

Changes in Intracellular Hydrogen Ion Activity in Acute Experimental Salicylate Intoxication

J.B. MOON^[34] and D. O'BRIEN

Department of Pediatrics, University of Colorado Medical Center, Denver, Colorado, USA

Extract

This study was devised to ascertain (1) the extent and direction of changes in intracellular hydrogen ion activity in unmodified salicylate intoxication, and (2) whether an intracellular metabolic acidosis was unmasked or decompensated when the P_{CO_2} was maintained at normal levels. Sixteen mongrel dogs were studied in 3 groups: 1. Controls; 2. Salicylate intoxicated dogs (given 300 mg/kg of sodium salicylate intravenously; and 3. Mechanically hyperventilated dogs given no salicylate. Skeletal muscle intracellular hydrogen ion activity was determined at intervals in each group using ^{14}C -labelled 2,4-dimethyl oxazolinedione, tritiated water and ^{36}Cl ion. In the controls the intracellular hydrogen ion activity did not deviate significantly from the average value of 130.9 nEq/l* over periods ranging from 4-12 hours. In group 2, intracellular hydrogen ion activity fell from a presalicylate value of 129.7 nEq/l to 102.1 at 2 hours, 87.0 at 3 hours, and 81.5 at 4 hours. When 2-4% CO_2 was given and the P_{CO_2} was stabilized at 30-40 mm Hg, the intracellular hydrogen ion activity returned to normal. In the group 3 dogs it fell from 136.8 nEq/l to 87.7 over 4 hours and also returned to normal when CO_2 was given. Results from 3 representative dogs are shown in figure 2. The authors conclude that (1) intracellular hydrogen ion activity falls significantly in salicylate intoxication due to salicylate-induced hyperventilation, and (2) no major metabolic acidosis could be demonstrated within the cells when the P_{CO_2} was held at normal levels.

Speculation

The use of THAM or large doses of sodium bicarbonate to alkalinize urine may not be entirely benign though the usefulness of these drugs as salicyluric agents is not questioned. Inhalation of CO_2 may warrant further research as a possible therapeutic agent for cases of salicylate intoxication in which a metabolic acidosis has not become apparent from extracellular fluid data.

* nEq = 10^{-9} equivalents.

Introduction

Acute salicylate intoxication is commonly associated with a primary respiratory alkalosis¹ on which a metabolic acidosis frequently supervenes [28, 30]. Depending somewhat upon age and the time elapsed since in-

gestion, either process may predominate and the plasma hydrogen ion activity, $[H^+]_p$, may fall or rise accordingly [30]. A number of strong acids are produced in salicylism and lactate [11], pyruvate [11], β -hydroxybutyrate and acetoacetate [26] accrue in the body fluids. All of these are of intracellular origin. Intra-

cellular hydrogen ion activity, $[H^+]_i$, might, therefore, be expected to rise were it not for the accompanying hyperventilation, which by lowering the intracellular CO_2 tension tends to cause $[H^+]_i$ to fall [5, 29]. Thus, in salicylate intoxication, two processes may occur simultaneously, each acting to change $[H^+]_i$ in opposite directions.

Primarily on the basis of changes in the extracellular fluid, a number of therapeutic agents have been suggested [11, 13, 14, 21]. Of these, sodium bicarbonate and tris-(hydroxymethyl)-aminomethane (THAM) are known to alkalinize intracellular fluid [1, 2, 17, 23, 25] while acetazolamide and especially carbon dioxide acidify it [1, 2, 17, 18, 25, 29]. This study was, therefore, devised to ascertain (1) the extent and direction of changes in $[H^+]_i$ in unmodified salicylate intoxication, and (2) whether an intracellular metabolic acidosis is unmasked or decompensated if the P_{CO_2} is maintained at normal levels with carbon dioxide.

Materials and Methods

Sixteen adult male mongrel dogs weighing between 5.3 and 12.6 kg were assigned to the following study groups by double-blind technique: group I, sham-treated controls; group II, salicylate intoxicated dogs with and without treatment with CO_2 in percentages sufficient to normalize the Pa_{CO_2} ; and group III, mechanically hyperventilated, CO_2 -treated dogs given no salicylate. All dogs were given the smallest dose of sodium pentobarbital required to effect general anesthesia. An endotracheal tube was then inserted, but the animals were allowed to breathe spontaneously. Immediately following induction, each received intravenously 20 μ g/kg of tritiated water, 2.0 μ g/kg 5,5'-dimethylloxazolidine-2,4-dione-2¹⁴-C(DMO)² and 1.0 μ g/kg of $NaCl$ -³⁶Cl. The right femoral artery and left jugular vein were cannulated. Clotting in the former was prevented by a heparin lock and in the latter by a slow saline infusion. A thermometer was inserted 8 cm into the rectum. Two and one half to three hours were allowed for the isotope concentrations to achieve steady states following which baseline samples were taken. All blood samples were from the artery; all injections were intravenous. Blood removed in sampling was promptly replaced with equal volumes of isotonic saline. Skeletal muscle biopsies were performed rapidly from muscles of the extremities excepting the right hind limb (due to the presence of the arterial cannula).

¹ Acid-base terminology used in this report is in accordance with recent recommendations [31].

² New England Nuclear Corporation, Boston, Massachusetts.

Muscle samples of 650 mg, trimmed of visible fat and connective tissue, were immediately placed in 10.0 ml N.C.S.[®] Solubilizer³, minced with scissors, and gently agitated for 48–72 hours. Samples of heparinized plasma of 2.0 ml were placed without delay in 7.0 ml of N.C.S.[®]. Whole blood pH was determined with a Radiometer 4C, null point, pH meter using a Radiometer G297/G2 glass electrode at 38.0°. Plasma CO_2 content was determined with a Kopp-Natelson microgasometer [20]. Pa_{CO_2} and plasma concentrations of HCO_3^- were calculated from the Henderson-Hasselbach equation after the pH, pK' and α (the solubility factor for CO_2) had been corrected for deviations in body temperature. The equations used for temperature correction were: pH (temperature corrected) = pH (measured) $-0.0146\Delta T$, $pK' = 6.10 - 0.005\Delta T$, and $\alpha = 0.0301 - 0.0007\Delta T$, where ΔT = rectal temperature -38.0° [19]. Values for $[H^+]_p$ were then calculated by exponentiating the $-pH$. Hemoglobin was determined as cyanmethemoglobin [20] and base excess was calculated from a Siggaard-Andersen nomogram [27]. Lactate and pyruvate were determined enzymatically with L(+) stereospecific lactic dehydrogenase [20]. In addition, total lactate was determined by the method of BARKER and SUMMERSON [3] and salicylate by the fluorimetric method of SALTZMAN [24]. The presence of salicylate did not interfere with any of the above methods.

$[H^+]_i$ was calculated from intracellular pH as determined by SCHLOERB and GRANTHAM's modification [25] of the WADDELL-BUTLER technique [29] with some changes to be described. Briefly, the determination is based on the steady state distribution between plasma and intracellular water of the weak acid DMO. Assuming the uncharged form (HDMO) is at equal activity on both sides of the cell membrane this distribution is related to the hydrogen ion activity of the intracellular water, and from it, intracellular pH and hence $[H^+]_i$ can be calculated. The present method involved discrimination of tritiated water, DMO-¹⁴C and ³⁶Cl ion in plasma and skeletal muscle by 3-channel liquid scintillation spectrometry.

The following solutions are prepared:

1. Water background solution (WB): 2.5 ml of distilled water plus 12.5 ml N.C.S.[®].
2. Muscle background solution (MB): 650 ml of nonradioactive fresh dog skeletal muscle finely minced in 10.0 ml of N.C.S.[®] and agitated for 48–72 hours.
3. Plasma background solution (PB): 2.0 ml of nonradioactive dog plasma added to 7.0 ml of N.C.S.[®].
4. Scintillation fluid-toluene (reagent grade), 600 ml; methylcellosolve (reagent grade, essentially free of peroxides), 400 ml; naphthalene (reagent grade)

³ Nuclear Chicago Corporation, Des Plaines, Illinois

Table I. Contents of scintillation vials (values in ml)

Tube number	Tube symbol	Water back-ground solution	Muscle back-ground solution	Plasma back-ground solution	'Hot' muscle solution	'Hot' plasma solution	Distilled water	³ H int. standard	¹⁴ C int. standard	³⁶ Cl int. standard	BBOT scint. fluid
1-4	WB	2.0					0.2				15.0
5-8	MB		2.0				0.2				15.0
9-12	PB			2.0			0.2				15.0
13	³ H-IS	2.0						0.2			15.0
14	¹⁴ C-IS	2.0							0.2		15.0
15	³⁶ Cl-IS	2.0								0.2	15.0
16	M1				2.0		0.2				15.0
17	M2				2.0			0.2			15.0
18	M3				2.0				0.2		15.0
19	M4				2.0					0.2	15.0
20	P1					2.0	0.2				15.0
21	P2					2.0		0.2			15.0
22	P3					2.0			0.2		15.0
23	P4					2.0				0.2	15.0

80 g; 2,5-bis-[2-(5-*tert*-butyl-benzoxazolyl)]-thiopene (B.B.O.T.)⁴, 4.0 g.

5. Aqueous internal standard solutions (³H-IS, ¹⁴C-IS and ³⁶Cl-IS): Aqueous solutions of ³H, ¹⁴C and ³⁶Cl prepared with 0.2 ml of each, providing 50–60 × 10³ counts per minute in each channel of a 3-channel liquid scintillation spectrometer when operating at the optimal gain setting for its respective isotope.

Scintillation vials of 15 ml volume were filled as specified in table I, bearing in mind that when internal standards are added, accurate repetitive delivery technique is critical [25].

The vials were placed in a Packard Tri-Carb⁴, 3-channel, liquid scintillation spectrometer and after 2 hours of dark and cold adaptation, triplicate 10 minute counts were obtained on each vial and averaged. An IBM 7044 digital computer was used to perform all calculations.

Experimental Grouping of the Dogs

Group I: Controls. Dogs 3, 10, 16 and 17 were sham controls not treated with salicylate, CO₂ or positive pressure hyperventilation.

Group IIa: Unmodified salicylate intoxicated dogs. Dogs 4, 5, 8, 9 and 12–15 underwent baseline sampling, received 300 mg/kg of sodium salicylate intravenously over a period of two minutes and followed for four or more hours with serial determinations.

Group IIb: Salicylate intoxicated CO₂-treated dogs. After four hours in group IIa, dogs 12–15 were given 2, 3 or 4 % CO₂ in air through a Rudolph valve to prevent rebreathing. The CO₂ percentage was selected which most nearly corrected the blood pH to baseline levels. After 2 hours of CO₂ treatment, dogs 14 and 15 were returned to room air for two hours and restudied. Following this, CO₂ was readministered.

Group III: Hyperventilated CO₂-treated dogs. After baseline sampling and sham injections of isotonic saline, dogs 18–20 were artificially hyperventilated with compressed air in a stepwise fashion to simulate the initial stage of salicylism. At the end of four hours, compressed air with 2, 3 or 4 % CO₂ was used to ventilate the dogs, maintaining hyperventilation, but correcting hypocapnia.

Results

Group I: Controls. Four dogs were studied for periods ranging from four to twelve hours following the baseline studies. Intracellular hydrogen ion activities, [H⁺]_i, are plotted against time in figure 1. The mean [H⁺]_i for all control values was 130.9 ± 8.7 (SD) nEq/l of nonchloride space, muscle water. It may be noted that no significant changes in [H⁺]_i occurred within the periods of time studied.

Group IIa: Unmodified salicylate intoxication. After allowing two and one-half to three hours for the achievement

⁴ Packard Instrument Company, Downer's Drove, Ill.

of an isotopic steady state, baseline sampling was performed. The mean baseline $[H^+]_i$ was 129.7 ± 15.8 (SD) nEq/l. This value cannot be statistically distinguished from that of the controls ($p > 0.3$ by t test). 1.0 ml/kg of a 300 mg/ml aqueous sodium salicylate solution was then slowly injected into the venous catheter. Within 20 seconds of injection all dogs developed obvious hyperpnea. This subsided briefly only to recur within 30–60 minutes and progress in depth over the next several hours. Within two hours of salicylate administration, respiratory alkalosis with alkalemia was apparent. The mean two hour $[H^+]_i$ had fallen to 102.1 ± 15.0 (SD) nEq/l. By 3 hours the mean $(H^+)_i$ had fallen to 87.0 ± 4.72 (SD) nEq/l and by 4 hours to 81.5 ± 10.7 (SD) nEq/l. These changes are all highly significant ($p < 0.01$

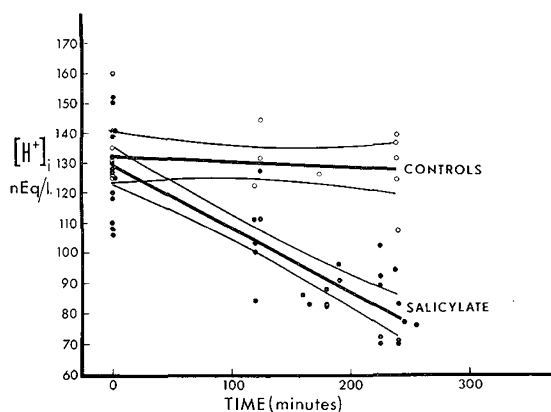


Fig. 1. Comparison of intracellular hydrogen ion activities in skeletal muscle of dogs with and without salicylate intoxication. (The linear least squares regression lines [dark] are bounded by curved lines defining the area which will include the regression lines 95% of the time. Circles represent control group data; dots represent data from the salicylate group.)

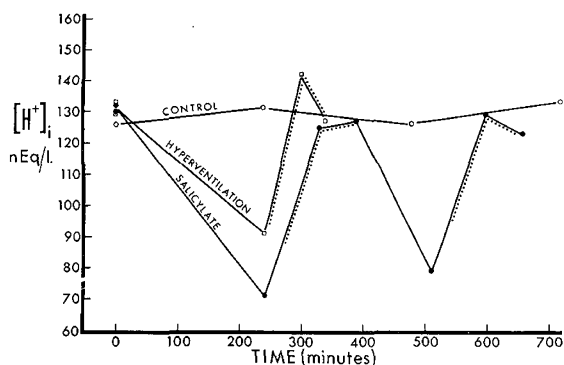


Fig. 2. Comparison of changes in intracellular hydrogen ion activities in three representative dogs. (Consecutive dotting indicates the periods during which CO_2 was administered.)

by t test). The data are plotted with their regression in figure 1. All corollary data are listed in table II.

Group IIb: Salicylate intoxicated CO_2 -treated dogs. Dogs 12–15, whose data from the first four hours following salicylate are included in group IIa, were then allowed to breathe spontaneously 2, 3 or 4% CO_2 in air through a oneway Rudolph valve. No obvious increases in rate or depth of respirations were noted. The concentration of CO_2 was selected which most nearly restored the blood pH to normal. As no significant changes occurred in buffer base concentration, this amounted to correcting the Pa_{CO_2} to normal. The effect of the CO_2 on $[H^+]_i$ was striking. The mean $[H^+]_i$ abruptly returned to, but not above, baseline levels ($p > 0.25$).

After dog 14 had received CO_2 for 170 minutes and dog 15 had received CO_2 for 120 minutes, the CO_2 was discontinued. In two hours, a striking fall in $[H^+]_i$ had again occurred. Both dogs achieved levels of $[H^+]_i$ of 79 nEq/l. When they were again given CO_2 in percentages sufficient to normalize the blood pH, $[H^+]_i$ was again corrected to, but not above, the base line range.

Group III: Hyperventilated, CO_2 -treated dogs. Dogs 18–20 were allowed the usual two and one-half to three hours to achieve isotopic steady states and baseline samples were taken. The mean baseline $[H^+]_i$ was 136.8 ± 6.5 (SD) nEq/l which statistically cannot be distinguished from that of group II (presalicylate) ($p > 0.1$). Next, the dogs were given sham injections of isotonic saline and were hyperventilated with air in an incremental fashion over four hours using a positive pressure respirator. This was done to simulate the respiratory alkalosis seen in the salicylate-intoxicated dogs. Samples taken at four hours revealed that $[H^+]_i$ had fallen 42, 46 and 40 nEq/l respectively below the baseline. The numbers involved are too small to permit accurate statistical comparison, but are of the same order of magnitude and in the same direction as was seen in group II. Hyperventilation was then continued, but 2, 3 and 4% CO_2 in compressed air was substituted. As in the group II dogs, $[H^+]_i$ was normalized; the mean $[H^+]_i$ after CO_2 was 139.2 ± 10.5 (SD) nEq/l. This value is not significantly different from the baseline ($0.30 < p < 0.40$).

Data from dogs 15, 17 and 20 are representative of the three groups and are plotted together in figure 2.

Discussion

The primary purpose of these studies was to resolve the opposing effects on $[H^+]_i$ of salicylate-induced respiratory alkalosis and metabolic acidosis. The salicylate-intoxicated animals all showed a fall in $[H^+]_i$ reflecting their hypocapnia, but this finding did not

Table II. Acid-base data from all dogs

Dog	Group	Comment	pH		[H ⁺]		Base excess		[HCO ₃]		PaCO ₂		pH		[H ⁺]		Total lactate		L(+)		Pyruvate		Salicylate			
			units	mEq/l	blood	mEq/l	mEq/l	mm Hg	units	muscle	nEq/l	mEq/l	mm Hg	units	muscle	nEq/l	mEq/l	blood	mEq/l	mEq/l	mg / 100 ml	mg / 100 ml	mg / 100 ml	mg / 100 ml		
3	I	Baseline	7.37	42.5	-4.6	19.1	33.2	6.87	135																	
		124 min post saline	7.40	39.9	-5.6	15.1	24.4	6.84	144																	
		124 min post saline	7.36	43.2	-7.3	15.9	27.8	6.88	131																	
		174 min post saline	7.36	43.2	7.3	15.9	27.8	6.90	126																	
		242 min post saline	7.37	42.7	7.3	15.6	27.4	6.87	136																	
10	I	Baseline	7.38	41.8	-3.1	21.3	36.4	6.90	125																	
		Baseline	7.31	48.6	-3.7	22.7	45.0	6.88	131																	
		120 min post saline	7.37	42.6	-2.7	22.1	38.0	6.91	122																	
		240 min post saline	7.41	39.0	-4.0	18.9	30.1	6.97	107																	
		240 min post saline	7.41	39.0	-4.0	18.9	30.1	6.86	139																	
16	I	Baseline	7.37	42.7	-5.9	18.2	32.1	6.85	141																	
		240 min post saline	7.37	42.3	-6.0	17.1	30.9	6.91	124																	
		480 min post saline	7.38	42.0	-4.3	19.0	34.2	6.86	136																	
		720 min post saline	7.37	42.3	-6.6	16.4	29.8	6.84	143																	
		Baseline	7.39	40.6	-7.6	15.3	26.0	6.90	126																	
17	I	240 min post saline	7.37	42.7	-9.3	13.8	25.2	6.88	131																	
		480 min post saline	7.37	42.5	-6.9	16.2	29.4	6.90	126																	
		720 min post saline	7.34	45.9	-8.0	15.9	31.2	6.88	133																	
		Baseline	7.34	46.1	-6.1	22.1	41.1	6.90	125																	
		Baseline	7.34	46.1	-6.1	22.1	41.1	6.93	118																	
4	IIa	120 min post salic	7.35	44.9	-7.5	16.1	30.3	6.95	111																	
		120 min post salic	7.35	44.9	-7.5	16.1	30.3	7.00	100																	
		160 min post salic	7.36	44.1	-7.2	16.5	30.4	7.07	86																	
		245 min post salic	7.40	40.1	-7.6	14.8	24.7	7.11	77																	
		Baseline	7.37	43.2	-5.9	18.1	31.9	6.97	106																	
5	IIa	Baseline	7.37	43.2	-5.9	18.1	31.9	6.96	110																	
		192 min post salic	7.52	30.1	-4.3	15.7	20.6	7.04	91																	
		225 min post salic	7.49	32.6	-4.7	15.0	21.3	7.15	70																	
		225 min post salic	7.49	32.6	-6.3	15.0	21.3	7.05	89																	
		225 min post salic	7.49	32.6	-6.3	15.0	21.3	7.05	89																	

preclude a coexisting intracellular metabolic acidosis. There are, however, two points which suggest that an abnormal intracellular process tending to raise $[H^+]_i$ was not an important component. (1) When CO_2 was administered to the intoxicated dogs $[H^+]_i$ returned to, but not above, normal levels. This may indicate that either no significant intracellular metabolic acidosis existed, or it existed but was caused by hypocapnia rather than salicylates and had, therefore, been effectively treated by the time the muscle samples had been taken. Furthermore, if a significant intracellular metabolic acidosis had existed which was caused by metabolic effects of salicylate *per se* and not simply by hypocapnia, the $[H^+]_i$ values from the salicylate-intoxicated dogs should have been higher than those observed in the hyperventilated dogs receiving no salicylate. In fact, they were not, thus supporting the theory [11] that metabolic acidosis in salicylism is due to a respiratory effect rather than a direct effect of the drug on intermediary metabolism. (2) Evidence exists that hypocapnia causes increased production of lactic acid [9, 10, 11, 15] but the rises observed here were inconsequential when compared with those reported by others [11]. This fact evoked a careful reexamination of the method used in the determination of lactate in blood. Inasmuch as the enzymatic procedure was stereospecific and measured only L(+) lactate [20], the possibility still existed that a D(-) lactic acidosis had been observed by other workers [11]. Therefore, the method of BARKER and SUMMERSON [3] was employed which measures both the L(+) and D(-) epimers. Little difference was noted. When lactate rose in response to hypocapnia, it did so as L(+) lactate. When isocapnia was restored, blood lactate concentrations promptly returned to normal. POSNER and PLUM [22] have studied changes in lactate concentrations of both blood and cerebrospinal fluid and concluded that lactic acid production was ineffectual as a compensatory mechanism to oppose hypocapnia caused by either passive or salicylate-induced hyperventilation. Evidently the same holds true for intracellular fluid.

In summary, while metabolic acidosis and respiratory alkalosis both characterize salicylism in the experimental animal [11], the latter would appear to be the more significant. In salicylism in children the blood pH also tends to be inappropriately high for the degree of hypobasemia [28, 30]. In two large series of unselected pediatric patients [21, 30], normal or elevated blood pH was the rule, acidemia the exception, despite the fact that metabolic acidosis was frequently observed. The absence of profound acidemia (low plasma pH, high $[H^+]_p$) is not, therefore, a serious criticism of this study.

Of course, the reliability of these findings is still dependent on certain technical features of the experiments. To begin with, all measurements of $[H^+]_i$ were

performed on skeletal muscle. The reasons for selecting this tissue are as follows: (1) Skeletal muscle is substantial in bulk and capable of providing large quantities of strong, nonvolatile acids [29]; (2) It is richly endowed with mitochondria and contains all the important biochemical pathways known to be affected in salicylate intoxications; (3) Its extracellular fluid volume can be assessed as its chloride 'space' with accuracy sufficient for the DMO method [29]. Accurate methods of determining the extracellular compartment of brain, liver or kidney have not been as firmly established. Regional differences in $[H^+]_i$ cannot, of course, be excluded by the present data.

The determination of $[H^+]_i$ from the distribution of DMO between intra- and extracellular fluid is controversial and has been subjected to critical review on several occasions [1, 4, 6, 7, 8, 16, 18, 25, 29]. The normal values obtained in this study agree favorably with those of other studies based on the same principles [1, 5, 25, 29]. Recent work with intracellular glass microelectrodes has suggested that $[H^+]_i$ is normally closer to 850–1000 nEq/l, a range substantially higher than that found in the present study, 131.4 ± 11.9 (SD) nEq/l ($N = 39$). While little agreement exists on the normal range of $[H^+]_i$, directional changes in $[H^+]_i$ appear to be similarly detected regardless of the method used. Unless salicylate somehow affects intracellular binding of DMO in a fashion which is reversed by CO_2 , then the probability exists that $[H^+]_i$ falls in salicylate intoxication. Until the above controversy is resolved, the absolute values for $[H^+]_i$, but not the conclusions, remain in question.

This demonstration that salicylate-induced hypocapnia causes significant falls in $[H^+]_i$ may have certain therapeutic implications. Attempts are often made to alkalinize urine with substantial amounts of $NaHCO_3$. Ordinarily HCO_3^- causes a minimal fall in $[H^+]_i$ [12, 29] which may be fortunate in view of the present findings. Tris-(hydroxymethyl)-aminomethane, on the other hand, buffers carbonic acid and readily alkalinizes intracellular fluid [23]. Vigorous attempts to alkalinize urine, especially in alkalemic patients, would seem ill-advised in view of this study. Whereas CO_2 effectively normalized the acid-base characteristics of both blood and intracellular fluid, no account has been taken of its effects, if any, on salicylate excretion. Clinical use of CO_2 cannot be advocated on the basis of these studies alone.

Summary

1. Intracellular hydrogen ion activity was determined in dog skeletal muscle with the 5,5'-dimethyl-2,4-oxazolinedione technique before and after the administration of toxic doses of sodium salicylate.

2. A striking fall in intracellular hydrogen ion activity due to hyperventilation was uniformly observed in unmodified salicylate intoxication.
3. The administration of sufficient percentages of carbon dioxide to restore isocapnia corrected intracellular hydrogen ion activity to, but not above, the normal range and failed to unmask any intracellular metabolic acidosis.
4. Implications of these findings are discussed.

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34. MOON, J. B., M. D., Department of Pediatrics, University of Colorado Medical Center, Denver, Col. 80220 (USA).