

Post-exposure treatments for Ebola and Marburg virus infections

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Abstract | The filoviruses — Ebola virus and Marburg virus — cause lethal haemorrhagic fever in humans and non-human primates (NHPs). Filoviruses present a global health threat both as naturally acquired diseases and as potential agents of bioterrorism. In the recent 2013–2016 outbreak of Ebola virus, the most promising therapies for post-exposure use with demonstrated efficacy in the gold-standard NHP models of filovirus disease were unable to show statistically significant protection in patients infected with Ebola virus. This Review briefly discusses these failures and what has been learned from these experiences, and summarizes the current status of post-exposure medical countermeasures in development, including antibodies, small interfering RNA and small molecules. We outline how our current knowledge could be applied to the identification of novel interventions and ways to use interventions more effectively.

Biosafety level 4 (BSL-4) containment

The highest level of biocontainment. BSL-4 precautions are required for work with agents that can be aerosolized and cause fatal disease.

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Among viruses that cause haemorrhagic fever, members of the two genera of the family *Filoviridae*, Marburgvirus and Ebolavirus, are the most feared because of their dramatic clinical presentation, unusually high case fatality rates (up to 90%) and uncertain natural history. Bats are thought to have an important role in the maintenance of filoviruses in nature, but which bat species carry filoviruses and whether other species are involved are unknown^{1,2}. Historical filovirus outbreaks originated in Central Africa and ranged in size from a few to more than 400 cases; these outbreaks were reasonably well controlled by quarantine and contact tracing. However, this changed in December 2013, when an unprecedented outbreak caused by the Zaire species of Ebolavirus began in the West African countries of Guinea, Liberia and Sierra Leone. The epidemic continued unabated for over 2 years, finally ending in January 2016 with 28,616 cases and 11,301 deaths³. In addition to concerns of natural outbreaks in regions of Central and West Africa, filoviruses are known to have been a focus of former biological weapons programmes and have the potential for deliberate misuse⁴. Currently, there are no preventive filovirus vaccines or post-exposure treatments approved for human use. Work with infectious filoviruses must be conducted under biosafety level 4 (BSL-4) containment, which has further slowed the development of effective interventions. For these reasons, members of the genera Ebolavirus and Marburgvirus have recently been included as two of only eleven human pathogens and two of only four viruses named on the US Department of Health and Human Services Tier 1 list of Category A select agents, defined as affecting humans and having

the “potential to pose a severe threat to public health and safety” (REF. 5). In addition to being important human pathogens, filoviruses have devastated great ape populations in the Congo basin, further harming an already endangered species^{6,7}.

Although remarkable progress has been made over the past decade in developing and advancing vaccines that prevent filovirus infection, here we focus on interventions that could be deployed after exposure to a filovirus. The abundant *in vitro* data and data using rodent models to evaluate the efficacy of anti-filovirus interventions have not accurately predicted results in the more robust non-human primate (NHP) models^{8,9} (BOX 1); therefore, this Review focuses on studies of post-exposure treatments and therapies performed in NHPs and on recent data obtained in human patients during the 2013–2016 Zaire ebolavirus epidemic. We also outline topics including phylogeny, clinical manifestations, preventive vaccines (BOX 2), animal models, the US Food and Drug Administration (FDA) Animal Rule (BOX 3), pathology, viral and host targets and cell-based antiviral screening assays (BOX 4).

Infections caused by filoviruses Filovirus taxonomy

Filovirus taxonomy has changed many times since the discovery of Marburg virus in 1967 and of two different species of Ebola virus simultaneously in 1976. This has complicated nomenclature and made it highly confusing and controversial even for those in the filovirus community. Currently, the family *Filoviridae* contains two genera of disease-causing viruses, Marburgvirus

Box 1 | **Animal models**

Small animals including mice, hamsters and guinea pigs have been used as animal models of filovirus haemorrhagic fever^{226–234}. Mice and guinea pigs were historically used to screen post-exposure interventions against filoviruses, but these models have often failed to predict efficacy of candidate therapies in the more robust non-human primate (NHP) models^{8,9}. Importantly, filovirus isolates obtained from humans or NHPs do not cause severe disease in rodents upon initial exposure. Serial adaptation of filoviruses is required to produce a uniformly lethal infection in rodents, and the resulting viruses often have a number of mutations in viral genes associated with inhibition of the type I interferon host response^{226,227,230,232,235}. Rodent models of filovirus haemorrhagic fever also do not fully display the coagulation disorders that are hallmark features of disease in filovirus-infected humans and NHPs^{77,236}. A ferret model that does not require serial adaptation was recently developed for three different species of Ebolavirus²³⁷. However, attempts to develop a ferret model for Marburg virus (MARV) and Ravn virus (RAVV) have been unsuccessful (T.W.G., R.W.C. and C.E.M., unpublished data). Humanized mouse models have also recently been developed for Zaire ebolavirus (EBOV) and may have utility for evaluating candidate antivirals²³⁸.

Numerous studies show that filovirus infection in NHPs faithfully reproduces known characteristics of human disease^{8,9}. Historically, cynomolgus monkeys have been the species most frequently used for preventive vaccine studies, whereas rhesus monkeys have been used almost exclusively for the assessment of post-exposure treatments and therapies. The incubation period in these two macaques appears to be similar to that of humans but largely depends on the dose and route of exposure: parenteral and small-particle aerosol routes produce a more rapid disease course than do the more natural mucosal routes²³⁹. This characteristic is consistent with human infection, as the 1976 needle-stick exposure resulted in a rapid and uniformly lethal disease¹⁸. For EBOV, there have been no reports of untreated cynomolgus monkeys surviving intramuscular challenge, whereas untreated rhesus monkeys occasionally do^{9,139}.

For most species and strains of filoviruses, the disease course is somewhat slower in rhesus than cynomolgus macaques. The exception is the Angola strain of MARV, for which there is no obvious difference between the macaque species^{50,63}. Of note, there are substantial differences in the disease course in the highly pathogenic MARV Angola strain (associated with 90% fatality rates in humans²⁴⁰), which causes a more rapid disease course with a shorter therapeutic window in macaques than does the seemingly less pathogenic Musoke strain^{50,63,162,191,194}. Historically, many of the preclinical NHP studies with MARV were conducted with the Musoke strain, which makes it difficult to compare results with current studies that use the Angola strain, which presents a much higher bar for protection.

Asthenia
Muscular weakness.

Myalgia
Muscular pain.

Arthralgia
Joint pain.

Leukopenia
A condition of having a low number of circulating leukocytes, including neutrophils, eosinophils, basophils, lymphocytes and monocytes.

Lymphocytopenia
A condition of having a low number of circulating leukocytes, including natural killer cells, T cells and B cells.

Thrombocytopenia
A condition of having a low number of circulating thrombocytes, also known as platelets.

and Ebolavirus. The Marburgvirus genus contains a single species, Marburg marburgvirus, which contains two members, Marburg virus (MARV) and Ravn virus (RAVV). The Ebolavirus genus consists of five distinct species: Bundibugyo ebolavirus (BDBV), Reston ebolavirus (RESTV), Sudan ebolavirus (SUDV), Tai Forest ebolavirus (TAFV; previously termed ‘Côte d’Ivoire ebolavirus’ but more commonly known as ‘Ivory Coast ebolavirus’) and Zaire ebolavirus (EBOV). MARV, RAVV, BDBV, SUDV and EBOV are important human pathogens, with case fatality rates often up to 90% for MARV, RAVV and EBOV, and around 55% for SUDV^{8,10}. On the basis of two small outbreaks in 2007 and 2012, BDBV seems to be the least pathogenic, with a case fatality rate of about 40–48%^{11,12}. In 1994, TAFV was associated with a number of deaths in chimpanzees and a single symptomatic but non-lethal human infection in the Republic of Côte d’Ivoire^{13,14}. RESTV is lethal for macaques but is not thought to cause disease in humans¹⁵. An outbreak of RESTV was reported in pigs in the Philippines in 2008; however, it remains uncertain whether the disease observed in the pigs was caused by RESTV or other agents reported to have co-infected the animals¹⁶.

Clinical manifestations

Clinical and laboratory signs of disease caused by filovirus infection are nonspecific and usually associated with an incubation period of 2–21 days (mean 4–10 days)^{8,17}. Illness begins with an abrupt onset of fever, asthenia, myalgia and arthralgia, and can include a number of other nonspecific indications^{8,17}. Hypovolaemic shock and multiple organ failure are associated with severe and fatal cases. Clinical pathological observations include leukopenia and lymphocytopenia with increased circulating numbers of neutrophils, as well as thrombocytopenia. Prolonged blood clotting times and increased circulating levels of D-dimers, tissue factor, thrombomodulin and von Willebrand factor have been reported with filovirus infections, and substantially abnormal values for some of these factors have been associated with a fatal outcome^{18–23}. Complications collectively referred to as ‘post-Ebola syndrome’, including musculoskeletal pain, headache and ocular problems, have been noted in a number of survivors of filovirus infection^{24–29}. In rare cases, encephalitis has also been noted^{30–33}. Filoviruses have also been detected by PCR and/or virus isolation in the breast milk^{34,35} and semen^{36–39} of survivors. The persistence of filoviruses in semen is particularly concerning, with detection in one individual occurring 565 days after discharge from an EBOV treatment centre in Liberia³⁸.

Pathology and tissue tropism

Humans and NHPs are naturally exposed to filoviruses through mucosal surfaces or small abrasions and/or breaks in the skin^{8,17}. Filoviruses have a broad cell tropism and productively replicate in numerous cell types. Electron microscopic examination of tissues from experimentally infected NHPs and from fatal human cases has demonstrated that monocytes, macrophages, dendritic cells, hepatocytes, adrenal cortical cells, endothelial cells, fibroblasts and several types of epithelial cell can all support replication of filoviruses^{40–53}. Systematic studies in experimentally infected NHPs suggest that monocytes, macrophages and dendritic cells are the early replication sites for EBOV and MARV^{41,48,51}. Filovirus infection of mononuclear phagocytes is thought to trigger a series of events that includes the production and release of the procoagulant protein tissue factor^{54,55} and an assortment of pro-inflammatory cytokines, chemokines and free radical species in NHPs and humans^{48,51,55–68}. This dysregulated host response likely plays a greater role in the development of the observed pathology than any structural damage caused by viral replication in host cells and/or tissues.

During filovirus infection of humans and NHPs, lymphoid depletion, necrosis and apoptosis are frequently seen in the spleen, thymus and lymph nodes^{19,40–42,45–48, 51–53,64,69–71}. Although the lymphoid tissues are the primary sites of filovirus replication, inflammatory responses by infiltrating immune cells in these or other infected tissues are typically sparse. Interestingly, lymphocytes themselves do not support the production of progeny virus despite the large die-off of lymphocytes during the course of infection⁷².

Coagulation disorders are perhaps the most common feature of filovirus infection, although loss of blood is not usually the cause of death. Results from many studies have shown biochemical and histological evidence of disseminated intravascular coagulation in both experimentally infected NHPs and humans^{19,20,22,23,40,44–46,49–51,53,54,70,73–79}. The mechanisms that cause these coagulation disorders are not fully understood, but the expression or release of tissue factor from filovirus-infected monocytes and macrophages seems to play a role^{54,55}. However, the coagulation irregularities noted during filovirus haemorrhagic fever could be caused by other factors, particularly at the end stage of disease.

Targeting biology and replication

The development of medical countermeasures to combat filovirus infection has been built on the rapid advancement in the understanding of viral entry, replication and egress. The filovirus replication cycle is outlined in FIG. 1, and many of the pharmacological targets focus on the disruption of this cycle.

Entry

The filovirus glycoprotein (GP) is largely accepted to be the only viral protein on the viral surface and therefore the most immunologically available viral target. GP is a type I transmembrane protein. The binding of

Box 2 | Vaccination to prevent filovirus infection

Currently, there are no filovirus vaccines approved for human use, but several Zaire ebolavirus (EBOV) vaccines were investigated in clinical trials during the recent 2013–2016 outbreak in West Africa. Beginning in 1998, there has been tremendous progress in developing vaccines that can prevent lethal filovirus infection in non-human primates (NHPs). Nearly all these vaccines use filovirus glycoprotein (GP) as the protective immunogen. These vaccines completely protected NHPs against lethal disease and are mostly replication-defective or replication-competent viral vectors, including alphavirus replicons^{241,242}, human adenoviruses^{243–247}, chimpanzee adenoviruses²⁴⁸, paramyxoviruses^{249,250}, rabies viruses^{251,252} and several different strategies with recombinant vesicular stomatitis viruses (rVSVs), including both the prototype rVSV vaccine^{253–257} and a newer rVSV vaccine developed for enhanced safety (VesiculoVax)²⁵⁸. Virus-like particles^{259–261}, a biologically contained EBOV lacking viral protein 30 (VP30)²⁶², DNA²⁴⁴ and several combinations of vaccines that include DNA, modified vaccinia Ankara (MVA) and various adenoviruses can also completely protect NHPs from lethal filovirus disease^{244,248,263}.

Cross protection. There is no cross protection between members of the genus Marburgvirus and members of the genus Ebolavirus. Within the genus Marburgvirus, several vaccines protect cynomolgus monkeys against both Marburg virus (MARV) and Ravn virus (RAVV)^{254,261}. For the Ebolavirus genus, there is limited cross protection among the various species with the use of GP-based vaccines. A single injection of the rVSV–EBOV vaccine provided partial protection to cynomolgus monkeys against Bundibugyo ebolavirus (BDBV) challenge but not Tai Forest ebolavirus (TAFV) challenge²⁶⁴. A prime-and-boost vaccination approach with a DNA injection (prime injection) followed by adenovirus serotype 5 (Ad5) boost vaccines expressing the EBOV and Sudan ebolavirus (SUDV) GPs protected cynomolgus monkeys against BDBV²⁶⁵. Also, a prime-and-boost approach with an rVSV–SUDV vaccine, followed by the rVSV–EBOV vaccine, protected cynomolgus monkeys against lethal BDBV challenge²⁵⁶. Multivalent filovirus vaccines against both Ebolaviruses and Marburgviruses that incorporate several filovirus GPs (usually MARV GP, EBOV GP and SUDV GP) protect NHPs against multiple filovirus species^{246,255}.

Number of vaccinations. An important consideration for any filovirus vaccine is the ability to provide rapid protection, as outbreaks, epidemics and bioterrorist events do not allow time for a multiple-injection strategy. Several filovirus vaccines prevent infection in NHPs when used as single injections^{232,233,247,253,254,257,258}. In particular, the rVSV filovirus vaccines are very potent in this regard and can completely protect NHPs against EBOV, even if administered as few as 7 days before high-dose EBOV (Makona strain) challenge²⁵⁷.

Durability. The durability of filovirus vaccines is a current area of concern for all filovirus vaccine candidates, as nearly all studies in NHPs have assessed protective efficacy 4–6 weeks after the last vaccination. A chimpanzee adenovirus serotype 3 (ChAd3) vector that expresses the EBOV and SUDV GPs, and that completely protects macaques against EBOV (Kikwit strain) when these animals were challenged 5 weeks after vaccination, was unable to protect animals if they were challenged 10 months after vaccination²⁴⁸. However, at the same time point in that study, complete protection against EBOV (Kikwit strain) was observed in animals that received the ChAd3–EBOV–SUDV vaccine prime followed by an MVA–EBOV–SUDV boost. A small study that used a recombinant Ad5 (rAd5) codon-optimized EBOV vaccine, delivered by the respiratory route, showed protection against homologous EBOV (Kikwit strain) challenge 21 weeks after the final vaccination, suggesting that durability may be improved by respiratory, rather than intramuscular, administration of this vaccine²⁶⁶. The rVSV–MARV vaccine completely protected cynomolgus monkeys against homologous MARV (Musoke strain) challenge if the animals were challenged 14 months after the single-injection vaccination²⁶⁷.

Vaccination of humans. Vaccines that were assessed in phase I and/or II studies during the 2013–2016 EBOV epidemic include rVSV–EBOV^{268–272}, Ad5–EBOV^{273–275}, rVSV–EBOV combined with rAd5–EBOV²⁷⁶, ChAd3–EBOV with or without MVA–EBOV^{277–280}, Ad26–EBOV combined with MVA–EBOV²⁸¹, and DNA encoding multiple filovirus GPs^{282,283}. These EBOV vaccines generally elicited good immunogenicity against EBOV GP, and no serious adverse events were described. Although there were at least 16 phase I and/or II trials conducted, there were few opportunities to conduct phase III trials, and results of only one phase III trial have been reported. Interim results of the phase III rVSV–EBOV vaccine, which was used in a ring vaccination, open-label, cluster-randomized trial in Guinea, were reported in 2015 and final results were published early in 2017 (REFS 206,207). The study showed statistically significant protection, with no cases of EBOV among individuals from day 10 after vaccination in both randomized and nonrandomized clusters. The striking success of this phase III trial should pave the way for future licensure of the rVSV–EBOV vaccine.

D-dimers

Products of clot degradation. D-dimers consist of two crosslinked D fragments of fibrin.

Encephalitis

Inflammation of the brain.

Cell tropism

A situation in which viruses replicate in one cell type but not another. This tropism likely results from the differential expression of host surface proteins.

Disseminated intravascular coagulation

A process in which the blood clots in numerous small vessels.

Type I transmembrane protein

An integral single-pass membrane protein that has an extracellular N-terminus and a cytoplasmic C-terminus.

Box 3 | US Food and Drug Administration Animal Rule

The US Food and Drug Administration (FDA) Animal Rule²⁸⁴, although well intentioned, has hindered the advancement of medical countermeasures against filoviruses. Studies conducted following good laboratory practice (GLP) or GLP-like processes that are recommended under the Animal Rule are not very compatible with biosafety level 4 (BSL-4) containment for many reasons, including the small number of BSL-4 facilities worldwide, the increased time needed to train staff in BSL-4 and the logistical challenges associated with conducting studies in BSL-4. The advances that have been made with products such as the recombinant vesicular stomatitis virus (rVSV)–Zaire ebolavirus (EBOV) vaccine and ZMapp were made by a few BSL-4 laboratories not operating under GLP or GLP-like conditions. These BSL-4 investigators were able to efficiently and rapidly move to triage numerous candidate countermeasures to identify the handful of promising contenders. This would not have been possible if all preclinical animal studies had to be conducted under GLP or GLP-like conditions. The rVSV–EBOV vaccine is an excellent example of how well-conducted, published, preclinical studies in non-human primates (NHPs)^{192,238,285,286} not performed under GLP or GLP-like conditions were used in conjunction with phase I and II clinical data^{255,256} to justify conducting clinical trials during the 2013–2016 EBOV epidemic in West Africa. As all preclinical studies in NHPs have been conducted in a small number of BSL-4 facilities in North America, and given the limited number of BSL-4 laboratories that can perform NHP studies worldwide, it does not seem ethically or financially wise to mismanage these resources by performing unnecessary and costly GLP or GLP-like studies, especially under emergency conditions. Likewise, the FDA should revisit the desire for GLP or GLP-like studies in BSL-4 containment under the Animal Rule and move towards accepting BSL-4 animal studies conducted with good documentation and sound peer review of data.

filoviruses to host cells has been associated with several attachment factors^{80–85}, but entry and deposition of replication machinery for both Ebolaviruses and Marburgviruses have been directly linked to intravesicular cleavage of GP by host proteases, such as cathepsins⁸⁶, and subsequent fusion of viral GP with the host protein Niemann–Pick C1 (NPC1)^{87,88}.

Replication

Replication is immediately initiated upon release of the viral nucleocapsid, thereby freeing the encapsidated viral genome and replication machinery for subsequent cytoplasmic assembly of replication complexes for production of progeny viral genomes and proteins. At approximately 19 kb in length, filovirus genomes contain seven genes that encode an equal number of structural proteins, including nucleoprotein (NP), viral protein 35 (VP35), VP40, GP, VP30, VP24 and the RNA-dependent RNA polymerase L (also known as large structural protein)⁸. Filovirus RNA synthesis is reliant on NP, VP35, VP30 and L working in a complex^{89,90}; however, during the process, VP24 has been shown to be closely associated with intracellular centres of virus replication, known as inclusion bodies, and has been shown to be required for nucleocapsid and genome packaging^{91–93}. VP40 directly interacts with cellular endosomal trafficking elements and is key for viral budding⁹⁴. GP requires post-translational modifications in the endoplasmic reticulum and Golgi processes and hence follows a different trafficking pathway to the plasma membrane than do the other viral proteins^{95–97}. Unique to members of the Ebolavirus genus, an artefact of transcriptional editing of the *GP* gene

allows for the production of several nonstructural GP derivatives, each of which is thought to contribute to pathogenesis in a different way, some of which may have direct relevance to interventions specific to Ebolavirus infections^{97–101}.

Immune evasion

Fatal filovirus infections are accompanied by extremely high infectious viral burdens in the host, which contribute to rapid pathogenesis and possibly to communicability. This unbridled replication is thought to stem from the multiple means by which filovirus proteins can subvert the host immune system. In addition to serving structural and replication roles, both Ebolavirus and Marburgvirus proteins exploit specific intracellular and/or extracellular immune-mediated antiviral pathways^{8,102,103}.

One of the best studied and likely most versatile of these proteins is VP35, which suppresses the cytosolic detection of viral products, thus blunting traditional intracellular antiviral responses. VP35 binds to double-stranded RNA, a by-product of viral replication, which serves two purposes: avoidance of RNA-dependent antiviral sensing pathways — including retinoic acid-inducible gene I protein (RIG-I; also known as probable ATP-dependent RNA helicase DDX58), melanoma differentiation-associated protein 5 (MDA5; also known as interferon-induced helicase C domain-containing protein 1 (IFIH1)) and protein kinase R (PKR; also known as interferon-induced, double-stranded RNA-activated protein kinase (EIF2AK2)) — and protection against endogenous host RNAses^{104–107}. This protein has also been shown to interrupt interferon regulatory factor 3 (IRF3) signalling directly and IRF7 signalling indirectly, thereby decreasing the expression of interferons. Further, direct binding of VP35 to protein activator of the interferon-induced protein kinase (PACT; also known as interferon-inducible double-stranded RNA-dependent protein kinase activator A (PRKRA)), a multifunctional cellular protein important for activation of PKR signalling, abrogates this antiviral response. Some of the first cells to be infected are immune surveillance cells, including dendritic cells, monocytes and macrophages, in which the infection-mediated blockade of immune activation is particularly powerful as it reduces the potential for these cells to become activated early in the course of infection. The contribution of VP35 to immune evasion is best exhibited *in vivo*: Ebolavirus with mutant VP35 is non-lethal in animal models including mice¹⁰⁸ and guinea pigs¹⁰⁹.

Both Ebolaviruses and Marburgviruses abrogate the response to exogenous interferon by directly altering the downstream signalling cascade. EBOV VP24 disrupts signal transducer and activator of transcription 1 (STAT1) translocation to the nucleus to prevent transcription of interferon response genes^{110,111}. MARV VP40 directly blocks phosphorylation of Janus kinase 1 (JAK1), STAT1 and STAT2 (REF. 112). Despite these means to blunt the response to interferon, infected cells still enact antiviral responses, albeit at a lower level.

Stress granule

A structure found in stressed cells that contains proteins and RNA stored in stalled translational complexes.

Viraemia

The presence of virus particles in the blood.

Convalescent serum

Blood serum obtained from individuals who have recovered from a disease.

Expression of the cellular protein tetherin (also known as bone marrow stromal antigen 2) at the plasma membrane serves to ‘tether’ the budding virion to the infected cell, thereby decreasing viral spread. Through an incompletely understood mechanism, filovirus GP is able to circumvent the binding ability of tetherin and hence allow for productive budding of infectious particles^{113,114}.

Molecular mimicry has also been suggested to take place within filovirus genomes. mRNAs from filoviruses (those encoding VP35, VP30, VP24 and L) contain initiation sequences similar to those found in the host proteins that remain present after cellular stress, thus shifting host translation towards the production of viral mRNAs, a phenomenon that is supported by the lack of stress granule formation in EBOV-infected cells^{115–117}.

Treatment and therapy options

Medical countermeasures should seek to exploit what is known about filovirus biology and replication. Particular focus should be put on crippling filovirus defences to enable recognition by the immune system as early as possible. Efforts to control virus replication are also paramount in order to afford as much time as possible for

hosts to mount immune responses. Targeting multifunctional proteins such as VP35 or GP could simultaneously disarm multiple aspects of the viral arsenal and thus tip the balance back in favour of the host.

Herein, we use the term ‘post-exposure’ to indicate interventions given after virus exposure but before the onset of clinical signs or viraemia. The terms ‘therapy’ or ‘therapeutic’ indicate that an intervention was administered any time after the onset of clinical signs, including viraemia.

In the 2013–2016 outbreak of EBOV in West Africa, the most advanced post-exposure treatments — the monoclonal antibody (mAb) cocktail ZMapp and the small interfering RNA (siRNA) TKM-Ebola, which had efficacy in NHP models — did not provide statistically significant protection in clinical trials to patients infected with Ebola. Disconnects between preclinical NHP data and these human trials were likely caused by time constraints and poor trial design, which is understandable in such a massive epidemic in a resource-poor setting, with an agent associated with an extraordinarily high case fatality rate. In these clinical studies, the interventions were given to many patients with high viral loads who were near death; virtually no intervention under these conditions could have resulted in substantial patient survival. Notably, treatment of repatriated patients with these same drugs in medical facilities with advanced supportive care resulted in remarkable survival.

In the following sections, we discuss the different treatment modalities that have shown efficacy in preclinical trials (the discussion is limited to agents investigated in NHPs) and/or have been used in clinical trials in West Africa. Detailed information on drug dose, administration route, challenge dose and other aspects is provided in TABLES 1–4.

Antibodies targeting filovirus proteins

Convalescent blood. Blood-based antibody products have been used for treating numerous infectious diseases (including anthrax, botulism, cytomegalovirus, hepatitis B, rabies, tetanus and vaccinia). Indeed, 15 mAb products are currently licensed for use against infectious agents in the USA and Europe¹¹⁸. However, until recently, the use of antibody-based approaches to treat filovirus infections has been highly controversial. The initial application of passive antibody therapy to treat a filovirus infection occurred in November 1976, when a laboratory worker in the UK experienced an accidental needle-stick exposure¹¹⁹. As it was unclear whether the exposure was to EBOV or SUDV, the worker was treated with anti-EBOV convalescent serum on day 8 after exposure and with anti-SUDV convalescent serum on day 11 after exposure. The patient developed clinical disease and survived, but as the patient also received interferon and supportive care in a medical facility in a developed nation, the contribution of antibodies in the convalescent serum to the survival of the patient is unknown.

The next use of antibodies to treat human filovirus infections occurred during a large outbreak of EBOV in Kikwit in 1995 (REF. 120). Eight patients were treated in a nonrandomized uncontrolled study with convalescent

Box 4 | Screening systems for drug development

The development of therapeutics is hampered by the high-level biocontainment needed to work with live filoviruses. The generation of recombinant viruses from cDNA plasmids has been developed for several filoviruses as full-length genome or life imaging systems^{287–290}. The full-length genome systems expressing reporter genes reduce the time and effort needed to detect virus growth but still require biosafety level 4 (BSL-4) biocontainment and have the potential to be attenuated. Life cycle modelling systems have been designed to mimic either individual aspects or the whole virus life cycle under reduced biocontainment conditions (BSL-2) as no infectious filovirus is being produced²⁹¹. The simplest versions are the so-called minigenome systems that contain the non-coding genome termini (leader and trailer), which harbour the signals for genome recognition by filovirus proteins, flanking a single transcriptional unit including filovirus-specific 3′ and 5′ untranslated regions associated with an open reading frame that encodes a reporter protein^{291–293}. Viral proteins forming the active replication and transcription complex are expressed from plasmid DNA. The initially ‘naked’ minigenomes are encapsidated by the filovirus nucleoprotein (NP) and subsequently recognized by the polymerase complex components (RNA-dependent RNA polymerase L (L), viral protein 35 (VP35) and VP30), leading to replication, transcription and expression of reporter genes^{291–293}. These basic systems are ideal screening approaches for drugs that directly target filovirus replication and transcription.

To model additional aspects of the filovirus life cycle, these systems have been further developed into transcription-competent and replication-competent virus-like particle (trVLP) systems^{294–296}. A trVLP system also expresses the remaining filovirus proteins, such as VP40, glycoprotein (GP) and VP24. This leads to the formation of trVLPs that carry all structural proteins of a filovirus particle, including the minigenome-containing nucleocapsids. trVLP systems either carry a monocistronic (reporter gene) or a multicistronic (reporter gene and viral genes) minigenome. A tetracistronic trVLP system has been developed that expresses a reporter protein as well as VP40, GP and VP24 from the minigenome, which increases the important ratio of infectious to noninfectious trVLPs²⁹⁶. If these tetracistronic minigenome-carrying trVLPs are used to infect cells already transfected with plasmids expressing the ribonucleoprotein protein components, VP40, GP and VP24 are produced, leading to new trVLPs that now can be transferred to new target cells, thereby modelling multiple infectious cycles^{296–298}. The trVLP systems are powerful tools for high-throughput screening of drugs that interfere with aspects of the filovirus life cycle, including attachment, fusion, entry, replication, transcription, maturation, budding and release²⁹⁹.

◀ **Figure 1 | Filovirus replication cycle.** Infectious viral particles bind to host attachment factors and signaling molecules, including T cell immunoglobulin mucin receptor 1 (TIM1; also known as hepatitis A virus cellular receptor 1 (HAVCR1)), dendritic cell-specific intercellular adhesion molecule 3-grabbing non-integrin (DC-SIGN) and Toll-like receptor 4 (TLR4). Viral particles are internalized largely via macropinocytosis and subsequently bind to Niemann–Pick C1 protein (NPC1) to initiate virus–host membrane fusion at the endosomal membrane. The replication complex is composed of the nucleoprotein (NP), viral protein 35 (VP35), VP30, and the viral RNA-dependent RNA polymerase L (L), which initiate viral genome transcription and replication in viral factories known as inclusion bodies. Concurrently, several filoviral proteins (VP24, VP35 and VP40) block viral detection by direct interaction with host proteins involved in the antiviral response. A phenomenon unique to Ebolaviruses involves a transcriptional editing event that ultimately results in the production of several types of viral glycoproteins (GPs), which include both secreted dimeric forms (soluble GP (sGP) and small soluble GP (ssGP)) and the structural trimeric form GP that is subsequently cleaved in the Golgi compartment by host proteases into GP1 and GP2 and presented at the cell surface. All filovirus glycoproteins follow a classical secretory pathway for secretion outside of the infected cell; in addition, infected cells have been shown to increase the expression of a surface enzyme capable of cleaving and thus releasing a portion of the surface-bound structural form GP (known as shed GP) before it is incorporated into virions. These scenarios are thought to contribute to pathogenesis by providing an immunological decoy of sorts that is capable of consuming circulating filovirus GP-specific antibodies, as antibodies to GP isolated from human survivors of Ebolavirus infection also bind the soluble forms⁹⁹. The production of the different glycoproteins from the same gene is dependent on the insertion of one or two additional uridine (U) residues in the GP gene editing site such that the non-edited mRNA expresses sGP and the 8U and 9U mRNA species produce the structural form GP and soluble form ssGP, respectively. Marburgviruses do not contain this editing site. Interestingly, excessive *in vitro* passage of Ebolaviruses in Vero cells (interferon-deficient) favours the generation of genomes with an 8U genome, presumably because of a lack of host innate immune pressures. Of note, viral seed stocks with a predominance of 8U genomes have been shown to have a slower disease course in non-human primates and a shift from uniform lethality, which may have direct implications for the evaluation of medical countermeasures³⁰⁰. The viral genome structure as shown in the inset. dsRNA, double-stranded RNA; EBOV, Zaire ebolavirus; ER, endoplasmic reticulum; IFNAR1, IFN α/β receptor 1; JAK, Janus kinase; KPNA1, karyopherin subunit- α 1 (also known as importin subunit α 5); MARV, Marburg virus; MDA5, melanoma differentiation-associated protein 5; NP, nucleoprotein; PACT, protein activator of the interferon-induced protein kinase (also known as PRKRA); PKR, protein kinase R (also known as EIF2AK2); RIG-I, retinoic acid-inducible gene I protein; siRNA, small interfering RNA; STAT, signal transducer and activator of transcription; TACE, TNF α -converting enzyme (also known as ADAM17).

whole blood, and seven survived. However, the authors involved with the study concluded that a number of factors other than administration of convalescent blood could have contributed to the high survival observed among these patients.

Two preclinical studies in NHPs have attempted to replicate this study with the use of either convalescent NHP whole blood¹²¹ or convalescent NHP serum¹²² (TABLE 1). In an initial study, four rhesus monkeys were treated with homologous convalescent whole blood from rhesus macaque donors immediately after EBOV (Kikwit strain) challenge and again on day 3 or 4 after exposure¹²¹. Serum levels of anti-EBOV antibodies were comparable to levels associated with protective vaccination; however, all treated animals succumbed to the infection with no delay in death versus controls¹²¹. In a more recent study, four rhesus monkeys were treated with pooled homologous convalescent serum from rhesus macaque donors on days 3, 6, and 9 after EBOV (Makona strain) challenge¹²². As observed in the whole blood transfer study, none of the treated macaques survived, and there was no delay in the time to death versus controls. Finally, during

the 2013–2016 EBOV outbreak in West Africa, a non-randomized, comparative study was conducted using convalescent plasma¹²³. Specifically, 99 patients of various ages with confirmed EBOV infection received two consecutive transfusions of 200–250 ml of convalescent plasma, each from a separate donor. The transfusions were initiated on the day of diagnosis or up to 2 days later. Treatment was not associated with a significant improvement in survival.

To date, the use of blood products obtained from convalescent donors has not convincingly demonstrated any strong survival benefit in either preclinical NHP studies or infected patients. Although convalescent blood products were used in repatriated patients with EBOV infection during the 2013–2016 outbreak, those patients also received other experimental therapies and advanced supportive care, thus confounding interpretation of therapeutic benefit^{124–127}. Furthermore, host rejection is a risk — acute respiratory distress was reported in a health-care worker in Spain and was attributed to treatment with convalescent plasma¹²⁶.

Equine hyperimmune antibodies. The first use of passive antibody therapy with anti-filovirus antibodies not obtained from convalescent donors was in a study conducted in a baboon model of EBOV haemorrhagic fever¹²⁸. This study assessed the protective efficacy of an equine hyperimmune immunoglobulin G (IgG) preparation. In brief, baboons were challenged with low doses of EBOV (undefined 1976 strain, 10–30 times the median lethal dose (LD₅₀)), and groups of animals were treated before or shortly after exposure. The equine IgG completely protected animals if administered before or up to 1 hour after EBOV challenge, but survival dropped to 29% if treatment was delayed until 2 hours after exposure. This product was subsequently evaluated in cynomolgus macaques using the gold-standard, high-dose 1,000 plaque-forming unit (PFU) challenge of EBOV (Kikwit strain). No protection was observed if the equine IgG was administered before or on the day of EBOV challenge, and partial protection (33%) was noted if animals were treated with the equine IgG shortly after exposure and again on day 5 (REFS 129, 130). A repeat of a portion of this study in rhesus macaques showed no protection in four of four animals when a purportedly more potent equine IgG treatment was given shortly after EBOV (Kikwit strain) challenge and again on day 5 after exposure (T.W.G., unpublished observations).

Monoclonal and purified antibodies. During the late 1990s, after clinical failures of a number of murine mAbs for a variety of indications, it became apparent that species matching was important for the success of this technology^{131–133}. These clinical experiences with murine mAbs fostered the development of human-like antibodies by chimerization of murine mAb variable regions with human constant regions, humanization of murine mAbs or by the use of fully human mAbs. In 1999, a potent neutralizing mAb, KZ52, was generated from a survivor of an EBOV (Kikwit strain) infection¹³⁴. This mAb targets EBOV GP. On the basis of the success of KZ52 in

Table 1 | Summary of key antibody-based treatments and therapies against filoviruses in non-human primates

Compound	NHP species	Challenge virus species (strain), dose and route	Time of first dose after virus exposure	Dose and route of compound (titre)	Number of doses (days after exposure)	Survival (%)	Refs
Convalescent whole blood	Rhesus macaque	EBOV (Kikwit), 1,000 PFU i.m.	<5 minutes	6 ml per kg i.v.	2 (0 and 3)	0/2 (0%)	121
					2 (0 and 4)	0/2 (0%)	
Convalescent serum	Rhesus macaque	EBOV (Makona), 1,000 PFU i.m.	3 days	10 ml i.v. + 60 ml s.c.	3 (3, 6 and 9)	0/4 (0%)	122
Equine IgG	Baboon	EBOV (unknown), 10–30 LD ₅₀ i.m.	5–15 minutes	6 ml i.m. (1:4,096)	1	3/6 (50%)	128
					10/10 (100%)		
			30 minutes	6 ml i.m. (1:4,096)		0/5 (0%)	
					11/14 (79%)		
			60 minutes	6 ml i.m. (1:4,096)		1/5 (20%)	
					5/5 (100%)		
120 minutes	6 ml i.m. (1:4,096)		0/3 (0%)				
		2/7 (29%)					
Equine IgG	Cynomolgus macaque	EBOV (Kikwit), 1,000 PFU i.m.	<5 minutes	6 ml i.m. (1:256,000)	1	0/6 (0%)	129,130
					2 (0 and 5)	1/3 (33%)	
KZ52	Rhesus macaque	EBOV (Kikwit), 1,000 PFU i.m.	-1 day	50 mg per kg i.v.	2 (-1 and 4)	0/4 (0%)	134
Purified IgG	Rhesus macaque	EBOV (Kikwit), 1,000 PFU i.m.	2 days	80 mg per kg i.v.	3 (2, 4 and 8)	3/3 (100%)	137
Purified IgG	Rhesus macaque	MARV (Ci67), 1,000 PFU i.m.	15–30 minutes	100 mg per kg i.v.	3 (0, 4 and 8)	3/3 (100%)	137
			2 days		3 (2, 4 and 8)	3/3 (100%)	
MB-003	Rhesus macaque	EBOV (Kikwit), 690 PFU i.m.	1 day	50 mg per kg i.v.	4 (1, 5, 8 and 10)	2/3 (67%)	139,140
			2 days		4 (2, 6, 8 and 10)	2/3 (67%)	
		EBOV (Kikwit), 1,067 PFU i.m.	103–120 hours	3 (every 3 days)	3/7 (43%)		
ZMAb	Cynomolgus macaque	EBOV (Kikwit), 1,000 PFU i.m.	1 day	25 mg per kg i.v.	3 (1, 4 and 7)	4/4 (100%)	138
			2 days		3 (2, 5 and 8)	2/4 (50%)	
ZMapp*	Rhesus macaque	EBOV (Kikwit), 628 PFU i.m.	3 days	50 mg per kg i.v.	3 (3, 6 and 9)	6/6 (100%)	142
			4 days		3 (4, 7 and 10)	6/6 (100%)	
			5 days		3 (5, 8 and 11)	6/6 (100%)	
MIL77E-N	Rhesus macaque	EBOV (Makona), 1,000 TCID ₅₀	3 days	50 mg per kg i.v.	3 (3, 6 and 9)	2/3 (67%)	144
MIL77E-CHO	Rhesus macaque	EBOV (Makona), 1,000 TCID ₅₀	3 days	50 mg per kg i.v.	3 (3, 6 and 9)	3/3 (100%)	144
mAb114	Rhesus macaque	EBOV (Kikwit), 1,000 PFU i.m.	1 day	50 mg per kg i.v.	3 (1, 2 and 3)	3/3 (100%)	145
			5 days		3 (5, 6 and 7)	3/3 (100%)	
MR191-N	Rhesus macaque	MARV (Angola), 1,050 PFU i.m.	4 days	50 mg per kg i.v.	2 (4 and 7)	3/3 (100%)	152
		MARV (Angola), 1,240 PFU i.m.	5 days		2 (5 and 8)	4/5 (80%)	
		RAVV (1987), 1,100 PFU i.m.	5 days		2 (5 and 8)	5/5 (100%)	

EBOV, Zaire ebolavirus; IgG, immunoglobulin G; i.m., intramuscular injection; i.v., intravenous injection; LD₅₀, median lethal dose; MARV, Marburg virus; NHP, non-human primate; PFU, plaque-forming units; RAVV, Ravn virus; s.c., subcutaneous injection; TCID₅₀, 50% tissue culture infective dose. *Phase II or III filovirus clinical trial performed.

protecting guinea pigs if administered at a dose of 25 mg per kg shortly after challenge with guinea pig-adapted EBOV (Mayinga strain)¹³⁵, a study was conducted with KZ52 in rhesus monkeys¹³⁶. Four rhesus monkeys were given KZ52 at 50 mg per kg 1 day before challenge with EBOV (Kikwit strain) and again on day 4 after virus challenge. Three of the four treated animals succumbed with no delay in death, whereas one animal had a delay in death and succumbed on day 28. The authors were not able to detect viral neutralization escape mutants, and it was evident that neutralization of the virus in the blood had little to no impact on the disease course or viral burden. These results were very discouraging and, along with the polyclonal equine IgG data in the macaque models, dampened enthusiasm for pursuing antibody-based approaches for treating filovirus disease.

The first successes with antibody-based therapies were reported in 2012 by three different groups. Dye *et al.*¹³⁷ used polyclonal IgG purified from the convalescent serum of NHPs vaccinated with experimental EBOV or MARV vaccines that survived subsequent filovirus challenge. For EBOV, three rhesus monkeys were treated with total IgG administered beginning on day 2 and again on days 4 and 8 after homologous EBOV (Kikwit strain) challenge. All three treated animals survived. The effector concentration for half-maximum response (EC_{50}) and 80% maximum response (EC_{80}) values of the IgG preparation, determined by plaque reduction neutralization assay, were approximately 5 and 15 μ g per ml, respectively. This is striking because the purified anti-EBOV IgG was not as potent in neutralizing EBOV as was KZ52, which failed to protect macaques against lethal disease¹³⁶. This demonstrates that *in vitro* neutralization does not always correlate with *in vivo* protection. In the companion MARV arm of the study, three rhesus monkeys were treated with total IgG administered beginning on day 2 and again on days 4 and 8 after homologous MARV (Ci67 strain) challenge. All three treated animals survived.

Work also reported in 2012 by independent studies from two different groups showed partial to complete protection of NHPs. Each group used a different cocktail of three mouse mAbs targeting the EBOV GP, administered beginning either 1 day or 2 days after EBOV (Kikwit strain) challenge. Qiu *et al.*¹³⁸ used a pool of three mouse mAbs (1H3, 2G4 and 4G7), designated as ZMAb, and demonstrated 50–100% protection (depending on dosing schedule) after EBOV infection of cynomolgus monkeys. Olinger *et al.*¹³⁹ used a pool of three mouse–human chimeric mAbs (13C6, 13F6 and 6D8), designated MB-003, and demonstrated 67% protection (two of three animals) after EBOV infection of rhesus monkeys. Pettitt *et al.*¹⁴⁰ also assessed the utility of MB-003 as a true therapeutic by administering the cocktail when EBOV (Kikwit strain)-infected rhesus monkeys were first determined to be febrile and PCR-positive for EBOV. In this study, animals were given MB-003 on days 4, 7 and 10 after EBOV infection; three of the seven treated animals survived. Interestingly, evaluation of the two surviving animals from the Olinger *et al.* study¹³⁹ identified the emergence of escape mutants in the two animals that did not survive EBOV challenge¹⁴¹.

The seminal event in the advancement of mAbs for treating filovirus infections occurred as the result of a collaboration between the inventors of MB-003 and ZMAb. The team chimerized the ZMAb mAbs and used the guinea pig model of EBOV disease to identify the most protective combination of three mAbs from the two cocktails¹⁴². The best combination of anti-EBOV GP mAbs (13C6, 2G4 and 4G7), produced in tobacco plants, is now known as ZMapp. This cocktail was shown to completely protect rhesus monkeys if administered beginning as late as 5 days after EBOV (Kikwit strain) challenge, when the animals were at an advanced stage of disease. The mechanism of protection afforded by the mAbs included in the ZMapp formulation is not completely known. Work done by Davidson *et al.*¹⁴³ showed that 13C6 binds to a residue at the tip of the glycan cap of GP, and the authors suggest that 13C6 likely neutralizes EBOV through the use of complement, antibody-dependent cell-mediated cytotoxicity or another crystallizable fragment (Fc)-mediated mechanism. 2G4 and 4G7 bind to epitopes in the base of GP and neutralize the virus through a structural mechanism¹⁴³.

Further work in NHPs to optimize ZMapp was reported in 2016 by Qiu *et al.*¹⁴⁴. In this study, the individual components of ZMapp were produced in Chinese hamster ovary (CHO) cells and compared with plant-derived components. The authors showed that a cocktail of two of the three chimeric (c) mAbs (c13C6 and c2G4), termed MIL77 and produced in CHO cells, completely protected rhesus monkeys (three of three) from 1,000 PFU EBOV (Makona strain) challenge at 50 mg per kg beginning 3 days after EBOV exposure (treatment administered on days 3, 6 and 9). Interestingly, the same cocktail of the two mAbs produced in plants protected two of three macaques from lethal infection, following the same treatment regimen at a dose of 50 mg per kg. In addition to ZMapp, other groups have recently explored the use of human anti-EBOV GP mAbs as treatments in NHPs. Specifically, Corti *et al.*¹⁴⁵ showed that monotherapy with mAb114 completely protected rhesus monkeys from 1,000 PFU EBOV (Kikwit strain) challenge at 50 mg per kg beginning either 1 day (three of three; treatment regimen on days 1, 2 and 3) or 5 days (three of three; treatment regimen on days 5, 6 and 7)¹⁴⁵ after EBOV exposure.

ZMapp gained notoriety in August 2014 when, on the basis of the strength of preclinical NHP studies, it was used compassionately to treat two patients repatriated to the USA¹²⁴. ZMapp was subsequently used on at least four additional patients evacuated from West Africa to Europe and the USA^{146–148}. ZMAb was also used in at least two cases^{32,149}, as was MIL77 (REFS 32,150). The role of ZMapp, ZMAb or MIL77 in patient survival is impossible to discern as all the patients were repatriated to developed countries and received advanced supportive care; most also received other experimental therapies.

In 2015, a randomized controlled trial of ZMapp plus the available standard of care versus the available standard of care alone was conducted in patients diagnosed with EBOV haemorrhagic fever using PCR¹⁵¹. A total of 72 patients were enrolled at sites in Guinea,

Liberia, Sierra Leone and the USA. Death occurred in 13 of 35 patients (37%) who received the current standard of care alone and in 8 of 36 patients (22%) who received the current standard of care plus ZMapp (50 mg per kg every third day for up to three doses). The observed posterior probability that ZMapp plus the current standard of care was superior was 91.2%, which fell short of the prespecified threshold of 97.5%. Several confounders likely precluded ZMapp from reaching the prespecified threshold. Notably, as the epidemic was dying down when the trial was initiated, the authors were not able to enrol their target of 100 participants per group. More importantly, seven of the eight deaths that occurred in ZMapp recipients happened after one of the three planned infusions. Therefore, if ZMapp protection requires two or three full doses, then these seven patients died before optimal dosing was achieved. In NHPs, a period of 5 days from the first therapeutic treatment was required to protect >90% of NHPs from lethal EBOV infection¹⁴²; therefore, treatment was likely initiated too late in some patients in the trial. Despite missing statistical significance in this trial, ZMapp likely has benefit.

Although all anti-filovirus antibody uses in humans have been for EBOV infections, this technology has also been advanced in preclinical models of other filoviruses. Most notably, a fully human anti-Marburgvirus GP mAb known as MR191-N completely protected rhesus monkeys against MARV (Angola strain) infection if treatment was initiated on day 4 after exposure and protected 80% of animals if treatment was initiated on day 5 after MARV challenge¹⁵². Importantly, this same mAb completely protected rhesus macaques against RAVV infection when treatment was initiated on day 5 after exposure. Although there have been no preclinical studies in NHPs assessing mAbs for BDBV or SUDV, recent studies have identified fully human mAbs with exceptionally potent pan-Ebolavirus neutralizing activity and protective efficacy against three virulent Ebolaviruses in small animals^{153,154}, suggesting that such interventions may soon be available.

Small interfering RNAs

In 2010, the first work demonstrating the potential for siRNA in treating filovirus infections in preclinical NHP models was reported¹⁵⁵ (TABLE 2). This study assessed a pool of three siRNAs that were chemically modified not to induce a nonspecific innate immune response and packaged in a novel lipid nanoparticle (LNP) as the delivery vehicle. The pool included siRNAs targeting L, VP24 and VP35. Groups of rhesus monkeys were treated by intravenous injection 30 minutes after EBOV (Kikwit strain) challenge with pooled anti-EBOV siRNAs and again either on days 1, 3 and 5 after virus exposure or daily through day 6 after virus exposure. Complete protection from lethal infection was observed in macaques receiving seven doses of the siRNAs, whereas 66% protection was observed in macaques receiving four doses of the siRNAs.

Although no additional NHP work was reported on anti-filovirus siRNAs until 2014, the anti-EBOV formulation was modified by eliminating the anti-VP24 siRNA and modifying the LNP. This formulation, which targeted the Kikwit strain of EBOV, became known as TKM-Ebola

(TKM-100802). During the early stages of the 2013–2016 EBOV epidemic in West Africa, the TKM-100802 formulation was modified by two nucleotide substitutions in the VP35 siRNA and a single nucleotide substitution in the L siRNA to ensure specificity to the West African Makona strain of EBOV¹⁵⁶. This formulation was termed TKM-130803, and the siRNA component was referred to as siEbola-3. This formulation was further modified by changing the LNP to an LNP2 composition. This LNP2 formulation containing siEbola-3 was rapidly assessed in rhesus macaques⁷⁹. Animals were challenged with EBOV (Makona strain) and treated intravenously with the LNP2 siEbola-3 formulation (0.5 mg per kg) beginning on day 3 after virus exposure and continuing daily for a total of seven treatments. All animals treated with LNP2 siEbola-3 were completely protected from EBOV challenge, whereas all untreated controls succumbed to the virus.

During the early part of the 2013–2016 EBOV epidemic, TKM-100802 was administered to five patients infected with EBOV who were medically evacuated to Europe and the USA and to one individual as post-exposure prophylaxis^{127,146,156,157}. Because the patients were also treated with other experimental products and received advanced supportive care, it was not possible to assess the effectiveness or safety of TKM-100802 in this setting. TKM-100802 was also given to a physician who was medically evacuated to the USA from West Africa after potentially being exposed to EBOV¹⁵⁷. However, the patient never became overtly infected or seroconverted to EBOV. Subsequently, the newer TKM-130803 formulation (administered by intravenous infusion in a single daily dose of 0.3 mg per kg for seven days, in addition to supportive care) was assessed in a small, single-arm, phase II trial conducted between March and June 2015 in Sierra Leone¹⁵⁶. The trial had an unusual design developed early in the outbreak in 2014 with the aim of enabling the rapid generation of initial evidence about potential treatments. The primary outcome was survival up to 14 days after admission (excluding patients who died within 48 hours of admission). Analysis of data from 1,820 adult patients from the 2014–2015 outbreak with PCR-confirmed EBOV infection was used to pre-specify a futility boundary based on a target survival probability of $p > 0.55$, which was reached after 14 patients had been treated (2 treated patients were excluded from the analysis, as they died within 48 hours of admission). Of the 12 treated patients included in the final analysis, 9 died and 3 survived. Overall, TKM-130803 was well-tolerated but was not shown to improve survival as defined by the criteria of the trial.

However, the potential to draw meaningful conclusions about the possible effectiveness of TKM-130803 is heavily limited by the characteristics of the study. Most importantly, the TKM-130803 recipients had exceptionally severe disease, with mean pre-treatment viral loads of $>1 \times 10^9$ RNA copies per millilitre of plasma prior to the first infusion (>2 orders of magnitude higher than those seen in the ZMapp study¹⁵¹). Therefore no knowledge was gained on the potential effectiveness of TKM-130803 in patients with lower viral loads and a more realistic chance of survival. Unfortunately, only patients who had very severe disease presented at the treatment centre during

Table 2 | Summary of key antiviral treatments and therapies against filoviruses in nonhuman primates

Compound (target)	NHP species	Challenge virus species (strain), dose and route	Time of first dose after virus exposure	Dose and route of compound	Number of doses (days after exposure)	Survival (%)	Refs		
BCX4430	Cynomolgus macaque	EBOV (unknown), dose and route not reported	2 days	3.4–16 mg per kg i.m.	b.i.d.	0/6 (0%)	180		
	Rhesus macaque		30–60 minutes	25 mg per kg i.m.	b.i.d.	6/6 (100%)			
	Cynomolgus macaque	MARV (Musoke), 1,275 PFU s.c.	1 hour	15 mg per kg i.m.	30 (0–14)	5/6 (83%)	179		
			1 day		28 (1–14)	6/6 (100%)			
2 days	26 (2–14)	6/6 (100%)							
2 days	26 (2–14)	6/6 (100%)							
GS-5734*	Rhesus macaque	EBOV (Kikwit), 1,000 PFU i.m.	30–90 minutes	3 mg per kg i.v.	12 (0–11)	2/6 (33%)	175		
			2 days	3 mg per kg i.v.	12 (2–13)	4/6 (67%)			
			2 days	10 mg followed by 3 mg per kg i.v. daily doses	12 (2–13)	2/6 (33%)			
			3 days	10 mg followed by 3 mg per kg i.v. daily doses	12 (3–14)	6/6 (100%)			
			3 days	10 mg per kg i.v.	12 (3–14)	6/6 (100%)			
siRNA (pool)*	Rhesus macaque	EBOV (Kikwit), 1,100 PFU i.m.	30 minutes	2 mg per kg	4 (0, 1 3 and 5)	2/3 (67%)	155		
		EBOV (Kikwit), 1,325 PFU i.m.			7 (0–6)	4/4 (100%)			
siRNA (VP35 and NP)*	Rhesus macaque	EBOV (Makona), 1,000 PFU i.m.	3 days	0.5 mg per kg i.v.	7 (3–9)	3/3 (100%)	79		
siRNA (VP35)	Rhesus macaque	SUDV (Gulu), 1,225 PFU i.m.	3 days	0.5 mg per kg i.v.	7 (3–9)	2/2 (100%)	160		
		SUDV (Gulu), 826 PFU i.m.	4 days		7 (4–10)	4/4 (100%)			
		SUDV (Gulu), 863 PFU i.m.	5 days		7 (5–11)	2/4 (50%)			
siRNA (NP)	Rhesus macaque	MARV (Angola), 1,250 PFU i.m.	1 day	0.5 mg per kg i.v.	7 (1–7)	4/4 (100%)	158		
		MARV (Angola), 1,100 PFU i.m.	2 days		7 (2–8)	4/4 (100%)			
		MARV (Angola), 1,000 PFU i.m.	3 days		7 (3–9)	4/4 (100%)			
		MARV (Angola), 1,063 PFU i.m.	4 days		7 (4–10)	4/4 (100%)			
		MARV (Angola), 1,138 PFU i.m.	5 days		7 (5–11)	2/4 (50%)			
	Rhesus macaque	RAVV (1987), 1,125 PFU i.m.	3 days		0.5 mg per kg i.v.	7 (3–9)		4/4 (100%)	159
		RAVV (1987), 1,163 PFU i.m.	6 days		7 (6–12)	4/4 (100%)			
PMOplus (pool)	Rhesus macaque	EBOV (Kikwit), 1,000 PFU i.m.	30–60 minutes	40 mg per kg i.p. and s.c.	11 (0–10)	5/8 (63%)	162		
				40 mg per kg i.v.	15 (0–14)	3/5 (60%)			
PMOplus (VP35)	Rhesus macaque	EBOV (Kikwit), 1,000 PFU i.m.	1 hour	40 mg per kg i.v.	14 (0–13)	0/8 (0%)	164		
PMOplus (VP24 and VP35)					14 (0–13)	5/8 (63%)			
PMOplus (VP35)					14 (0–13)	6/8 (75%)			
PMOplus (pool)	Rhesus macaque	MARV (Musoke), 1,000 PFU s.c.	30–60 minutes	40 mg per kg i.v.	14 (0–14)	4/4 (100%)	162		
PMOplus (NP)	Cynomolgus macaque	MARV (Musoke), 1,000 PFU i.m.	1 hour	15 mg per kg i.v.	14 (0–13)	5/6 (83%)	165		
			1 day		14 (1–14)	5/6 (83%)			
			2 days		14 (2–15)	6/6 (100%)			
			4 days		14 (4–17)	5/6 (83%)			

b.i.d., twice daily; EBOV, Zaire ebolavirus; i.m., intramuscular injection; i.v., intravenous injection; i.p., intraperitoneal injection; MARV, Marburg virus; NHP, non-human primate; NP, nucleoprotein; PFU, plaque-forming units; PMOplus, positively charged phosphorodiamidate morpholino oligomers; RAVV, Ravn virus; s.c., subcutaneous injection; siRNA, small interfering RNA; SUDV, Sudan ebolavirus; VP, viral protein. *Phase II or III filovirus clinical trial performed.

the study, but the trial design did not include a plan to stratify patients based on disease severity or a plan to allow compassionate use outside the trial for patients presenting with exceptionally high viral loads.

It is also unfortunate that only the LNP1 formulation was available for use in this trial, not the improved LNP2 formulation that protected EBOV-infected NHPs⁷⁹. Finally, it is noteworthy that the dose used in the clinical trial (0.3 mg per kg) was based on the maximum tolerated dose in a healthy volunteer study, but was substantially lower than doses used to protect NHPs (0.5–2.0 mg per kg). Overall, no firm conclusion about the potential value of future clinical evaluation of TKM-130803 or related agents can be drawn from this study.

The siRNA technology has also been applied to filoviruses other than EBOV in preclinical NHP models. Thi *et al.*¹⁵⁸ assessed the post-exposure and therapeutic potential of an siRNA directed against Marburgvirus NP encapsulated in LNP and termed NP-718m-LNP. Groups of rhesus monkeys (four per group) were challenged with MARV (Angola strain) and treated intravenously with NP-718m-LNP beginning 30–45 minutes, 1 day, 2 days or 3 days after virus exposure (the onset of clinical illness occurs at day 3). Animals in all treatment groups received a total of seven daily doses. The five control animals all succumbed to MARV challenge, whereas all 20 treated animals survived. More recently, the same group using the same experimental design showed that NP-718m-LNP treatment of rhesus monkeys, beginning at day 4 or 5 after MARV (Angola strain) challenge, protected 100% and 50% of animals, respectively, whereas treatment of RAVV-infected macaques beginning at either day 3 or surprisingly even day 6 after virus exposure resulted in 100% protection of all animals¹⁵⁹. Thi *et al.*¹⁶⁰ also assessed the post-exposure and therapeutic potential of LNP-encapsulated siRNAs directed against the SUDV VP24, VP35 or NP. Initial post-exposure studies in rhesus monkeys showed that the anti-SUDV VP35 siRNA was the most promising candidate. A therapeutic study was then performed in which groups of rhesus monkeys (four per group) were challenged with a uniformly lethal dose of SUDV (Gulu strain) and treated intravenously with the anti-SUDV VP35 siRNA beginning at either day 4 or 5 after virus exposure. Animals in all treatment groups received a total of seven daily doses. All macaques in the day-4 group and 50% of the animals in the day-5 group survived challenge. In both the MARV study and SUDV study, the presence of infectious filovirus or antigen was not detected in immune-privileged tissues of surviving animals, suggesting that siRNAs may be a good option for treating relapsed patients with complications. There are no published reports assessing the potential of siRNA technology for BDBV and RAVV in NHPs or human patients.

Phosphorodiamidate morpholino oligomers

Phosphorodiamidate morpholino oligomers (PMOs) are uncharged antisense agents that consist of moieties with six-sided morpholino bases linked by phosphorodiamidate linkages. PMOs inhibit viral replication by interfering with the translation of gene products by sterically obstructing mRNA. An initial report¹⁶¹ assessed the

potential of this technology in a preclinical NHP study (TABLE 2). The authors treated one group of rhesus monkeys by intramuscular injection with a pool of PMOs targeting sequences of viral mRNAs for EBOV VP24, VP35 and L and a second group of animals with PMOs targeting only EBOV VP35, beginning 2 days before EBOV (Kikwit strain) challenge. The treated animals received a daily dose through day 9 after virus challenge. Whereas all of the control animals or those that received the anti-VP35 PMO died, 50% of the treated animals receiving the pooled PMOs survived. In a subsequent study¹⁶², the PMO technology was changed to the positively charged PMOplus. These new PMOs contain piperazine linkages within the molecular backbone and have a small number of positive charges (two to five)¹⁶³ that are intended to enhance avidity to the negatively charged viral RNA target sequence and to enhance entry into cells. A pooled anti-EBOV VP24 and anti-EBOV VP35 PMOplus, termed AVI-6002, protected 63% of rhesus monkeys against homologous EBOV (Kikwit strain) challenge when AVI-6002 was given subcutaneously and intraperitoneally daily for 10–14 days beginning 30–60 minutes after virus challenge¹⁶³. Further work¹⁶⁴ assessed the importance of each component of AVI-6002. Groups of rhesus monkeys were challenged with EBOV (Kikwit strain) and treated intravenously with different PMOplus compounds beginning approximately 1 hour after virus challenge. Animals received a total of 14 daily PMOplus treatments. The anti-VP35 PMOplus resulted in no survival, the PMOplus directed against both VP24 and VP35 protected 63% of animals and the anti-VP24 PMOplus alone protected 75% of macaques. This study showed that the protective efficacy of AVI-6002 was due to the anti-VP24 activity of the compound.

The PMO technology has also been used for MARV. A pool of PMOplus molecules specific to MARV VP24 and NP, AVI-6003, was assessed in MARV (Musoke strain)-infected rhesus monkeys¹⁶². Treatment was initiated 30–60 minutes after virus exposure and continued daily for 14 total treatments. All treated animals, regardless of the route of AVI-6003 administration (intraperitoneal, subcutaneous, intravenous or intravenous plus subcutaneous) survived. Furthermore, PMOplus containing only molecules specific to MARV NP, termed AVI-7288, was effective in a delayed treatment approach in NHPs¹⁶⁵. In this study, the authors challenged groups of cynomolgus monkeys with MARV (Musoke strain) and treated animals once daily for 14 days intravenously with AVI-7288 beginning 1 hour, 1 day, 2 days or 4 days after virus exposure. All animals in the 2-day group survived MARV challenge, and 83% survival was observed in all other treated groups. There are no published reports assessing the potential of the PMO technology for BDBV, SUDV or RAVV in NHPs and no reports of this technology being employed in any patient exposed to or infected with a filovirus.

Small-molecule antiviral compounds

Favipiravir. Favipiravir, also known as T-705 or Avigan (6-fluoro-3-hydroxy-2-pyrazinecarboxamide), is a pyrazine derivative prodrug that has broad-spectrum antiviral activity against a number of RNA viruses¹⁶⁶.

Avidity

The strength of binding between two molecules.

Prodrug

A compound that, once processed in the body, releases a therapeutic drug.

Nucleoside analogue

A compound that interferes with nucleic acid elongation owing to structural similarities with nucleosides. Nucleoside analogues are commonly used as antiviral agents.

Meningoencephalitis

A condition in which both the brain and the meninges are inflamed.

Buffy coat

A blood fraction that is particularly high in leukocytes and platelets.

The mechanism of action is thought to be due to selective inhibition of viral RNA-dependent RNA polymerase¹⁶⁷, although it has also been suggested that favipiravir induces lethal RNA transversion mutations¹⁶⁸. There have been no published preclinical studies in NHPs using favipiravir as a post-exposure treatment or therapeutic.

It is not completely clear why favipiravir was used during the 2013–2016 EBOV epidemic to treat infected patients. However, it was the only promising drug available at the time with a fairly well-known safety profile that could be repurposed and delivered orally, and it had been shown to have antiviral activity against EBOV *in vitro* and in mice^{169,170}. Similar to ZMapp and TKM-100802, favipiravir was used to treat a number of patients evacuated from West Africa to Europe^{126,146,149,171}, and the role of favipiravir in patient survival is impossible to discern given that all patients received advanced supportive care and most also received other experimental therapies.

A historically controlled, single-arm, proof-of-concept trial of favipiravir, known as the JIKI trial, was conducted during the 2013–2016 EBOV epidemic in Guinea¹⁷². The trial enrolled 126 patients with EBOV infection, of whom 111 were analysed. All patients were given oral favipiravir on the day of enrolment and daily from days 1 through 9. Mortality was 20% in patients with lower viral loads and 91% in patients with high viral loads. Overall, there was no statistically significant difference in survival of patients receiving favipiravir versus historical controls. The authors concluded that monotherapy with favipiravir in patients with medium but not high EBOV viraemia merits further study. Subsequent analysis of data from the JIKI trial suggested that favipiravir plasma concentrations failed to achieve the target exposure defined before the trial¹⁷³. Whether this had any impact on the outcome of the JIKI trial is unknown.

Favipiravir was also used in certain areas in Sierra Leone during the 2013–2016 EBOV epidemic as part of a WHO (World Health Organization)-recommended supportive therapy standard of care or in combination with another WHO-recommended therapy such as ZMapp¹⁵¹. A retrospective analysis of favipiravir therapy suggested some benefit in long-term survival, although the difference was not statistically significant¹⁷⁴.

GS-5734. GS-5734 is a monophosphoramidate prodrug of an adenosine nucleoside analogue. In a study of GS-5734 in an NHP model of EBOV haemorrhagic fever¹⁷⁵, groups of EBOV (Kikwit strain)-infected animals were treated intravenously with GS-5734 once daily for 12 days beginning at various times after virus exposure employing different dosing regimens (TABLE 2). At the highest doses, 100% protection was observed even if treatment was initiated at day 3 after virus exposure. Intriguingly, systemic viral RNA was detected in only 33% of treated animals if GS-5734 treatment was initiated at day 3, which is inconsistent with other EBOV studies in rhesus macaques similarly challenged, in which a very high percent of animals are PCR-positive by day 3 (REFS 79,142,144,176). This makes the day 3 results of this study particularly hard to compare with other NHP post-exposure treatment and therapeutic studies. Differences in the sensitivity of PCR

assays or the viral stock used⁹ may also explain the discrepancy among studies. There are no published reports assessing the potential of GS-5734 for BDBV, SUDV, MARV or RAVV in NHPs.

GS-5734 has seen limited use in patients with EBOV infection. GS-5734 was used in a relapsed patient with meningoencephalitis who had been repatriated to Europe and had previously been treated with other experimental therapies³². This relapsed patient received GS-5734 and advanced supportive care, including high-dose corticosteroids, and recovered. One study reported the compassionate use of GS-5734 in combination with ZMapp and a convalescent buffy coat transfusion in a newborn baby who survived EBOV infection¹⁷⁷. GS-5734 is currently being used in West Africa in a trial called PREVAIL for men with persistent EBOV RNA in semen¹⁷⁸.

BCX4430. BCX4430 is a synthetic adenosine analogue that inhibits viral RNA polymerase function by acting as a non-obligate RNA chain terminator. Groups of cynomolgus monkeys were challenged with MARV (Musoke strain) and treated with BCX4430 intramuscularly twice daily for 14 days beginning 1 hour, 1 day or 2 days after virus exposure¹⁷⁹ (TABLE 2). In this study, 100% of animals in the day 1 and 2 groups and 83% in the 1-hour group were protected. For EBOV, post-exposure treatment of cynomolgus monkeys with BCX4430 starting 2 days after EBOV (Kikwit strain) challenge resulted in no protection¹⁸⁰. By contrast, in a rhesus monkey model of EBOV (Kikwit strain) challenge with a higher dose of BCX4430 and treatment being initiated at 30–60 minutes after virus challenge, the authors observed 100% protection of treated animals. There are no published reports assessing the potential of BCX4430 against BDBV, SUDV or RAVV in NHPs and no reports of this technology being used in a patient exposed to or infected with a filovirus.

Brincidofovir. Brincidofovir is an orally available ether-lipid-conjugated prodrug of cidofovir that has antiviral activity against a number of double-stranded DNA viruses, most notably smallpox¹⁸¹. Cidofovir is an acyclic nucleoside phosphonate analogue of deoxycytidine monophosphate and blocks viral DNA polymerase by serving as an alternative substrate, thereby inhibiting viral DNA synthesis. There have been no preclinical reports assessing the use of brincidofovir in any animal model of filovirus infection. Brincidofovir was shown to have some *in vitro* activity against EBOV¹⁸² through unknown mechanisms (EBOV is an RNA virus), albeit relatively weak activity versus other EBOV antivirals. Nonetheless, brincidofovir was used most famously to treat an individual with EBOV haemorrhagic fever in Dallas, Texas, who did not survive¹⁸³. Brincidofovir was also used in other repatriated patients in the USA and Europe who also received other experimental drugs and advanced supportive care^{32,125,148}. A single-arm phase II trial of brincidofovir was initiated in Liberia in January 2015 (REF. 184). The trial was stopped by the manufacturer after all four patients treated with brincidofovir died of EBOV haemorrhagic fever. Although the sample

size was small, these patients had mid-level viral loads. Brincidofovir is unlikely to be an effective monotherapy for disease caused by EBOV infection.

Amiodarone. Amiodarone is a multi-ion channel inhibitor and adrenoreceptor agonist that is used as an anti-arrhythmic drug¹⁸⁵. No preclinical reports have assessed amiodarone in an animal model of filovirus infection. Amiodarone has been reported to inhibit filovirus cell entry *in vitro*¹⁸⁶ and interfere with fusion of the EBOV viral envelope with the endosomal membrane¹⁸⁷.

Amiodarone was used to treat at least two individuals infected with EBOV during the 2013–2016 epidemic^{148,188}. In the patient for which details are available, a Ugandan physician became infected with EBOV and self-initiated amiodarone therapy¹⁸⁸. This patient was then medically evacuated to Germany, where amiodarone treatment was discontinued because of its potential cardiac side effects and unclear antiviral effectiveness *in vivo*¹⁸⁸. The patient received advanced supportive care and other experimental therapies and survived. During this same period of time, an Italian nongovernmental aid relief organization proposed a trial of amiodarone¹⁸⁹, but it was not recommended by the WHO because of documented adverse effects of amiodarone that could exacerbate EBOV haemorrhagic fever¹⁹⁰. Amiodarone does not seem to have much utility for treating filovirus infections given the high associated risks and lack of any supportive preclinical data in NHPs.

Vaccine vectors as post-exposure treatments

Similar to the rabies vaccine used, in combination with hyperimmune globulin to treat humans exposed to rabies virus, filovirus vaccines have been used to treat NHPs experimentally infected with filoviruses as well as patients potentially exposed to filoviruses. All these vaccines utilize viral vectors that express a filovirus GP. In the initial proof-of-concept work¹⁹¹, treatment of rhesus monkeys with a recombinant vesicular stomatitis virus (rVSV)-based MARV (Musoke strain) vaccine shortly after a homologous MARV challenge resulted in complete protection of all animals from disease and death (TABLE 3).

Subsequent studies by the same group showed that rVSV–EBOV (Mayinga strain) protected 50% of rhesus monkeys against EBOV (Kikwit strain) challenge¹⁹² and that an rVSV–SUDV (Boniface strain) vaccine protected 100% of rhesus macaques against homologous SUDV challenge¹⁹³. As the vaccines in all of these initial studies were administered 20–30 minutes after filovirus challenge, questions were raised about the real-world utility of this approach. In follow-up studies, treatment of rhesus monkeys with rVSV–MARV (Musoke strain), initiated 1 day after homologous MARV challenge, resulted in survival of five of six monkeys, and two of six macaques were protected when the rVSV–MARV vaccine was administered 2 days after virus exposure¹⁹⁴. None of the control animals, which were treated with nonspecific rVSV filovirus vaccines, survived filovirus challenge in any of these studies, suggesting that protection requires the development of a humoral or cellular immune response against the specific pathogen.

More recently, the rVSV–EBOV vaccine was used against the new Makona strain of EBOV¹⁹⁵. The authors treated groups of rhesus monkeys with one dose of rVSV–EBOV either as a single injection of vaccine at 1 hour or 1 day after homologous EBOV exposure or as two injections (half of the dose at each time point). A control group of macaques was given the same dose of an rVSV–MARV vaccine at both time points, and another cohort of animals was not treated with any vaccine. All untreated animals succumbed to EBOV infection, whereas 33–67% of the macaques in each treatment group survived, including the group treated with the nonspecific rVSV–MARV vaccine. In contrast to previous studies, the authors suggest that protection from post-exposure vaccination is antigen-nonspecific and rather due to an early activation of the innate immune system. The small numbers of control animals treated with nonspecific rVSV filovirus vaccines (seven collectively in the previous studies and three in this study) make it difficult to definitively say whether post-exposure protection by the rVSV filovirus vaccines is mediated by early activation of the innate immune system or by specific antigen responses, or whether the differing results are due to individual animal variability, as the case fatality

Table 3 | Summary of key post-exposure vaccine interventions against filoviruses in nonhuman primates

Compound	NHP species	Challenge virus species (strain), dose and route	Time of first dose after virus exposure	Vaccine dose	Number of doses (days after exposure)	Survival (%)	Refs
rVSV–MARV	Rhesus macaque	MARV (Musoke), 1,000 PFU i.m.	20–30 minutes	1 × 10 ⁷ PFU	1	5/5 (100%)	191
			1 day	2 × 10 ⁷ PFU		5/6 (83%)	194
			2 days			2/6 (33%)	
rVSV–EBOV*	Rhesus macaque	EBOV (Kikwit), 1,000 PFU i.m.	20–30 minutes	2 × 10 ⁷ PFU	1	4/8 (50%)	192
	Rhesus macaque	EBOV (Makona), 1,000 PFU i.m.	1 hour	2 × 10 ⁷ PFU	1	1/3 (33%)	195
			1 hour		2 (1 hour, 1 day)	1/3 (33%)	
			1 day		1	2/3 (66%)	
rVSV–SUDV	Rhesus macaque	SUDV (Boniface), 1,000 PFU i.m.	20–30 minutes	2 × 10 ⁷ PFU	1	4/4 (100%)	193

EBOV, Zaire ebolavirus; i.m., intramuscular injection; MARV, Marburg virus; NHP, non-human primate; PFU, plaque-forming units; rVSV, recombinant vesicular stomatitis virus; SUDV, Sudan ebolavirus. *Phase II or III filovirus clinical trial performed.

Vascular leak syndrome

A condition characterized by the escape of plasma through capillary walls.

Cytokine storm

A potentially fatal condition characterized by the excessive release of cytokines and associated inflammation.

rate for the Makona strain of EBOV in untreated rhesus macaque controls is not well established. As noted previously, there are occasional (although infrequent) untreated control rhesus monkeys that survive exposure to the Kikwit strain of EBOV^{9,139}. Collectively, studies to date suggest that an early innate response is required to slow down virus replication and buy time for the host to mount a protective adaptive immune response.

The rVSV–EBOV vaccine was used to treat accidental laboratory exposures and repatriated patients during the 2013–2016 epidemic. The initial use in humans was to treat a laboratory exposure to EBOV about 40 hours after the incident¹⁹⁶. The individual survived with no evidence of overt clinical illness; however, whether the patient was actually exposed to EBOV remains uncertain. Subsequently, there were at least six cases of medical staff working in West Africa during the 2013–2016 epidemic who were treated with a single dose of the rVSV–EBOV vaccine at times ranging from approximately 24 to 43 hours after the potential exposure to EBOV^{157,197,198}. All these individuals survived with mild vaccine-related clinical symptoms but no overt clinical illness, and it is again unknown whether any of these patients were actually exposed to EBOV.

In addition to the rVSV–EBOV vaccine, adenovirus serotype 5 (Ad5) vaccine vectors expressing either the EBOV GP (Ad5–EBOV) or an Ad5 vector adjuvanted with IFN α (Ad5–IFN α) have been used in post-exposure treatment studies in NHPs^{176,199}. This work is discussed in the combination treatment section below.

Interferons

There have been several attempts to boost the host innate immune response during filovirus infection through the use of interferons in preclinical NHP models (TABLE 4). However, results have been discouraging. Treatment of cynomolgus monkeys with recombinant human interferon- α 2b (IFN α 2b)¹³⁰ or treatment of rhesus monkeys with recombinant human IFN β ²⁰⁰ after exposure to EBOV (Kikwit strain) offered no survival benefit. A small pilot study of IFN β given 1 hour after exposure to MARV (Musoke strain) resulted in survival of one of three animals²⁰⁰.

A small, historically controlled, single-arm, proof-of-concept trial of IFN β 1 was conducted in 2015 (REF. 201). In this trial, IFN β 1a was given subcutaneously daily for up to 17 days. Six of the nine patients survived, which was not statistically different from historical controls; however, the different viral loads between these two groups complicates the comparison and interpretation of the results. On the basis of the available preclinical NHP data and the limited EBOV clinical trial data, it does not appear that interferons have much promise as a monotherapy for filovirus infection.

Modulation of the coagulation system

Coagulation disorders are a common pathological feature of filovirus infections in humans and NHPs and contribute to hypotension and multiple organ failure in haemorrhagic fever. There have been several studies investigating the use of compounds that modulate

blood coagulation disorders as a non-antiviral approach to treating filovirus disease. Recombinant nematode anticoagulant protein c2 (rNAPc2) blocks the activity of a complex comprising coagulation factor VIIa and tissue factor and was administered shortly after challenge (beginning immediately or on day 1) to groups of rhesus monkeys exposed to EBOV (Kikwit strain)⁵⁵; 33% of the animals survived (TABLE 4). In rhesus monkeys challenged with MARV (Angola strain), rNAPc2 treatment resulted in the survival of only one of six treated animals⁵⁰.

Recombinant human activated protein C (Drotrecogin alfa; Xigris) has also been considered as a treatment option for filovirus infection in NHPs. The mechanism of action of activated protein C is not completely known. However, it is thought to exert antithrombotic effects by inhibiting coagulation factors Va and VIIIa and may have indirect profibrinolytic activity by inhibiting plasminogen activator inhibitor 1 (PAI1; also known as SERPINE1). Activated protein C also has anti-inflammatory effects. A single study in NHPs assessed the efficacy of activated protein C by exposing rhesus monkeys to EBOV (Kikwit strain) and treating them with a continuous intravenous infusion of recombinant human activated protein C for 7 days⁷⁸. Two of the eleven animals survived EBOV infection, and there was a significant delay in death in treated animals.

In 1975, two patients infected with MARV (Ozolin strain) in South Africa were given aggressive supportive care and prophylactic heparin¹⁹. Both patients survived infection, although the role of heparin treatment in survival could not be discerned. In 1976, during the original EBOV (Mayinga strain) outbreak, a single patient was also treated with heparin but did not survive²⁰². Heparin was used in two instances during the 2013–2016 EBOV epidemic^{32,149}. Both patients in these reports survived, but they also received antiviral drugs and advanced supportive care; therefore, the role of heparin is unknown.

During the 2013–2016 EBOV epidemic, a fibrin-derived peptide, FX06, was used to treat vascular leakage in a repatriated doctor in Germany¹⁸⁸. On the 11th day after the onset of symptoms and demonstration of biophysical evidence of vascular leak syndrome, the patient received intravenous FX06. The patient also received advanced supportive care, including mechanical ventilation and renal replacement therapy, and survived.

Collectively, data assessing compounds that modulate the coagulation system during filovirus infection are sparse but suggest that these strategies may have utility as part of an overall supportive care regimen in combination with interventions that directly control viral replication.

Immunomodulatory approaches

A fatal outcome in human and NHP filovirus infection is associated with dysregulation of normal host immune responses, characterized by a cytokine storm, with unbridled production of many pro-inflammatory mediators. There was a strong push for the use of statins and angiotensin receptor blockers during the recent EBOV epidemic as a way to modulate the host

response and to maintain and restore endothelial barrier integrity. Statins are best known for their capacity to inhibit cholesterol synthesis, but they also have anti-inflammatory effects by, for example, inhibiting leukocyte–endothelial adhesion, thereby muting the production of pro-inflammatory cytokines and modulating regulatory T cell activity^{203,204}. Anecdotal stories suggest that local physicians in Sierra Leone successfully used two statins, atorvastatin and irbesartan²⁰⁵. However, the methods and data from these studies have not been made available for adequate review.

A concern with the use of any immunomodulatory agent to treat filovirus disease is that, without strong pre-clinical data in NHP models, it is hard to predict whether such interventions will have beneficial or unintended

deleterious effects. As an example, EBOV (Kikwit strain)-infected rhesus monkeys that were given several doses of a mAb to IFN α / β receptor 1 (IFNAR1) not only all succumbed to infection but did so with significant decrease in the mean time to death versus untreated controls²⁰⁰. As another example, an antibody against integrin- β 1 resulted in a worse outcome in EBOV (Makona strain)-infected rhesus monkeys, with a significant decrease in survival and time to death versus untreated controls (T.W.G., unpublished data). Overall, there is currently little evidence that immunomodulatory approaches have any benefit as monotherapies for the treatment of filovirus infections, but they may have some utility as part of an overall supportive care regimen or, as mentioned above, as modulators of coagulation.

Table 4 | Summary of key host response interventions against filoviruses in non-human primates

Compound	NHP species	Challenge virus species (strain), dose and route	Time of first dose after virus exposure	Dose or titre and route of compound	Number of doses (days after exposure)	Survival (%)	Refs	
Activated protein C	Rhesus macaque	EBOV (Kikwit), 1,000 PFU i.m.	30–60 minutes	2 mg per m ² per hour i.v.	Continuous for 7 days	2/11 (18%)	78	
rNAPc2	Rhesus macaque	EBOV (Kikwit), 1,000 PFU i.m.	10 minutes	30 μ g per kg s.c.	15 (0–14)	2/6 (33%)	55	
			1 day		7 (1–6 and 8)	1/3 (33%)		
		MARV (Angola), 1,000 PFU i.m.	10 minutes		15 (0–14)	1/6 (17%)	50	
IFN α 2b	Cynomolgus macaque	EBOV (Kikwit), 1,000 PFU i.m.	18 hours	2 \times 10 ⁷ IU per kg i.m.	8 (1–7)	0/4 (0%)	130	
IFN β	Rhesus macaque	EBOV (Kikwit), 1,000 PFU i.m.	12 hours	35 μ g per kg s.c.	15 (0–15)	0/5 (0%)	200	
			18 hours	10.5 μ g per kg s.c.	8 (18 hours, 1, 3, 5, 7 and 9 days)	0/5 (0%)		
		MARV (Musoke), 1,000 PFU i.m.	1 hour	35 μ g per kg s.c.	15 (0–15)	1/3 (33%)		
ZMAb + Ad5–IFN α	Cynomolgus macaque	EBOV (Kikwit), 1,000 PFU i.m.	3 days	Ad5–IFN α : 1 \times 10 ⁹ PFU per kg i.m. ZMAb: 50 mg per kg i.v.	1 (vaccine) 3 (ZMAb; 3, 6 and 9)	3/4 (75%)	176	
	Rhesus macaque					4/4 (100%)		
	Cynomolgus macaque				1 day (vaccine) 4 days (ZMAb)	1 (vaccine) 3 (ZMAb; every 3 days)		2/4 (50%)
Ad5–EBOV + Ad5–IFN α + interferon	Cynomolgus macaque	EBOV (Kikwit), 1,000 PFU i.m.	30 minutes (vaccines)	Ad5–EBOV: 2 \times 10 ¹⁰ IFU i.m. Ad5–IFN α : 3 \times 10 ⁹ PFU i.m. Universal interferon: 0.44 μ g per kg i.m.	1 (vaccines) 17 (universal interferon; 5–21)	2/3 (67%)	199	
			5 days (interferon)					
				30 minutes (vaccines)	Ad5–EBOV: 4 \times 10 ⁹ IFU per kg i.m. Ad5–IFN α : 2 \times 10 ⁹ PFU per kg i.m. Universal interferon: 0.44 μ g per kg i.m.	1 (vaccines) 17 (universal interferon; 5–21)	2/3 (67%)	
			5 days (interferon)					
	Rhesus macaque		1 day (vaccines) 5 days (interferon)			1/4 (25%)		
						1/3 (33%)		
Ad5–EBOV + Ad5–IFN α + interferon + rNAPc2	Cynomolgus macaque	EBOV (Kikwit), 1,000 PFU i.m.	30 minutes	Ad5–EBOV: 2 \times 10 ¹⁰ IFU i.m. Ad5–IFN α : 3 \times 10 ⁹ PFU i.m. Universal interferon: 0.44 μ g per kg i.m. rNAPc2: 30 μ g per kg i.m.	1 (vaccines), 17 (universal interferon and rNAPc2; 5–21)	2/3 (67%)	199	

Ad5, adenovirus serotype 5; EBOV, Zaire ebolavirus; i.m., intramuscular injection; IFN, interferon; IFU, infectious units; IU, international units; i.v., intravenous injection; MARV, Marburg virus; NHP, non-human primate; PFU, plaque-forming units; rNAPc2, recombinant nematode anticoagulant protein c2; s.c., subcutaneous injection.

Combination approaches

There have been several attempts to assess the benefit of combining several different interventions (TABLE 4). ZMAb was combined with Ad5-IFN α to treat cynomolgus or rhesus monkeys beginning 3 days after exposure to EBOV (Kikwit strain)¹⁷⁶. Notably, 75% (three of four) and 100% (four of four) of cynomolgus and rhesus macaques, respectively, survived challenge.

A combination of the Ad5-EBOV vector, the Ad5-IFN α vector and universal type I interferon with or without rNAPc2 has also been investigated¹⁹⁹. Treatment of EBOV (Kikwit strain)-infected cynomolgus monkeys with different doses of Ad5-EBOV and Ad5-IFN α initiated 30 minutes after exposure combined with universal interferon given on days 5–21 protected 67% (six of nine) of the animals from death. If treatment was delayed until 1 day after virus exposure, 25% (one of four) of cynomolgus monkeys and 33% (one of three) of rhesus monkeys survived the lethal challenge. In a study that used Ad5-EBOV and Ad5-IFN α vectors 30 minutes after exposure, followed by universal interferon and rNAPc2 (days 5–21), 67% protection (two of three animals) was observed¹⁹⁹.

Conclusion and outlook

The 2013–2016 EBOV epidemic triggered an enormous interest in filoviruses. Substantial efforts have been directed towards the discovery and development of medical countermeasures, including preventive vaccines and post-exposure treatments. The field has made the most progress on preventive vaccines, with several clinical trials conducted during the 2013–2016 EBOV epidemic and continuing today (BOX 2). Therapeutic interventions have lagged behind, and some of the most promising approaches have been used to treat repatriated patients. However, clinical trials of post-exposure treatments have been limited and most of them were poorly designed. There is not a lack of filovirus animal models in general, but viral challenges with wild-type filovirus isolates are largely limited to immunocompromised rodents and NHPs (BOX 1). Model refinement may be needed in the future to study viral persistence and post-Ebola syndrome as well as to address treatment of those conditions. Well-characterized animal models, particularly NHPs, will be needed for licensure of promising medical countermeasures under the FDA Animal Rule (BOX 3). The development of cell-based screening systems based on reverse genetic approaches that can be applied to high-throughput evaluations under lower-level biocontainment has provided the necessary tools for future discoveries (BOX 4).

The well-publicized success of the rVSV-EBOV preventive vaccine from the ring vaccination, cluster-randomized clinical trial in Guinea^{206,207} (BOX 2), and likely impending licensure based on this strong data, should pave the way for other medical countermeasures. Importantly, the rVSV vaccine work in Guinea shows how a clinical trial can be done effectively during an outbreak, in contrast to clinical trials for ZMapp¹⁵¹, favipiravir¹⁷² and TKM-130803 (REF. 156), which were important for compassionate use but were not well-conducted clinical studies. However, these trials do

provide valuable information that can be used to improve future clinical validation of experimental therapies, particularly reiteration of the association between high viral load and reduced survival^{208–210}. A number of studies have correlated nonsurvival at 90% or more if the viral load exceeds 6 log copies per millilitre^{210–214} in untreated patients. In a study of 84 patients infected with EBOV in West Africa, all patients with a viral load >7.71 log copies per millilitre of blood died, whereas all those with counts below this threshold survived²¹⁵. Thus, for example, in the case of the TKM-130803 EBOV trial, the patients who survived would almost certainly have died without at least receiving supportive care in addition to TKM-130803, but whether treatment with TKM-130803 had any contribution was not possible to determine with confidence owing to the issues with the trial discussed earlier. Clearly, this shows the importance of rapid and reliable diagnostics, including viral load determination, for conducting appropriate clinical trials.

Among the post-exposure treatments and therapies developed to date against filoviruses, the mAb-based approaches that target filovirus GPs seem to demonstrate the highest level of protective efficacy. These mAbs have strong preclinical efficacy in clinically ill NHPs as true therapeutics, and human mAbs are generally safe. The main disadvantage of mAbs is that they rely on cross reactivity to conserved epitopes. Small changes in the GP of known filoviruses or the presence of a new filovirus could be problematic. Pan-filovirus mAb approaches may help^{153,154}, and the field should continue to move in this direction. Cost and production time are important, and transitioning mAb production from plant-based systems (as was used for the original ZMapp formulation for EBOV, as well as for MR-191-N for MARV) to mammalian-based systems should, in part, reduce these concerns. The requirement for multiple intravenous administrations of mAbs is not ideal in resource-poor settings. Studies should be conducted in NHPs to determine whether fewer treatments and/or less invasive routes can still be effective.

siRNAs have been efficacious in NHPs as true therapeutics, nearly equal to mAbs, and are safe in humans¹⁵⁶. The modular nature of the siRNA technology offers flexibility should mutations in a filovirus occur or a new filovirus be identified. Because siRNA recognition is sequence-dependent, adjustments for viral nucleotide changes can be made rapidly as long as sequence data are made available in real time. This emphasizes the importance of on-site sequence capabilities in future outbreaks as demonstrated during the West African epidemic²¹⁶. In addition, siRNAs may benefit relapsed patients in whom the virus is present in immune-privileged tissues that mAbs may have difficulty accessing. Similar to mAbs, siRNAs are administered intravenously, and administration of siRNAs requires seven daily injections. PMOs have most of the same advantages and disadvantages of siRNAs, although PMOs are not as far along in terms of demonstrated preclinical efficacy in NHPs. Both siRNA and PMO technologies have promise for future development, but delivery technology and treatment regimens need optimization.

The broad-spectrum antivirals favipiravir and GS-5734 have a number of advantages as interventions for filovirus infections. Their effectiveness is less likely to be affected by mutations in a filovirus or by the emergence of a previously unknown filovirus. For favipiravir, oral administration is a major benefit in resource-poor settings. Clinical trials of favipiravir in West Africa suggested some benefit in patients with lower viral loads when treatment was initiated¹⁷². Favipiravir was safe in phase I trials as well as in a clinical trial in patients with EBOV infection¹⁷². Favipiravir may also have some benefit in treating relapsed patients in whom the virus is present in immune-privileged tissues. However, there are currently no strong data in NHPs or in phase II/III clinical trials. By contrast, although GS-5734 requires intravenous delivery, the initial preclinical work in NHPs against EBOV appears strong, and future work on GS-5734 should focus on showing efficacy in NHPs against other filoviruses as well as optimizing delivery.

Post-exposure vaccines may be useful if treatment occurs very soon after exposure. Data in NHPs show that therapeutic vaccination after a certain time following filovirus exposure will not work well¹⁹⁴. The rVSV-EBOV vaccine is safe and effective^{206,207} and available to respond rapidly to future EBOV outbreaks.

The importance of advanced supportive care, including electrolyte balance, ventilation and dialysis, was likely pivotal in the successful treatment of individuals infected with EBOV in developed countries during the recent EBOV epidemic^{32,125–127,148,149,188,217,218}. Only two of the twelve patients with EBOV (17%) treated in the USA during this epidemic (two imported cases, two infections identified in the USA and eight medically evacuated patients) died. One patient who died within 48 hours of arriving in the USA was at a very advanced stage of disease on arrival²¹⁷. From published articles and news reports, there were also likely 15 patients infected with EBOV in Europe during the epidemic (two imported cases, one infection identified in Spain and twelve medically evacuated patients), of whom three died (20%). By comparison, mortality for EBOV reported in treatment centres in West Africa was 37–74%^{211,219–222}. Advanced supportive care clearly improved patient survival. However, most patients with EBOV infection who were medically evacuated to the USA or Europe also received experimental antiviral therapies, sometimes in combination (one patient was given ZMapp, TKM-Ebola and favipiravir¹⁴⁶). The combination of experimental antiviral interventions and advanced

supportive care likely contributed to the improved outcome. Future studies in preclinical NHP models will need to assess whether there are any adverse effects or additive or synergistic benefits associated with mixtures of different countermeasures. Indeed, there may be enhanced efficacy from combining drugs that target different parts of the virus or different pathways important for viral replication. This should be a major focus of future research.

Numerous survivors of the 2013–2016 EBOV epidemic now have post-Ebola syndrome. Although this syndrome was noted in survivors of past filovirus outbreaks^{223–225}, the magnitude of the 2013–2016 epidemic resulted in a large number of survivors. This syndrome draws attention to the importance of identifying, developing and optimizing drugs that can reach immune-privileged tissues such as the central nervous system and reproductive organs.

Until recently, the development of intervention therapies almost completely lacked therapeutic combination approaches. Future efforts should include the combination of certain promising monotherapies by studying synergistic and/or additive effects of drug compounds. For example, mAb treatment can be combined with siRNA or PMO approaches, as those have distinct mechanisms and should therefore not interfere with each other, so they are likely to be additive in improving outcomes. In addition, supportive care has to be optimized and integrated into any treatment strategy. One approach could be the inclusion of strategies that target host defence mechanisms, such as anticoagulants and immunomodulators, which have shown little utility as monotherapies but may be beneficial if added to supportive or virus-specific therapy.

In summary, the best options for treating small numbers of cases of filovirus infections at present seem to be ZMapp, MR-191-N and other human mAbs under development. For relapsed patients or convalescent patients who are shedding filoviruses, favipiravir, siRNAs and/or GS-5734 may be more appropriate. The potential for widespread filovirus outbreaks has increased, as demonstrated by the recent West African epidemic. A post-exposure ring vaccination approach may prove useful in future outbreaks, given its recent success in clinical trials, both as a post-exposure treatment and as a means for targeted vaccine deployment in an emergency setting. Looking to the future, continued development of broad-spectrum treatments that are active against multiple strains and species of filoviruses, as well as drugs that can be given orally or by intranasal spray, may be the best strategy.

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The authors declare competing interests: see online version for details.

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