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Figure 1 The pathway by which Alzheimer disease pathogenesis is initiated.

families with these duplications had not been identified before. Perhaps clinicians had not appreciated that family members with a stroke phenotype and related family members with a dementia phenotype had the same underlying lesion, particularly because evidence of a stroke is part of the exclusionary criteria for making the diagnosis of Alzheimer disease.

In general, the relationship between the vascular and parenchymal lesions in all the β -amyloidopathies deserves re-examination in light of this overlap between angiopathy and plaque and between hemorrhage and dementia. This reinvestigation is also important because it is likely that the T lymphocyte-mediated meningoencephalitis seen in the A β vaccination (AN-1792) trial for Alzheimer disease may have been caused by antibody-induced damage to the microvasculature⁴. Recent data have corroborated an old

view of amyloid plaques: that at their center they have amyloid fibrils extruding from an angio-pathic blood vessel⁵⁻⁷. In addition, there is clear evidence that amyloid plaques represent the sites of microhemorrhages in Alzheimer disease^{8,9}. Ironically, this new view comes close to the long-discredited notion of Alzheimer disease as being caused by hardening of the arteries. Whatever the history of this idea, these findings all suggest that it is crucial we understand the vascular deposition of A β in Alzheimer disease. Such an understanding may be necessary not only to understand the initiation of the disease, but also to avoid potential side effects of treatment.

One hundred years after Alois Alzheimer's description of the plaques and tangles in the first reported case of Alzheimer disease, we have looked at the proteins that make up these deposits as pathologies and have not extensively

investigated their physiologic roles. Perhaps we should consider the possibility that A β has a function that relates directly to its involvement in vascular pathology. We know, for example, that APP is involved in blood clotting¹⁰ and that A β drains from the brain along the walls of the microvasculature¹¹. Perhaps we should consider the possibility that A β has complementary damage-response roles: (i) as an emergency sealant of the vasculature during hemorrhage and (ii) as a neuronal depressant¹². As a depressant, it would reduce the brain's oxygen requirement during an ischemic event and thus help control the extent of hypoxic damage in a hemorrhage. This physiologic view would fit with the observation of a continuum of A β pathology between the blood vessels and the plaques, which is especially seen in the individuals with APP duplications. Research over the last 20 years has focused on A β pathology; perhaps we should now shift our focus to understanding A β physiology in order to garner further information as to the process which leads to dementia.

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Highly cited research papers on Alzheimer disease published in 2004^a

Reference	Times cited
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Oddo, S. <i>et al.</i> A β immunotherapy leads to clearance of early, but not late, hyperphosphorylated tau aggregates via the proteasome. <i>Neuron</i> 43 , 321–332	82
Lustbader, J.W. <i>et al.</i> ABAD directly links A β to mitochondrial toxicity in Alzheimer's disease. <i>Science</i> 304 , 448–452	74
Jin, K. <i>et al.</i> Increased hippocampal neurogenesis in Alzheimer's disease. <i>Proc. Natl. Acad. Sci. USA</i> 101 , 343–347	69
Saura, C.A. <i>et al.</i> Loss of presenilin function causes impairments of memory and synaptic plasticity followed by age-dependent neurodegeneration. <i>Neuron</i> 42 , 23–36	68
Hitomi, J. <i>et al.</i> Involvement of caspase-4 in endoplasmic reticulum stress-induced apoptosis and A β -induced cell death. <i>J. Cell Biol.</i> 165 , 347–356	55
Williams, A.D. <i>et al.</i> Mapping A β amyloid fibril secondary structure using scanning proline mutagenesis. <i>J. Mol. Biol.</i> 335 , 833–842	51
Ohno, M. <i>et al.</i> BACE1 deficiency rescues memory deficits and cholinergic dysfunction in a mouse model of Alzheimer's disease. <i>Neuron</i> 41 , 27–33	51

^aNumber of citations as of 13 June 2006. Table includes all primary research articles that have the terms 'Alzheimer' or 'Alzheimer's' in their title, abstract or keywords, and that have been cited at least 50 times. Table does not include reviews. Data source: *Scopus*