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Rats go with the (urine) flow

A new study describes the correction of a rat model for inherited diabetes insipidus by gene therapy in the central nervous system (pages 1402–1404).

THE DISORDER DIABETES insipidus may seem an unlikely context in which ideas about possible gene therapy strategies for brain disorders may be first tried. However, the Brattleboro strain of rats—which has inherited diabetes insipidus¹—has been used repeatedly in neuroendocrinology as a unique resource, and, once again, its merits as an experimental model have been extended. On page 1402 of this issue, Geddes *et al.*² describe their studies to test the usefulness of adenovirus-based vectors for the long-term correction of a defect in the central nervous system (CNS).

By way of background, the defect in Brattleboro rats has been characterized as a recessive hypothalamic diabetes insipidus, arising from the loss of a single base-pair in the gene for the precursor protein (pre-pro-AVP) that encodes arginine vasopressin (AVP) and its homologous carrier protein, neurophysin-II (ref. 3). These rats show copious urine production and concomitant water intake, due to a lack of AVP. But, surprisingly, the *pre-pro-AVP* gene is normal in exon 1 (which encodes arginine vasopressin). The deletion occurs in the middle of exon 2, within the sequence of neurophysin-II. The resulting frame shift leads to an extended open reading frame which continues through the normal stop codon, creating a poly-lysine tail. This mutant pre-pro-AVP cannot be normally processed, and accumulates in the endoplasmic reticulum, preventing the production, packaging and eventual secretion of AVP (ref. 4).

The direct relevance of the Brattleboro model for human diabetes insipidus is limited. Inherited forms of the human disease are caused by several identified genes

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including, predominantly, the AVP V2-receptor, which is expressed in the kidney⁵. However, although rare, an inherited human diabetes insipidus has arisen from a neurohypophyseal origin⁶. The true importance of the work by Geddes *et al.* is in testing crucial features of a gene therapy strategy for the brain: the suitability of the vector; the selectivity of transgene expression; and the persistence of therapeutic efficacy. The Brattleboro model is ideal for this, because the aim herein is to reverse a loss-of-function single gene change in the brain—a much simpler circumstance than in complex idiopathic CNS disorders such as Alzheimer's disease. Moreover, the consequences can be readily measured non-invasively (for example, by urine production and thirst).

Geddes *et al.* injected the adenoviral expression vector, encoding a synthetic gene for the open reading frame of rat *pre-pro-AVP*, into the supraoptic nucleus in the hypothalamus of the rat brain. One gratifying (but as-yet-unexplained) aspect is that, although the transgene could be expressed as a messenger RNA when injected into a control brain region, it was not processed to functional AVP peptide. This unexpected advantage may arise from a self-selection process. Inappropriate cell types could, perhaps, lack the contextual cues *in vivo* to support biosynthesis of an endocrine signal. But whether this will prove to be true for other types of transgenes in other contexts remains to be seen.

A single injection of the gene therapy

vector led to a substantial (25–45 percent) recovery of normal antidiuretic functions, which was long lasting (up to four months after treatment) and, apparently, without side-effects. The question of possible side-effects will, however, be a crucial issue for further investigation. Adenovirus vectors used for transducing transgenes into the brain have been linked to induction of cell death (reviewed in ref. 7). Thus, the loss of cells from the regions of the CNS that express the adenovirus-encoded gene will need to be carefully assessed. Nevertheless, the results of Geddes *et al.* are an optimistic milestone in the development of CNS gene therapy.

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