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Postheparin Plasma Lipase Activities and Plasma **Lipoproteins in Newborn Infants**

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Summary

We measured blood glucose, serum insulin and apoprotein A-I and A-II, and triglycerides and cholesterol contained in serum lipoprotein fractions of 24 full-term newborn infants who underwent exchange transfusion with heparinized blood for hematological reasons. The values were similar to those previously reported for healthy newborn infants. We also measure lipoprotein and hepatic lipase activities with specific methods. Fifteen minutes after an intravenous heparin bolus of 100 IU/kg, mean lipoprotein lipase activity in infants (16.0 µmol free fatty acids/ml/h) was as

in adults. In contrast, hepatic lipase activity was significantly higher in infants (54.3 μ mol free fatty acids/ml/h) than in adults. There was no sex difference in the infant lipase activities. Lipoprotein and hepatic lipase activities were also measured 5 and 15 min after a heparin bolus of 10 and 50 IU/kg: 10 IU/kg released only part of the lipase activities. In addition, the two lipases were measured during the exchange transfusion. Although 92% of the original infant blood was removed, lipoprotein lipase activity remained constant. In contrast, hepatic lipase activity decreased considerably. In infants, postheparin lipolytic activity is a conventional measure of lipoprotein lipase. Lipoprotein and hepatic lipases comprise 95% of postheparin lipolytic activity. In our infants, hepatic lipase activity was 3.4 times higher than lipoprotein lipase activity. Hence, it seems unjustified to use postheparin lipolytic activity as a measure of lipoprotein lipase.

Abbreviations

LPL, lipoprotein lipase PHLA, postheparin lipolytic activity VLDL, very low density lipoprotein LDL, low density lipoprotein HDL, high density lipoprotein FFA, free fatty acids

Within a few hours after birth, fat becomes the main metabolic fuel: plasma free fatty acid and glycerol concentrations increase, the level of blood ketone bodies becomes elevated, and the respiratory quotient decreases (15). Fat metabolism in newborn infants has, however, not been characterized in detail.

LPL hydrolyzes triglycerides in chylomicrons and VLDL of plasma. Lipoprotein lipase is the rate-limiting factor for clearance of fat from the circulation in adults (6, 33, 37). Lipoprotein lipase is released by heparin from the vascular endothelial surface of muscle and fat tissue.

Hepatic lipase is released by heparin from the vascular endothelial surface of the liver (24, 30). Its role in lipoprotein metabolism has not been established yet (14, 22, 23, 29).

In newborn infants, PHLA is a conventional measure of lipoprotein lipase activity (8, 20, 41). Hepatic lipase, however, forms a substantial part of postheparin lipolytic activity (18, 37). Therefore, the activities of the two lipases should be measured separately in infants, too.

In the present study, we measured, with specific methods, lipoprotein and hepatic lipase activities in the postheparin plasma of newborn infants who, because of hematological reasons, underwent an exchange transfusion with fresh heparinized blood (25, 35). We also measured other parameters of fat and carbohydrate metabolism.

MATERIALS AND METHODS

Patients. We studied 24 newborn infants, 10 girls and 14 boys, born to healthy mothers without major pregnancy complications. Four babies were delivered by cesarean section, the others through vaginal route.

All infants were born at term: the mean gestational age was 38 weeks (range, 37-41 weeks). The mean birth weight was 3470 g (range, 2800-4220 g). One infant had an Apgar score (1) of 4 at 1 min of age but 9 at 5 min. All others had normal Apgar scores ranging from 7 to 10 at 1 min of age.

Twenty-two infants underwent an exchange transfusion for hematological reasons. In the Children's Hospital of Helsinki University, exchange transfusions are routinely performed with fresh heparinized blood from voluntary donors (17). Nineteen of the infants had blood group incompatibility (Rh in 10 cases, ABO in 9 cases): the mean umbilical venous hemoglobin level was 14.9 g/dl (range, 9.2–18.8), mean reticulocyte count was 9.0% (range, 3.2–19.4), and mean bilirubin level was 12.9 mg/dl (range, 6.1–22.1). Three infants, aged 4 to 6 days, had "simple" hyperbilirubinemia with pre-exchange bilirubin levels of 19.5 to 23.6 mg/dl.

Two other infants underwent, because of polycythemia, a partial plasma exchange with fresh frozen heparinized plasma. Their pre-exchange umbilical venous hemoglobin values were 25.3 and 25.6 g/dl.

All infants were in good condition and on breast feeding. Their postnatal ages ranged from 6 to 131 h at the time of the exchange. On the average, infants fasted 4 h that elapsed between the decision and performance of the exchange transfusion.

Study protocol. An umbilical vein catheter, kept open with saline, was inserted for the exchange transfusion. A blood sample was taken through the catheter to measure serum triglyceride and cholesterol (total, VLDL, LDL, HDL), serum insulin, serum apolipoprotein A-I and A-II, blood glucose, plasma lipoprotein, and hepatic lipase activities. Thereafter, a heparin (Medica, Helsinki, Finland) bolus of 10, 50, or 100 IU/kg was injected through the catheter. Blood samples were taken at 5 and 15 min after the heparin dose to measure lipase activities; part of the 15-min sample was used for routine laboratory studies. In four infants, studied with a heparin dose of 100 IU/kg, a simultaneous 15min sample was taken from a scalp vein to measure peripheral lipase activities. The conventional exchange transfusion was then performed: removal of 15 ml of infant blood alternated with replacement of 15 ml of fresh heparinized donor blood. One unit of donor blood (mean volume, 500 ml) contains 2250 IU heparin. When 100 and 200 ml/kg of blood had been exchanged, blood samples were taken to measure the activities of lipoprotein and hepatic lipases. The blood exchange lasted, on the average, 65 min and the total volume of blood exchanged was 200 ml/ kg. At the end of the exchange transfusion, the effect of heparin

Table 1. Parameters of fat and carbohydrate metabolism

Compound	(unit)	Age group								Significance of
		No.		6 - 48 h	1	No.		49 -131	1	difference ¹
Glucose	(mg/dl)	-14	48,6	(34.2 -	66.6)2	10	57,6	(39.6 -	88.2)	NS
Insulin	(µU/mI)	14	16.7	(7.3 -	31.0)	10	9.2	(4.2 -	20.8)	0.0023
Triglycerides	(mg/dl)	14	87.1	(46.6 -	151)	10	116	(-66.0 -	157)	0.0095
VLDL-triglycerides	(mg/dl)	12	27.3	(12.3 -	59.8)	8	44.9	(22.0-	90.6)	0.020
LDL -triglycerides	(mg/dl)	12	28.2	(8.8 -	52.8)	8	36.1	(26.4 -	51.0)	NS
HDL - triglycerides	(mg/dl)	12	30.8	(20.2-	51.0)	8	26.4	(17.6 -	35.2)	NS
Cholesterol	(mg/dI)	13	64.2	(46.4 -	75.9)	10	88.6	(66.2 -	115)	0.00015
VLDL-cholesterol	(mg/dl)	11	4.4	(0.8 -	11.2)	8	6.8	(1.9 -	10.8)	NS
LDL -cholesterol	(mg/d1)	12	32.0	(21.3-	40.2)	8	47.6	(26.7 -	72.4)	0.0054
HDL -cholesterol	(mg/dl)	12	26.5	(19.4 -	31.3)	8	36.6	(20.9 -	51.1)	0.0016
HDL2-cholesterol	(mg/d1)	8	16.2	(10.8-	20.5)	5	26.5	(19.0 -	37.2)	0.0034
HDL3-cholesterol	(mg/di)	8	10,2	(8.1 -	11.6)	5	13.5	(9.7 -	15.5)	0.023
Apolipoprotein A 1	(mg/d1)	14	82.2	(62.4 -	92.7)	10	91.3	(72.8 -	112)	0.026
Apolipoprotein A II	(mg/dl)	14	27.3	(21.8 -	31.6)	10	29.3	(21.8 -	36.1)	NS

¹ Mann-Whitney one-tail test

² Mean (range)

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was routinely neutralized by protamine sulfate. Heart rate, respiration, and central venous presure were continuously monitored. All infants tolerated the exchange well.

The Ethical Committee of The Children's Hospital had accepted the study protocol.

Measurement of plasma lipoproteins. Using a Ti-50 rotor in a Beckman L7-70 ultracentrifuge (Beckman Instruments, Inc., Palo Alto, Ca) VLDL, LDL, HDL2, and HDL3 were separated by sequential spinning at densities of 1.006, 1.063, and 1.125 g/ml for 18, 24, and 56 h, respectively.

Cholesterol and triglyceride concentrations in serum and lipoprotein fractions were measured with an enzymatic method (kit No. 187313 and 297771, Boehringer Diagnostica GmbH, Mannheim, West Germany). Apoprotein A-I and A-II concentrations were measured with a radial immunodiffusion method (5).

Measurement of lipase activities. Blood samples were collected into chilled heparinized tubes kept in ice. They were immediately centrifuged and the plasma was stored at -20° C until assayed. The lipoprotein and hepatic lipase activities of the postheparin plasma were measured with the immunochemical method of Huttunen et al. (18): lipoprotein lipase was measured after inactivating hepatic lipase with a specific antiserum; hepatic lipase was measured at 1 M NaCl concentration inactivating lipoprotein lipase, no serum was added. The activities are expressed in micromoles of free fatty acid released from radioactive triolein substrate per 1 ml of plasma in 1 h (μ mol FFA/ml/h).

Statistical methods. Statistical analyses were performed using the Mann-Whitney and Wilcoxon one-tail test (36) of program 3S of the BMDP statistical software (9) adapted to Cii Honeywell Bull computer DPS 8 in Helsinki University Hospital.

RESULTS

Parameters of fat and carbohydrate metabolism. All infants were normoglycemic (Table 1). Comparing infants younger and older than 48 h, we found the serum insulin concentration decreased with age (P < 0.01). In five infants, the insulin concentration exceeded 20 μ U/ml; three of them were younger than 24 h. The serum triglyceride concentrations (total, VLDL, LDL, HDL) varied considerably. This may partially result from the different fasting periods of the infants. However, comparing infants younger and older than 48 h, we found that the total triglyceride (P < 0.01) and VLDL-triglyceride (P < 0.05) concentrations increased with age. Similarly, the total cholesterol (P < 0.01), HDL-cholesterol (P < 0.01), HDL-cholesterol (P < 0.05) concentrations increased with age. Also, the total apolipoprotein A-I concentration increased with age (P < 0.05).

Lipoprotein and hepatic lipases. There were no measurable lipase activities in the blood samples taken before heparin administration.

Fifteen minutes after a heparin bolus of 100 IU/kg, the mean activities in 16 newborn infants were 16.0 μ mol FFA/ml/h (SEM \pm 1.69) for lipoprotein lipase (Fig. 1A) and 54.2 μ mol FFA/ml/h (SEM \pm 4.38) for hepatic lipase (Fig. 1B); the values for the girls (n=5) and boys (n=11) were similar (P>0.1). For comparison, lipoprotein and hepatic lipase activities were measured in 34 healthy medical students. As Figure 1A shows, lipoprotein lipase activities were similar in newborn infants and adults. However, the mean activity of hepatic lipase (Fig. 1B) was in newborn infants 1.8 times the activity of adult males and 2.7 times the activity of adult females.

Lipoprotein lipase activity was found to be independent of postnatal age. Hepatic lipase activity in infants younger than 24 h (n = 6; mean, 42.3 μ mol FFA/ml/h; range, 20.9-62.7) was lower (P < 0.05) than hepatic lipase activity in older infants (n = 10; mean, 61.4 μ mol FFA/ml/h; range, 37.5-88.4).

In seven infants, we also measured lipoprotein and hepatic lipase activities 5 min after heparin administration. Lipoprotein (P < 0.05) and hepatic (P < 0.01) lipase activities increased



Fig. 1. Lipoprotein and hepatic lipase activities in newborns and in voluntary adult controls. Activities of lipoprotein lipase (A) and hepatic lipase (B) in 16 newborns and in 23 female and 11 male adults were measured 15 min after a heparin bolus of 100 IU/kg. The mean activities are indicated by *short horizontal lines*. Significant differences, between infants and adults females, and between infants and adult males, are indicated as follows: * for P = 0.00005; + for P = 0.0003.

newborns

adult females

adult males

between 5 and 15 min. In four infants, we measured the two lipase activities from a simultaneous 15-min sample taken from a scalp vein. Activities in peripheral and umbilical venous samples were found to be similar (P > 0.1).

In addition, we measured the activities of lipoprotein and hepatic lipases in four infants after 10 IU/kg of heparin and in another four infants after 50 IU/kg. As Figure 2 shows, both lipase activities were higher after 100 than after 10 IU/kg of heparin (P < 0.01). The lipase activities after 100 IU/kg of heparin were also higher than the activities after 50 IU/kg (Fig. 2); the difference was, however, not statistically significant. With 10 IU/kg of heparin, lipoprotein and hepatic lipase activities were higher at 5 than at 15 min (P < 0.05); with 100 IU/kg the relationship reversed.

Lipase activities during exchange transfusion. During exchange transfusion, we measured the lipoprotein and hepatic

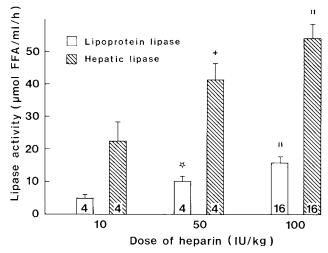


Fig. 2. Heparin dose and plasma lipase activities. Lipoprotein and hepatic lipase activities (mean \pm SEM) 5 min after a heparin bolus of 100 IU/kg and 15 min after a bolus of 50 and 100 IU/kg. The number of infants is indicated at each column base. Significant differences, in comparison with a bolus of 10 IU/kg, are indicated as follows: * for P =0.010; + for P = 0.041; || for P = 0.003.

lipase activities of the 16 infants who had received a heparin bolus of 100 IU/kg. The donor blood used contained no measurable lipase activities. The exchange started 15 min after the heparin bolus (Fig. 3). Blood samples were taken, on the average, at 45 and 81 min when 100 and 200 ml/kg of blood had been exchanged. The mean lipoprotein lipase activity remained almost unchanged during the exchange transfusion (Fig. 3A). In contrast, the mean hepatic lipase activity decreased considerably (Fig. 3B): at 45 min the activity was 47% and at 81 min 25% of the initial value measured at 15 min.

The heparin bolus was 100 IU/kg and the transfusion was performed with fresh heparinized blood containing 4.5 IU/ml. Hence, the heparin concentration (IU/kg) increased with the amount of blood exchanged. Figure 3C shows the estimated upper and lower limits of the heparin concentration. The mean heparin concentrations estimated were 255 and 285 IU/kg when 100 and 200 ml/kg of blood had been exchanged. Approximately 92% of the infant's blood was replaced. Hence, no more than about 8% of the lipoprotein and hepatic lipase activities, released during the first 15 min, could have been in the circulation at the end of the exchange. Therefore, it is remarkable that lipoprotein lipase activity remained constant. The increase of the heparin concentration estimated, however, provides a plausible explanation (19, 40).

One infant underwent three exchange transfusions within 24 h. The interval between each transfusion was about 12 h. The lipase activities measured during the first and the third exchange were similar, however. Thus, although considerable amounts of lipoprotein and hepatic lipase activities were removed, both lipases were evidently regenerated within 12 h.

DISCUSSION

The infants studied underwent an exchange transfusion because of blood group incompatibility, hyperbilirubinemia, or polycythemia. The parameters of fat and carbohydrate metabolism were not affected by abnormalities in hemoglobin level, reticulocyte count, or bilirubin concentration; they were similar to those of healthy full-term newborns (7, 13, 16, 34, 39). Hence, we consider the infants of the present study to have normal carbohydrate and lipid metabolism.

Lipoprotein and hepatic lipase activities have not been previously measured in infants. We found lipoprotein lipase activities to be similar in full-term newborn infants and adults. Hence, clearance of fat from the circulation should be as effective in

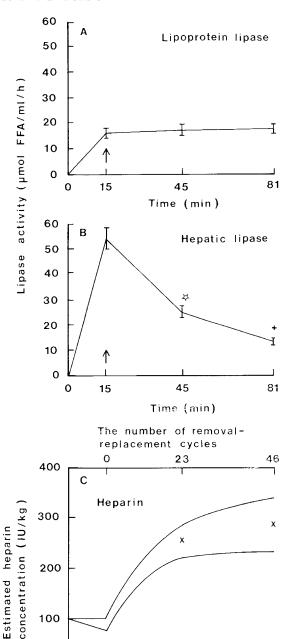


Fig. 3. Lipase activities and estimated heparin concentration during exchange transfusion (mean ± SEM of 16 infants). As arrows indicate, exchange transfusion started 15 min after a heparin bolus of 100 IU/kg. A, Lipoprotein lipase. B, Hepatic lipase; significant differences in comparison with the activity at 15 min: * for P = 0.00025; + for P = 0.00020. C. Estimated upper and lower limits of heparin concentration during exchange transfusion. 1 Crosses indicate the mean heparin concentrations at 45 and 81 min.

45

Time (min)

81

100

0

O

15

Assuming that no heparin is metabolized, we estimated the upper limit of heparin concentration (IU/kg) during exchange transfusion with the following equation:

$$H(k=(1-0.0536) H(k-1)+19.29 IU/kg$$

where H(k-1) is the heparin concentration before the kth removal and H(k) is the heparin concentration after kth replacement. The number of removal-replacement cycles are as indicated. The constants were calculated as follows: each 15 ml of blood removed was 5.36% of the total blood volume, calculated as 8% of the body weight (25, 26); each 15 ml of blood replaced contained 67.5 IU of heparin and added 19.29 IU/kg to the heparin concentration. The lower limit of the heparin concentration during exchange transfusion was estimated assuming a heparin halflife of 39 min (27).

newborn infants as in adults. However, in premature infants this may not be true (8, 41). On the other hand, the mean activity of hepatic lipase in newborn infants was considerably higher than in adults.

In accordance with previous studies (7, 10, 34, 39), we found that triglyceride and cholesterol concentrations increased with postnatal age but the cholesterol/triglyceride ratio remained unchanged. Lipoprotein lipase activity was, however, independent of age whereas hepatic lipase activity increased with age.

In agreement with prevous studies (7, 10, 19, 32, 34), we found that triglyceride and cholesterol concentration and their ratio were lower in infants than in adults. In adults, there is a positive linear correlation between lipoprotein lipase activity and HDLcholesterol (31, 38). In accordance with previous studies (16, 34), we found also that the HDL-cholesterol concentration in infants was about half of the concentration in adults. Lipoprotein lipase activities were, however, similar in infants and in adults.

Insulin is a known activator of lipoprotein lipase (2, 6, 12, 30, 33). Comparing infants younger and older than 48 h, we found that the insulin concentration decreased with age but lipoprotein lipase activity was independent of age. However, this finding may at least partially result from differences between individual fasting periods.

Hepatic lipase is released from the liver (24, 30), which is relatively large in infants. This might partly account for the high hepatic lipase activity in infants. On the other hand, Jansen and Birkenhager (21) have shown that heparin releases liver lipaselike activity from the human adrenal glands. The relative weight of the adrenal glands in newborn infants is 30 times the relative weight in adults (28), and at the age of 3 weeks, 50% of the fetal adrenal cortex is still left (28). Hence, lipase activity released from the fetal adrenal glands may contribute to the high hepatic lipase activity in infants.

We found that the HDL/LDL ratio is about 0.8 regardless of postnatal age; in adults, the ratio is about 0.4 (19, 32). Carr and Simpson (3, 4) have shown that fetal adrenal cortex actively uses LDL-cholesterol for steroidogenesis, which might explain the low concentration of LDL-cholesterol in newborn infants.

A proposed function of hepatic lipase is catabolism of HDLcholesterol (22, 23). If part of the hepatic lipase activity measured is, indeed, of adrenal origin, this part could promote the use of HDL-cholesterol, in addition to LDL, for steroidogenesis. This is feasible, since the HDL-cholesterol level is high compared with LDL-cholesterol level.

PHLA has been determined after a bolus of 10 IU/kg heparin (8, 20, 41) and used as a measure of lipoprotein lipase activity (8, 20, 41). We found, however, that 10 IU/kg released only part of the lipoprotein and hepatic lipase activity. These two lipases comprise 95% of PHLA (18) and we found that in infants the mean hepatic lipase activity was 3.4 times the mean lipoprotein lipase activity. In addition lipoprotein and hepatic lipase activities can vary independently. Hence, it seems unjustified to use PHLA as a measure of lipoprotein lipase.

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Diamine Oxidase and Disaccharidase Activities in **Small Intestinal Biopsies of Children**

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Summary

A relationship between disaccharidase and diamine oxidase (DAO) activities was looked for by measuring these enzyme activities in histologically normal small intestinal biopsies of 18 children. The range for disaccharidase activities expressed in U wet weight was 0.1-5.7, 7.1-36.7, and 2.3-8.5 for lactase, maltase, and sucrase, respectively. The range for DAO activities expressed in nmol h⁻¹ g⁻¹ wet weight was 202-974. Significant correlations were found between disaccharidase and DAO activities (lactase versus DAO: n = 17, r = 0.80, P < 0.001; maltase versus DAO: n = 18, r = 0.70, P < 0.001; sucrase versus DAO: n = 18, r = 0.55, P < 0.05). Our results further support the hypothesis that DAO is a marker of small intestinal functional integrity in children.

Abbreviation

DAO, diamine oxidase

DAO is an enzyme showing a high activity in small intestinal mucosal extracts from humans and other mammalian species (4). The enzyme is localized in the cytosol fraction of mature villous enterocytes (1). The physiological function of this enzyme in the intestinal mucosa is still a matter of discussion (1). DAO activity is measurable not only in mucosal extracts but also in serum. A correlation between serum and ileal activities has been shown to exist in the rat (4).

It has been suggested that the presence of this enzyme activity in the small intestinal mucosa would reflect the presence of mature functional villous enterocytes (4). In the rat, DAO and disaccharidase activities follow a parallel increase during both intestinal maturation and recovery after intestinal injury (4). If, in children, both disaccharidase and diamine oxidase activities are characteristics of functional villous enterocytes, a correlation between these activities could exist. The present study is the first one which looks for a possible relationship between intestinal DAO and disaccharidase activities in children with a histologically normal mucosa.

PATIENTS AND METHODS

Eighteen children were studied. Age, sex, and clinical data are shown in Table 1.

A small intestinal biopsy of our patients was taken in order to exclude an enteropathy as a possible cause of their clinical symptoms. Informed consent was obtained for each patient. Only the results obtained in children showing no or minimal histological biopsy changes were included in this study. Biopsies were generally obtained from the distal duodenum by endoscopy (G1P, P3, Olympus). Biopsies from other intestinal parts were taken when necessary. No complications were encountered. Duodenal biopsies were wrapped in parafilm and frozen (-20°C). Analysis was performed within 2 weeks.

Methods. Measurement of disaccharidase activities. The activity of lactase (EC 3.2.1.23), maltase (EC 3.2.1.20) and sucrase (EC 3.2.1.48) was measured according to the method of Dahlqvist (3). The specific activities were expressed in units g-1 wet weight of mucosa.

Measurement of DAO activities. The activity of DAO (EC 1.4.3.6) was estimated by a method close to the radiometric technique described by Okuyama and Kobayashi (6). In this method, [3H] putrescine is used as substrate. The reaction product $(\Delta_1$ -pyrroline) is extracted in toluene and its radioactivity is estimated by using a scintillation spectrometer (Packard, 3255).

Details were as follows. Each small intestinal biopsy was extracted in distilled water (1 mg/200 µl) by using a Potter homogenizer (equipped with a glass pestle and tube). The extract was used without further treatment for the measurement of the disaccharidase activities. It was diluted 20 times in phosphate buffer (0.1 M, pH 7.4) for the estimation of the DAO activity.

[3H]Putrescine was purchased from New England Nuclear Co. It had a specific radioactivity of 40.5 Ci mmol⁻¹. Before utilization, it was mixed with unlabeled putrescine in order to reach a specific radioactivity of approximately 1 Ci mmol⁻¹. To determine the DAO activity, 50 μ l of the homogenate was mixed with 50 μl of putrescine (160 pmol, yielding approximately 280,000

The mixture was incubated at 37°C for variable periods (0, 10, 20, and 30 min). The reaction was stopped by the addition of 10