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Title:

The role of acute inflammation at the peritoneal cavity-enhanced adhesion formation

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25 **Capsule:**

26 The strong correlation between adhesion score and acute inflammation in the peritoneal cavity
27 suggests that acute inflammation is an important driving mechanism enhancing adhesion
28 formation.

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50 **Abstract:**

51 Objective: To investigate the role of acute inflammation of the peritoneal cavity in adhesion
52 formation.

53 Design: Prospective randomized, controlled trial

54 Setting: University laboratory research center

55 Animals: 9-10 weeks old BALB/c female mice

56 Interventions: In our laparoscopic mouse model acute inflammation of the peritoneal cavity
57 and adhesion formation were evaluated in a control group with CO₂ pneumoperitoneum (PP)-
58 enhanced adhesions, in CO₂ PP plus manipulation-enhanced adhesions and in the latter group
59 + dexamethasone-reduced adhesions. Adhesions and acute inflammation were assessed by
60 neoangiogenesis, diapedesis and leukocytes accumulation on the 2nd day after surgery.

61 Main outcome measure(s): Qualitative and quantitative adhesion scores and an acute
62 inflammation score.

63 Results: Adhesions were enhanced by the CO₂ PP (p=0.007) , further enhanced by
64 manipulation (p<0.0001 versus CO₂ PP) and decreased by the administration of
65 dexamethasone (p<0.0001 versus CO₂ PP+manipulation). Acute inflammation scores
66 strongly correlated with total adhesion score whether assessed as total inflammation score
67 (p<0.0001) or as neoangiogenesis (p<0.0002), diapedesis (p<0.03) or leukocyte accumulation
68 (p<0.0002). Inflammation scores, moreover, were strikingly similar at the surgical lesion and
69 at the parietal peritoneum.

70 Conclusions: These data strongly suggest that acute inflammation in the entire peritoneum
71 cavity is the driving mechanism of adhesion formation at the lesion site.

72 Key words: adhesions, laparoscopy, acute inflammation, inflammation score, dexamethasone,
73 metalloproteasins.

74

75 **Introduction**

76 Postoperative adhesion formation is believed to result from a series of local events at the
77 trauma site. Peritoneal injury by surgery, infection or irritation initiates a local inflammatory
78 reaction, exudation and fibrin deposition into which white blood cells, macrophages,
79 fibroblasts and mesothelial cells can migrate, proliferate and/or differentiate. Within a few
80 hours the lesion is covered by macrophages and other 'tissue repair cells' for which it is still
81 unclear what their exact precursors are (diZerega, 1997;diZerega, 2000;diZerega and
82 Campeau, 2001). The local interplay between inflammatory cells, macrophages and
83 cytokines, is not well-understood.

84 These local events are modulated by factors derived from the peritoneal cavity. Adhesions at
85 the lesion site are enhanced in a dose dependent way by pneumoperitoneum (PP) with pure
86 CO₂ (Molinas, C. R., Mynbaev, O. *et al.* 2001), or PP with more than 10% O₂(Elkelani,
87 Binda *et al.*, 2004;Binda, Molinas *et al.*, 2003), by desiccation (Binda, M. M., Molinas, C. R.
88 *et al.* 2006) and by mesothelial trauma at a remote site (Schonman, Corona *et al.*, 2009)
89 believed to act through mesothelial hypoxia, mesothelial hyperoxia and reactive oxygen
90 species (ROS), desiccation and trauma, respectively. Interestingly none of these factors did
91 induce *de novo* adhesions in our model

92 Since the inflammatory reaction at the lesion site is widely believed to be a driving
93 mechanism of adhesion formation (Guvenal, Cetin *et al.*, 2001;Siegler, Kontopoulos *et al.*,
94 1980;Luciano, Hauser *et al.*, 1983;Aldemir, Ozturk *et al.*, 2004;Celebioglu, Eslambouli *et al.*,
95 1999;Golan, Bernstein *et al.*, 1991;Tayyar and Basbug, 1999;Nishimura, Nakamura *et al.*,
96 1983;Nishimura, Nakamura *et al.*, 1984;Rodgers, Girgis *et al.*, 1990;Greene, Alwayn *et al.*,
97 2005), it was surprising that neither non-steroidal anti-inflammatory drugs (NSAIDs) such as
98 cyclooxygenase (COX)-1 or COX-2 inhibitors, nor anti-TNF alpha neutralizing antibodies
99 had any effect upon adhesion formation neither in our pure CO₂ pneumoperitoneum enhanced

100 adhesion model (Binda, M. M., Molinas, C. R. *et al.* 2007), nor in the hyperoxia-enhanced
101 adhesion model (PP with more than 12% O₂) (Binda Koninckx BJOG 2010) (Binda, M. M.,
102 Molinas, C. R. *et al.* 2003). The absence of effect of anti-TNF alpha antibodies is surprising
103 given the strong anti inflammatory effects found both in animals and in humans. In contrast,
104 dexamethasone, a steroidal anti-inflammatory drug, reduced adhesions by 30% and 62% in
105 the hypoxia- and hyperoxia-enhanced adhesions, respectively. Thus other inflammatory
106 aspects than those controlled by COX-1, COX-2 and TNF alpha must be involved.
107 We therefore wanted to investigate the relationship between adhesion formation and acute
108 inflammation in the entire peritoneal cavity.

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125 **Material and Methods**

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127 *The laparoscopic mouse model for adhesion formation*

128 The experimental setup (i.e., animals, anesthesia and ventilation, laparoscopic surgery and
129 induction and scoring of peritoneal adhesions) has been described in detail previously
130 (Molinas, Mynbaev *et al.*, 2001; Binda, Molinas *et al.*, 2004; Elkelani, Binda *et al.*,
131 2004; Molinas, Campo *et al.*, 2003b; Molinas, Campo *et al.*, 2003a; Molinas, Elkelani *et al.*,
132 2003; Elkelani, Molinas *et al.*, 2002). Briefly, the model consisted of a bipolar lesion made by
133 laparoscopy followed by a pneumoperitoneum for 60 min. Since temperature affect adhesion
134 formation, animals and all equipment were placed in a closed chamber at 37°C (heated air,
135 WarmTouch, Patient Warming System, model 5700, Mallinckrodt Medical, Hazelwood, MO).
136 Since anaesthesia and ventilation may influence body temperature (Binda, M. M., Molinas,
137 C. R., Hansen, P., and Koninckx, P. R. 2006), the timing between anaesthesia (T0), intubation
138 (at 10 min, T10) and the onset of the experiment (at 20 min, T20) was strictly controlled.

139

140 *Animals*

141 The present study was performed in 9-10 weeks-old female BALB/c c mice weighting 20 to
142 24g. Animals were kept under standard laboratory conditions (temperature 20°C–22°C,
143 relative humidity 50%–60%, 14 hours light and 10 hours dark) at the animal facilities of the
144 Katholieke Universiteit Leuven (KUL). They were fed with a standard laboratory diet
145 (MuraconG, Carsil Quality, Turnhout, Belgium) with free access to food and water at any
146 time. The study was approved by the Institutional Review Animal Care Committee.

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150 *Anesthesia/Intubation and ventilation*

151 Animals were anesthetized at T0 with i.p. 0.08 mg/g pentobarbital (Nembutal, Sanofi Sante
152 Animale, Brussels, Belgium). Animal preparation, intubation and ventilation with humidified
153 air with a tidal volume of 250 µl at 160 strokes/min (Mouse Ventilator MiniVent, Type 845,
154 Hugo Sachs Elektronik-Harvard Apparatus GmbH, March-Hugstetten, Germany) was started
155 after 10 min exactly (T10).

156

157 *Laparoscopic surgery*

158 The surgical procedure to induce adhesions was the same for all groups as reported before.
159 Briefly, at T20, the CO₂ pneumoperitoneum was initiated (Thermoflator, Karl Storz,
160 Tuttlingen, Germany) and under direct vision with a 2 mm endoscope (Karl Storz, Tuttlingen
161 Germany standardized 10 mm x 1.6 mm lesions were performed in the antimesenteric border
162 of both right and left uterine horns and in both right and left pelvic side walls with bipolar
163 coagulation (20W, standard coagulation mode, Autocon 350, Karl Storz, Tuttlingen
164 Germany) through two 14-gauge catheters (Insyte-W, Vialon, Becton Dickinson, Madrid,
165 Spain). For humidification, the Storz Humidifier 204320 33 (Karl Storz, Tuttlingen,
166 Germany) was used.

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168 *Scoring of adhesions*

169 Adhesions were scored qualitatively and quantitatively blindly under a stereomicroscope. The
170 qualitative scoring system assessed: extent (0: no adhesions; 1: 1%–25%; 2: 26%–50%; 3:
171 51%–75%; 4: 76%–100% of the injured surface involved), type (0: no adhesions; 1: filmy; 2:
172 dense; 3: capillaries present) and tenacity (0: no adhesions; 1: easily fall apart; 2: require
173 traction; 3: require sharp dissection) of adhesions, the sum of extent, type and tenacity, which
174 was the total score, was calculated. The quantitative scoring system assessed the proportion

175 of the lesions covered by adhesions. The results are presented as the average of the adhesions
176 formed at the four sites (right and left visceral and parietal peritoneum), which were
177 individually scored.

178

179 *The histological inflammation score.*

180 We developed a scoring system of acute inflammation based upon the known
181 pathophysiology of acute inflammation (Krenn, Morawietz *et al.*, 2002;Krenn, Morawietz *et*
182 *al.*, 2006;Haywood, McWilliams *et al.*, 2003;Pessler, Dai *et al.*, 2008). Acute inflammation is
183 a rapid response to an injury and serves to deliver mediators of host defense such as
184 leukocytes and plasma proteins to the site of injury. Acute inflammation has three major
185 components: (a) alterations in vascular caliber that lead to an increase in blood flow, (b) new
186 blood vessel formation and structural changes in the microvasculature that permit plasma
187 proteins and leukocytes to leave the circulation, and (c) diapedesis of leukocytes from the
188 microcirculation and their accumulation in the focus of injury and their activation (Robbins
189 and Cotran 2005). In our scoring system, we evaluated (a) the number of vessels, reflecting
190 the neoangiogenesis, (b) the number of PMNs in diapedesis, reflecting the increased
191 permeability of the vessels; and (c) the PMNs accumulation on the site of the injury. Each
192 parameter was scored as follows: neoangiogenesis (0 = number of vessels < 3, 1 = number of
193 vessels 4-8, 2 = number of vessels 9-12, 3 = number of vessels >12), increasing of
194 permeability (0 = number of PMNs in diapedesis 0, 1 = number of PMNs in diapedesis <2, 2
195 = number of PMNs in diapedesis 3-4, 3 = n° PMNs in diapedesis >4) and leukocytes
196 activation and accumulation (0 = n° PMNs <3, 1 = number of PMNs 4-8, 2 = number of
197 PMNs 9-12, 3 = number of PMNs >12). Total inflammation score was considered as the sum
198 of the neoangiogenesis, permeability and leukocyte activation scores.

199

200 *Histology and immunohistochemistry.*

201 Under microscopic vision a biopsy of the lesions was taken during laparotomy. The skin and
202 muscles were dissected from the peritoneum and, in order to take a biopsy of the lesion and of
203 the surrounding peritoneum, a tissue adherant (Lyostipt, Braun) was applied covering the
204 whole length of the lesion plus 5 mm of peritoneum on each side of the lesions. The
205 specimens were then fixed with JB fix (Beckstead J.H. 1995, J. Histochem. Cytochem.
206 43,345, letter) for 24 hours, embedded in paraffin, oriented and four 4-6µm sections were
207 taken perpendicularly to the surface and perpendicularly to the lesion. Each section thus
208 permitted to evaluate changes of the lesion and of the surrounding peritoneum from the
209 surface to the depth of the biopsy. Sections were immunohistochemically stained for CD45 to
210 detect leukocytes (LCA, Ly-5, T200) (BD Pharmigen) in citrate bluffer 80°C, pH 6, dilution
211 1/400.

212 Inflammation parameters were blindly scored at the biopsies under a microscope with a
213 camera for imaging system (Axio scope, Axio cam MRc5, KS 400 imaging system, Zeiss,
214 Germany) . For each slide, 4 high power fields were randomly chosen, 2 centrally at the level
215 of the lesion and 2 at the surrounding of the lesion (1 for each side) and each vessel (the
216 number of vessels indicating neoangiogenesis), each PMN in diapedesis (permeability of
217 vessels) and each leukocyte stained by CD45 (number of activated leucocytes) were counted.

218

219 *Experiment Design*

220 These experiments were designed to investigate the effect of factors known to enhance
221 adhesion formation (CO₂ pneumoperitoneum and manipulation) or to decrease adhesions
222 (dexamethasone) upon the inflammation score. After anaesthesia, a laparotomy was
223 performed to score adhesions and to take biopsies at the level of the lesion and at the parietal
224 peritoneum.

225

226 Experiment I. It was designed to determine which day after surgery acute inflammation and
227 adhesion formation should be scored. After 60 min of CO₂ pneumoperitoneum (n=8)
228 inflammation and adhesion scores were evaluated after 1, 2, 4 and 7 days following surgery
229 (2 mice per day) (Fig. 1). Based upon the results of this experiment, we decided to evaluate
230 inflammation and adhesions on the second day i.e. 48 hours after surgery in all further
231 experiments.

232 Experiment II. It was designed to evaluate the inflammation score and adhesions in control
233 animals (Group I, 60 min of CO₂ pneumoperitoneum with 4% O₂), in animals with 60 min
234 CO₂ pneumoperitoneum-enhanced adhesions (group II), in mice in which the CO₂
235 pneumoperitoneum-enhanced adhesions were further enhanced with manipulation (group III)
236 and in mice with enhanced adhesion formation as in group III, which received in addition
237 dexamethasone (Group IV) known to decrease adhesions. Manipulation enhanced adhesions
238 consisted of manipulating fat and bowels in the upper abdomen with a 1.5 mm non-traumatic
239 grasper for 5 min as previously described (Schonman, Corona *et al.*, 2009). Dexamethaxone
240 (Aacidaxim 5 mg for injection; Organon, Bruxelles, Belgium) was given intraperitoneally, 40
241 µg immediately after the end of pneumoperitoneum and 40 µg 24 hours later . The
242 experiment was block randomised by day meaning that one mouse of each group was done
243 randomly the same day (16 mice: 4 mice per group). After 48 hours adhesion formation was
244 scored and biopsies were taken at the level of the lesion.

245 Experiment III. It was similar to experiment II, but the inflammation was score besides at the
246 lesion site, in the parietal peritoneum.

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250 *Statistics*

251 Statistical analyses were performed with the SAS System (SAS Institute, Cary, NC).

252 Differences in adhesion formation were evaluated with the Wilcoxon test. The correlation

253 between adhesion and inflammation total scores was evaluated with the Spearman's

254 correlation test . All the data are presented as the mean \pm standard deviation of the mean.

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274 **Results**

275 Experiment I. The time courses of both the total adhesion and the quantitative adhesion scores
276 were similar (fig. 1). Whereas the quantitative adhesion scores increased progressively, being
277 after 24, 48, 72 hrs and 7 days, 2.32 ± 0.29 , 3.01 ± 0.18 , 3.35 ± 0.31 and 3.74 ± 0.32 , respectively,
278 the total inflammation scores decreased progressively being 5.05 ± 0.27 , 3.45 ± 0.22 , 2.5 ± 0.40 ,
279 and 2.38 ± 0.25 respectively (Fig 1). Also the scores of neoangiogenesis, diapedesis and
280 leukocytes accumulation decreased progressively. With these data, we decided to evaluate
281 acute inflammation and adhesion formation on day 2 in all subsequent experiments.

282 Experiment II. The adhesion scores on day 2 confirmed previous observations on day 7 after
283 surgery (Schonman, Corona *et al.*, 2009) (Fig. 2). In comparison with the control group (group
284 I: CO₂ pneumoperitoneum with 4% O₂), both total and proportion of adhesions increased
285 when a pure CO₂ pneumoperitoneum was used (group II: hypoxia-enhanced adhesions ;
286 $P=0.007$ and $P = 0.0053$, respectively). Adhesions further increased in group III ($P<0.0001$ for
287 both total and proportion). The addition of dexamethasone (group IV) decreased adhesion
288 formation ($P<0.0001$ for both total adhesion score and proportion).

289 The total inflammation score at the central part of the surgical lesion was slightly higher in
290 comparison to the inflammation score at 0.5 cm from the lesion, being 1.5 ± 0.40 and 2.625
291 ± 0.25 ($p=0.0203$), 0.625 ± 0.25 and 2.125 ± 0.25 ($p= 0.0154$), 4.125 ± 0.25 and 6.375 ± 0.25
292 ($p=0.0321$), 2.375 ± 0.25 and 3.875 ± 0.25 ($p= 0.0591$) for groups I, II, III and IV, respectively.

293 We therefore used the mean of the inflammation scores in the central part and in the
294 periphery of the lesion to correlate inflammation with adhesion formation.

295 Depth of the inflammatory reaction spanned 2 mm till a maximum of 4 mm in group III
296 which had the highest inflammation score.

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298 The total inflammation score at the lesion strongly correlated with and indeed were strikingly
299 similar to the adhesion scores (Fig. 3 and 4). At the level of the surgical lesion the use of pure
300 CO₂ pneumoperitoneum in comparison with group I slightly increased the total inflammation
301 score (p=0.07), neoangiogenesis (p=0.0577) and lymphocytes accumulation (p=0.0796). In
302 group III, the inflammation score further increased i.e. the total inflammation (group II versus
303 group III P<0.0001), neoangiogenesis (P=0.0007), vasodilatation and permeability
304 (P=0.0052) and lymphohistiocytic activation and accumulation (p=0.0022). When
305 dexamethasone was added after surgery total mean inflammation score decreased (group III
306 vs group IV: P<0.0001), an effect observed for all parameters i.e. neoangiogenesis
307 (p=0.0154), diapedesis (P=0.0016) and lymphocytes activation-accumulation (P=0.001).
308 Most strikingly, however, was the strong correlation between adhesion scores and
309 inflammatory parameters (table 1). Total acute inflammation score (fig. 2), neoangiogenesis,
310 diapedesis and leukocytes accumulation (table 1), strongly correlated with total adhesion
311 scores.

312 Experiment III. This experiment confirmed that inflammation scores of the parietal
313 peritoneum were comparable to the inflammation score at the surgical lesion for the 4 groups
314 (Fig 4). Indeed the use of pure CO₂ pneumoperitoneum in comparison with CO₂ + 3% O₂
315 increased slightly the total inflammation score although the comparison was not statistically
316 significant (P= 0.06). When in addition to the pure CO₂ pneumoperitoneum, manipulation
317 was added the total inflammation score increased further (group II versus group III:
318 P<0.0001). When dexamethasone was added total inflammation score decreased (group III vs
319 group IV: P<0.0001) (Fig. 4).

320 Adhesion scores were also comparable to the adhesion scores of experiment II (Fig. 4).

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323 **Discussion**

324 These data confirm and extend our previous observations on adhesion formation in our
325 laparoscopic mouse model. Indeed, in comparison with a pneumoperitoneum with 96%CO₂ +
326 4% O₂, pure CO₂ pneumoperitoneum increase adhesions also on day 2 (Elkelani, Binda *et al.*,
327 2004;Elkelani, Binda *et al.*, 2004;Binda, Molinas *et al.*, 2004;Molinas, Mynbaev *et al.*, 2001).
328 When a mechanical trauma is added in addition to the pneumoperitoneum, , adhesions are
329 increased at the lesion site even further without causing *de novo* adhesions (Schonman,
330 Corona *et al.*, 2009). We also confirmed that dexamethasone decrease adhesions(Schonman,
331 R., Corona, R. *et al.* 2009). The similarity between adhesion formation and acute
332 inflammation scores is striking, especially the linear correlation between adhesion and
333 inflammation scores in all the groups. This suggests that acute inflammation is an important
334 common and driving mechanism for adhesion formation. The similarity of acute inflammation
335 at the lesion level, at its periphery and in the entire peritoneal cavity strongly supports the
336 concept that the entire peritoneal cavity is a cofactor affecting adhesion formation at the
337 lesion site. Especially the effect of bowel manipulation in the upper abdomen i.e. at a distance
338 from the bipolar lesion strongly supports the concept that some peritoneal cavity factors
339 stimulated by the mesothelial trauma can enhance adhesion formation at the lesion site. The
340 absence of *de novo* adhesions confirms the concept that adhesion formation requires a
341 peritoneal trauma. The extend and severity of adhesions, however, largely vary with the
342 inflammatory reaction in the entire peritoneal cavity.

343 The mechanism by which the inflammatory reaction of the entire peritoneal cavity affects
344 adhesion formation at the lesion site is still unclear. Since mesothelial cells are known to
345 retract and to bulge during CO₂ pneumoperitoneum without affecting the basal membrane,
346 and since bowel manipulation was done very gently a very superficial mesothelial cell trauma
347 is suggested as causing an inflammatory reaction of the entire peritoneal cavity. Subsequently

348 some substances or cells could be released, activated or attracted into the peritoneal fluid
349 further affecting adhesion formation at the lesion site. The first candidate, to be investigated
350 in further experiments are chemokines known as important inflammatory mediators involved
351 in the activation and migration of leukocytes into the tissue (Adams, D. H. and Lloyd, A. R.
352 1997). Indeed according to the position of the first two cysteine residues (Murphy, P. M.
353 1994), some chemokines are chemoattractants and activators of non-PMNs leukocytes while
354 others attract neutrophils.

355 The second candidates are cells such as macrophages, leucocytes attracted into the peritoneal
356 cavity and their secretion products as cytokines. Since non-steroidal anti-inflammatory
357 drugs (NSAIDs), as ibuprofen, tenoxicam, nimesulide, parecoxib, and anti-TNF-alpha anti-
358 TNF alpha neutralizing antibodies were ineffective in reducing adhesions in our model, we
359 postulate that these drugs did not affect the acute inflammatory reaction (Binda, Molinas *et*
360 *al.*, 2007b), something to be confirmed in the future.

361 In this study, dexamethasone did decrease the acute inflammatory reaction and to a similar
362 extent adhesion formation as previously demonstrated (Binda, Molinas *et al.*, 2007; Binda
363 and Koninckx, 2009). This suggest that dexamethasone is acting through other mechanisms
364 such as inhibition of fibroblast proliferation, depression of procollagen gene expression
365 through a decreased transforming growth factor secretion (Bladh, Johansson-Haque *et al.*,
366 2009), or by immunosuppressive effects or by cytokines (Brunton, L. L., Lazo, J. S. *et al.*
367 2006).

368 Our data are tempting to conclude that in the process of adhesion formation acute
369 inflammation of the peritoneal cavity is quantitatively the most important factor. Although the
370 exact mechanism remains unclear the following mechanisms could be involved. Since it was
371 demonstrated that dexamethasone produces its anti-inflammatory effect by inducing the
372 expression of mitogen-activated protein kinase (MAPK) phosphatase-1 (MKP-1), we

373 postulate that this pathway could be involved in the adhesion formation process. The MAP
374 kinase phosphatase (MKP)-1 is a negative regulator of cytokines production in innate immune
375 cells (Wang, X. X., Nelin, L. D. *et al.* 2008) and it has a negative regulation effect on the
376 mitogen-activated proteine kinases (MAPKs) production (Wang, X. X., Nelin, L. D.,
377 Kuhlman, J. R., Meng, X. M., Welty, S. E., and Liu, Y. S. 2008). MAPKs include the
378 extracellular signal-regulating kinase (ERK), p38 MAPK and c-Jun N-Terminal proteine
379 Kinase (JNK) and they all play an important role in cell proliferation, apoptosis and many
380 other nuclear events. MKP-1 has been shown to inhibit a number of cellular responses
381 mediated by ERK and p38 MAPK.

382 MAPKs also regulate the metalloproteinases (MMPs) and MMPs have a role in fibrinolysis
383 and in adhesion formation. A key factor in adhesion prevention is fibrinolysis, which is
384 regulated by the plasminogen system. The inactive proenzyme plasminogen is converted into
385 plasmin by tissue-type plasminogen activator (tPA) and/or urokinase type plasminogen
386 activator (uPA). The fibrin matrix serves as a scaffold for fibroblasts and capillary ingrowth
387 and for extracelullar matrix (ECM) deposition. During normal healing, the fibrin matrix is
388 rapidly removed and the ECM will be degraded by MMPs. The traditional concept is that
389 when the fibrin matrix persists too long, or when the ECM degradation is inhibited, peritoneal
390 adhesions will be formed. In addition, MMP-2 was demonstrated to be expressed in mature
391 human peritoneal adhesions (Binnebosel, Klinge *et al.*, 2008).

392

393 Moreover, MMPs have also been implicated as important factor in the control of the tumor
394 implantation . MMPs plays roles in pathological conditions involving untimely and
395 accelerated turnover of extracellular matrix, including inflammation, angiogenesis and
396 metastasis (Nakano, Tani *et al.*, 1995;Price, Farrar *et al.*, 2001;Rao, 2003). Among MMPs,
397 we focus our attention on matrix metalloproteinase 2, a secreted endopeptidase homologous

398 with interstitial collagenase but which possesses an additional fibronectin-like domain.
399 Specific cell surface receptors bind to fibronectines. These receptors include the traditional
400 fibronectin receptor, also called integrin alpha5 beta1, the major fibronectin receptor on most
401 cells, and several other integrins. Several studies have shown that the adhesive extracellular
402 matrix protein fibronectin and its integrin receptors function in certain types of adhesive
403 contact as well as playing a major role in matrix assembly (Yubero, S., Ramudo, L. *et al.*
404 2009). Integrin ligands, such as fibronectin, are not passive adhesive molecules but are active
405 participants in the cell adhesive process that leads to signal transduction (Ruoslahti, E. 1999).
406 MMPs secretion is stimulated also by nitric oxide (NO), induced by the expression of the
407 gene nitric oxide synthase (i-NOS), also associated to the angiogenesis process (Yubero, S.,
408 Ramudo, L., Manso, M. A., and De Dios, I. 2009).
409 This enzyme is associated to the angiogenesis process (Yubero, S., Ramudo, L., Manso, M.
410 A., and De Dios, I. 2009) and, in addition its expression, like the MPK-1 expression, is also
411 inhibited by dexamethasone (Lin, Jan *et al.*, 2008). These two important effects of
412 dexamethasone, not observed using NSAIDs, would explain why dexamethasone is the only
413 anti-inflammatory drug strongly effective on adhesion prevention.
414 To summarise, the inflammation at the peritoneal cavity level, due to the mesothelial trauma,
415 causes an activation of a signal transduction pathway like MAPKs that induces an expression
416 of MMPs; at the same time, due to a local wound following the surgery, there is a fibrin matrix
417 and extracellular matrix (ECM) deposition. We speculate that these two simultaneous events
418 bring to an over production of MMP- 2 that, miming the effect of the fibronectin, increase the
419 fibrin and the extracellular matrix assembling that lead to adhesion formation, confirming the
420 traditional concept of fibrin matrix persisting and insufficient ECM degradation.
421 In conclusion, these data strongly suggest that acute inflammation in the entire peritoneum
422 cavity is the driving mechanism of adhesion formation at the lesion in our laparoscopic mouse

423 model. In addition, MMPs may play an important role being a link between the two processes.

424 Of course, new experiments should be done to confirm our hypothesis.

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Figure 1: Total adhesion and inflammation score during the first 7 days after a surgical bipolar lesion and 60 minutes of CO₂ pneumoperitoneum.

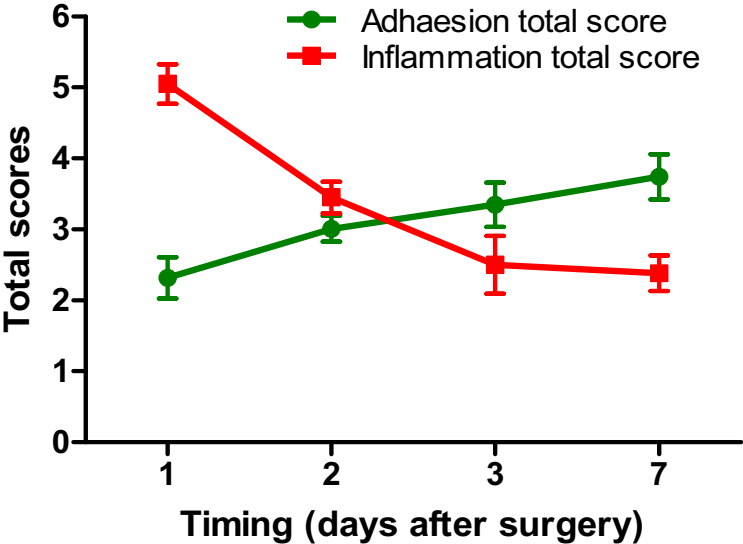


Figure 2: Correlation between total adhesion and inflammation scores (Statistics: $p < 0.0001$, Spearman Test, for details see table 1 yellow highlighted).

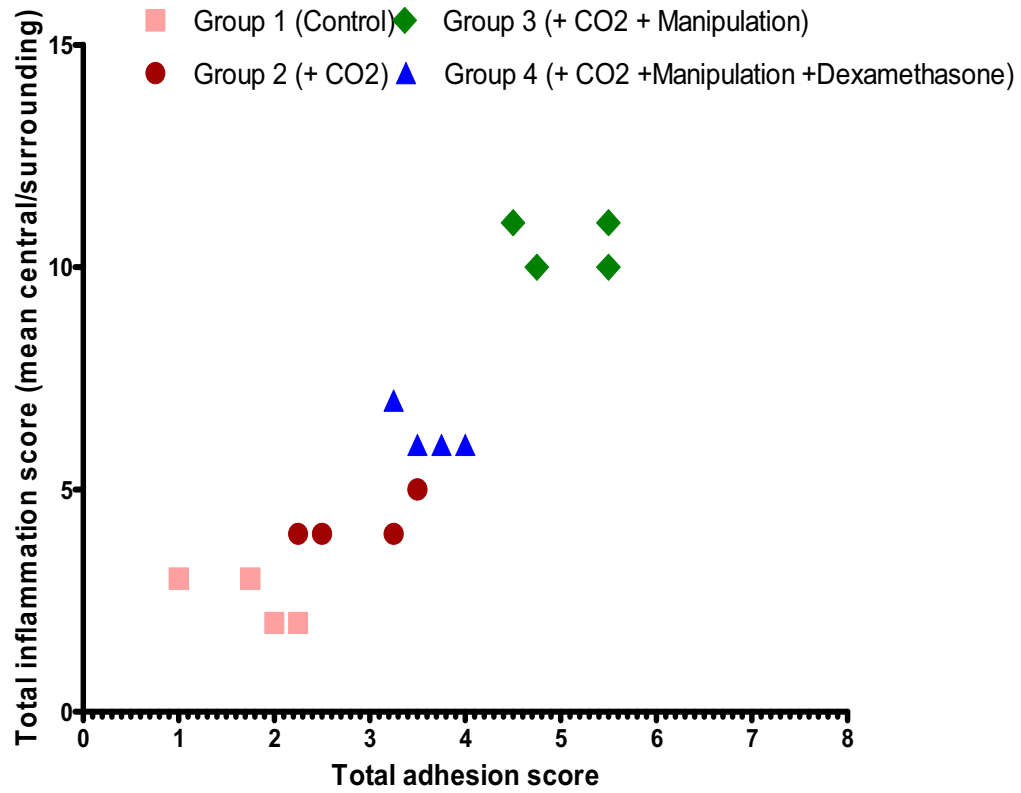


Fig. 3. The inflammation scores (mean and SD) for the different parameters analyzed.

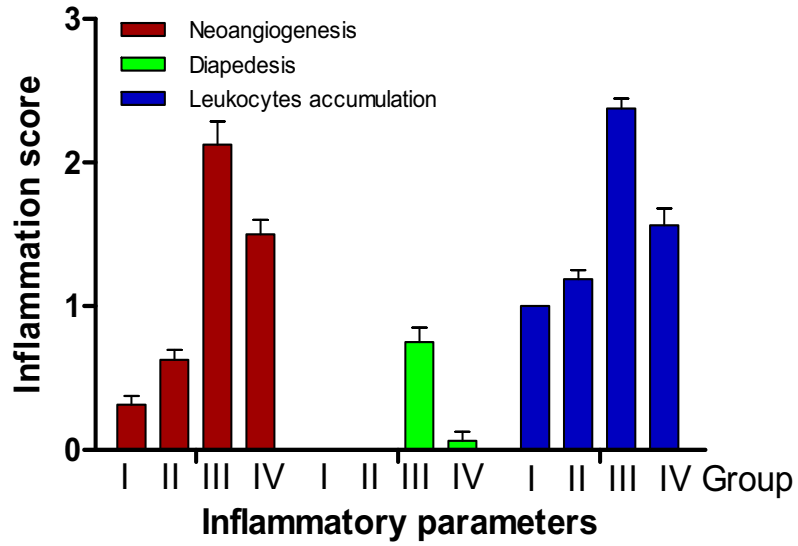


Fig. 4. Total adhesion and inflammation score at the surgical lesion (experiment II) and at the parietal peritoneum (experiment III).

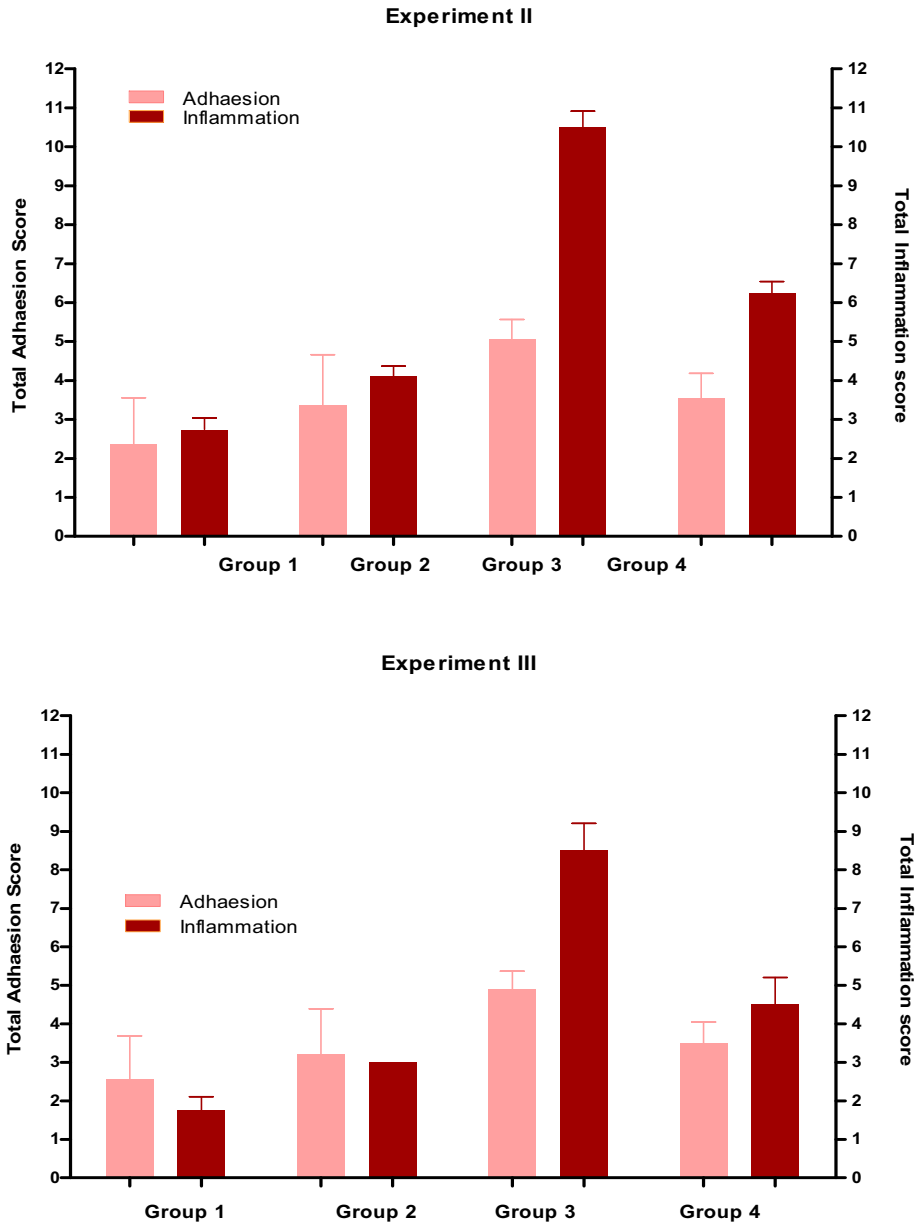


Table 1. The table shows the p values for the correlations between the quantitative and qualitative adhesions scoring system and the inflammation scoring. (for yellow fields see Fig. 2). Statistics: Spearman correlation.

Inflammatory parameters	Biopsy Location	Adhesion score (P Value)				
		Total	Extent	Type	Tenacity	Proportion (%)
Neovascularization	Central	0.0002	NS	<0.0001	0.0032	NS
	Surrounding	0.0002	NS	<0.0001	0.0021	NS
Permeability	Central	0.0391	NS	0.0411	NS	NS
	Surrounding	0.0286	NS	0.0382	NS	NS
Leucocytes accumulation	Central	0.0003	0.0043	0.0029	<0.0001	0.0031
	Surrounding	0.0002	0.0032	0.0021	<0.0001	0.0028
Total score	Central	<0.0001	0.0017	<0.0001	<0.0001	0.0005
	Surrounding	<0.0001	0.0005	<0.0001	<0.0001	0.0005