

Erythrocyte Lipids in the Neonate

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Extract

The lipid composition has been characterized in erythrocytes obtained from the cord blood of full-term normal infants. There is an increase in total lipid, lipid phosphorous and cholesterol per cell (total lipid = 6.45×10^{-10} mg; Lipid P = 1.54×10^{-11} mg; cholesterol = 1.79×10^{-10} mg) when compared with adult controls (total lipid = 5.07×10^{-10} mg; Lipid P = 1.22×10^{-11} mg; cholesterol = 1.33×10^{-10} mg). Despite the increased lipid content, the percentages of total lipid comprised by lipid phosphorous and cholesterol are similar to those found in the adult (P = 2.40% of total lipid in infants, 2.41% in adults; cholesterol = 27.1% of total lipid in infants, 26.0% in adults). Phospholipid fractionation shows minor variations between the two groups. Cord blood erythrocyte phospholipid has 1.0% lysolecithin, 26.0% sphingomyelin, 27.7% phosphatidylcholine, 15.2% combined phosphatidylserine and phosphatidylinositol, and 29.1% phosphatidylethanolamine. Adult erythrocyte phospholipid has 1.2% lysolecithin, 24.1% sphingomyelin, 29.5% phosphatidylcholine, 13.1% combined phosphatidylserine and phosphatidylinositol and 31.2% phosphatidylethanolamine. Phospholipid fatty acid patterns in cord blood erythrocytes show an increased percentage of palmitic acid (cord = 21.3%, adult = 17.0%), stearic acid (cord = 16.3%, adult = 15.3%) arachidonic acid (cord = 19.6%, adult = 17.4%) and combined 22 and 24 carbon fatty acids (cord = 17.6%, adult = 16.3%) associated with decreased percentages of oleic acid (cord = 11.9%, adult = 14.6%) and linoleic acid (cord = 3.4%, adult = 10.9%).

Speculation

The erythrocyte lipids of the newborn show deviations from the adult pattern which may have adaptive value for intrauterine life. These same adaptations may render the cell more vulnerable to oxidative damage in postnatal life.

Introduction

The lipid composition of erythrocytes has recently become a matter of great interest. Studies have shown that the red cell lipid is composed almost entirely of free cholesterol and phospholipid [32, 40]. The minute amounts of cholesterol esters, the roughly equivalent

proportion of phosphatidylcholine and phosphatidylethanolamine and the presence of phosphatidylserine imprint a pattern of erythrocyte lipid in the adult clearly different from that of the plasma environment. Adult plasma has two-thirds of the cholesterol in the esterified form, a proportion of phosphatidylcholine ten times that of phosphatidylethanolamine and lacks

phosphatidylserine [29, 31]. Despite the rather divergent lipid composition of the erythrocyte and its plasma environment, there is little evidence of *de novo* synthesis of lipid by the red cell [19], and *in vitro* evidence suggests that a major pathway for replacement of red cell cholesterol [3], phospholipid [33], and phospholipid fatty acid [21] is through interchange with plasma lipids. An abnormality of erythrocyte lipid composition in association with an abnormal plasma environment has been clearly demonstrated in patients with abetalipoproteinemia [30, 39]. The characteristic hematologic abnormality seen in this disorder is the presence of small contracted red cells (acanthocytes). A small percentage of similarly shaped cells has been noted as a normal finding in full-term and premature infants and may constitute up to 50% of the erythrocytes of certain premature infants with infantile pyknocytosis [36]. Cord blood plasma has been shown to differ markedly from adult plasma with lower levels of cholesterol, phospholipid and both high and low density lipoproteins [6, 8, 9, 42]. The present study was undertaken to define the lipid composition of cord blood erythrocytes which have been exposed *in vivo* to plasma with the lowered lipid content characteristic of cord blood.

Previous reports utilizing smaller numbers of patients have shown a cord blood erythrocyte membrane lipid composition varying in several parameters from adult cells [4, 9, 13, 30].

Material

Cord blood samples were collected from 42 full-term uncomplicated deliveries. There were 24 female and 18 male infants in the study. Birth weights ranged from 2520 g to 4500 g. The group included 32 Caucasian, 8 Negro, and 2 Oriental infants. All infants were free of obvious pathology and no infants with maternal-fetal Rh incompatibility were utilized. The presence of maternal-fetal ABO incompatibility was not tested, but no patient showed clinical evidence of this. The course of all infants while in the nursery was uneventful.

Methods

Blood samples were collected in disodium EDTA, centrifuged at 4° and the plasma and buffy coat removed. Cells were washed 2–3 times with three volumes of 0.9% NaCl until the supernatant was clear. A suspension of red cells in physiologic saline was made with a hematocrit ranging from 65–75%. Aliquots were taken for hematocrit determination and cell counting using a Coulter Model B electronic particle counter.

Stromal lipid extraction was performed by a modification of the method of FARQUHAR [12]. Two ml aliquots of the cell suspension were added to 14 ml of redistilled MeOH containing 0.2 ml of 0.1% hydroquinone. Flasks were flushed with nitrogen and sealed for 10 minutes. Clumps of stroma were broken and 28 ml chloroform was added with mixing. Nitrogen was bubbled through the mixture, the flask flushed with nitrogen and sealed. Extraction was carried out at room temperature for 90 minutes with continuous shaking. The mixture was filtered through a coarse sintered glass funnel into a separatory funnel and the filter cake returned to the extraction flask. Reextraction was performed in 15 ml chloroform:methanol 2:1 (v/v) with shaking for one hour. The extraction mixture was again filtered into the separatory funnel as above. Partitioning was performed by adding 14 ml of 0.58% NaCl (containing 25 µg EDTA/ml), flushing with nitrogen and shaking. The samples were placed in a freezer at -20° for 2 hours, at which time the phases were clearly separated. After returning to room temperature, the upper phase was removed with suctioning and the interphase washed with blank upper phase (methanol:0.58% NaCl:chloroform 47:48:3 v/v) until clear. The lower phase was transferred to a flask, flushed with nitrogen, and dried under suction in a rotary evaporator at 32°. Dried lipids were dissolved in petroleum ether and redried *in vacuo* twice to assure dryness. Lipids were then dissolved in petroleum ether, transferred with washing to a 10 ml volumetric flask and made to volume. Aliquots of the total lipid extract were taken for the following determinations:

Total lipid. Determined gravimetrically after evaporation of solvent and drying overnight in a desiccator jar containing anhydrous CaSO₄.

Total cholesterol. The aliquot for total lipid was redissolved and total cholesterol determined by the method of CHIAMORI and HENRY [7].

Lipid phosphorous. Determined by the method of BARTLETT [2].

Phospholipid fractionation. Samples were separated into individual phospholipids by thin layer chromatography using a modification of the method of SKIPISKI *et al.* [35]. Basic plates of silica gel H suspended in 0.10 M sodium carbonate were run in a solvent system of chloroform:methanol:glacial acetic acid:water (50:25:8:4). Lipid spots were localized by iodine vapor and identified by comparison with purified phospholipid standards [43]. Phosphorous content was determined by the method of PARKER and PETERSON [28], modified by allowing digestion in concentrated sulfuric acid overnight.

Phospholipid fatty acids. Phospholipids were separated from nonphospholipids by silicic acid column chromatography according to the method of WAYS and HANA-

HAN [40]. Fatty acids were methylated under nitrogen in H_2SO_4 and methanol as described by WAYS *et al.* [39]. Gas chromatography was performed on 6-foot diethylene glycol succinate columns in a Perkin-Elmer Model 810 chromatogram with hydrogen flame detector. Fatty acids were identified by comparison with known standards [44] and published retention times [1]. Aldehydes were identified by the method of FARQUHAR [11]. Peak area was proportional to weight for methyl esters using the flame detector based on assay of quantitative standard mixtures [44] as has been previously noted [40]. Statistical analysis of the group data was performed utilizing the group mean and standard deviation. Comparison of adult and fetal groups was made by the standard t-test analysis.

Results

Assays of total lipid, lipid phosphorous and cholesterol were performed on 42 cord blood samples. The results are shown in table I and are compared with data obtained from studies on a group of 21 normal adult controls. The values for adult controls are in general agreement with published series [12, 32, 38, 40]. It will be noted in the controls that values for total lipid, lipid phosphorous and cholesterol, when calculated on the basis of mg per 100 ml packed cells, are 10^{12} times larger than when calculated on a mg per cell basis. This reflects the fact that the mean corpuscular volume (MCV) of washed adult erythrocytes is 100 micron³. Since the MCV of washed cord blood cells was 120 micron³, the relative macrocytosis is reflected in larger values when calculated on a mg per cell basis than when calculated on the basis of mg per 100 ml packed cells. The values for total lipid, lipid phosphorous and cholesterol are all significantly increased ($p < 0.01$) over their comparable values in adult cells whether calculated per cell or per 100 ml packed cells. Several points of comparison can be made between these data and that of CROWLEY *et al.* [9]. Both series show washed fetal cells to have a similar MCV (present series: MCV = 120; CROWLEY *et al.*: MCV = 121) and both show a similar increase in total lipid per cell in fetal cells as compared to adult cells (present series: fetal cells total lipid = 27.2% higher than adult; CROWLEY *et al.* = 25.8%). This present series shows a similar percentage of total lipid as phospholipid and cholesterol in both fetal and adult cells, while CROWLEY *et al.* showed a lower percentage of phospholipid (fetal cell lipid = 2.28% phosphorous; adult cell = 2.60% phosphorous) with a similar percentage of cholesterol (fetal cell lipid = 24.5% cholesterol; adult cell lipid = 25.8% cholesterol).

The percent distribution of individual erythrocyte

phospholipids in 28 cord bloods and 12 adult controls is given in table II. As shown by CROWLEY *et al.* [9], the mean values for cord blood phospholipids give a lower percentage of phosphatidylcholine (27.7%) and phosphatidylethanolamine (29.1%) and a higher percentage of sphingomyelin (26.0%) and combined phosphatidylserine and phosphatidylinositol (15.2%) than do adult cells (phosphatidylcholine = 29.5%; phosphatidylethanolamine = 31.2%; sphingomyelin = 24.1%; phosphatidylserine and phosphatidylinositol = 13.1%). However, only the differences in phosphatidylcholine and phosphatidylserine + phosphatidylinositol are significant at $p < 0.01$, whereas CROWLEY *et al.* [9] showed significant differences at this level only in the sphingomyelin and phosphatidylethanolamine fractions. Whether the statistical differences between these two series are due to differences in methodology in fractionating phospholipids or merely reflect the larger sample size in the present series is unclear. It should be noted that the percent phosphatidylethanolamine in the adult group, determined by thin layer chromatography, is higher than that reported by

Table III. Distribution of fatty acids esterified to phospholipid. Expressed as % of total fatty acids by weight

Fatty acid	Adult blood		Cord blood	
	Mean	±SD	Mean	±SD
14:0 ¹	0.2	0.05	0.2	0.08
16:al	2.0	0.22	2.0	0.36
16:0	17.0	1.21	21.3	2.38 ³
16:1	0.7	0.22	1.0	0.28
17:0	0.2	0.04	0.1	0.05 ³
18:al	4.1	0.44	3.5	0.14 ³
18:0	15.3	0.24	16.3	0.99 ³
18:1	14.6	1.00	11.9	1.08 ³
18:2	10.9	1.19	3.4	0.55 ³
18:3	0.3	0.08	0.3	0.10
20:2	0.1	0.09	0.5	0.22 ³
20:3	1.4	0.23	2.7	0.59 ³
20:4	17.4	1.12	19.6	1.39 ³
20:5	1.2	0.91	1.0	0.91
²	0.3	0.21	0.3	0.31
24:0	4.9	1.43	5.5	1.59
24:1	2.6	0.75	3.4	0.70 ³
22:5	2.5	0.74	0.8	0.90 ³
22:6	4.8	0.80	6.6	1.09 ³

¹ See text for designation of fatty acids.

² Unidentified peak.

³ Significant at $p < 0.01$ when compared to adult values.

CROWLEY *et al.* [9] who utilized silicic acid impregnated paper and column chromatography for measurement. Results similar to those in this series have been noted by others utilizing thin layer chromatography [5].

The fatty acids esterified to phospholipids from 28 cord blood samples and 16 adult controls are shown in table III. Fatty acids are identified numerically by the carbon chain length and the number of unsaturated double bonds (18:2 = 18 carbon chain:2 double bonds; 18 al = 18 carbon chain aldehyde). The main deviations from adult controls seen in the cord blood phospholipid fatty acids are an increased percentage of palmitic acid (16:0), stearic acid (18:0), arachidonic acid (20:4) and the longer chain fatty acids (24:0, 24:1, 22:6) in association with reduced amounts of oleic acid (18:1) and linoleic acid (18:2). Similar results were noted by CROWLEY *et al.* [9], although absolute values differ in part due to calculations based on percent by weight rather than moles percent plus the inclusion of aldehydes in the calculations of this series.

When the study patients are divided into four groups

on the basis of birth weight (2500–2999 g = 8 patients: 3000–3499 g = 21 patients: 3500–3999 g = 7 patients, 4000–4500 g = 6 patients), there is no evidence of a consistent trend between the groups and no significant deviation from the combined group mean in any parameter studied. Similarly, separation by sex revealed no significant differences in the parameters studied.

Discussion

It would appear from the above data and that of CROWLEY *et al.* [9] that the lipid composition of cord blood erythrocytes has a distinctive pattern which serves to differentiate clearly these cells from adult cells. Although the total lipid content per cell is greater in cord blood than in adult blood, the relative percentage composition of phospholipid and cholesterol remains quite similar. Analysis of hemoglobin-free adult erythrocyte ghosts has demonstrated that the lipid is contained entirely in the cell membrane [10]. Although surface area measurements of the cells studied are not

Table I. Erythrocyte lipid distribution. Comparison of cord blood erythrocytes with adult blood erythrocytes

		mg/cell			mg/100 ml cells			% of T.L.	
		T.L. ¹ ($\times 10^{-10}$)	P. ² ($\times 10^{-11}$)	Chol. ³ ($\times 10^{-10}$)	T.L.	P.	Chol.	% P.	% Chol.
Adult blood	mean	5.07	1.22	1.33	507	12.2	135	2.41	26.0
	\pm SD	0.40	0.10	0.16	36	0.64	9.33	0.11	2.1
Cord blood	mean	6.45	1.54	1.79	537	12.9	148	2.40	27.1
	\pm SD	0.48	0.12	0.16	36	0.90	12	0.17	2.3
	p	<0.01	<0.01	<0.01	<0.01	<0.01	<0.01	>0.40	<0.10

¹ Total lipid. ² Lipid phosphorous. ³ Cholesterol.

Table II. Distribution of individual phosphatides in phospholipid fraction. Values expressed as % of total lipid phosphorous

		L.L. ¹	Sph. ²	P.C. ³	P.S. ⁴ +P.I. ⁵	P.E. ⁶	P.A. ⁷
		Adult blood	mean	1.2	24.1	29.5	13.1
	\pm SD	0.37	2.0	1.4	1.2	1.5	0.21
Cord blood	mean	1.0	26.0	27.7	15.2	29.1	0.9
	\pm SD	0.10	2.8	2.1	1.6	2.9	0.49
	p	0.01–0.02	0.02–0.05	<0.01	<0.01	0.02–0.05	>0.40

¹ Lysolecithin.

⁵ Phosphatidylinositol.

² Sphingomyelin.

⁶ Phosphatidylethanolamine.

³ Phosphatidylcholine.

⁷ Phosphatidic acid.

⁴ Phosphatidylserine.

available, the mean corpuscular volume of cord blood cells is 20 % greater than that of adult cells, and the total lipid content per cell in cord blood is increased to an even greater degree (27.2 %). HOUGHIN *et al.* [17] have calculated cell indices and surface area of normal cells and showed that as cell volume increased from $74 \mu^3$ – $87 \mu^3$ (a change of 17.6 % over initial volume) the surface area increased only from $129 \mu^2$ – $140 \mu^2$ (a change of 8.5 % of initial area). Similar studies comparing reticulocytes with older cells have shown comparable increments in both surface area and cell volume [38]. The increase in total cell lipid in excess of the increase in cell volume in cord blood erythrocytes could be interpreted as indicating a greater amount of lipid per unit surface area or a change in cell shape allowing for a relatively greater proportion of cell surface per unit volume. The latter possibility would be more in keeping with the unit membrane theory of biological membranes [37]. The return of mean corpuscular volume to adult levels by the second month of life [26] would be accomplished only by replacement of fetal cells with adult type cells and/or by loss of cell membrane units from fetal cells.

The finding of increased amounts of total lipid, phospholipid and cholesterol in cord blood erythrocytes is of particular interest in light of the low level of plasma lipids mentioned above [6, 8, 9, 42]. Although there is increasing evidence that membrane lipids exchange rapidly with plasma lipid [3, 21, 33], the exact mechanism for control of this exchange is unclear. From the cord blood data it would appear that there is no relation between the quantitative amount of total cholesterol and phospholipid in plasma and in red cells. Similar studies on older patients with various forms of plasma hyperlipemia have shown normal or low red cell stromal lipid values [22], a situation exactly opposite to that in the neonate. Variations in red cell phospholipid distribution do appear to reflect plasma phospholipid distribution as seen in abetalipoproteinemia and in certain patients with liver disease [23, 39].

The physiologic significance of the erythrocyte stromal lipid pattern of the neonate is difficult to determine. It is largely unknown whether membrane lipid is merely a structural unit or an active participant in membrane function. One possibility is a potential influence on oxygen affinity of the cell. Evidence suggests that a fetal oxygen dissociation curve may be more dependent on the presence of a fetal red cell membrane than on the presence of fetal hemoglobin in the cell [34]. Variations in the membrane structure may therefore allow for differences in permeability of the cell to oxygen [9]. Intrauterine transfusion of the fetus with adult blood for erythroblastosis fetalis has clearly demonstrated that fetal hemoglobin is not essential for intrauterine survival.

The susceptibility of neonatal erythrocytes to hemolysis in dilute hydrogen peroxide solution has been known for many years [14]. Susceptibility of a cell to peroxide hemolysis indicates the rate at which erythrocyte fatty acids can be oxidized and is dependent on a complex balance of prooxidants and antioxidants [16]. The principal erythrocyte pathways for hydrogen peroxide detoxification are dependent on the enzymes catalase and glutathione peroxidase. Both enzymes are present in red cells of the fetus at levels significantly below that of the adult [15, 18]. A correlation between hydrogen peroxide hemolysis and low red cell catalase levels in the newborn has been shown [25]. Thus, the erythrocytes of neonates have a limited capacity to detoxify peroxides [15]. Peroxidation of unsaturated fatty acids takes place as a nonenzymatic reaction in the presence of oxygen and several prooxidants (Fe^{++} , ascorbic acid, glutathione, hemoglobin derivatives) [20]. Since the red cell stroma of the newborn contains an increased amount of total lipid per cell, it could be highly susceptible to peroxide damage due to the limited ability to detoxify this substance. Whether such a mechanism is involved in the group of infants felt to have vitamin E deficiency as a cause of hemolytic anemia remains to be proven [27]. NIROWSKY has noted no correlation between simultaneous peroxide hemolysis test and serum tocopherol levels in unfed neonates [24]. The recent work of GROSS *et al.* [15] suggests that there is no significant hemolysis in adult or fetal cells when exposed to more physiologic levels of hydrogen peroxide in a glucose-containing medium *in vitro*.

Summary

Data are presented on the erythrocyte lipid composition of cord blood samples from 42 healthy full-term infants. When compared to erythrocytes of adults, cord blood erythrocytes can be characterized as showing:

1. An increased amount of total lipid, phospholipid and cholesterol per cell.
2. Slight variation in the distribution of individual phosphatides with a tendency toward increased sphingomyelin and combined phosphatidylserine + phosphatidylinositol and a decrease in phosphatidylcholine and phosphatidylethanolamine.
3. Phospholipid fatty acid distribution showing decreased oleic (18:1) and linoleic (18:2) acids and increased palmitic (16:0), stearic (18:0), arachidonic (20:4) and longer chain fatty acids.

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