

Consensus statement on the pathology of IgG4-related disease

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IgG4-related disease is a newly recognized fibro-inflammatory condition characterized by several features: a tendency to form tumefactive lesions in multiple sites; a characteristic histopathological appearance; and—often but not always—elevated serum IgG4 concentrations. An international symposium on IgG4-related

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disease was held in Boston, MA, on 4–7 October 2011. The organizing committee comprising 35 IgG4-related disease experts from Japan, Korea, Hong Kong, the United Kingdom, Germany, Italy, Holland, Canada, and the United States, including the clinicians, pathologists, radiologists, and basic scientists. This group represents broad subspecialty expertise in pathology, rheumatology, gastroenterology, allergy, immunology, nephrology, pulmonary medicine, oncology, ophthalmology, and surgery. The histopathology of IgG4-related disease was a specific focus of the international symposium. The primary purpose of this statement is to provide practicing pathologists with a set of guidelines for the diagnosis of IgG4-related disease. The diagnosis of IgG4-related disease rests on the combined presence of the characteristic histopathological appearance and increased numbers of IgG4⁺ plasma cells. The critical histopathological features are a dense lymphoplasmacytic infiltrate, a storiform pattern of fibrosis, and obliterative phlebitis. We propose a terminology scheme for the diagnosis of IgG4-related disease that is based primarily on the morphological appearance on biopsy. Tissue IgG4 counts and IgG4:IgG ratios are secondary in importance. The guidelines proposed in this statement do not supplant careful clinicopathological correlation and sound clinical judgment. As the spectrum of this disease continues to expand, we advocate the use of strict criteria for accepting newly proposed entities or sites as components of the IgG4-related disease spectrum.

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Introduction and historical perspective

IgG4-related disease is a newly recognized fibro-inflammatory condition characterized by several features: a tendency to form tumefactive lesions at multiple sites; a dense lymphoplasmacytic infiltrate rich in IgG4⁺ plasma cells; storiform fibrosis; and—often but not always—elevated serum IgG4 concentrations.^{1,2} The disease was initially recognized in the pancreas, disease now known as autoimmune pancreatitis. Autoimmune pancreatitis was linked with the presence of elevated levels of serum IgG4 in 2001.¹

Two distinct disorders within the category currently known as autoimmune pancreatitis are recognized. Type 1 autoimmune pancreatitis (now sometimes termed as ‘IgG4-related pancreatitis’) demonstrates the classic histological features of IgG4-related disease.^{3,4} In contrast, type 2 autoimmune pancreatitis shows little similarity to IgG4-related disease. Type 2 autoimmune pancreatitis is associated with neutrophilic infiltrates and (occasionally) epithelioid cell granulomas, both of which are generally inconsistent with the diagnosis of IgG4-related disease, as described below.³

The observation that patients with autoimmune pancreatitis have extrapancreatic fibro-inflammatory lesions rich in IgG4-bearing cells, either synchronous or metachronous, with similar findings in other organs, led to the concept of IgG4-related disease.⁵ This condition has now been described in virtually every organ system: the biliary tree, salivary glands, periorbital tissues, kidneys, lungs, lymph nodes, meninges, aorta, breast, prostate, thyroid, pericardium, and skin.² The histopathological features bear striking similarities across the involved organs.^{6–16} IgG4-related disease is therefore analogous to sarcoidosis, another systemic disease in which diverse organ manifestations are linked by a unique histological appearance. Disparate disorders such as Mikulicz’s syndrome, Küttner’s tumor,

multifocal fibrosclerosis, and eosinophilic angio-centric fibrosis are now considered to fall within this disease spectrum.^{7,17–19} Although their presenting symptoms are highly variable, the features that tie these disease conditions together are a common histological appearance, elevated serum and tissue levels of IgG4, and a response, generally swift, to immunosuppression.

The nomenclature of IgG4-related disease has continued to evolve. A group of Japanese investigators recently elected to use the term ‘IgG4-related disease’ for this condition, in preference to such potential alternatives as *IgG4-related systemic disease*, *IgG4-related sclerosing disease*, and *IgG4-related multi-organ lymphoproliferative syndrome*.²⁰ We acknowledge that much remains unknown about the behavior of the IgG4 molecule *in vivo*, the pathways through which this immunoglobulin participates in disease, and whether or not the role of IgG4 is primary or secondary.^{20–22} In time, discoveries pertaining to the etiology and pathophysiology of this condition may lead to proposals for nomenclature that is deemed more appropriate. For the present, the term ‘IgG4-related disease’ aptly recognizes the ubiquity of IgG4 within involved organs and the frequency of elevated serum IgG4 concentrations. Until a more detailed understanding of this condition suggests a better name, we endorse the term IgG4-related disease.

An international symposium on IgG4-related disease was held in Boston, Massachusetts on 4–7 October 2011 (http://www2.massgeneral.org/pathology/symposium/IgG4_related_systemic_dis.asp). The organizing committee comprising 35 IgG4-related disease experts from Japan, South Korea, Hong Kong, the United Kingdom, Germany, Italy, Holland, Canada, and the United States, including the clinicians, pathologists, radiologists, and basic scientists. This group represents broad subspecialty expertise in pathology, rheumatology, gastroenterol-

ogy, allergy, immunology, nephrology, pulmonary medicine, oncology, ophthalmology, and surgery. The members were chosen based on their contributions to the literature. The histopathology of IgG4-related disease was a specific focus of the international symposium. The primary purpose of this statement is to provide practicing pathologists with a set of guidelines for the diagnosis of IgG4-related disease. These guidelines are endorsed by the committee listed on this paper. We recognize that the guidelines will require revision as additional data and new biomarkers become available.

These guidelines are not intended to supplant proposals for organ-specific diagnostic criteria in IgG4-related disease.^{20,23–25} The lesions histologically suggestive of IgG4-related disease based on these guidelines will often fulfill organ-specific criteria, in which histology is a key component. Discrepancies, if any, must be resolved in an interdisciplinary setting and with further evaluation, including a rebiopsy if necessary. We endorse the view that diagnostic schemes focused upon individual organs may improve accuracy for these disorders, because a certain variability in the pathological findings exists across the organs. We describe some specific examples of this below.

Although the combination of histopathological features and immunohistochemical stain results can provide strong supportive evidence for the diagnosis of IgG4-related disease, careful correlation with the clinical scenario and imaging characteristics of a particular patient is often required to arrive at a definitive diagnosis. Thus, when referring to conclusions that can be made from the interpretation of pathology results alone, we avoid terms such as ‘definite’, preferring instead ‘histologically suggestive of IgG4-related disease’.

Histopathological features of IgG4-related disease

The Centrality of Morphological Findings

The two features that link the disparate manifestations of IgG-related disease are a characteristic histopathological appearance and an elevated number of IgG4⁺ plasma cells within tissue. The serum IgG4 concentration is elevated in many patients—often dramatically—but serum concentrations of this immunoglobulin are normal in up to 40% of patients with biopsy-proven IgG4-related disease.²⁶ Moreover, neither an increase in serum IgG4 nor the finding of elevated numbers of IgG4⁺ plasma cells in tissue is specific for IgG4-related disease. In the absence of a more specific biomarker, we support the position that in the appropriate clinical context, morphological features form the fundamental basis for the diagnosis of IgG4-related disease. However, the diagnosis of IgG4-related disease cannot be established with certainty in the absence of an immunohistochemical stain for IgG4. Thus, the diagnosis of IgG4-related disease requires both an appropriate histological

appearance and increased numbers of IgG4⁺ plasma cells (or an elevated IgG4:IgG ratio) in tissue.

The three major histopathological features associated with IgG4-related disease are (Figure 1)^{3,6,8–17}

- (1) Dense lymphoplasmacytic infiltrate
- (2) Fibrosis, arranged at least focally in a storiform pattern
- (3) Obliterative phlebitis

Other histopathological features associated with IgG4-related disease are (Figure 1)

- (1) Phlebitis without obliteration of the lumen
- (2) Increased numbers of eosinophils

However, in isolation, these latter two features are neither sensitive nor specific for the diagnosis of IgG4-related disease.

In most instances, a confident pathological diagnosis of IgG4-related disease requires the presence of two of the three major histological features. In the majority of cases, these include a dense lymphoplasmacytic infiltrate and storiform-type fibrosis. Exceptions to this rule exist, however, in organs such as the lymph node,²⁷ lung,⁹ minor salivary glands, and lacrimal glands.²⁸ In those organs, storiform-type fibrosis or obliterative phlebitis may be inconspicuous or absent (see Table 1).

Histopathological Features of Key Findings

We provide some definitions of histopathological features that are relevant to the diagnosis of IgG4-related disease.^{3,6,8–17}

Dense lymphoplasmacytic infiltrate

The majority of cells are small lymphocytes that are distributed diffusely throughout the lesion and intermingled with plasma cells (Figure 1a and b). Germinal centers are observed occasionally. The lymphocytic infiltrate is composed predominantly of T cells, with scattered aggregates of B cells. Plasma cells are an essential component and may predominate. Eosinophils are found in mild to moderate quantities (Figure 1b) and dominate in a minority of cases, particularly in the setting of eosinophilic angiocentric fibrosis.⁷ Scattered macrophages may also be present.

Storiform-type fibrosis

The storiform-type pattern resembles the spokes of a cartwheel with spindle cells radiating from a center (Figure 1c). The spindle cells, which are either fibroblasts or myofibroblasts, are typically buried within the lymphoplasmacytic infiltrate. The storiform pattern of fibrosis may not be detected in limited samples such as needle biopsies.

Obliterative phlebitis

The venous channels are obliterated by a dense lymphoplasmacytic infiltrate (Figure 1d–e). Lymphocytes and plasma cells are seen both within the

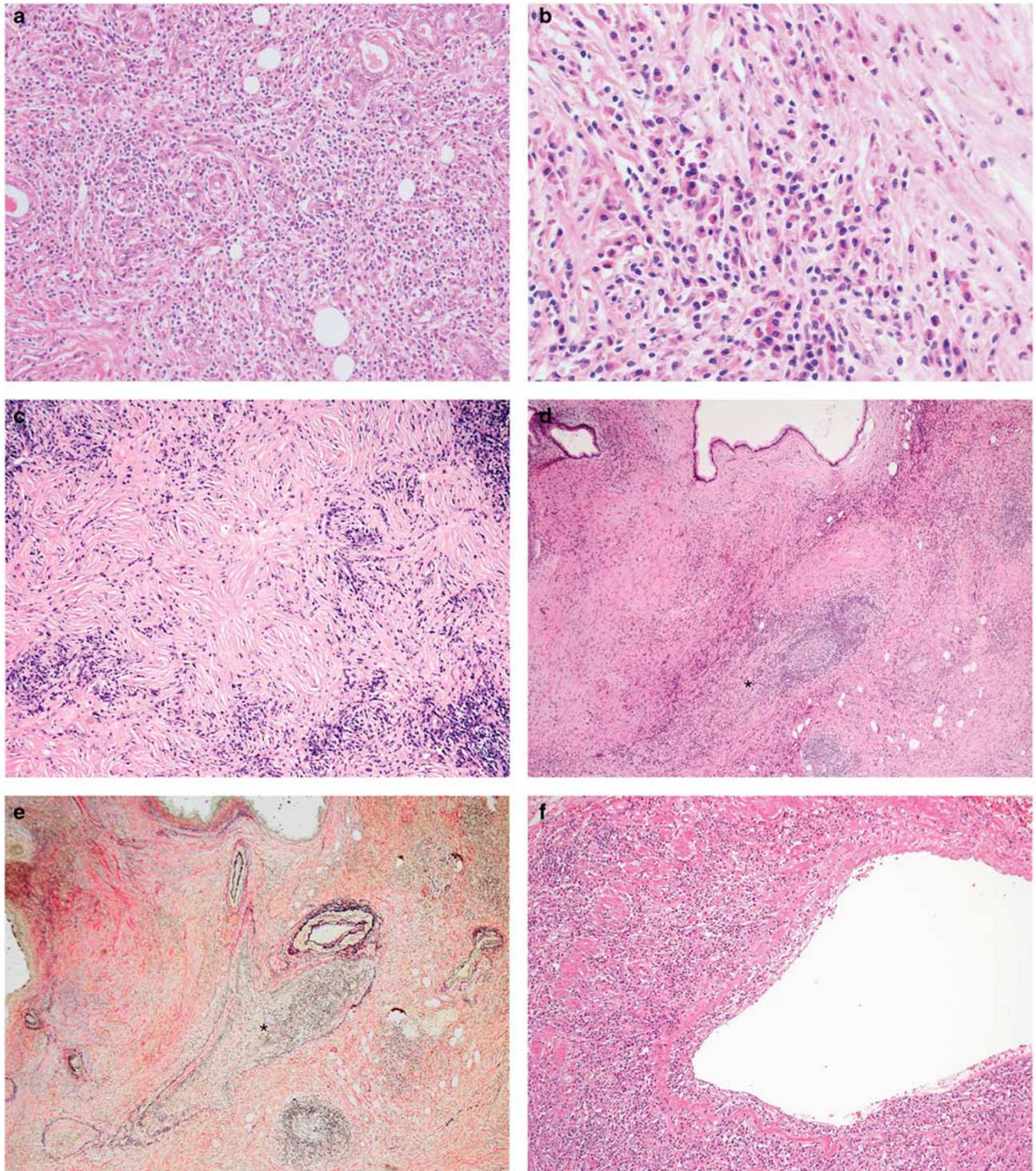


Figure 1 Characteristic histological features of IgG4-related disease. (a) IgG4-related sialadenitis. The salivary gland is extensively infiltrated by inflammatory cells, which consist of lymphocytes and plasma cells. (b) IgG4-related sialadenitis. A moderate number of eosinophils are present. H&E, $\times 400$. (c) IgG4-related orbital disease. IgG4-related disease typically shows an irregularly whorled pattern of fibrosis (storiform fibrosis). (d) Type 1 autoimmune pancreatitis (IgG4-related pancreatitis). The vein (*) is completely obliterated by aggregated inflammatory cell infiltration (obliterative phlebitis). The adjacent artery is patent. However, the obliterated vein is not readily identified on an H&E stain and unequivocal evidence of an obliterated vein is only seen on the elastin stain (e), $\times 100$. (f) Type 1 autoimmune pancreatitis (IgG4-related pancreatitis). The vein shows transmural infiltration by inflammatory cells, but is not associated with luminal obliteration.

wall of the venous channel and within the lumen. Partially obliterated veins with transmural inflammatory infiltrates are also consistent with the

diagnosis of IgG4-related disease (Figure 1f). Fully obliterated veins may require elastin stains for identification. However, medium-sized venous

Table 1 Histopathology of IgG4-related disease: variability of findings in certain organs

	<i>Inflammation</i>	<i>Fibrosis</i>	<i>Phlebitis</i>	<i>Others</i>
Lacrimal gland	No unique features	Typical storiform fibrosis is relatively uncommon. More often collagenous fibrosis	Sometimes lacks obliterative phlebitis	
Salivary gland	Often associated with conspicuous lymphoid follicle formation	Storiform fibrosis is rare in parotid and minor salivary glands	Sometimes lacks obliterative phlebitis	
Lymph node	No unique features	Fibrosis is only seen in inflammatory pseudotumor-like lesions	Most often lacks obliterative phlebitis	Five histological patterns are recognized: (1) multicentric Castleman's disease-like, (2) follicular hyperplasia, (3) interfollicular expansion, (4) progressive transformation of germinal center, and (5) nodal inflammatory pseudotumor-like. The specificity of these histologic changes in the absence of other evidence of IgG4-RD remains controversial
Lung	Small aggregates of neutrophils may be present in alveolar spaces or within the inflammatory infiltrates	Sometimes lacks storiform fibrosis, particularly in non-solid lesions (eg, interstitial pneumonia)	No unique features	Obliterative arteritis is often seen in pulmonary manifestations, particularly solid lesions
Kidney	No unique features	No unique features	Obliterative phlebitis is less common particularly in needle biopsies	

channels are generally accompanied by arteries (Figure 1e), which are less likely to be affected by the inflammatory process and can therefore serve as a guidepost to detecting obliterated venous structures. Obliterated venous channels without the requisite inflammation are not considered as evidence of IgG4-related disease.

The presence of arteritis does not exclude the diagnosis of IgG4-related disease. Arteritis is occasionally observed in cases of autoimmune pancreatitis and in the lung lesions of IgG4-related disease. The arteritis of IgG4-related disease is characterized by a non-necrotizing lymphoplasmacytic infiltrate with or without obliteration of the lumen, similarly to obliterative phlebitis. Necrotizing forms of arteritis are not seen.

Histopathological Features Inconsistent with a Diagnosis of IgG4-Related Disease

The two features that are relatively inconsistent with the diagnosis of IgG4-related disease are the presence of epithelioid cell granulomas and a prominent neutrophilic infiltrate.⁶ The presence of granulomas generally excludes the diagnosis of IgG4-related disease except when the granulomas represent a coexisting lesion/disease that occurs in a background typical for IgG4-related disease.^{2,3,6} Similarly, giant cells are identified only rarely in this disease. Neutrophilic microabscesses and zones of necrosis are also not central features of IgG4-related disease, except in the presence of erosion and ulceration, particularly in the upper aerodigestive tract. In the

lung, small aggregates of neutrophils can be present in bronchioloalveolar spaces.⁹

The presence of neutrophils, necrosis, and giant cells raises the specter of granulomatosis with polyangiitis (formerly Wegener's).

Quantitative assessment of the IgG4 stain

IgG4 immunostaining is an essential test for the pathological diagnosis of IgG4-related disease (Figure 2a and b). This applies particularly to cases without an elevated concentration of serum IgG4. One may argue that immunostaining is not necessary for straightforward cases such as specimens obtained at the time of a Whipple procedure or IgG4-related sialadenitis. However, IgG4 immunostaining is strongly recommended even in those cases because it is a simple, highly reproducible test that provides strong confirmatory evidence for the diagnosis.

The Appropriate Cutoff for the Number of IgG4⁺ Plasma Cells

In IgG4-related pancreatitis (type 1 autoimmune pancreatitis), the finding of >30 IgG4⁺ plasma cells per high-power field (hpf) has been reported to have acceptable specificity.^{29–32} Furthermore, dense, diffuse infiltrates of IgG4⁺ plasma cells that number >50/hpf are reportedly highly specific.^{6,10,29–32} On biopsy specimens, the presence of >10 IgG4⁺ plasma cells has been proposed as one component of a comprehensive diagnostic panel.³³ However, the appropriate cutoff point may vary from organ to

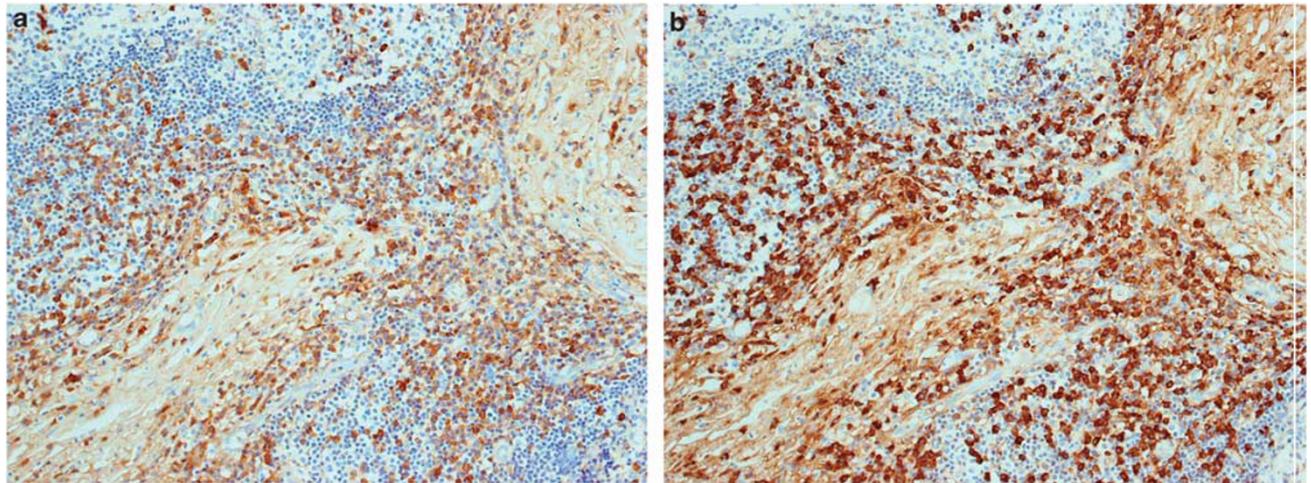


Figure 2 Immunostaining for IgG and IgG4 in IgG4-related dacryoadenitis. The majority of IgG-positive plasma cells (a) appear positive for IgG4 (b). (a) IgG immunostaining and (b) IgG4 immunostaining, both at $\times 200$.

organ because of the predominance of fibrosis at the time the diagnosis is made. A cardinal example of this is IgG4-related retroperitoneal fibrosis. Furthermore, the availability of published data at some sites is limited. We have proposed a set of cutoff points that is specific to each organ (Figure 3). It is worth re-emphasizing here that a sample attaining the threshold for the IgG4 immunoperoxidase stain does not necessarily qualify for the diagnosis of IgG4-related disease. The diagnosis of IgG4-related disease requires careful and deliberate correlation with the histopathological features in the sample, as well as with the clinical and radiological findings.

The IgG4-to-IgG Ratio

IgG4⁺/IgG⁺ plasma cell ratio is a more powerful tool than IgG4⁺ plasma cell counts in establishing the diagnosis of IgG4-related disease.^{6,9,11,27,34–37} As noted, some inflammatory lesions that are not IgG4-related disease are associated with high numbers of IgG4⁺ plasma cells per hpf simply because of the abundance of plasma cells.¹¹ Therefore, the IgG4⁺ plasma cell count alone may not help to distinguish between IgG4-related disease and disorders that are not part of that disease spectrum.

Some researchers have suggested an IgG4⁺/IgG⁺ plasma cell ratio of $>40\%$ as a comprehensive cutoff value in any organ.^{11,27,37} In fact, at most sites of documented IgG4-related disease, the IgG4⁺/IgG⁺ plasma cell ratio is $>40\%$.^{6,9,11,27,34–37} Moreover, in Japan, a consensus has been reached to adopt this as a histological diagnostic criterion for IgG4-related disease.²⁵ However, in the absence of other corroborative findings, we do not accept an IgG4⁺/IgG⁺ plasma cell ratio of $>40\%$ in and of itself as sufficient pathological evidence of IgG4-related disease. This applies particularly to cases with a low overall IgG4 count per hpf. As an example, a case with 5 IgG4⁺ plasma cells/hpf and 10 IgG⁺ plasma cells/hpf would have an IgG4⁺/IgG⁺ plasma cell

ratio of 50%, but the pathological diagnosis of IgG4-related disease is untenable in the absence of classic histopathological features and a compatible clinical picture.

Several additional caveats also apply to elevated IgG4 to IgG ratios, because a variety of non-IgG4-related disease entities can have IgG4⁺/IgG⁺ plasma cell ratios of $>40\%$. For example, conditions sometimes associated with elevated serum interleukin-6 (IL-6) concentrations such as multicentric Castleman's disease, rheumatoid arthritis, and other immune-mediated conditions sometimes occur with abundant IgG4⁺ plasma cells within tissue (IgG4⁺/IgG⁺ plasma cell ratio $>40\%$) and elevated serum IgG4 concentrations.^{38,39}

Methods for Semiquantitative Analysis of IgG4 Immunostain

There is no gold standard approach for counting IgG4⁺ plasma cells. Although the IgG immunostain often suffers from high background staining, it works well on paraffin-embedded tissue with easily identifiable, intense cytoplasmic positivity and provides an indispensable adjunct to the diagnosis of IgG4-related disease. Accurate IgG4⁺/IgG⁺ ratios are sometimes difficult to obtain because of the high background IgG stain.

Most published studies do not specify the precise method used to count IgG4⁺ plasma cells, but Shrestha *et al*¹⁰ recently reported a detailed description of their method. We recommend quantitative analyses of the IgG4 and IgG stains and discourage simple 'eyeballing' of the slides. When extremely high numbers of IgG4⁺ plasma cells are seen, a 'gestalt' approach may be adequate for diagnosis (Figure 2). Two general methods of IgG4 counting appear to be appropriate. First, IgG4⁺ and IgG⁺ cells can be counted using the printed photographs of the same microscopic field at $\times 40$ objective lens. Second, direct counting can be performed under

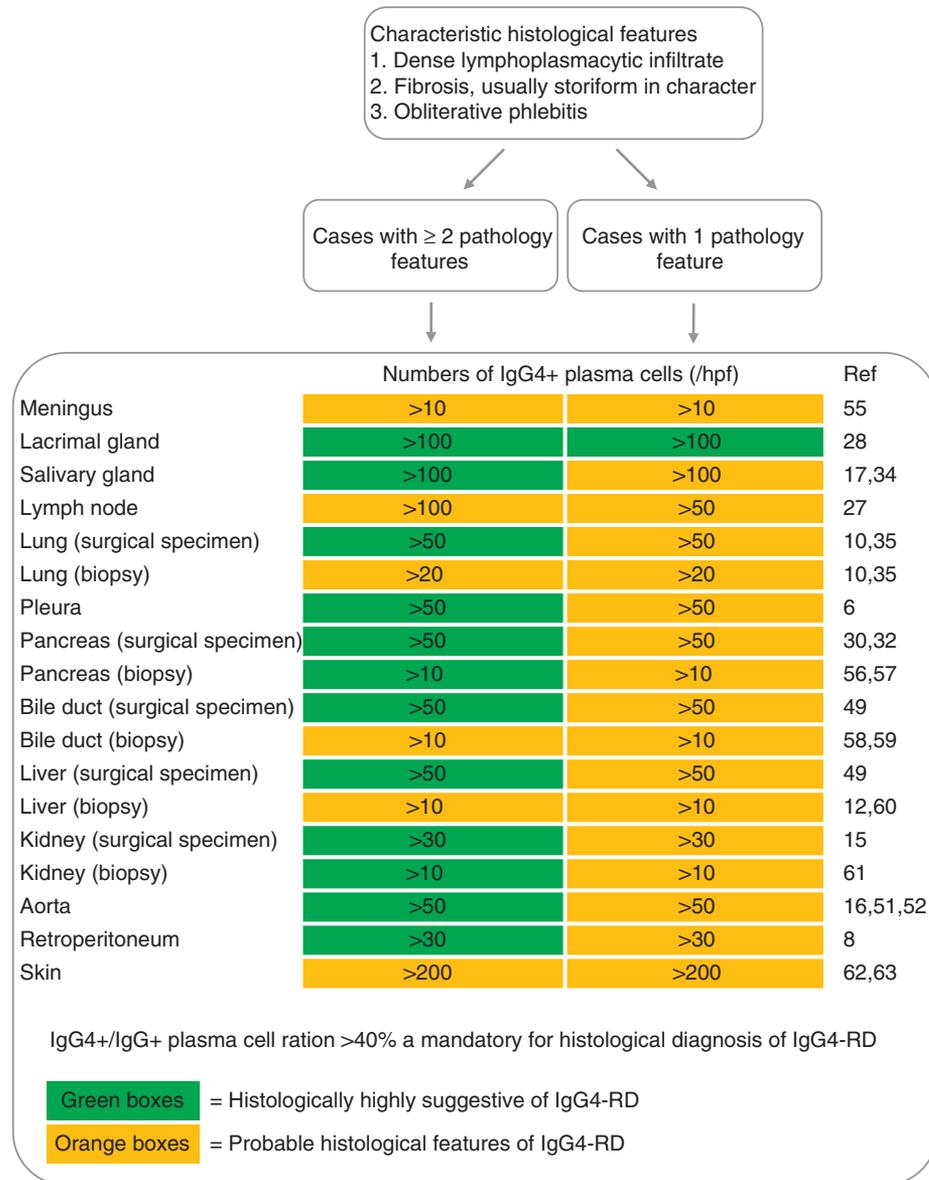


Figure 3 Histological diagnostic scheme of IgG4-related disease.^{6,8,10,12,15–17,27,28,30,32,34,35,49,51,52,55–63}

the microscope. Both methods are acceptable and provide reliable measures.

Because the IgG4⁺ cell distribution may be patchy, counting only areas of intense IgG4 focus ('hot spots') might be more representative. Random counting might result in underestimation of IgG4⁺ cells if there are many intervening microscopic fields without IgG4⁺ cells. Generally, however, IgG4-related disease in most sites tends to show diffusely increased IgG4⁺ cells, as opposed to focal aggregates of IgG4⁺ cells in other diseases.

The optimal reporting approach is to indicate the exact size of microscopic field used for IgG4 counting. However, it is difficult to implement such precision in the everyday practice of surgical pathology. We acknowledge this challenge, along with other inexactitudes associated with

quantitation of this stain such as the specification of the number of fields counted. An alternative approach is to adjust IgG4⁺ cell counts required for the diagnosis based on the field diameter of eye-pieces (Supplementary Table 1).

Although no single method of counting has been shown to be superior to all others, we recommend counting three × 40 fields with the highest number of IgG4⁺ plasma cells and calculating the average number of IgG4⁺ plasma cells within these fields. The same three fields should be counted for the purpose of calculating the IgG4-to-IgG ratio.

Technical Issues—IgG4 Immunostain

Most pathology laboratories use a mouse monoclonal antibody against human IgG4 (clone HP6025),

which is designed to bind to the Fc portion of IgG4 molecules.^{7,10,11,31,40,41} Polyclonal antibodies have been also used by some groups. The type of antibody does not have a significant impact on the count of IgG4⁺ plasma cells. However, the monoclonal antibody is preferable because plasma cells are more clearly stained. Antigen retrieval with proteinase or heat treatment is helpful to produce high-contrast signals. Background staining is sometimes strong, particularly in IgG4-related disease, probably due to permeating serum IgG4 or secreted proteins from infiltrating plasma cells.

Other Biomarkers for IgG4-Related Disease

IgG4 is currently the single most reliable biomarker applicable on tissue sections. Few studies of other potential tissue biomarkers have been conducted. FOXP3⁺ regulatory T cells are known to be increased in IgG4-related disease.⁴² One study showed that the detection of FOXP3⁺ lymphocytes in biopsy specimens from the ampulla of Vater is useful for the diagnosis of autoimmune pancreatitis.⁴³ However, the diagnostic value of FOXP3 immunostaining is limited because its specificity is lower than that of IgG4 immunostaining. Given the Th2-dominant immune reaction in IgG4-related disease,⁴² immunostaining for Th2-type cytokines or chemokines is another potential tool, but reliable antibodies that work on paraffin-embedded sections are not commercially available.

The IgG4⁺/IgG⁺ plasma cell ratio on immunostaining is widely used to assess a preferential shift to IgG4 production in affected sites. We do not endorse the use of IgG1 since published data are limited.

Non-IgG4-Related Disease Cases with Elevated Numbers of IgG4-Positive Cells

It is now well documented that a large number of conditions that are outside the IgG4-related disease spectrum of disease can be associated with increased numbers of IgG4⁺ plasma cells in tissue.

Inflammatory conditions

Inflammatory disease conditions potentially associated with an increased number of IgG4⁺ plasma cells include oral inflammatory diseases, primary sclerosing cholangitis, anti-neutrophil cytoplasmic antibody-associated vasculitis, rheumatoid arthritis, inflammatory bowel disease, rhinosinusitis, Rosai-Dorfman disease, splenic sclerosing angiomatoid nodular transformation, cutaneous plasmacytosis, perforating collagenosis, and autoimmune atrophic gastritis (pernicious anemia).^{39,44–48} Many IgG4⁺ plasma cells can also be present in lymphoproliferative disorders such as multicentric Castleman's disease, or even in non-specific settings such as pulmonary abscess or biliary xanthogranulomatous

inflammation.^{38,49} However, none of these conditions consistently shows IgG4-rich inflammation and all lack the characteristic histopathological features of IgG4-related disease. These conditions fall outside the bounds of IgG4-related disease, despite the presence in some cases of increased numbers of IgG4⁺ plasma cells.

Lymphoma

Low-grade B-cell lymphomas must be excluded in cases of possible IgG4-related disease with florid lymphoplasmacytic infiltrates, especially if the plasma cells exhibit atypical features such as prominent nuclear or cytoplasmic inclusions. The lymphomas that mimic IgG4-related disease are usually extranodal marginal zone lymphomas and sometimes follicular lymphomas and angioimmunoblastic lymphomas. The findings of sheets of CD20⁺ B cells or immunoglobulin light chain restriction support a diagnosis of lymphoma. As noted, the majority of lymphocytes in IgG4-related disease are T lymphocytes; B lymphocytes are usually found in nodular aggregates, often within reactive germinal centers.

Malignancies

Cancer tissue can be infiltrated by IgG4⁺ plasma cells to various degrees. Although published data are limited largely to pancreatobiliary cancers, this phenomenon may be seen in other malignancies as well.^{31,32} IgG4⁺ plasma cell infiltration in malignant tissue is usually patchy, and not associated with other typical histological features of IgG4-related disease (eg, storiform fibrosis or obliterative phlebitis). IgG4⁺ plasma cells can also be identified in regional lymph nodes in cancer, although the exact frequency and nature of this phenomenon are still uncertain. The question of whether cases reported as synchronous carcinoma and IgG4-related disease represent a true association or non-specific pericancerous IgG4 reaction remains unresolved.⁵⁰

The presence of elevated numbers of IgG4⁺ plasma cells within a tumor does not constitute sufficient evidence that the tumor arose in the setting of IgG4-related disease. Sometimes peritumoral tissue rich in IgG4⁺ plasma cells can mimic IgG4-related disease. Thus, a needle biopsy sampling the periphery of a malignant neoplasm may be misdiagnosed as IgG4-related disease. Careful examination of the available tissue for the histopathological features characteristic of IgG4-related disease helps avoid this diagnostic pitfall, but in equivocal cases it is usually appropriate to obtain more tissue.

Proposed diagnostic terminology for IgG4-related disease

We endorse a 3-tiered diagnostic terminology for the pathological diagnosis of IgG4-related disease

(Figure 3). The underlying premise is that the histological features (dense lymphoplasmacytic infiltrate, fibrosis, arranged at least focally in a storiform pattern and obliterative phlebitis) associated with IgG4-related disease are highly specific when viewed in conjunction with an IgG4 stain. Nevertheless, correlation with the overall clinical scenario is required before an unequivocal diagnosis of IgG4-related disease can be established.

- (1) Histologically highly suggestive of IgG4-related disease.
- (2) Probable histological features of IgG4-related disease.
- (3) Insufficient histopathological evidence of IgG4-related disease.

The histological features of IgG4-related disease are broadly similar across the various organs and organ systems but some sites (noted above) vary from this central paradigm. These criteria may not apply to certain sites of involvement, including lymph nodes, some examples of pulmonary IgG4-related disease, and biopsies from the oral mucosa (Table 1). The histological changes in these organs are varied and can mimic other diseases that are prevalent in these organs. Thus, the histopathological diagnosis at these sites relies considerably on the number of IgG4⁺ cells and on the ratio of IgG4 to IgG⁺ plasma cells.

Histologically Highly Suggestive of IgG4-Related Disease

This category requires the presence of at least two of the characteristic histological features listed below. One exception is the lacrimal gland, where both storiform fibrosis and obliterative phlebitis may be absent. Thus, one histological feature compatible with IgG4-related disease might suffice for dacryoadenitis.

- (1) Dense lymphoplasmacytic infiltrate.
- (2) Fibrosis, usually storiform in character.
- (3) Obliterative phlebitis.

The IgG4 counts required for the diagnosis differ among affected organs, ranging from 10 to 200 cells/hpf. Surgical specimens generally show larger numbers of IgG4⁺ plasma cells than do needle biopsy specimens. An elevated IgG4⁺/IgG⁺ cell ratio of >40% is also necessary. When evaluating aortic specimens, we propose that a cell ratio of >50% be considered as a minimum criterion, because some cases of atherosclerosis and giant cell or infectious aortitis can show IgG4⁺/IgG⁺ ratios close to 40%.^{51,52}

The majority of cases that fulfill these criteria will show clinical and serological findings that are typical for IgG4-related disease. In the minority of cases that lack these criteria, histopathology would be the defining feature.

Probable Histological Features of IgG4-Related Disease

These cases either lack the full histological spectrum associated with IgG4-related disease or the immunohistochemical profile of IgG4-related disease. This category is also applied to organs where the concept of IgG4-related disease is not completely established. These cases generally fit into one of three clinical scenarios:

- Cases with only a single histopathological feature, typically a dense lymphoplasmacytic infiltrate, and required numbers of IgG4⁺ cells. Some non-IgG4-related diseases fulfill these criteria.
- Needle biopsies: Although needle biopsies often provide sufficient proof for the diagnosis of IgG4-RD, in some cases the complete histological picture is not represented on the biopsy sample. There is insufficient evidence to support the use of fine needle aspiration biopsy and cell block preparations for the diagnosis of IgG4-related disease.⁵³
- Meningeal and cutaneous disease: Published data for IgG4-related disease in these organs are limited.

Patients with diagnoses of histologically probable IgG4-related disease require additional clinical, serological, or radiological evidence to confirm the diagnosis of IgG4-related disease. Such additional evidence might include but is not limited to:

- (1) Serum IgG4 > 135 mg/dl.
- (2) Other organ involvement, as demonstrated by radiological or pathological examination.

Insufficient Histopathological Evidence of IgG4-Related Disease

These cases are outside the two categories described above. Placement in this category does not necessarily exclude the diagnosis of IgG4-related disease entirely. Potential reasons include sampling artifact, the effects of previous therapy, and progression to a fibrotic stage.

Minimal Criteria to Propose IgG4-Related Disease Involvement of a New Organ/Site

To consider a previously unrecognized organ or site as being involved by IgG4-related disease, we recommend that the following criteria must be fulfilled: (1) characteristic histopathological findings with an elevated IgG4⁺ plasma cells and IgG4-to-IgG ratio; (2) high serum IgG4 concentrations; (3) effective response to glucocorticoid therapy; and (4) reports of other organ involvement that is consistent with IgG4-related disease.^{46,54} Appropriate histopathological findings are essential, but they are not sufficient to establish a new manifestation/site of IgG4-related disease. In the early days of studies on IgG4-related disease, appropriate histopathological

findings with only one additional criterion sufficed, usually elevated serum IgG4 or involvement of other organs.^{34,35,40}

Conclusion

IgG4-related disease is a recently recognized multi-organ system condition with pathological features that are largely consistent across a wide range of organ systems. Although the precise role of IgG4 in this disease is unknown, its presence in tissue in association with plasma cells provides a robust biomarker for diagnosis when interpreted in the proper histopathological and clinical contexts.

The diagnosis of IgG4-related disease requires collaboration between the pathologist and the treating physician. This dialogue is critical in excluding the variety of other diseases that may show elevated serum and tissue levels of IgG4. The isolated presence of IgG4⁺ plasma cells or an elevated IgG4-to-IgG ratio constitutes relatively non-specific findings. The diagnosis of IgG4-related disease rests on the combined presence of the characteristic histopathological appearance and increased numbers of IgG4⁺ plasma cells. We propose a terminology scheme for the diagnosis of IgG4-related disease that is based primarily on the morphological appearance on biopsy. Tissue IgG4 counts and IgG4:IgG ratios are secondary in importance. The guidelines proposed in this statement do not supplant careful clinicopathological correlation and sound clinical judgment. As the spectrum of this disease continues to expand, we advocate use of strict criteria for accepting newly proposed entities or sites as components of the IgG4-related disease spectrum.

Disclosure/conflict of interest

The authors declare no conflict of interest.

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