST had a rapid effect, similar to E. coli ST. Compared to E. coli ST, it was hypertoxigenic, as shown by the very briefer duration than that of E. coli ST. K. pneumoniae toxin was inactive in the 18 h rabbit ileal loop assay for heat-labile enterotoxin detection.

Interaction with anti-E. coli ST MAb. Culture supernatants of enterotoxic K. pneumoniae did not react with anti-E. coli ST MAb, whereas E. coli 214 C1 and C. freundii ST-positive culture supernatants were positive.

Effects on short circuit current and on net transepithelial fluxes of Na and Cl. The addition of increasing doses of fractions from the void vol of the Sephadex G-25 column to the mucosal side of rabbit ileal mucosa, mounted in Ussing chambers, resulted in a dose-dependent increase of Isc (Fig. 2). This response was





Fig. 1. Time course of enterotoxic activity of *K. pneumoniae* ST and of *E. coli* 214 Cl ST. The culture supernatants of *K. pneumoniae* and of *E. coli* 214 Cl (0.1 mL) were injected into a mouse. The animals were killed at various times, and the GW/BW ratio was determined. A GW/BW ratio greater than 0.083 was considered positive. Each point represents the mean of three separate experiments.



Fig. 2. Effect of Klebsiella ST on short circuit current (*Isc*) in rabbit ileal mucosa mounted in Ussing chambers. The mucosal addition of increasing concentrations of Klebsiella ST induced a rapid dose-dependent increase in Isc. Results are means \pm SEM of four different experiments.

extremely rapid, starting within a few seconds after the addition of the toxin, and showed a slow trend to saturation. In further experiments, we have used our preparation at the concentration of 0.4 mg/mL of this enterotoxin preparation. This concentration was chosen because it induced an almost maximal increase of Isc of about 60 μ AMP/cm².

To investigate the effects of *K. pneumoniae* enterotoxin on ion transport, we have measured transepithelial bidirectional steady state fluxes of Na and Cl across short circuited ileal mucosa before (period 1) and 10 min after (period 2) mucosal addition of 0.4 mg/mL of the enterotoxin preparation. Results are given in Fig. 3. Klebsiella ST addition resulted in an inhibition of Na and Cl unidirectional m-s flux of the same magnitude (about 2 μ Eq/cm²·h), with a concomitant increase in Cl unidirectional s-m flux of approximately 1.5 μ Eq/cm²·h. Such alterations result in significant changes in the corresponding ion net fluxes: Na net transport is abolished and Cl net absorption is reversed to secretion after the toxin addition. Such changes are similar, both qualitatively and quantitatively, to those seen after the addition of *E. coli* ST (6).

Effects on intracellular concentration of cAMP and cGMP (Fig. 4). K. pneumoniae enterotoxin induced a prompt increase in cGMP concentration from 0.63 ± 0.08 pmol/mg protein in the controls to 1.41 ± 0.33 and to 1.62 ± 0.15 pmol/mg protein upon the addition of 2 and 10 mg/mL of the toxin, respectively (p < 0.05). There were no differences between the concentrations of cAMP under control conditions and after the addition of partially purified toxin at the concentration of 2 mg/mL and 10 mg/mL.

DISCUSSION

E. coli ST are classified into two groups, STa and STb, on the basis of physicochemical and biologic characteristics (17). STa has been purified and sequenced, and is clearly pathogenic for man; less is presently known about STb.

Bacteria other than *E. coli*, such as *C. freundii* (18), *Yersinia* enterocolitica (19), and Vibrio cholerae non-01 (20) have also been shown to produce STa-like enterotoxins with segments of amino acid sequences identical to those of *E. coli* STa.

It is now clear that STa is a family of small peptides, whose amino acid sequence is peculiar in that it has six cysteine residues forming three disulfide bridges. The bridges act to stabilize the tertiary structure, are responsible for the physicochemical characteristics of the molecules, and are required for biologic activity (21). Different ST have a highly homologous core, which includes the six cysteine residues, but may contain some differences in the amino acid sequence.

Strains of *K. pneumoniae* producing enterotoxins have been occasionally reported (22, 23). Klipstein and Engert (8) described an enterotoxin produced by *K. pneumoniae*, which was heat-stable and active when perfused in the rat jejunum. The estimated mol wt of the partially purified toxin was 5 000. Subsequently, Klipstein *et al.* (9) purified a *K. pneumoniae* ST using the same procedure developed to purify *E. coli* ST. They found that this toxin showed immunologic cross-reactivity to *E. coli* ST and was equipotent to *E. coli* ST in the SMA (9). The investigators stated that the relationship between the two *K. pneumoniae* toxins described by them was unknown (9).

We have isolated two ST-producing *K. pneumoniae* strains from two children with acute diarrhea. In the cases described, the clinical and laboratory features, namely the fecal osmolal gap, were consistent with a secretory diarrhea (24). The beneficial response to chlorpromazine, a potent antisecretory drug, further supports this assumption. The physicochemical and biologic characteristics of *K. pneumoniae* ST closely resemble those of *E. coli* STa (17). In fact *K. pneumoniae* ST is heat-stable, methanolsoluble, mercaptoethanol-sensitive, active in the SMA, but inactive in the 18-h ileal loop assay. The pH pattern is also similar to that described for STa toxins (25, 26). Furthermore, the



Fig. 3. Effect of Klebsiella ST on unidirectional transepithelial electrolyte fluxes in rabbit ileal mucosa mounted in Ussing chambers. *Open bars* refer to period 1, baseline fluxes; closed bars to period 2, fluxes measured in the same tissues after addition of the toxin (0.4 mg/mL) to the mucosal side. Values represent means \pm SEM for five rabbits. \star , statistically significant (p < 0.05) changes.



Fig. 4. Effect of Klebsiella ST (2 and 10 mg) on cAMP and cGMP concentrations in rabbit ileal mucosa. Results are means \pm SEM of four different animals.

estimated mol wt is in the range of that reported for similarly prepared *E. coli* STa (20).

Interestingly, the time course of the *K. pneumoniae* ST-induced effect was markedly different from that of *E. coli* STa, *i.e.* being more potent and of shorter duration. Another clear difference with *E. coli* STa is the absence of reactivity of Klebsiella ST with specific anti-*E. coli* STa MAb. This suggests a difference in the amino acid sequence, at least in the epitope recognized by the antibody used. Klipstein *et al.* reported an immunologic relationship between their *K. pneumoniae* ST and *E. coli* STa (9). This apparent conflicting finding can result either from differences in the antibodies used or from differences in the amino acid sequences of the ST produced by the two *K. pneumoniae* strains.

Even though differences in the sequence might be real, the mechanism of action of K. pneumoniae ST is identical to that of E. coli ST, as proven by the effects on Isc, ion fluxes, and on cyclic nucleotides. The effects on Isc are in every way similar to that described for E. coli ST, being prompt, dose-dependent, with only a partial trend toward saturation (5). K. pneumoniae

ST affects electrolyte transport both by reducing Na absorption and inducing a net Cl secretion. The latter is quantitatively the major effect. Residual ion flux, representing bicarbonate transport, was not significantly altered.

Just as for *E. coli* ST (6), the effects on electrolyte transport of *K. pneumoniae* ST are related to the induced increase in cGMP, whereas no effect was observed on cAMP. The effect of *E. coli* ST on cGMP has been recently studied in a human-derived colonic cell line and has been shown to be coupled to the binding of the toxin to receptors located on the luminal side of the intestinal mucosa (27). We can therefore assume that *K. pneumoniae* ST exerts its effects through the identical multistep mechanism of action of *E. coli* STa.

In conclusion: *K. pneumoniae* may induce diarrhea by the production of an ST; this ST is an STa on the basis of its physicochemical and biologic characteristics. The mechanism of action is the same as of *E. coli* STa. Its amino acid sequence may be different from *E. coli* STa, as suggested by the lack of cross-reactivity with the MAb to *E. coli* STa.

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