Phytol and Peroxisome Proliferation

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ABSTRACT. Infantile Refsum's disease is characterized by high levels of phytanic acid and the absence of normal hepatic peroxisomes. We investigated the in vivo influence of phytol, a precursor of phytanic acid, on peroxisomes by both biochemical and morphological methods. Enhanced supply of phytol in the diet of adult mice causes proliferation of hepatic peroxisomes. The peroxisomal β -oxidizing capacity as well as exchanges of acyl moieties between peroxisomes and mitochondria are raised around 5- and 2fold, respectively. In parallel a 1.5-fold increase of total catalase and mitochondrial butyryl-CoA dehydrogenase activities occurs, whereas peroxisomal urate oxidase and glycolate oxidase remain normally active. Serum triglyceride levels are decreased after 3 wk of phytol feeding; serum cholesterol levels remain unaffected. Phytol feeding also induces peroxisome proliferation in duodenal epithelium, in myocardium and in skin sebaceous glands, but not in kidney. (Pediatr Res 20: 411-415, 1986)

Phytanic acid is a minor lipid component of normal human serum. In patients with adult-onset Refsum's disease this fatty acid accumulates in the lipids of several tissues (1, 2). The metabolic defect resulting from an impairment of the α -oxidation system is clinically revealed by crisis occuring in the course of nutritional overload by phytanic acid (2-4). Phytanic acid and its precursor phytol are present in most diets (5). In humans and other mammalian species, phytol is easily converted to phytanic acid, which is otherwise not synthesized in the body (6-9). Attempts to induce symptoms analogous to those of adult-onset Refsum's disease by feeding animals phytol or phytanic acid were unsuccessful (10, 11). However, it was possible to increase the phytanic acid levels in serum and in most tissues to values found in the adult Refsum patients (2). After only 2 days of a 2% phytol diet mouse liver contains significant amounts of phytanic acid and its metabolites, whereas in control livers these acids were not detectable (12).

Besides the classical adult-onset Refsum's disease, another disorder has recently been described, mainly affecting young children, the infantile Refsum's disease (13, 14). Cytochemistry and electron microscopy demonstrate the absence of normal peroxisomes in liver biopsies from these children (15, 16). This finding and the presence of high levels of very long chain fatty acids and abnormal bile acid intermediates in infantile Refsum patients (17, 18) indicate a link with two other neonatal "per-

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MATERIALS AND METHODS

Adult Swiss mice (40-45 g) were used. Phytol-fed mice received a diet containing meal (A04-UAR, Epinay, France) and phytol, diluted with soya oil to facilitate resorption (6). Phytol concentration in the diet ranged from 0.05 to 5% (w/w); soya oil was added to a final concentration of 10% (w/w). Matched control mice received meal + 10% soya oil (w/w). Phytol (95%) was obtained from Serva Feinbiochemica, Heidelberg, Germany). Diets were given during 3 to 21 days. Before sacrifice animals were starved overnight.

Catalase (EC 1.11.1.6) activity was assayed in total liver homogenate as described earlier (26). Palmitoyl-CoA oxidase (EC 1.1.3.-), L- α -hydroxyacid oxidase (EC 1.1.3.1) and urate oxidase (EC 1.7.3.3) activities were measured according to Vamecq and Van Hoof (27). Carnitine acetyltransferase (EC 2.3.1.7), carnitine octanoyltransferase (EC 2.3.1.-), and carnitine palmitoyltransferase (EC 2.3.1.23) were assayed, respectively, on 0.1 mM acetyl-CoA, 0.1 mM hexanoyl-CoA, and 0.1 mM palmitoyl-CoA as substrates by the method B (28). Butyryl-CoA dehydrogenase assay was performed as described previously (29).

Serum cholesterol was determined by an enzymatic colorimetric method (30). Serum triglycerides were determined by a fully enzymatic UV procedure (31).

Each experimental group consisted of at least four animals. All results are presented as the mean \pm SEM. For statistical analysis the Mann-Whitney test was used (32).

Tissue slices of 0.5-mm thickness (liver, kidney, adrenal gland, myocardium, duodenum, and skin) were fixed at room temperature in 4% formol-calcium buffered with cacodylate for 24 h. Chopper sections (50 μ m) and cryostat sections (20 and 5 μ m) were stained for catalase (33). The specificity of the diaminobenzidine reaction was discussed previously (34). Chopper sections were postosmicated and embedded in Epon. Cryostat sections were mounted in a water soluble medium after postosmication or stained with toluidine blue and mounted through xylene. For electron microscopy 600 Å sections were poststained with lead only.

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RESULTS

After 3 days of phytol diet the catalase activity of the liver has significantly increased (Table 1). A phytol dose of 0.05% is not effective; a large dosis of 5% is only slightly more effective than a 0.5% dosis and provokes serious distress in the animals. For the last reason the dosis of 0.5% phytol was chosen for further experiments. After 11 days of this diet, liver catalase activity is increased; this increase is not more pronounced than after 3 days. The increase of liver catalase activity is present in both male and female animals.

The influence of a 0.5% phytol diet during 11 days on seven liver enzyme activities is summarized in Table 2. The peroxisomal β -oxidation specifically measured by its first step is increased more than 5-fold, while two other peroxisomal enzymes, L- α hydroxyacid oxidase type A and urate oxidase keep their normal activity. Peroxisomal carnitine octanoyltransferase and total mitochondrial carnitine palmitoyltransferase also display more activity as does total liver carnitine acetyltransferase. Butyryl-CoA dehydrogenase, a marker enzyme of the mitochondrial matrix, was also assayed and its activity was found to be 1.5-fold higher in phytol-treated than in control liver.

Serum cholesterol levels are not decreased after 21 days of a 0.5% phytol diet; triglyceride levels on the contrary decrease significantly during this period (Table 3).

Liver sections of 20 μ m show a marked increase in catalase staining after 0.5 and 5% phytol for 3 and 11 days, but not after 0.05% phytol, when compared to control animals. One- μ m Epon sections give evidence that the number of peroxisomes is raised by feeding 0.5 and 5% phytol (Fig.1), and not raised by 0.05%. Individual peroxisomes also appear larger and more darkly

 Table 1. Influence of phytol on mouse liver catalase activity

 after 3 and 11 days of phytol diet*

Conditions	Catalase (U _B /g of liver)	Ratio
Controls	90 ± 1	
3 days of phytol diet		
0.05%, male	98 ± 4	1.09
0.5%, male	163 ± 3	1.81
5%, male	178 ± 5	1.98
0.5%, female	140 ± 5	1.56
5%, female	174 ± 5	1.93
11 days of phytol diet		
0.5%, male	138 ± 6	1.53

* All phytol influenced catalase values are significantly different from controls (p < 0.01) except the 0.05% value.

 Table 2. Influence of 11 days of a 0.5% phytol diet on liver
 enzymes in adult male mice*

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Enzymes	Controls	0.5% Phytol fed	Ratio		
Palmitoyl-CoA oxidase	522 ± 31	2666 ± 319	5.11†		
L-α-Hydroxyacid oxidase (type A)	278 ± 31	281 ± 22	1.01		
Urate oxidase	737 ± 95	665 ± 34	0.90		
Carnitine palmitoyltrans- ferase	1231 ± 66	1856 ± 159	1.51†		
Carnitine octanoyltrans- ferase	2306 ± 87	5044 ± 259	2.19†		
Carnitine acetyltransfer- ase	239 ± 41	680 ± 92	2.85†		
Butyryl-CoA dehydro- genase	731 ± 28	1063 ± 23	1.45†		

* Enzyme activities are expressed as nmol of substrate consumed or product formed per min and per g of liver.

 $\dagger p < 0.01.$

 Table 3. Influence of phytol diet on adult male mouse serum cholesterol and triglyceride levels

Conditions	Cholesterol (mg/dl)	Triglycerides (mg/dl)
Controls	120 ± 5	115 ± 10
3 days of phytol diet		
0.05%	139 ± 4	108 ± 14
0.5%	108 ± 5	120 ± 22
11 days of phytol diet		
0.5%	106 ± 10	145 ± 30
21 days of phytol diet		
0.5%	118 ± 8	70 ± 8*

* *p* < 0.01.

stained than in controls. A difference between 0.5 and 5% is visible. Proliferation and enlargement of peroxisomes is confirmed by electron microscopy (Fig. 2). The subcellular organelles are otherwise normally shaped.

No peroxisomes are visible by light microscopy in $4-\mu$ m Epon sections of duodenum in control and 0.5% phytol-fed mice. Peroxisome proliferation is noticed in the duodenal epithelial cells of mice fed 5% phytol during 5 days. This proliferation is most pronounced at the base of the villi (Fig. 3 *a* and *b*).

In skin sebaceous glands of 5% phytol-fed mice (5 days) peroxisomes are visible in Epon sections (Fig. 3 c and d). This is not the case in the other groups.

In mouse myocardium light microscopy shows no visible peroxisomes in control animals. In 5% phytol treated mice peroxisomes are present (Fig. 3 e and f).

Peroxisome proliferation in liver, duodenum, skin sebaceous glands, and myocardium is observed in male and female mice.

Cryostat sections of kidneys show no difference between control and phytol-fed animals. In adrenal glands very few and small peroxisomes are seen both in controls and in treated mice.

It seems important to stress the toxicity of phytol to animals (6, 35, 36). Mice fed with 0.5% phytol did not show any signs of distress. Mice fed a 5% phytol diet became ill sometimes after 3 or 4 days; they lose appetite, start shivering, and show the changes in the skin described by Klenk and Kremer (6).

DISCUSSION

Children with infantile Refsum's disease possess abnormal microbodies without catalase, or no microbodies at all (15, 16). Whereas in the adult form of Refsum's disease the localization of the enzyme defect, *i.e.* phytanic acid oxidase deficiency, is well established, reasons for impaired metabolism of phytanic acid in the infantile form remain to be elucidated. Selective accumulation of one or several intermediates of phytanic acid catabolism in infantile Refsum's disease cannot be definitely ruled out. As in the case of hypoglycin (25), such metabolites might be toxic for peroxisomes. Overload of the entire set of reactions leading to phytanic acid breakdown has been achieved by exogenous administration of high doses of phytol to mice. Our experiments show that enhanced supply of phytol in the diet of mice is not destructive to peroxisomes. Actually, the number and size of peroxisomes is increased in liver and in several other organs, with a cytochemical picture contrasting to the situation observed in liver from infantile Refsum patients [15, 16).

We also demonstrate that phytol feeding (0.5%) increases the activity of peroxisomal β -oxidation. It has no effect on other peroxisomal marker enzymes. Carnitine acyltransferases involved in fatty acid metabolism show increased activity but less than the peroxisomal fatty acyl-CoA oxidase. Although both peroxisome proliferators are chemically very different, the parallel which can be drawn between the effects of phytol and clofibrate on the enzymes investigated is striking: stimulation of peroxisomal β -oxidation and increased capacity to metabolise



Fig. 1. Peroxisomes visualized in mouse liver by staining for catalase. a, untreated; b, after 5% phytol for 3 days. The number of peroxisomes is raised. Individual peroxisomes is ×835.



Fig. 2. Electron micrograph of mouse liver stained for visualization of peroxisomes. a, untreated; b, after 11 days of 5% phytol. Peroxisomal number as well as size are increased. Magnification of both pictures is ×5500.

brown adipose tissue by cold stress (43). Proliferation of peroxisosomes and the considerable and selective induction of peroxiso-

e.g the induction of hepatic peroxisomal β -oxidation by feeding high fat diets in rats (41, 42) and peroxisomal proliferation in

substrates or metabolic conditions requiring their contribution,

peroxisomes and peroxisomal enzymes are induced by their

subject to normal \$-oxidation (2). Examples are known in which

phytol diet. After the initial α-oxidation step, phytanic acid is

experiments show no induction of this enzyme following the

oxidase could take part in phytanic acid a-oxidation (24). Our

Other investigators suggested that the peroxisomal a-hydroxyacid

peroxisomes contaminating such fractions were not considered.

 α -oxidation step, has been described to be present in or linked with mitochondrial fractions (39, 40). However, in these studies

products of this oxidation (e.g. octanoyl-CoA) (37) consisting in stimulation of exchanges between peroxisomes and mitochondria (augmented carnitine acyltransferase activities) beside higher ability of mitochondria to catabolise short-chain fatty acids (increased butyryl-CoA dehydrogenase activity).

The significant decrease of triglyceride levels between 11 and 21 days of phytol diet is an observation for which an appropriate explanation is not available. There obviously is a shift in time between the hypotriglyceridemic effect and peroxisome proliferation. Examples of uncoupling of these phenomena are known in the literature (38).

Do our results provide any clue in the nature of the peroxisomal enzymes implicated in the metabolism of phytanic acid, a C-20 branched fatty acid? Phytanic acid oxidase, catalyzing the



Fig. 3. Cytochemical staining for catalase of mouse duodenum (a, b), cutaneous sebaceous gland (c, d), and myocardium (e, f). By light microscopy no peroxisomes are recognized in untreated animals (a, c, e). After 5% phytol feeding for 5 days (b, d, f) peroxisomes become conspicuous in all three organs. Magnification of all the pictures is $\times 1300$ (phase contrast).

mal β -oxidation enzymes after phytol feeding suggest a role for peroxisomes in the latter metabolic phase of phytanic acid breakdown. For this reason, the absence of normal peroxisomes in infantile Refsum's disease might explain the accumulation of phytanic acid, because our results demonstrate that the opposite (destruction of peroxisomes by phytanic acid) does not occur.

It is striking that the phytol effect is selective for some cell types, while in others no change is visible by light microscopy. Our experiments show peroxisome proliferation following phytol diet in liver, duodenal epithelium, myocardium, and skin sebaccous glands, but not in kidneys and adrenal glands. Accumulation of phytanic acid in several body tissues was studied and demonstrates high concentrations in heart and liver (10% of total tissue fatty acids after 24 days) and lower concentrations (5% of total fatty acids) in intestine, skin, and kidney (44). Some data are available about the distribution of phytanic acid in the skin of an adult Refsum patient. Large amounts of phytanic acid are present in lipid containing vacuoles in the cytoplasm, mainly in the basal layer of the epidermis (45). It is tempting to relate this to the proliferation of peroxisomes in sebaceous glands, but this relationship is missing in the kidney. Renal proximal tubular epithelium normally contains numerous large peroxisomes. In Zellweger's cerebrohepatorenal syndrome peroxisomes are absent in kidneys as well as in liver. No data are available about renal peroxisomes in Refsum's disease. Phytanic acid is excreted in urine (46), but after a large diet dose and in Refsum patients there is also considerable accumulation (35, 47) in the kidney. It is not known if phytanic acid undergoes transformation by renal tubular cells.

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