

Lung Distensibility and Airway Function in Asthmatic Children

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ABSTRACT. Lung distensibility and airway mechanics were evaluated in 24 asthmatic children and adolescents, ages between 7 and 21 years, by quasi-static pressure-volume curves and by the static recoil-lung conductance relationship. The measurements were obtained by the step-wise inflation technique and the pressure-volume curves were analyzed by a new sigmoid exponential curve-fitting model of the form: $V_L = V_m + [V_M / (1 + be^{-K \cdot P_{stL}})]$, where V_L is lung volume, P_{stL} is static recoil pressure, V_M and V_m are the upper and lower asymptotes, and K and b are shape constants. The shape constant K serves as index for lung distensibility, whereas the slope of θ of the static recoil-lung conductance plot represents the flow-resistive behavior of the airways. The combined evaluation of these two parameters (K and θ) shows that some asthmatic children have a very high lung distensibility and normal airway function, whereas others have nearly normal lung elasticity but grossly reduced airway distensibility. Sigmoid exponential analysis of static pressure-volume curves and an evaluation of the static recoil-lung conductance relationship in asthmatic children enable a distinction of these two types of functional derangements. Increased pulmonary distensibility consistent with an increase of alveolar air space seems to indicate an involvement of tissue elements. In contrast, decreased airway distensibility indicates a defect in the conducting airways. Sympathomimetics not only have a positive effect on airway mechanics, but seem to increase lung distensibility both in patients with hyperinflation and to an even greater degree in patients whose lungs are already too compliant. (*Pediatr Res* 18:1154-1159, 1984)

Abbreviations

PV, pressure volume
 C_{dyn} , dynamic compliance
 FiO_2 , fraction of inspired oxygen
 FRC, functional residual capacity
 G_L , lung conductance
 P_b , barometric pressure
 P_{stL} , static recoil pressure
 $P_{stL} \cdot G_L$, static recoil-lung conductance
 R_L , total lung resistance
 RV, residual volume
 SD-S, standard deviation score
 TG, trapped gas

TGV, thoracic gas volume
 TLC, total lung capacity
 VC, vital capacity
 V_L , lung volume

One of the epidemiological aspects of childhood asthma is the question of the reversibility of functional abnormalities (23) and in particular how this factor relates to the potential to develop chronic obstructive lung disease. In this paper, we describe some functional features which may serve as indicators of later lung damage.

Airflow limitation, the common functional characteristic of airway disease, can be due to a decrease in driving pressure (pulmonary elastic recoil), or intrinsic airway narrowing (4, 5, 17, 18, 24-27, 34). Studies in adults have related the PV characteristics of the lung to structural alterations (17, 18, 30, 37). However, recent studies have shown that only the exponential analysis of PV curves accurately define PV characteristics in different age groups and groups with different functional derangements (7, 8, 17, 18, 20, 29, 31-33, 35, 36). An exponential analysis of PV curves yields a shape constant K , reflecting pulmonary distensibility (6, 7, 17, 18) which is independent of sex and lung size, and is additionally insensitive to differences in measurement techniques (7, 20, 36). However, the relationship between the exponential shape constant K and furthermore b , the intercept defining the position of the PV curve in respect to the pressure axis on the one hand, and age and growth on the other hand, are not known. In addition, it is essential not only to describe the shape of the curve, but also to determine its position in relation to the pressure and volume axis. Therefore, additional parameters like the asymptotes indicating the lower and upper limits of lung volume are required. Data of healthy children, evaluated by a new sigmoid exponential function, have recently been published (24).

The dynamic behavior of the airways, and hence an evaluation of the state of lower airways, is best represented by the relationship between airway dimensions and airway distending forces. Lung conductance varies with the state of inflation as a function of the elastic forces of the lungs, which provide forces to distend the airways (4). In addition, factors reflecting changes in the airway wall and lumen itself have to be considered (reduced bronchial distensibility). Therefore, the contribution of intrinsic narrowing to the airflow limitation can be approximated by plotting lung conductance (G_L), measured at low flows, against static recoil pressure (P_{stL}).

In the present study we measured PV curves in symptom-free asthmatic children and were interested in whether, within this apparently clinically homogeneous group of young patients, different functional groups might be detected. Moreover, we wanted

Received November 30, 1983; May 10, 1984.

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This study was supported by Grants from the University of Liege (Belgium) and the Stiftung zur Foerderung wissenschaftlicher Forschung an der Universitaet Bern (Switzerland).

to know how such functional abnormalities are influenced by β -2-agonists.

MATERIALS AND METHODS

Patients. Twenty-four asthmatic children and adolescents, ages between 7 and 21 years, who were regularly attending the asthma clinic of the University Children's Hospital Liège (Belgium) were selected for this study. All patients were known to have asthma for more than 1 year with episodic dyspnea, positive skin tests, positive RAST results, well documented varying reversible bronchoconstriction (positive response to β -2-mimetics), bronchial hyperreactivity (histamine challenge test), and positive bronchial challenge test to one or more allergens. All patients were familiar with the lung function technique applied and were evaluated strictly during the symptom-free interval (9, 23). Nevertheless, they had mild to severe occult lung function abnormalities.

Lung distensibility was evaluated measuring the quasi-static PV-curves between FRC and approximately 90% TLC (Fig. 1) using the pressure and volume as input to a computer program designed to fit the data to a sigmoid exponential function of the form (24):

$$V_L = V_m + [V_M / (1 + be^{-K \cdot P_{stL}})]$$

where V_L is the lung volume, P_{stL} is the static recoil pressure, and V_M and V_m are the upper and lower asymptotes (limit of lung volume). The effect of varying these parameters is shown in Figure 1. A high numerical negative K indicates a very compliant lung, whereas a low K indicates a lung with decreased lung distensibility. The PV curves with high K are high sloped and high curved, especially in the upper lung volume range. In contrast, a decrease of K leads to a decrease of the slope and increases the linearity of the curve. The logarithm of the intercept of this exponential function ($\ln b$) defines the position of the PV curve with respect to the pressure axis in so far as an increase of $\ln b$ means a right-hand shift, a decrease of $\ln b$ a left-hand shift of the curve, respectively (24).

Airway distensibility was evaluated by determination of the slope of the P_{stL} - G_L plot. If high P_{stL} is needed to increase lung conductance, the distensibility of the airways is low. Consequently, θ , the slope of the P_{stL} - G_L plot is low (Fig. 1). Conversely, if lung conductance is increased by increasing static recoil pressure (as in normal subjects), θ is high, demonstrating good airway distensibility (5).

Experimental procedure. Lung function tests were performed at least 2 wk after the last acute episode and after cessation of bronchodilating and steroid drugs. FRC was measured by the

helium dilution technique in a closed spirometric circuit. At least three measurements were performed and the mean of the two nearest measurements of FRC was calculated. Each measurement was followed by three slow VC maneuvers so that TLC and RV were calculated. TGV at the resting end-expiratory level was measured with the patient seated in an air-conditioned, constant volume, variable pressure whole-body plethysmograph for children (12). Static respiratory efforts against the shutter were performed at low frequency (no panting) and TGV was measured by the Boyle's law technique (11). Lung volume data were expressed in per cent predicted normal, based on the standing height using data collected in healthy subjects from a similar population (13, 15). The TG was defined as the difference between TGV (plethysmographically determined) and FRC (determined by helium dilution technique) both expressed in per cent predicted normal.

Transpulmonary pressure was recorded as the difference between mouth and esophageal pressure by the esophageal balloon technique of Milic-Emili *et al.* (28). The catheter with the balloon adjusted to P_b and therefore at almost zero volume (length, 9.5 cm; perimeter, 5 cm; wall thickness, 0.1 mm) was connected to a pressure transducer (Elema-Schonander EMT 34). The volume displacement coefficient of the catheter-manometer system was about 0.004 mm/cm H₂O. Great care was taken to locate the balloon in the mid to lower one-third of the esophagus, the distance between the nares and the balloon having been estimated from our own published data (14).

P_{stL} , equal to transpulmonary pressure at zero flow points, was obtained in absolute values, *i.e. versus* P_b . Air flow was measured by means of a Fleisch pneumotachograph No. 2 and lung volume changes were given by integration of the flow signal. PV curves during inflation between FRC and 90% TLC were obtained by the so-called "stepwise inflation technique" (24). The child was asked to breathe as regularly as possible (respiratory frequency, 16.7 ± 1.5 /min) at different lung volumes during stepwise inflation (Fig. 2). P_{stL} at the different lung volumes was measured as the mean of the end-expiratory pressure of at least five cycles during quiet breathing. During the stepwise inflation, oxygen was continuously added to the spirometric system in order to keep the inspiratory oxygen concentration (FiO₂) constant (Beckman analyzer). Changes in helium concentration indicating changes in the calculated FRC due to recruitment of alveolar space was carefully recorded. By this approach, it was possible to follow the variations of FRC and, by addition of the inspiratory capacity to the actual FRC, to get the actual TLC for each step (22). In order to obtain V_L in absolute terms, the different inspiratory levels were recalculated on the basis of the greatest

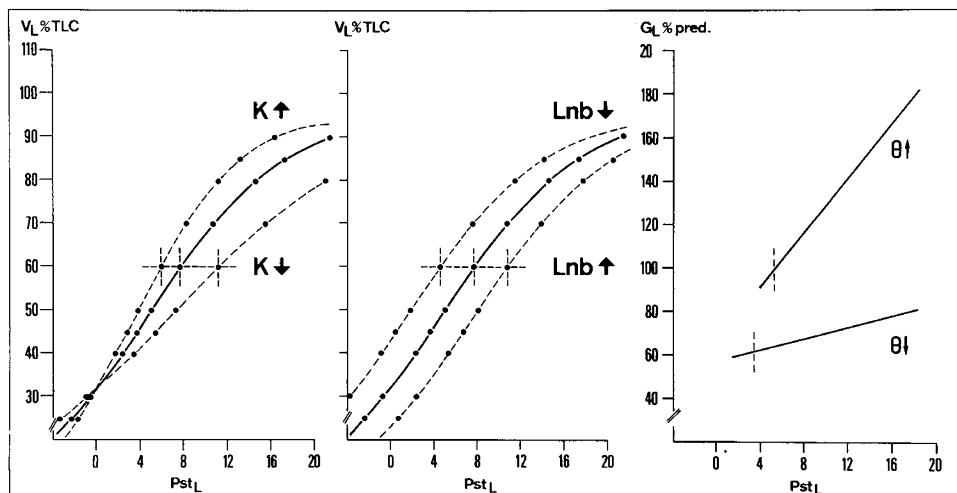


Fig. 1. Evaluation of lung distensibility (left) due to the computation of K from the exponential PV curve-fitting model: $V_L = V_m + [V_M / (1 + be^{-K \cdot P_{stL}})]$. Middle, influence of $\ln b$ (the natural logarithm of b) on the PV curve. Right, determination of airway distensibility according to the slope θ of the P_{stL} - G_L plot (high θ : good airway distensibility; low θ : reduced airway distensibility).

calculated TLC, reached after complete helium dilution, subtracting the corresponding inspiratory capacities. V_L was expressed in per cent TLC in order to correct for body (and hence, lung) size. Data were recorded on a multichannel recorder, extracted and punched on diskettes for subsequent computer analysis (DEC PDP 11/03). For each patient, at least two satisfactory sets of inflation PV data were required for analysis. In order to correct the values according to the age dependency and

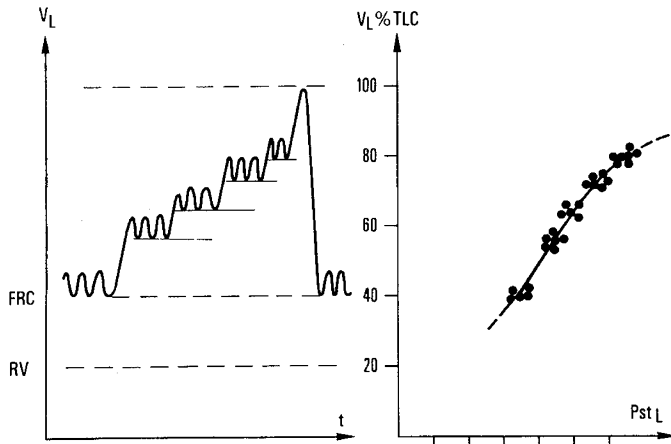


Fig. 2. Respiratory pattern in order to obtain PV data during normal breathing with stepwise inflation from FRC up to 90% of TLC.

logarithmic distribution in healthy children (24), K and $\ln b$ have been expressed in standard deviations (SD-S).

Total pulmonary flow resistance (R_L) was calculated from midtidal esophageal pressure and flow changes during quiet breathing for each inspiratory level (mean of at least five breathing cycles). G_L was calculated as reciprocal value of total pulmonary flow resistance and was expressed in per cent predicted according to the values previously worked out in healthy children (15). Dynamic compliance (C_{dyn}) during normal frequency breathing was calculated from simultaneous volume and intraesophageal pressure changes at zero flow points between the start and end of the inspiration (14).

Statistical analysis. Correlations were performed by regression analysis and the Spearman rank correlation tests; discriminating analysis of K and θ was by the Kruskal-Wallis H test.

RESULTS

Anthropometric data, the measurements of lung volumes (TLC, TGV, FRC, RV), total resistance to the airflow (R_L), and dynamic compliance (C_{dyn}) (both measured at FRC and presented in per cent predicted), as well as K and θ (slope of the $P_{stL}-G_L$ per cent predicted plot) in absolute values are summarized in Table 1. According to functional features, the patients have been divided into three groups, where group I comprises patients with hyperinflation (TGV > 130% predicted = mean + 2SD), group II patients with hyperinflation and bronchoconstriction (TGV > 130% predicted = mean + 2SD; R_L > 130% predicted = mean + 2SD) and group III patients with broncho-

Table 1. Biometric data, lung volumes and their subdivisions, parameters of lung mechanics as well as the shape constant K and the slope θ of the 24 asthmatic children investigated*

	Age (yr)	Height (cm)	TLC	TGV	FRC (% predicted)	RV	R_L	C_{dyn}	K (cm H ₂ O ⁻¹)	θ
Group I (hyperinflated)										
R. P.	10.0	147	115	142	136	131	101	142	-0.3491	8.55
Z. D.	7.6	119	108	142	101	135	93	148	-0.4192	10.20
P. C.	19.4	184	115	158	148	151	105	144	-0.2013	5.35
D. L.	14.5	179	114	131	124	136	95	136	-0.2333	5.30
L. J.	9.1	135	103	144	115	132	87	113	-0.3289	8.65
T. S.	12.6	139	111	146	136	126	109	129	-0.2858	5.75
S. J.	12.2	142	110	153	130	135	91	141	-0.2172	5.80
B. A.	14.5	170	114	142	140	158	111	117	-0.1758	3.25
G. P.	9.5	134	112	159	133	168	111	84	-0.2261	4.50
Mean ± SD			111.3 ± 3.9	146.3 ± 8.9	129.2 ± 14.1	141.1 ± 14.2	100.4 ± 9.2	126.2 ± 20.5		
Group II (hyperinflated and bronchoconstricted)										
S. J.	12.2	149	110	169	118	152	158	103	-0.2172	5.80
B. P.	12.3	156	109	128	128	127	149	125	-0.1798	3.32
D. V.	11.3	142	118	148	129	116	143	104	-0.2059	3.15
L. D.	12.3	155	110	135	130	128	159	72	-0.2344	4.45
V. T.	14.1	152	109	133	128	150	156	116	-0.1457	2.13
Mean ± SD			111.2 ± 3.8	142.6 ± 16.5	126.6 ± 4.9	134.6 ± 15.7	153.0 ± 6.8	104.0 ± 20.1		
Group III (bronchoconstricted)										
B. M.	18.0	169	109	119	116	117	139	121	-0.1440	2.15
L. P.	12.2	146	105	124	120	123	134	118	-0.1714	1.55
G. G.	16.3	171	101	125	118	150	132	80	-0.1115	2.15
S. S.	8.9	141	113	115	118	99	164	82	-0.2227	1.74
M. M.	16.9	172	103	112	115	132	153	93	-0.1245	0.76
H. M.	13.2	147	98	114	118	116	136	82	-0.1667	0.30
M. F.	9.5	147	103	101	100	128	226	98	-0.1792	1.15
T. E.	11.1	142	102	116	110	160	154	114	-0.1633	1.55
A. M.	10.5	135	90	125	112	93	145	106	-0.1403	-1.09
B. F.	21.3	158	84	102	89	78	234	62	-0.1434	0.65
Mean ± SD			100.8 ± 8.5	115.7 ± 9.2	112.6 ± 11.2	119.6 ± 25.1	161.7 ± 37.4	95.6 ± 19.3		

* TLC, TGV, FRC, RV, R_L , and C_{dyn} are the percentage predicted for height.

constriction without hyperinflation ($R_L > 130\%$ predicted = mean + 2SD).

In evaluating the indices of lung distensibility (K , $\ln b$) and bronchial distensibility (θ), the sensitivity of the indices within the three groups and the variability of the indices for a given patient and among patients in a given group (I-III) were examined and presented in Table 2. For all indices, the intrasubject variability from the repeated PV maneuvers of each patient as the relative difference $RD = |Z_1 - Z_2|/AZ$ was calculated, where Z_1 and Z_2 are the values of any index Z for the two PV maneuvers and AZ is their average value. MRD is the mean value of RD within each group. The intrasubject variability of the indices is characterized for all subjects by a mean and standard deviation of the relative difference $MRD = RD/N$; $SDRD = (\sum(RD - MRD)^2/N)^{1/2}$, where N is the total number of patients.

The averaged values of the two measurements for K (lung distensibility) and θ (airway distensibility), expressed in SD-S (numbers of SDs from the mean) are shown in Figure 3. In order to correct for age, and hence body size, both variables are presented in SD-S. Hyperinflated patients (group I) are presented with open circles, hyperinflated and bronchoconstricted patients (group II) by closed circles, and bronchoconstricted patients without hyperinflation (group III) by triangles. There is a close relationship between K and θ over the range of all three groups ($r = 0.85$; $p < 0.001$).

Table 3 presents the statistical analysis: K (lung distensibility) is best correlated with R_L ($r_s = 0.63$; $p < 0.001$); however, it also is correlated with TGV and C_{dyn} . θ is best correlated with TGV ($r_s = 0.77$; $p < 0.001$). By the Kruskal-Wallis H test, it can be demonstrated (Table 3) that both K and θ have the potential to discriminate the three groups I-III ($p < 0.001$).

In six patients (three from group I and three from group III), the effect of a β -2-mimetic (salbutamol) was studied. Average changes in response to the inhalation of 0.5 mg of the drug as metered aerosol are represented in Figure 4. The higher the numerical negative value of K initially is, the larger the increase of K induced by the β -agonist. In contrast, after administration of bronchodilator, the bronchial distensibility represented by θ increased markedly in each subject, especially in group III. Measurements of P_{sIL} at different lung volumes showed that lung elastic recoil pressure was significantly decreased at all lung volumes between 40 and 90% TLC after β -2-medication. In respect to the changes in P_{sIL} after β -2-mimetics, it appears in these small groups of patients that P_{sIL} at FRC was smaller in

Table 2. Means and SD for intergroup sensitivity and MRD, as well as means and SD for intrasubject variability.

n	Sensitivity			Variability (%)
	Means	SD	MRD	Means SD
K				
I.	-0.2802	0.077	0.182	
II.	-0.1966	0.034	0.155	
III.	-0.1512	0.034	0.176	
All				17.4 ± 11.3
$\ln b$				
I.	2.20	0.512	0.147	
II.	1.24	0.514	0.105	
III.	0.81	0.441	0.197	
All				15.9 ± 11.7
θ				
I.	6.42	2.451	0.103	
II.	3.86	1.136	0.165	
III.	1.42	0.979	0.105	
All				11.7 ± 11.9

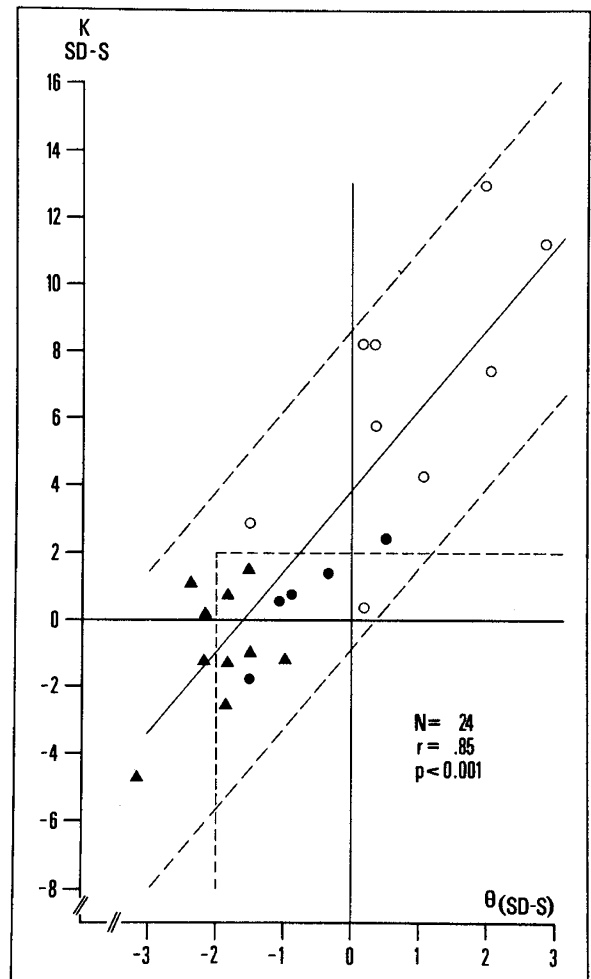


Fig. 3. Relationship between θ (slope of the P_{sIL} - G_L plot) as index of airway distensibility and K (exponential factor of the PV curve) as index of lung distensibility, both presented in standard deviations scores (SD-S = number of SDs from the mean) (O: hyperinflated patients, group I; ●: patients with hyperinflation and bronchoconstriction, group II; ▲: patients with bronchoconstriction without hyperinflation, group III). Rectangular lines ($-2SD \theta$, $2SD K$) = $2SD$ of θ , K , respectively.

Table 3. Correlations between K and θ and different lung function parameters (Spearman rank correlation test)*

	r_s	
	K	θ
TGV	0.57†	0.77‡
R_L	0.63‡	0.70‡
C_{dyn}	0.59‡	0.52†
Kruskal-Wallis H test*		
\hat{H}	15.66‡	16.59‡
$\chi^2_{0.001} = 13.82$		

* Evaluation of the distinction of groups I-III, due to K and θ . (r_s , Spearman correlation coefficient; H , variance of all rank sums).

† $p < 0.005$.

‡ $p < 0.001$.

patients of group I (22.1%) than the decrease in P_{sIL} at 80% TLC (26.5%), whereas the decrease in P_{sIL} at FRC in patients of group III was clearly higher (21.7%) than the decrease in P_{sIL} at 80% TLC (14.2%).

DISCUSSION

The present study shows that sigmoid exponential model-fitting of static PV curves can be applied to PV curves of

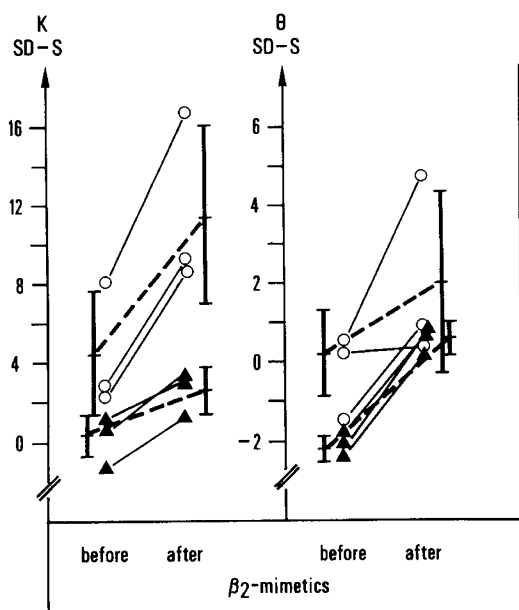


Fig. 4. Influence of a β -2-agonist (salbutamol) inhaled as metered aerosol on the K values (lung distensibility) and the slope θ (airway distensibility), both presented in standard deviations scores (SD-S = number of SDs from the mean). \circ : hyperinflated patients, group I; \blacktriangle : bronchoconstricted patients, group III.

asthmatic children. In this context, the shape constant K can be thought to be an index of *lung distensibility*. Evaluating the forces distending the airways, θ , the slope of the $P_{sIL}-G_L$ plot features an index of the dynamic behavior of the conducting airways and consequently is an index of *airway distensibility*. This study shows that there is a linear relationship between K and θ , revealing that lung distensibility is closely related with airway distensibility (Fig. 3).

However, before considering the implication in respect to the clinical relevance of this functional feature, some aspects of measurements and their significance have to be pointed out. The "static" pressures are in fact values taken at instants of zero flow during quiet breathing; hence, the values are similar to dynamic compliance measurements, but performed for a substantial range of lung volume (45–90% TLC). In a previous paper, we showed that there is no frequency dependence, at least if the "stepwise inflation/deflation technique" is applied (24). It must be assumed that the end-expiratory pressure points fall within the area of the hysteresis of full static inflation and deflation limbs of measurements performed by the usual technique. Consequently, our technique cannot show the phenomenon of hysteresis, and the results presented are not easily comparable with other studies. PV characteristics are influenced by the number of functioning alveolar units contributing to the shape of the PV curve. This fact has to be considered especially if lungs with different alveolar size are investigated. In addition, the determination of K is influenced by the presence or absence of volume of trapped gas, and alveolar recruitment at higher lung volumes has to be considered, a standard which is fulfilled, since lung volumes are measured and introduced in the computation of the PV curve fitting in absolute terms (see "Materials and Methods"). In the present study, the different lung size of the growing child has been taken into account in as far as data have been based on values predicted normal. The values found in asthmatic children, therefore, have been expressed either in per cent predicted or standard deviation scores (SD-S = number of SDs from the mean).

The exponential PV curve analysis and the corresponding relationship with the $P_{sIL}-G_L$ plot allow the distinction into two types of functional derangements, one concerning lung distensibility and the other airway distensibility. Different authors dem-

onstrated in studies of excised postmortem lungs with morphometric changes that PV behavior enables the distinction between different stages of emphysema (18, 32). The shape constant K as a discriminating index in the detection of emphysema patients was established. Pulmonary emphysema by definition is a morphologic diagnosis and, therefore, can only be truly identified by histological examination of the lungs. We have no such findings. On the other hand, it is recognized that in adults there are some asthmatic patients with hyperinflation and high numerical negative K values. They have additionally a certain loss of elastic recoil and consequently increased lung compliance. The question arises whether children with hyperinflation and very high numerical negative K values are not patients presenting pre-stages of such adult asthmatics presumably with already enlarged airspaces.

It was demonstrated several years ago that only the $P_{sIL}-G_L$ slope represents adequately the flow-resistive behavior of the lungs (5, 25). In contrast to the static recoil airway conductance ($P_{sIL}-G_{aw}$) relationship investigated by several authors (16, 25), the static recoil lung conductance plot includes lung tissue resistance (2, 3). This component is more dominant the younger the subject is and the higher the subject's end-expiratory level approaches the full inspiratory position (2). If interstitial changes of the lung are suspected and *lung conductance* is measured, such values are in comparison with normal subjects decreased even at FRC (1). In contrast, static recoil *airway conductance* curves may be in the range of normal (16). There are three contributing factors determining the differences of θ , the slope of the $P_{sIL}-G_L$ plots. (a) At constant mean flow rate and FRC, the lung tissue resistance increases with increasing tidal volume (3). (b) Lung tissue resistance is considerably higher in subjects with small lung volumes and low compliances than in large and highly compliant lungs (2). (c) Lung tissue resistance increases progressively when breaths are taken on increasing inspiratory level, *i.e.* where compliance is reduced and hence transpulmonary pressure amplitudes (pressure difference between end-inspiratory and end-expiratory points of a breath) begin to be larger (2, 3). Therefore, differences in the $P_{sIL}-G_L$ relationship can serve as a second discriminating element in the approach to separate different functional groups of asthmatic children. Consequently, patients of group III presenting reduced airway distensibility are assumed to suffer from a flow-independent resistive pulmonary defect due to an alteration of the nonideal elastic behavior of the lung tissue with increased work per breath and mechanical energy loss dissipated as heat.

The influence of β -2-agonists on PV curve characteristics has only been reported on the basis of P_{sIL} changes at different lung volumes in adults (10). Our findings of decreased P_{sIL} especially for higher lung volumes, represented by increased K values, are in agreement with the results of De Troyer *et al.* (10) showing that healthy subjects after administration of a β -2-agonist decrease lung elastic recoil for all lung volumes. The findings of increasing K in hyperinflated patients (group I) after β -2-mimetics are in contrast to observations of Colebatch *et al.* (8) showing a decrease of K in adult asthmatics after β -2-mimetics. One explanation can be found in the manner the PV data have been computed. Whereas Colebatch's curve fitting is restricted to the upper lung volume ranges (>50% TLC), avoiding the influence of airway closing and airway opening, our curve-fitting model takes into account the whole range of inspiratory capacity (FRC until 90% TLC). This approach therefore may be affected by changes in the airway dynamics. Thus, the increase of K after β -2-mimetics in our study may well be the effect of better airspace ventilation.

According to the network model of pulmonary elastic behavior described by Mead *et al.* (27), it may be assumed that elastic recoil is altered by changes in the tensile forces per unit area transmitted by each element. However, although tissue elements provide a degree of structural rigidity for alveolar septa, and facilitate the transmission of forces between contiguous air spaces

(interdependence phenomena), findings of Haber *et al.* (19) indicate that the density of surface forces is more relevant than the density of tissue elements in determining lung recoil. One other hypothetical explanation could be found by attributing changes in the PV characteristics due to β -2-agonists to changes in the alveolar duct smooth muscle tone. This suggests that β -2-agonists produce dilation of terminal lung units by relaxing smooth muscles in the alveolar ducts or elsewhere and the marked increase in K could be explained as consistent with the findings of Haber *et al.* (19), demonstrating that in different species, differences in lung distensibility (defined by K) are directly related to the size of air spaces.

In conclusion, the study shows that even in the "symptom-free" interval marked functional abnormalities may be present in asthmatic children. There must be a distinction between increase of lung distensibility and impeded airway function. The influence of β -2-mimetics to the latter abnormality is favorable. In contrast, β -2-mimetics seem to increase even more the lung distensibility of asthmatic children whose lungs are already too compliant, a rather undesired effect. However, this latter observation is controversial and, moreover, the time course of this effect is not known. Further studies are needed in order to define the efficiency of β -2-agonists, especially in hyperinflated asthmatics.

Acknowledgments. The authors gratefully acknowledge Prof. S. Godfrey for reviewing the manuscript and useful criticism, Ms. I. Glaser and Mr. R. Stucki for graphical representation, and Mrs. S. Lerch for secretarial work.

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