Effect of Menstrual Cycle Phase on Dopamine D2 Receptor Availability in Female Cynomolgus Monkeys

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Sex differences have been reported in a variety of affective and neurodegenerative disorders that involve dysfunctional dopamine (DA) neurotransmission. In addition, there is evidence for differences in sensitivity to the abuse-related effects of psychostimulants across the menstrual cycle which may result from effects of ovarian hormones on DA function. The goal of the present study was to extend previous work examining menstrual cycle-related changes in DA D2 receptor availability in humans to drug-naïve female cynomolgus monkeys ($n = 7$) using the selective D2-like receptor ligand [^{18}F]fluoroclozapine (FCP) and a high-resolution microPET P4 scanner. Menstrual cycle phase was characterized by daily vaginal swabs and measurements of serum progesterone levels. PET studies were conducted once during the luteal phase and once during the follicular phase. Regions of interest in the caudate nucleus, putamen, and cerebellum were defined on coregistered MRIs. Distribution volumes were calculated for FCP in each structure and the distribution volume ratio (DVR) for both brain regions relative to the cerebellum was used as a measure of D2 receptor availability. FCP DVRs were significantly higher in the luteal phase compared to the follicular phase in both the caudate nucleus (11.7% difference, $p = 0.02$) and putamen (11.6% difference, $p = 0.03$). These findings extend earlier work in humans and suggest that changes in DA receptor availability may be involved in the variation in symptoms of various neuropsychiatric disorders across the menstrual cycle, including differences in sensitivity to the abuse-related effects of stimulants.

Neuropsychopharmacology (2009) **34**, 548–554; doi:10.1038/npp.2008.3; published online 6 February 2008

Keywords: dopamine receptor; menstrual cycle; progesterone; non-human primates; microPET; caudate nucleus

INTRODUCTION

Sex differences have been demonstrated in the incidence and progression of, as well as medication effectiveness in, several neuropsychiatric disorders, including Parkinson's disease, schizophrenia, obsessive-compulsive disorder, and drug abuse (eg Seeman, 1996; Bogetto *et al*, 1999; Cyr *et al*, 2002; Wieck *et al*, 2003; Lynch *et al*, 2002; Lynch, 2006). Dysfunction of brain dopamine (DA) systems, particularly the D2-like superfamily of DA receptors, has been associated with these conditions (Cross *et al*, 1981; Guttman and Seeman, 1985; Volkow *et al*, 1993; Hesse *et al*, 2005). Thus, sex differences in the course and treatment of these disorders may be mediated by differences in dopaminergic function in brain areas affected by these disorders, including striatal regions (eg Munro *et al*, 2006). One mediator of these differences could be gonadal hormones

which have been shown to affect brain DA systems in laboratory animals (eg Pazos *et al*, 1985; Di Paolo *et al*, 1988; Bazzett and Becker, 1994). Although the vast majority of these studies have used rodent subjects, consistent findings have been reported in non-human primates. For example, DA neuron densities in the substantia nigra were higher in intact female monkeys compared to males or ovariectomized females (Leranth *et al*, 2000).

In apparent contrast to these findings in animals, researchers using brain imaging techniques in humans have reported either modest or no sex differences in basal D2 receptor availability in subcortical brain areas (Farde *et al*, 1995; Pohjalainen *et al*, 1998; Munro *et al*, 2006). In these studies, the lack of robust sex differences may be due to effects of menstrual phase-related fluctuations in estrogen and/or progesterone on PET measures. Studies in rodents using receptor autoradiography have demonstrated that D2 receptor densities can increase in the presence of natural elevations in estrogen during the estrous cycle and after exogenous estrogen administration (Pazos *et al*, 1985; Bazzett and Becker, 1994; see Di Paolo, 1994). Moreover, in women, behavioral effects of drugs of abuse such as amphetamine and cocaine, which primarily act on brain DA systems, differ as a function of menstrual cycle phase

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Received 14 July 2007; revised 5 December 2007; accepted 15 December 2007

(eg Justice and de Wit, 1999; Sofuoglu *et al*, 1999; Evans *et al*, 2002; White *et al*, 2002; Evans and Foltin, 2006; for review see Turner and de Wit, 2006). Studies using positron emission tomography (PET) have documented fluctuations in 5-HT_{1A} receptors and glucose utilization across the menstrual cycle (Reiman *et al*, 1996; Jovanovic *et al*, 2006) as well as correlations between circulating levels of ovarian hormones and measures of μ opiate receptor binding (Smith *et al*, 1998). Three studies have assessed D2 receptor availability as a function of menstrual cycle. Wong *et al* (1988) observed a trend toward lower striatal uptake of the D2 ligand [¹¹C]-N-methyl-spiperone (NMSp) in the follicular vs luteal phase, indicating either lower D2 receptor densities or higher striatal DA concentrations during the follicular phase. More recently, this group observed lower baseline binding potential for [¹¹C]raclopride in the putamen (but not caudate nucleus or ventral striatum) in women in the luteal vs follicular phase (Munro *et al*, 2006). In contrast, Nordström *et al* (1998) observed no menstrual cycle-dependent variations in D2 receptor availability in the putamen using [¹¹C]raclopride in five women. Thus, the scant available evidence suggests that differences in D2 receptor availability may influence symptoms and effects of drugs observed across the menstrual cycle (for reviews see Seeman and Lang, 1990; Hendrick *et al*, 1996; Turner and de Wit, 2006).

Most preclinical studies examining effects of ovarian hormones on DA and D2 receptor function have been conducted in rodents. Unlike rodents, which have a 4-day estrous cycle, the menstrual cycle of Old World macaques is similar to humans, with a duration of approximately 28 days and well-characterized fluctuations in estrogen and progesterone (Jewitt and Dukelow, 1972; Goodman *et al*, 1977; Appt, 2004). The primary purpose of the present study was to extend research on menstrual cycle phase and D2 receptor availability to non-human primates. Whereas the three human PET studies used two different radiotracers and examined different brain regions, we used a single radioligand to examine both caudate nucleus and putamen. Moreover, the present studies used drug-naïve animals, a within-subjects design and a high-resolution (~2 mm) microPET camera.

MATERIALS AND METHODS

Subjects

Seven experimentally naïve female cynomolgus monkeys (*Macaca fascicularis*) aged 9–17 years served as subjects. Monkeys were naïve to drugs with the exception of infrequent (less than once per month) exposure to ketamine used as an anesthetic to facilitate veterinary or imaging procedures. Each monkey lived individually in a stainless steel cage (0.71 × 0.84 × 0.84 m; Allentown Caging Co., Allentown, PA). Monkeys' body weights were maintained at approximately 95% of their free-feeding weights by limiting daily access to food (LabDiet No 5038 Monkey Chow and fresh fruit); animals had unlimited access to water. Animal housing, handling and all experimental procedures were performed in accordance with the 2003 National Research Council Guidelines for the Care and Use of Mammals in Neuroscience and Behavioral Research and

were approved by the Animal Care and Use Committee of Wake Forest University. Environmental enrichment was provided as outlined in the Animal Care and Use Committee of Wake Forest University Non-Human Primate Environmental Enrichment Plan.

Menstrual Phase Determination

Menstrual cycle duration was assessed initially by daily vaginal swabs over several months. Days of bleeding were recorded as indicative of menses. Once a cycle of approximately 28 days had been observed, PET scans were scheduled to occur during the subsequent follicular and luteal phases. To confirm cycle phase, on the day of a PET study 3 ml of blood was drawn from the femoral vein. The blood was centrifuged (Beckman Coulter, GPR Centrifuge) at 3000 r.p.m. and 4°C for 30 min. The serum was then aspirated into an Eppendorf tube and stored at –20°C. Progesterone assays were performed at the Biomarkers Core Laboratory of the Yerkes National Primate Research Center of Emory University in Atlanta, GA. Progesterone levels were measured using a commercially available kit from Diagnostic Products Corporation (Los Angeles, CA) using a modification of a previously described assay (Wilson, 1998). Samples (250 μ l) were extracted with 2.5 ml of anesthesia-grade ether and the organic layer was evaporated to dryness under a stream of N₂. The sample was reconstituted in 250 μ l of the assay buffer and 100 μ l replicates were assayed. This assay has a sensitivity of 0.1 ng/ml with an intra-assay coefficient of variation of 8.44% and an inter-assay coefficient of 8.14% across the range of the standard curve.

MR and PET Imaging

Magnetic resonance images (MRI) were acquired for each monkey. Approximately 20 min prior to the study, subjects were anesthetized with ketamine (15 mg/kg, i.m.) and transported to the MRI facility. Anesthesia was maintained during the scanning procedure with ketamine supplements when necessary. 3D SPGR brain images were acquired (TE 5, TR 45, flip angle 45, RBW 15.6 kHz, FOV 18 cm, 256 × 192 matrix, slice thickness 2 mm, NEX 3) with a 1.5-Tesla GE Signa NR scanner (GE Medical Systems). T1-weighted whole brain images were used to anatomically define spherical regions of interest (ROIs), including the right and left caudate nucleus, putamen (0.5 mm radius), and cerebellum (0.8 mm radius), for later co-registration with PET images.

PET scans to measure D2 receptor availability using the D2 receptor radioligand [¹⁸F]fluoroclebopride (FCP) were conducted twice in each monkey, once in the follicular phase and once in the luteal phase. Follicular phase scans were scheduled on days 5–12 of the menstrual cycle and luteal scans on days 21–26, with the exception of one subject (Table 1); this variability in cycle day was due primarily to logistical issues (ie the PET camera was unavailable due to weekends or use by other investigators). The phase in which each monkey was first scanned was counterbalanced. It should be noted that FCP does not differentiate among subtypes of the D2-like superfamily (ie D₂, D₃, and D₄ receptors; see Mach *et al*, 1996). Prior to each study, monkeys were anesthetized with 10 mg/kg ketamine and transported to the PET Center. This dose of ketamine does

not affect D2 receptor availability as measured with FCP (Nader *et al*, 1999). Details regarding the PET data acquisition protocol, blood sampling procedure, and metabolite analysis have been fully described previously (Mach *et al*, 1996, 1997; Morgan *et al*, 2002; Nader *et al*, 1999). An arterial and a venous catheter were inserted by percutaneous stick for blood sampling and tracer injection, respectively. A paralytic agent (0.07 mg/kg vecuronium Br, i.v.) was administered and ventilation was maintained by a respirator throughout the 3-h PET study. Supplemental doses of vecuronium (0.1 mg/h) were administered throughout the study. Body temperature was maintained at 40°C and vital signs (heart rate, blood pressure, respiration rate, and temperature) were monitored throughout the scanning procedure. The time between the two scans ranged between 12 and 66 days; over this period average weight change was minimal (0.03 kg).

PET scans were acquired using a primate microPET P4 scanner (Siemens/CTI Concorde) specifically designed for small-animal imaging. This scanner has a 7.8-cm axial extent, a 19-cm diameter transaxial field of view, and a 22-cm animal port. In a single scan, the microPET provides 63 transverse slices with a 1.2-mm center-to-center spacing over the axial field of view. The reconstructed resolution is approximately 2.2 mm in all three axes. (For additional information on scanner performance, see Tai *et al*, 2001; Fahey *et al*, 2004).

[¹⁸F]FCP was synthesized as described previously (Mach *et al*, 1993a,b). At the start of the PET scan, approximately 4 mCi of [¹⁸F]FCP was injected, followed by 3 ml of heparinized saline. At appropriate times, arterial blood samples were withdrawn and placed into preheparinized minicentrifuge tubes for analysis (see Mach *et al*, 1997 for complete details). Scans were conducted and images were registered to each subjects' MRI (for details see Czoty *et al*, 2005). Tissue-time-activity curves were generated, and distribution volumes were obtained for each ROI using the linear portion of the Logan plot (Logan *et al*, 1990). Distribution volume ratios (DVRs) for the caudate nucleus and putamen were calculated using the cerebellum as the reference region. DVR thus served as an index of specific [¹⁸F]FCP binding in each ROI. Note that we used DVR as the primary dependent variable; others have used binding potential, which can be obtained by the formula DVR-1.

Table 1 Plasma Progesterone Levels (ng/ml) at Time of PET Study in Each Monkey as a Function of Menstrual Cycle Phase

Subject	Age (years)	Phase (day)	PG	Phase	PG
C-6804	15	Follicular (11)	1.94	Luteal (26)	4.57
C-7370	13	Follicular (10)	0.54	Luteal (23)	10.82
C-7374	10	Follicular (12)	1.72	Luteal (21)	18.50
C-6812	17	Follicular (11)	1.83	Luteal (23)	9.55
C-7376	15	Follicular (8)	0.13	Luteal (21)	9.76
C-7377	9	Follicular (5)	0.73	Luteal (22)	4.21
C-6820	9	Follicular (9)	3.48	Luteal (58 ^a)	4.34
MEAN (SEM)	12.4 (1.3)	9.4 (1.0)	1.5 (0.5)	22.7 (0.8)	8.8 (2.1)

^aLuteal phase PET study was conducted on day 58 because this monkey skipped a menstrual cycle period. Day 58 was not included in the calculation of mean length of menstrual cycle for the group.

Data Analysis

Paired *t*-tests were used to compare DVRs for each brain region separately. Average levels of progesterone obtained in luteal and follicular phases were also compared using a paired *t*-test. In all cases, significance was accepted at the 95% level of confidence ($p < 0.05$).

RESULTS

Initial characterization indicated that menstrual cycles ranged from 28 to 30 days across animals; bleeding was typically detected on 4 days of the cycle (range: 2–6 days). Blood samples taken on days of PET scans confirmed that monkeys were in the calculated phase. On average, PET scans were conducted on day 9 (follicular phase) and day 23 (luteal phase, Table 1) of the menstrual cycle. Plasma progesterone concentrations differed significantly ($p < 0.05$) between follicular and luteal phases (Table 1).

As has been described previously for this radiotracer, there was a high level of uptake of [¹⁸F]FCP and a linear rate of washout from all regions of interest. In the reference region, the cerebellum, there was a low level of [¹⁸F]FCP uptake and rapid rate of washout. Importantly, the distribution volumes in the cerebellum did not change significantly as a function of menstrual cycle phase (data not shown). For all structures assessed, there were no differences between left and right sides, so mean data are shown (Figure 1). In the caudate nucleus the mean ($\pm$ SEM) FCP DVR during the follicular phase (2.85 ± 0.11) was significantly lower than during the luteal phase (3.18 ± 0.14 ; $t_6 = 3.16$, $p = 0.020$). Similarly, in the putamen the mean DVR during the follicular phase (3.07 ± 0.14) was significantly lower than during the luteal phase (3.42 ± 0.18 ; $t_6 = 2.79$, $p = 0.032$). The relative differences in mean [¹⁸F]FCP DVR values observed in the caudate nucleus and putamen averaged 11.7 and 11.6 percent, respectively

Figure 1 Effects of menstrual cycle on [¹⁸F]FCP DVR in caudate nucleus and putamen relative to the cerebellum. Each monkey was scanned once in follicular (F) and luteal (L) phases. Horizontal lines indicate group means.

(Table 2). Importantly, despite the relatively large range of days used to define follicular (cycle day 5–12) and luteal (day 21–26), within a cycle, neither DVRs nor progesterone levels varied as a function of the day on which the scan occurred. DVRs were also measured in the anterior cingulate cortex, but the very low [^{18}F]FCP binding observed in this region (follicular and luteal phase DVRs averaged 1.19 ± 0.05 and 1.24 ± 0.05 , respectively) rendered this ligand unsuitable for assessment of cycle-related fluctuations in D2 receptor availability in this region.

DISCUSSION

The present study used a within-subjects design to examine whether menstrual cycle phase influenced D2 receptor availability in drug-naïve female cynomolgus monkeys. As in humans, the menstrual cycle in female macaques was observed to last approximately 28 days; the appropriate phase was confirmed in this study by measuring plasma progesterone levels on the days PET scans were conducted. Measures of D2 receptor availability were approximately 12% higher in the luteal phase compared to the follicular phase in the caudate nucleus and putamen, a degree of variation that is well outside the reported between-studies variability of FCP (approximately 2%; Nader *et al*, 1999). These findings suggest that menstrual cycle can influence striatal DA receptor availability, which may be a neurobiological mechanism underlying menstrual cycle-related changes in symptoms and clinical efficacy for treatments of neurodegenerative and affective disorders (eg Tolson *et al*, 2002; Terner and de Wit, 2006).

A characteristic of PET ligands with reversible binding kinetics, including FCP (Mach *et al*, 1997), is the ability of the radiotracer to be displaced by extracellular DA (eg Dewey *et al*, 1992; Ginovart *et al*, 1997; see Laruelle, 2000; Nader and Czoty, 2008). Thus, the observed changes in [^{18}F]FCP DVRs across the menstrual cycle may be due to changes in D2 receptor numbers, fluctuations in levels of extracellular DA or both. In the present study, we confirmed menstrual cycle phase by measuring progesterone levels, which were significantly higher in the luteal compared to follicular phase. In contrast, estrogen levels are high during the follicular phase. Thus, one mechanism for the lower D2 DVRs in the follicular phase may be related to increases in DA release produced by high levels of estrogen (Becker *et al*, 2001; Dazzi *et al*, 2007; Di Paolo *et al*, 1986; for review

see Becker, 1999). Future studies using *in vivo* microdialysis or PET imaging studies that measure displacement of a D2 ligand after acute estrogen administration will better determine the precise role of this hormone in D2 receptor availability. The second possibility, that D2 receptor densities changed between the follicular and luteal phases, is less likely. Studies in rodents examining effects of estrogen on D2 receptor densities have produced mixed results. Administration of estradiol benzoate (20 $\mu\text{g/kg}$) significantly decreased striatal D2 receptor densities in the caudal striatum of ovariectomized rats (Bazzett and Becker, 1994). In contrast, estrogen increased striatal D2 receptor densities (for review see Di Paolo, 1994). Also in rats, Di Paolo *et al* (1988) reported that the ratio of high/low affinity states of striatal D2 receptors was highest when estrogen levels were low (the rat diestrus) and lowest when estrogen levels were high (the rat proestrus). Adding further complexity, most of these studies have been conducted in ovariectomized animals, and thus are perhaps a better model of changes accompanying menopause than menstrual cycle fluctuations. Comparable receptor density studies have not been conducted in intact, normally cycling female monkeys.

The present data documenting differences in D2 receptor availability across menstrual cycle phases extends two earlier findings in women (Wong *et al*, 1988; Munro *et al*, 2006) and contrasts with a third (Nordström *et al*, 1998). Wong *et al* (1988) measured the binding rate constant (termed k_3) in the caudate nucleus of six women using the radiotracer [^{11}C]NMSP. They observed a small trend in k_3 values, with lower values in the follicular compared to luteal phase. Although NMSP also has high affinity for serotonin-2 receptors (Hall *et al*, 1990; Mach *et al*, 1993a), which somewhat complicates the conclusion that changes occurred solely in D2 receptor availability, more recent studies using [^{11}C]NMSP have demonstrated that the PET signal arising from the caudate nucleus and putamen is primarily due to occupancy of DA receptors (eg Lyon *et al*, 1986; Grunder *et al*, 1997). More recently, this group (Munro *et al*, 2006) examined differences in D2 availability as a function of menstrual cycle phase with [^{11}C]raclopride, a ligand that is more selective for D2 receptors compared to NMSP (Hall and Wedel, 1986; Hall *et al*, 1990) and has a binding profile similar to [^{18}F]FCP (Mach *et al*, 1997; Nader and Czoty, 2005). While they too found differences as a function of menstrual cycle (in the putamen but not caudate nucleus or ventral striatum), the effects were opposite to those reported by Wong *et al* (1988) and the present findings. Finally, Nordström *et al* (1998) reported that [^{11}C]raclopride binding potential in the putamen was not influenced by menstrual cycle phase. There are several possible reasons for the discrepancies, including the smaller number of human subjects studied twice, that is, in both phases (three in the Nordström *et al*, 1998 study, none in the Munro *et al*, 2006 study) compared to the repeated-measures design with seven monkeys, and the use of drug-naïve monkeys and a high-resolution microPET camera in the present study.

Although striatal DA D2 receptor availability declines with age (eg Wong *et al*, 1984, 1997; Rinne *et al*, 1993; Mukherjee *et al*, 2002), it is unlikely that age served as a confounding variable in this study. The average age of the

Table 2 Percent Changes in [^{18}F]FCP DVR from Follicular to Luteal Phase

Subject	Caudate nucleus	Putamen
C-6804	26.8	25.4
C-7370	10.0	8.2
C-7374	22.5	22.7
C-6812	4.8	−5.8
C-7376	−2.4	1.5
C-7377	8.5	13.9
C-6820	11.6	15.2
MEAN (SEM)	11.7 (4.1)	11.6 (4.6)

monkeys was approximately 13, with a range of 9–17 years old. Female cynomolgus monkeys do not approach declining ovarian function and natural menopause until they are approximately 24–29 years of age (Appt, 2004). Although a previous study in humans (Pohjalainen *et al*, 1998) provided evidence for age-related changes in affinity of striatal D2-like receptors for [^{11}C]raclopride, a large age range of subjects (19–82 years old) was used, including post-menopausal women. In the seven monkeys used in the present study, correlative analysis did not reveal significant relationships between age and D2 DVRs in the caudate nucleus or putamen.

Evidence of sex differences in drug abuse and affective disorders, particularly those that involve striatal DA function (eg Lukas *et al*, 1996; Becker *et al*, 2001; Staley *et al*, 2001; Caine *et al*, 2004), is accumulating. However, *in vivo* imaging studies to date have not examined sex differences in D2 receptor availability in non-human primates. Our laboratory has extensive experience imaging male monkeys. Although comparing such results with those of the present study is complicated by use of different PET cameras, we feel it is insightful to directly compare the present findings with those in males because the primary dependent variable, DVR, is a relative measure. Moreover, it is noteworthy that in previous PET studies in which male and female cynomolgus monkeys were studied using the same PET camera, DVRs in a large ROI covering the caudate nucleus and putamen were similar across sexes (Grant *et al*, 1998; Morgan *et al*, 2002). In individually housed, drug-naïve male cynomolgus monkeys (Czoty *et al*, 2005), DVRs in the caudate nucleus (2.42 ± 0.39) were lower than those observed in females in either the follicular (2.85 ± 0.11) or luteal (3.18 ± 0.14) phase in the present study. Similarly, putamen DVRs were lower in males (2.87 ± 0.43) than females scanned during either phase (follicular, 3.07 ± 0.14 ; luteal, 3.42 ± 0.18). These findings suggest sex differences in the availability of striatal D2 receptors in drug-naïve non-human primates, with D2 availability in males more similar to females studied during the follicular phase.

The effect of menstrual cycle phase on D2 receptor availability may have relevance for understanding sex differences in clinical features of psychiatric disorders. Women show differences in a number of aspects of schizophrenia compared to men, and accumulating evidence suggests that estrogen may play a protective role regarding vulnerability (for reviews see Grigoriadis and Seeman 2002; Hafner, 2003; Halbreich and Kahn, 2003). For example, a later age of onset of symptoms related to schizophrenia is observed in women (Aleman *et al*, 2003) and women generally respond to lower doses of medications that target D2 receptors compared to men (Seeman, 1983). Moreover, schizophrenic symptoms, generally less severe in women (Hafner, 2003), frequently worsen when estrogen is low (Hallonquist *et al*, 1993). Although the mechanisms by which estrogen and striatal D2 function interact with symptoms and therapeutic efficacy are not fully understood, the present study suggests that the effectiveness of medications which target D2 receptors may differ across the menstrual cycle phase.

Menstrual cycle-related fluctuations in D2 receptor availability may also underlie sex differences in clinical

aspects of drug abuse. Although PET imaging studies have not always reported sex differences in basal levels of D2 receptor availability, it is possible that sex differences may emerge in the presence of a drug. For example, although Munro *et al* (2006) observed similar basal availability of D2 receptors in women and men, amphetamine-induced DA release was significantly greater in men. In light of the apparent inverse relationship between D2 receptor availability and vulnerability to abuse-related effects of cocaine (Volkow *et al*, 1990; Thanos *et al*, 2001; Morgan *et al*, 2002; Nader and Czoty, 2005; Nader *et al*, 2006), the present results suggest that sensitivity to the abuse-related effects of psychostimulants may vary with menstrual cycle phase. Supporting this hypothesis, Mello *et al* (2007) reported that a low cocaine dose was a stronger reinforcer during follicular vs luteal phase in monkeys self-administering cocaine under a progressive-ratio schedule of reinforcement. An additional hypothesis suggested by these data is that sensitivity to psychostimulants will be higher in males than in females, but females will be more similar to males during the follicular phase than during the luteal phase. Supporting this hypothesis, the majority of studies in humans report greater subjective effects of cocaine and amphetamine in females during the follicular phase (Justice and de Wit, 1999; White *et al*, 2002; for review see Turner and de Wit, 2006). Although a greater proportion of cocaine abusers are males (SAMHSA, 2006), specific sex differences and the neurobiological and sociocultural factors that produce them have not been fully elucidated (eg Wagner and Anthony, 2007) and studies of sex differences in drug self-administration in laboratory animals have produced inconsistent results (for review see Lynch *et al*, 2002). The present data suggest that the influence of menstrual cycle phase could partially explain discrepancies in previous studies of sex differences in neuropsychiatric diseases and drug responsiveness, and should be taken into account in future studies.

ACKNOWLEDGEMENTS

We thank Kimberly Black, Robert Gould, Michelle Icenhower, and Stephanie Rideout for excellent technical assistance. This research was supported by NIDA Grant DA 017763 (MAN) and a pilot grant from the Center for Biomolecular Imaging at Wake Forest University School of Medicine.

DISCLOSURE/CONFLICT OF INTEREST

We declare that there are no conflicts of interest for any of the authors.

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