

# Plasticity of Presynaptic and Postsynaptic Serotonin 1A Receptors in an Animal Model of Epilepsy-Associated Depression

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Depression is a common comorbidity of temporal lobe epilepsy and has highly negative impact on patients' quality of life. We previously established that pilocarpine-induced status epilepticus (SE) in rats, concurrently with chronic epilepsy leads to depressive impairments, and that the latter may stem from the dysregulation of hypothalamo–pituitary–adrenocortical (HPA) axis and/or diminished raphe–hippocampal serotonergic transmission. We examined possible involvement of presynaptic and postsynaptic serotonin 1A (5-HT<sub>1A</sub>) receptors in epilepsy-associated depression. Based on their performance in the forced swim test (FST), post-SE animals were classified as those with moderate and severe depressive impairments. In moderately impaired rats, the activity of the HPA axis (examined using plasma corticosterone radioimmunoassay) was higher than in naive subjects, but the functional capacity of presynaptic 5-HT<sub>1A</sub> receptors (measured in raphe using autoradiography) remained unaltered. In severely depressed animals, both the activity of the HPA axis and the function of presynaptic 5-HT<sub>1A</sub> receptors were increased as compared with naive and moderately depressed rats. Pharmacological uncoupling of the HPA axis from raphe nucleus exerted antidepressant effects in severely impaired rats, but did not modify behavior in both naive and moderately depressed animals. Further, the function of postsynaptic 5-HT<sub>1A</sub> receptors was diminished in the hippocampus of post-SE rats. Pharmacological activation of postsynaptic 5-HT<sub>1A</sub> receptors improved depressive deficits in epileptic animals. We suggest that under the conditions of chronic epilepsy, excessively hyperactive HPA axis activates presynaptic 5-HT<sub>1A</sub> receptors, thus shifting the regulation of serotonin release in favor of autoinhibition. Downregulation of postsynaptic 5-HT<sub>1A</sub> receptors may further exacerbate the severity of epilepsy-associated depression.

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## INTRODUCTION

Depression represents one of the most frequent comorbidities of temporal lobe epilepsy (TLE; Kanner, 2009a; LaFrance *et al*, 2008). While depression associated with epilepsy has an undeniable psychosocial aspect, it has also been recognized that this condition has neurobiological substrate (Jobe *et al*, 1999; Kanner, 2009a,b; Kondziella *et al*, 2007). In our earlier studies we established that rats that had been subjected to lithium chloride and pilocarpine status epilepticus (SE), concurrently with recurrent seizures, developed interictal depression-like impairments indicative of hopelessness and anhedonia (Mazarati *et al*, 2008, 2009,

2010). Furthermore, we showed that epilepsy-associated depression may stem from the dysregulation of the hypothalamo–pituitary–adrenocortical (HPA) axis (Mazarati *et al*, 2009, 2010), and the diminished raphe–hippocampal serotonergic transmission (Mazarati *et al*, 2008). It should be noted that the HPA dysfunction (Chaouloff, 2000; Dinan, 2001; Holsboer, 1998; Kondziella *et al*, 2007; Plotsky *et al*, 1998; Yu *et al*, 2008) and the deficit of brain serotonergic system (Kondziella *et al*, 2007; Lanfumey *et al*, 2008; Manji *et al*, 2001; Mann *et al*, 1989) are recognized as both hallmarks and putative mechanistic factors of major depression; therefore, our experimental findings exemplify the line of thought that high incidence of depression among TLE patients is a result of common pathogenic mechanisms shared by the two disorders (Jobe, 2003; Kondziella *et al*, 2007).

The activity of raphe serotonergic neurons (and thus the release of serotonin from their terminals) is regulated by several extrinsic and intrinsic factors (Hokfelt *et al*, 1998); therefore, serotonergic dysfunction in depression may stem

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from a variety of causes. One putative mechanism involves the short-feedback autoinhibitory loop, which is driven by serotonin 1A (5-HT<sub>1A</sub>) receptors, located in the soma and the dendrites of raphe serotonergic neurons (hence also referred to as presynaptic receptors, or autoreceptors; Aghajanian *et al*, 1990; Lanfumey *et al*, 2008; Riad *et al*, 2000; Sprouse and Aghajanian, 1987). Activation of these receptors (eg the increase of their number and/or the enhancement of their function) would result in the diminished firing of raphe serotonergic neurons and consequently in the compromised raphe-hippocampal serotonergic transmission. Indeed, the increased binding capacity (Parsey *et al*, 2006) or expression (Lemondé *et al*, 2003) of raphe 5-HT<sub>1A</sub> receptors has been shown in patients with major depression. Alternatively, the paucity of serotonergic transmission may occur on the postsynaptic level as a result of the decreased number and/or function of postsynaptic 5-HT<sub>1A</sub> receptors (Sargent *et al*, 2000).

It has been suggested that the HPA axis interacts with raphe 5-HT<sub>1A</sub> receptors in a complex manner, and that impairments in this interaction may contribute to depression (Lanfumey *et al*, 2008). However, different reports offer conflicting results as to the effects of the HPA axis on presynaptic 5-HT<sub>1A</sub> receptors: both positive (Bellido *et al*, 2004; Judge *et al*, 2004) and negative (De Kloet *et al*, 1986; Lanfumey *et al*, 2008; Man *et al*, 2002) regulation of the latter by circulating glucocorticoids have been suggested. Such discrepant findings may be due to the fact that glucocorticoids may drive brain serotonergic transmission in opposite directions depending on their concentration: at low levels glucocorticoids may stimulate, while at high levels, suppress serotonergic transmission (Judge *et al*, 2004).

The goal of the present study was to advance our understanding of the role, which both presynaptic and postsynaptic 5-HT<sub>1A</sub> receptors have in the mechanisms of epilepsy-associated depression, and of possible regulation of these receptors by the HPA axis. First, we examined functional state and number of 5-HT<sub>1A</sub> receptors in dorsal raphe and the hippocampus of rats with chronic epilepsy and concurrent depression. Further, we analyzed whether and how changes in presynaptic and postsynaptic 5-HT<sub>1A</sub> receptors paralleled with the extent of neuroendocrine and behavioral depression-like impairments. Finally, we explored whether the blockade of effects of circulating glucocorticoids on the levels of dorsal raphe and of the hippocampus would normalize behavioral and biochemical hallmarks of epilepsy-associated depression.

## MATERIALS AND METHODS

### Subjects

The experiments were performed in male Wistar rats (Charles River, Wilmington, MA), 50 days old at the beginning of the study, in accordance with the policies of the National Institutes of Health.

### Status Epilepticus

Animals received intraperitoneal injection of LiCl (3 mEq/kg; Sigma, St Louis, MO), and 24 h later, subcutaneous

injection of pilocarpine (40 mg/kg; Sigma). SE was characterized by continuous seizures starting from 10 to 15 min after pilocarpine injection. Three and 8 h after seizure onset, rats were injected with diazepam (10 mg/kg) and phenytoin (50 mg/kg). In control animals, pilocarpine was substituted with saline. The described procedure is known to reliably induce chronic epilepsy, which shares several key features with human TLE, such as hippocampal neuronal degeneration, synaptic reorganization, and spontaneous recurrent complex partial seizures (commonly with secondary generalization). The latter develop after a 'silent' period, which lasts between several days and several weeks, and persist for the lifetime of the animal with a variable frequency (Cavalheiro *et al*, 2006). All experiments started 2 months after SE.

### Spontaneous Seizures

In order to avoid ambiguity in the interpretation of the outcome data (D'Ambrosio *et al*, 2009; Dube *et al*, 2006; Dudek and Bertram, 2010), only behavioral seizures stage 4–5 (ie rearing and/or rearing and falling; Racine, 1972) were considered. Animals were continuously monitored for 2 weeks, and seizures were analyzed offline using digital video monitoring system (Super Circuits, Austin, TX).

In order to avoid immediate effects of spontaneous seizures on outcome measurements, all further experiments were performed upon verification that no seizures had developed for at least 6 h prior the test; this seizure-free period had been validated as having no bearing on chronic depressive impairments (Mazarati *et al*, 2008, 2009). If spontaneous seizures occurred during any test, the latter was discontinued.

### Forced Swim Test

Forced swim test (FST) consisted of a single 5-min swimming session in the tank filled with water at 22–25°C. Swimming behavior was videotaped and analyzed offline. The increased immobility time, which reflects the state of hopelessness/despair, was calculated (Mazarati *et al*, 2008, 2009, 2010).

### Plasma Corticosterone Assay and Combined Dexamethasone/Corticotropin Releasing Hormone Test

Three to 6 days after FST (so that the latter would not interfere with the function of the HPA axis), 50 µl of blood was collected from the tail vein into the EDTA-coated tubes and dexamethasone (DEX) (0.03 mg/kg; Sigma) was injected into the tail vein. Six hours later, blood was collected again, and animals were injected with corticotropin releasing hormone (CRH) (50 ng/kg, Sigma); the third blood sample was taken 30 min after the CRH injection. Corticosterone (CORT) was detected in plasma samples, using Immunochem Double Antibody Corticosterone 125I radioimmunoassay kit (MP Biomedicals, Orangeburg, NY). Dysregulation of the HPA axis consists of the elevated baseline CORT level, failure of DEX to suppress CORT, and the exacerbated increase of CORT in response to CRH (Johnson *et al*, 2006; Mazarati *et al*, 2009; Pohorecky *et al*, 2004; Zobel *et al*, 2004).

### Autoradiographic Assays of 5-HT1A Receptors

Three to six days after DEX/CRH test, animals were decapitated, brains were removed and stored at  $-80^{\circ}\text{C}$ . Coronal 20  $\mu\text{m}$  thick sections were cut at the level of dorsal hippocampus (for the assay of postsynaptic receptors; Bregma  $-3.14$  to  $-3.6$  mm) and dorsal raphe (for the assay of presynaptic receptors; Bregma  $-7.64$  to  $-8.00$  mm; Paxinos and Watson, 1986).

The functional capacity of 5-HT1A receptors to activate G-protein was examined using [ $^{35}\text{S}$ ]GTP $\gamma$ S autoradiography (Hensler *et al*, 2007, 2010; Rossi *et al*, 2008). Sections were incubated with 40 pmol/l [ $^{35}\text{S}$ ]GTP $\gamma$ S, either in the absence or in the presence of the 5-HT1A receptor agonist ( $\pm$ )-8-hydroxy-2-dipropylaminotetralin (8-OH-DPAT) at concentrations of 15 nmol or 1  $\mu\text{mol}$ , which produce 50% and maximal responses, respectively (Hensler and Durgam, 2001). Basal [ $^{35}\text{S}$ ]GTP $\gamma$ S binding was determined in the absence of 8-OH-DPAT. Nonspecific [ $^{35}\text{S}$ ]GTP $\gamma$ S binding was defined in the absence of 8-OH-DPAT and in the presence of 10  $\mu\text{mol/l}$  GTP $\gamma$ S. Sections were exposed to Kodak Biomax MR film (Amersham, Piscataway, New Jersey) for 48 h.

Autoradiography of the binding of the 5-HT1A receptor antagonist [ $^3\text{H}$ ]WAY-100635 was performed to determine the number of 5-HT1A-binding sites (Hensler *et al*, 2007). Sections were incubated with 1.5 nmol/l [ $^3\text{H}$ ]WAY-100635. This concentration of [ $^3\text{H}$ ]WAY-100635 is  $10 \times$  the Kd value (0.12 nmol; Gozlan *et al*, 1995) and is therefore saturating. Nonspecific binding was defined by incubating adjacent sections in the presence of 1  $\mu\text{mol/l}$  NAN 190. Sections were exposed to Kodak BioMax MR Film (Amersham) for 9 weeks.

Digitized autoradiograms were analyzed using NIH Image software (ImageJ 1.42q). Autoradiograms of 8-OH-DPAT-stimulated [ $^{35}\text{S}$ ]GTP $\gamma$ S binding were quantified by the use of simultaneously exposed [ $^{14}\text{C}$ ] standards (ARC-146; American Radiochemicals). Nonspecific binding of [ $^{35}\text{S}$ ]GTP $\gamma$ S was subtracted from basal binding and from binding in the presence of 8-OH-DPAT. Autoradiograms of [ $^3\text{H}$ ]WAY-100635 binding were quantified by the use of simultaneously exposed precalibrated [ $^3\text{H}$ ] standards (ART-123; American Radiochemicals, St Louis, Missouri). Optical density was converted to femtomoles/milligram of protein. Specific binding was calculated by subtracting nonspecific binding from total binding on adjacent sections.

### Fast Cyclic Voltammetry

Fast cyclic voltammetry (FCV) allows measuring strength of the raphe-hippocampal serotonergic transmission *in vivo* (Bunin and Wightman, 1998; Jackson *et al*, 1995; Mazarati *et al*, 2008, 2010). Under urethane anesthesia (1.25 g/kg), animals were implanted with a bipolar stimulating electrode into dorsal raphe (Bregma  $-7.8$  mm; midline; ventral 6.5 mm) and with a nafion-coated carbon fiber electrode (World Precision Instruments, Sarasota, FL) into the hippocampus (Bregma  $-4.3$  mm; lateral 3 mm; ventral 3.6). The release of serotonin in the hippocampus was induced by electrical stimulation of raphe (bipolar square wave pulses, 100 Hz, 200 ms, 0.35 mA; Mazarati *et al*, 2008). The amount of released serotonin was measured by

applying ramp current to the carbon fiber electrode (scanned from 0.2 to 1 V,  $-0.1$  and 0.2 V, at 1000 V/s; Mazarati *et al*, 2008, 2010). Oxidative peaks were acquired using POT500 scanning potentiostat (World Precision Instruments) before and after raphe stimulation. The difference between these two peaks (referred to as faradaic current) reflects the oxidation of serotonin released in response to the raphe stimulation (Wrona and Dryhurst, 1987).

### Mifepristone Administration

Mifepristone is a blocker of glucocorticoid and progesterone receptors (Clark, 2008; Oitzl *et al*, 1998). However, in the dorsal raphe of male rats, mifepristone acts as a glucocorticoid receptor antagonist (Gregus *et al*, 2005; Klink *et al*, 2002; Martinez-Mota *et al*, 1999; Robichaud and Debonnel, 2005; Saavedra *et al*, 2006). A chronic system for the intraraphe delivery consisted of the ALZET osmotic pump 2001 (delivery rate 1.0  $\mu\text{l/h}$ , duration 7 days, volume 200  $\mu\text{l}$ ; Durect Corporation, Cupertino, CA) connected to the infusion cannula (28 gauge) via polypropylene catheter. Pumps were pre-filled with either mifepristone (Cayman Chemical, Ann Arbor, MI; 50 nmol dissolved in 10% dymethyl sulfoxide (DMSO)) or 10% DMSO (control). The implantation was done under isoflurane anesthesia using the coordinates described above for the FCV. A single cannula was placed into the dorsal raphe; two cannulae were implanted bilaterally into the hippocampi. Pumps were placed subcutaneously between the shoulders. Further assays were performed on days 5–7 of mifepristone delivery. At the end of drug infusion, pumps were removed, and the residual volume was aspirated; the latter did not exceed 20  $\mu\text{l}$ .

In separate experiments, animals were implanted with guide 22-gauge cannula into raphe, and received a single bolus of mifepristone (350 nmol) 3–5 days later. FST was performed 30 min after the injection, and FCV immediately afterwards.

### Glucocorticoid Receptors Expression in Raphe Nucleus

Rats were anesthetized with isoflurane, decapitated, brains were removed and frozen; raphe was dissected using hole-punch biopsy and was homogenized in Trizol reagent. RNA concentration was measured using Quant-iT RNA Assay Kit (Invitrogen, Germany) and 100 ng of total RNA was reverse transcribed with Quantitect Reverse Transcription Kit (Qiagen, Germany). Real-time polymerase chain reaction (PCR) was performed in Step One Real-time PCR system (Applied Biosystems) with QuantiTect<sup>TM</sup> SYBR Green PCR (Qiagen). Amplicons were amplified using glucocorticoid receptor specific primers 5'-TAC TTT GCC TTC CAC TGG TT 3', 1283–1303 bp and 5'-CTA ACT CAC GGC CAC AGT GGG TT 3', 1550–1568 bp, GenBank accession number AY029071 (Sah *et al*, 2005). Relative mRNA quantity was expressed as a ratio of glucocorticoid receptor mRNA to the expression of the house keeping gene GAPDH.

### Intrahippocampal Administration of 8-OH-DPAT

8-OH-DPAT (Sigma) was injected bilaterally into the hippocampus (Bregma  $-4.3$  mm; lateral 3 mm; ventral 3.6;

1 and 10 nmol) following the procedure described for acute mifepristone injection. FST was performed 30 min after 8-OH-DPAT administration.

### Data Analysis

Data were analyzed using Prism 4 software (GraphPad, San Diego, CA). Statistical tests and sample sizes are described in respective Results sections and/or figure legends.

## RESULTS

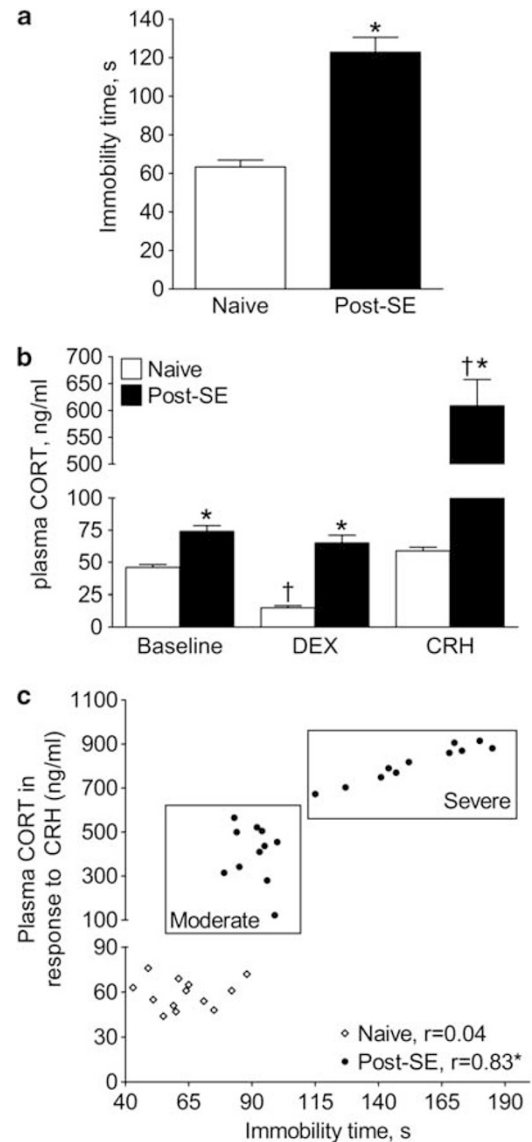
### Seizures, Behavioral and Endocrine Impairments in Post-SE Rats

All post-SE rats exhibited spontaneous behavioral stage 4–5 seizures, during the 2 weeks of monitoring. Across all groups described below (total  $n = 131$ ), minimal/maximal/median seizure count over the 2 weeks was 1/35/10.5.

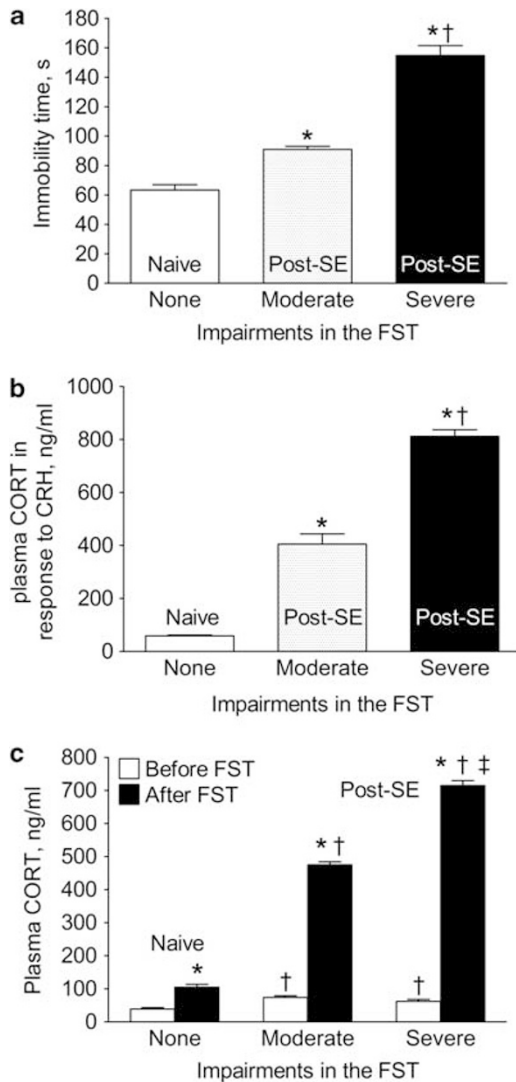
During the 5-min swimming session, control animals ( $n = 13$ ) mainly exhibited escaping and/or exploring behavior, while the cumulative immobility time accounted on average for 1 min. In post-SE rats ( $n = 22$ ), cumulative immobility time was twice as long, as compared with controls (Figure 1a). There was significant interaction between the group assignment (ie naive and post-SE), the outcomes of CORT radioimmunoassay ( $F = 61.85$ ,  $p < 0.001$ ). Baseline plasma CORT levels were significantly higher in post-SE than in naive subjects. Furthermore in contrast to naive rats, in post-SE animals DEX was ineffective in suppressing plasma CORT levels, while CRH induced an exacerbated increase in plasma CORT (Figure 1b). The observed behavioral and endocrine impairments confirmed previously shown depressive behavior and the dysregulation of the HPA axis following SE (Mazarati *et al*, 2008, 2009). Neither the immobility time in the FST nor plasma CORT levels statistically correlated with the frequency of spontaneous seizures (Spearman  $r = -0.02$  for immobility time and  $-0.28$  for CORT after CRH injection,  $p > 0.05$ ).

Based on the severity of behavioral impairments in the FST, we divided post-SE rats into two groups: those animals in which cumulative immobility time was  $\leq 100$  s (ie accounted for 1/3 or less of the total swimming time,  $n = 11$ ) were classified as moderately depressed, and those in whom cumulative immobility time was  $> 100$  s (ie more than 1/3 of total swimming time,  $n = 11$ ), as animals with severe depression (Figure 1c). In agreement with our earlier findings (Mazarati *et al*, 2009), the severity of depressive behavioral impairment in post-SE animals positively correlated with the extent of the dysregulation of the HPA axis, while no correlation was observed between the behavioral and endocrine measurements in naive rats (Figure 1c).

Further analysis of subgroups of post-SE animals showed that even in moderately impaired rats, performance in the FST was significantly worse, and the extent of the hyperactivity of the HPA axis (measured as plasma CORT level in response to CRH) was significantly higher than in naive subjects (Figures 1c and 2a and b). At the same time, both behavioral and endocrine abnormalities were statistically more significant in animals with severe



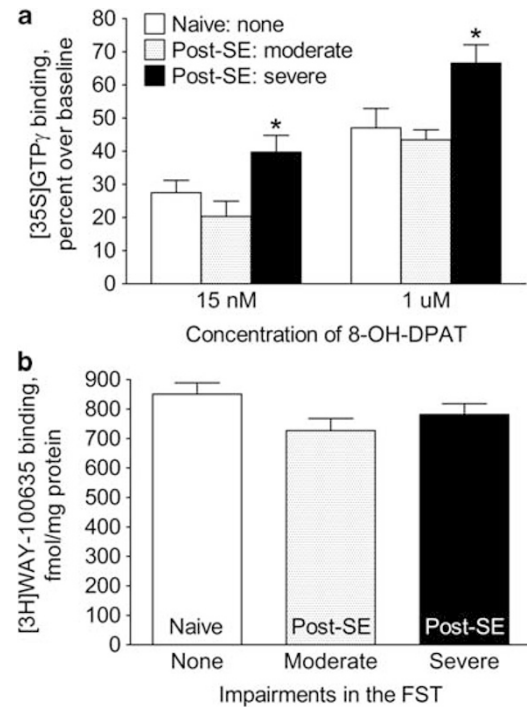
**Figure 1** Behavioral and endocrine impairments in post-SE animals. (a) Immobility time in the FST was significantly longer in post-SE rats ( $n = 22$ ), than in naive subjects ( $n = 13$ ). Data are presented as mean  $\pm$  SEM; \* $p < 0.05$ , post-SE vs naive (Mann–Whitney test). (b) In post-SE rats, baseline plasma CORT levels were significantly higher than in controls. In naive rats, DEX significantly suppressed plasma CORT levels; the latter returned to the pre-DEX value after CRH injection. In post-SE animals, DEX failed to suppress plasma CORT; CRH led to the exacerbated increase of CORT as compared with controls. Data are presented as mean  $\pm$  SEM; \* $p < 0.05$ , post-SE vs naive; † $p < 0.05$ , effects of either DEX or CRH vs respective baseline (two-way repeated measures ANOVA + Bonferroni *post hoc* test). (c) Immobility time in the FST is plotted against plasma CORT level in response to CRH injection. Breakdown of post-SE animals into subsets of moderately and severely depressed based on their performance in the FST is indicated by the outlining squares. In post-SE rats, statistically significant positive correlation was detected between the duration of the immobility time in the FST and plasma CORT concentration in response to CRH. No correlation between the two parameters was observed in control subjects. Spearman correlation coefficients are indicated next to the group symbols; \* $p < 0.05$ , post-SE vs naive. No statistical correlation was observed between the immobility time in the FST and any other CORT measurements (baseline and response to DEX) in both control and post-SE rats (data not shown).



**Figure 2** Behavioral and endocrine impairments in moderately and severely depressed post-SE rats. (a) Based on their performance in the FST, post-SE rats were divided into two subsets—moderately and severely depressed. Data are presented as mean  $\pm$  SEM. \* $p < 0.05$  for post-SE vs naive; † $p < 0.05$  for post-SE severe vs post-SE moderate (Kruskal–Wallis test followed by *post hoc* Mann–Whitney tests). (b) The rise of plasma CORT in response to CRH was significantly steeper in animals with severe, than in those with moderate depressive impairments. \* $p < 0.05$  for post-SE vs naive; † $p < 0.05$  for post-SE severe vs post-SE moderate (one-way ANOVA followed by *post hoc* Neuman–Keuls test). (c) Plasma CORT level in naive, moderately, and severely impaired post-SE rats 15 min after the completion of 5-min swimming session. \* $p < 0.04$ , after FST vs before FST; † $p < 0.05$ , moderate and severe vs none. ‡ $p < 0.05$ , severe vs moderate.

impairments than in moderately impaired post-SE rats (Figure 2a and b).

We suggested that the increase of plasma CORT level in response to CRH was mimicking the reaction of the HPA axis to stressful stimuli in both naive and post-SE subjects. In order to confirm this assertion experimentally, we measured plasma CORT levels after the 5-min forced swimming session. There was significant interaction between the group assignment (ie naive, moderate and severe impairments) and the measurements of plasma CORT concentration ( $F = 54.31$ ,  $p < 0.001$ ). Fifteen minutes after



**Figure 3** 8-OH-DPAT-stimulated [<sup>35</sup>S]GTP $\gamma$ S binding and [<sup>3</sup>H]WAY-100635 binding in dorsal raphe of naive and post-SE rats. (a) [<sup>35</sup>S]GTP $\gamma$ S binding stimulated by the 5-HT<sub>1A</sub> receptor agonist 8-OH-DPAT at each concentration (ie 15 nM or 1  $\mu$ M) is shown as mean  $\pm$  SEM for naive and the two subsets of post-SE rats. \* $p < 0.05$  post-SE severe vs both naive and post-SE moderate (two-way ANOVA + Bonferroni *post hoc* test). (b) The specific binding of the 5-HT<sub>1A</sub> receptor antagonist [<sup>3</sup>H]WAY-100635 in dorsal raphe was statistically similar in naive and post-SE rats (one-way ANOVA + Neuman–Keuls *post hoc* test). Data are presented as mean  $\pm$  SEM.

the completion of the FST, levels of plasma CORT were increased in both naive and post-SE rats. The extents of these increases were comparable to the ones observed in response to CRH injections during DEX/CRH test: ~2.5-fold in naive animals ( $n = 6$ ); 7-fold in rats with moderate behavioral impairments ( $n = 6$ ), and 14-fold in severely depressed subjects ( $n = 7$ ; Figure 2c).

### Characterization of Presynaptic (Raphe) 5-HT<sub>1A</sub> Receptors

There was no interaction between the group assignment (ie naive, moderate and severe impairments) and [<sup>35</sup>S]GTP $\gamma$ S binding ( $F = 0.3$ ,  $p > 0.05$ ). [<sup>35</sup>S]GTP $\gamma$ S binding stimulated by the 5-HT<sub>1A</sub> receptor agonist 8-OH-DPAT (15 nM or 1  $\mu$ M) in dorsal raphe was statistically similar between naive and all post-SE rats (ie those with moderate and severe depressive impairments combined, not shown). Further, no significant differences were observed between naive and moderately impaired rats (Figure 3a). However, in raphe of severely depressed animals, [<sup>35</sup>S]GTP $\gamma$ S binding stimulated by both low and high concentrations of 8-OH-DPAT was statistically higher than both in naive rats and in animals with moderate impairments in the FST ( $F = 10.2$ ,  $p < 0.001$ ; Figure 3a).

[<sup>3</sup>H]WAY-100635 binding in dorsal raphe was statistically similar between naive and all post-SE rats (ie animals with moderate and severe behavioral impairments combined; not shown). Furthermore, no alterations in the number raphe 5-HT<sub>1A</sub>-binding sites was observed in severely impaired animals as compared with both naive and moderately impaired rats (Figure 3b).

The obtained results suggested selective enhancement of presynaptic 5-HT<sub>1A</sub> receptor function, but not of their number, in animals that exhibited severe depressive behavior and excessively hyperactive HPA axis.

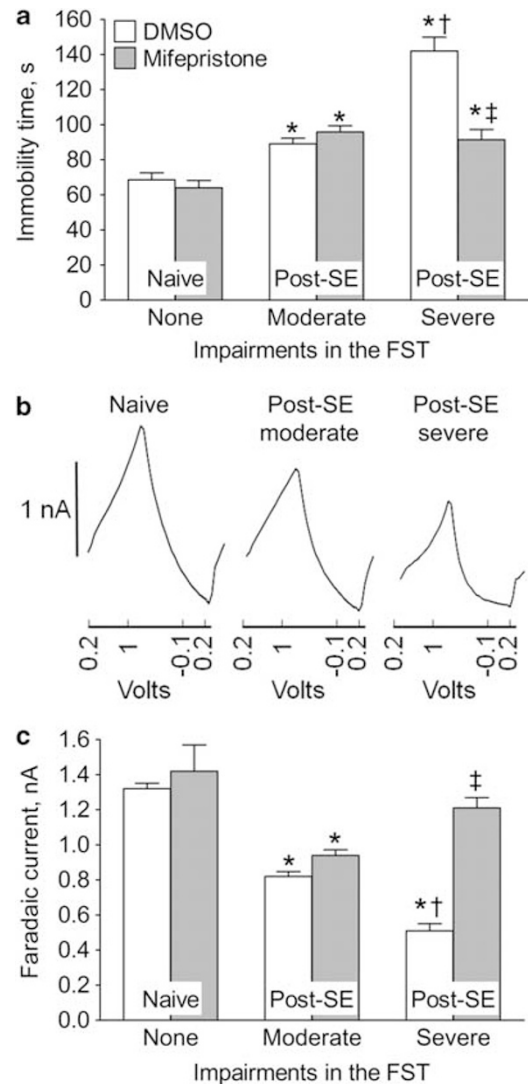
Neither [<sup>35</sup>S]GTP $\gamma$ S nor [<sup>3</sup>H]WAY-100635 binding in the dorsal raphe statistically correlated with the frequency of spontaneous seizures (Spearman  $r = -0.24$  at 15 nM 8-OH-DPAT and 0.28 at 1  $\mu$ M 8-OH-DPAT-stimulated [<sup>35</sup>S]GTP $\gamma$ S binding;  $r = 0.42$  for [<sup>3</sup>H]WAY-100635 binding, all  $p > 0.05$ ).

### Effects of Intraraphe Mifepristone Administration

We suggested that the enhanced function of presynaptic 5-HT<sub>1A</sub> receptors in severely depressed animals was driven by the excessively hyperactive HPA axis on the one hand, and that this enhancement of 5-HT<sub>1A</sub> function underlay the detected behavioral depressive impairments on the other hand. In order to confirm this suggestion experimentally, we examined whether the dissociation of circulating glucocorticoids from raphe glucocorticoid receptors would alleviate epilepsy-associated depressive behavior. There was significant interaction between the group assignment (ie naive, moderately and severely depressed) and the outcome of mifepristone treatment measured in the FST ( $F = 16.67$ ,  $p < 0.001$ ). One-week long delivery of mifepristone into dorsal raphe did not modify behavior in both naive ( $n = 8$ , mifepristone;  $n = 9$ , DMSO) and moderately impaired ( $n = 6$ , mifepristone;  $n = 6$ , DMSO) animals. At the same time, mifepristone administration significantly alleviated (although did not completely reverse) behavioral deficits in severely depressed rats ( $n = 9$ , mifepristone;  $n = 9$ , DMSO; Figure 4a).

We further examined whether the diminished serotonin output in the raphe–hippocampal pathway (which presumably was a result of raphe 5-HT<sub>1A</sub> activation and a cause of depressive behavioral impairments) could be improved by pharmacological blockade of raphe glucocorticoid receptors. In agreement with our earlier findings (Mazarati *et al*, 2008, 2010), the amplitude of serotonin oxidative peaks in the hippocampus in response to raphe stimulation was lower in post-SE animals than in controls, thus pointing towards the diminished raphe–hippocampal serotonergic transmission under conditions of chronic epilepsy. Furthermore, the deficit of raphe–hippocampal serotonergic transmission was more profound in animals with severe depression, than in moderately impaired subjects (Figure 4b and c).

There was significant interaction between the group assignment (ie naive, moderately and severely depressed post-SE rats; sample sizes are same as for Figure 4a) and the effects of mifepristone on the measurements in the FCV assay ( $F = 11.86$ ,  $p < 0.001$ ). In naive animals as well as in moderately depressed animals, 1-week long intraraphe infusion of mifepristone had no effect on hippocampal serotonin release in response to raphe stimulation. At the



**Figure 4** Effects of mifepristone administration into raphe nucleus on behavior in the FST and serotonin release in the raphe–hippocampal pathway. (a) Effects of mifepristone on the performance in the FST in naive and the two subsets of mifepristone and DMSO-treated rats are presented as mean  $\pm$  SEM. (b) Example of voltgrams obtained from the hippocampus in response to raphe stimulation in naive, moderately depressed, and severely depressed post-SE rats. Each tracing represents an average of five consecutive scans 0.1 s apart. Note progressive decline in the amplitude of faradaic currents. (c) Effects of mifepristone on the amplitude of faradaic currents in naive and the two subsets of mifepristone and DMSO-treated rats is presented as mean  $\pm$  SEM. (a, b) \* $p < 0.05$ , post-SE vs naive; † $p < 0.05$  post-SE severe, vs post-SE moderate; ‡ $p < 0.05$  Mifepristone vs DMSO (two-way ANOVA followed by Bonferroni *post hoc* test).

same time, in severely depressed rats, treatment with mifepristone restored the examined parameter to the level observed in naive subjects (Figure 4c).

Intraraphe infusion of mifepristone for 1 week did not affect functional state of the HPA axis in both control and post-SE rats, neither it modified frequency of spontaneous seizures in post-SE animals (not shown).

Single acute injection of mifepristone (350 nmol) into the raphe of post-SE animals improved neither behavioral nor biochemical impairments examined by the FST and FCV,

respectively ( $n=6$  per group: naive, moderately, and severely impaired post-SE rats treated with either DMSO or mifepristone; data not shown).

### Glucocorticoid Receptor Expression in Raphe Nucleus

In order to address the possibility that the selective antidepressant effects of mifepristone in post-SE rats could be due to the epilepsy-related increase of the expression of raphe glucocorticoid receptors, rather than due to the hyperactivity of the HPA axis alone, we compared the expression of glucocorticoid receptors in raphe nucleus of post-SE animals with severe depressive impairments ( $n=7$ ) and naive ( $n=7$ ) rats. Relative mRNA content, normalized against GAPDH was  $3.35 \pm 1.61$  in naive, and  $3.65 \pm 1.65$  in post-SE animals ( $p > 0.05$ , Mann-Whitney test).

### Characterization of Postsynaptic (Hippocampal) 5-HT1A Receptors

There was no interaction between the group assignment (ie naive, moderate and severe impairments) and [ $^{35}$ S]GTP $\gamma$ S binding ( $F=1.55$ ,  $p > 0.05$ ). At 15 nM of 8-OH-DPAT, [ $^{35}$ S]GTP $\gamma$ S binding was similar among the groups of naive ( $n=13$ ), moderately depressed ( $n=11$ ), and severely depressed ( $n=11$ ) post-SE rats across all examined areas (ie CA1, CA3, and dentate gyrus; Figure 5a). At the same time, [ $^{35}$ S]GTP $\gamma$ S binding in response to 1  $\mu$ M of 8-OH-DPAT was statistically lower in CA1 and CA3 of post-SE

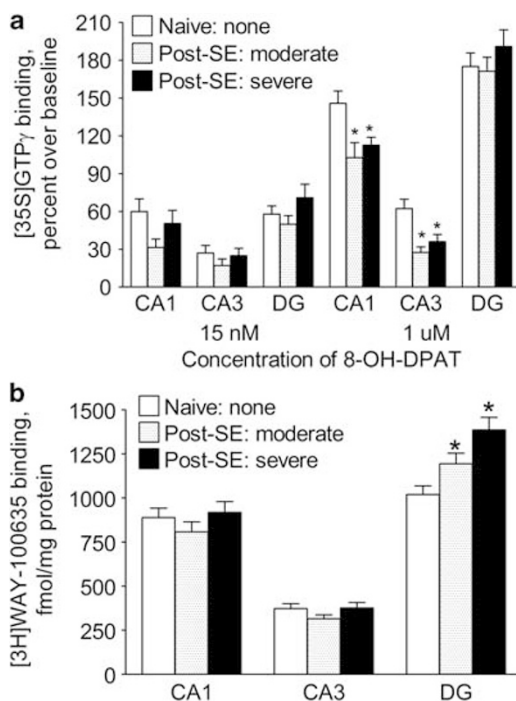
animals than in respective areas of control rats ( $F=9.39$ ,  $p < 0.001$ ), thus suggesting the diminished function of postsynaptic 5-HT1A receptors. The extent of attenuation of 5-HT1A receptor function was similar between moderately and severely impaired rats (Figure 5a).

There was significant interaction between the group assignment (ie naive, moderate and severe impairments) and [ $^3$ H]WAY-100635 binding ( $F=4.31$ ,  $p < 0.05$ ). No statistical differences were detected between naive and post-SE animals (both subgroups) in the number of 5-HT1A receptor binding sites in CA1 and CA3; in dentate gyrus of all post-SE subjects, the number of binding sites was significantly higher than in controls (Figure 5b).

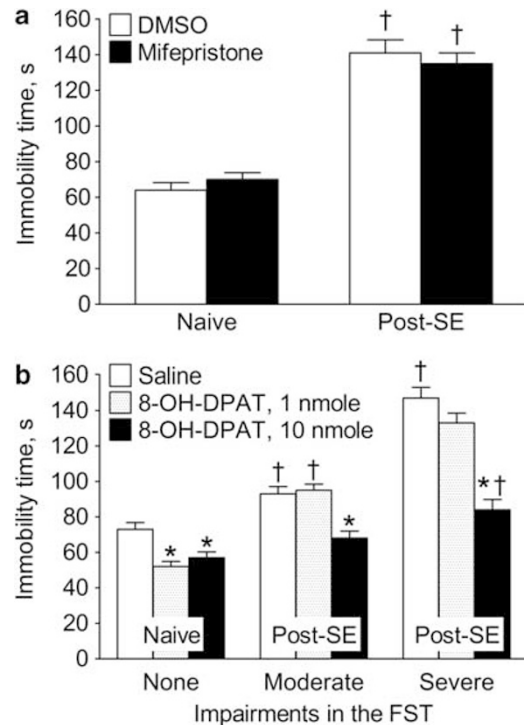
In naive and post-SE rats, both the function and the number hippocampal 5-HT1A receptors was statistically independent of spontaneous seizure frequency (not shown).

### Effects of Intrahippocampal Mifepristone Administration

Because there were no differences between the subsets of moderately and severely depressed animals in terms of both [ $^{35}$ S]GTP $\gamma$ S and [ $^3$ H]WAY-100635, effects of intrahippocampal mifepristone on behavior were only examined in a subset of rats with severe behavioral abnormalities. There was no interaction between the group assignment (ie naive and post-SE) and effects of treatment ( $F=1.16$ ,  $p > 0.05$ ). Intrahippocampal infusion of mifepristone did not modify behavior in the FST in both naive ( $n=9$ ) and post-SE



**Figure 5** 8-OH-DPAT-stimulated [ $^{35}$ S]GTP $\gamma$ S binding and [ $^3$ H]WAY-100635 binding in the hippocampus of naive and post-SE rats. (a) In CA1 and CA3 areas of the hippocampus of all post-SE animals, [ $^{35}$ S]GTP $\gamma$ S binding was significantly lower in response to 1  $\mu$ M 8-OH-DPAT, than in controls. (b) In dentate gyrus (DG) of all post-SE animals, the specific binding of [ $^3$ H]WAY-100635 was significantly higher than in controls. (a, b) Data are presented as mean  $\pm$  SEM; \* $p < 0.05$ , post-SE vs naive (two-way ANOVA + Bonferroni *post hoc* test).



**Figure 6** Effects of intrahippocampal administration of mifepristone and 8-OH-DPAT on behavior in the FST. (a) Effects of intrahippocampal mifepristone administration. Data are presented as mean  $\pm$  SEM.  $^\dagger p < 0.05$  post-SE vs naive (two-way ANOVA + Bonferroni *post hoc* test). (b) Effects of intrahippocampal 8-OH-DPAT administration. Data are presented as mean  $\pm$  SEM. \* $p < 0.05$ , 8-OH-DPAT vs saline;  $^\dagger p < 0.05$ , post-SE vs naive (two-way ANOVA + Bonferroni *post hoc* test).

subjects ( $n = 9$ ) as compared with DMSO-treated rats ( $n = 9$  per group, Figure 6a). Frequency of spontaneous seizures was not modified by intrahippocampal mifepristone administration (not shown).

### Effects of Intrahippocampal 8-OH-DPAT Administration

We examined whether the observed downregulation of hippocampal 5-HT<sub>1A</sub> receptors could have been a contributing factor in epilepsy-associated depressive impairments. To answer this question, both naive and post-SE rats were injected into the hippocampus with two doses of 5-HT<sub>1A</sub> agonist 8-OH-DPAT. There was significant interaction between the group assignment (ie naive, moderately and severely depressed post-SE rats) and performance in the FST ( $F = 12.5$ ,  $p < 0.01$ ). At both 1 and 10 nmol ( $n = 6$  per group per treatment), 8-OH-DPAT significantly shortened immobility time in the FST in naive subjects, without statistical differences between the two doses (Figure 6b). In both subsets of post-SE rats, 8-OH-DPAT treatment was ineffective at 1 nmol; however, it significantly improved performance in the FST at 10 nmol, to the equal extent in moderately and severely depressed animals (Figure 6b).

### Limitations of the Study

Due to technical reasons, the examination of effects of intraraphe and intrahippocampal mifepristone administration on the function and number of raphe and hippocampal 5-HT<sub>1A</sub> receptors could not be performed. Pilot experiments in nine animals showed that the described studies were not feasible because *in vivo* experimental procedures (such as electrode implantation and continuous drug infusion) rendered tissue inamenable to further autoradiographic assays.

## DISCUSSION

Earlier experiments implicated both the deficiency of central serotonergic transmission and the dysregulation of the HPA axis in the evolvement of depression-like behavioral abnormalities in animals with chronic epilepsy (Mazarati *et al*, 2008, 2009). The present study suggests that under certain conditions, the hyperactive HPA axis may positively regulate presynaptic 5-HT<sub>1A</sub> receptors (ie those in raphe nucleus); that the resulting enhanced function of presynaptic 5-HT<sub>1A</sub> receptors may be a factor limiting the release of serotonin from raphe neurons into the terminals; and that the deficiency of raphe-hippocampal serotonergic transmission may be ultimately contributing into (albeit not solely defining) behavioral depressive impairments. In addition, depression may be further exacerbated by the downregulation of postsynaptic 5-HT<sub>1A</sub> receptors (ie those in the hippocampus; the increase in the number of postsynaptic 5-HT<sub>1A</sub>-binding sites in dentate gyrus is discussed later on).

Several studies have shown the upregulation of presynaptic 5-HT<sub>1A</sub> receptors in patients with major depression (Lemondé *et al*, 2003; Parsey *et al*, 2006); such activation would shift serotonin release in favor of the short-feedback autoinhibitory loop and thus represents a conceivable cause

of the paucity of ascending serotonergic projections, as well as a target for therapeutic interventions using selective serotonin reuptake inhibitors (SSRIs; Chaput *et al*, 1986; Le Poul *et al*, 1995; Maudhuit *et al*, 1997). Along the same lines, in TLE patients suffering from comorbid depression, positive correlation was reported between the severity of clinical symptoms of depression and the binding capacity of raphe 5-HT<sub>1A</sub> receptors (Lothe *et al*, 2008). In our experiments, the functional capacity of presynaptic 5-HT<sub>1A</sub> receptors significantly varied among epileptic animals, and so did the severity of depressive impairments. The segregation of post-SE rats into two subsets based on their performance in the FST revealed that in severely depressed subjects, the function of raphe 5-HT<sub>1A</sub> receptors was indeed significantly enhanced, while in animals with moderate impairments, the function of raphe 5-HT<sub>1A</sub> receptors remained within normal levels. Therefore, the presumable suppression of serotonin release by presynaptic 5-HT<sub>1A</sub> receptors appears to have role in more severe depressive aberrations, while moderate impairments may stem from other causes. Indeed, besides the short-feedback autoinhibitory loop, afferent serotonin projections are controlled by a multitude of other extrinsic and intrinsic mechanisms (eg long-loop negative-feedback system activated by postsynaptic 5-HT<sub>1A</sub> receptors; excitatory noradrenergic projection from locus coeruleus; neuropeptide galanin acting via galanin type 1 and type 2 receptors; Ceci *et al*, 1994; Hajos *et al*, 1999; Hokfelt *et al*, 1998; Lu *et al*, 2005; Mazarati *et al*, 2005), all of which may be involved in epilepsy-associated depression. However, within the framework of our studies, it should be noticed that changes in presynaptic 5-HT<sub>1A</sub> receptors were specifically limited to alterations in their function, but not the number, as it was evident from [<sup>3</sup>H]WAY-100635 autoradiography.

Along with the differences in the function of presynaptic 5-HT<sub>1A</sub> receptors, the two subsets of post-SE animals were characterized by different extent of the dysregulation of the HPA axis: while the hyperactivity of the HPA axis was observed in all post-SE rats, the increase of plasma CORT in response to CRH was far steeper in rats with severe depressive impairments than in those with moderate behavioral abnormalities. This observation confirms our earlier finding of positive correlation between the severity of depressive behavior and the hyperactivity of the HPA axis following SE (Mazarati *et al*, 2009). The hyperactivity of the HPA axis may lead to depression via several mechanisms, including both direct and glutamate-mediated neurotoxicity in the hippocampus, both mechanisms being highly relevant in TLE (for review see Kondziella *et al* (2007)). However, in an attempt to connect the observed neuroendocrine, biochemical, and behavioral abnormalities in post-SE animals, we focused our attention on the interaction between the HPA axis and presynaptic 5-HT<sub>1A</sub> receptors. Experimental evidence suggests both positive and negative regulation of 5-HT<sub>1A</sub> autoreceptors by circulating glucocorticoids (Bellido *et al*, 2004; De Kloet *et al*, 1986; Judge *et al*, 2004; Man *et al*, 2002); as it has been pointed in the Introduction, the reported controversial findings may reflect complex state-dependent regulation of serotonergic mechanisms by the HPA axis (Judge *et al*, 2004). Because the upregulation of raphe 5-HT<sub>1A</sub> receptors was observed in post-SE rats with only excessively strong response to



CRH, we suggested that under normal (as in naive rats) or close to normal (as in moderately impaired rats) functioning of the HPA axis, the latter has no role in regulating 5-HT1A autoreceptors. In contrast, when the HPA axis is excessively dysregulated (as it was in severely impaired animals), it becomes the pivotal factor in positively driving the function of raphe 5-HT1A receptors.

The HPA hyperactivity was mimicked in our studies by CRH injection, but may also occur under conditions of severe stress. For example, prolonged (15 min) forced swimming in rats results in the increase of plasma CORT level comparable to the level observed by us after CRH injection to post-SE animals (Connor *et al*, 2000; Finn *et al*, 2003). Furthermore, in our studies, 5 min long swimming session itself induced the increase of plasma CORT levels in naive and in both subsets of post-SE rats comparable to those observed upon CRH injections in all three groups (ie progressive response across naive–moderately impaired–severely impaired animals).

Selective positive regulation of presynaptic 5-HT1A receptors by excessively dysregulated HPA axis would suggest that the blockade of the access of circulating glucocorticoids to raphe nucleus would (a) attenuate the function of raphe 5-HT1A receptors, (b) reverse the deficiency of raphe–hippocampal serotonergic transmission, and (c) improve behavioral depressive deficits in severely depressed, but not in naive and moderately impaired animals. Based on these assumptions, we examined effects of intraraphe infusion of mifepristone on epilepsy-associated depression.

In agreement with our contention, protracted pharmacological blockade of raphe glucocorticoid receptors significantly improved behavioral impairment in severely depressed post-SE rats, but had no effect in naive and moderately depressed animals. It should be noticed that the lack of effects of acutely injected mifepristone suggests that the observed behavioral alterations stemmed from prolonged chronic exposure of raphe nucleus to the excessively dysregulated HPA axis. However, the effect of mifepristone on serotonin release from the hippocampus was not as straightforward. In line with the presumed role of raphe–hippocampal serotonergic deficiency in the development of depressive impairments in the FST, we observed progressive decline of serotonin release in response to raphe stimulation in moderately and severely depressed rats. Lack of effects of mifepristone on raphe–hippocampal serotonergic transmission in naive and moderately impaired rats also supported our suggestion that glucocorticoids have no major role in regulating afferent serotonergic projections under normal and close to normal function of the HPA axis. At the same time, the action of mifepristone in animals with severe depressive impairments was surprising: one would expect that the treatment would partially improve serotonergic deficit by bringing it to the level detected in moderately impaired rats. Instead, in these animals we observed complete reversal of raphe–hippocampal serotonergic deficiency, so that electrochemical correlates of serotonin release were statistically similar between naive animals and mifepristone-treated severely depressed rats. On the one hand, the obtained result may merely reflect imperfection of the applied technique (ie FCV *in vivo*), and therefore more advanced methodology might be able to reveal more subtle

changes in the examined parameter. On the other hand, assuming that the assay was sufficiently accurate, the obtained data may suggest that moderate and severe depressive impairments following SE do not represent a continuum, that is do not stem from progressive deterioration of the same mechanism(s) and pathway(s); rather, the two observed patterns of behavioral abnormalities may have two entirely different pathophysiological backgrounds: while severe impairments result from the HPA axis–5-HT1A receptor interaction, moderate aberrations may involve distinct mechanisms, which are yet to be identified. While acknowledging the limitations of animal models for studying any neuropsychiatric phenomena, the latter assumption may have important clinical implications in dictating the need of different treatment strategies not just for different symptoms of depression (eg despair *vs* anhedonia *vs* social self-isolation), but also for different gradations of the same symptom (eg state of despair *vs* explicit suicidal ideation).

Because of the aforementioned technical limitations, we were unable to confirm directly that treatment with mifepristone attenuated the function of raphe 5-HT1A receptors in post-SE rats. However, recent experimental study showed that prolonged treatment with an SSRI fluoxetine suppresses the expression of raphe glucocorticoid receptors with the time course congruent with the onset of the drug's antidepressant effect (Heydendael and Jacobson, 2010). The implication that the attenuation of effects of circulating glucocorticoids on dorsal raphe may be one of the mechanisms underlying antidepressant action of fluoxetine (although this does not exclude the established mechanism involving the desensitization of presynaptic 5-HT1A receptors by the increased concentration of serotonin in the synaptic cleft) is in line with our finding that direct antagonism of raphe glucocorticoid receptors alleviated both behavioral and biochemical symptoms of depression.

Another important result of mifepristone experiment was the observed dissociation between the effects of the drug on serotonin release and behavior in animals with severe depressive impairments. The fact that complete restoration of the serotonin release in the hippocampus was accompanied only by partial improvement of behavioral deficit in the FST suggested that even within the subset of severely impaired rats raphe–hippocampal serotonin deficit was not the sole mechanism underlying depression. Since major depression is a multifactorial disorder, it is also highly likely that epilepsy-associated depression also has multiple contributing mechanism (among others, imbalance in glutamatergic, GABAergic, noradrenergic, and dopaminergic systems has been discussed; Kondziella *et al*, 2007). From this standpoint, the observed desensitization of postsynaptic 5-HT1A receptors in CA1 and CA3 may contribute to the evolvement of depression in post-SE rats independently of the deterioration of presynaptic component of central serotonergic transmission. It should be noticed that while the reduction of postsynaptic 5-HT1A receptor function was only observed at 1  $\mu$ M of 8-OH-DPAT, this effect was unlikely due to a nonspecific effect of the drug (ie not related to 5-HT1A receptors): 1  $\mu$ M represents an  $E_{max}$  concentration based on curves generated using eight incremental concentrations of 8-OH-DPAT (1 nM–10  $\mu$ M). [ $^{35}$ S]GTP $\gamma$ S binding stimulated by this

concentration of 8-OH-DPAT in hippocampus was completely blocked by the selective 5-HT1A receptor antagonist WAY-100635 (100 nM; Hensler and Durgam, 2001), and was not altered by the selective 5-HT7 receptor antagonist SB 269970 (100 nM; Rossi *et al*, 2006).

Reduced binding of hippocampal 5-HT1A receptors has been reported in patients with major depression (Sargent *et al*, 2000), as well as in those TLE patients who suffer from concurrent depression (Giovacchini *et al*, 2005). Along these lines, the observed antidepressant effect of intrahippocampally injected 5-HT1A agonist confirms the importance of postsynaptic 5-HT1A receptors in mediating depressive behavior, as well as adaptive behavior in the FST in general, as the drug effectively reduced the immobility time in naive rats. Furthermore, the rightward shift in the effects of 8-OH-DPAT in post-SE animals, as compared with naive rats may serve as an indirect confirmation of the declined function of these receptors in post-SE rats.

The increased number of 5-HT1A-binding sites in the dentate gyrus does not fit serotonergic hypothesis of depression in post-SE animals. Serotonin acting via 5-HT1A receptors is known to promote neuronal progenitor proliferation in dentate gyrus (Gould, 1999). Furthermore, the suppression of dentate gyrus neurogenesis, particularly by high concentrations of glucocorticoids, has been implicated in mechanisms of depression (Djavadian, 2004; Gould and Tanapat, 1999). At the same time, post-SE chronic epilepsy is characterized by the increased neuronal progenitor proliferation in dentate gyrus (Parent *et al*, 1997), although functional significance of this phenomenon remains debatable. Therefore, the coexistence of the diminished serotonergic innervation of the hippocampus and the dysregulated HPA axis with the increased neurogenesis in the epileptic brain represents an apparent mechanistic conflict. The increased number of 5-HT1A receptors in dentate gyrus may shed the light on this controversy. Certainly, this increase alone was not sufficient to compensate for other endocrine, receptor, and biochemical impairments ultimately leading to depression, because the animals developed depressive behavioral deficits. The mechanisms behind this increase remain to be investigated, and it is not known whether it represents a primary cause of the enhanced neurogenesis in chronic epilepsy. For example, the increased expression of brain-derived neurotrophic factor (BDNF) and its receptor TrkB has been established in pilocarpine model of epilepsy (Kornblum *et al*, 1997; Schmidt-Kastner *et al*, 1996), and BDNF is known to promote neurogenesis (Scharfman *et al*, 2005). However, in the context of our findings, it is conceivable that the described increase of number of 5-HT1A receptors in dentate gyrus may protect neuronal progenitors from detrimental effects of chronic stress.

Common mechanisms shared by epilepsy and depression have been contemplated as a possible cause of high incidence of comorbidity between the two conditions (Jobe, 2003; Jobe *et al*, 1999; Kondziella *et al*, 2007). While many of our findings support such line of thought (eg the dysregulation of the HPA axis, diminished raphe-hippocampal serotonergic transmission, upregulation of presynaptic and downregulation of postsynaptic 5-HT1A receptors), the increased neuronal progenitor proliferation

in the dentate gyrus under conditions of chronic epilepsy appears to be an example of divergent mechanisms underlying major depression and depression of comorbidity of epilepsy, at least in the framework of the utilized animal model. The expansion of experimental studies that would involve other experimental models and techniques would be instrumental for unveiling both overlapping and distinct mechanisms of major depression and that as a comorbidity of epilepsy. This in turn would be useful for the development of mechanism-based therapies of depression tailored to epilepsy patients.

In conclusion, we suggest that epilepsy-associated depression in the post-SE model may develop as a result of complex interaction between the dysregulated HPA axis, presynaptic 5-HT1A receptors, and the enhanced control by the latter of raphe-hippocampal serotonergic transmission. In addition, the attenuation of postsynaptic 5-HT1A receptor function in CA1 and CA3 may further exacerbate the deficiency of serotonergic ascending pathways.

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## DISCLOSURE

The authors declare no conflict of interest.

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