

Striatal Dopamine D2/D3 Receptor Availability Varies Across Smoking Status

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To assess how tobacco smoking status affects baseline dopamine D2/D3 (D2R) receptor availability and methylphenidate-induced dopamine (DA) release, we retrospectively analyzed D2R availability measures of 8 current smokers, 10 ex-smokers, and 18 nonsmokers who were scanned with positron emission tomography and [¹¹C]raclopride, after administration of an injection of placebo or 0.5 mg/kg i.v. methylphenidate. There was a significant effect of smoking status on baseline striatal D2R availability; with current smokers showing lower striatal D2R availability compared with nonsmokers (caudate, putamen, and ventral striatum) and with ex-smokers (caudate and putamen). Baseline striatal D2R did not differ between nonsmokers and ex-smokers. The effect of smoking status on methylphenidate-induced DA release tended to be lower in smokers but the difference was not significant ($p = 0.08$). For behavioral measures, current smokers showed significantly higher aggression scores compared with both nonsmokers and ex-smokers. These results suggest that with abstinence ex-smokers may recover from low striatal D2R availability and from increased behavioral aggression seen in active smokers. However, longitudinal studies are needed to assess this within abstaining smokers.

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INTRODUCTION

Cigarette smoking is one of the leading causes of preventable death and is often comorbid to psychiatric disorders including other substance use disorders (Albrecht *et al*, 2013; Busto *et al*, 2009). Although the prevalence of smoking has been steadily decreasing in the United States, it is still the number one cause of preventable death in the United States (Jamal *et al*, 2015). Moreover, treatment of nicotine addiction is challenging and only 15–25% of smokers who undergo a proven cessation program achieve abstinence at a 1-year mark, even though the benefits of quitting smoking are well known (Fiore *et al*, 2008; Herman *et al*, 2014).

Nicotine, the main compound responsible for the addictiveness of cigarettes, binds to nicotinic acetylcholine receptors modulating the release of other neurotransmitters including acetylcholine, serotonin, glutamate, GABA, and dopamine (DA) (Herman *et al*, 2014). Particularly relevant to nicotine's rewarding effects is its ability to increase DA neuronal firing, thus increasing DA release into the nucleus

accumbens, a common mechanism underlying the rewarding effects of drugs of abuse (Brody *et al*, 2009). Neuroplastic changes in the brain dopamine reward pathway and associated circuits are believed to underlie the inability to refrain from smoking in nicotine addiction. (Dani, 2003).

DA neurotransmission can be measured in the human brain using positron emission tomography (PET) and radiotracers such as [¹¹C]raclopride, a DA D2/D3 receptor (D2R) antagonist ligand that competes with endogenous dopamine for binding to D2R. Thus, comparison of [¹¹C]raclopride's binding after placebo from that after a challenge with a stimulant drug such as methylphenidate (MP) serves as an estimate of DA release (Volkow *et al*, 1994). MP dose-dependently blocks the DA transporters (Volkow *et al*, 1998) resulting in increased extracellular DA levels and a concomitant dose-related decrease in binding of [¹¹C]raclopride in the striatum (Volkow *et al*, 1999, 20012b). Most studies have consistently shown lower striatal baseline D2R availability and MP-induced DA increases in participants with different substance use disorders including cocaine, methamphetamine, and alcohol as compared with healthy controls (Martinez *et al*, 2005; Volkow *et al*, 2014a; Wang *et al*, 2012). Similarly, studies using the stimulant drug amphetamine as challenge have also documented attenuated DA increases in alcoholics (Martinez *et al*, 2005) and cocaine abusers (Martinez *et al*, 2007), whereas in marijuana abusers some studies have reported decreased responses (van de Giessen *et al*, 2017; Volkow *et al*, 2014b) and in others no changes (Mizrahi *et al*, 2013; Urban *et al*, 2012).

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Studies in heavy cigarette smokers have also reported decreased striatal D2R availability compared with nonsmoking controls using PET and the D2R radiotracers [^{11}C]raclopride (Albrecht *et al*, 2013) and [^{18}F]fallypride (Brown *et al*, 2012; Fehr *et al*, 2008). Moreover, smoking a cigarette in current smokers decreased D2R availability in ventral striatum (VS), suggesting occupancy of D2R by nicotine-induced DA increases (Brody *et al*, 2004). Studies on the effects of smoking on stimulant-induced DA release have, however, been limited. There is only one published study in depressed smokers that showed increased DA release (assessed with [^{11}C]raclopride and an amphetamine challenge) compared with nonsmoking depressed subjects and with healthy controls (Busto *et al*, 2009). Surprisingly, no previous study has investigated differences in striatal D2R availability and/or DA release in current smokers *versus* former smokers.

The purpose of this retrospective study was to evaluate the effect of smoking status on baseline striatal D2R and MP-induced DA release. We therefore analyzed [^{11}C]raclopride PET scans of a group of current smokers, ex-smokers, and nonsmokers. All participants underwent PET scanning after placebo and after MP administration. Current smokers and ex-smokers were matched for smoking characteristics and demographics. We hypothesized, first, that current smokers would show lower baseline striatal D2R availability compared with controls, as previously shown by Albrecht *et al* (2013). Second, we expected blunted MP-induced striatal DA release in current smokers *versus* nonsmokers, as seen in

patients with substance use disorders other than smoking (Volkow *et al*, 2007, 2014a; Wang *et al*, 2012). Third, we hypothesized that ex-smokers would have baseline striatal D2R and MP-induced DA release similar to that of nonsmokers, as seen in other drug users after a period of abstinence (Rominger *et al*, 2012).

Previous studies have shown that behavioral aggression is higher in smokers compared with nonsmokers and ex-smokers (Cui *et al*, 2016; Kahler *et al*, 2009), and DA signaling has been implicated in the regulation of aggressive behavior (Couppis *et al*, 2008; van Erp and Miczek, 2000; Yamaguchi *et al*, 2017). We therefore also tested the effect of smoking status on personality traits including aggression, and explored its associations with dopaminergic measures.

MATERIALS AND METHODS

Participants

PET data were selected from 8 current smokers (2 female), 10 ex-smokers (3 female), and 18 nonsmokers (6 female) who participated as healthy volunteers in previous studies at Brookhaven National Laboratory between May 2002 and December 2012 (see, eg, Shumay *et al*, 2017; Volkow *et al*, 2012b, 2014a, b). All participants participated once, and groups of smokers and ex-smokers consist of different individuals. Participants underwent screening that included a detailed medical history, physical, psychiatric, and neurological examinations, EKG, breath CO, routine blood tests and

Table 1 Demographics and Smoking Characteristics of Current Smokers, Ex-Smokers, and Nonsmokers

	Current smokers (<i>n</i> = 8), 2 female (25%)		Ex-smokers (<i>n</i> = 10), 3 female (30%)		Nonsmokers (<i>n</i> = 18), 6 female (33%)		F	P-value
	Mean	SD	Mean	SD	Mean	SD		
<i>Demographics</i>								
Age (years)	31.49	7.99	34.22	9.18	33.85	9.12	0.25	0.78
Years of education	13.56	2.26	15.00	2.00	14.50	2.23	0.99	0.38
BMI	26.58	6.78	24.60	3.44	25.12	2.27	0.59	0.56
<i>Smoking characteristics</i>								
Age start smoking (years)	16.86	3.24	17.30	7.53	—	—	0.15	0.89
Smoking duration (years)	10.96	8.34	11.22	6.55	—	—	0.01	0.95
Cigarettes per day	7.43	2.15	8.69	5.96	—	—	0.28	0.61
Pack years	3.74	2.75	3.71	2.75	—	—	0.00	0.99
Abstinence (years)	—	—	3.53	5.10	—	—	—	—
Breath CO p.p.m.	12.75	9.07	2.70	1.57	2.11	0.96	12.02	0.003
<i>MPQ</i>								
PEM	52.29 ^a	4.46	54.10	10.68	52.56 ^b	11.47	0.09	0.91
NEM	16.43	9.96	7.80	5.61	10.31	9.00	2.26	0.12
Constraint	45.14	7.34	55.20	11.31	52.94	9.93	2.40	0.11
Aggression	7.43	3.74	3.10	2.38	3.69	2.50	5.85	0.007
Harm avoidance	14.71	3.99	19.90	4.18	20.00	4.32	4.28	0.02

Abbreviations: BMI, body mass index; CO, carbon monoxide; MPQ, Multidimensional Personality Questionnaire; NEM, negative emotionality; PEM, positive emotionality; p.p.m., parts per million.

For personality scores, data were available for ^a*n* = 7 smokers, *n* = 10 ex-smokers, and ^b*n* = 16 non-smokers. *P*-values in bold are significant (*P* < 0.05).

urinalysis, and urine toxicology for psychotropic drugs. Exclusion criteria for all participants included current or past psychiatric disorder; past or present history of neurological, cardiovascular, or endocrinological disease; history of head trauma with loss of consciousness of >30 min; use of psychoactive medications in the past month; and current medical illness and drug abuse or dependence other than nicotine. Urine drug screens and breathalyzer were negative on the day of testing. Three participants (1 current smoker, 2 ex-smokers) reported past marijuana use (>6 years before the study), but did not meet criteria for abuse. Studies were approved by the Committee on Research Involving Human Subjects at Stony Brook University and the Radioactive Drug Research Committee at Brookhaven National Laboratory. All participants granted written informed consent before beginning the PET study.

Groups of current smokers, ex-smokers, and nonsmokers were matched for age, gender, years of education, and BMI (see Table 1 for means and group statistics). The groups of current smokers and ex-smoker had matched smoking patterns, with similar smoking starting age, smoking duration, cigarettes per day, and pack years (packs smoked per day \times years of smoking). However, breath CO levels were significantly higher in current smokers compared with ex-smokers and nonsmokers, indicating abstinence in the ex-smoking group. Ex-smokers were abstinent of cigarette smoking for an average of 3.5 years \pm 5.1 SD, ranging from 6 months to 15 years. Nonsmokers reported not having smoked in the past, other than having experimented on a few occasions.

Personality Questionnaire

Participants completed the Multidimensional Personality Questionnaire (MPQ) (Patrick *et al*, 2002) that has three main factors: positive emotionality (PEM), negative emotionality (NEM), and constraint. Two of the second-order factors, aggression and harm avoidance, were also analyzed because of previous research suggesting differences in these factors between current smokers and nonsmokers (Cui *et al*, 2016).

PET Imaging and Processing

Imaging was done at the BNL Brain Imaging Center on a Siemens HR+ scanner (resolution 4.5 \times 4.5 \times 4.5 mm full-width half-maximum, 63 slices) using procedures previously described for subjects positioning and scanning protocol (Volkow *et al*, 1994). In summary, each subject underwent two [¹¹C]raclopride scans on the same day. The first scan was done under the placebo condition (3 ml i.v. saline) and the second was done after MP (0.5 mg/kg i.v.). Dynamic scans were started immediately after injection of 4–10 mCi (specific activity 0.5–1.5 Ci/ μ M at time of injection) and were obtained for 60 min. There were no between-group differences for injected [¹¹C]raclopride dose per body weight (mean placebo: current smokers = 0.071 mCi/kg \pm 0.02 SD, ex-smokers = 0.088 \pm 0.03, nonsmokers = 0.084 \pm 0.02, $F_{2,34}$ = 1.3, p = 0.3; MP: current smokers = 0.086 mCi/kg \pm 0.02 SD, ex-smokers = 0.085 \pm 0.03, nonsmokers = 0.080 \pm 0.02, $F_{2,34}$ = 0.3, p = 0.8). The concentration of total carbon-11 and unchanged [¹¹C]raclopride in plasma was calculated

from blood drawn through arterial sampling. Participants in the smoking group were free from cigarette smoking for at least 2.5 h before scanning.

For the purpose of the study, regional nondisplaceable binding potential (BP_{ND}) values were computed for hand-drawn caudate, putamen, and VS using a procedure previously described (Wang *et al*, 1999). ROIs were obtained from three sequential axial planes where ROIs were most visible and had the same size and shape across subjects within neuroanatomically defined bilateral caudate, putamen, and VS: 2.2, 2.2, and 0.8 cm³, respectively. The ratio of the distribution volume in striatal regions was computed to that in the cerebellum to obtain BP_{ND} that was used to quantify D2R availability (Logan *et al*, 1996). The difference in BP_{ND} for caudate, putamen, and VS between the MP and the placebo conditions (BP_{ND} placebo – BP_{ND} MP) was calculated to estimate MP-induced DA release (Volkow *et al*, 1997, 2012a, 2014a, b). Moreover, we report the percent signal change between placebo and MP: (BP_{ND} placebo – BP_{ND} MP)/BP_{ND} placebo \times 100% (Innis *et al*, 2007; Martinez *et al*, 2005).

Statistical Analyses

All analyses were performed using SPSS 22 (IBM, Armonk, NY). Outliers that were >3 SDs were removed from analyses.

For striatal baseline D2R availability and MP-induced DA release, we performed two separate multivariate analyses of covariance (MANCOVA) with (1) baseline D2R or (2) MP-induced DA release in caudate, putamen, and VS as dependent variables, and smoking status as between-group variable, with univariate analyses for each region to test directions of effects. Significance levels were set at α = 0.05, and results at p < 0.1 were reported as trends. The *post hoc* *t*-tests were performed for 9 between-group comparisons, with a Bonferroni-corrected α threshold of 0.006 (ie, 0.05/9). We covaried for age and BMI, as these have been negatively correlated with striatal D2R in previous studies (Dang *et al*, 2016; Ishibashi *et al*, 2009; Volkow *et al*, 2000). In the current sample, striatal D2R also showed significant negative correlation with age (caudate r = –0.64, p < 0.0001; putamen r = –0.67, p < 0.0001 and VS: r = –0.41, p = 0.01), but not with BMI (p > 0.3). Scanning date (range: May 2002 to December 2012) did not correlate with either baseline D2R (p > 0.2) or DA release (p > 0.3) and we did not include it as a covariate to the PET analyses.

MPQ dimensions were analyzed using one-way ANOVAs with the three groups (smokers, ex-smokers, and nonsmokers) as between-group variable. Significance levels were corrected for multiple comparisons at α = 0.017 (ie, 0.05/3). We also explored the correlation of MPQ dimensions aggression and harm avoidance with D2R availability in each group (6 comparisons), and MP-induced DA release (6 comparisons) with a corrected α threshold of 0.008 (ie, 0.05/6). Significant levels of p < 0.1 were reported as trends.

RESULTS

There were no outliers for baseline or MP-induced DA release that exceeded 3 SD for any striatal region (p > 0.1).

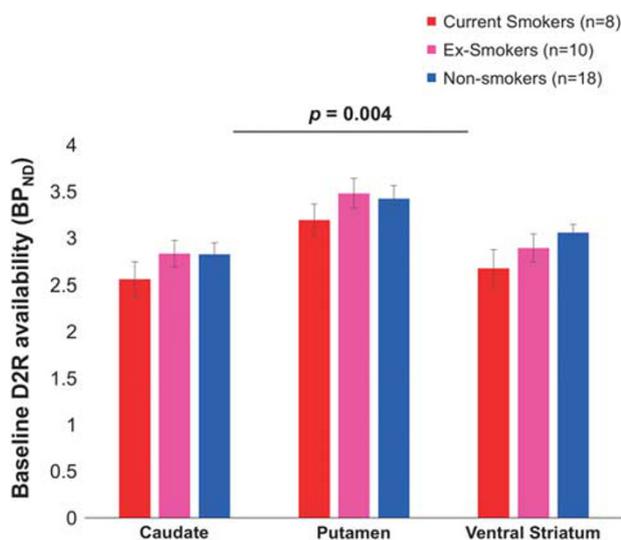


Figure 1 Smoking status had a significant effect on striatal D2R availability ($p = 0.004$), with *post hoc* tests showing reduced D2R availability in smokers versus nonsmokers (caudate $p = 0.015$, putamen $p = 0.035$, ventral striatum $p = 0.012$) and ex-smokers (caudate $p = 0.05$ and putamen $p = 0.03$). The *post hoc* effects did not meet Bonferroni correction for multiple comparisons (all $p > 0.006$). Error bars represent 1 SEM. Statistics were corrected for age and BMI. BP_{ND}, nondisplaceable binding potential; D2R, dopamine D2/D3 receptor.

The MANCOVA showed a significant effect of smoking status on baseline striatal D2R availability ($\theta = 0.55$, $F_{3,30} = 5.45$, $p = 0.004$, $\eta^2 = 0.35$; Figure 1).

Separate ANCOVAs showed that effects were significant for caudate ($F_{2,31} = 3.5$, $p = 0.043$, $\eta^2 = 0.18$), VS ($F_{2,31} = 4.2$, $p = 0.024$, $\eta^2 = 0.21$), and at trend level in putamen ($F_{2,31} = 3.1$, $p = 0.059$, $\eta^2 = 0.17$) (see Table 2). The *post hoc* *t*-tests showed that smokers had reduced D2R availability compared with nonsmokers in all striatal regions (caudate: $t = 2.6$, $p = 0.015$; VS: $t = 2.7$, $p = 0.012$; and putamen: $t = 2.2$, $p = 0.035$), and compared with ex-smokers in caudate ($t = 2.2$, $p = 0.05$) and putamen ($t = 2.4$, $p = 0.03$), but not VS ($p > 0.01$). However, the *post hoc* effects did not meet Bonferroni correction for multiple comparisons (all $p > 0.006$). There were no group differences between ex- and nonsmokers.

There was a trend-wise effect of smoking status on DA release (MANCOVA: $\theta = 0.19$, $F_{3,30} = 2.49$, $p = 0.08$, $\eta^2 = 0.20$) that was because of a significant univariate effect in the putamen ($F_{2,31} = 3.5$, $p = 0.04$, $\eta^2 = 0.19$), at trend level in caudate ($F_{2,31} = 3.2$, $p = 0.057$, $\eta^2 = 0.17$), but not in VS ($p = 0.13$) (see Table 2). Exploratory *post hoc* tests showed increased DA release in ex-smokers compared with current smokers for caudate ($t = 1.9$, $p = 0.08$) and putamen ($t = 2.0$, $p = 0.06$) at trend level (Figure 2), but not in VS ($p > 0.1$). Ex-smokers also had stronger DA release than nonsmokers in caudate ($t = 2.2$, $p = 0.04$), putamen ($t = 2.4$, $p = 0.03$) and VS ($t = 1.9$, $p = 0.08$). None of the *post hoc* effects met Bonferroni correction for multiple comparisons (all $p > 0.006$). There were no differences between current smokers and nonsmokers. Table 2 provides means of methylphenidate-induced DA release (BP_{ND} placebo–BP_{ND} MP) and percent signal change (BP_{ND} placebo–BP_{ND} MP)/BP_{ND} placebo $\times 100\%$.

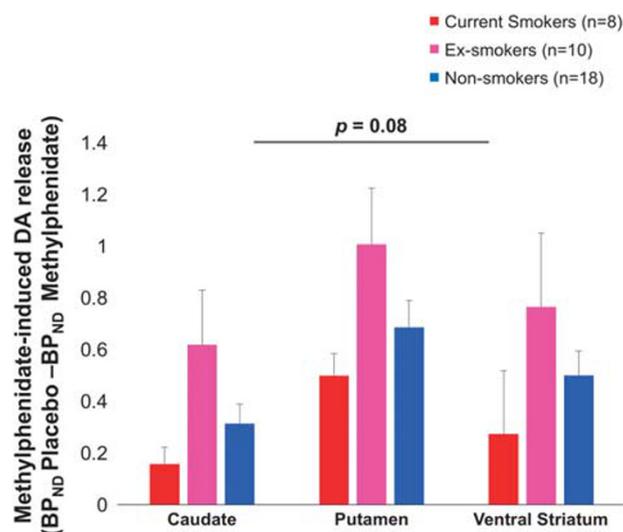


Figure 2 Methylphenidate-induced DA release varied over smoking status at trend level ($p = 0.08$). Exploratory *post hoc* tests showed increased DA release in ex-smokers compared with current smokers at trend level for caudate ($p = 0.08$) and putamen ($p = 0.06$), and compared with nonsmokers in caudate ($p = 0.04$), putamen ($p = 0.03$), and VS ($p = 0.08$). The *post hoc* effects did not meet Bonferroni correction for multiple comparisons (all $p > 0.006$). Error bars represent 1 SEM. Statistics were corrected for age and BMI. BP_{ND}, nondisplaceable binding potential; DA, dopamine.

Personality

NEM, PEM, and Constraint were not significantly different between smoking groups ($p > 0.1$). However, there was a significant effect of smoking status on MPQ aggression ($F_{2,30} = 5.85$, $p = 0.007$, $\eta^2 = 0.28$; Bonferroni corrected) and for harm avoidance ($F_{2,30} = 4.28$, $p = 0.023$; $\eta^2 = 0.22$). Smokers had elevated aggression scores and lower harm avoidance scores compared with nonsmokers ($t = 2.8$, $p = 0.010$; $t = 2.8$, $p = 0.012$) and compared with ex-smokers ($t = 2.9$, $p = 0.010$; trend level: $t = 2.6$, $p = 0.022$). There were no differences between ex-smokers and nonsmokers ($p > 0.1$).

Exploratory analyses showed no associations between aggression or harm avoidance personality scores with baseline D2R or MP-induced DA release in participants pooled together ($p > 0.1$, corrected for age and BMI). In nonsmokers only, aggression correlated with baseline D2R in putamen ($r = 0.72$, $p = 0.004$; Bonferroni corrected), VS ($r = 0.56$, $p = 0.04$), and caudate ($r = 0.47$, $p = 0.09$) at trend level (Figure 3). There were no significant correlations for MP-induced DA release (all $p > 0.1$, corrected for age and BMI).

DISCUSSION

Here we show lower baseline striatal D2R availability in current smokers compared with nonsmokers that were significant for caudate and VS and, at trend level, in putamen. Current smokers also exhibited lower D2R availability than ex-smokers in caudate and putamen. However, we did not find evidence for significant differences on striatal DA release after MP administration between current smokers and nonsmokers, although ex-smokers

Table 2 BP_{ND} and Methylphenidate-Induced Dopamine Release (PL – MP) and Percent Signal Change (PL – MP)/PL

BP _{ND}	Smokers (n = 8)		Ex-smokers (n = 10)		Nonsmokers (n = 18)		F	P-value
	Mean	SD	Mean	SD	Mean	SD		
<i>Caudate placebo</i>	2.55	0.53	2.83	0.45	2.82	0.52	3.49	0.04
MP	2.40	0.51	2.21	0.89	2.51	0.50	0.82	0.45
PL – MP	0.16	0.18	0.62	0.67	0.31	0.32	3.16	0.06
% Change	6.09	6.72	23.25	29.59	10.83	11.95	2.50	0.09
<i>Putamen placebo</i>	3.19	0.49	3.48	0.51	3.42	0.59	3.11	0.06
MP	2.69	0.51	2.47	0.92	2.74	0.41	0.57	0.57
PL – MP	0.50	0.24	1.01	0.69	0.68	0.44	3.53	0.04
% Change	15.70	7.21	29.98	25.69	18.93	10.90	2.58	0.09
<i>VS placebo</i>	2.67	0.57	2.89	0.48	3.06	0.37	4.21	0.02
MP	2.40	0.44	2.13	0.74	2.56	0.45	2.31	0.12
PL – MP	0.27	0.69	0.76	0.90	0.50	0.40	2.24	0.12
% Change	6.17	29.25	24.03	31.54	16.05	12.11	2.23	0.13

Abbreviations: BP_{ND}, nondisplaceable binding potential; MP, methylphenidate; PL, placebo; VS, ventral striatum. P-values in bold are significant ($P < 0.05$).

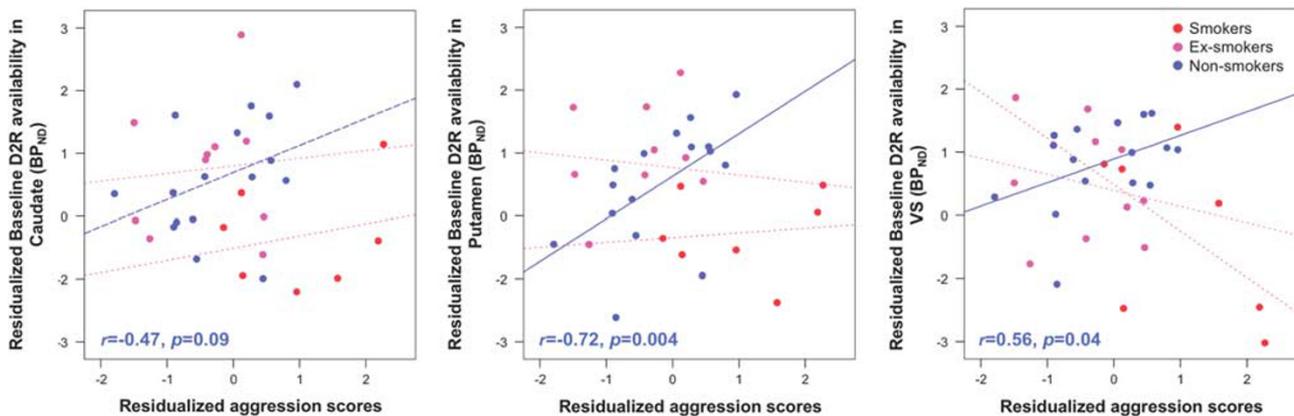


Figure 3 Aggression MPQ personality scores correlated with baseline D2R in putamen ($r = 0.72$, $p = 0.004$; Bonferroni-corrected), VS ($r = 0.56$, $p = 0.04$), and at trend level in the caudate ($r = 0.47$, $p = 0.09$) in nonsmokers only; variables have been residualized for age and BMI. There were no significant correlations for smokers or ex-smokers. BP_{ND}, nondisplaceable binding potential; DA, dopamine; VS, ventral striatum.

showed a trend of greater DA release than current smokers in caudate and putamen. Finally, we found that smokers had higher aggression and lower harm avoidance personality dimensions compared with ex-smokers and nonsmokers. Exploratory analyses showed that aggression scores correlated positively with striatal D2R in nonsmokers only.

Our findings of lower baseline striatal D2R availability in current smokers compared with nonsmokers is in line with previous findings (Albrecht *et al*, 2013; Brody *et al*, 2004; Fehr *et al*, 2008). Lower striatal D2R availability has also been shown for other substance use disorders, including cocaine, methamphetamine, alcohol, and heroin (Volkow *et al*, 1990, 1996, 2001; Wang *et al*, 1997). Lower baseline striatal D2R availability has been associated with less successful treatment outcomes and higher chances of relapse in patients with methamphetamine and cocaine use disorder (Martinez *et al*,

2011; Wang *et al*, 2012; Wiers *et al*, 2016). For smokers, a recent study showed that nicotine dependence severity was negatively associated with striatal D2R availability (Okita *et al*, 2016a). However, different from findings in other substance use disorders that have shown attenuated DA increases when challenged with MP or amphetamine (Martinez *et al*, 2005; Volkow *et al*, 2014a; Wang *et al*, 2012), in our current study we did not find a significant difference in MP-induced DA release between current smokers and nonsmokers.

Studies on whether drug abstinence may increase striatal D2R availability are scarce. In the case of patients with an alcohol use disorder, D2R availability was found to increase 1 year after abstinence as compared with a baseline session (Rominger *et al*, 2012). On the other hand, no changes in striatal D2R were observed in methamphetamine abusers 9 months after detoxification compared with their baseline

measures (Volkow *et al*, 2015). In the current study, we found that in ex-smokers striatal D2R availability did not differ from nonsmokers, suggesting that lower D2R availability in active smokers may normalize after abstinence. After MP administration, ex-smokers also showed stronger DA release in caudate and putamen compared with current smokers, suggesting a compensatory mechanism after abstinence. However, these effects were small and would not survive correction for multiple comparisons and are thus reported as preliminary. Previous findings measuring recovery of stimulant-induced DA release in substance abusers showed that in abstinent methamphetamine abusers (Wang *et al*, 2012) and in abstinent cocaine-dependent subjects (Martinez *et al*, 2011), DA release was similar to that in nondrug abusing controls consistent with recovery. Ex-smokers have also shown normalized behavioral action tendencies towards smoking-related cues that were present in current smokers (Wiers *et al*, 2013), and that have been associated with striatal activation in patients with an alcohol use disorder (Wiers *et al*, 2014), further suggesting normalization of the DA system after smoking cessation.

The MPQ results showed that aggression and harm avoidance scores in current smokers were significantly different from both nonsmokers and ex-smokers (harm avoidance only at trend level; corrected for multiple comparisons), replicating results reported in a larger sample (Kahler *et al*, 2009). Higher aggression at adolescence has been linked to a higher likelihood of smoking (Welch and Poulton, 2009). In turn, higher aggression scores could also be because of smoking as the smoke in the cigarette has been shown to inhibit monoamine oxidase A (MAO_A) activity in the brain (Fowler *et al*, 1996). This is relevant as congenital deficiency of MAO-A in males has been associated with aggressive behaviors (Brunner *et al*, 1993); in healthy controls, levels of MAO_A in brain were negatively correlated with aggression scores as measured by the MPQ (Alia-Klein *et al*, 2008). The increased harm avoidance scores, which measures an individual's likelihood to avoid actions or behaviors that may cause harm, found in ex-smokers may be interpreted as an effect of smoking cessation on this trait or as an underlying trait that might have helped smokers quit. Indeed, prior studies have shown that smokers with higher harm avoidance scores were more likely to remain abstinent after an attempt to quit smoking than those with lower scores (Cui *et al*, 2016). Moreover, the exploratory finding that aggression scores correlated positively with striatal D2R in nonsmokers is in line with previous animal studies showing positive associations between aggression and striatal D2R expression (Couppis *et al*, 2008; van Erp and Miczek, 2000).

The study findings may have been limited because of the small sample size of each of the group. The number of participants included in this study were based on the number of smokers and ex-smokers in healthy control groups of previous studies; and nonsmokers were matched based in demographics accordingly. The small sample size may account for the trend-wise effect of smoking status on MP-induced DA release. We reported effect sizes here to facilitate power analyses for future studies. In addition, smoking severity was not very high in the current and ex-smokers and varied widely within smokers (cigarettes/day ranged from 4 to 10) and ex-smokers (cigarettes/day ranged from 3 to 20), and very few participants represented severe cases of tobacco

use disorders. Although demographic characteristics such as age, BMI, years of education, and smoking characteristics were similar between groups, future studies with larger sample sizes and more extreme current smokers and ex-smokers would help strengthen our results. Studies in larger sample sizes may also make it possible to assess gender differences. This is important as previous studies have shown gender differences in striatal D2R availability, smoking-induced DA release, and smoking behaviors overall (Brown *et al*, 2012; Cosgrove *et al*, 2014; Okita *et al*, 2016b). The current study compares three different groups with different participants and longitudinal prospective studies on the effects of smoking cessation are necessary to draw conclusions on the effects of smoking cessation on D2R availability and DA release. Another limitation is that participant's smoking characteristics were based on self-report interviews that included number of cigarettes used per day, years of use, age of smoking initiation, and number of quit attempts, and although we used breath CO levels to confirm smoking status we did not obtain standardized questionnaires of nicotine dependence such as the Fagerstrom. Furthermore, MRI images were not available for all participants, thus limiting our capacity to coregister images and determine striatal ROIs. However, we and others have shown that MRI coregistration does not improve quantification of [¹¹C]raclopride binding (Kuhn *et al*, 2014; Wang *et al*, 1997). To minimize the acute effects of nicotine on [¹¹C]raclopride binding, smokers were allowed to have a last cigarette >2.5 h before PET scanning. However, because the temporal duration of the decreases in striatal D2R after cigarette smoking have not been investigated (Brody *et al*, 2004), we cannot rule out the possibility that the last cigarette of the smoking group may have affected their D2R measures. Finally, [¹¹C]raclopride binds to both D2 and D3 receptors and whereas binding in dorsal striatum reflects mostly D2, as D3 receptor expression is very low, in VS the levels are similar (Seeman *et al*, 2006). Hence, in the current study we cannot differentiate the relative contribution of D2 versus D3 in the VS.

In sum, our study confirmed lower striatal D2R availability in current smokers compared with nonsmokers, and is the first in showing that ex-smokers showed higher striatal D2R availability compared with current smokers; suggesting recovery of the deficits in DA D2R signaling with smoking cessation in dorsal striatum. Studies in larger samples are needed to assess whether smoking status affects striatal DA release.

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The authors declare no conflict of interest.

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