

Adenosine Deaminase Deficiency Without Immunodeficiency: Clinical and Metabolic Studies

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Summary

A child diagnosed at birth as deficient in red blood cell adenosine deaminase (ADA) but with substantial residual lymphocyte ADA has been evaluated for two and one-half years. The only immunologic abnormality observed was hypogammaglobulinemia during the fifth month of life. This was unexpected because children with total ADA deficiency either have severe combined immunodeficiency or selectively greater impairment of cellular than humoral immunity. The absence of severe combined immunodeficiency in this child was associated with normal lymphocyte content of ATP, dATP, and cyclic 3'5'-adenosine monophosphate, potentially toxic metabolites which are elevated in ADA-deficient immunodeficient children.

Speculation

Partial deficiency of lymphocyte adenosine deaminase, although sufficient for cell-mediated immune function, may exaggerate physiologic conditions that favor decreased immunoglobulin synthesis. The substance(s) responsible for this effect are probably adenosine metabolites which are of undetermined nature.

Severe combined immunodeficiency (SCID), when untreated, is a fatal disorder of infancy characterized by deficits of both humoral and cellular immunity (34). An inherited deficiency of the enzyme adenosine deaminase (ADA) has been found in up to 50% of patients with the autosomal recessive form of this disorder. To date, children from approximately 30 families have been described with ADA deficiency and SCID. All of these children have had impaired immune function, usually apparent by 6 months of age. They were identified because of persistent or recurrent infections or a previously affected sibling (1, 11, 15, 22, 30). Approximately 85% of these ADA-deficient patients are indistinguishable from non-ADA-deficient patients with SCID, but approximately 15% have a more profound deficit of cellular than of humoral immunity (15, 16, 30).

Only two immunologically and/or clinically normal individuals (both !Kung tribesmen from the Kalahari desert) (24) with ADA deficiency have been identified in spite of extensive population surveys directed at determining frequencies of the genetically polymorphic forms of ADA. We report here immunologic and clinical studies in a black American child found to lack ADA during the New York State program of screening of normal neonates for inherited disorders who has remained immunocompetent for over 2 years.

CASE HISTORY

M. H. was the first child of a nonconsanguineous mating who was delivered prematurely at 8 months of gestation by caesarian section because of placenta previa. The baby required intubation and resuscitation at birth. Physical examination was normal except for bilateral polydactyly and hypospadias. (His father also had

bilateral polydactyly.) An IVP demonstrated an obstruction at the left ureteropelvic junction and possible vesicoureteral reflux with minimal dilation of the calyces. A chest x-ray during the first wk of life suggested a right lower lobe infiltrate which resolved in 2 days while the child was on antibiotic therapy. His course was uneventful except for anemia, for which he was transfused with 40 cc of routinely prepared packed red blood cells from a male donor.

Routine New York State neonatal screening for inherited disorders revealed a deficiency of red blood cell ADA. After the diagnosis of ADA deficiency was made, the patient was admitted to Bellevue Hospital, placed in reverse isolation, and observed for possible graft-versus-host reaction secondary to the blood transfusion. Physical examination at one month of age was unchanged. Normal tonsillar tissue was present, and no bony or cartilaginous abnormalities were found on physical examination or x-ray. There was a normal thymic shadow. His subsequent course was marked by absence of any evidence of graft-versus-host response. He was placed in reverse isolation and given oral mycostatin pending further evaluation of his immune function. Informed consent was obtained for further studies.

CLINICAL COURSE

On three separate occasions when the baby was between 5 and 6 months of age and in reverse isolation, an indurated furuncle approximately one cm in diameter appeared on different areas of his face. On each occasion a penicillin-sensitive *staphylococcus aureus* was isolated from the lesion, but blood cultures were negative. The furuncles were accompanied by development of prominent posterior and anterior cervical lymphadenopathy, but they resolved rapidly following treatment with incision, drainage, and/or oral dicloxacillin therapy. Examination of the purulent material revealed many granulocytes with engulfed bacteria. These infections corresponded with a period of hypogammaglobulinemia (Table 1). At 8 months of age because no significant immunologic abnormalities appeared to be present, the child was removed from reverse isolation.

Reevaluation of the genitourinary tract at 10 and 17 months showed a left nonprogressive calyceal dilation. Vesicoureteral reflux seen at 10 months was not noted at 17 months. Urine specific gravities revealed normal renal concentrating and diluting abilities. His creatinine clearance was minimally compromised (45 ml/min/1.73 m²) at 10 months but was well within normal limits at 17 months.

The patient's growth, height, and weight have progressed from the third to 25th percentile at 20 months. His development has been normal for age with no obvious detrimental effect of the prolonged reverse isolation on his social and psychologic development. He is an alert, responsive, and very engaging child.

His clinical course at home, in a large extended family which also includes five school-age children, has been unremarkable until 36 months of age, except for five episodes of otitis media with fever between 14 and 20 months. A sixth febrile episode with

Table 1. Cumulative white blood cell counts

	During the first year of life (n = 71)		During the second year of life (n = 14)	
	Cells/mm ³	Range	Cells/mm ³	Range
Total white blood cells	9,801 ± 2,384 ¹	4,900-17,900	10,100 ± 2,641	5,200-14,700
Total lymphocytes	7,071 ± 999	2,856-12,150	6,606 ± 1,818	2,700-9,000
Total atypical lymphocytes	330 ± 351	0-1,170	101 ± 202	0-840
Total eosinophils	542 ± 394	0-2,000	303 ± 202	0-640

¹ Mean ± S.D.

cough was associated with a perihilar infiltrate; a similar illness was present in other family members at that time. All of these illnesses responded promptly to ampicillin therapy or resolved spontaneously.

MATERIALS AND METHODS

IMMUNOLOGIC EVALUATION

Serum immunoglobulins were measured by radial immunodiffusion in commercial plates (Bering Diagnostics, Sommerville, N. J.). IgE was measured by radioimmunoassay. Immunoglobulin subclasses were kindly measured by Dr. S. Litwin. Serum antibody titres to polio types 1, 2, and 3 and diphtheria toxin were determined by the Center of Disease control, Atlanta, GA. Complement components (C₃, C₄, Clq, and properdin) were graciously assayed by Dr. Irma Gigli. Enumeration of lymphocyte subpopulation: T-cells were enumerated after the method of Jondal *et al.* (25), complement receptor-bearing lymphocytes by the method of

Bianco *et al.* (4), and immunoglobulin-bearing lymphocytes by the method of Winchester and Ross (43) using a goat anti-human immunoglobulin-fluoresceinated antibody (Cappel, Inc., Cochranville, PA) and latex ingestion to exclude macrophages.

In Vitro Studies of Peripheral Blood Lymphocyte Responses. For measurement of responses to mitogens, Ficoll-Hypaque-purified mononuclear cells were suspended in Roswell Park Memorial Institute Medium 1640 supplemented with 20% heat-inactivated horse serum and cultured as previously described (17). Responses to antigens were measured as described by Cohen *et al.* (8). Additionally, tetanus toxoid dialyzed free of preservative (Massachusetts Public Health Biologic Laboratory) was used at final concentrations of 0.9 and 9 Lf/ml. Responses to allogenic lymphocytes were measured using stimulator cells which had been incubated at 37°C for 30 min with mitomycin C (25 µg/ml) (Sigma Chemical Co., St. Louis, MO) and washed extensively. Stimulator cells (7.5 × 10⁴) in 0.1 ml media containing 15% pooled AB serum were added to wells containing 0.1 ml of 7.5 × 10⁴ responding cells. Six days later, 0.03 µCi of [¹⁴C]thymidine (New England Nuclear; specific activity ~50 µCi/nmole) was added to each well for 8 to 18 hr. Cells were then harvested on glass fiber filters, and the radioactivity incorporated was counted in a liquid scintillation counter. Skin tests: 0.1 ml of diphtheria toxin and of diphtheria toxoid (Massachusetts Public Health Biologic Laboratories) were injected at different sites, and the diameters of induration and erythema were measured at 2, 6, 24, and 48 hr at the toxoid site and at 24, 48, and 144 hr at the toxin site. Streptokinase-streptodornase (SK-SD) (0.1 ml) (Varidase Lederle Laboratories, Pearl River, N.Y.), candida extract (Hollister Stier Laboratories, Los Angeles, CA), and purified protein derivative of tuberculin (PPD) intermediate strength were injected ID and measured at 24 and 48 hr. Sensitization and challenge with dinitrochlorobenzene (DNCB) were performed after the method of Catalona *et al.* (6).

BIOCHEMICAL MEASUREMENTS

Adenosine deaminase activity of erythrocytes and lymphocytes was determined as previously described (18) based upon the linked assay of Hopkinson *et al.* (23) but using 1.3 mM substrate at 37°C. Cyclic adenosine 3':5'-monophosphate (cyclic AMP) content of

Table 2. Serum immunoglobulins¹

Age (mos.)	IgG	IgM	IgA
1½	400 (450-1,188) ²	70 (19-75)	0 (3-17)
2	340 (313-825)	40 (25-100)	15 (8-44)
3	280 (263-688)	40 (29-119)	40 (11-57)
5	125 (263-713)	60 (34-138)	25 (13-71)
	160 (263-713)	45 (34-138)	30 (13-71)
6	440 (281-763)	55 (36-144)	15 (14-76)
8	440 (325-875)	40 (39-156)	25 (15-88)
10	500 (388-1,025)	50 (41-169)	30 (17-101)
16	840 (484-1,300)	115 (54-206)	50 (26-147)
19	900 (538-1,400)	165 (54-206)	71 (26-147)

¹ Values recorded in mg %.

² Numbers in parenthesis, statistical variation (0.6X to 1.6X) in normal children.

mononuclear cells was measured after the method of Gilman (12). ATP content of Ficoll-Hypaque-purified mononuclear cells was determined by the method of Beutler (3). Deoxy-ATP content of lymphocytes was determined on 70% methanol extracts by the method of Solter and Handschumacher (40) as previously described.

RESULTS

IMMUNOLOGIC EVALUATION

White Cell Counts. The total white cell count in the patient's first year of life averaged 9,800 (Table 1) with a range from 4,900 to 17,900. The total lymphocyte count has averaged 7,071 and has always been greater than 4,000 except during the occasional febrile episodes in the first year of life when the total lymphocyte count fell briefly to approximately 2,500. Random esterase stains of white blood cells showed an average of 5% monocytes. Although "atypical" lymphocytes were rarely noted in the first 3 months of his hospitalization, they became more frequent and were a regular finding during the last 3 months of his hospitalization. Eosinophilia was noted during his first month of hospitalization and became more prominent after 3 months of age. The mean eosinophil count was 542 ± 394 cells/mm³ with an occasional peak to 1,200 cells/mm and dropping down to zero during periods of illness. During the second year of life, total lymphocytes remain normal, the atypical lymphocytes are no longer seen and eosinophiles remain intermittently elevated.

Immunoglobulin and Antibody Studies. Normal IgG levels, presumably due to passively transferred antibody, were present at 6 wk of age. These declined as expected, but reached a nadir of 125 to 160 mg % between 5 and 6 months of age, which was well below normal. These levels then rose (Table 2), and his current IgG, IgM, and IgA levels fall within normal limits. Serum IgE (1.7 IU/ml) at 12 months was within normal range. Serum immunoelectrophoresis did not suggest restricted heterogeneity, and determination of IgG subclasses at age 9 months revealed normal distribution. Despite the transient hypogammaglobulinemia, he subsequently showed rising titres of antibody following immunization with diphtheria-tetanus and Salk polio vaccine. Antibody to tet-

Table 3. *Lymphocyte subpopulations*¹

Age (mos.)	T-cells		B-cells	
	%	Total	%	Total
1½	21	3,600	43 ²	
5	56	3,000		
8	49	3,300	15 ³	1,000
13	71	5,427	23 ³	1,760
16	66	5,966	7 ³	633
24	55	4,400	15 ³	1,200
Normal	55-75		5-15	

¹ Cells/mm³.

² EAC rosettes.

³ Surface immunoglobulins.

Table 4. *Lymphocyte response to mitogens*¹ measured by incorporation of [³H]thymidine

	Mitogen		
	Phytohemagglutinin	Concanavalin A	Pokeweed mitogen
Patient	46,258 ± 18,493 n = 14	25,779 ± 11,449 n = 9	13,529 ± 7,218 n = 9
Normals			
Infants	32,824 ± 9,909 n = 4	13,404 ± 6,508 n = 4	14,051 ± 4,085 n = 4
Adults	27,540 ± 8,657 n = 14	12,542 ± 7,429 n = 10	11,603 ± 6,526 n = 11

¹ CPM's [³H]thymidine incorporated at 64 to 72 hr of culture.

Table 5. *Lymphocyte response to PHA measured by incorporation of [¹⁴C]leucine*¹ and ratio of thymidine to leucine incorporation

Age (mos.)	Patient	Normal	Ratio of thymidine: leucine incorporation	
			Patient	Normal
3	659	980	12.4	9.4
4	6,355	1,798	13.3	15.4
6	1,322	412	9.7	5.6
8	2,641	1,605	13.8	13.8
10	3,418	4,426	11.0	6.1
15	9,373	6,748	4.7	5.5
17	7,092	9,331	7.1	3.0
18	12,139	10,799	4.1	3.3

¹ CPM's [¹⁴C]leucine incorporated into trichloroacetic acid-precipitable material at 64 to 72 hr of culture.

Table 6. *Lymphocyte response to antigens*¹

	Age (mos.)							
	2	6	9	11	13	17	18	21
Control	162	186	492	110	1,596	426	196	49
Tetanus toxoid ²								
9.0 Lf/ml	175	582	1,645	5,083	5,601			
0.9 Lf/ml		270	5,192	3,131		3,153	1,297	2,228
Candida	123		874		1,225		1,134	
SK-SD			650		1,369		1,301	
PPD			778		2,403			
Diphtheria toxoid ² (0.08 Lf)					7,456	3,433	2,096	464

¹ CPM's [¹⁴C] thymidine incorporated at 126-144 hr of culture.

² Initial immunization for diphtheria and tetanus at 2, 4, and 6 months of age.

anus was 5 hemagglutination units/ml (normal, 1 to 5 units). Diphtheria antibody titres were 0.093 hemolytic units/ml following the second immunization and 0.75 units following the third immunization (normal, 1 to 5), confirming a negative Schick test. Antibody to polio viruses 1, 2, and 3 were all equal to or greater than 1:64. Isoagglutinin titres of 1:64 to blood group B were present. Complement components (C₃, C₄, Clq, and properdin) were within normal limits.

Evaluation of Cell Surface Markers. T-lymphocytes were low at 6 wk of age. However, subsequent determination at 5, 8, 13, and 16 months were all within normal limits (Table 3). B-lymphocytes were increased initially but fell gradually to normal at 16 months of age (Table 3).

Mitogen and Mixed Lymphocyte Responses. The patient's lymphocytes showed normal responses to phytohemagglutinin, pokeweed mitogen, and concanavalin A during his entire course (Table 4) both prior to the first transfusion at one month of age and following loss of detectable ADA activity in the red blood cells. To evaluate the possibility that the normal or slightly increased thymidine incorporation might be secondary to adenosine-induced depletion of pyrimidine pools, mitogen stimulation was also determined measuring incorporation of [³H]leucine into protein. These results were also similar to those of the normal controls (Table 5). Mixed lymphocyte responses were present at 2, 8, 10, and 18 months of age against a variety of donors.

In Vitro Cellular Responses to Immunizing Antigens. There was no lymphocyte response to diphtheria, tetanus, or candida antigens at 2 months of age, prior to immunization (table 6). Two wk after the second immunization (6 months of age), the patient's lymphocytes demonstrated a minimal response (3.1 stimulation index) to tetanus toxoid at 9 Lf units/ml. Two months following his third immunization, he showed responses at 0.9 and 9 Lf tetanus toxoid units/ml with a stimulation index of 11 at the higher antigen dose, but no response to SK-SD, candida, or PPD. By 18 months of age, he had detectable *in vitro* responses to SKSD, candida, diphtheria, and tetanus antigens (Table 6).

Skin Testing. One month following his third immunization with diphtheria-tetanus, the patient was skin tested with Schick toxin and toxoid, candida, SK-SD, trichophyton, and intermediate strength PPD. No erythema or induration were noted to trichophyton, SK-SD, PPD, or candida at either 24 or 48 hr. In contrast, there was a 15- x 8-mm area of both erythema and induration at the site of intradermally injected toxoid after 48 hr. No reaction was noted at the toxin site. The patient was also sensitized with 1 mg of DNCB and rechallenged 6 wk later with 50 µg DNCB to further evaluate delayed skin hypersensitivity. A 1- x 1-cm pink, very slightly raised lesion with tiny vesicles was noted 24 hr later, increased till 48 hr, and then resolved.

BIOCHEMICAL DETERMINATIONS

Red cell ADA activity measured prior to transfusion was barely detectable and was not different from that in other ADA-deficient

patients with SCID who are immunodeficient (0.4 versus 0.85; normal = 84.5 ± 22). Following transfusion, the red cell ADA activity rose as expected and then fell logarithmically over the next 2½ to 3 months to pretransfusion levels. Lymphocyte ADA as determined at high substrate concentrations was greater than that seen in four ADA-deficient SCID's (214 ± 43 versus 136 ± 66). Further biochemical quantitation and characterization of this residual ADA is reported elsewhere (21).

ATP and dATP Content of Lymphocytes. ATP content of Hypaque-Ficoll-separated mononuclear cell preparations was determined at 3, 4, 6, and 11 months of age. The patient's mononuclear cell ATP content was 22.3 ± 3.6 nmoles/mg protein (range, 18.8 to 24.5) compared to simultaneously determined normal ATP content of 23.2 ± 3.0 nmoles/mg protein ($n = 7$). Inasmuch as this method determines dAPT as well as ATP content, we specifically determined dAPT content of mononuclear cells and found 1.9 pmoles/ 10^6 cells compared to normal of 2.9 ± 1.0 ($n = 7$).

Cyclic AMP Content of Lymphocytes. Cyclic AMP content of Hypaque-Ficoll-separated mononuclear cell preparations was determined 16 months following the single red cell transfusion. Cyclic AMP in the patient's lymphocytes was 2.5 pmoles/ 10^6 cells. Cyclic AMP of normal cells was 2.5 to 5.0 pmoles/ 10^6 cells.

DISCUSSION

We have studied an individual with red blood cell-ADA deficiency who is now 3 yr of age and who thus far has been a healthy, growing child. Our patient, similar to the !Kung tribesman (24), has a marked deficiency of ADA in his red cells but increased residual ADA activity in his mononuclear cells compared to patients with ADA-deficient SCID. More detailed and specific quantification and characterization (21) of ADA activity in cultured lymphoid lines and lymphocytes from both our patient and the !Kung reveals that they have 25 to 50% of normal activity compared to less than 2% in ADA⁻-SCID patients. However, this ADA is unstable *in vitro*. Thus, these two individuals compared with patients with ADA-deficient SCID appear to have a different mutation at the genetic locus for ADA and thus exemplify genetic heterogeneity for ADA deficiency. In the !Kung tribe, the mutant allele (ADA⁸) was relatively common with a gene frequency of 0.11. Therefore, approximately 1% of that population would be predicted to be homozygous deficient.

In the absence of ADA, the substrates adenosine and deoxyadenosine and their metabolites would be expected to accumulate in tissues and fluids. ADA-deficient individuals have indeed been reported to have elevated adenosine (14, 28, 31), deoxyadenosine (26, 39), ATP (31, 36), deoxy-ATP (7, 9) and cyclic AMP (36) in their blood cells, plasma, and/or urine. *In vitro* studies have indicated that elevated concentrations of these compounds interfere with normal lymphocyte function. Adenosine and deoxyadenosine inhibit the proliferative response of lymphocytes to mitogens and growth of human lymphoid lines (13, 17, 19, 37, 38). Accumulation of ATP can interfere with *de novo* purine biosynthesis and glycolysis (32). Increases in cyclic AMP have suppressive effects on inflammation (5), lymphocyte proliferative responses (19), and *in vitro* antibody synthesis (42). Increased deoxyadenosine, even more toxic for T-lymphocytes than is adenosine (17, 37, 38), presumably results in increased concentrations of dATP (29, 41). Deoxy-ATP is a potent inhibitor of ribonucleotide reductase (33), activity of which is necessary for normal DNA synthesis. Although simulation of ADA deficiency (by the addition of the ADA inhibitors deoxycoformycin or EHNA to normal lymphocytes) in the absence of exogenous adenosine or deoxyadenosine does not appear to greatly affect the function of mature lymphocytes, it has been shown to interfere with the maturation of T-cell precursors in marrow cultures (2).

These effects *in vitro* may well have their counterparts *in vivo* because transfusion of some patients with ADA⁻-SCID with frozen, irradiated red blood cells containing normal ADA results in both lowering the concentration of several of these metabolites and a clinical and immunologic improvement (20, 40).

The plasma adenosine concentration in our patient at 10 months of age was comparable to levels measured in other ADA-deficient patients with SCID (1 to 4 μ M) (7, 26, 31). However, subsequent determinations at 24 months of age revealed lower plasma adenosine of 0.6 μ M and 0.05 μ M at 30 months of age. Our patient has previously been found to have erythrocyte ATP and dATP not detectably different from normal (7). We have now found that his lymphocytes contain normal amounts of ATP, dATP and cyclic AMP as well. Thus, the residual ADA in his lymphocytes (and presumably other protein-synthesizing cells of the body) provide sufficient catalytic activity *in vivo* to prevent accumulation of toxic metabolites and for maintenance of normal immune function.

The one abnormality of immune function observed in our patient was the transient hypogammaglobulinemia. The clinical picture of ADA⁻-SCID would lead one to expect primarily a defect in cellular rather than humoral function (16, 27). However, at least two healthy children heterozygous for ADA deficiency have been observed to have transient hypogammaglobulinemia (35). It will be of interest to determine IgG content sequentially in siblings of ADA deficient patients to determine whether or not these were coincidental observations. Adenosine deaminase degrades not only adenosine and deoxyadenosine but also other naturally occurring modified adenosine derivatives (44). It is possible that alterations in the concentration of these latter compounds could affect B-cell maturation.

The major pathologic finding in our patient currently is the presence of a unilateral ureteropelvic obstruction. One previously reported totally ADA-deficient patient has also had a ureteropelvic junction anomaly (31). The finding of similar pathology in our patient could well be coincidental but might reflect an as yet undefined interference with normal renal development.

Although our patient is similar to the !Kung boy who has remained normal into his adolescent years, it remains to be seen if our patient will fare as well. A previously reported ADA-deficient child who eventually died of infections secondary to immunodeficiency was purportedly completely normal until 2 years of age except for absence of isoagglutinins and increased numbers of eosinophiles (11). Our patient has eosinophilia, but isoagglutinins are present. Although we are encouraged by the absence of potentially toxic metabolites, the presence of substantial residual enzyme activity in lymphocytes, and the continued well-being of the partially ADA-deficient, adolescent !Kung tribesman, this sobering experience has led us to continue caring for our patient with a cautious but increasingly optimistic outlook.

Note added in proof: Our patient is currently 48 months of age and continues to grow and thrive normally. He has been immunized with live measles, mumps, and rubella vaccine without incident.

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