

The lysis of *Trypanosoma brucei brucei* by human serum

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The natural immunity of humans to the cattle pathogen *Trypanosoma brucei brucei*, but not to the morphologically indistinguishable human pathogens *T. brucei gambiense* and *T. brucei rhodesiense*, is due to the selective killing of the parasite by normal human serum. The factor in human serum that mediates lysis of *T. brucei brucei* has long been attributed to a minor subclass of high density lipoprotein (HDL). Evidence indicates that the trypanolytic activity of isolated human HDL is due to peroxidase activity of an associated haptoglobin-related protein-hemoglobin complex. However, recent data suggest that the trypanolytic activity of HDL may be completely inhibited in whole human serum, and that trypanolytic activity of normal human serum is due to a second, less well-defined factor of high molecular weight. Current research aimed at understanding the mechanisms of cytotoxicity and the affected metabolic pathways may open new approaches for the development of specific drugs and vaccines against trypanosomiasis.

Keywords: *Trypanosoma*, high density lipoprotein, haptoglobin, serum lysis

African trypanosomes and disease

Trypanosomiasis is a major health and economic problem in Africa. The affected areas extend over more than 10 million km² across the central region of the continent and threaten more than 50 million people and 25 million cattle. The main livestock pathogens are *Trypanosoma congolense*, *Trypanosoma vivax*, and *Trypanosoma brucei brucei*. Animals with trypanosomiasis have severe weakness, anemia, and cachexia. It has been estimated that as a result of this protozoan infection, Africa produces 70 times less animal protein per unit area than Europe. In areas of high tsetse fly density, even the animal stocks that are naturally more resistant to infection have to be treated to survive, and the susceptible cattle cannot be maintained even under chemoprophylaxis. Control of the tsetse vector is complicated and has proven impossible to achieve in practice, and vaccine development seems difficult because African trypanosomes can change their surface coat to escape attack by antibodies^{1,2}. There is a wide variation in the natural susceptibility of cattle, sheep, goats, mice, and other animals to trypanosomiasis, and many animals show little parasitemia and survive the infection. The mechanism of this innate immunity appears complex and multigenic.

The human disease, known as sleeping sickness, is caused by *T. brucei rhodesiense* and *T. brucei gambiense*, which are transmitted by the bite of the tsetse fly (*Glossina* sp.). According to a World Development Report³, African sleeping sickness is the third most important contributor to the global burden of parasitic disease after malaria and schistosomiasis. More than 25,000 new cases are reported yearly, although the actual incidence is believed to be considerably higher. Unless treated, sleeping sickness is always fatal, and an acute form of the disease can lead to death in a few weeks. Chronic disease causes population displacements and social instability.

An intriguing phenomenon associated with natural immunity to these parasites is the complement-independent selective killing by normal human serum (NHS) of the cattle pathogen *T. brucei brucei*, but not of the morphologically indistinguishable human pathogens *T. brucei gambiense* and *T. brucei rhodesiense*. Understanding the mechanism(s) by which *T. brucei brucei* is lysed by human serum, and the molecular basis for resistance of the human pathogens to human serum, may lead to the development of specific drugs and vaccines for both the human and animal disease.

Lytic factors for *T. brucei brucei* in human serum

There are at least two distinct trypanolytic factors in NHS. The first described, and best characterized, lytic factor is a minor subclass of high density lipoprotein (HDL); the second factor is not a lipoprotein and remains only poorly characterized. Although a subclass of HDL has long been regarded as the primary (if not the only) trypanolytic factor in NHS, recent evidence suggests that the nonlipoprotein factor is of more physiological relevance. Trypanolytic HDL will be referred to as trypanosome lytic factor 1 (TLF1), and the nonlipoprotein factor as TLF2.

Trypanosome lytic factor 1. Since the discovery by Rifkin⁴ that an isolated fraction of human HDL is toxic for *T. brucei brucei*, many workers have corroborated her finding⁵⁻⁹. It is generally accepted that only a minor subclass of HDL kills trypanosomes, although there is some controversy regarding its precise nature^{10,11}. Different groups have reported the isolation of trypanolytic HDL subfractions that differ with regard to both size and density^{5,8,9}. Nevertheless, the trypanolytic HDL particles (TLF1) isolated by Hajduk et al.⁵ remain the best characterized. These TLF1 particles are relatively large (15 to 21 nm, 490 kD) with a high density (1.21 to 1.24 g/ml). In addition to the major HDL-associated apolipoproteins (apo) AI and AII, the TLF1 particles contain

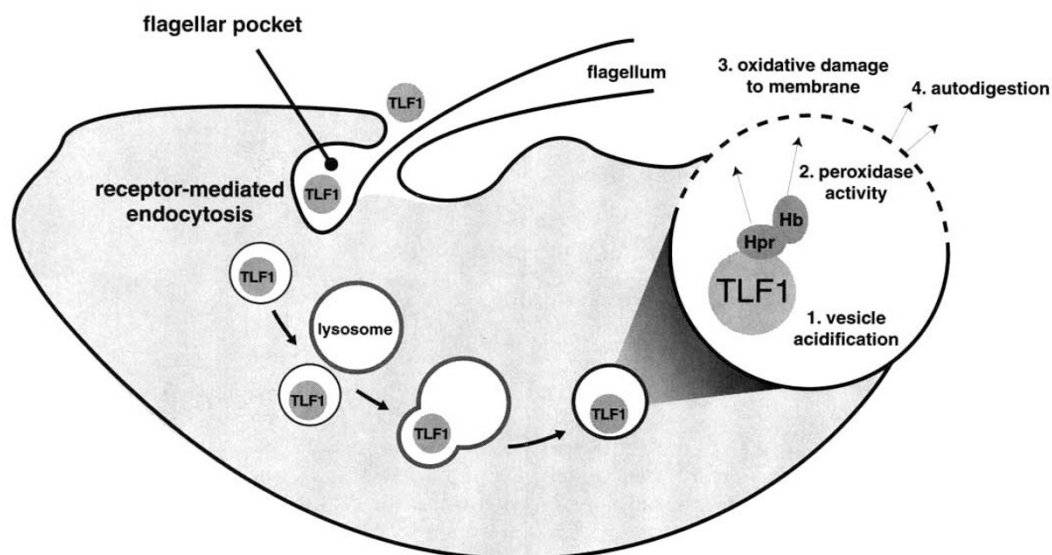


Figure 1. Schematic figure showing the mechanism of TLF1-mediated lysis proposed by Smith et al.¹². See text for details.

haptoglobin-related protein (Hpr) and paraoxanase/arylesterase¹². Smith et al.¹² propose that like haptoglobin (Hp), TLF1-associated Hpr binds plasma hemoglobin (Hb), and that the Hpr-Hb complex represents the toxic moiety of TLF1 (see below).

Trypanosome lytic factor 2. About 10 years after the discovery of trypanolytic HDL, Barth¹³ described the isolation of a non-HDL trypanolytic factor (TLF2) from human serum. However, the presence of a nonlipoprotein serum lytic factor has been slow to gain acceptance, probably because the relationship between TLF2 and the much better characterized, and more active, TLF1 has remained obscure. Our recent data have corroborated some of the earlier findings of Barth, and shows that TLF2 is a high molecular weight complex (>1000 kD) that does not float in density gradients^{13,14} and does not contain the HDL marker proteins apo AI or AII⁹. Further confirmation that TLF1 and TLF2 are distinct lytic factors comes from the finding that Hp selectively inhibits only TLF1¹⁴ (see below). The structure of TLF2 is unknown, and whether it contains Hpr, or other components common to TLF1, remains to be established.

Mechanisms of trypanosome lysis

Our current understanding of the mechanism by which TLF1 lyses trypanosomes is due in large part to work done in the laboratory of Stephen Hajduk. Data described here indicate that the binding of TLF1 to trypanosomes is receptor-mediated, and that TLF1 exerts its toxic effect from an intracellular location following endocytosis. There is only a limited amount of data available concerning the mechanism of lysis by TLF2, but it appears likely that TLF2 is internalized and processed in a similar fashion to TLF1.

TLF1-mediated trypanolysis. Receptor-mediated endocytosis and uptake of macromolecules appear to occur from within the trypanosome flagellar pocket¹⁵, an invagination of the plasma membrane from which the flagellum emerges. The surface membrane of the flagellar pocket differs from the rest of the plasma membrane in that it contains relatively little variant surface glycoprotein (VSG), the major surface antigen that constitutes the protective coat of trypanosomes. Immunoelectron microscopic techniques have been used to show that gold-labeled transferrin¹⁶ and low density lipoprotein (LDL)¹⁷ bind within the try-

panosome flagellar pocket, from which they are endocytosed into coated vesicles and delivered to lysosomes. Similar studies using gold-labeled TLF1 have shown that at 4°C TLF1 binds to the flagellar pocket membrane, and at 17°C it is endocytosed into small coated vesicles. At 37°C these vesicles appear to fuse with larger vesicles presumed to be lysosomes, subsequent to which gold particles are observed in the cytoplasm¹⁸. Trypanosome lysis appears to be temporally related to the release of TLF1 from the putative lysosomal compartment into the cytoplasm. Additional evidence for the important role of lysosomes in TLF1-mediated lysis is the observation that the lysosomotropic agents chloroquine and NH₄Cl prevent trypanolysis^{18,19}.

These agents prevent the acidification of the lysosome and therefore inhibit the activity of lysosomal proteases²⁰.

Cell surface receptors for LDL^{21,22} and transferrin^{23–26} have been identified and characterized in *T. brucei brucei*. These receptors are localized to the flagellar pocket and appear to be essentially invariant throughout the trypanosomatids¹⁵. Binding studies also indicate the presence of an HDL receptor^{18,27}, and cysteine-rich acidic transmembrane protein—a potential HDL receptor—is located exclusively at the flagellar pocket²⁸. The best evidence for the existence of a receptor for TLF1 lies in the observation that TLF1 binds to *T. brucei brucei* in a specific and saturable manner¹⁸. Data from binding experiments using purified TLF1 and purified nonlytic HDL indicate that trypanosomes contain a high-affinity TLF1-specific binding site and a low-affinity HDL binding site that can also bind TLF1¹⁸. However, TLF1 receptor-related studies are complicated by the fact that complete separation of TLF1 from nonlytic HDL is difficult to achieve, and both of these particles appear to contain common ligands. Since trypanosomes contain between 22,000 (ref. 18) and 64,000 (ref. 28) binding sites for HDL, compared to an estimated 350 sites specific for TLF1 (ref. 18), the contamination of TLF1 with even very low concentrations of nonlytic HDL make it very difficult to distinguish between TLF1 binding to TLF1-specific receptors and binding to HDL receptors.

The ligand(s) involved in TLF1 uptake, which may differ from the toxic moiety of the particle, has not been identified. Reconstitution studies by Tytler et al.²⁹ suggested that apo AI, a component of both bulk HDL and TLF1, could serve as a ligand. A trypanosome apo AI receptor would bind both TLF1 and nonlytic HDL, and may explain why nonlytic HDL partially competes with TLF1 for binding¹⁸. However, it is unlikely that an apo AI receptor plays a role in TLF1-mediated lysis since TLF1 represents <1% of total serum HDL, yet total HDL preparations are fully trypanolytic; if an apo AI receptor were the only mode of entry for TLF1, its binding would be blocked by the large excess of nonlytic HDL. The finding that apo AI-deficient sera from patients with Tangier disease is trypanolytic⁹ also appears to exclude a role for apo AI in TLF1 lysis. A second candidate TLF1 ligand, which may

bind to the TLF1-specific high-affinity binding site described by Hagar et al.¹⁸, is Hpr. Although direct evidence for its role as a ligand is lacking, such a function would offer a possible explanation for the ability of highly homologous Hp to inhibit TLF1-mediated lysis (see below). It is also possible that TLF1 is heterogeneous in nature, and can use multiple protein components as receptor ligands to ensure rapid access to the trypanosome interior.

Smith et al.¹² recently identified Hpr as a unique component of TLF1, and have presented convincing evidence that TLF1-mediated trypanosome lysis is the result of peroxidase activity associated with this protein. Hpr is over 90% identical to Hp³⁰, an abundant plasma protein that binds free Hb with an extremely high affinity³¹. Smith et al.¹² propose that TLF1-associated Hpr functions similarly to Hp in that it binds Hb, and that Hpr-Hb complexes exhibit peroxidase activity at low pH. They have shown that purified TLF1 contains Hb, possesses peroxidase activity at pH 4 (albeit very low), and that TLF1-mediated trypanolysis can be inhibited by anti-Hp antibodies that cross-react with Hpr. Furthermore, they have shown that the antioxidant enzyme catalase (which is not present in African trypanosomes) inhibits TLF1-mediated lysis, indicating that killing occurs via an oxidative mechanism. Their data support the following hypothesis for TLF1-mediated lysis (Fig. 1): Following internalization, TLF1 is targeted to acidic intracellular vesicles, which results in the expression of peroxidase activity by the TLF1 particle. The peroxidase activity causes oxidative damage to the vesicular membrane, which results in vesicle disruption, and the subsequent release of lysosomal enzymes into the cytoplasm leads to autodigestion of the parasite. It should be pointed out, however, that at physiological pH, Hp is an antioxidant rather than an oxidant, and neutralizes the potentially toxic effects of Hb. Only below pH 5.5 does the association of Hp with Hb enhance peroxidase activity of Hb³². Recent data indicating a lysosomal pH of 6.1 in *T. brucei rhodesiense*³³ appear to be in conflict with the hypothesis of TLF1-mediated trypanosome lysis proposed by Smith et al. However, further research is required to determine whether a similar lysosomal pH is found in other African trypanosomes. An intriguing possibility is that the lysosomal compartment of resistant trypanosomes is maintained at a pH higher than that of sensitive parasites.

TLF2-mediated trypanolysis. In contrast to TLF1, very little is known concerning the mechanism by which TLF2 kills *T. brucei brucei*. Partially purified TLF2 exhibits specific and saturable binding to *T. brucei brucei*, which suggests the presence of a TLF2 receptor (our unpublished data). In addition, TLF2 exhibits the same time- and temperature-dependent trypanolytic properties as TLF1. It should also be noted that earlier experiments relating to trypanosome lysis using whole human serum probably reflect the action of TLF2, since TLF1 appears to be inactive in complete NHS (see below). In common with TLF1, chloroquine and NH₄Cl protect trypanosomes from lysis by TLF2. Together, these results indicate that the uptake of TLF2 is also the result of receptor-mediated endocytosis, and that killing requires the acidification of intracellular vesicles. It is not known whether TLF2 contains a ligand(s) distinct from TLF1. The characterization of a TLF2 receptor will require highly purified TLF2, especially as IgM and α -2 macroglobulin are major contaminants of crude TLF2 preparations (our unpublished data), and both bind nonspecifically to trypanosomes^{34,35}. The composition and structure of TLF2 and the determination of the molecular basis of TLF2-mediated trypanolysis are central unresolved questions and present a challenge for future research.

The role of Hp in serum-mediated trypanosome lysis

The first indication that human serum contained an inhibitor of trypanolysis came from the observation that when TLF1 is sepa-

rated from the bulk of serum proteins, there is a considerable increase in its specific lytic activity⁵. Recent work has identified this inhibitor as the acute phase reactant Hp^{14,36}, which is present in NHS at concentrations between 0.2 and 2 mg/ml. Significantly, purified TLF1 is completely inhibited by concentrations of Hp below those found in NHS^{14,36}. In contrast, the lytic activity of isolated TLF2 is unaffected by Hp¹⁴. These data indicate that TLF1 activity in NHS is completely inhibited by endogenous serum Hp, and that the trypanolytic activity of NHS is most likely due solely to TLF2. Indeed, the addition of high concentrations of exogenous Hp to NHS does not affect its trypanolytic activity¹⁴, and there is no correlation between the trypanolytic activity of NHS and its endogenous Hp concentration³⁷.

Further information regarding the effect of Hp on TLF1 and TLF2 activity in human serum came from studies of sera from patients suffering from intravascular hemolysis. These sera are depleted of Hp because the Hb released into the plasma binds Hp, and the complexes are rapidly removed from the circulation by the liver³¹. Such Hp-deficient sera are over tenfold more trypanolytic than NHS^{14,36}. An unexpected, and so far unexplained finding, is that these Hp-depleted sera are also deficient in TLF2. Although TLF2 may be the main trypanolytic factor in NHS, the high TLF1-dependent trypanolytic activity of Hp-depleted sera may be of significance in areas where trypanosomiasis is endemic, since both trypanosomiasis and malaria cause intravascular hemolysis and thus Hp-depletion.

The inhibition of TLF1 by Hp is dose dependent and reversible³⁶. It appears unlikely that inhibition is due to Hb displacement from TLF1-associated Hpr, because both Hp and Hp-Hb complexes are equally inhibitory. Also, the addition of excess Hb to NHS does not affect its trypanolytic activity¹⁴. It is also unlikely that Hp binds to TLF1 and blocks or displaces the ligand or toxic moiety, because when endogenous serum Hp is separated from TLF1 (by density or size), the lytic activity of TLF1 is recovered^{5,8,9}. The remaining possibilities are that Hp binds to the TLF1 receptor and blocks uptake of TLF1, or that Hp reversibly inactivates the lytic component(s) of TLF1 either extra- or intracellularly. Unless there is a weak extracellular association between TLF1 and Hp, it would appear more likely that inhibition occurs intracellularly, possibly following colocalization of Hp and TLF1 within intracellular vesicles. The mechanism of inhibition remains obscure.

Mechanisms of trypanosome resistance to serum

The mechanism(s) by which the human pathogens *T. brucei rhodesiense* and *T. brucei gambiense* resist lysis by human serum is not known. In fact, the only criteria often used to distinguish between *T. brucei brucei* and *T. brucei rhodesiense* is their resistance to non-immune human serum, although this is not a stable characteristic for either parasite. The frequency of switching between serum-resistant and serum-sensitive phenotypes has been calculated to be far greater than the mutation rate, and is therefore likely due to alternative gene expression³⁸.

The bloodstream forms of African trypanosomes are able to

Table 1. Characteristics of isolated trypanolytic factors from human serum.

TLF1	TLF2
• approximately 500 kD	• >1000 kD
• contains apo AI and AII	• does not contain apo AI or AII
• density = 1.17 to 1.25 g/ml	• density >1.250 g/ml
• inhibited by haptoglobin	• not inhibited by haptoglobin
• inhibited by chloroquine/NH ₄ Cl	• inhibited by chloroquine/NH ₄ Cl

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evade the specific immune system of the host due to variation in their major surface antigen, VSG. The VSG genes are transcribed at one of about 20 different telomeric expression sites, each of which contains additional expression site-associated genes (ESAGs). There are at least eight ESAGs at each expression site, and most of them appear to encode surface proteins. A change in VSG expression is due either to the activation of a different expression site or to the switching of VSG genes on an active expression site (for review see ref. 2). It is highly unlikely that VSG is associated with serum susceptibility since both serum-sensitive and serum-resistant clonal populations expressing the same VSG have been reported^{38,39}. However, some reports have indicated that switching between serum-resistant and serum-sensitive phenotypes was associated with a switch in VSG expression^{40,41}, thus raising the possibility that ESAGs may be involved in the sensitivity of trypanosomes to human serum.

The data outlined in the preceding sections indicate that parasites that are resistant to lysis by NHS are resistant to lysis by TLF2, since TLF1 appears to be inactive in NHS. Some *T. brucei rhodesiense* strains are clearly resistant to both lytic factors, since it has been shown that a particular strain can be resistant to NHS and purified TLF1^{8,9}. However, at present it is not clear whether resistance to TLF1 and TLF2 is mediated via common effector pathways, or whether the mechanisms of resistance to each factor are independent.

Resistance to lysis by either TLF1 or TLF2 could be due to an absent or altered receptor for the uptake of these lytic particles. With regard to resistance to TLF1, Lorenz et al.⁴² studied the binding of TLF1 to serum-resistant *T. brucei rhodesiense*. They showed that purified trypanolytic HDL₃ ($\rho = 1.12$ to 1.21 g/ml) binds equally to *T. brucei brucei* and *T. brucei rhodesiense*, and concluded that receptors for TLF1 are present on both serum-sensitive and serum-resistant trypanosomes. However, trypanolytic HDL₃ is likely to also contain nonlytic HDL, and the interpretation of such binding studies is difficult because of the large number of trypanosome HDL binding sites compared to the small number of putative TLF1-specific binding sites. TLF1 binding experiments with *T. brucei gambiense* have not been done, and whether TLF2 binds to *T. brucei rhodesiense* and *T. brucei gambiense* is also not known. Nevertheless, the incubation of *T. brucei gambiense* in NHS depletes it of trypanolytic activity⁴³. Since the lytic activity in NHS for *T. brucei brucei* is attributed to TLF2, these findings imply that *T. brucei gambiense* binds TLF2.

Another possible mechanism of resistance to serum lytic factors is the inactivation of their activity by resistant parasites. TLF1 appears to mediate trypanosome lysis by oxidative damage. Thus, it is possible that resistance to TLF1 may be elicited by an increased antioxidative capacity of the parasite. For example, resistant parasites could express increased levels of trypanothione reductase, an enzyme localized in the cytosol of African trypanosomes and which constitutes part of their antioxidant system⁴⁴.

Resistance to serum may be multigenic, and it is possible that more than one mechanism of resistance may exist. Indeed, it is now apparent that there is enormous diversity among the parasite populations causing infection in humans⁴⁵. Sexual recombination in *T. brucei*, which occurs in the insect vector^{10,46}, is likely to contribute to this diversity. This method of genetic exchange thus provides a potential mechanism for the generation of new serum-resistant trypanosome strains in the tsetse fly, following blood meals from multiple hosts infected with different parasite strains.

Prospects

The pathways leading to the lysis of trypanosomes by purified TLF1 are fairly well outlined. In contrast, little is known concerning the mechanism of action of TLF2, and its relationship to TLF1

remains obscure. A full understanding of the mechanisms of cytotoxicity and the affected metabolic pathways may open new approaches for development of specific drugs to treat trypanosomiasis. It will, of course, be of great interest to determine the molecular basis for the remarkable difference between *T. brucei brucei* and the human parasites *T. brucei gambiense* and *T. brucei rhodesiense* in their susceptibility to human serum. Do human pathogens lack TLF1 and/or TLF2 receptors or have mutant forms of the receptor, or are they not susceptible to the toxin(s)? If either of the latter two possibilities is true, and all species contain related receptors, ongoing research may open new perspectives for the development of a multisurface component vaccine, using trypanosome membrane receptor(s) for the lytic factors as immunogens. Receptors, presumably found in the flagellar pocket, are accessible to high molecular weight toxic moieties, and therefore should also be accessible to serum antibodies. Even if TLF receptors are absent from the human parasites, a vaccine for the immunization of cattle may be feasible. It will be interesting to see if transgenic animals expressing human Hpr, or other identified proteins involved in the trypanolytic process, can resist infection by *T. brucei brucei*. If so, genetically engineered cattle resistant to infection may provide a viable approach in combating animal trypanosomiasis.

Acknowledgments

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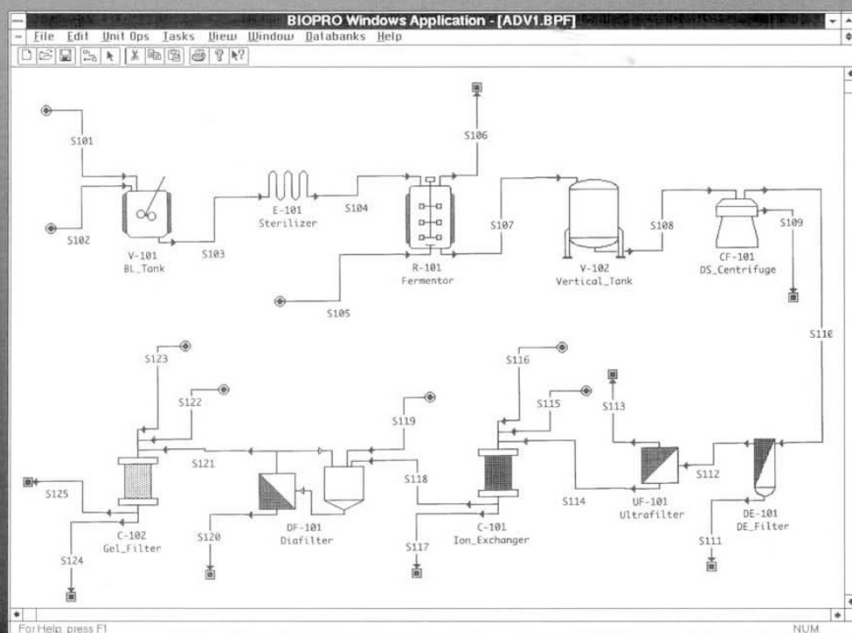
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