

Hypoxanthine and Oxygen Induced Lung Injury: A Possible Basic Mechanism of Tissue Damage?

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Summary

Lung injury was induced in young rats by a continuous infusion of hypoxanthine intravenously and breathing 100% oxygen for 48 h (group 1). Control animals were rats infused glucose and breathing 100% oxygen (group 2), rats infused hypoxanthine in room air (group 3), and untreated rats (group 4). In group 1 rats interstitial and alveolar edema was found with a tendency toward marked margination of polymorphonuclear neutrophils in small vessels ($P < 0.025$ compared with group 2). The main elastase inhibitor α_1 -antitrypsin (α -1-PI) was significantly elevated in group 1; 2-, 3- and 5-fold, respectively, when compared with groups 2, 3, and 4. The surfactant phospholipids from alveolar lavage were normal in all groups. The protein-rich fraction of the lavage fluid from group 1 rats inactivated, however, the surface properties of lung surfactant. Minimum surface tension in group 1 rats was 14.5 dyn/cm compared with 7.0 dyn/cm in group 2, 2.9 dyn/cm in group 3 and 3.5 dyn/cm in group 4 ($P < 0.05$, group 1 and 2 versus 4). We conclude that the combination of hypoxanthine and high levels of oxygen causes lung injury, possibly via free oxygen radicals. We discuss the possibility that these findings demonstrate a basic pathogenetic mechanism for the hypoxic-hyperoxic insult and can contribute to the understanding of pathogenesis of a variety of diseases both in pediatrics and adult medicine.

Abbreviation

α -1-PI, α_1 -antitrypsin

Free oxygen radicals have been shown to destroy cell membranes by lipid peroxidation (3, 8, 11, 21). It has been suggested that such radicals play an important role in the pathogenesis of the acute and chronic lung damage among patients treated with oxygen. Many authors have, however, suggested that oxygen must be combined with other more or less unknown factors, before injury occurs (14, 27).

Recently, it has been shown that the hypoxanthine/xanthine oxidase system generates free radicals (7), and that this system potentially induces inflammatory changes both in the hamster cheek pouch (22) and the rat lung (16). Further, it has, by now, been well established that hypoxanthine accumulates in tissues (33), plasma (30, 32, 34, 35), and other body fluids (12, 23, 25) during hypoxia. When high concentrations of oxygen are administered to the hypoxic patient, large amounts of free radicals may be produced by the hypoxanthine/xanthine oxidase system.

We, therefore, have raised the question whether the combination of hypoxanthine and oxygen is more damaging than high oxygen alone to the lung. In the present study we evaluated this by investigating experimentally the effect on the rat lung to 100%

oxygen exposure with simultaneous intravenous hypoxanthine infusion.

MATERIALS AND METHODS

Young female rats of the Wistar strain, weighing 170–230 g, were used. Four groups were investigated. *Group 1*, rats infused continuously with 5 mM hypoxanthine dissolved in 5% glucose and exposed to 98–100% oxygen ($n = 10$). *Group 2*, rats infused continuously with 5% glucose and exposed to 98–100% oxygen ($n = 9$). *Group 3*, rats infused continuously with 5 mM hypoxanthine dissolved in 5% glucose in room air ($n = 5$). *Group 4*, untreated rats ($n = 7$). Infusion rate was approximately 80 ml·kg⁻¹·24 h⁻¹ and all experiments lasted 48 h. The infusions were performed with a Harvard infusion pump via a tail vein. A millipore filter (pore size, 0.45 μ m) was included in the infusion line. The rats were fed with normal laboratory food and had access to water *ad libitum* before the experiments. During experiments they were not given food or extra water.

Rats in groups 1 and 2 were put into a sealed transparent chamber continuously flushed with O₂. The oxygen concentration was confirmed by direct measurements. The CO₂ was adsorbed to Ca(OH)₂. Humidity was maintained by having an open water surface within the chamber. The experiments were performed at room temperature.

The rats were sacrificed with an intravenous bolus of Nembutal. The trachea was then cannulated and 4 ml of isotonic saline introduced to the airways, followed by gentle suction. During the first wash approximately 3 ml was recovered. One milliliter of the lavage fluid was used for elastase and antielastase (α -1-PI) determinations. Protein concentration of the lavage fluid was measured according to Lowry *et al.* (20). The lungs were washed another three times with 6 ml of saline each time. Approximately 5–6 ml were recovered each time and the lavage fluid from all four washes were combined (except the 1 ml for elastase, α -1-PI, and protein determinations). The lavage fluid for elastase/ α -1-PI and protein determination was centrifuged at 1500 g for 10 min. The supernatant was frozen at -20°C until analysis. Lavage fluid used for surfactant measurements was spun at 150 g for 10 min. One-half of the supernatant was used for analysis of phospholipids and surface activity. The other half was centrifuged at 8000 g for 2 h. The pellet was used for isolation of the surface active lipid protein fraction, called lung surfactant, by sucrose density gradient centrifugation (10).

Elastase was determined after cleavage of methyloxysuccinyl-L-Ala-L-Ala-pro-L-Val-*p*-nitroaldehyde at 20°C for 20 min. Cleavage of the substrate was read at 410 nm. The background activity was subtracted (4). α -1-PI was determined with the same assay at 37°C except that a proper amount of porcine pancreatic elastase was added to the lavage fluid. The free elastase activity

could, hence, be used to calculate the α -1-PI activity. For details see reference numbers 18 and 26.

Surfactant phospholipids were analyzed by two dimensional thin layer chromatography, and the individual phospholipids were quantified on the basis of the phosphorous content (9). Disaturated lecithin was determined as described by Mason *et al.* (24). The surface properties of the crude surfactant fraction and the surfactant fraction purified by sucrose density gradient were analyzed using a modified Wilhelmy balance at 37°C (13). The surface properties were further tested by using the pulsating bubble surfactometer (6).

The lung lavage supernatant obtained by centrifugation, as described previously, was added to the pulsating bubble chamber together with natural surfactant isolated from lavage of rabbit lung (10). The resulting bubble ($r_{\max} = 0.55$ mm, $r_{\min} = 0.40$ mm) was pulsated at a frequency of 0.33 Hz for 1 min at 36.7°C and the collapsing pressure of the bubble was measured continuously. Thereafter the minimum surface tension was calculated according to the LaPlace law, $p = 2h/r$, where p is the collapsing pressure, h , the surface tension, and r the radius of the bubble.

The infused hypoxanthine solution was tested with regard to purity by high pressure liquid chromatography (38), and it was shown that the infused solution gave only one peak at 254 nm indicating purity of the solution. Plasma hypoxanthine was determined in some rats at the end of the experiments with a method previously described by one of us (31). All the rat slices for light microscopy were taken from the periphery of the lower left lung before alveolar washing.

RESULTS

All the rats survived the experiments. Animals put into the oxygen chamber developed respiratory distress with chest wall retractions. The mean plasma hypoxanthine level of six rats from group 1 at the end of the experiment was $5.5 \pm 7.1 \mu\text{M}$ (SD) (V. Jugularis plasma). Normal plasma hypoxanthine level of rats ranged between 0–3 μM with the present method.

Morphology. Five normal rats had lung tissue without edema or hemorrhage, although some congestion was seen (group 4). One of these animals had margination of polymorphonuclear neutrophils in small vessels and capillaries. In both group 1 and 2 there was evidence of interstitial and alveolar edema and hemorrhage. In group 1 rats such changes were found in 8/10 compared with 1/6 in group 2 animals ($P < 0.025$, Chi square test). In group 1 there was a tendency toward marked margination of polymorphonuclear neutrophils in small vessels and capillaries as well. In the five rats of group 3, the lungs did not differ from those of the non-treated rats.

Total protein. The total protein concentration of the lavage fluid showed approximately three times higher levels in group 1 compared with group 3 and 4 ($P < 0.001$) and a 2-fold increase compared with group 2 ($P < 0.01$, *t* test) (Table 1).

Elastase and α -1-PI. There was no detectable free elastase activity in the lavage fluids; however, the elastase inhibitor, α -1-PI, was present at different concentrations in the various groups. Group 1 rats had a double level compared with the level in group 2 ($P < 0.005$) and a 3-fold ($P < 0.01$) and 5-fold ($P < 0.05$) increase compared with groups 3 and 4, respectively. The values

Table 1. Total protein in lavage fluid

Group no.	Protein (mg/ml)
1	$0.74 \pm 0.34^*$
2†	0.35 ± 0.15
3‡	0.23 ± 0.08
4‡	0.24 ± 0.11

* Mean \pm SD.

† 1 vs 2, $P < 0.01$.

‡ 1 vs 3 and 4, $P < 0.001$.

Table 2. Alpha₁-antitrypsin (α -1-PI) in lavage fluid

Group no.	α -1-PI ($\mu\text{g/ml}$)
1	$16.0 \pm 8.5^*$
2†	7.6 ± 5.6
3‡	4.8 ± 5.4
4§	3.3 ± 2.0

* Mean \pm SD.

† 1 vs 2, $P < 0.005$.

‡ 1 vs 3, $P < 0.01$.

§ 1 vs 4, $P < 0.005$.

|| 2 vs 4 $P = 0.005$.

of group 2 were significantly elevated compared with group 4 ($P = 0.005$) whereas the values in group 3 and 4 did not differ significantly.

Because there has been data published showing that the elastase inhibitor can be inactivated by oxidation (5), we tested the level both with an immunologic technique and using the chromogenic substrate. On the basis of these studies we were unable to document an inhibition of α -1-PI activity. The levels of α -1-PI measured with chromogenic substrate are given in Table 2.

Surfactant. Table 3 shows the distribution of the major phospholipids in lavage fluid of the groups. There were no significant differences among the four groups.

Table 4 contains data on the surface properties of the crude alveolar lavage of the lipid protein complex isolated from the lavage fluid. Although the lipid protein complex was surface active regardless of treatment *in vivo*, the crude alveolar lavage was significantly less surface active after hypoxanthine and O₂ treatment when compared with all the other groups. Hyperoxia alone (group 2) deteriorated the surface properties of the lavage fluid, too. The effect of the phospholipid-poor alveolar lavage supernatant on the surface properties of surfactant from normal animals was investigated using a pulsating bubble technique. The lavage supernatant from hypoxanthine and O₂-treated animals and, to some extent, also from only O₂-treated animals (group 2) inhibited surface activity, whereas the lavage supernatant from normal animals had no significant effect on the *in vitro* performance of surfactant.

DISCUSSION

In the present report we demonstrate that the combination of hypoxanthine and oxygen is more damaging to the rat lung than oxygen alone. The mechanism for this is speculative. It is known that hypoxanthine and O₂ can create the O₂⁻ radical in the presence of xanthine oxidase. There is evidence, however, that xanthine oxidase *in vivo* exists as a dehydrogenase. Because superoxide dismutase, a free radical scavenger, completely abolishes xanthine \rightarrow cytochrome C activity of both the dehydrogenase and oxidase type of xanthine oxidase, it is apparent, however, that in both cases the reaction is mediated by O₂⁻ radical (37). Superoxide dismutase catalyses the transformation of O₂⁻ to H₂O₂. Further O₂⁻ can react and form the radical OH \cdot (8, 19). Free radicals with a very short half-life cannot be measured *in vivo* but their significance can be further assessed indirectly by introducing a free radical scavenger, for instance superoxide dismutase or catalase. It will be of interest to study whether a scavenger could have a protective effect in our model, which would give further evidence that free oxygen radicals damage the lung. The rat was chosen as an experimental animal because its lung contains xanthine oxidase in contrast to humans (1, 36). There is, however, evidence that xanthine oxidase is quite easily released from the liver of sick adult humans (29) and could thus react with hypoxanthine in any part of the body to create oxygen radicals. Plasma xanthine oxidase has, however, not yet been determined in sick newborn infants.

With the appearance of leukocytes in the lung of rats given

Table 3. Distribution of alveolar lavage phospholipids

Phospholipid % of total	Group 1 (n = 10)	Group 2 (n = 9)	Group 3 (n = 4)	Group 4 (n = 7)
Phosphatidylcholine	78.0 ± 4.0*	79.8 ± 2.8*	80.0 ± 4.9*	79.8 ± 2.6*
Sphingomyelin	2.7 ± 2.2	1.4 ± 0.4	1.8 ± 0.5	1.7 ± 0.7
Phosphatidylinositol	4.0 ± 1.9	4.0 ± 2.6	4.3 ± 0.9	4.1 ± 3.0
Phosphatidylglycerol	9.6 ± 4.0	9.2 ± 2.0	9.0 ± 1.7	9.4 ± 1.5
Phosphatidylethanolamine + phosphatidylserine	4.0 ± 2.1	3.7 ± 2.0	4.0 ± 1.7	3.7 ± 0.3
Bis(monoacylglycerol)-phos- phate	1.7 ± 0.2	1.9 ± 0.5	0.9 ± 0.5	1.3 ± 0.8
Total	100	100	100	100
Disaturated phosphatidylcho- line/Total phosphatidylcho- line × 100	71.0 ± 14.0	71.0 ± 17.0	70.0 ± 15.1	77.0 ± 14.0
Disaturated phosphatidylcho- line/sphingomyelin × 100	25.5 ± 11.2	35.3 ± 14.9	30.0 ± 4.9	26.2 ± 3.2

* Mean ± SD. There was no significant differences between the groups.

Table 4. Minimum surface tension (dyn/cm) (values given as mean ± SD)

	Crude alveolar lavage	Surfactant complex	Normal surfactant + protein rich fraction of alveolar lavage*
Group 1 (n = 4)	14.5 ± 4.2**	2.9 ± 1.2 (N.S.)	15 ± 4§
Group 2 (n = 4)	7.0 ± 5.2**	2.2 ± 0.8 (N.S.)	7 ± 3§
Group 3 (n = 4)	2.9 ± 7.0 (N.S.)	2.9 ± 4.2 (N.S.)	4 ± 4 (N.S.)
Group 4 (n = 4)	3.5 ± 2.0	1.9 ± 1.0	3 ± 1

* Alveolar lavage was centrifuged at 9000 g for 90 min. The protein-rich supernatant was freeze-dried and 25% of the original volume of water was added to the residue. One volume of this mixture was added to one volume of the suspension of normal rabbit surfactant containing 2 nmol of disaturated phosphatidylcholine/μl of 3 mM CaCl₂. The minimum surface tension was measured using a pulsating bubble surfactometer (Surfactometer International, Toronto, Canada) as described by Enhörning (6). ** $P < 0.05$ and § $P < 0.02$. Group 1 vs 2, $P < 0.05$ (t test).

hypoxanthine and O₂ we examined bronchoalveolar lavage fluid for the presence of free elastase. We were unable to demonstrate any free elastase in this study. There is, however, a possibility that elastase binds to the tissues in the lungs so as not to be free for lavaging but still is present as an active proteolytic enzyme.

In contrast, α-1-PI was elevated in hypoxanthine and O₂-treated animals. This high level could be a reflection of a higher plasma level. Because the total protein level was increased in lavage fluid as well, we cannot conclude that the α-1-PI elevation was specific. We could not find evidence for inactivation of α-1-PI by oxidation. We still believe that such oxidation can take place, the entrance of α-1-PI into the pulmonary tissue with edema fluid occurring so fast, however, that there is no time for oxidants to affect the methionine residues in the α-1-PI.

We found a normal alveolar lavage phospholipid pattern in hypoxanthine and O₂-treated rats whereas the surfactant activity was reduced. The surfactant fraction of the protein-rich fraction inhibited normal surfactant. This implies that a normal, mature lung phospholipid profile (17) may not necessarily mean that the surfactant is able to adequately stabilize the peripheral airways. This may become a significant problem only as a result of damage

of the alveolar epithelium, and contamination of the alveolar spaces with protein-rich material that inhibits the surface activity. It was suggested more than a decade ago that surfactant inhibition occurs (28), and recent evidence indicates that surfactant is inhibited in immature lambs (15) treated with exogenous surfactant, oxygen and artificial ventilation. Our data demonstrate that similar inhibition can occur in mature rat lungs, despite apparently normal surfactant phospholipids.

The destruction of tissue by hypoxanthine and O₂ could illustrate a general principle in medicine. According to the present hypothesis hypoxanthine increases free radicals. Especially when extra oxygen is given for treatment of hypoxia, large amounts of oxygen free radicals could be formed. This mechanism could, at least partly, explain the pathogenesis of several ill-understood conditions. In neonatology, diseases worthwhile to consider could be acute lung damage in premature infants with respiratory distress syndrome and after given artificial ventilation, chronic bronchopulmonary dysplasia. It is worthwhile to investigate whether this could be an important pathogenetic mechanism in necrotizing enterocolitis, retrolental fibroplasia and intraventricular/subependymal hemorrhage found in the premature baby.

It is of interest to mention that transfused blood contains large amounts of hypoxanthine (2, 31). The number of blood transfusions in the premature baby has often been suggested as an etiologic factor for developing the conditions mentioned above.

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Kinetics of Uptake of L-Leucine and Glycylsarcosine into Normal and Protein Malnourished Young Rat Jejunum

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Summary

The impact of malnutrition on peptide and amino acid absorption has been studied in the immediate postweaning period. At this time peptide uptake is quantitatively more important than amino acid uptake and the vulnerability of the infant to malnutrition is great. Everted rings of rat jejunum were used to investigate the uptake of the peptide glycylsarcosine (Gly-Sar) and the amino acid L-leucine. The animals had been weaned on to isocaloric diets containing 18% or 4% protein. The rats deprived of protein at this age showed a marked growth disturbance with considerable reduction in gut length in addition to poor weight gain. Mediated influx of Gly-Sar and leucine per centimeter of jejunum was reduced in the malnourished animals: V_{\max} , 77 ± 7.1 (SEM) and 65 ± 3.6 compared with 85 ± 10.6 and 77 ± 4.4

$\text{nmol} \cdot \text{min}^{-1} \cdot \text{cm}^{-1}$, respectively. But, when expressed in relation to body weight, the maximal transport capacity showed a marked increase with malnutrition, values being 126 and 111 $\text{nmol}^{-1} \cdot \text{cm}^{-1} \cdot 100 \text{ g}^{-1}$ body weight compared with 39 and 35 $\text{nmol}^{-1} \cdot \text{cm}^{-1} \cdot 100 \text{ g}^{-1}$ body weight for Gly-Sar and leucine respectively.

Abbreviation

Gly-Sar, glycylsarcosine

The onset of malnutrition in the immediate postweaning period in infancy is a common problem in the non-industrialised world. One of the crucial factors determining the malnourished infants potential for catch-up growth is the capacity to absorb