Did nature also choose arsenic?

Felisa Wolfe-Simon^{1*}, Paul C.W. Davies², and Ariel D. Anbar^{1,3}

¹Metallomics Laboratory, Department of Chemistry and Biochemistry, Arizona State University, Tempe, AZ 85287, USA; ²BEYOND: Center for Fundamental Concepts in Science, Arizona State University, Tempe, AZ 85287, USA; ³School of Earth and Space Exploration, Arizona State University, Tempe, AZ 85287, USA

One sentence summary: Life as we do not know it: arsenic based biology.

Cambridge, MA 02138, USA

All known life requires phosphorus (P) in the form of inorganic phosphate (PO₄⁻ or P_i) and phosphate-containing organic molecules¹. P_i serves as the backbone of the nucleic acids that constitute genetic material and as the major repository of chemical energy for metabolism in polyphosphate bonds. Arsenic (As) lies directly below P on the periodic table and so the two elements share many chemical properties, although their chemistries are sufficiently dissimilar that As cannot directly replace P in modern biochemistry. Arsenic is toxic precisely because As and P are similar enough that organisms attempt this substitution. We hypothesize that ancient biochemical systems, analogous to but distinct from those known today, could have utilized arsenate in the equivalent biological role as phosphate. Organisms utilizing such "weird life" biochemical pathways may have supported a "shadow biosphere" at the time of the origin and early evolution of life on Earth or on other planets. Such organisms may even persist on Earth today, undetected, in unusual niches.

P ranks just behind H, O, C and N in a quantitative list of the most important elements in biology. However, P is usually less available to life than these other elements, particularly in the oceans. H and O are available in any aqueous solution, while C and N can be found in gaseous compounds that are readily distributed through the atmosphere and can be converted to highly soluble chemical forms. In contrast, while P is a relatively common element in the Earth's crust (0.1% by weight)², there is no gas phase P compound analogous to CO₂, CH₄, N₂ or NH₃, and common phosphate minerals such as apatite (Ca₅(PO₄)₃(OH, F, Cl)) are only sparingly soluble³. The distribution of bioavailable P at the Earth's surface is therefore extremely heterogeneous. In this way, P is similar to many of the so-called "micronutrient" elements (e.g., Fe, Cu, Mn, Zn, etc.) that are required in biology in trace amounts. As a result, the distribution of life at the Earth's surface is often determined by the distribution of P, which is why phosphate (PO₄³⁻) fertilizers are commonly used to compensate for low P concentrations.

Twenty years ago, Westheimer explained why life as we know it is based on P^4 . A critical feature is the acid-base chemistry of P(V) in the form of phosphoric acid (H₃PO₄), which dictates that the dominant soluble forms of P at biological pH (~7-8) are the charged species H₂PO₄⁻ and HPO₄²⁻ (collectively, these species and H₃PO₄ are referred to as "inorganic phosphorus" or P_i). Charged molecules are contained within lipid membranes more easily than are uncharged molecules, and hence evolution selected for biomolecules that include functional groups derived from P_i and other weak acids such as carboxylic acids and amino acids⁵. However, P_i is unique even among these weak acids because it can maintain a negative charge at physiological pH even when bonded to two other molecular units. Hence, as the building block for ATP and ADP, P_i prevents chemically-stored energy from escaping the cell. Similarly, the repeating phosphodiester linkages in DNA effectively make DNA a polyanion, so that P_i helps cells retain their

genetic material. The negative repeating charge of DNA is also a key factor in its physical stability in the way it prevents folding of the linear strand, thereby protecting template-like behavior⁶. Hence, P_i is well suited as a component of both metabolic and genetic molecules.

However, other elements share key chemical properties with P. Of these, As in the (V) oxidation state warrants closer inspection. Inorganic As(V), like P(V), is negatively charged over a range of physiological pH conditions, as AsO_4^{3-} , $HAsO_4^{2-}$ or $H_2AsO_4^{-}$ (i.e., arsenate or As_i). In fact, the dissociation constants for H_3AsO_4 are so similar to those of H_3PO_4 that As_i and P_i follow strikingly similar speciation patterns (Figure 1A-B). Also, like P_i, As_i is capable of retaining a negative charge even when it bonds to two other molecules. Because of these similarities, known life cannot easily distinguish As_i from P_i. Thus, arsenate is taken up by cells via phosphate transporters and can substitute for P_i in the early steps of many P_i based metabolic pathways (see Table I). Although As is generally thought to decouple oxidative phosphorylation, oxygen uptake continues in phosphate-deplete, arsenate-rich mitochondrial particles, suggesting that arsenate is substituting for phosphate in the early steps of this process⁷. These similarities account in large measure for the biological toxicity of As_i.

Why, despite these similarities, has the possibility of As-based life been discounted? The primary chemical objection is that As_i-based compounds hydrolyze much more rapidly than their P_i counterparts⁴. In particular, polyarsenates hydrolyze orders of magnitude faster than do polyphosphates. However, this objection is not decisive because both chemically exceptional aquatic environments and natural selection offer solutions, particularly when considered in the context of prebiotic chemistry and the evolution of early life⁸.

The relative instability of polyarsenates does not rule out a role for As_i in environments in which it is present at much higher concentrations than P_i. Such settings could sustain elevated steady-state concentrations of polyarsenates and other As-based biomolecules vs. P-based analogs despite the former's faster reaction rates. Intriguingly, such environments include both terrestrial and deep sea hydrothermal systems⁹⁻¹¹ where life is conjectured to have originated^{12,13} and where the last common ancestor may have avoided surface-sterilizing meteor impacts of the Late Heavy Bombardment¹⁴⁻¹⁶. In these systems, As and many other elements react with hydrogen sulfide to precipitate as sulfide minerals, forming the famous "chimneys" of undersea "black smoker" volcanoes. The surfaces of these minerals, rich in bioessential trace metals and S, and bathed in fluids containing dissolved volatiles like CO_2 and N_2^{17} , are widely recognized as a promising environment for prebiotic catalytic chemistry and early life^{18,19}. Importantly, As forms sulfide minerals, unlike P, rendering it far more accessible than P for (bio)chemical reactions occurring on hydrothermal sulfide mineral surfaces. Although present in these minerals in a highly reduced form, measurements in modern, As-rich environments such as Mono Lake indicate that As thermodynamics drive conversion to arsenate and arsenite (AsO_3^{3-}) at pH > 7 even in anoxic waters. In fact, arsenate is favoured over arsenite in waters that are so dysoxic that NO_3^- and Fe^{3+} are absent²⁰⁻²⁶, as would have been the case for the deep oceans on the early Earth. If arsenate is present then, like their P_i analogs, As_i biomolecules can form spontaneously. For example, in vitro mixtures of adenosine (or a deoxy analog) and As_i readily form As-nucleosides and As-nucleotides²⁷ (Figure 2). Furthermore, these synthetic 5'AMAs can substitute for 5'AMP in reactions catalyzed by myokinase and adenylate deaminase²⁷. Thus, rapid hydrolization per se is unproblematic in environments rich in As, as key molecules may be quickly replenished.

It is interesting to speculate that the reactivity of polyarsenates vs. polyphosphates might have actually been a virtue in prebiotic chemical systems or ancestral organisms. Because of the stability of P_i compounds, all known organisms require sophisticated enzymes to catalyze the removal or addition of P_i (phosphatases and kinases, respectively). As_i compounds might have needed less molecular machinery to fulfil their biochemical roles in ancient systems, facilitating the development of P_i-like metabolism. It is perhaps no coincidence that it is relatively simple, through site-directed mutagenesis, to change an arsenate reductase to a phosphatase²⁸. One interpretation of this similarity is that reductases derive from phosphatases. However, an equally plausible interpretation is that the fundamental biochemistry of P_i-based life emerged in an As-rich environment.

Natural selection could have stabilized As_i biomolecules, analogous to ways that P_i biomolecules have evolved stability against hydrolysis. The phosphodiester bonds of RNA, for example, are stabilized *in vivo* by 5' and 3' end modifications as well as by numerous protein interactions²⁹⁻³¹. Without these mechanisms, the phosphodiester linkages to ribose hydrolyze within seconds under biological conditions^{32,33}. Moreover, *in vitro* studies replicating thermophilic environments where early life may have resided show RNA hydrolysis steadily increases as temperatures rise from 65 to 200°C³⁴, approaching reaction rate values which are comparable to those for short strands of polyarsenates³⁵⁻³⁹. It is therefore plausible that As-based life emerged in As-rich environments and, once established, evolved strategies that would enable it to persist there.

A second objection to As raised by Westheimer is that it is easily reduced from As(V) to As(III), whereas P is rarely reduced from P(V) at the Earth's surface⁴. Although this difference poses some challenges to As-based metabolism, it also implies

some benefits because the redox properties of As provide possible bioenergetic pathways. Indeed, some extant microorganisms exploit this metabolic opportunity⁴⁰⁻⁴². As_i can serve as an electron acceptor by anaerobic heterotrophic bacteria that oxidize reduced carbon and produce arsenite^{20,42-44}, or in chemolithoautotrophic arsenite oxidizers that fix inorganic carbon and produce arsenate⁴⁵. Therefore, far from being a liability, the redox character of As potentially makes it more biochemically versatile than P.

Once life ventured forth from its As-rich primordial home, the balance of advantage probably tipped in favour of P because P is typically 10,000 times more abundant than As at the Earth's surface. However, As-based life could even survive today in restricted pockets where As is present in abundance, such as deep sea hydrothermal systems or seasonally relevant episodes at Mono Lake^{11,20,25,26}.

In conclusion, there seems to be no knock-down argument against As-based life, and considerable circumstantial evidence to suggest its plausibility. In recent years, astrobiologists have devoted considerable attention to exploring the possibility of alternative forms of extraterrestrial life (dubbed "weird life")⁴⁶. Curiously, little thought has been devoted to the possibility that the Earth may have once also harboured weird life. It is a tantalizing prospect that an ancestral, alternative form of life might even continue to lurk in modern As-rich Earth habitats forming an extant "shadow biosphere"⁴⁷. A search of such environments would seem to be a promising initial step to test this hypothesis. In view of the extensive consideration given to the possibility of emergent life on other planets, it would be ironic if we overlooked a candidate right here on Earth.

Table I: Evidence of arsenate substitution for phosphate by modern, extantbiochemical processes

Reaction or Enzyme	Arseno-analog	Phosphate compound	Reference
Adenylate deaminase	5'AMAs	5'AMP	27
Adenylate kinase	5'AM(CH ₂)As	AMP	48
Aspartate aminotransferase	pyridoxal arsenate	pyridoxal phosphate	49
Chloroplastic electron transport	ADP-As	ATP	50
Hexokinase	ADP-As	ATP	51,52
Human red blood cell sodium pump	As _i	P _i	53
Mitochondrial O ₂ consumption	As _i	P _i	7
Myokinase	AMAs	AMP	27
RNA Polymerase	pyroarsenate	pyrophosphate	54
<i>R. rubrum</i> light induced phosphorylation	ADP+As _i	ADP+P _i	55
Phosphoenolpyruvate mutase	arsenopyruvate	phosphonopyruvate	56
Phosphotransacetylase	As _i	P _i	57
Protein synthesis	ADP-As hydrolysis	ATP hydrolysis	52
Purine nucleoside phosphorylase	As _i	Pi	58

FIGURE LEGENDS

Figure 1. pH and redox potential (pe) are the most important factors controlling arsenic speciation. Phosphate (**A**) and arsenate (**B**) speciation are shown as a function of pH for the (V) oxidation states. H_3PO_4 or H_3AsO_4 (dashed and dotted line), $H_2PO_4^-$ or $H_2AsO_4^-$ (dashed line), HPO_4^{2-} or $HAsO_4^{2-}$ (dotted line) and PO_4^{3-} or AsO_4^{3-} (solid line) are all indicated as % of total P_i or As_i. The distribution curves in A and B show that As_i and P_i have similar charge and speciation under biologically relevant pH⁵⁹⁻⁶¹. Redox speciation is shown on a pe-pH diagram for aqueous arsenic species (**C**) in the systems P-O₂-H₂O and As-O₂-H₂O at 25°C and 1 bar total pressure. Arsenic (solid red lines) and phosphorus (dashed blue line) species have been overlaid with in the bounds of the O₂ – H₂O redox couple (dotted black lines). On such a diagram, phase boundaries represent the conditions at which the activities of the species on each side of the boundary are equal^{62,63}. Under dysoxic conditions (pe \approx 0) and at neutral to mildly alkaline pH, the dominant As species is HAsO₄⁻ suggesting that it would be present under conditions possibly relevant to the early evolution of life on Earth.

Figure 2. Examples of both described and yet undetected arsenate containing biological molecules (at pH 7). A, As-deoxyribonucleic acid (As-DNA); B, As-ribonucleic acid (As-RNA); C, adenosine diphosphate arsenate (ADP-As) and D, adenosine monoarsenate (AMAs).

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Correspondence and requests for materials should be addressed to F.W.-S. (wolfe@eps.harvard.edu).

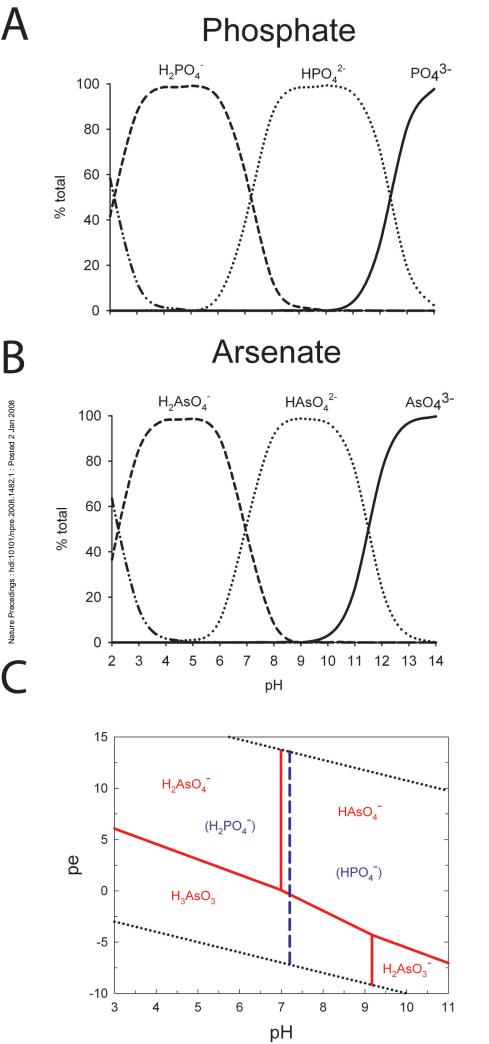
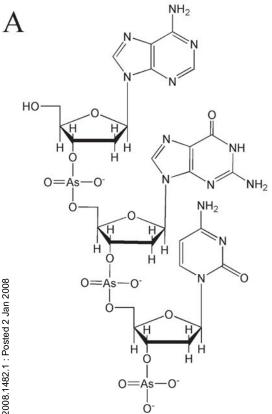
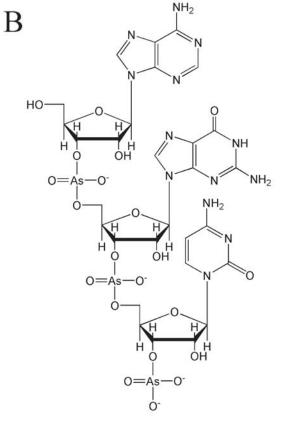
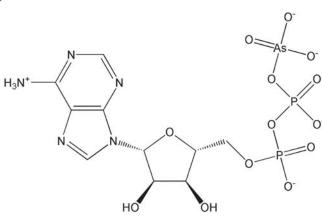


Figure 1. Wolfe-Simon, Davies and Anbar





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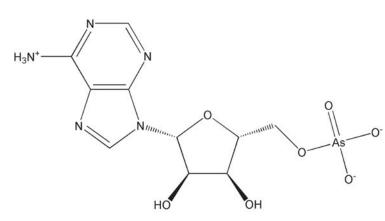


Figure 2. Wolfe-Simon, Davies and Anbar