

# Micropuncture Study of Albumin Transfer in Aminonucleoside Nephrosis in the Rat

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### *Extract*

Albumin concentration in the proximal tubules of normal rats and rats with aminonucleoside nephrosis (AMN) was estimated by means of a sensitive radioimmunoassay. Nephrotic animals were studied at the onset of proteinuria and when the nephrotic syndrome was fully established. Albumin concentration in the proximal tubule of normal male rats averaged  $2.5 \pm 0.3$  mg/100 ml, whereas in early nephrotic rats it averaged  $4.9 \pm 1.3$  mg/100 ml and in normal sized tubules of heavily proteinuric rats,  $15.7 \pm 3.3$  mg/100 ml. Control and early AMN animals appeared to have a relatively homogeneous population of surface convolutions, whereas the fully nephrotic rats had markedly increased heterogeneity. A population of dilated proximal tubules with an albumin concentration of  $233.8 \pm 35.4$  mg/100 ml was found in this group. Albumin concentrations were randomly distributed throughout the proximal convolution of all three groups with no clear pattern of changing concentration along the nephron. The data demonstrate that enhanced glomerular permeability to albumin occurs in the experimental nephrotic syndrome in the rat.

### *Speculation*

Early proximal tubular albumin concentrations are increased in aminonucleoside nephrosis in the rat, which indicates that there is an increased glomerular permeability to albumin in this disease. Absolute amounts of albumin leaving the end of the proximal convolution are increased over controls. Increased albumin excretion in these animals may be accounted for, in part, by increased glomerular permeability for albumin.

### *Introduction*

The origin of the albuminuria of the nephrotic syndrome remains a perplexing problem. The relative importance of increased glomerular filtration of albumin and/or decreased tubular reabsorption or tubular secretion have been debated. The development of an assay system sensitive and specific enough to measure the small quantities of albumin present in the proximal tubule of the rat has made reexamination of this

problem feasible. A number of authors have previously estimated the concentration of total protein or albumin in the proximal tubule of normal rats [1, 10, 16, 19] and dogs [4] and protein concentration along the nephron in proteinuric rats [2, 15]. This study was designed to gain further information regarding the concentration and handling of albumin along the proximal tubule of the normal rat and the rat with aminonucleoside nephrosis by means of a sensitive radioimmunoassay [17].

### Methods

Nephrosis was produced in male Sprague Dawley albino rats which weighed 150–200 g by the intravenous administration of 100 mg/100 g, body wt, of an aminonucleoside of puromycin, 6-dimethyl-9-(3'-amino-3'-deoxy- $\beta$ ,D ribofuranosyl purine [7, 13]. Micropuncture experiments were carried out on 17 animals 96 and 144 hr after the injection of aminonucleoside and in 5 animals 4 days after the intravenous injection of saline (controls). By 96 hr after injection of aminonucleoside, a morphologic and biochemical lesion was identifiable [22, 23]. Proteinuria had begun but was mild. There had been no weight gain and no observable edema. There was no ascites and gross examination of the kidney revealed that surface nephrons are uniform in appearance. At 144 hr ascites was present, proteinuria was heavy, and surface nephrons varied in appearance. At this stage, two major populations of tubules could be observed, the first appearing normal and the second widely dilated.

Anesthesia was induced by intraperitoneal injection of Inactin, 90–100 mg/kg, body wt. The animal was placed on a thermostatically controlled animal table and the left and right external jugular veins were cannulated as was the trachea. The left kidney was exposed and freed from the adrenal gland and perirenal fat. The renal capsule was left intact. The kidney was placed in a Lucite cup *in vivo* and covered with a continuous drip of light mineral oil warmed to 37–38°. The ureter was cannulated with PE no. 10 tubing. Physiologic saline (1% of body weight) was injected intravenously to replace surgical fluid losses. This was followed by a continuous infusion of saline at a rate of 0.01 ml/min. The fluid contained  $^{14}\text{C}$ -labeled inulin in sufficient quantities to deliver 30  $\mu\text{Ci/hr}$ . At least 30 min were allowed for equilibration in extracellular fluid before beginning collections. Serial clearance periods were obtained throughout the experiment. Blood samples (approximately 100  $\mu\text{l}$ ) were taken from the warmed tail vein. Free flow micropuncture was performed with micropipettes with sharpened tips of 10–12  $\mu$  (OD). Light mineral oil stained with Sudan black was used to block the tubule distal to the site of collection. Great care was taken so that the puncture of each nephron was performed with the least possible trauma. Tips were very carefully sharpened and only those nephrons in which the tip entered the nephron without depressing the kidney surface were sampled. Only nephrons in which no blood vessel was seen traversing the surface were used. If any leakage was noted

around the puncture site, the sample was discarded. All samples were collected by spontaneous flow into the pipette and the collection was discarded if the oil block moved distally or if spontaneous inflow ceased. Proximal tubular transit time was estimated by observing the passage of lissamine green [18] to the tip of the collecting pipette. In control and 92-–96-hr animals, the passage time of lissamine green to the collecting pipette was divided by the transit time to the end of the proximal convolution as a rough estimate of distance from the glomerulus. In 144-hr animals the point of puncture was determined by microdissection of latex-injected tubules. Inulin was measured by liquid scintillation photometry. Total protein in serum and urine was estimated by the method of Lowry *et al.* [14].

A sensitive radioimmunoassay was developed for the measurement of albumin in serum, urine, and tubular samples [17]. Preparation of rat albumin for labeling with  $^{125}\text{I}$  was performed by subjection of commercial rat albumin [24] to electrophoresis on the Brinkman electrophorator. No impurities were then detectable by immunoelectrophoresis. Antibody was prepared in rabbits to preparations of albumin made by DEAE-cellulose chromatography. This antibody showed a major albumin band and a minor contaminating band in the  $\alpha_1$  region. The purified antigen was labeled with  $^{125}\text{I}$  using chloramine T. The use of the highly purified albumin as labeled material made it possible to ignore the small impurity of the antibody. Aliquots (0.2 ml) of rabbit anti-rat albumin antiserum diluted in potassium phosphate buffer were placed in polystyrene tubes. The tubes were incubated overnight at 4°. The next morning the tubes were washed several times with saline and then 0.2 ml 1% bovine serum albumin (BSA) in 0.1 M potassium phosphate buffer, pH 7.0, was added. Samples from nephron puncture or standard rat albumin solutions were transferred to a constant bore capillary, measured, and then delivered into the antibody-coated tubes containing 0.2 ml phosphate buffer and 1% BSA. Phosphate buffer-BSA (0.1 ml) containing 1 ng labeled rat albumin was added next. The tubes were incubated overnight in the cold, counted, washed several times with saline, and then recounted. The percentage of labeled albumin bound to antibody was calculated from the amount of labeled albumin which adhered to the tube and total amount of radioactivity in the same tube before washing. The standard solutions used were 1, 2, 5, and 10 mg/100 ml solutions of Pentex crystalline rat albumin dissolved in

0.1 M potassium phosphate buffer, pH 7.0. Approximately 100 nl corresponding to 1, 2, 5, and 10 ng albumin were measured in the constant bore capillary and then added to the tubes. Each standard was repeated five times. In order to assess any loss of albumin during the microtransfer step or in the glassware, BSA-buffered samples of larger volume were also assayed. The standards not microtransferred were prepared by dissolving 1 mg rat albumin [24] in 1 ml 0.9% saline containing 0.1% sodium azide as a preservative. Serial dilutions of 1/100 to 1/100,000 were made in 1% BSA in 0.1 M potassium phosphate buffer. Samples of 5, 10, and 20  $\mu$ l of these working dilutions were added to the assay tubes previously coated with antibody. An example of the standard curve of both assay maneuvers is presented in Fig. 1. There is a constant loss of albumin in the microtransfer system. In 45 samples assayed, containing 1, 2, 5 and 10 ng, albumin loss averaged 18.9, 15.5, 14.7, and 18.1%, respectively. Since there is a loss of albumin by passage through the micropuncture apparatus, all tubular samples were calculated from curves obtained by plotting standard albumin solutions microtransferred with each set of samples against the percentage labeled albumin remaining in each tube after washing.

In order to test the sensitivity of the assay in detection of serum albumin in urine, the following experiment was carried out. Rat urine was diluted 1/50 in 1% BSA-phosphate buffer and 10 samples were analyzed in the usual manner. This yielded an average of 15 ng albumin (range 12–19 ng). Rat urine was then doped with the rat albumin used in the standard curve (1 mg/ml) by the addition of either 0.05 or 0.20 ml albumin to the urine. The urine was again diluted 1/50 and 10  $\mu$ l samples were assayed. This yielded rat urine with an extra 10 or 33 ng of albumin per assay sample. These were placed in 20 different sample tubes and analyzed. Samples with 10 ng added averaged 27 ng (range 25–30) with an expected level of 25 ng and samples with 33 ng averaged 44 ng (range 42–49) with an expected level of 48 ng.

To test the effect of changing concentrations, the rat urine described above was diluted 1/5, 1/10, 1/25, 1/50, 1/100 and 1/200 with the standard BSA-phosphate buffer. Samples of 10 and 20  $\mu$ l were taken from each dilution and the assay was analyzed in the normal manner. The difference between the lowest and highest amounts of urine was 80-fold. The assay curve made by dilution of urine was superimposable on that of the standard assay curve. Thus, neither increasing

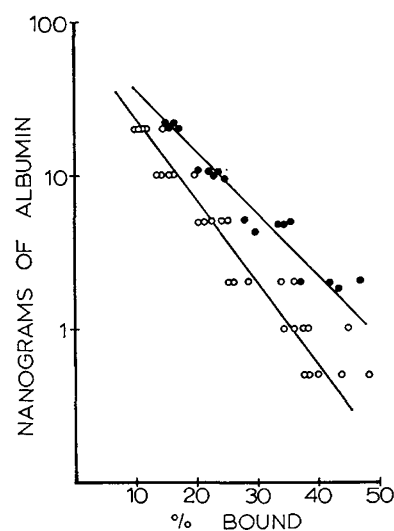


Fig. 1. The percentage of  $^{125}\text{I}$ -labeled rat albumin bound to antibody is plotted against the quantity of unlabeled standard rat albumin added to the antibody containing tube. O: samples aspirated with lambda pipettes and added directly to the tubes containing antibody and phosphate buffered bovine serum albumin. ●: albumin standards which are microtransferred into similar tubes.

the concentration of rat urine nor adding albumin to the urine sample changed the recovery of the albumin in the samples.

### Results

Urine volume in five control animals during the last 24 hr on balance before micropuncture study averaged  $16.9 \pm 3.5$   $\mu$ l/min. Urine volume after Inactin anesthesia and overnight food restriction was  $3.0 \pm 0.6$   $\mu$ l/min (Table I). Total urinary protein was 5.2  $\mu$ g/min, whereas urinary albumin averaged 1.4  $\mu$ g/min. Total serum protein of these animals averaged 5.8 g/100 ml and albumin 3.0 g/100 ml. Forty-seven proximal tubular punctures contained an average albumin concentration of 2.5 mg/100 ml (Tables I and II). There was a random distribution of albumin concentration within the proximal tubule (Fig. 2) with an average of 2.9 mg/100 ml in the early proximal, 2.5 mg/100 ml in the midproximal, and 2.4 mg/100 ml in the late proximal tubule. It is pertinent to note the handling of those samples with albumin concentrations below the level of detection. All samples were analyzed independently of volume. Inasmuch as the level of detection was 1 ng absolute albumin content, samples which contained less than 1 ng and were smaller than 100 nl in size (22 samples) were not used

Table I. Urinary protein excretion and proximal tubular albumin concentrations in control and aminonucleoside rats<sup>1</sup>

	Control	Aminonucleoside	
		92-96 hr	142-144 hr
No. of animals	5	7	10
Urine volume, $\mu\text{l}/\text{min}$	$3.0 \pm 0.6$	$2.4 \pm 0.3$	$3.9 \pm 0.3$
Urine protein, $\mu\text{g}/\text{min}$	$5.2 \pm 1.7$	$22.8 \pm 7.7$	$168.9 \pm 32.2$
Urine albumin, $\mu\text{g}/\text{min}$	$1.4 \pm 0.8$	$8.9 \pm 2.2$	$58.2 \pm 13.8$
Plasma protein, g/100ml	$5.8 \pm 0.1$	$5.2 \pm 0.1$	$4.2 \pm 0.2$
Plasma albumin, g/100 ml	$3.0 \pm 0.2$	$2.4 \pm 0.2$	$1.3 \pm 0.3$
Proximal tubular albumin			
Normal sized tubules, mg/100 ml	$2.5 \pm 0.3$ (47)	$4.9 \pm 1.3$ (35)	$15.8 \pm 3.3$ (32)
Dilated tubules, mg/100 ml			$233.8 \pm 35.4$ (25)
Surface fluid albumin, mg/100 ml	$44.1 \pm 12.4$ (8)	$75.4 \pm 17.8$ (13)	$45.0 \pm 14.1$ (19)

<sup>1</sup> Data are expressed as means  $\pm$  SEM. The number of observations is shown in parentheses.

Table II. Albumin concentration in early, mid, and late proximal convoluted tubule<sup>1</sup>

	Control	No. observations	AMN, 92-96 hr	No. observations	AMN, 142-144 hr, normal sized	No. observations	AMN, 142-144 hr, dilated	No. observations
Tubular albumin, mg/100 ml								
Early proximal	$2.9 \pm 0.6$	10	$3.6 \pm 1.8$	10	$10.3 \pm 3.0^2$	12	$293.0 \pm 77.5^3$	6
Midproximal	$2.5 \pm 0.6$	17	$6.9 \pm 3.2$	12	$18.4 \pm 5.8^2$	12	$260.9 \pm 128.8^3$	5
Late proximal	$2.4 \pm 0.4$	20	$3.9 \pm 1.1$	13	$20.5 \pm 8.8^2$	8	$272.9 \pm 21.3^3$	2
Total	$2.5 \pm 0.3$	47	$4.9 \pm 1.3$	35	$15.8 \pm 3.3^2$	32	$233.8 \pm 35.4^3$	25

<sup>1</sup> AMN: Aminonucleoside nephrosis.

<sup>2</sup>  $P < 0.05$  (versus control).

<sup>3</sup>  $P < 0.01$  (versus control).

in the calculations for Tables I and II. All samples with albumin content below 1 ng but which were 100 nl or larger in size were included and listed as 1 mg/100 ml. One hundred nanoliters of tubular fluid with an albumin concentration of 1 mg/100 ml would yield 1 ng absolute albumin content. Assigning a value of 1 mg/100 ml to such samples should represent a maximum albumin concentration. Thus, the average concentration of albumin of 2.5 mg/100 ml represents a maximal figure. Tubular fluid to plasma (TF/P) inulin ratios at the end of the proximal convolution in control animals averaged  $1.91 \pm 0.12$  (12 observations).

In order to assess the role of contamination from surface fluid, a number of samples of fluid which could be aspirated from the surface of the kidney but were below the oil layer were examined. In control animals, this averaged  $44.1 \pm 12.4$  mg/100 ml (albumin concentration).

Urine volume during the last 24 hr of balance in seven animals which were studied 92-96 hr after aminonucleoside injection was  $10.0 \pm 1.6$   $\mu\text{l}/\text{min}$ . After induction of anesthesia, urine volume was  $2.4$   $\mu\text{l}/\text{min}$  (Table I). Urinary protein averaged  $22.8$   $\mu\text{g}/\text{min}$  and

urinary albumin  $8.9$   $\mu\text{g}/\text{min}$ . Plasma protein in these animals was  $5.2$  g/100 ml with a plasma albumin of  $2.4$  g/100 ml. Proximal tubular albumin concentration averaged  $4.9$  mg/100 ml,  $3.6$  mg/100 ml in the early proximal,  $6.9$  mg/100 in the midproximal, and  $3.9$  mg/100 ml in the late proximal tubule (Table II). The rise in the middle of the proximal tubule was primarily due to one measurement of  $40$  mg/100 ml (Fig. 2). This measurement was considerably higher than others in the 92-96-hr group and may represent unrecognized contamination. However, since the tip entered the tubule without difficulty, the collection was uneventful, and no contamination was noted, the measurement was included. The distribution of albumin concentrations was again random although a wider range of concentration is noted (Fig. 2). Surface fluid albumin was  $75.4 \pm 17.8$  mg/100 ml. The ratio of TF/P inulin at the end of the proximal convolution was  $2.80 \pm 0.12$  (25 observations). In the 10 animals studied 142-144 hr after aminonucleoside injection, urine volume during the last day of balance was  $9.2 \pm 1.8$   $\mu\text{l}/\text{min}$  and during the experiment was  $3.9 \pm 0.3$   $\mu\text{l}/\text{min}$  (Table I). Urinary protein averaged  $168.9$   $\mu\text{g}/$

min and urinary albumin 58.2  $\mu\text{g}/\text{min}$ . Plasma protein in these animals had a mean of 4.2 g/100 ml and plasma albumin 1.3 g/100 ml. There were at least two populations of surface proximal tubules. Of the nephrons studied, 50–70% appeared to be normal in size. Although transit times to the end of the proximal convolution of these nephrons were longer ( $20.7 \pm 1.4$  sec) than in control ( $9.3 \pm 0.5$  sec) and 96-hr animals ( $13.0 \pm 0.9$  sec), there was a clear and distinct movement through the nephron. In these nephrons the proximal tubular albumin averaged 15.8 mg/100: 10.3 mg/100 ml in the early proximal, 18.4 mg/100 ml in the mid-proximal, and 20.5 mg/100 ml in the late portion of the proximal convolution. Once again, there was no detectable change in the distribution of albumin concentrations along the nephron. The TF/P inulin concentration at the end of the proximal convolution was  $2.73 \pm 0.06$  (six observations). The second population of tubules appeared to be dilated with tubular lumina approximately twice the size of the “normal” tubules. These tubules were filled with fluid but movement was quite slow and transit time could not be accurately measured. Lissamine green did appear gradually in these tubules after intravenous injection. Albumin concentration averaged 233.8 mg/100 ml in these nephrons: 293 mg/100 ml in early, 261 mg/100 ml in mid, and 273 mg/100 ml in late proximal tubules (Table II). Surface fluid albumin was sampled and averaged 45.0 mg/100 ml.

#### Discussion

It has been suggested that increased glomerular filtration of protein is the initiating lesion in the nephrotic syndrome [3, 5, 6, 9, 15, 20, 21], but direct evidence for this has been lacking. In a recent study of the ultrastructure of the glomerulus in aminonucleoside nephrosis, Venkatachalam and coworkers [21] have reported that horseradish peroxidase (molecular weight 40,000) crosses the glomerular capillary barrier into the urinary space in nephrotic rats. In addition, they have reported that bovine liver catalase (mol wt 240,000) also crosses into the urinary space in aminonucleoside nephrosis, but not through normal glomeruli [20]. In one previous investigation of tubular protein in the experimental nephrotic syndrome [2], proximal tubular protein concentration was not found to be increased in the rat 3–4 days after the injection of aminonucleoside. A more recent study, however [15], has shown an increase in proximal albumin concentration 4 days after injection. The present study shows a

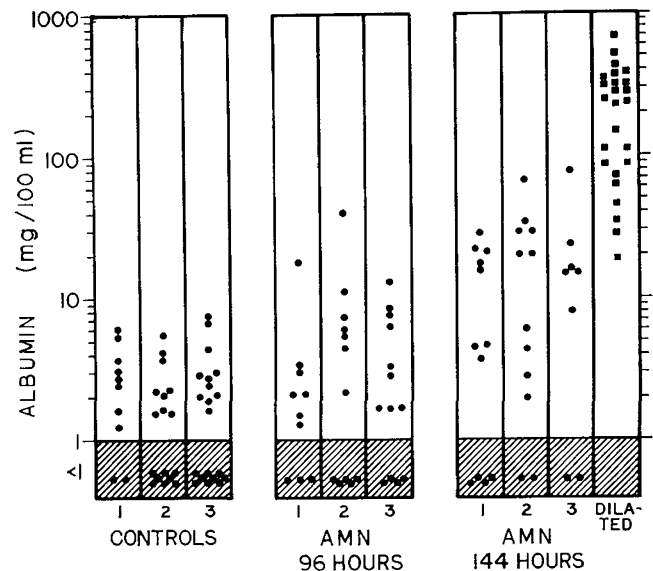


Fig. 2. Albumin concentration is illustrated relative to the site of puncture along the proximal tubule. The numbers on the abscissa refer to the early, mid, and late portion of the proximal convolution. Dilated identifies those tubules in the rat 144 hr after aminonucleoside injection that were widely dilated. The shaded area contains those samples that were 100 nl or more in size but in which the albumin concentration was less than 1 mg/100 ml. AMN: Aminonucleoside nephrosis.

small but not significantly increased concentration of proximal tubule albumin 4 days after aminonucleoside injection. Although the mean concentration of albumin is increased in these animals, the scatter is great and 12 of 35 proximal tubular punctures reveal an albumin concentration of 1 mg/100 ml or less. In the more fully developed nephrotic syndrome (6 day), many of the normally sized tubules and all of the dilated tubules reveal a significantly enhanced albumin concentration (Table II). The dilated tubules had very sluggish flow, however, and may contribute relatively little to final urine formation. The role of contamination in the nephron puncture samples must receive close attention. Since the concentration of albumin in the peritubular capillaries is much greater than that in the proximal tubular lumen, even a small amount of contamination could account for the total amount of albumin found in the tubules of control and early aminonucleoside rats. Great care was taken to minimize contamination (see *Methods*). Nonetheless, a small unrecognized contamination cannot be totally excluded. In the 142–144-hr aminonucleoside animal this type of contamination seems particularly unlikely in those nephrons that were widely dilated and had high albumin concentrations. These nephrons were

particularly easy to puncture and only 15–30 sec were necessary for collection of the sample because the protein concentration was quite high. Plasma albumin concentration averaged 1.3 g/100 ml. There would, therefore, have had to have been plasma contamination of approximately 20% to account for the albumin concentration found. The second potential source of contamination is surface fluid, the small amount of fluid on the surface of the kidney moving into the tubule and then into the collecting pipette. In both the control and 6-day aminonucleoside animal the concentration of albumin on the surface averaged 45 mg/100 ml and in the 4-day rats, 75 mg/100 ml. In the control animals a 5–10% contamination would be necessary to account for the albumin concentration found. In the dilated tubules of the 6-day aminonucleoside animal, such a contamination would have decreased rather than increased the albumin concentration.

In order to speculate on whether the increased glomerular permeability to albumin demonstrated in rats 144 hr after the injection of aminonucleoside contributes to the albuminuria observed, data on fluid transfer are needed.

In a study of glomerulotubular interrelationships in this disease [11, 12], we measured single nephron glomerular filtration rate (GFR) and absolute reabsorption to the end of the proximal convolution. The following equations were employed to estimate albumin filtration and reabsorption: (1) single nephron GFR  $\times$  early proximal tubular albumin concentration = filtered albumin; (2) end-proximal collection volume = amount of fluid escaping reabsorption in the proximal convolution. (3) (2)  $\times$  end-proximal albumin concentration = amount of albumin escaping reabsorption in the proximal convolution.

In five control rats single nephron GFR was  $32.6 \pm 2.8$  nl/min. Early proximal tubular albumin concentration was  $2.9 \pm 0.6$  mg/100 ml. This would yield a mean of 0.95 ng filtered albumin/min. Single nephron GFR was  $18.4 \pm 2.5$  nl/min in normal sized tubules in seven rats 144 hr after aminonucleoside injection. An early proximal tubular albumin concentration of  $10.3 \pm 3.0$  mg/100 ml yields 1.89 ng filtered albumin/min.

In control rats end proximal collection volume was  $18.3 \pm 1.9$  nl/min. Late proximal albumin concentration was  $2.4 \pm 0.4$  mg/100 ml; therefore, 0.44 ng albumin/min escape proximal reabsorption. In aminonucleoside rats  $5.8 \pm 0.7$  nl/min left the proximal convolution. Late proximal albumin concentration was

$20.5 \pm 8.8$  mg/100 ml. In this segment, 1.18 ng albumin/min escape reabsorption.

The above calculations are speculative inasmuch as the albumin concentrations and fluid transfer data are not paired data. They suggest, however, that increased distal delivery of albumin does occur in aminonucleoside nephrosis. Paired data are needed to assess more precisely the relative role of increased filtration of albumin and incomplete proximal tubular reabsorption of this increased load.

### Summary

This study demonstrates that an increase in glomerular permeability for albumin does occur in aminonucleoside nephrosis. Nephron heterogeneity characterizes the latter stages of the disease. There is no evidence for a changing concentration of albumin with passage along the proximal convolution in either normal or aminonucleoside rats, but scatter in the data suggests that serial punctures along the same nephron are required to quantitate single nephron albumin reabsorption. Comparison with data on fluid reabsorption indicates that increased distal delivery of albumin may contribute to the proteinuria of the fully developed aminonucleoside nephrotic syndrome.

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