

## X. General Discussion

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It may be of interest to trace the history of the decision to place this child in isolation at birth, for that decision predated the conception of the child. After genetic counseling after the death of their first son, the parents understood the probabilities of having another child with SCID based on the various hereditary patterns of this defect. Although the data from the autopsy of their first son was consistent with the diagnosis of X-linked SCID, there was no way of knowing whether the mother was indeed a carrier of the defective gene or the first son's disease was the result of a new mutation (Section II). These parents, who wanted very much to have another child, especially a son, inquired what could be done for a future child that might have SCID. They already knew about bone marrow transplantation as a reconstitutive technique and they were fully aware of the necessity to control infection in patients who were candidates for transplantation. They were told of the procedure of germ free delivery, which had already been done in at least three other cases where there was a high risk of SCID, and they were informed of the availability of gnotobiotic isolation techniques which had been used to protect the German twins with immunodeficiency (49). On the basis of this information and the knowledge that the medical and research staff available to them were prepared to utilize these new technologies, they elected to have another child. The final decision to place the child in isolation at birth was made when amniocentesis during the seventh month of gestation indicated that the child was a male. Abortion was never an issue because the pregnancy was planned and the parents had already decided to take the risk of another SCID child. There was no way to diagnose SCID through amniocentesis, so the risk of aborting a normal child was very great. Therefore the time planned for the amniocentesis was too late for abortion, even if the parents had changed their minds. The decision of the research staff to place the child in isolation was based on confidence that the isolator would save the child from death by infection until reconstitution of the immune system could be made if the child should be immunodeficient. It was made in the optimistic hope that a donor would be available or that other means of conferring immunologic reactivity would become available in this rapidly expanding area of the field of immunology.

The cost of long term care of a patient under gnotobiotic conditions is great. Ordinarily, the justification for spending the funds for a patient with this condition in preference to patients with other life-threatening diseases should probably be made on the basis of the research rewards which will most benefit the whole population who, in the long run, bear the cost of the support. Most research endeavors are planned with these considerations in mind. Nevertheless, the alert scientist must pursue opportunities which are unexpectedly presented to him as well as planned endeavors. In the present situation it was not expected that the patient would need to be in the isolator so long. Nevertheless, in the evolution of this case unusual opportunity developed for research studies of the many aspects of this immune disorder separated from the effects of the infection. It also

presented an opportunity to follow the general development of a child under unique conditions. Such studies have been carried out and are continuing.

It is, of course, urgent to pursue all means which might allow this child to be safely released from isolation. At the time of this writing, more than 30 patients have been successfully treated with bone marrow from matching siblings. Treatment of patients who have no matching sibling has rarely been successful. Reconstitution has been accomplished with bone marrow from matching nonsibling relatives but matching nonrelated persons have not yet been proven to serve as effective donors. Fetal tissues have offered another method of obtaining stem cells. In two cases, fetal thymus (2) and fetal thymus plus transfer factor (43) have produced T-cell reconstitution. Fetal liver has also produced reconstitution (1, 26, 52), but at present there are two patients who have had only a short term survival after this procedure (1, 52). Certainly the treatment of patients who have no matched donor is not yet well enough established to furnish any assurance of success in *DV*.

A number of findings have indicated some degree of developing immune function in this child. (1) B-cell activity is indicated to a limited extent by the very low titers after KLH immunization, the detection of 7s and 19s material in the serum at 36 months, the detection of IgA at 39 months, and the disappearance of the 4s component by 44 months. (2) He may have some T-cell activity, as would be indicated by the skin test response to KLH, the transient skin test reactions after TF injections, the transient PHA responses, and his recent acquisition of E-rosetting cells in increasing numbers. (3) He shows low, but significant levels of certain nonspecific lymphocyte functions (*i.e.*, lymphotoxin and migration inhibition factor). (4) The majority of his lymphocytes have changed from an entirely abnormal to an almost normal appearance by electron microscopy. (5) He has tolerated his bacterial flora without difficulty.

It is possible that these changes are no more than reflections of aberrant responses to antigenic stimulation of the essentially defective immune mechanisms, and not indicative of increasing functional activity. On the other hand, there is the possibility that they might reflect some degree of maturation which will eventually lead to immunologic responsiveness, as happened with the German twins.

It seems, therefore, that there are two reasons to proceed cautiously before deciding to employ a transplant procedure at this time: the possibility of producing a fatal GVH reaction in a person who is not presently in a life-threatening situation and the possibility of disrupting some process of improvement which may already be leading to his development of immunologic competence.

There is no reason to believe this child is suffering now from serious disadvantages in his physical, mental, or psychological development. He is healthy, active, outgoing, and keenly interested in all aspects of his environment. Every effort is being made to make his life as normal as possible under the circumstances. These efforts include allowing him to spend as much

time as possible at home in a family situation, avoiding undue publicity by keeping the family name anonymous in press reports, teaching him about outside life through pictures and real objects which can be placed in the isolator as well as plants and animals which he can view through the isolator walls, and arranging for his tutoring at the present time in a nursery school situation.

Whether or not the decision to place this child in the isolator at birth will eventually result in the correction of his disorder cannot yet be assessed. However, much information regarding the basic disorder has already been obtained and the opportunity to obtain further information is inestimable. We now know that it is possible to maintain a severely immunodeficient child free of infection for at least 4 years and that it is possible to have a normal developmental pattern under these conditions. Immunologic, hematologic, and nutritional patterns have been evaluated in this SCID patient, free of the complications of infection. Finally, this is the oldest SCID patient in medical history who has survived without reconstitution. No such opportunity has ever before existed for studies of the basic pathology and evolution of this immune disorder.

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