

BONE
STATIN THERAPY FOR
SKELETAL DYSPLASIA

A novel application for statins—the treatment of patients with skeletal dysplasia—has been revealed by new findings published in *Nature*.

Achondroplasia and thanatophoric dysplasia type 1 (TD1) are among a group of disorders characterized by mutations in the gene that encodes fibroblast growth factor receptor 3, *FGFR3*, and are collectively known as *FGFR3* chondrodysplasias. Previous studies have shown that these skeletal dysplasias are caused by gain-of-function mutations in *FGFR3*.

The team of researchers, led by Noriyuki Tsumaki from Kyoto University, Japan, developed an *in vitro* cell culture system using induced pluripotent stem (iPS) cells, in which they screened drugs that might be used to treat *FGFR3* chondrodysplasias. Patient-specific iPS cells were generated from dermal fibroblasts of individuals with TD1 and achondroplasia, as well as from healthy controls. iPS cells were then differentiated into chondrocytes using cytokines. Differentiated TD1 iPS cells showed reduced proliferation and increased apoptosis (similar to chondrocytes from patients with *FGFR3* chondrodysplasias) and decreased expression of chondrocyte markers compared with differentiated control iPS cells, as well as an inability to form cartilage.

Differentiated chondrocytes generated from cells of patients with TD1 and achondroplasia were treated with lovastatin (and other statins). This treatment rescued the cartilage formation phenotype of the cells, possibly via a mechanism that drives accelerated proteosomal degradation of mutant *FGFR3* proteins.

In transgenic *Fgfr3^{Ach}* mice—a model for achondroplasia that is characterized by dwarfism, short limb bones and short snout—daily injections of rosuvastatin resulted in the elongation of skulls, ulnas, femurs and tibias. This finding suggests that statins have potential to be effective treatments for *FGFR3* chondrodysplasias.

While these results are promising, Tsumaki does offer a word of caution. “As statins have been administered to large numbers of human patients for many years, there is abundant information on their safety, however, their effects on infants and juvenile patients are still largely unknown,” he says.

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CORRECTION

Statin therapy for skeletal dysplasia

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