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Inhibitory Inputs from Rostromedial Tegmental Neurons Regulate Spontaneous Activity of Midbrain Dopamine Cells and Their Responses to Drugs of Abuse

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The rostromedial tegmental nucleus (RMTg), a structure located just posterior to the ventral tegmental area (VTA), is an important site involved in aversion processes. The RMTg contains γ -aminobutyric acid neurons responding to noxious stimuli, densely innervated by the lateral habenula and providing a major inhibitory projection to reward-encoding dopamine (DA) neurons in the VTA. Here, we studied how RMTg neurons regulate both spontaneous firing of DA cells and their response to the cannabinoid agonist WIN55212-2 (WIN), morphine, cocaine, and nicotine. We utilized single-unit extracellular recordings in anesthetized rats and whole-cell patch clamp recordings in brain slices to study RMTg-induced inhibition of DA cells and inhibitory postsynaptic currents (IPSCs) evoked by stimulation of caudal afferents, respectively. The electrical stimulation of the RMTg elicited a complete suppression of spontaneous activity in approximately half of the DA neurons examined. RMTg-induced inhibitory inputs from the RMTg strongly control spontaneous activity of DA cells. Both morphine and WIN depressed RMTg-induced inhibition of DA neurons *in vivo* and IPSCs evoked by RMTg stimulation. Our results further support the role of the RMTg as one of the main inhibitory afferents to DA cells and suggest that cannabinoids and opioids might disinhibit DA neurons by profoundly influencing synaptic responses evoked by RMTg activation.

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INTRODUCTION

The mesopontine rostromedial tegmental nucleus (RMTg), also named tail of the ventral tegmental area (VTA; Kaufling *et al*, 2009; Perrotti *et al*, 2005), is a recently identified nucleus, primarily containing γ -aminobutyric acid (GABA) neurons projecting to midbrain dopamine (DA) neurons in the substantia nigra pars compacta and in the VTA (Jhou *et al*, 2009a; Kaufling *et al*, 2010a).

The RMTg has a pivotal role in processing both aversive and appetitive stimuli (Jhou *et al*, 2009a). In fact, RMTg neurons are excited by noxious stimuli and inhibited by rewarding stimuli (Hong *et al*, 2011; Jhou *et al*, 2009a) in a similar way to glutamatergic neurons of the lateral habenula (LHb; Matsumoto and Hikosaka, 2007, 2009). This epithalamic area is involved in the mechanisms of fear, anxiety, and stress, and is also the main excitatory input to the RMTg (Jhou *et al*, 2009a). The LHb is one of the neural substrates for negative reinforcement and a source of inhibitory inputs to DA neurons (Christoph *et al*, 1986; Ji and Shepard, 2007; Matsumoto and Hikosaka, 2007). However, it was shown that the inhibitory influence of the LHb on midbrain DA cells requires an indirect mediation via RMTg neurons. These cells form inhibitory synapses with VTA DA neurons (Balcita-Pedicino *et al*, 2011) preferentially targeting the nucleus accumbens (Kaufling *et al*, 2010a). Consistently, electrical stimulation of the RMTg inhibits DA neurons both in rat (Lecca *et al*, 2011) and monkey (Hong *et al*, 2011).

Taken together, these studies suggest a functional integration between these areas mediating aversion and gratification. Considering that the electrical activity of DA neurons, and the resulting DA output in terminal areas, depends on the balance between excitatory and inhibitory inputs (Marinelli *et al*, 2006; Morikawa and Paladini, 2011), it is of great interest to characterize the impact of this

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pathway on the activity of DA neurons and on their responses to addicting drugs. In fact, recent studies indicate that abused substances affect RMTg neurons in different ways. Hence, these cells show high immunoreactivity against μ -opioid receptors (Jhou *et al*, 2009a); they express FosB/deltaFosB (Kaufling *et al*, 2010a; Kaufling *et al*, 2010b; Perrotti *et al*, 2005) or c-Fos (Geisler *et al*, 2008; Jhou *et al*, 2009a) following both acute and chronic injection of psychostimulants, and their electrical activity is inhibited by acute administration of most of the drugs of abuse (Lecca *et al*, 2011).

Here, we investigate how addictive substances affect the evoked inhibitory responses of VTA DA neurons to RMTg activation. We took advantage of extracellular single-unit recordings in anesthetized rats together with whole-cell patch clamp recordings in brain slices. We first characterized the electrophysiological responses of DA cells to RMTg electrical stimulation. Furthermore, we studied the effects of several prototypical drugs of abuse, the type 1 cannabinoid (CB1) receptor agonist WIN55212-2 (WIN), the opioidreceptor agonist morphine, nicotine, and cocaine, on inhibition elicited by RMTg stimulation.

MATERIALS AND METHODS

In vivo Experiments

Subjects and surgery. Experiments were performed in strict accordance with the EEC Council Directive of 24 November 1986 (86/609). Male Sprague-Dawley albino rats (Harlan-Nossan, San Pietro al Natisone, Italy) weighing 250-350 g were used in all in vivo experiments. All efforts were made to minimize pain and suffering and to reduce the number of animals used. Animals were housed in groups of three to six in standard conditions of temperature and humidity under a 12 h light/dark cycle (with lights on at 0700 hours) with food and water available ad libitum. We anesthetized rats with urethane (1300 mg/kg, ip), cannulated their femoral vein for intravenous administration of pharmacological agents, and placed them in the stereotaxic apparatus (Kopf, Tujunga, CA), with their body temperature maintained at 37 ± 1 °C by a heating pad. The scalp was retracted and one burr hole was drilled above the VTA (5.6-5.8 mm posterior to bregma, 0.4-0.6 mm lateral to midline) for the placement of a recording electrode. To evaluate the inhibitory input arising from the RMTg to the VTA, a formvar-coated stimulating stainless steel bipolar electrode (250 µm tip diameter) was aimed at the ipsilateral RMTg (7.2 mm posterior to bregma and 0.8 mm lateral to midline, and 6.5 mm ventral to cortical surface) according to the stereotaxic atlas of Paxinos and Watson (2007). The electrode was inserted with an inclination of 20° anteroposterior on the coronal plane.

Single-unit recordings. Single unit activity of neurons located in the VTA (V 7.0-8.0 mm to cortical surface) was recorded extracellularly by glass micropipettes filled with 2% pontamine sky blue dissolved in 0.5 M sodium acetate (impedance 2-5 M Ω). Signal was filtered (band-pass 500-5000 Hz) and amplified (Neurolog System, Digitimer, Hertfordshire, UK), displayed on a digital storage oscillo-scope (TDS 3012, Tektronix, Marlow, UK), and digitally recorded. Experiments were sampled on- and off-line by a

computer connected to CED Power 1401 laboratory interface (Cambridge Electronic Design, Cambridge, UK) running the Spike2 software (Cambridge Electronic Design). Single units were isolated and identified according to previously described electrophysiological characteristics (Grace and Bunney, 1983, 1984; Ungless *et al*, 2004). We recorded VTA DA neurons only when criteria for identification were fulfilled (firing rate ≤ 10 Hz, duration of action potential ≥ 2.5 ms).

Drugs were administered in bolus iv (1 ml/kg of body weight). When drugs were administered, only one cell was recorded per rat. At the end of recording sessions, DC current (15 mA for 5 min) was passed through the recording micropipette to eject pontamine sky blue for marking the recording site. Brains were then rapidly removed and fixed in 4% paraformaldehyde solution. The position of the electrodes was microscopically identified on serial sections (60 µm) stained with neutral red.

Stimulation protocol. The experimental protocol was essentially as described previously (Lecca *et al*, 2011). Briefly, once a cell was selected, electrical stimuli consisting of single, monophasic, rectangular pulses (0.5 mA, 0.5 ms) were delivered to the RMTg at 1 Hz. Responses to electrical stimulation of the RMTg were evaluated, and a peristimulus time histogram (PSTH) was generated online for each neuron.

Data analysis. Isolated DA neurons were recorded for 2 min to establish basal firing properties. Spontaneous firing rate, percentage of spikes in bursts, and coefficient of variation (CV = standard deviation of interspike intervals divided by the mean interspike interval; a measure of firing regularity) were determined. Additionally, autocorrelograms were generated using a 10 ms bin width for intervals up to 2 s, to qualitatively classify neurons as firing in the regular, irregular or burst firing mode (Fabricius et al, 2010; Hyland et al, 2002). Autocorrelograms showing three or more regularly occurring peaks were characteristic of the regular firing pattern. An initial trough that rose smoothly to a steady state was classified as irregular firing pattern, whereas an initial peak, followed by decay to a steady state, was characteristic of the bursting mode (Fabricius et al, 2010; Hyland et al, 2002). After recording baseline activity, each cell was tested for its response to repetitive (1 Hz) stimulation of the RMTg. PSTHs were built from 100 stimuli and displayed using 1 ms bin width. A cell was considered inhibited or excited when the number of action potentials/ bin (bin length = 1 ms) in the 50 ms after the stimulus was significantly lower or higher (one-way ANOVA for repeated measures), respectively, than baseline levels (the number of action potentials/bin in the 50 ms period before the stimulus). The duration of stimulus-evoked inhibition was defined as the time of complete cessation of firing after the stimulus.

In vitro Experiments

The preparation of VTA slices was as described previously (Melis *et al*, 2002). Briefly, Sprague–Dawley rats (10–25 days, Harlan-Nossan) were anesthetized with halothane and killed. A block of tissue containing the midbrain was sliced

in the horizontal plane (300 μ m) with a vibratome (Leica, Nussloch, Germany) in ice-cold low Ca²⁺ solution containing (in mM): 126 NaCl, 1.6 KCl, 1.2 NaH₂PO₄, 1.2 MgCl₂, 0.625 CaCl₂, 18 NaHCO₃, and 11 glucose. Slices (two per animal) were transferred in a holding chamber and allowed to recover for at least 1 h before being placed in the recording chamber and superfused with a bicarbonate-buffered solution (32–34 °C) saturated with 95% O₂/5% CO₂ and containing (in mM): 126 NaCl, 1.6 KCl, 1.2 NaH₂PO₄, 1.2 MgCl₂, 2.4 CaCl₂, 18 NaHCO₃, and 11 glucose.

Whole-cell recording. Cells were visualized with an upright microscope with infrared illumination, and whole-cell voltage clamp recordings were made by using an Axopatch 200B amplifier (Molecular Devices, CA). All GABAA inhibitory postsynaptic currents (IPSCs) recordings were made with electrodes filled with an internal solution containing the following (mM): KCl 144, 1 CaCl₂, 3.45 K₄BAPTA, 10 HEPES, 2 Mg₂ATP, 0.25 Mg₂GTP, pH 7.2–7.4. Experiments were begun only after series resistance had stabilized (typically $15-40 \text{ M}\Omega$). Series resistance and input resistance were monitored continuously online with a 4-mV depolarizing step (25 ms). Data were filtered at 2 kHz, digitized at 10 kHz, and collected online with acquisition software (Clampex 8.2, Molecular Devices). Because of the composition of the internal solution, the GABA_A IPSCs were inward at a membrane potential of -70 mV and were completely blocked by picrotoxin (100 μ M, data not shown). DA cells were identified by the presence of a large $I_{\rm h}$ current (Johnson and North, 1992) that was assayed immediately after break-in, using a series of incremental 10 mV hyperpolarizing steps from a holding potential of -70 mV. A bipolar stainless steel stimulating electrode was placed $450-650 \,\mu\text{m}$ caudal to the recording electrode and was used to stimulate at a frequency of 0.1 Hz (50 µs duration). Neurons were voltage clamped at a membrane potential of -70 mV. All GABA_A IPSCs were recorded in presence of 2-amino-5-phosphonopentanoic acid (100 µM), 6-cyano-2,3-dihydroxy-7-nitroquinoxaline (10 μ M), strychnine (1 μ M), and eticlopride (100 nM) to block N-methyl-D-aspartate, α -amino-3-hydroxy-5-methyl-isoxazolepropionic acid, glycine, and DA D2-mediated synaptic currents, respectively. As already described (Bonci and Williams, 1997), there was no effect of this solution on the holding current of the DA cells.

Drugs

Morphine and cocaine hydrochloride were purchased from Salars (Como, Italy) and Akzo Pharma Division Diosynth (Oss, Netherlands), respectively. Nicotine ((–)-nicotine hydrogen tartrate) was purchased from Sigma (Milano, Italy). WIN and AM281 were purchased from Tocris (Bristol, UK). Naloxone was purchased from RBI (Natick, MA). Rimonabant (SR141716) was a generous gift of Sanofi-Aventis Recherche (Montpellier, France). For experiments *in vivo*, WIN and rimonabant were emulsified in 1% Tween 80, then diluted in saline and sonicated. All other drugs were diluted in saline. Nicotine solution was adjusted to pH = 7.0 with NaOH. For experiments *in vitro*, all drugs were applied in known concentrations to the superfusion medium and, with the exception of WIN, AM281, and rimonabant were dissolved in saline. WIN, rimonabant and AM281 were dissolved in DMSO as stock concentrations and the final concentration of DMSO was < 0.01%.

Statistical Analysis

Changes in the duration of inhibition evoked by RMTg stimulation were calculated analyzing PSTH every 100 s. We averaged the effects of the drugs for the 100 s period following drug administration and compared them with the mean of the predrug baseline. All the numerical data are given as mean \pm SEM. Data were compared and analyzed by using two-way ANOVA for repeated measures (treatment \times time), or one-way ANOVA or Student's *t* test for repeated measures. Correlation analysis was used when appropriate. *Post hoc* multiple comparisons were made using the Tukey's, Dunnett's, and Bonferroni's tests. Statistical analysis was performed by means of the Graphpad Prism software (La Jolla, CA).

The amplitudes of IPSCs were calculated by taking the 1 ms window around the peak of the IPSC and comparing this with the 2 ms window immediately before the stimulation artifact. Drugs were applied in known concentrations to the superfusion medium. Results in the text and Figures are presented as the mean \pm SEM. Results between groups were compared using two-way ANOVA. P < 0.05 was considered as statistically significant.

RESULTS

Effects of RMTg Stimulation on the Spontaneous Activity of VTA DA Neurons

Given that RMTg GABA neurons diffusely project to midbrain DA cells (Jhou et al, 2009b), and that their electrical stimulation produces a temporary but complete inhibition of the spontaneous activity of VTA DA neurons (Lecca et al, 2011), we further characterized the inhibitory contribution from RMTg afferents to VTA DA neurons. To this aim, a sampling of DA neurons was carried out in six rats. We recorded the spontaneous activity of 60 cells in the posterior VTA identified as putative DA on the basis of their action potential characteristics (see Figure 1a for representative example) and firing properties (see а Figure 2a). Recording sites were located within the mediolateral aspects of the parabrachial pigmented nuclei of the VTA (Figure 1a). Although the VTA shows some cellular heterogeneity (Ford, 2006; Lammel et al, 2008; Margolis et al, 2008; Yamaguchi et al, 2011), the subregion where all recording sites were found contains a larger density of TH-positive neurons when compared with the more medial levels of the VTA (Yamaguchi et al, 2011). After 2 min of stable baseline firing rate, we tested the response of DA neurons to RMTg stimulation (1 Hz, 0.5 ms; Figure 1b). A cell was considered inhibited or excited when the number of action potentials/bin (bin length = 1 ms) in the 50 ms after the stimulus was significantly lower or higher (one-way ANOVA for repeated measures), respectively, than that calculated in the 50 ms before the stimulus. The electrical stimulation of the RMTg induced an inhibition of the spontaneous activity in 53.3% of the neurons examined (32 out of 60; Figure 1b). A representative PSTH

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Figure 1 RMTg stimulation induces inhibition of VTA DA neuron spontaneous activity. (a; top panel) The trace shows typical superimposed spike waveforms of a DA neuron recorded in the VTA. Below, the diagram illustrates the stimulation protocol used in all *in vivo* experiments. The RMTg was stimulated with rectangular current pulses (0.5 mA, 0.5 ms) delivered at 1 Hz, and responses of DA cells to RMTg stimulation were recorded extracellularly. Recording location for a DA neuron in the posterior VTA (the triangle indicates the pontamine sky blue dye; bottom panel; left). Right: electrical stimulation site in the RMTg. The black asterisk indicates the area lesioned by the tip of the electrode, the black triangles indicate the track of the recording electrode. DR, dorsal raphe; IP, interpeduncular nucleus; RN, red nucleus; SNr, substantia nigra pars reticulata; xspc, decussation of the superior cerebellar peduncle. Scale bars, 0.5 mm. (b) Percentages of different types of DA cell responses to RMTg stimulation. Traces acquired from a digital oscilloscope represent typical examples of excited, inhibited, and unresponsive DA cells. A PSTH of the inhibited cell is displayed (100 consecutive sweeps) and shows that RMTg stimulation produced a full suppression in firing activity of a VTA DA neuron for ~90 ms. Note that the inhibitory response occurred immediately after the stimulus (arrowhead).

illustrating the typical RMTg-induced suppression of VTA DA neuronal discharge is shown in Figure 1b. Owing to the close proximity between the stimulating and the recording sites, we were unable to calculate the onset latency of the inhibition. Hence, by assuming a conduction velocity of ~ 2 m/s, typical for fast-firing GABA neurons (Jones et al, 1999), the latency would be <3 ms, and would fall within the duration of the stimulus artifact. This short latency was consistent with a direct innervation, and persisted for 82.5 ± 6.12 ms (range, 28–250 ms; n = 32; Figure 1b). Among VTA DA cells that were not inhibited (n=28), 25 were unresponsive to RMTg stimulation (42%), and 3 others were excited (5%) (Figure 1b). To confirm that the placement of the stimulating electrode allowed a specific stimulation of RMTg neurons, in a separate set of experiments (in four rats) the electrode was placed 1 mm more laterally to avoid the RMTg (coordinates in mm: -7.2 posterior to bregma; 1.8 lateral to midline; and 6.5 ventral from cortical surface). Under these circumstances, the responses of VTA neurons were drastically different ($\chi^2 = 27.88$; df = 2; P < 0.0001, γ^2 -test), the effect of electrical stimulation being: 5.2% (1/19) of cells inhibited, 52.6% (10/19) excited, and 42.1% (8/19) unresponsive.

Correlation between DA neuron spontaneous activity and duration of RMTg-evoked inhibition. In order to assess whether spontaneous firing activity of VTA DA neurons and the duration of inhibition evoked by RMTg stimulation were correlated, we analyzed a total of 69 DA cells inhibited from RMTg. In line with previous results in urethaneanesthetized rats (Kelland *et al*, 1990; Pistis *et al*, 2004), DA neurons fired at 3.7 ± 0.2 Hz (n=69), and presented $18.5 \pm 2.8\%$ of spikes in bursts (data not shown). The mean CV of interspike intervals was $62.4 \pm 3.4\%$, indicating that the average firing pattern of recorded VTA DA cells was irregular.

Interestingly, as illustrated in Figure 2a, we found a negative correlation between duration of inhibition and both spontaneous firing rate ($F_{1,67} = 66.71$; r = -0.71, P < 0.0001, Pearson's test) and percentage of burst firing ($F_{1,67} = 4.05$; r = -0.24, P < 0.05, Pearson's test, data not shown), but not with CV ($F_{1,67} = 1.83$; r = 0.16, P > 0.05, Pearson's test, data not shown).

Moreover, generation of autocorrelograms for all recorded cells permitted their classification as regular, irregular, or bursting (Figure 2b). The distribution of these firing patterns confirmed that the majority of DA neurons (34 out of 69; 49.3%) fired irregularly, whereas the remaining were classified as regular (14 out of 69; 20.3%) or bursting neurons (21 out of 69; 30.4%; see Figure 2b). Noteworthy, neurons showing an irregular discharge pattern exhibited a longer duration of inhibition (103.2 \pm 9.4 ms; n = 34) in response to RMTg stimulation than regular (61.21 ± 5.9 ms; n = 14) or bursting (63.0 ± 9.7 ms; n = 21) DA cells ($F_{2,66} = 6.48$, P < 0.01, one-way ANOVA, and Tukey's test; Figure 2b).

Considering the role of RMTg in aversion, which is strongly supported by the predominant, phasic excitation of



Figure 2 The duration of RMTg-evoked inhibition is negatively correlated with the spontaneous discharge activity of VTA DA neurons. (a) On the left, the graph illustrates the negative correlation between spontaneous firing rate and duration of inhibition induced by RMTg stimulation (dashed lines represent \pm 95% confidence intervals). Representative rate histograms (top right) and PSTHs (bottom right) of two individual DA cells displaying that a high firing neuron (HF cell) was suppressed for a shorter period of time than a low firing neuron (LF cell). (b) Autocorrelograms of DA neurons were generated from action potential recordings and allowed the classification of their firing pattern into regular (top), irregular (middle), and bursting (bottom) mode. The right bar graph shows that irregular neurons exhibited a longer inhibitory response to RMTg stimulation when compared with regular or bursting cells. **P*<0.05, ***P*<0.01, one-way ANOVA, and Tukey's test.

RMTg neurons in response to noxious stimuli (Jhou et al, 2009a; Lecca et al, 2011), and the heterogeneous responses of VTA DA neurons to aversive stimuli (Brischoux et al, 2009), we then examined whether this heterogeneity could depend on DA cell responses to RMTg stimulation. To this aim, the response to a brief (2 s) paw pinch (Lecca et al, 2011) was studied in 20 DA neurons (12 inhibited and 8 unresponsive). To detect rapid changes in firing rate, rate histograms were built with 0.5 s bins (Figure 3). The firing rate during the 5s following the pinch (10 bins) was analyzed and compared with the average baseline values. Remarkably, neurons inhibited by RMTg stimulation responded to paw pinch with a pronounced short-lasting phasic inhibition (average firing rate after pinch: 78.4 ± 5.6% of baseline, n = 12, $F_{10,110} = 2.06$, P = 0.03, one-way ANOVA, and Dunnett's test). No significant change in firing rate was produced by paw pinch in unresponsive DA neurons (average firing rate after pinch: $85.2 \pm 5.2\%$ of baseline firing rate, n = 8, $F_{10,70} = 0.85$, P = 0.58, one-way ANOVA, and Dunnett's test). Figure 3 illustrates the average rate histograms of RMTg-inhibited and not-inhibited cells. The phasic decrease in firing rate occurred immediately after mechanical pinch in those DA cells suppressed by

RMTg stimulation (Figure 3a). On the other hand, neurons that did not respond to RMTg stimulation showed no significant decrease in firing rate after the aversive somatosensory stimulus (Figure 3b).

Effects of Drugs of Abuse on RMTg-Induced Inhibition of VTA DA Cells

Next, we tested the effects of different drugs of abuse (ie, the CB1 agonist WIN, morphine, cocaine, and nicotine) on VTA inhibition evoked by stimulation of the RMTg.

The CB1 agonist WIN reduces the inhibition of VTA DA neurons. Inhibition of RMTg GABA neurons by the CB1 agonist WIN (Lecca *et al*, 2011) might be one of the mechanisms contributing to cannabinoid-induced excitation of midbrain DA cells *in vivo* (French *et al*, 1997; Gessa *et al*, 1998). We therefore investigated the influence of WIN on RMTg-evoked suppression of DA neuron firing. To this aim, DA neurons in the VTA inhibited by RMTg stimulation were selected (see Figure 4a). Cells were recorded for 2 min and then the stimulator was switched on to measure their baseline inhibitory response. The administration of WIN



Figure 3 DA neurons inhibited by RMTg stimulation show a significant decrease in firing rate after paw pinch. (a) Average rate histogram (0.5 s bin) for 12 putative DA neurons suppressed from RMTg (RMTg-inhibited) illustrating the rapid and short-term decrease in firing frequency after paw pinch (2 s). (b) Conversely, DA cells whose activity was not suppressed by RMTg stimulation (RMTg-not inhibited) did not show any significant change in firing rate after the aversive stimulus (n = 8). *P < 0.05, one-way ANOVA, and Dunnett's test.

(0.5 mg/kg, iv) was preceded (200 s) by the injection of either rimonabant (0.5 mg/kg, iv; n=6) or its vehicle (1 ml/kg, iv; n = 7; Figure 4a and b). Only one cell was recorded per rat, hence the number of animals used in this subset of experiments is 13. Two-way ANOVA for repeated measures of the time courses yielded a very significant treatment × time interaction ($F_{1,55} = 10.67$, P < 0.0001), therefore separate analyses of drugs' effects were carried out. The administration of either vehicle or rimonabant did not affect the duration of RMTg-evoked inhibition of DA neurons (vehicle: n = 7, $F_{2,12} = 1.45$, P = 0.27; rimonabant: n=6, $F_{2,10}=0.48$, P=0.63, one-way ANOVA for repeated measures; Figure 4b). On the other hand, WIN, when injected after vehicle, robustly reduced RMTg-induced suppression of VTA DA firing activity to \sim 22% of baseline (baseline duration of inhibition: 94.0 ± 10.4 ms, maximum effect of WIN: $20.6 \pm 7.4 \text{ ms}$; n = 7, $F_{3,18} = 13.93$, P < 0.0001, one-way ANOVA for repeated measures and Dunnett's test; Figure 4a and b). This effect occurred quite rapidly (within the first 100s from injection), persisted relatively unchanged over 20 min, and required CB1 receptor activation. Indeed, rimonabant completely prevented WIN's effects when administered 200s before the agonist (baseline duration of inhibition: 84.3 ± 26.2 ms, maximum effect of WIN: 81.1 ± 26.2 ms; n = 6, $F_{3,15} = 0.06$, P = 0.98, one-way ANOVA for repeated measures; Figure 4b). Additionally, in all experiments (n=5) when the cell was recorded for a

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time sufficient to allow the administration of rimonabant 5 min after the agonist, rimonabant fully restored RMTginduced inhibition of VTA neuron activity to baseline levels (Figure 4a and c). For these experiments, the comparison between baseline inhibition, the effect of WIN, and the effect of rimonabant (for both drugs' effects the time point analyzed was 300s after injection) yielded a highly significant difference (n = 5, $F_{2,8} = 18.08$, P = 0.0011, oneway ANOVA for repeated measures, and Tukey's test; Figure 4a and c). Post hoc analysis revealed that postrimonabant inhibition was not different from baseline values (P>0.05, Tukey's test), but significantly different from post-WIN inhibition (P < 0.01, Tukey's test; Figure 4c). These experiments confirm the involvement of CB1 receptors in WIN-induced suppression of inhibition and that the endocannabinoid system is not tonically activated.

GABA_A-mediated IPSCs recorded from VTA DA cells and evoked by repetitively stimulating caudal afferents (duration 50 µs, frequency 0.1 Hz, intensity 0.01–0.3 mA) in an *in vitro* midbrain slice preparation were supportive. Although we cannot identify definitively the sources of inhibitory afferents, we can assume that most of the caudal inputs electrically stimulated in our preparation are presumably originating from the RMTg, given that it is one of the main caudally located inhibitory sources to the VTA. The change in synaptic strength elicited by paired stimuli given at an interval of 50 ms was not different from those described before (Melis *et al*, 2002). In fact, DA cells exhibited a paired-pulse facilitation (IPSC2/IPSC1: $1.11 \pm$ 0.07, n = 33), which did not depend on the amplitude of the first IPSCs recorded (Figure 4d).

As CB1 receptor activation decreased RMTg neuron activity (Lecca et al, 2011) and RMTg-induced inhibition of DA cells, we examined whether WIN would affect caudal inhibitory transmission onto these neurons. WIN $(1 \mu M, 5 min)$ significantly and irreversibly reduced IPSCs amplitude by $57 \pm 5.2\%$ (n = 5, $F_{19,80} = 13.42$, P < 0.0001, one-way ANOVA for repeated measures; Figure 4d and e). Probably owing to its high lipophilicity, WIN effect did not wash out; however, when it was co-applied with two structurally different CB1 receptor antagonists, AM281 (0.5 µM) and rimonabant (1.0 µM), WIN-induced inhibition of IPSC amplitude was fully prevented (AM281: n = 5, $F_{1,152} = 602.44$, P < 0.0001; rimonabant: n = 5, $F_{1,152} = 23.47$, P < 0.001, two-way ANOVA for repeated measures; Figure 4e). As probability of release is inversely related to paired-pulse ratio, if WIN decreases IPSC amplitude through activation of presynaptic CB1 receptors, one would expect an increased paired-pulse ratio in the presence of this drug. WIN-induced decreased IPSC amplitude was accompanied by an increased pairedpulse ratio (from IPSC2/IPSC1 = 1.24 ± 0.07 to IPSC2/ IPSC1 = 1.53 ± 0.03 ; n = 5, P = 0.01, paired *t*-test; Figure 4f). Furthermore, as analysis of the changes in quantitative measure of the variability (ie, CV^2) of postsynaptic responses is a powerful, though indirect, tool to identify the locus for the modifications (Faber and Korn, 1991; Malinow and Tsien, 1990), we measured the changes in CV^2 and evoked IPSCs caused by WIN (Figure 4f). Taken altogether, these data suggested that WIN reduced probability of GABA release presumably from RMTg terminals via activation of presynaptic CB1 receptors.



Figure 4 The cannabinoid receptor agonist WIN55212-2 (WIN) blocks RMTg-evoked suppression of VTA DA neuron firing. (a) Representative PSTHs and superimposed traces acquired from a digital oscilloscope (insets) illustrating the typical inhibitory responses of VTA DA neurons after electrical stimulation of the RMTg (1 Hz) at time 0 (arrowheads), the suppression of inhibition induced by WIN (0.5 mg/kg, iv), and the reversal by the CB1 receptor antagonist rimonabant (0.5 mg/kg, iv). (b) This graph shows the time course of WIN's effect on RMTg-induced inhibition of VTA DA neurons, with (n = 7) and without (n=6) rimonabant pretreatment. Rimonabant, injected before WIN, prevented the suppression of inhibition induced by the cannabinoid. (c) The bar graph summarizes the effects of WIN on the duration of inhibition evoked by RMTg stimulation and shows that rimonabant, administered 5 min after WIN, reverts the suppression of inhibition (n = 5). (d) WIN inhibits GABA synaptic transmission elicited by stimulation of caudal afferents in rat VTA DA cells. Top panel, no correlation was found between the amplitude of IPSC1 and the IPSC2/IPSC1 ratio. Each circle represents the mean paired-pulse ratio of 2 min recording. Bottom panel, a typical whole-cell voltage clamp recording showing that bath application of WIN (1 µM) inhibits IPSC amplitude, when cells are held at -70 mV. The gray line represents mean IPSC amplitude. The inset shows single IPSC from a typical experiment, before (black line), and during (gray line) perfusion of WIN. (e) WIN reduces IPSC amplitude through activation of CBI receptors. All data are normalized to the respective baseline (5 min of baseline). Black bar shows time of superfusion of WIN, alone (open circles) and in the presence of CBI receptor antagonists AM281 (500 nM, gray circles), or rimonabant (1 µM, black circles). SEM bars are smaller than symbols in some cases. The top panel shows 12-trace averages of IPSCs in the absence (black line) and presence (gray line) of AM281 or rimonabant. Black bars represent time of WIN application. (f) Top panel, from the data presented in e, the ratio of CV² in WIN to baseline is plotted against the modification factor (ie, the ratio of mean synaptic responses in WIN to baseline values). Data points in the gray area and along the diagonal line of y = x imply a presynaptic reduction of synaptic transmission induced by WIN. Bottom panel, WIN enhances the paired-pulse ratio of IPSCs, producing paired-pulse facilitation. The circles show the paired-pulse ratio for each of the experiments in e before (open circles) and during (gray circles) the application of WIN, whereas the graph plots the averaged paired-pulse ratio in a bar graph form. Representative traces are shown in the inset, where the IPSCs are represented before (black lines) and during WIN (gray lines) application. The results are means, with vertical bars representing the SEM of duration of inhibition expressed as a percentage of the baseline. Arrows represent the time of injections. **P<0.01, ***P<0.001, and one-way ANOVA.

Morphine decreases RMTg-induced inhibition of VTA DA neurons. The most widely accepted hypothesis postulates that opiate excitation of VTA DA neurons results from disinhibition consequent to a primary inhibitory effect on local GABA interneurons (Johnson and North, 1992). Accordingly, *in vivo* morphine reduces GABA neuron discharge activity in both the VTA (Steffensen *et al*, 2006) and RMTg (Jalabert *et al*, 2011; Lecca *et al*, 2011). As RMTg afferents exert a tonic inhibitory influence on midbrain DA cells (Ikemoto, 2010; Lecca *et al*, 2011), we decided to assess whether morphine would also affect RMTg-evoked suppression of VTA DA spontaneous neuronal firing. We recorded DA cells in the VTA that showed an inhibitory response following RMTg stimulation (0.5 mA, 0.5 ms, 1 Hz, Figure 5a).

The administration of morphine (4.0 mg/kg, iv) was preceded (200 s) by the injection of either naloxone (0.1 mg/kg, iv; n=6) or its vehicle (1 ml/kg, iv; n=7) (Figure 5a and b). As only one cell was recorded per rat, the number of animal used in this subset of experiments is 13. Two-way ANOVA analysis for repeated measures of the time courses yielded a very significant drug × time interaction ($F_{1,55} = 3.46$, P < 0.0087), therefore separate analyses of drugs' effects were carried out. The administration of either vehicle or naloxone did not affect the duration of RMTg-evoked inhibition of DA neurons (vehicle: n = 7, $F_{2,12} = 1.15$, P = 0.35; naloxone: n = 6, $F_{2,10} = 3.049$, P = 0.09, one-way ANOVA for repeated measures; Figure 5b). Conversely, morphine, when injected after vehicle, significantly shortened RMTg-induced suppression of VTA DA firing activity to \sim 48% of baseline (baseline duration of inhibition: 81.7 ± 18.2 ms; maximum effect of morphine: $39.4 \pm 12.4 \text{ ms}; n = 7, F_{3,18} = 8.98, P < 0.001, one-way$ ANOVA for repeated measures and Dunnett's test; Figure 5a and b). This effect required μ -opioid receptor activation, as naloxone prevented morphine's effects when administered 200s before the agonist (baseline duration of inhibition: 92.3 ± 20.5 ms; effect of morphine at 300 s: $121.2 \pm 25.2 \text{ ms}; n = 6, F_{3,15} = 1.88, P = 0.17$, one-way ANOVA for repeated measures; Figure 5b) and fully restored RMTginduced inhibition of VTA neuron activity to baseline levels in all experiments (n = 5) when it was injected after (5 min)the agonist (Figure 5a and c). For these experiments, the comparison between baseline inhibition, the effect of morphine, and the effect of naloxone (for both drugs' effects the time point analyzed was 300 s after injection) yielded a significant difference (n = 5, $F_{2,8} = 4.47$, P < 0.05, one-way ANOVA for repeated measures and Tukey's test; Figure 5a and c). These results indicate that the effects of morphine require the activation of opioid receptors and that endogenous opioids do not exert a significant tonic control over the RMTg-DA synapse.

Additionally, in order to investigate whether or not μ -opioid receptor activation might affect inhibitory synapses arising from RMTg onto VTA DA cells, we measured GABA_A IPSCs recorded from DA neurons. Acute bath application of morphine at a concentration of 1 μ M (3 min) significantly reduced IPSCs by 42 ± 4.2% (n=5, F_{19,99} = 13.59; P<0.0001; Figure 5d and e), and the effect did not depend on the amplitude of the first IPSCs (r=0.48, P>0.05, data not shown). The effect of morphine was reversible on wash out, and it was fully abolished in the

presence of naloxone $(0.1 \,\mu\text{M}; n = 5, F_{1,152} = 3.76, P = 0.008,$ two-way ANOVA for repeated measures; Figure 5e). Because modifications in the paired-pulse ratio are considered to reflect changes in transmitter release (Melis *et al*, 2002; Nie *et al*, 2004), we analyzed whether morphine affected it. Acute bath application of morphine increased the pairedpulse ratio (from IPSC2/IPSC1 = 1.10 ± 0.02 to IPSC2/ IPSC1 = 1.63 ± 0.11 ; n = 5, P = 0.005, paired *t*-test; Figure 5f). Further analysis of the CV² and evoked IPSCs caused by morphine (Figure 5f) are indicative of a presynaptic locus for these modifications, consistently with previous reports (Lecca *et al*, 2011) and the present *in vivo* data.

Cocaine and nicotine do not affect the response of VTA DA neurons to RMTg stimulation. We have previously shown that cocaine, similarly to WIN and morphine but to a lesser magnitude, inhibits RMTg discharge activity (Lecca et al, 2011). On the other hand, nicotine produces a strong and enduring stimulation on RMTg neuron firing rate (Lecca et al, 2011). Here, we sought to verify whether nicotine and cocaine interact with RMTg GABA inputs to the VTA. To test this hypothesis, we first assessed the effect of nicotine on seven DA neurons in the VTA (from seven rats) exhibiting an inhibitory response to RMTg stimulation (Figure 6a). As illustrated in Figure 6a, nicotine (0.2 mg/kg, iv) administered 200s after vehicle injection caused no change in the duration of RMTg-induced inhibition of VTA DA neuronal firing (baseline duration of inhibition: 72.1 ± 15.1 ms; effect of nicotine at 300 s: 75.3 ± 13.7 ; n = 7, $F_{5,30} = 0.63$, P = 0.68, one-way ANOVA for repeated measure; Figure 6a). Next, we examined cocaine's action on VTA inhibition from the RMTg. We selected a subset of seven DA neurons (from seven rats) whose spontaneous activity was suppressed by RMTg stimulation (Figure 6b). Acute cocaine injection also (1 mg/kg, iv) did not affect the inhibition of VTA DA discharge rate evoked by RMTg stimulation (baseline duration of inhibition: 72.1 ± 15.1 ms; effect of cocaine at 300 s: 75.8 ± 16.5 ; n = 7, $F_{5.30} = 0.22$, P = 0.94, one-way ANOVA for repeated measure; Figure 6b). An example of the lack of effect of cocaine on RMTginduced VTA responses is shown in Figure 6b. As these drugs did not affect RMTg-induced inhibition in vivo, we did not further analyze their effects on evoked IPSCs with patch clamp experiments.

DISCUSSION

Our results provide the electrophysiological evidence of the monosynaptic inhibitory RMTg projections on VTA DA neurons, and the relationship between spontaneous discharge activity of these cells and the strength of RMTg inhibition. Moreover, we discovered that this inhibition could contribute to the effects of some drugs of abuse. Specifically, we showed that both cannabinoids and opioids share the property of strongly reducing the suppression of VTA neuronal activity elicited by the electrical stimulation of the RMTg *in vivo*, as well as to depress IPSCs evoked by caudal afferents *in vitro*. We therefore provide a plausible and alternative mechanism of action by which cannabinoids and opioids excite DA neurons, ie, inhibition of extrinsic GABA afferents arising from the RMTg.



Figure 5 Morphine shortens the duration of RMTg-evoked inhibition of VTA DA neurons through activation of μ -opioid receptors. (a) Representative PSTHs and superimposed traces acquired from a digital oscilloscope (insets) showing inhibitory responses elicited in DA neurons by RMTg stimulation (I Hz, delivered at time 0, arrowheads). Morphine (4 mg/kg, iv) reduced RMTg-evoked inhibition. The effect was fully reverted by the μ -opioid antagonist naloxone (0.1 mg/kg, iv). (b) Time course of morphine's effects on RMTg-evoked suppression of VTA DA discharge activity, with and without (n = 7)naloxone pretreatment. Naloxone (nlx) completely prevented morphine's reduction of inhibition (n = 6). (c) The bar graph summarizes the actions of morphine on the duration of VTA inhibition induced by RMTg stimulation and shows that naloxone (n = 5, 5 min after morphine) reverts morphine's effects. (d) Morphine induces inhibition of GABA synaptic transmission elicited by stimulation of RMTg afferents in rat VTA DA cells. A typical whole-cell patch clamp recording showing that bath application of morphine (1 µM) inhibits IPSC amplitude, when cells are held at -70 mV. The gray line represents mean IPSC amplitude. (e) Morphine reduces IPSC amplitude through activation of μ -opioid receptors. All data are normalized to the respective baseline (5 min of baseline). The black bar shows time of superfusion of morphine in the presence (gray circles) and absence (open circles) of the μ -opioid antagonist naloxone (100 nM). SEM bars are smaller than symbols in some cases. The inset shows 12-trace averages of IPSCs in the absence (black line) and presence (gray line) of naloxone. Black bars represent time of morphine application. (f) Top panel, from the data presented in e, the ratio of CV² in morphine to baseline is plotted against the modification factor (ie, the ratio of mean synaptic responses in morphine to baseline values). Data points in the gray area and along the diagonal line of y = x imply a presynaptic reduction of synaptic transmission induced by morphine. Bottom panel, morphine enhances the paired-pulse ratio of IPSCs, producing paired-pulse facilitation. The circles show the paired-pulse ratio for each of the experiments in f before (open circles) and during (gray circles) the application of morphine, whereas the graph plots the averaged paired-pulse ratio in a bar graph form. Representative traces are shown in the inset, where the IPSCs are represented before (black lines) and during morphine (grey lines) application. The results are means with vertical bars representing the SEM of the duration of inhibition expressed as a percentage of the baseline. Arrows represent the time of injections. *P<0.05, ** P<0.001, ***P<0.0001 vs baseline, and one-way ANOVA.

Figure 6 Nicotine and cocaine do not affect the suppression of VTA DA spontaneous activity elicited by RMTg stimulation. (a) Example of short-latency RMTg-evoked responses in a VTA DA neuron before and after nicotine (0.2 mg/kg, iv). Inhibitory responses were unchanged. On the right, the graph shows the time course of nicotine's effect on the duration of inhibition (n = 6). (b) Example of RMTg-evoked responses before and after cocaine in a VTA DA neuron. VTA inhibitory responses were also unaffected by cocaine (1 mg/kg, iv). The time course of cocaine's effect is shown (right panel). The results are means, with vertical bars representing the SEM of the duration of inhibition expressed as a percentage of the baseline (n = 5).

The physiological relevance of the RMTg as a primary source of inhibitory inputs to DA neurons is emphasized by the finding that RMTg stimulation induced a time-locked temporary cessation of discharge activity in half of DA cells of the VTA, thus suggesting a monosynaptic pathway. This result is in agreement with anatomical studies showing that about 60% of VTA DA neurons are directly innervated by RMTg GABA projections (Jhou et al, 2009a; Jhou et al, 2009b; Kaufling et al, 2010a). It must be pointed out, however, that this proportion could be underestimated, as the RMTg shifts dorsally as it extends caudalward, hence we unlikely stimulated the entire efferent projections. Hence, studies in monkeys have determined that 96% of DA neurons were inhibited by RMTg stimulation (Hong et al, 2011). Interestingly, the electrical stimulation of the LHb, one of the main excitatory inputs to RMTg, induces a similar inhibition, though relatively delayed, on a large number of VTA DA neurons (Christoph et al, 1986; Ji and Shepard, 2007). This is consistent with recent anatomical studies illustrating that glutamatergic projections from LHb primarily end on GABA neurons in the RMTg (Balcita-Pedicino et al, 2011) and that inhibition of DA neurons is disynaptic. Furthermore, our characterization of the RMTg-induced inhibition on DA neurons underscored a negative correlation between the spontaneous activity of DA neurons and the duration of activity suppression: the higher the firing rate, the shorter the time of complete firing cessation induced by RMTg stimulation. This result further suggests that RMTg afferents to VTA DA neurons are major regulators of their spontaneous discharge rate. Moreover, bursting and regularly firing cells were silenced by RMTg stimulation for a shorter duration than irregular cells, suggesting that the latter subpopulation of DA neurons is under a stronger control by the RMTg. Additionally, the reaction of DA neurons to a noxious stimulus (paw pinch) was crucially dependent on their response to the RMTg. Hence, only DA cells inhibited by RMTg stimulation were also significantly inhibited by paw pinch. This finding can be explained by the prominent role of RMTg in the encoding of aversive stimuli (Jhou et al, 2009a), by responding to paw pinch with a fast and phasic excitation (Lecca et al, 2011), whereas DA neurons display heterogeneous responses (Brischoux et al, 2009). Our results suggest the possibility that this heterogeneity might depend on the presence of RMTg synapses impinging on DA neurons and/ or their relative strength, and that DA neurons might also

encode aversive and noxious signals depending on whether they are innervated by the RMTg. It must be pointed out, however, that conventional criteria for DA neurons identification are quite conservative (see Materials and Methods) and might have led us to exclude subpopulations of DA neurons that differ from the main population in several parameters, such as high firing rate or short duration of action potentials (Lammel *et al*, 2008; Margolis *et al*, 2008).

Our findings that synapses between RMTg neurons and DA cells could also be an important locus of action for some drugs of abuse support the notion that firing rate and pattern of VTA DA cells depend crucially on the balance between excitatory and inhibitory afferents (Marinelli *et al*, 2006; Morikawa and Paladini, 2011), rather than on their intrinsic properties, and that affects DA release in terminal regions.

Hence, our observation that WIN suppressed the inhibition of DA neurons evoked by RMTg stimulation, an effect reversed by the cannabinoid antagonist rimonabant, is consistent with the depression of IPSCs evoked by stimulation of caudal afferents through a reduced probability of GABA release. This effect is mediated by CB1 receptors expressed by GABA terminals in the VTA (Marinelli *et al*, 2007; Matyas *et al*, 2007; Wenger *et al*, 2003), where they decrease GABA release (Marinelli *et al*, 2007; Szabo *et al*, 2002). Taken together, the combined effects of RMTg inhibition (Lecca *et al*, 2011) and depression of its GABA synaptic inputs to DA neurons (present results) might provide the first evidence, to our knowledge, for the mechanism by which cannabinoids excite DA cells *in vivo* (French, 1997; Gessa *et al*, 1998).

Similarly, morphine not only decreased the duration of RMTg-induced inhibition on DA neurons, but also reduced the amplitude of IPSCs evoked by the stimulation of caudal afferents to the VTA. Our findings point to a presynaptic mechanism, which would imply the presence of presynaptic μ -opioid receptors on GABA terminals arising from the RMTg. This is consistent with the presence of μ -opioid receptors on RMTg neurons (Jalabert et al, 2011), and with the effect of morphine on RMTg neuronal activity (Lecca et al, 2011), that was accompanied by a reduction of excitatory postsynaptic current amplitude recorded from those neurons. Opioids inhibit GABA synaptic transmission by reducing the probability of presynaptic neurotransmitter release in several brain regions (Capogna et al, 1993; Vaughan and Christie, 1997a; Vaughan et al, 1997b), and the VTA does not make an exception to this rule (Bergevin et al, 2002). Thus, similar to cannabinoids, opioids might alternatively disinhibit VTA DA neurons by means of a depression of discharge activity of RMTg cells coupled with a reduced probability of GABA release through presynaptic μ -opioid receptors.

Conversely, neither nicotine nor cocaine affects the duration of RMTg-evoked suppression of DA neurons *in vivo*. This was not unexpected, given that the mechanism of action of these drugs on DA neurons is not a disinhibition (Luscher and Ungless, 2006).

Previous studies have already shown that nicotineinduced increase of GABA drive to DA neurons, as indexed by an enhanced spontaneous IPSC frequency, is eliminated by tetrodotoxin (TTX; Keath *et al*, 2007). The TTX sensitivity of nicotine's effects indicates that an increase in action potential activity of GABA neurons innervating the VTA might be responsible. Consistently, we previously demonstrated that nicotine strongly enhances firing rate of RMTg neurons (Lecca *et al*, 2011). However, nicotine did not enhance the duration of DA cell inhibition, as one would have expected if GABA release was facilitated. The reason is probably due to the contextual nicotine-induced increase in glutamate release (Mansvelder *et al*, 2002), which functionally counteracts the effects on GABA.

On the other hand, cocaine increases DA release (Di Chiara and Imperato, 1988) and inhibits firing rate of DA neurons (Einhorn *et al*, 1988; Luchicchi *et al*, 2010) through blockade of the DA transporter. Other studies showed that in VTA DA neurons cocaine also reduced IPSC frequency (Steffensen *et al*, 2008) and suggested that this drug acts on GABA neurons to reduce activity-dependent GABA release on DA cells by blocking voltage-gated Ca^{2+} channels. This effect may synergize with the inhibition of the DA transporter to further enhance DA release (Steffensen *et al*, 2008). Our results show that cocaine, although it reduces the discharge activity of both RMTg and DA neurons, does not affect the inhibition induced by RMTg stimulation. This finding leads us to hypothesize that cocaine does not target the RMTg-DA synapses.

The fact that cocaine and nicotine do not affect the duration of RMTg-induced firing suppression of DA neurons, but they do decrease or increase, respectively, firing rate of these cells, strongly suggests that the effect of drugs on frequency and on the evoked inhibition are not passively correlated, and therefore that one is not a consequence of the other.

In conclusion, our results suggest that cannabinoids and opioids profoundly influence both RMTg neuron activity and synaptic responses of DA neurons evoked by RMTg activation. It can be speculated that RMTg neurons, which lie in functional opposition to reward-encoding DA cells, might take place in the complex neural circuits mediating aversion and reward.

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DISCLOSURE

The authors declare no conflict of interest.

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