# Diminished Polymorphonuclear Leukocyte Adherence and Chemotaxis following Protein-Calorie Malnutrition in Newborn Rats

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ABSTRACT. Recent advances in neonatal care have permitted the survival of very low birth weight infants who are difficult to nourish, and ultimately develop clinical and biochemical signs of malnutrition. These infants may be at greater risk for nosocomial infection than normally nourished hosts. We have compared neutrophil adherence and chemotactic responses in a newborn rat model of proteincalorie malnutrition. Wistar rats at 14 days gestation received either a normal (24% protein) or isocaloric (2.5% protein) diet. On day 5, rat pups were divided into three groups: 1) pups allowed to nurse on their own dam (normal); 2) normally nourished pups foster nursed onto a malnourished mother (depleted); or 3) malnourished pups foster nursed to a normal dam (repleted). Granulocytes from depleted pups demonstrated significantly diminished adherence and chemotaxis when compared to normal or repleted pups. Thus, abnormalities of neutrophil function in malnourished newborn rats may contribute to increased susceptibility to bacterial infection. (Pediatr Res 21: 542-546, 1987)

#### Abbreviations

PMN, polymorphonuclear leukocyte FMLP, N-formyl methionyl leucyl phenylalanine HBSS, Hanks' balanced salt solution PBS, phosphate-buffered saline DMSO, dimethylsulfoxide IP, intraperitoneally

Infection during the newborn period remains an important cause of morbidity and mortality, despite increasing sophistication in infant intensive care and the use of broad-spectrum antimicrobial agents (1–4). Most neonatal bacterial infections occur within the 1st wk of life as a result of exposure to maternal genital microorganisms during the intrapartum period (5–7). During the last decade, however, improved neonatal care has permitted the survival of a population of very low birth weight infants, who require hospitalization for extended periods of time and who are at increased risk for nosocomial infection (8, 9). These tiny babies have unique problems and are often quite

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Supported by Public Health Service Grants 1 Ro1-HL-27068 and 1 PO1 NS-17752 from the National Institutes of Health and the Biomedical Research Support Fund, The Children's Hospital of Philadelphia. difficult to nourish because of systemic illnesses such as respiratory distress syndrome or gastrointestinal tract immaturity. Many babies ultimately develop clinical and biochemical signs of malnutrition. Malnutrition during the immediate postnatal period may further compromise an already inadequate immune system and alter host susceptibility to infection (10, 11). Previous investigations have demonstrated abnormalities of both phagocyte and lymphocyte functions in older children with kwashiorkor (12). However, the effects of early postnatal malnutrition on polymorphonuclear leukocyte function have not been studied.

The purpose of this study is to compare granulocyte adherence and chemotactic responses to FMLP in a newborn rat model of protein-calorie malnutrition. We have investigated the effects of postnatal nutritional depletion and repletion on neutrophil function in newborn rats.

## METHODS

Study population. Pregnant Wistar rats (Charles River Breeding Laboratories, Wilmington, MA) at 14 days gestation were divided into two experimental groups to receive either a standard 24% protein diet (Purina Laboratory Chow, no. 5001, Purina, St. Louis, MO) or an isocaloric 2.5% protein diet (Ziegler Brothers, Gardners, PA). After 21 days gestation the mothers on the restricted diet delivered pups that were small for gestational age when compared to normally nourished pups. Rat pups were then divided into three groups on the 5th day of life: 1) pups allowed to nurse on their own dam (normal, n = 9 groups); 2) normally nourished pups foster nursed onto a surrogate malnourished mother (depleted, n = 7 groups); or 3) malnourished pups foster nursed to a normal lactating dam (repleted, n = 20 groups) (Fig. 1) (13). All pups were weighed every 3 days and sacrificed on day 21, prior to weaning from their respective dams. All pups were free from obvious infection at the time of study. Litters were adjusted for a maximal size of 12 animals. Pups malnourished both in utero and during the postnatal period did not live beyond 7 days and were not studied.

To obtain sufficient cells ( $3 \times 10^6$  PMNs) for functional assays, blood from rat pups in a single litter was pooled at the time of sacrifice. Therefore, the number of groups cited above refers to the number of rat experiments using pooled blood from the animals, *e.g.* the nine normal pup groups refer to nine experiments performed on approximately 50 animals. In the normally nourished or repleted pups, five to six rats yielded 8–9 ml whole blood. In the depleted rat pup group an entire litter (10–12 pups) was sacrificed to obtain sufficient cells for each experiment. Malnourished adult rats (n = 9) were studied following 4 wk of protein-calorie malnutrition and were compared to normally nourished adult rat controls (n = 14). In each experiment PMNs



Fig. 1. Flow diagram of experimental design.

from rats were studied simultaneously with cells from an adult human control.

Preparation of rat PMNs. Following the intraperitoneal administration of 1 mg/kg pentobarbital, rats were bled by axillary slash, and blood collected into heparinized tubes. PMNs were separated on Ficoll-Hypaque gradients (Pharmacia Fine Chemicals, Piscataway, NJ) at  $800 \times g$  for 45 min at room temperature. After centrifugation the medium, leukocyte interface and Ficoll-Hypaque layer of the gradient were suctioned off leaving the neutrophil-red cell pellet. To lyse contaminating red blood cells, 36 ml ice cold distilled water were added, the tube inverted for 30 sec and 4 ml 10× HBSS without Ca, Mg added to the tube. The pellet containing PMNs was removed and washed twice in HBSS with 15 mM Hepes at 400 × g at 4° C for 10 min. Cells were counted in 2% acetic acid and trypan blue and suspended to 1 × 10<sup>6</sup> PMNs/ml. Cells suspensions characteristically contained greater than 95% viable PMNs.

Neutrophil adherence. Neutrophil adherence was determined in the resting state and following single (10 nM) or sequential (5 nM, 10 nM) FMLP (Sigma, St. Louis, MO) stimulation for 10 min at 37° C (14).  $2 \times 10^5$  PMNs in 200 µl of PBS were incubated on 15 mm diameter glass coverslips at 37° C for 10, 20, and 30 min (15). Coverslips were then washed and stained with Diffquick (Dade Diagnostics Inc., Aquada, Puerto Rico). The number of adherent PMNs on 10 random, but representative areas, was calculated using a 10-mm square grid. Duplicate coverslips were counted blindly at each time point.

Neutrophil chemotaxis. Chemotaxis of freshly isolated PMNs was evaluated using a modified Boyden technique with blindwell chambers (Neuroprobe Inc., Bethesda, MD), 5 µ micropore (polycarbonate/no PVP) filters (Millipore Corp., Bedford, MA), and FMLP as the chemoattractant. FMLP was dissolved in DMSO to an initial concentration of 0.01 M and further diluted in PBS to form solutions of  $10^{-4}$  to  $0.5 \times 10^{-8}$  M. Twenty-five  $\mu$ l of FMLP or PBS control was placed in the bottom chamber of each chemodevice. A chemotaxis filter was placed over the lower chamber and incubated for 10 min at 37°  $\overline{C}$ . Fifty  $\mu l$  of the PMN suspension (2.5  $\times$  10<sup>4</sup> PMNs) were then placed into the upper chamber and the entire device incubated for 45 min at 37° C in a humidified environment. Following chemotactic incubations, chambers were routinely examined to assure that neutrophils had not migrated through the filters into the bottom wells. The filters were removed, stained, mounted, and the number of migrating PMNs counted using a 10-mm square grid. Each FMLP concentration was assigned triplicate wells, and five random areas were counted per well. The percent migration was

determined as:

% migration = [cells FMLP - cells control]  
 
$$\times \left[ \frac{128 \text{ (area factor)}}{2.5 \times 10^4 \text{ cells/well}} \right] \times 100$$

*Nutritional assessments.* Immediately prior to sacrifice on day 21, serum samples were obtained from neonatal and adult rats for measurement of albumin and fibronectin.

Albumin assay. Albumin concentrations were determined in rat serum (diluted 1:5) by standard nephelometry technique (16) with a reference curve ranging from 0.1-2.5 mg/dl.

*Fibronectin assay.* Fibronectin concentrations were determined by a competitive ELISA previously described in our laboratory (17).

Milk collection. Rat breast milk was collected on day 21, 4 h after lactating dams were separated from their offspring (18). Sixteen units/kg of oxytocin were injected IP 5 min after pentobarbital (30 mg/kg) had been administered IP. Two minutes later, milk was collected by gently stroking the dam's breasts. Milk samples were frozen at  $-70^{\circ}$  C, and total protein concentration was measured by the method of Lowry *et al.* (19) with bovine serum albumin as the standard control.

Statistics. Data from both immunologic and nutritional assays were analyzed using two-way repeated measures analysis of variance, and Student's two tailed independent t test. Statistics were performed on the normally nourished, repleted, and depleted rat pups with n being the number of pup groups or experiments performed.

#### RESULTS

Anthropometric data. As shown in Figure 2, pregnant female rats fed a 2.5% protein diet from day 14 of gestation delivered a population of newborn pups that were small for gestational age  $(4.7 \pm 1.1 \text{ g})$  (mean  $\pm$  SEM) versus normal pups  $(8.0 \pm 0.3 \text{ g})$ . Foster nursing of normal pups on malnourished mothers (depleted rat group) produced animals whose mean weight at 3 wk of age  $(13.8 \pm 4.4 \text{ g})$  was significantly less than normal  $(37.8 \pm$ 1.2 g) or repleted  $(34.6 \pm 5.3 \text{ g})$  animals (p < 0.001). In addition, daily weight gain over the 3-wk period was significantly greater for the normal  $(1.7 \pm 0.2 \text{ g/day})$  and repleted pups  $(1.8 \pm 0.4 \text{ g/}$ day) when compared to the depleted rat pup group  $(0.1 \pm 0.1 \text{ g/}$ day) (p < 0.001). There was no significant difference in velocity of growth or mean weight at 21 days for the repleted or normal rat pups.



Fig. 2. Postnatal growth of baby rats (mean  $\pm$  SEM) depleted, repleted, and normal pups.

Neutrophil adherence. PMNs from depleted rat pups demonstrated significantly diminished adherence when compared to normal or repleted pups at 10, 20, and 30 min (Table 1). Neutrophils from repleted pups demonstrated intermediate adherence values. There were no significant differences in PMN adherence between malnourished and normally nourished adult rats at the time points examined. Furthermore, single or sequential FMLP stimulation did not increase the adherence of neutrophils from depleted, repleted, or normal pups or healthy adult controls (data not shown).

*Neutrophil chemotaxis.* PMNs from adult and baby rats responded to FMLP in a linear fashion with maximal chemotactic response at  $10^{-4}$  M FMLP. In contrast, granulocytes from human adults demonstrated maximal chemotaxis at  $10^{-7}$  M FMLP (data not shown).

PMNs from depleted rat pups demonstrated significantly diminished chemotaxis when compared to normal or repleted pups at  $10^{-5}$ ,  $10^{-6}$ ,  $0.5 \times 10^{-6}$ , and  $10^{-8}$  M FMLP (p < 0.05) (Fig. 3). There were no significant differences in PMN motility between normal and repleted pups, except at  $0.5 \times 10^{-6}$  M FMLP (p < 0.02). In addition, the chemotactic responses of PMNs from malnourished or normally nourished adult rats were not significantly different (data not shown) (p = NS). Random motility of PMNs was unaffected by nutritional status among the malnourished or normally nourished adult or pup groups.

Nutritional assessments. Serum albumin concentrations were significantly lower in depleted rat pups, when compared to normal and repleted pups at 21 days of age (Table 2). Repleted pups demonstrated intermediate albumin values, which were significantly greater than depleted pups and less than normal pups. There were no significant differences in serum albumin between malnourished and normally nourished adult rats. At 21 days of age, serum fibronectin values were not significantly different among depleted, repleted, and normal rat pups. Normally nourished adult rats, however, demonstrated serum fibronectin values that were significantly greater than malnourished adult rats. There was no significant difference in breast milk protein concentrations from malnourished mothers when compared to normally nourished dams (Table 2).

Table 1. Neutrophil adherence ( $\times 10^5$  PMNs) (mean  $\pm$  SEM)

	10 min	20 min	30 min
Depleted baby rats	$0.42 \pm 0.04^{*}$	$0.37 \pm 0.04^*$	$0.44 \pm 0.06*$
Repleted baby rats	$0.71 \pm 0.10$	$0.69 \pm 0.08$	$0.72 \pm 0.04$
Normal baby rats	$0.94 \pm 0.06$	$0.98 \pm 0.06$	$1.05 \pm 0.06$
Malnourished adult rats	$0.93 \pm 0.13$	$1.02 \pm 0.09$	$1.14 \pm 0.11$
Normal adult rats	$1.18 \pm 0.10$	$1.18 \pm 0.07$	$1.22 \pm 0.06$

\* p < 0.05 depleted versus normal or repleted baby rats. p = NS repleted versus normal baby rats and malnourished versus normal adult rats.



Fig. 3. Neutrophil chemotaxis (mean  $\pm$  SEM) depleted, repleted, and normal pups.

Table 2. Nutritiona	l assessments	(mean ± SEM)
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	Albumin (g/dl)	Fibronectin (µg/ml)	Breast milk protein (g/dl)
Depleted baby rats	$2.45 \pm 0.06^{*, \dagger}$	$217.3 \pm 16.8$	
Repleted baby rats	$3.56 \pm 0.30 \ddagger$	$251.5 \pm 27.4$	
Normal baby rats	$4.51 \pm 0.30$	$220.6 \pm 16.3$	
Malnourished adult rats	$3.74 \pm 0.49$	$199.5 \pm 22.6$ §	$6.40 \pm 0.35$
Normal adult rats	$4.21 \pm 0.24$	$301.5 \pm 20.7$	$7.07 \pm 0.52$

Albumin values: \* p < 0.0001 depleted versus normal baby rats; † p < 0.05 depleted versus repleted baby rats; † p < 0.05 repleted versus normal baby rats.

Fibronectin values: p < 0.01 malnourished versus normal adult rats.

# DISCUSSION

This study investigated the effects of postnatal nutritional depletion and repletion on neutrophil function in a newborn rat model of protein-calorie malnutrition. Following postnatal nutritional depletion, PMN adherence and chemotactic responses were severely depressed in rat pups. Depleted pups also developed biochemical signs of malnutrition, including significantly diminished serum albumin levels. Pups malnourished for 1 wk prior to delivery and subsequently foster nursed to normal lactating dams (repleted) demonstrated intermediate neutrophil adherence, chemotaxis, and albumin values. In adult rats, proteincalorie malnutrition did not affect albumin concentrations or significantly diminish neutrophil adherence or chemotactic responses. Breast milk protein concentrations were unaffected by maternal protein deprivation.

Malnutrition in older children and adult animals has been extensively studied (14, 20, 21). Children with kwashiorkor demonstrate a secondary immune deficiency with increased susceptibility to infection and alterations in cellular, humoral, and phagocytic function (22). Studies by Schopfer and Douglas (12) in the Ivory Coast, West Africa demonstrated a significant delay in the chemotactic response of neutrophils from malnourished children in Boyden chambers, which normalized at longer incubation intervals. Granulocyte migration was further depressed during periods of infection. Sequential studies of malnourished beagle dogs demonstrated diminished neutrophil chemotactic responses toward Escherichia coli-derived chemoattractant, which were restored to normal values following total parenteral nutrition (23). These findings have been confirmed and extended by Anderson et al. (14) who studied neutrophil adherence and chemotaxis following FMLP or bacterial chemotactic factor stimulation. Neutrophils from malnourished children demonstrated diminished directed movement, enhanced baseline adhesion, yet an abnormal adherence response following stimulation with chemotactic factors. These abnormalities were reversed following nutritional restoration. In addition, there was no evidence of cell-directed inhibitors in the plasma or serum from the malnourished infants studied.

Few investigations of phagocyte function have been performed following intrauterine or early postnatal malnutrition. In neonates with intrauterine fetal growth retardation, Chandra (24) demonstrated diminished random and directed neutrophil motility, diminished nitroblue tetrazolium reduction, and decreased bactericidal capacity. Using a rat model of protein-calorie deprivation, Nwankwo *et al.* (11) recently demonstrated that rat pups malnourished during the neonatal period rapidly develop biochemical and immunologic signs of malnutrition. During experimental *Staphylococcus aureus* infection, malnourished pups demonstrated neutrophil depletion, and significantly increased infectious mortality.

In the current study, we have examined PMN functions (adherence and chemotaxis) previously demonstrated to be abnormal in studies of older, malnourished children (25). Our observations in the malnourished rat pup confirm the diminished granulocyte migration at shorter incubation intervals previously described by Schopfer and Douglas (12). It is not known whether our results reflect an abnormality of neutrophil kinetics as described in older children, or an intrinsic defect of PMN motility. We have not as yet investigated PMN chemotactic responses following longer incubation intervals.

PMNs from both healthy and malnourished rats respond to FMLP in a dose-dependent fashion with maximal chemotaxis at the highest FMLP concentration  $(10^{-4} \text{ M})$ , while granulocytes from human adults demonstrate maximal motility at  $10^{-7}$  M FMLP. This finding suggests that there may be intrinsic differences in the structure of the rat neutrophil membrane, number or affinity of FMLP binding sites, or a relative insensitivity of the rat granulocyte to FMLP. Previous investigations of rat chemotactic responses during protein-calorie malnutrition have examined peritoneal macrophage function in weanling animals following stimulation with *E. coli*-derived chemotactic responses following stimulation with other chemoattractants.

We observed that PMN adherence was significantly diminished in rat pups following postnatal protein deprivation and unchanged following preincubation with chemotactic factors. In contrast, Anderson *et al.* (14) recently demonstrated enhanced adherence and activated neutrophil morphology in malnourished pediatric patients. There are, however, several differences in study design, which may explain the conflicting results. These include nutritional and/or clinical status of the populations assessed (protein deprivation *versus* marasmus), the study population (rat versus human), age at the time of study (3 wk *versus* months to yr), nutritional differences perhaps related to specific nutrients, amino acids, or trace metals, and the specific laboratory methods employed.

Recent studies have suggested that fibronectin deficiency contributes to host defense depression during malnutrition. Following starvation, rats demonstrate a reduction in immunoreactive fibronectin, which is rapidly reversed following nutritional restoration (28, 29). Human volunteers manifest a similar reduction of plasma fibronectin in response to severe fasting (30). In the current study as expected, fibronectin values were significantly diminished in adult rats following 3 wk of protein malnutrition. It is somewhat surprising, then, that depleted rat pups demonstrated normal fibronectin values when compared to agematched controls. However, fibronectin turnover may be different in newborn animals when compared to adult rats (31). In addition, the effects of protein deprivation on fibronectin synthesis may not be comparable to changes induced during periods of acute starvation. Fibronectin is also an important mediator of cell-to-cell and cell-to-substrate attachment. In the current study, abnormalities of neutrophil adherence and chemotaxis during malnutrition may be related to deficiencies of PMN cell surface fibronectin. However, we have not investigated neutrophil binding of fibronectin-coated microspheres or fibronectin receptors on neutrophils from malnourished animals.

The mechanism responsible for the diminished neutrophil adherence and chemotaxis in malnourished newborn rats is unknown. In studies of older malnourished children, Anderson et al. (14) suggested that altered neutrophil motile and adhesive properties in vitro may relate to cellular activation following prestimulation in vivo with chemotactic factors. Our findings of diminished adherence and a poor adherence response following FMLP stimulation in newborn rats differ from these observations of Anderson et al. (14) with human neutrophils. Neutrophil defects during malnutrition may occur at the receptor level, at the signaling or transduction levels, or in specific effector functions. Future studies should also determine whether these abnormalities result from selective, specific nutrient deficiencies during malnutrition and investigate both cellular and humoral contributions to neutrophil adherence and locomotion in malnourished newborn rats.

In the current study, maternal protein deprivation did not significantly affect the protein content of breast milk after 3 wk of lactation. However, as reported previously, the primary effect of protein-energy malnutrition is a reduction in the quantity of milk produced rather than a change in protein concentration (12, 32). Fellows and Rasmussen (33) recently reported increased protein values in breast milk from malnourished dams. In these studies, pumped milk samples had higher protein and fat concentrations because they were excessively dehydrated. Therefore, the method used to obtain breast milk (pumped *versus* nursed samples) may significantly affect protein determinations. In addition, the influence of dietary protein and energy on milk secretion can be inferred from rat pup weight gain (18, 32).

We have demonstrated that host defenses are rapidly compromised by malnutrition during the neonatal period. Further, these defects are reversible following nutritional restoration. Although relevant investigations have not been performed in human neonates, we speculate that there is a relationship between *in vitro* abnormalities of PMN function during protein-calorie malnutrition and the enhanced susceptibility to nosocomial bacterial infection.

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