

Hemodynamic Consequences of Inotropic Support with Digoxin or Amrinone in Lambs with Ventricular Septal Defect

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ABSTRACT. Inotropic support with digoxin is commonly used in patients with left ventricular volume overload due to ventricular septal defect (VSD). However, the hemodynamic consequences of inotropic agents with VSD have not been experimentally explored. We studied two inotropic agents, digoxin and amrinone, in chronically instrumented lambs with left ventricular volume overload due to a surgically created VSD. Intravenous digoxin (40 $\mu\text{g}/\text{kg}$) produced serum levels of 3.5 ± 0.9 ng/ml (mean \pm SD) in seven lambs 60 min after administration, reduced the heart rate by 16% (172 to 149 beats/min, $p < 0.05$), increased the stroke volume 16% (29.8 to 34.5 ml/beat, $p < 0.05$) but did not significantly alter the systemic flow index (\dot{Q}_s), the pulmonary flow index (\dot{Q}_p), or the volume of left to right shunt (\dot{Q}_{L-R} , 6.74 to 6.77 liter/min/m²). The mean left atrial pressure ($\bar{L}A$) was unchanged (17.6 versus 17.1 mm Hg) following digoxin. Chronic digoxin use in four lambs for 4 days (25 ± 8 $\mu\text{g}/\text{kg}/8$ h) produced trough serum levels of 1.2 ± 0.2 ng/ml. There was no additional hemodynamic effect compared to acute digoxin, the \dot{Q}_p/\dot{Q}_s ratio was unchanged (3.10 versus 3.08) and evidence of left ventricular volume overload ($\bar{L}A - 14.0$ versus 13.4) was unchanged. Amrinone lowered the systemic resistance index in a dose dependent fashion. The peak reduction of 20% (25.3 to 20.3 U/m², $p < 0.01$) occurred at 20 min after an intravenous (3 mg/kg) bolus in seven lambs. The \dot{Q}_s increased from 2.58 to 3.10 liter/min/m² ($p < 0.01$). The \dot{Q}_p was unchanged, thus the \dot{Q}_p/\dot{Q}_s ratio was lowered by 16% ($p < 0.05$). Amrinone caused a 17% reduction in $\bar{L}A$ (17.9 to 14.9, $p < 0.05$) and increased the heart rate by 7%. The data indicate that the peripheral vascular effects of amrinone offer a hemodynamic advantage compared to acute digoxin. (*Pediatr Res* 19: 887-891, 1985)

Abbreviations

VSD, ventricular septal defect
 \dot{Q}_p , pulmonary flow index
 \dot{Q}_s , systemic flow index
 R_s , systemic resistance index
 R_{pa} , pulmonary arteriolar resistance index
 $\bar{L}A$, mean left atrial pressure

However, there are little experimental data on the hemodynamic effects of digoxin in this setting. Support for the use of any inotropic agent with VSD perhaps stems from the observation that myocardial function may be depressed in the presence of hypertrophy (1-3) and in individuals following VSD closure (4, 5). Determination of left ventricular function is impaired by the altered preload and afterload due to VSD. Furthermore, communication between the right and left ventricle complicates measuring isolated parameters of left ventricular function. Since the inotropic state of the myocardium is a major determinant of hemodynamic variables, such as the cardiac output or stroke volume at a given filling pressure, we sought to evaluate the effects of inotropic support indirectly by measuring the hemodynamic changes in a chronically instrumented model of VSD.

The absence of controlled clinical studies demonstrating digoxin efficacy with VSD and reports of therapeutic failure of digoxin in some infants (6, 7) has caused the use of digitalis preparations with left to right shunts to be questioned (8). A recent clinical study of VSD found that 50% showed improvement following digoxin (9). Failure of medical management with digoxin and diuretics has led to early surgical correction despite the observation that the majority of ventricular septal defects will either diminish in size or close spontaneously with growth of the child (10, 11).

Vasodilating agents have been shown to be helpful in patients with volume overload of the left ventricle due to mitral (12) or aortic (13) insufficiency or VSD (14). Experimental studies have also shown hemodynamic improvement with VSD (15, 16) or aortocaval fistula (17) following vasodilators. With an aortocaval fistula and left ventricular volume overload nitroprusside was effective at decreasing evidence of volume overload while digoxin was not (17).

Amrinone is a new inotropic agent which also has direct peripheral vasodilating properties (18, 19). Digoxin either has little effect or may actually increase arterial and venous tone (20). We evaluated the hemodynamic effects of inotropic support in a chronic, nonsedated, instrumented lamb model with VSD and left ventricular volume overload. Since vasodilators are useful with VSD (14-16) we studied the hemodynamic changes following acute and chronic digoxin and those following amrinone.

METHODS

The details for creating the VSD in lambs and subsequent instrumentation have been previously published (16). Basically, lambs (approximately 2 wk old) were anesthetized with ketamine and a Teflon grommet was placed across the interventricular septum through a right atriotomy. The defects were 8 mm in internal diameter and resulted in indexed pulmonary to systemic blood flow ratios (\dot{Q}_p/\dot{Q}_s) greater than 3 to 1. After a 1-wk

Digoxin is generally used in support of the altered hemodynamic state and left ventricular volume overload due to VSD.

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recovery period, the lambs were instrumented with aortic and pulmonary artery electromagnetic flow probes (Biotronix Inc.). Indwelling catheters were inserted into the left atrium, right atrium, pulmonary artery, and aorta. The animals were again allowed to recover for at least 1 wk prior to data collection. All the lambs were spontaneously active, feeding, and had normal arterial blood gasses after the recovery period. The total group of 11 lambs used to study digoxin was not the exact same group of nine lambs used for amrinone studies since there was occasionally loss of catheters or flow probe malfunction between studies.

DRUG ADMINISTRATION

Only one drug was administered on a given day and, following digoxin use, at least 72 h elapsed prior to any subsequent drug trials which allowed for clearance of digoxin. The lambs were studied while standing quietly in a supporting cradle after a 30-min stabilization period. Amrinone was dissolved in a lactic acid-ascorbic acid solution and was diluted and filtered through a 0.45 μ Millipore filter prior to use. In three lambs the dose response to amrinone was determined. The dose causing maximal systemic vasodilation (3 mg/kg) was then given to each lamb with data recorded at 10-min intervals for a total of 60 min. Sham infusions with the amrinone vehicle were also performed. Complete hemodynamic measurements were available from seven lambs and flow variables were available in two additional animals with amrinone.

Digoxin was obtained from the hospital pharmacy as the injectable preparation. Each lamb was given a dose of 40 μ g/kg as a slow intravenous bolus. The electrocardiogram was continuously monitored. Data were recorded at 15-min intervals over a total period of 120 min. Complete hemodynamic data were available in seven lambs with digoxin. Subsequently, digoxin was continued for 4 days with daily observations in four additional lambs. Following the loading dose digoxin was administered intravenously every 8 h to maintain the trough serum concentration greater than 1 ng/ml.

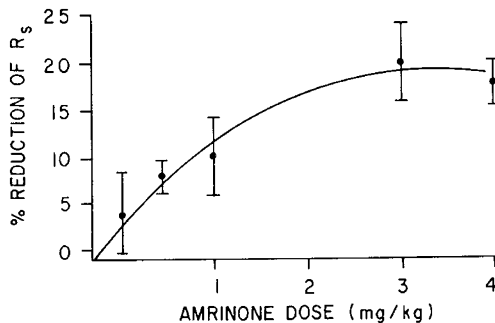


Fig. 1. Dose response curve for the effect of amrinone on the systemic resistance expressed as percentage reduction from control. Brackets indicate the SD ($n = 3$).

DATA REDUCTION

Flow and resistance data were indexed to the body surface area (16). Data following drug administration were compared to control data obtained immediately prior to drug use and after the lamb had stabilized. Data for each point included the \dot{Q}_s , the \dot{Q}_p , phasic and mean aortic, pulmonary artery and left atrial pressures. The heart rate was recorded continuously. Resistance data were calculated by dividing the appropriate mean arterial pressure by the flow (16) and are expressed without units.

Digoxin levels were performed in the clinical lab using a radioimmunoassay (21).

STATISTICAL METHODS

The data were evaluated statistically using analysis of variance and Dunnett's method for comparing sequential posttreatment values with the control (22). The Student's t test with the Bonferroni adjustment of critical values was used for analyzing the single point data obtained at the time of peak drug effect.

RESULTS

Amrinone. Amrinone produced a dose (0.1 to 4.0 mg/kg) dependent decrease in R_s with maximum effect occurring at approximately 3 mg/kg (Fig. 1). Doses up to 1 mg/kg did not change the R_{pa} . A dose greater than 1 mg/kg reduced R_{pa} slightly although the change was not significant.

Amrinone (3 mg/kg) was administered to nine lambs by bolus injection and in seven complete hemodynamic data were available (Table 1). Within 10 min there was a 16% reduction (25.3 to 20.8 U) in the R_s . The \dot{Q}_s increased 20% (2.58 to 3.08 liter/min/m²) without a significant change in the \dot{Q}_p (Fig. 1). Thus, the \dot{Q}_p/\dot{Q}_s ratio decreased 17% (3.65 to 3.04, $p < 0.05$). Peak effect occurred at 20 min when the R_s was decreased by 20%. The R_{pa} was unchanged (1.41 to 1.46 U/m²) and the R_{pa}/R_s ratio (Table 1) increased by 27% (0.055 to 0.07, $p < 0.05$). The \dot{Q}_p/\dot{Q}_s ratio was lowered by 16%. The hemodynamic changes persisted for approximately 30 min and slowly returned toward control values by 60 min (Fig. 2). The \overline{LA} also returned toward control values by 60 min. The stroke volume was unchanged (Table 1). With sham drug administration the amrinone vehicle alone did not significantly alter any observed parameter or the arterial blood gas.

Digoxin. Following an intravenous bolus of digoxin (40 μ g/kg) in seven lambs, a serum level of 3.5 ± 0.9 ng/ml (mean \pm SD) was obtained at 60 min. Digoxin effect (Table 1) was demonstrated by a reduction in heart rate (172 to 149, $p < 0.05$) and an increase in SV from 30 to 35 ml/beat ($p < 0.05$). However, none of the flow parameters (\dot{Q}_p , \dot{Q}_s , \dot{Q}_p/\dot{Q}_s) were significantly altered (Fig. 3). The left to right shunt volume was unchanged (6.73 to 6.77 liter/min/m²). Digoxin did not significantly affect aortic or pulmonary artery pressures or resistances. Furthermore, the left atrial pressure was unchanged (17.7 versus

Table 1. Peak effect of amrinone and digoxin [values are mean \pm SE ($n = 7$)]

	Amrinone			Digoxin		
	Control	20'	% Change	Control	60'	% Change
\dot{Q}_s (liter·min/m ²)	2.58 \pm 0.17	3.10 \pm 0.16	+20*	2.92 \pm 0.28	2.73 \pm 0.26	-7
\dot{Q}_p (liter/min/m ²)	9.41 \pm 1.13	9.57 \pm 1.10	+2	9.65 \pm 0.98	9.48 \pm 1.0	-2
\dot{Q}_p/\dot{Q}_s	3.65 \pm 0.20	3.08 \pm 0.20	-16*	3.34 \pm 0.22	3.46 \pm 0.18	+4
R_s (U)	25.3 \pm 1.7	20.3 \pm 1.0	-20*	23.5 \pm 2.3	24.5 \pm 2.1	+4
R_{pa}/R_s	0.055 \pm 0.008	0.069 \pm 0.005	+25*	0.072 \pm 0.014	0.064 \pm 0.01	-11
\overline{LA} (mm Hg)	17.9 \pm 3.5	14.9 \pm 2.8	-17*	17.6 \pm 1.6	17.1 \pm 1.9	-3
\overline{AO} (mm Hg)†	63.7 \pm 1.5	62.2 \pm 1.4	-2	64.6 \pm 0.8	63.8 \pm 1.9	-1
Heart rate (beat/min)	151 \pm 10.0	162 \pm 13.0	+7	172 \pm 8.0	149 \pm 10.0	-14 ^a
Stroke volume (ml/beat)	32.7 \pm 2.7	31.7 \pm 2.5	-3	29.8 \pm 2.2	34.5 \pm 3.3	+16 ^a

* $p < 0.05$ compared to control (paired t test).

† Mean aortic pressure.

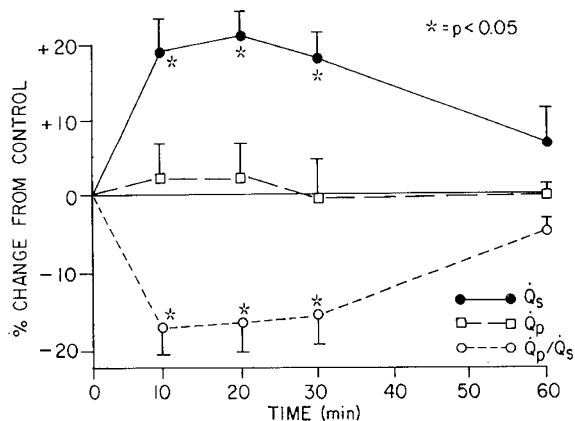


Fig. 2. The effects of amrinone with respect to time in terms of the percentage change from control for the indicated flow parameter. The asterisks indicate a significant change from control at the $p < 0.05$ level by analysis of variance and Dunnet's test ($n = 9$).

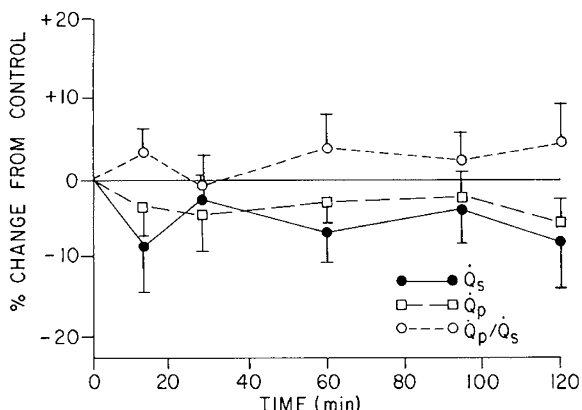


Fig. 3. The effects of digoxin with respect to time in terms of the percentage change from control for the indicated flow parameter. None of the changes was significant by analysis of variance. Brackets indicate the standard deviation ($n = 7$).

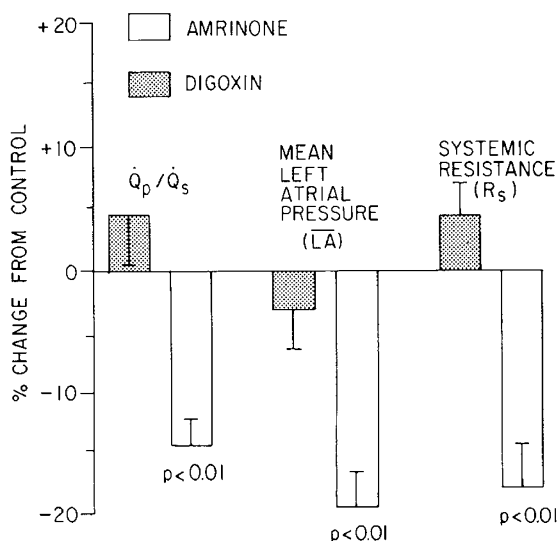


Fig. 4. Bar graph comparison between the effects of digoxin at 60 min (hatched) and amrinone at 30 min (open) on the indicated hemodynamic parameter. Brackets indicate the SD.

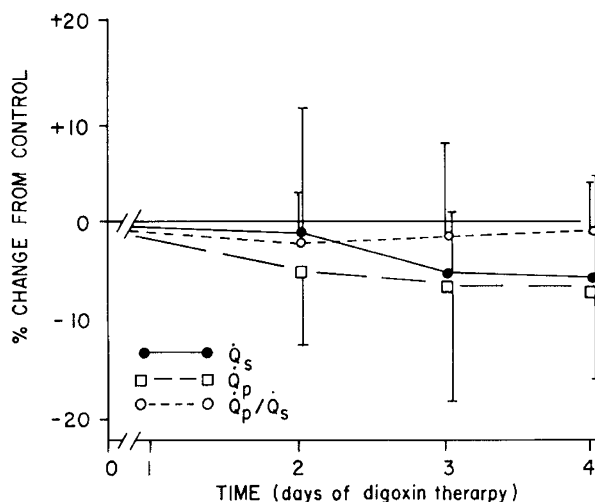


Fig. 5. The effects of chronically administered digoxin on the indicated flow parameter. Values are the mean percentage change from control and SD. None of the points was significantly different from control by analysis of variance ($n = 4$).

Table 2. Stability of the model versus digoxin effect with time* (mean \pm SE)

		Sham ($n = 5$)	% Change	Digoxin ($n = 4$)	% Change
\dot{Q}_p/\dot{Q}_s	Baseline	3.4 \pm 0.4		3.10 \pm 0.5	
	Day 4	3.6 \pm 0.6	+5	3.08 \pm 0.6	-1
$\bar{L}A$	Baseline	18.8 \pm 4.4		14.0 \pm 2.9	
	Day 4	18.9 \pm 1.9	+1	13.4 \pm 2.5	-4
R_s	Baseline	24.4 \pm 4.9		30.3 \pm 4.4	
	Day 4	23.9 \pm 6.8	-2	30.4 \pm 3.0	+1
HR	Baseline	166 \pm 18		172 \pm 29	
	Day 4	164 \pm 20	-1	144 \pm 30	-16†
Stroke volume	Baseline	30.5 \pm 6.1		28.3 \pm 7.3	
	Day 4	33.4 \pm 4.2	+9	32.1 \pm 9.2	+14

* Serial observations in 5 lambs without pharmacologic intervention versus the observed effects of chronic digoxin in four different lambs.
† $p < 0.05$ (day 4 versus baseline).

17.1 mm Hg, Fig. 4). The pattern of response persisted during the 2-h observation period (Fig. 3).

Digoxin was then administered chronically for 4 days to four instrumented lambs. Digoxin was given intravenously every 8 h to maintain a trough serum digoxin concentration greater than 1 ng/ml. The mean dose was $25 \pm 8 \mu\text{g/kg/8 h}$, and the mean trough serum digoxin concentration on day 4 was $1.2 \pm 0.2 \text{ ng/ml}$. Using a single compartment model the half-life of digoxin with chronic therapy was approximately 15 h with an elimination constant of 0.0458/h. The pattern of response for chronic digoxin was identical to acute digoxin (Fig. 5). There was no significant effect on any of the flow, pressure, or resistance parameters. There was a significant reduction in heart rate (173 ± 29 to 144 ± 30 , $p < 0.05$) and the stroke volume increased (28.3 ± 7.3 to 32.1 ± 9.2). In five control instrumented lambs there was no significant change in any hemodynamic variable over a 4-day observation period (Table 2).

DISCUSSION

The role of depressed myocardial function with left ventricular volume overload due to left to right shunts such as VSD remains controversial (8). Inotropic support with digoxin continues to be part of the initial medical management for patients with VSD. The most severely affected infants often fail to respond satisfactorily and require surgery in infancy. Optimizing medical management may allow the child to grow to a size which lessens the

surgical risk (23) or may allow for spontaneous closure of the defect in some (10, 11).

The experimental evaluation of digoxin in the presence of left ventricular volume overload from VSD has not been previously reported. To explore the hemodynamic effects of digoxin we studied nonsedated, unanesthetized lambs with a surgically created VSD. Since the effects of right ventricular communication on estimates of left ventricular function are unknown we indirectly assessed the response to pharmacologic inotropic support by measuring hemodynamic variables. If changes in the inotropic state were critical to the pathophysiologic hemodynamic state with VSD then alterations in the inotropic state should be reflected in hemodynamic measurements.

Digoxin did not significantly alter in seven acutely and four chronically studied lambs any of the abnormal hemodynamic parameters associated with VSD found in this model. Serum digoxin levels were in the therapeutic range and digoxin effect was demonstrated by slowing of the heart rate. In addition, the increase in stroke volume, despite an unchanged $\bar{L}A$ (estimate of preload), and an unchanged R_s or R_{pa} (estimates of afterload) would support an inotropic effect of digoxin. Despite this evidence of digoxin effect the various flow, pressure, or resistance hemodynamic variables were unchanged. Since digoxin does not have a selective vascular action (20) it is not unexpected that the \dot{Q}_p/\dot{Q}_s ratio was unchanged. However, if depressed myocardial function was important in the development of left ventricular volume overload one might anticipate changes in the loading characteristics of the left ventricle following digoxin for the same left to right shunt. We did not observe a significant change in mean left atrial pressure with digoxin. The fact that digoxin did not decrease left atrial hypertension is important because this hemodynamic variable may most closely correlate to clinical symptoms of pulmonary congestion and may be related to the development of pulmonary hypertension (6).

The clinical impression of digoxin effectiveness in some patients may represent a subset in whom myocardial dysfunction contributes to symptoms (9) or may relate to other effects of digoxin such as on the central nervous system (24) or kidney (25). In fact, in children with VSD the clinical assessment of digoxin effect did not necessarily correlate with echocardiographic estimates of inotropic response (9). The ability to increase cardiac output by increasing heart rate represents a form of cardiovascular reserve. If the heart rate is decreased and cardiac output maintained following digoxin it may be that a portion of heart rate reserve has been regained. The reduction in heart rate noted in this study was seen in both acute and chronic digoxin. The increased heart rate reserve may contribute to the clinical impression of digoxin effect.

Fetal lambs have been shown to be less sensitive to both the toxic and inotropic effects of digoxin compared to ewes, despite similar tissue-plasma ratios (26). A possible explanation for the lower inotropic response may be that the newborn lamb myocardium functions closer to the maximum inotropic state than the adult (27) and, thus, is less sensitive in terms of percentage change to inotropic stimulation. The data from this study were collected on lambs approximately 4 to 6 wk old which would more closely approximate the adult hemodynamic state (28). Although the acute serum digoxin levels in this study do not represent steady state kinetics with respect to tissue distribution, there was clearly a significant change in heart rate and stroke volume (Fig. 4) by 60 min. Furthermore, chronic administration of digoxin, which would allow for tissue equilibration, produced essentially the same hemodynamic effects as acute administration (Fig. 5, Table 2). No significant arrhythmias were observed in this study. We have previously shown that this model is stable for acute observation (16). Data presented here indicate that the model is also stable for chronic observation (Table 2).

The importance of the R_{pa}/R_s ratio in regulating the abnormal hemodynamics associated with VSD has been reported (29). This information has led to the experimental demonstration of a

beneficial effect of selective systemic vasodilatation on the left to right shunt found with VSD (14–16). Amrinone is an inotropic agent with direct systemic vasodilating properties. We studied amrinone and digoxin because of this important difference.

Amrinone was found to favorably alter the abnormal hemodynamics in this model (Fig. 2). The reduction in R_s was accompanied by a reduction in \dot{Q}_p/\dot{Q}_s and the $\bar{L}A$ was lowered 17% ($p < 0.01$, Fig. 4). As the \dot{Q}_p was not significantly decreased, the reduction in $\bar{L}A$ may be due to the decreased afterload (R_s) on the left ventricle and/or an inotropic effect of amrinone. The reduction in $\bar{L}A$ may be due to the decreased afterload (R_s) on the left ventricle and/or an inotropic effect of amrinone. The stroke volume was unchanged with amrinone but both the preload ($\bar{L}A$) and afterload (R_s) were altered and, thus, lack of change in SV cannot be directly interpreted as lack of change in the inotropic state. The reduction in $\bar{L}A$ and \dot{Q}_p/\dot{Q}_s and the increased \dot{Q}_s would be beneficial alterations and most likely reflect the change in R_s . An inotropic effect alone would not explain the redistribution of flow observed with amrinone, but may contribute to the reduction in $\bar{L}A$. Amrinone caused a dose-dependent reduction in R_s and \dot{Q}_p/\dot{Q}_s . However, the maximum change in \dot{Q}_p/\dot{Q}_s occurred at a lower dose than the maximum change in R_s since with increasing amrinone dose a pulmonary vasodilating response was observed, as previously reported (30). There is also an age-dependent response to amrinone. Isolated canine neonatal myocardium is relatively insensitive to amrinone, but the response matures rapidly with age (31). In six lambs of a similar age without VSD, we found that amrinone (3 mg/kg) caused an 18% increase in LV dp/dt_{40} (2631 versus 3109 mm Hg/s) 30 min after bolus administration indicating that normal lambs of this age are capable of demonstrating an inotropic response to amrinone.

The data show that acute or chronic inotropic support with digoxin at therapeutic serum levels did not significantly change any hemodynamic parameter in a total of 11 lambs with chronic left ventricular volume overload due to VSD. These data may indicate that a generalized depression in myocardial function does not play a major role in determining the abnormal hemodynamics seen with VSD. There was a reduction in heart rate despite no significant change in systemic flow, thus, digoxin apparently did cause some recovery of heart rate reserve. The change in heart rate with digoxin may be due to its inotropic properties or perhaps via its effects on the autonomic nervous system. Amrinone decreased several important hemodynamic variables found with VSD and a large left to right shunt including systemic resistance, the \dot{Q}_p/\dot{Q}_s ratio, and left atrial hypertension. Despite the reduction in mean left atrial pressure, amrinone increased systemic blood flow without significantly effecting the heart rate. These changes would be hemodynamically beneficial.

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