

See REVIEW page 129

Advances in mast cell biology: new understanding of heterogeneity and function

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Mast cells are classically viewed as effector cells of IgE-mediated allergic diseases. However, over the last decade our understanding has been enriched about their roles in host defense, innate and adaptive immune responses, and in homeostatic responses, angiogenesis, wound healing, tissue remodeling, and immunoregulation. Despite impressive progress, there are large gaps in our understanding of their phenotypic heterogeneity, regulatory mechanisms involved, and functional significance. This review summarizes our knowledge of mast cells in innate and acquired immunity, allergic inflammation and tissue homeostasis, as well as some of the regulatory mechanisms that control mast cell development, phenotypic determination, and function, particularly in the context of mucosal surfaces.

INTRODUCTION

Mast cells (MCs) were identified as granular cells in the mesentery of the frog by Dr von Recklinghausen in 1863 and were named “Mastzellen” by Dr Paul Ehrlich in 1878. Initial studies focused on their histological characteristics, distribution, and abundance in health and disease. The discovery of histamine in 1910,¹ slow-reacting substance of anaphylaxis (now leukotrienes) in 1938,² and IgE in 1966³ provided initial insights into the role of MCs in allergic reactions.^{4,5} MCs are widely distributed throughout the body and common at mucosal surfaces. They are also found near blood or lymphatic vessels, another important clue to some of their functions.⁶ MCs can be activated by diverse stimuli and in a discriminating manner can release a spectrum of mediators including histamine, proteases and other enzymes, cytokines, chemokines, growth factors, arachidonic acid metabolites, and reactive oxygen and nitrogen species. These mediators are well known for their roles in allergic reactions,^{7–9} but there is a wealth of evidence for their involvement in numerous physiological and pathophysiological responses, and particularly in host defenses to infectious agents.^{10–13}

MAST CELL ONTOGENY AND TISSUE LOCALIZATION

Human MCs originate from CD34⁺/CD117⁺/CD13⁺ multipotent hematopoietic progenitors in bone marrow that migrate through blood to tissues where they mature. However, details of their differentiation and phenotypic diversification are incompletely known.¹⁴ In mice a hematopoietic stem cell progresses to a multipotent progenitor, a common myeloid progenitor and

a granulocyte/monocyte progenitor (**Figure 1**). A monopotent MC progenitor is found in bone marrow and intestine, and a common basophil/MC progenitor is also found in mouse spleen; observations that await study in humans.^{15–17}

There are several studies on the mechanisms of MCs localization to different tissues. Committed MC progenitors are abundant in the small intestine. Their localization to small intestine is reliant on adhesive interactions controlled by $\beta 7$ integrin, CD49d $\beta 7$ ($\alpha 4\beta 7$ integrin), vascular cell adhesion molecule 1, and mucosal addressin cell adhesion molecule 1.¹⁸ Directed migration by chemokine receptors and their ligands influence the localization of MC progenitors. CXCR2 is critical for the constitutive localization of MC progenitors to the intestine.¹⁹

In contrast to the small intestine, MC progenitors are not abundant in normal lung.^{19,20} However, increased numbers of MCs are detected in the bronchial epithelium and airway smooth muscle, associated with pulmonary inflammation, in mouse models of allergic airways inflammation²¹ and in human asthma.²² Vascular cell adhesion molecule 1 interactions with both $\alpha 4\beta 1$ and $\alpha 4\beta 7$ integrins, but not mucosal addressin cell adhesion molecule 1, are essential for the trafficking of MC progenitors to the lung during antigen-induced pulmonary inflammation.²⁰ Studies using IgE^{-/-} mice showed that IgE can influence the number and function of mature MCs, but not MC progenitor recruitment, in *Aspergillus fumigatus* extract-induced allergic pulmonary inflammation.²¹

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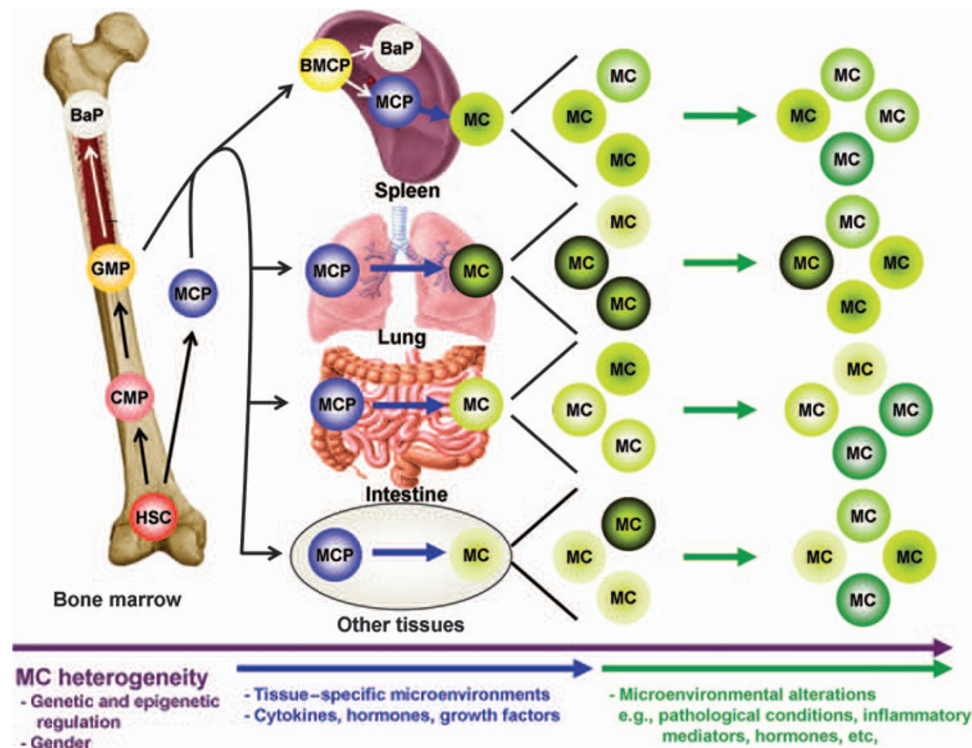


Figure 1 Current model of mast cell (MC) development and heterogeneity. MC development occurs from a hematopoietic stem cell (HSC) in bone marrow that proceeds along the myeloid lineage through the common myeloid progenitor (CMP) and granulocyte/macrophage progenitor (GMP). Mast cell progenitors (MCP) develop either from GMP or directly from HSC, circulate in the blood stream, migrate into peripheral tissues and mature. Common basophil/mast cell progenitors (BMCP) are found in spleen of C57BL/6 mice and can develop into MCP and basophil progenitors (BaP). Because MC maturation is influenced by local microenvironmental factors, different MC phenotypes can develop in different tissues, and even in different locations of the same tissue. The changing microenvironment surrounding MC in both physiological (e.g., hormone changes during the menstrual cycle) and pathological conditions (e.g., inflammatory cell infiltration, activation in inflamed tissue) causes further changes in MC heterogeneity. Moreover, epigenetic regulation of gene expression can affect MC phenotype.

Despite much progress on the recruitment of MC progenitors to small intestine and inflamed lung, little is known about recruitment of progenitors and their differentiation in other tissues.

MAST CELL HETEROGENEITY

On the basis of their location, histochemical staining, content of proteases, and reactivity to selected secretagogues and anti-allergic drugs, two major subtypes of MCs have been described in rodents, mucosal-type MCs, and connective tissue-type MCs (**Table 1**).^{23,24} Mucosal MCs preferentially express mouse MC protease (MMCP)-1 and -2, whereas connective tissue MCs express MMCP-4, -5, -6, and carboxypeptidase A. Interestingly, phenotypes are reversible in certain microenvironmental conditions and trans-differentiation between the two phenotypes has been shown.²⁵ Human MCs also exhibit heterogeneity and are classified by their content of serine proteases as tryptase-only MC (MC_T), chymase-only MC (MC_C), or both tryptase- and chymase-positive MC (MC_{TC}).^{26,27} MC_T share some characteristics with rodent mucosal-type MC, whereas MC_{TC} share characteristics with rodent connective tissue MCs. However, tissue distribution is not as clearly demarcated as in rodents and most human tissues have a mixed population of MC types.²⁶

Indeed, even MCs in the same tissue or culture dish can respond differently to the same stimulus due to their

heterogeneity.²⁸ Research is beginning to uncover factors that alter MC phenotype and render MCs more responsive to some signals or less responsive to others (see below). Such changes may affect mature MCs (e.g., change of protease expression profile after *Trichinella spiralis* infection),²⁹ alter MC differentiation and maturation (e.g., phenotypic change of bone marrow-derived MC (BMCMC) by coculture with fibroblasts), or alter phenotype of BMCMC using different culture supplements (e.g., IL-4/SCF).³⁰ Given that MC maturation occurs in peripheral tissues, MC heterogeneity in different tissues is presumably a result of microenvironmental conditions that dictate gene expression and phenotypic development (**Figure 1**). Therefore, a core postulate is that heterogeneity of MCs in tissues is much more diverse than merely two polarized phenotypes and is probably dynamically changing in accordance with microenvironmental conditions (e.g., the level of cytokines, hormones, reactive radical species, and contact with adjacent cells).

PROGRESSIVE DEVELOPMENT OF TOOLS TO STUDY MAST CELLS

Until recently, MC research progressed slowly because of difficulties in accessing MCs from *in vivo* tissues and their culture. MC numbers in most tissues are relatively low and isolation of highly

Table 1 Comparison of murine and human mast cells

Feature	Murine mast cells	Human mast cells	References
General phenotype classification	MMC, CTMC Based on granule proteoglycan expression Relatively well correlated with tissue distribution	MC _T , MC _{TC} , MC _C Based on granule protease expression	23,24,27,268–270
Proteoglycan	MMC: Chondroitin sulfate di-B, A, E CTMC: Heparin, Chondroitin sulfate E	Heparin, Chondroitin sulfate A, E	26
Protease	Several tryptases and chymases with different specificities (e.g., mouse MMCs predominantly express MMCP-1 and -2, whereas mouse CTMCs predominantly express MMCP-3, -4, -5, -6, -7, and carboxypeptidase)	MC _T : Tryptase MC _{TC} : Tryptase, chymase MC _C : Chymase Three MC tryptases (α , β , and γ) and one chymase have been identified	26,269,270
Biogenic amine	MMC: Histamine (< 1 pg per cell), Serotonin CTMC: Histamine (\geq 15 pg per cell), Serotonin	Histamine, Serotonin	24,26,271–273
Major growth factors	IL-3, SCF	SCF	54,57–59,274
CD117 (SCFR)	+	+	219,222,223,232,233
	IL-4, IL-10, and TGF β 1 inhibit CD117 expression	IL-4 inhibits CD117 expression	
Fc ϵ RI	+	+	218,223,224,229–231
	IL-4, IL-10, and TGF β 1 inhibit Fc ϵ RI expression	IL-4 enhances Fc ϵ RI expression	
Fc γ R	Fc γ RIIb1, Fc γ RIIb2, Fc γ RIII: constitutively expressed in mouse BMMCs, RBL-2H3, and increased expression in mouse mature PMCs	Fc γ RI: IFN γ enhances Fc γ RI expression in PBMCs Fc γ RII: PBMCs constitutively express Fc γ RIIa. SMCs constitutively express Fc γ RIIa but not Fc γ RIIb, whereas CBMCs constitutively express Fc γ RIIb but neither Fc γ RIIa nor Fc γ RIIc	136,138,275–279
MHC	MHC-I: constitutively expressed in mouse BMMCs MHC-II: IFN γ and LPS enhance MHC-II expression in mouse BMMCs and spleen-derived MCs. IL-3 inhibits MHC-II expression in mouse BMMCs. IFN γ enhances MHC-II expression in rat MCs isolated from pleural cavity. IFN γ and IL-4 enhance MHC-II expression in mouse PCMCs	MHC-I: constitutively expressed in human skin, lung, liver and uterus MCs, and HMC-1 MHC-II: IFN γ and TNF enhance MHC-II expression in HMC-1	88,89,92–97
Sex hormone receptor	ER α : constitutively expressed in mouse BMMCs, rat PMCs, and RBL-2H3 PR: constitutively expressed in mouse BMMCs and rat PMCs	ER α : constitutively expressed in human MCs in nasal polyps, abdominal aortic vessels (fertile women), HMC-1, and LAD2 PR: constitutively expressed in human MCs in nasal polyps and HMC-1	251–255, unpublished data ^a
NOS	Mouse MCs: iNOS, eNOS Rat MCs: nNOS, iNOS, eNOS	nNOS, iNOS, eNOS	237, unpublished data ^a

BMMC, bone marrow-derived mast cell; CBMC, human cord blood-derived mast cell; CTMC, connective tissue-type mast cell; eNOS, endothelial nitric oxide synthase; ER α , estrogen receptor α ; IFN γ , interferon- γ ; iNOS, inducible nitric oxide synthase; MHC, major histocompatibility complex; MMC, mucosal type mast cell; MMCP, mouse mast cell protease; nNOS, neuronal nitric oxide synthase; NOS, nitric oxide synthase; PBMC, human peripheral blood-derived mast cell; PCMC, peritoneal cell-derived mast cell; PMC, peritoneal mast cell; PR, progesterone receptor; RBL-2H3, rat basophilic leukemia 2H3 cell line; SCF, stem cell factor; SMC, human skin-derived mast cell; TGF β 1, transforming growth factor- β 1.

^aUnpublished data (see text for details).

enriched, viable MCs through enzymatic dispersion of tissues is difficult. Peritoneal MCs (PMCs) from rats and mice have been a valuable source of MCs, but their numbers are low, and there is unequivocal evidence of marked species differences in MCs, and that PMCs are histochemically, biochemically, and functionally distinct from MCs at mucosal surfaces and elsewhere in the body. Progress has enabled culture of MCs from progenitors in rodent and human bone marrow, peripheral and umbilical cord blood, and fetal liver.^{14,27} These cultures are time consuming, expensive, and produce low numbers of MCs with phenotypes dictated by

culture conditions. Several useful MC lines have been developed (rat RBL-2H3, mouse MC-9, and human HMC-1 and LAD2), but these are transformed cells and have limitations. Results from cultured MCs must be interpreted cautiously in efforts to understand the properties of MCs *in vivo*. The discovery of MC-deficient mice (*W/W^v* and *W^{sh}/W^{sh}* etc.) with abnormalities in the CD117 (*c-kit*) receptor for stem cell factor (SCF) has provided a powerful tool to study MC functions (Table 2).^{31–46} Adoptive transfer of BMMCs into MC-deficient mice (MC knock-in) has been instrumental in recent progress in MC biology.^{47,48}

Table 2 MC-deficient animal models and their characteristics^{31–46}

Species	Genotype	Mutation	Characteristics
Mouse	<i>W/W^v</i>	CD117 (c-kit) is encoded at <i>white spotting</i> (<i>W</i>) locus on mouse chromosome 5 Heterozygous with point mutation that causes exon skipping and produces truncated CD117 (<i>W</i> mutation), and point mutation in the tyrosine kinase domain of CD117 (<i>W^v</i> , <i>W-viable</i> mutation)	White coat color due to lack of melanocytes Sterile due to lack of germ cells Anemic, develop stomach papillomas and ulcers, and idiopathic dermatitis Decrease in the number of bone marrow and blood neutrophils Lack of interstitial cells of Cajal and TCR $\gamma\delta$ T cells in small intestine < 1% of MC number of wild type Restoring MCs after transfer of BMMCs
	<i>Sl/Sl^d</i>	SCF is encoded at <i>steel</i> (<i>Sl</i>) locus on mouse chromosome 10 Heterozygous that have ~973kb deletion of <i>Sl</i> locus including all SCF coding region (<i>Sl</i> mutation) and 4kb intragenic deletion of SCF coding region that retains expression of soluble but not transmembrane SCF (<i>Sl^d</i> , <i>Steel-Dickie</i> mutation)	White coat color due to lack of melanocytes Sterile due to lack of germ cells Anemic Lack of interstitial cells of Cajal < 1% of MC number of wild type Restoring MCs after injection of SCF
	<i>W^{sh}/W^{sh}</i>	Inversion of a segment of chromosome 5, ~70kb upstream of the CD117 gene (<i>W^{sh}</i> , <i>W-sash</i> mutation) This inversion disturbs regulatory elements and markedly reduces CD117 expression	White sash coat around their midsection Fertility, lack of anemia, and availability in a uniform C57BL/6 background into which they have been backcrossed More severe MC deficiency than <i>W/W^v</i> mice Restoring MCs after transfer of BMMCs
	<i>mi/mi</i>	<i>mi</i> locus on chromosome 6 of mice encodes MITF. MITF is basic-helix-loop-helix leucine zipper type of transcription factor and <i>mi</i> mutation leads to lacking 1 of the 4 consecutive arginine residues in the basic domain that abolishes DNA binding ability of MITF. Because CD117 expression is regulated by MITF, <i>mi/mi</i> mouse have MC deficiency	Depletion of pigment in hair and eyes Microphthalmia Osteopetrosis due to lack of osteoclasts ~35% of MC number of wild type Downregulation of gene expression regulated by MITF (CD117, MMCP-1, -2, -4, -5, -6, -7, -9, tryptase, granzyme B, NDST-2, tryptophan hydrolase, p75 NGFR, melanocyte-stimulating hormone receptor, SgIGSF) Restoring MCs after transfer of BMMCs
Rat	<i>Ws/Ws</i>	Homozygous that have deletion of 12 bases (four amino acids) located two amino acids downstream from tyrosine autophosphorylation site of CD117 (<i>Ws</i> , <i>White Spotting</i> mutation)	Black-eyed white coat color Anemic due to lack of erythrocytes < 1% of MC number of wild type Lack of Fc ϵ RI β -subunit expression Restoring MCs after transfer of BMMCs

BMMC, bone marrow-derived mast cell; MC, mast cell; MITF, microphthalmia-associated transcription factor; MMCP, mouse mast cell protease; NDST-2, N-deacetylase/N-sulfotransferase; NGFR, nerve growth factor receptor; SCF, stem cell factor; SgIGSF, spermatogenic immunoglobulin superfamily; TCR, T-cell receptor.

Mast cell lines and *in vitro* mast cell culture

In 1988, the first human MC line, HMC-1, was established from peripheral blood of a patient with MC leukemia.⁴⁹ HMC-1 are immature, independent of SCF for their growth, and lack well-formed granules and functional IgE receptors. One must be prudent in their use as they can change in phenotype during culture. The development of more mature MC lines, namely LAD2, from bone marrow aspirates of a patient with MC sarcoma/leukemia has enhanced the repertoire of tools to study MCs.⁵⁰ LAD2 have numerous granules, degranulate in response to IgE-mediated activation, and are SCF dependent for their growth and survival.

In the early 1980s, MCs were cultured from progenitors in mouse bone marrow and other tissues using conditioned media,^{51–53} later recognized to contain T-cell-derived interleukin (IL)-3.⁵⁴ For several years BMMCs were thought to be similar to mucosal MCs, but they are heterogeneous,⁵⁵ immature, and their phenotype can be altered using various culture supplements. Coculture of IL-3-dependent BMMCs with fibroblasts induces a phenotypic change toward a more “connective tissue-

type” phenotype based on staining patterns, heparin expression, protease content, and structure of granules.⁵⁶ SCF, the ligand for CD117 was identified as the fibroblast-derived factor necessary for MCs maturation.⁵⁷ SCF together with IL-3 increases the ratio of MCs to basophils in culture and induces a more ultrastructurally mature phenotype of MCs and basophils.^{58,59} BMMCs can also be cultured from mouse bone marrow using SCF and IL-4 in the absence of IL-3, with corresponding changes in their phenotype.³⁰

In addition to bone marrow, human MCs have been cultured from cord blood, fetal liver, and peripheral blood.¹⁴ Unfortunately, we cannot fully mimic microenvironmental conditions where MC maturation occurs *in vivo*, and thus these cultured MCs are incomplete representatives of mature MCs.

Mast cells isolated from tissues

MCs isolated from tissues provide important information, but there are caveats with these cells as well. Rodent PMCs are relatively abundant, can be accessed easily, and enriched to near purity.³⁰ However, the human peritoneal cavity has few MCs

and extrapolation of results from rodent PMCs to human MCs must be judicious.⁸ The major problems with using peripheral tissue-derived MCs include the labor-intensiveness of isolation, disruption of normal cell phenotype or interactions by dispersion and enrichment processes, and low yield of MCs. MCs isolated and enriched from human skin, intestine, lung, uterus, and nose have been studied.⁷ Unfortunately, the effects of the isolation and enrichment procedures on their functions have not often been carefully analyzed.

Animal models of mast cell deficiency

The *in vivo* relevance of *in vitro* observations are often tested using MC-deficient animal models.^{47,48,60} The use of MC-deficient mice and their reconstitution with BMDCs (MC knock-in model) has been a powerful tool to study MC function *in vivo*. For example, the importance of MCs in asthma,^{61–63} arthritis,⁶⁴ experimental allergic encephalitis,^{65,66} experimental bullous pemphigoid,⁶⁷ cancer progression,⁶⁸ aortic aneurysms,⁶⁹ and defense against bacterial infections^{10,70,71} has been assessed by comparing outcomes in MC-deficient mice and knock-in mice. Moreover, MC reconstitution with BMDCs from selective genetic deficient mice (e.g., tumor necrosis factor (TNF) knock-out mice) enables study of the role of MC-derived mediators.^{47,60} However, the interpretation of results obtained from different strains of MC-deficient animals should be carried out carefully because each MC-deficient strain has different phenotypic abnormalities (Table 2). A diphtheria toxin-mediated conditional MC ablation system is under development that uses *Cre*-inducible diphtheria toxin receptor transgenic mice,⁷² and MC-specific MC protease (*Mcpt*)5-*Cre* transgenic mice.^{73,74} Such systems will be invaluable to study MC function and MC-derived mediators, albeit always with the condition of marked differences between human and rodent MCs.

PROGRESS IN UNDERSTANDING MAST CELL FUNCTIONS

Homeostasis

MCs have diverse functions in many physiological and pathophysiological processes. For example, given their association with blood vessels, lymphatics, epithelial surfaces, and smooth muscle, it is not surprising that their mediators influence flow, permeability, secretion, and contraction in many sites (Figure 2).⁷⁵ Moreover, MCs are involved in all phases of wound healing: acute inflammatory, proliferative, and remodeling.⁷⁶ In the acute phase, MCs promote influx of inflammatory cells to the injury site, e.g., lower neutrophil counts in wounds of MC-deficient mice.^{77,78} Re-epithelialization and angiogenesis are typical features of the proliferative phase and MCs release many angiogenic factors with the ability to induce revascularization of damaged tissues. Heparin from MCs is likely a factor in vascularization through stimulation of endothelial cell migration to form new blood vessels.⁷⁹ MC tryptase stimulates vessel tube formation and enhances growth of microvascular endothelial cells, whereas MC chymase promotes angiogenesis through effects of angiotensin II.^{80,81} MC-derived fibroblast growth factor, vascular endothelial growth factor (VEGF), platelet-derived growth factor (PDGF), and nerve growth factor (NGF)

can induce proliferation of epithelial cells and fibroblasts.⁸² As fibroblasts expand in the proliferative phase, they deposit collagen and other extracellular matrix proteins that are molded and remodeled into scar tissue.

MCs are also involved in hair follicle recycling and bone remodeling. MC-deficient mice exhibit impaired hair follicle recycling, where hair growth and regression continuously occur.⁸³ MC histamine, TNF, and substance P are thought to contribute to these events.⁷⁵ Interestingly, MC-deficient mice have femurs that are lighter and thinner than in wild-type mice, although this must be validated with MC reconstituted mice.⁸⁴ Moreover, in mastocytosis, bone turnover is accelerated, resulting in enhanced bone loss.⁸⁵ MCs are a source of osteopontin, a glycoprotein component of bone matrix that contributes to bone resorption and calcification, one potential molecular mechanism for MC activities in bone remodeling.⁸⁶

Mast cells: at the interface between innate and acquired immunity

Perhaps the most important recent advance has been the recognition that MCs are sentinel cells in innate and acquired immunity.^{10–13} Given their distribution, MCs are in prime locations to detect and initiate responses against invading microbes. Various pathogens and their products activate MCs through receptor systems such as toll-like receptors, complement receptors, and Fc receptors, allowing MCs to react directly to pathogenic stimuli (Figure 3).¹⁰ In the early response, MCs release preformed mediators that recruit effector cells including neutrophils, which are instrumental in initial clearance of pathogens. MCs also direct the development of acquired immune responses through activation of dendritic cells and T cells and their migration to lymph nodes.⁸ Moreover, there is increasing evidence that MCs function as antigen-presenting cells both in an indirect⁸⁷ and direct^{88,89} way. MCs constitutively express major histocompatibility complex (MHC) class I and upregulate expression of MHC class II when stimulated with interferon- γ (IFN γ), TNF, or lipopolysaccharide (Table 1).^{88–97} In addition to MHC, costimulatory molecules CD28, CD80, CD86, intercellular adhesion molecule-1, and OX40 ligand that act on T cells, and CD40 ligand that acts on B cells are expressed on MCs and in MC-derived exosomes.^{90,91} MC-derived exosomes, which contain proteins and exosomal shuttle RNA (mRNA and microRNA), and are transferable to other cells, also contribute to the development of an acquired immune response (e.g., B-cell, T-cell, and dendritic cell activation).^{98–101} However, the exact functions of exosomal proteins and exosomal shuttle RNA remain to be elucidated.

Mast Cells in helminth infections. MCs are involved in Th2 responses against various parasitic worms. Although MCs are known to be activated by helminths and MC hyperplasia is observed in helminth infections, the critical involvement of MCs in pathogenesis and protective immunity has only been shown in a few types of these infections. MCs are important in expulsion of *T. spiralis*, as *W/W^v* mice have prolonged infection compared to wild-type mice or MC knock-in mice.^{102,103} The importance of MC-derived MMCP-1, TNF, and IL-4 has been shown in expulsion of *T. spiralis* using MMCP-1 knockout

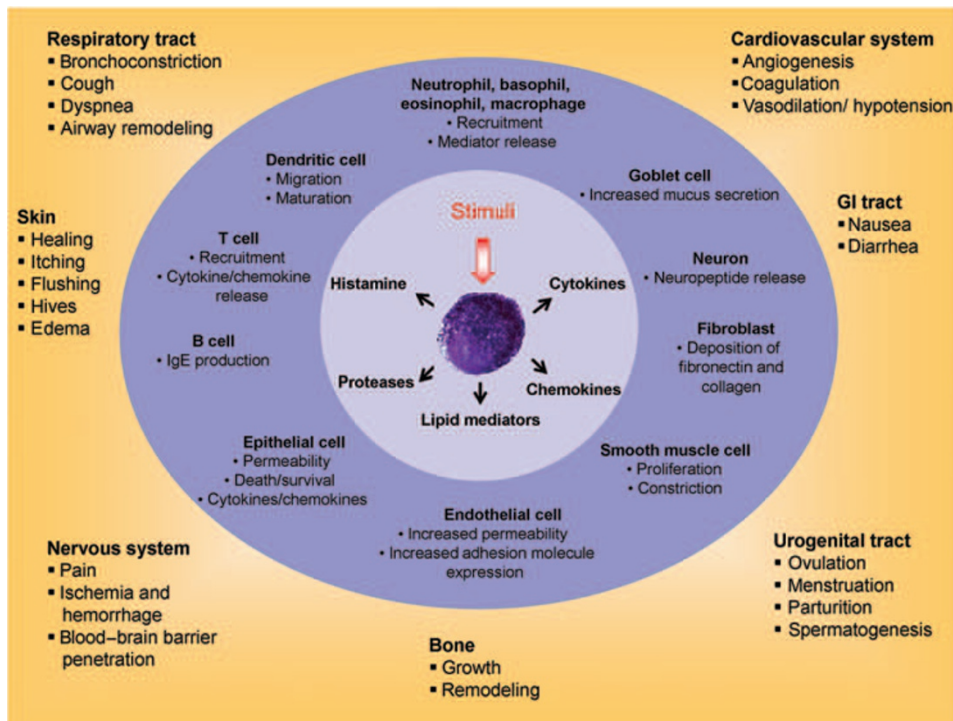


Figure 2 Mast cells (MCs) as effectors in homeostasis and disease. MCs in various tissue microenvironments are poised to respond to an array of stimuli by releasing numerous mediators. These regulate both physiological (e.g., wound healing, hair follicle cycling, angiogenesis, bone remodeling) and pathological process (e.g., allergic reactions) by influencing various cell types. Mechanisms of action of certain MC mediators on their targets maybe similar, but the outcome can differ depending on circumstances and site (e.g., wound healing vs. airway remodeling, or bronchoconstriction in airway vs. motility disturbances in intestine).

mice and MC knock-in models with $TNF^{-/-}$ or $IL-4^{-/-}$ BMMC.^{104,105} Infection with *Nippostrongylus brasiliensis* also induces MC hyperplasia. However, in *N. brasiliensis* infection, MCs are not essential for worm expulsion in mouse models.^{106,107} The various roles that MCs must have in the pathophysiology and defenses against helminthic infections requires additional study.

Mast cells in bacterial infections. MCs can be protective against bacterial infections *in vivo*, such as in a cecal ligation and puncture model of septic peritonitis and in mice injected with fimbriated *Escherichia coli*.^{70,71} In these studies, MC-deficient W/W^v mice were less efficient in clearing bacteria and had higher mortality. Reconstitution of these mice with MCs restored their ability to clear the infection and enhanced survival. MCs are also important in defense against other bacterial infections such as *Klebsiella pneumoniae*, *Listeria monocytogenes*, and *Pseudomonas aeruginosa*.^{108–111} MC-derived TNF was important, and together with leukotriene C_4 (LTC_4) and LTB_4 contributed to the recruitment of neutrophils and clearance of infections.^{70,71,112} Like neutrophils, MCs can produce antimicrobial nets containing DNA, proteases, and LL37.¹¹³ Further studies are needed to more completely understand these antibacterial functions.

Mast cells in fungal infections. MCs respond to yeast cell wall zymosan and peptidoglycan by releasing cysteinyl leukotrienes and by production of reactive oxygen species (ROS). Human MC responses to zymosan but not peptidoglycan are mediated by dectin-1, the β -glucan receptor for the C-type lectin family.¹¹⁴ In addition, relatively high doses of the indoor fungus

Trichoderma viridae can induce MC degranulation, whereas low doses can enhance histamine secretion from MCs activated by IgE/anti-IgE.¹¹⁵ Different species and strains of *Aspergillus* spp., especially *A. fumigatus*, induce IgE-independent MC degranulation.¹¹⁶ The importance of MCs in fungal infections *in vivo* requires additional study.

Mast cells in viral infections. The involvement of MCs in viral infections is also an emerging field. Human immunodeficiency virus infection is associated with increased serum IgE in patients, and higher levels predict a worse prognosis.¹¹⁷ Patients with AIDS have fewer MC_T in the intestinal mucosa,¹¹⁸ an observation potentially linked to the T-cell dependency of mucosal MCs in rodents. Human immunodeficiency virus productively infects human MCs *in vitro* and *in vivo* and induces histamine release.^{119,120}

Human MCs are permissive to antibody-enhanced dengue virus infection and are activated to release IL-1 β and IL-6 and the chemokines RANTES, MIP-1 α , and MIP-1 β .^{121,122} Dengue virus infection also induces caspase-dependent MC apoptosis, but not apoptosis of other Fc γ -expressing cell types.¹²³

Respiratory syncytial virus is a major cause of lower respiratory illness in infants and is associated with development of asthma later in life.¹²⁴ Both respiratory syncytial virus-specific IgE and histamine levels are increased in nasopharyngeal secretions of infected infants.¹²⁵ MC density and the levels of leukotrienes are increased in lungs of respiratory syncytial virus-infected rats, implicating MCs in response to respiratory syncytial virus infection.¹²⁶ Airway MC numbers increase in parainfluenza infections

as well,¹²⁷ and we have observed that influenza A can infect human MCs and elicit antiviral responses (unpublished data).

Mast cells in allergy

MCs are involved in the pathophysiology of allergic diseases, notably in IgE-mediated hypersensitivity reactions in airways, skin, and gastrointestinal tract such as asthma, allergic rhinitis, atopic dermatitis, and food allergy. These responses are due to allergen-specific IgE binding and cross-linking the high-affinity IgE receptor (FcεRI) on MCs, leading to activation and release of inflammatory mediators (Figure 2, refs. 7–9).

Effects of MC IgE and/or IgG-mediated activation and degranulation. Upon activation, MCs release many stored and newly synthesized mediators into the local environment.⁹ During the early phase of a reaction, MCs can release histamine, tryptase, LTC₄, prostaglandin D₂ (PGD₂), platelet-activating factor, chemokine ligand 2, IL-13, VEGFA, and TNF, which have immediate effects on epithelial, smooth muscle, and endothelial cells and nerves, leading to increased epithelial permeability and mucous production, smooth muscle contraction, vasodilation, and neurogenic signals. Early release of TNF, LTB₄, IL-8, and chemokine ligand 2 help to usher in the late phase response by recruiting neutrophils, eosinophils, and basophils.⁸ The late phase response is directed not only by continued MC mediator release, but by activation of newly arrived leukocytes and tissue-resident cells. These early and late phase responses result in tissue-specific allergic responses and symptoms.

FcεRI-mediated activation can be diminished by inhibitory intracellular pathways. For example, Lyn kinase can phosphorylate inhibitory receptor immunoreceptor tyrosine-based inhibitory motifs, as well as FcεRI immunoreceptor tyrosine-based activation motifs.^{128,129} Antigen-induced aggregation of FcεRI with FcγRIIb inhibits FcεRI-mediated MC activation through Lyn-mediated phosphorylation of the FcγRIIb immunoreceptor tyrosine-based inhibitory motifs. In addition to FcγRIIb, MCs express several inhibitory receptors such as gp49B1,¹³⁰ mast-cell-function-associated antigen,¹³¹ and paired immunoglobulin-like receptor B^{132,133} that can inhibit FcεRI signaling.^{134,135}

In addition to FcεRI, Fcγ receptors can also influence MC activation, although expression of FcγR is species and/or MC phenotype dependent (e.g., human MCs express FcγRI (after IFNγ treatment¹³⁶) and FcγRII but not FcγRIII, whereas mouse MC express FcγRII and FcγRIII (BMDC after cocultured with 3T3 fibroblast¹³⁷) but not FcγRI) (Table 1). FcγRI and FcγRIII contain immunoreceptor tyrosine-based activation motifs in their homodimer γ-chain, which is shared with FcεRI, and activate MC through downstream signals of immunoreceptor tyrosine-based activation motifs.¹³⁸ However, FcγRIIb, a single-chain receptor containing immunoreceptor tyrosine-based inhibitory motifs inhibits FcεRI-mediated MC activation as mentioned earlier. More recently, mouse FcγRIV, a homologue of human FcγRIIIa was identified to have a role, both as a high-affinity IgG receptor for IgG2a and IgG2b, and as a low-affinity IgE receptor.¹³⁹ However, the expression and function of FcγRIV in mouse MCs remains to be elucidated.

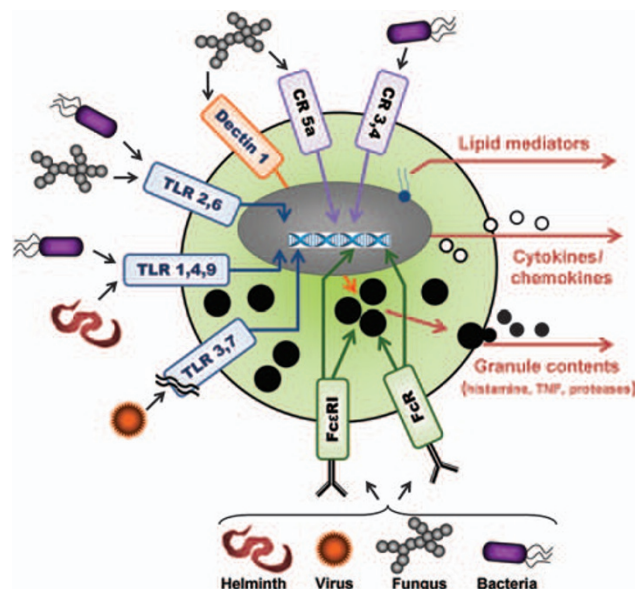


Figure 3 Mechanisms of mast cell responses to pathogens. Mast cells secrete stored mediators and newly synthesized protein and lipid mediators in response to fungal, bacterial, viral, and helminth pathogens. Opsonized pathogens are recognized by Fc receptors and RNA and protein products of pathogens activate the toll-like receptors and dectin-1 pattern recognition receptors. Mast cells also respond to complement activation products.

Mast cells in asthma. There are many reasons to believe that MCs have fundamental roles in asthma. Using MC-deficient and reconstituted mice, it is possible to sensitize to an allergen in a manner that can generate MC-dependent or -independent asthmatic responses.⁶¹ There are increased numbers of MCs in airway smooth muscle,²² a correlation between MC degranulation and asthma severity,¹⁴⁰ and MC influences on airway responsiveness and lung inflammation.⁶¹ Asthma is characterized by chronic airway inflammation and bronchoconstriction, consisting of edema, increased mucous production, leukocyte infiltration, and smooth muscle contraction. MCs also contribute to chronic airway thickening, tissue remodeling, and fibrosis, through the release of tryptase, transforming growth factor-β (TGFβ), and plasminogen activator inhibitor type 1, which can induce fibroblast proliferation and collagen deposition in the airways.^{141,142}

Recently there is great interest in MC–epithelial cell interactions with a focus of epithelial cell-derived cytokines, such as thymic stromal lymphopoietin (TSLP) and IL-33. TSLP and IL-33 appear to be important in the development of asthma. TSLP induces dendritic cell-mediated CD4⁺ T-cell differentiation into Th2 cells,¹⁴³ and IL-33 exerts its effect on the recruitment and activation of Th2 cells in the absence of T-cell receptor stimulation.¹⁴⁴ Moreover, expression of TSLP and IL-33 are correlated with the severity of asthma.^{145,146} Given that MC express both the TSLP receptor and ST2 (IL-33 receptor), and can be activated by TSLP and IL-33 to release proinflammatory cytokines,^{144,147} these mediators can augment the functional role of MCs in asthma.

Mast cells in food allergy. The role of MCs in IgE-mediated food allergy has been frequently reviewed.^{148,149} Activation of MCs

can occur by the transcellular transport of allergen–IgE complexes through epithelial cells, after binding the low-affinity IgE receptor (CD23) on intestinal epithelial cells.^{149–151} Once activated, MCs release mediators that affect permeability by disrupting tight junctions and opening paracellular pathways, leading to enhanced allergen exposure and further MC activation.^{149,150} Intestinal smooth muscle contraction, increased permeability, and altered water and ion transport by MC mediators are all involved in diarrhea, an important component of food allergy.

Mast cells in atopic dermatitis and other allergic skin diseases.

The role of MCs in allergy in the skin has been studied in rodent models, as MC numbers are increased and many are activated in skin following allergen exposure in humans.¹⁵² MC mediators are responsible for the typical wheal and flare reactions, characterized by edema and vasodilation, with subsequent leukocyte recruitment into the affected area. The microenvironmental regulation of MC development and function in the skin is poorly understood, although MCs are involved in skin pathology beyond atopic dermatitis.¹⁵²

Immunomodulatory function of mast cells

Although it is well known that MCs have important roles in allergy and innate immunity, the role of MCs in the inhibition of immune and inflammatory responses has received less attention.^{11,135} Hart *et al.*¹⁵³ showed that dermal MCs are necessary for the suppression of UVB-induced contact hypersensitivity and suggested that histamine is an important mediator of this MC-dependent suppression. More recently anti-inflammatory or immunosuppressive effects of MC-derived IL-10 have been identified in antigen-specific T-cell responses following *Anopheles* mosquito bites,¹⁵⁴ and in contact dermatitis and chronic UVB-irradiated skin pathology by limiting leukocyte infiltration.¹⁵⁵ In addition, MCs appear to be essential in CD4⁺CD25⁺Foxp3⁺ regulatory T-cell-dependent peripheral tolerance to skin allografts.¹⁵⁶

Although several studies have shown negative immunoregulatory function of MCs, mostly through MC-derived IL-10, mechanisms underlying IL-10 production in MCs and how MCs are fated to exhibit either positive or negative regulation of immune responses remain to be elucidated.

Mast cell responses to neuropeptides and in gut pathophysiology

In addition to activation by microbial products, IgE, other Fc receptor-dependent pathways, and complement components, MCs can be activated by cytokines, neuropeptides, hormones, serine proteases, immunoglobulin light chains, and polybasic compounds.^{157–159} Moreover, MCs activated through such pathways have a pathophysiological role in several inflammatory conditions in skin, airways, and intestine in inflammatory bowel disease (IBD, Crohn's disease or ulcerative colitis) and irritable bowel syndrome (IBS).

Intestinal MC numbers are increased in IBD^{160,161} and IBS,¹⁶² and evidence of MC activation is abundant.^{163,164} An increase in *in vivo* histamine secretion in Crohn's disease and

ulcerative colitis^{165,166} increased histamine and tryptase release in IBS,¹⁶⁷ and histamine metabolites in urine¹⁶⁸ correlate with disease severity. Increased levels of TNF, an important therapeutic target¹⁶⁹ and mediator that can be MC-derived in human intestine, are also detected in feces of patients with IBD.¹⁷⁰ Enhanced epithelial permeability is thought to be an important element in the etiology of IBD.¹⁷¹ MC proteases can disrupt epithelial permeability,¹⁰⁴ and both histamine and TNF can increase ion and fluid transport across the epithelial barrier,¹⁷² factors central to the pathophysiology of diarrhea. MC tryptase can activate proteinase-activated receptor 2 on intestinal epithelial cells and induce reorganization of tight junction proteins by activated myosin light chain kinase^{173,174} resulting in paracellular leakage of fluids into the gut.

Mast cell-nerve interactions in the gastrointestinal tract. There is a growing literature on neuroimmune connections in IBD and IBS. MCs are important effectors in these pathways and are found in proximity to nerves in locations throughout the body, including the gut mucosa.^{175,176} Various MC populations rapidly release stored mediators and can also secrete several newly synthesized cytokines, chemokines, and other mediators in response to neuropeptides (Figure 2).¹⁷⁷ Interestingly, in contrast to rat PMC, intestinal mucosal MCs are unresponsive to many neuropeptides and hyporesponsive to substance P.¹⁷⁸ Similarly, Bischoff *et al.*¹⁷⁹ concluded that several neuropeptides do not induce mediator release from human intestinal MCs. However, through stimulation with IgE, a subpopulation of MCs expressed the tachykinin receptor, NK-1. This is intriguing as IgE-mediated responses to foods may have a role in IBS,¹⁸⁰ a condition where neurogenic inflammatory pathways may be particularly important. Food allergen-mediated IgE cross-linking could increase the numbers or responsiveness of MCs expressing NK-1, and their activation by substance P could lead to exacerbation of IBS.

There are important gaps in our knowledge about the activation of MC subpopulations by basic, highly charged secretagogues such as some neuropeptides. Many studies suggest that activation is independent of classical neuropeptide receptors for at least some MCs and involves direct interactions with Gi3 proteins,¹⁸¹ whereas in other studies there is evidence for classical neuropeptide receptor involvement.¹⁷⁷ Much remains to be clarified about the relevance of these apparently distinct pathways and therapeutic opportunities that they may represent.

Stress can have a key role in exacerbation of IBD and IBS. Evidence suggests that this is mediated through the hypothalamic–pituitary–adrenal axis by corticotropin-releasing factor and its activation of intestinal MCs. Indeed, MCs express the corticotropin-releasing factor receptor and release inflammatory mediators in response to corticotropin-releasing factor.^{182–184} Moreover, MCs can be involved in pain signaling from afferent neurons. Local release of MC tryptase can activate proteinase-activated receptor 2 on neurons, leading to pain hypersensitivity.^{167,185–187} The evidence of the involvement of MCs in neuroimmune-mediated exacerbations of IBD and IBS is compelling.

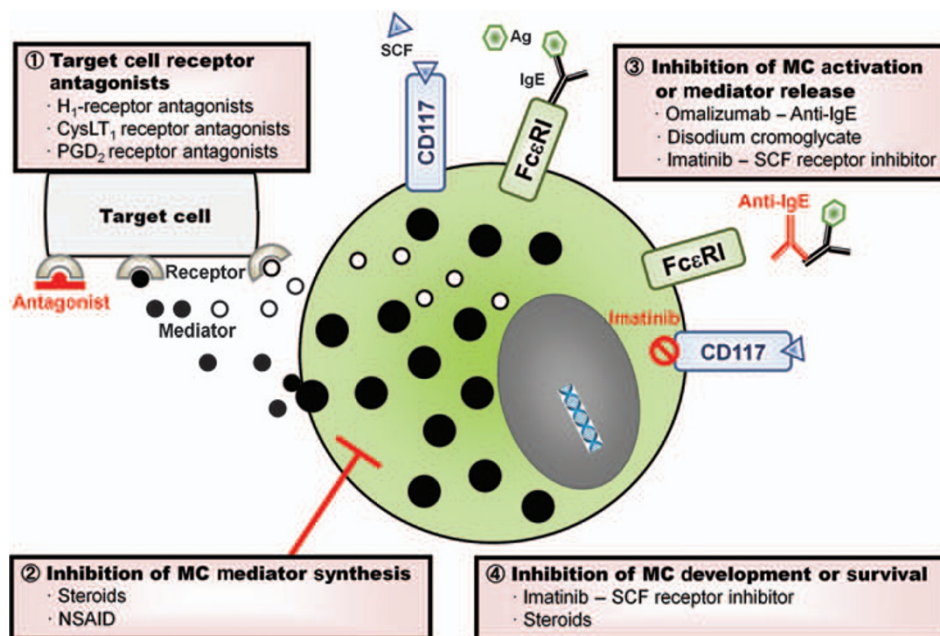


Figure 4 Mast cell (MC)-related therapeutic targets. Many pharmacological agents have been developed that modulate MC functions. Some drugs block mediator receptors on target cells (①), inhibit MC mediator synthesis (②), block MC activation or mediator release (③), or inhibit MC development and maturation (④). Some drugs may act through more than one mechanism (e.g., Imatinib acts on both MC development and activation). However, new strategies and targets are required, as none of these current drugs are MC specific.

Mast cells in cancer

There is increasing evidence for the role of MCs in cancers, although there is controversy.^{135,188} Most tumors contain inflammatory cells including MCs, which can have either an enhancing or depressing effect on tumors. Angiogenic activity of MC-derived mediators not only enhances tumor development in early stages, but also enables metastases of solid tumors. Indeed evidence of a MC requirement for angiogenesis in both skin carcinogenesis⁶⁷ and pancreatic islet tumors¹⁸⁹ has been provided using *W/W^v* and *W^{sh}/W^{sh}* mice, respectively. MCs appear to be essential for colorectal polyp development in two independent hereditary models of polyposis¹⁹⁰ and in 1,2-dimethylhydrazine-induced intestinal epithelial tumors.¹⁹¹ However, another study suggested the opposite effect, a protective role of MCs in intestinal tumorigenesis¹⁹² using MC-deficient mice and a MC knock-in model. The role of MCs may differ depending on the tumor type and its phase of development. Thus, the contributions of MCs in tumorigenesis, metastases, and in protection against tumors are complex and much needs to be done to clarify the roles and the mechanisms that control MC functions in cancers.

MAST CELLS: A THERAPEUTIC TARGET

Given the pivotal role of MCs in allergic and other inflammatory reactions, therapeutic strategies to disrupt MC function or actions of their mediators are common. Several innovative approaches have been used for therapeutic interventions, including antagonism of MC mediators and inhibitors of MC development, survival, or activation (Figure 4).

Mast cell mediator antagonists and synthesis inhibitors

These drugs include widely used antiallergic drugs such as H₁-receptor antagonists (classical antihistamines), chemoattractant receptor-homologous molecule expressed on Th2 cells (CRTh2), and CysLT₁ receptor antagonists.^{193–196} These drugs inhibit activation of several cell types that bear receptors of MC-derived histamine, PGD₂, or leukotrienes. There are four distinct histamine receptors, but currently only H₁ and H₂ receptor antagonism are widely used. Similarly, there is evidence for multiple leukotriene and prostaglandin receptors, but their therapeutic significance is not completely understood. Moreover, research continues to characterize the function of various receptors, and the potential effect of CysLT₁ receptor antagonists on airways remodeling has generated great interest for preventing or reversing airway structural changes in asthma. Recent studies revealed that ramatroban (BAY u3405), used to treat allergic rhinitis, can block the PGD₂ receptor, CRTh2. CRTh2 antagonists can attenuate the activity of PGD₂, which induces migration and activation of eosinophils, basophils, and Th2 cells through CRTh2, and contributes to late phase inflammation and cell damage.¹⁹⁷

TNF is critical in the pathogenesis of several inflammatory diseases.^{169,198,199} Anti-TNF antibodies target this key cytokine in the inflammatory process and have become an important therapy of Crohn's disease, rheumatoid arthritis, psoriatic arthritis, and ankylosing spondylitis,^{198,199} although it is unlikely that MCs are the only source of TNF in these diseases.

Nonsteroidal anti-inflammatory drugs are used to treat many inflammatory diseases because of their anti-inflammatory, anti-pyretic, and analgesic effects. However, the clinical significance

of their effects on the synthesis of target mediators in MCs, as opposed to many other cell types, is not understood.

Inhibition of mast cell activation or mediator release

Omalizumab, a humanized IgG₁ monoclonal antibody, binds to the domain of the Fc region of IgE that interacts with the high-affinity IgE receptor.²⁰⁰ This prevents MC and basophil activation, and reduces circulating IgE levels. Omalizumab has been used to treat moderate and severe asthma for a decade, and has also been studied for its therapeutic value in other allergic diseases such as food allergy.^{201,202} Imatinib has been developed for treatment of chronic myelogenous leukemia. It has efficacy in blocking both CD117 and PDGFR- α protein tyrosine kinase activities, and may be a focus for MC-mediated diseases.²⁰³ Other possible targets in the repertoire of MC receptors for treatment of allergic disease include adenosine (A_{2B}) receptor, chemokine receptors, and cytokines and growth or differentiation factors (IL-4, IL-5, IL-9, IL-13, and TGF β), although these are likely to exert their effects on several cell types.

Disodium cromoglycate has been widely used in the past as a MC stabilizer.²⁰⁴ It exerts its effect not only on MCs, but also on other cell types such as eosinophils and neutrophils,²⁰⁵ and the molecular mechanisms of its actions are poorly understood. Moreover, there is evidence that it is not effective against all MC phenotypes (e.g., intestinal mucosal MCs) in rodents²⁰⁶ and humans.²⁰⁷

Interestingly, β_2 adrenoceptor agonists, used primarily as bronchodilators in asthma through their effects on airway smooth muscle, can also inhibit IgE-mediated secretion from human MCs.²⁰⁸ Tachyphylaxis to the effects of β_2 agonists did not occur with MCs *in vitro*, although there is some suggestion that the efficacy may diminish over time *in vivo* because tolerance to β_2 agonists develops with continued use.

Another therapeutic agent, sulfasalazine, used in the treatment of IBD has also been shown to inhibit MC secretion,²⁰⁹ although the relevance to its mode of action in human disease is not known.

Inhibition of MC development or survival

Steroids are well-known anti-inflammatory drugs that are widely used for asthma and to treat IBD. The effects of steroids are widespread in inflammatory and immune responses, and it is generally thought that they do not have direct effects on MC secretion. For example, *in vitro* studies indicate that steroids do not affect stimulated release of mediators from human lung MCs.²¹⁰ However, steroid treatment can reduce MC numbers *in vivo*.^{211,212} The mechanisms involved in this effect of steroids on MC numbers include induction of apoptosis²¹³ and effects on progenitors, their recruitment, differentiation, and perhaps even their phenotype when mature.^{214,215} Additional research on the actions of steroids on MC development and function is required. As we understand more about MC development, survival, heterogeneity, and function, there will be many opportunities to develop novel therapeutic targets.

REGULATION OF MAST CELL PHENOTYPE

MCs in various microenvironments are poised to respond to an array of signals. However, the magnitude and nature of their responses are highly variable. In response to some stimuli, MCs release few mediators, whereas another stimulus may cause extensive degranulation and the release of a different repertoire of compounds.^{7–9,216} Given the heterogeneity of MCs, the outcome of MC-mediated responses may be markedly influenced by dynamic changes in their phenotype in certain microenvironments. Such phenotypic changes could occur not only during differentiation and maturation, but also when they are mature. We postulate that numerous factors change receptor expression, signaling pathways, and secretion efficiency of MCs and that a combination of multiple, sometimes subtle phenotypic modifications can determine the response of a MC in a given time and place with the resulting homeostatic or pathophysiological responses (Figure 1).

Cytokines

Numerous growth factors including IL-3, granulocyte/macrophage-colony stimulating factor, TGF β 1, IL-4, IL-6, IL-9, IL-10, NGF, and SCF influence MC development and phenotype (Table 1). In rodents, granulocyte/macrophage-colony stimulating factor and IL-3 induce histamine production,²¹⁷ and IL-4 inhibits expression of CD117 and Fc ϵ RI in BMMCs.^{218,219} TGF β 1 inhibits IL-3-dependent BMMC proliferation without an obvious effect on function or differentiation,²²⁰ and prevents SCF-mediated rescue of BMMCs from apoptosis after IL-3 deprivation,²²¹ perhaps by decreasing CD117 mRNA stability.²²² TGF β 1 also induces MC apoptosis, inhibits granule formation and surface expression of CD117, Fc ϵ RI α , Fc γ RII, and Fc γ RIII. TGF β 1 can enhance commitment to the MC lineage for the first 10 days of mouse BMMC culture, but inhibits MC maturation at a later stage. Moreover, BMMCs cultured in the presence of TGF β 1 cannot reconstitute MCs *in vivo* in MC knock-in models.²²³ Addition of IL-10 to BMMCs inhibits Fc ϵ RI²²⁴ and CD117²¹⁹ expression, but induces expression of MMCP-1 and -2 that are preferentially expressed in mucosal MCs.^{225,226} However, IL-10 can induce apoptosis when it is added with IL-3 and SCF throughout the culture of BMMCs.²²⁷ NGF increases the number of mouse IL-3-dependent BMMCs, and increases their histamine content and heparin expression, suggesting that NGF has a role in the development of connective tissue-like phenotype in murine MCs.²²⁸ Culture of mouse bone marrow cells with SCF and IL-4 can develop BMMCs with some connective tissue type MC characteristics³⁰ and can also induce expression of inducible nitric oxide synthase (iNOS) and produce nitric oxide (NO) after IFN γ and/or lipopolysaccharide treatment (unpublished data).

In humans, IL-4 induces morphological maturation and expression of MC chymase and Fc ϵ RI,^{229–231} but reduces CD117 expression.^{232,233} In human MCs cultured from CD34⁺ cord blood progenitors, IL-6 increases cell size, frequency of chymase-positive cells and intracellular histamine levels, and IL-33 accelerates expression of tryptase compared with values obtained with SCF alone.^{234,235} IL-9 enhances both cell size and number of MCs from human MC progenitors under stimulation

with SCF.²³⁶ Although there are several examples of effects of cytokines on MC development and phenotype *in vitro*, whether the effects are relevant *in vivo* is unknown.

Reactive oxygen and reactive nitrogen species

The role of ROS and reactive nitrogen species (RNOS) in MC development is unknown, but pathways of ROS and RNOS generation are active in MCs and their role in MC-dependent inflammatory conditions has been carefully reviewed.^{237,238} The types of RNOS produced and their potential effects on MC function depend on regulation and expression of NOS, availability of superoxide radicals, and proximity of targets (Table 1). MC-dependent inflammatory processes such as histamine-mediated vasodilation, vasopermeation, and leukocyte-endothelial attachment can be inhibited *in vivo* by NO.²³⁹ In a colitis model in mice, hyperactivation of MCs by the inhibition of NOS enhanced mucosal injury.²⁴⁰ Moreover, NO inhibited intestinal MC activation and degranulation in *Clostridium difficile*-derived toxin A-induced intestinal damage.²⁴¹ Inhibition of NOS using specific inhibitors was associated with enhanced MC degranulation and increased intestinal permeability.²⁴² Using MC-deficient mice and MC reconstitution, we associated MCs with reduced iNOS activity in the gut and improved epithelial barrier function.²⁴³ Moreover, NO has a protective function in the development of lesions associated with intestinal allergic reactions, and can enhance survival in anaphylactic reactions.²⁴⁴ Evidence suggests that low levels of NO produced by intestinal mucosal MCs facilitate maintenance of the epithelial barrier, whereas elevated levels of NO released from macrophages result in intestinal epithelial damage. This is consistent with well-known, dose-dependent effects of NO and the particular isoform of NOS involved.

In a rat model of ischemia-reperfusion in the lung, MC-stabilizing agents modulate the vascular phenotype by decreasing intercellular adhesion molecule-1 expression and increasing iNOS and tissue cyclic guanosine monophosphate levels.²⁴⁵ Moreover, NO donors can reduce histamine release from MCs in guinea pig airways.²⁴⁶ Interestingly, when MCs are activated they produce superoxide radicals.²⁴⁷ Activated guinea pig lung MCs generate peroxynitrite, a by-product of NO and superoxide, which in turn enhances phospholipase A₂ release by MCs.²⁴⁸ Moreover, posttranslational modifications of various protein targets such as nitration, nitrosylation, and oxidation by RNOS adds to the complexity of regulation of MC phenotype and function.^{237,238} Thus, ROS and RNOS provide multiple pathways for tuning MC responses at mucosal surfaces and elsewhere.

Hormones

Given that MCs in the reproductive tract respond to hormonal changes and release mediators that control many aspects of female reproduction, it is not surprising that MCs express receptors for and respond to sex hormones, even when situated in other tissues. Diseases associated with mucosal MCs dysfunction that are more prevalent in females than males and vary in severity with hormonal status include: respiratory allergy and asthma, severe food allergy, anaphylaxis, and IBS.^{158,249,250}

There are few reports of *in vivo* expression of sex hormone receptors on human MCs (Table 1). Expression of estrogen and progesterone receptors (PRs) was detected on 60% of MCs from nasal polyps,²⁵¹ and estrogen receptors (ERs) were present on MCs in human abdominal aortic vessels in fertile women, but not infertile women or men.²⁵² Rat PMCs respond to estrogen^{253,254} and mouse BMMCs express ER α ²⁵⁵ and respond to progesterone.²⁵⁶ Rat RBL-2H3 and human HMC-1 and LAD2 express ER α , but not ER β , and all respond to estrogen and progesterone, the latter presumably through a PR (²⁵⁵, unpublished data).

Generally, estrogen activates MCs or enhances MC secretion induced by other stimuli, whereas progesterone depresses MC activation. However there are conflicting findings that likely relate to discrepancies in hormone doses used and MC phenotypes. Progesterone concentrations (100–1,000 nM) used to study MC responses are similar to circulating plasma levels in pregnant women and less than 10-fold greater than plasma levels in the luteal phase of the ovulatory cycle. 17 β -Estradiol levels in cycling women average 10 pM and seldom exceed 1 nM except in pregnancy where levels may increase to 50 nM. Despite this, many *in vitro* studies with MCs have used micromolar concentrations of estradiol.

Early studies evaluated effects of estrogen on degranulation of rat PMCs. In one study, micromolar estrogen enhanced only substance P and compound 48/80 responses,²⁵³ whereas in another, nanomolar estrogen enhanced only IgE/ α -IgE responses.²⁵⁴ Estrogen can also increase NOS expression, decrease TNF, and increase carbachol-triggered serotonin release in rat PMCs. In mouse BMMCs, 1 μ M estrogen inhibited IgE/antigen-induced degranulation and release of IL-6, IL-13, and TNF.²⁵⁷ In another study, 1 pM–1 nM estrogen released small amounts of β -hexosaminidase (< 15%) and enhanced IgE/antigen-induced β -hexosaminidase release and LTC₄ production.²⁵⁵ Estrogen (pM to nM) triggered β -hexosaminidase and LTC₄ release and enhanced IgE/antigen-induced β -hexosaminidase and LTC₄ secretion in HMC-1 and RBL-2H3 cells.^{255,258} These effects were decreased by ER α inhibitors or in BMMCs derived from ER α KO mice and were mediated by a nongenomic pathway.²⁵⁵ Thus, different concentrations of estradiol can have different or even conflicting effects on MC responses.

Progesterone can inhibit substance P and IgE/antigen-induced histamine secretion,²⁵⁹ stimulate serotonin secretion,²⁶⁰ decrease spontaneous MC proliferation, and downregulate surface expression of CXCR4, thus decreasing MC migration to CXCL12.^{261,262} The phenotype of mucosal MCs *in vivo* can be altered by estrogen and progesterone. In a rat model of allergic lung inflammation, bronchial MCs from ovariectomized rats degranulated less in response to allergen challenge than MCs from sham surgery.²⁶³ This effect was reversed by pretreating with estrogen but not progesterone.²⁶³ Therefore, estrogen may prime lung MCs for increased sensitivity to allergens. In the aromatase overexpressing transgenic (AROM+) mouse model of estrogen-induced prostatitis, MC numbers were increased at puberty in the prostate, and this increase preceded chronic inflammation, suggesting that MC hyperplasia in the prostate was the mechanism of

estrogen-induced prostatitis.²⁶⁴ Interestingly, colonic biopsies from female patients with IBS contained more MCs than biopsies from male patients,²⁶⁵ and this correlated with increased bloating and dyspepsia, symptoms found more often in women than men.²⁴⁹ Higher MC numbers and histamine release were also found in the jejunum and colon of female vs. male rats.²⁶⁶ In ovariectomized rats, MCs in the colon released less histamine in response to substance P than normal rats, and this decrease was reversed by progesterone.²⁶⁶

Estrogen has a protective effect in the HLA-B27 rat model of IBD. Gene array analysis of colonic tissue revealed that after estrogen administration, MC proteases were the most down-regulated genes in diseased rats and much of the protective effect of estrogen was attributed to its effects on MC activities.²⁵⁷ Therefore, the ability of estrogen to modify MC function appears to be relevant in several *in vivo* settings.

Surprisingly, there are no reports of estrogen or progesterone effects on MC responses to infectious agents or toll-like receptor agonists. The immune system is skewed toward Th₂ and humoral immunity in the luteal phase of the menstrual cycle due to high levels of progesterone, and quickly reverts to cell-mediated immune predominance as estrogen rises and progesterone decreases.²⁶⁷ This is associated with exacerbation of infections and worsening of numerous chronic diseases with an infectious component.²⁶⁷ The role of MCs in this phenomenon has not been investigated, but because sex hormones can alter MC phenotype and because MCs are instrumental in host responses to infections, this should be investigated.

Future work on sex hormones in regulation of MC function should use physiological levels of hormones and use mature human MCs to evaluate the effects of estradiol and progesterone in modulating MC responses to neuropeptides, antigen challenge, and infectious agents. Finally, beyond looking at effects of single hormones, it would be valuable to expose MCs to physiological combinations of estrogen and progesterone and to chronic hormone exposure (can change ER and PR expression) followed by hormone withdrawal as occurs in the menstrual cycle. Such studies would shed more light on sex hormones in regulating MC responses and begin to explain gender differences in diseases such as allergy, anaphylaxis, and IBS.

CONCLUSION AND FUTURE DIRECTIONS

Over the last several decades there have been major advances in our knowledge of MC biology, in large part due to the development of powerful tools such as *in vitro* culture of MCs from progenitors and MC-deficient and knock-in animal models. There is extensive evidence that MCs act as a “double-edged sword” in health and disease and have roles beyond the traditionally recognized effector cells in IgE-associated allergic responses.

Nevertheless, many issues of MC biology remain to be elucidated. Although our understanding of MC development has increased, there are large gaps in knowledge of the ontogeny of MCs, especially how MCs achieve the impressive heterogeneity that they exhibit in peripheral tissues. Indeed, we postulate that this heterogeneity is much more extensive than currently appreciated, especially at the level of tissue-specific receptor expres-

sion and molecular mechanisms underlying microenvironmental conditioning, including epigenetic controls on gene expression and function. Many cytokines, growth factors, free radicals, and hormones have roles in MC development and function, but *in vivo* relevance has yet to be clearly elucidated. A more complete understanding of MCs function in physiological homeostasis and in pathophysiology will help identify novel strategies to target MC differentiation, phenotype, survival, and/or activation in several inflammatory conditions and other diseases.

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DISCLOSURE

The authors declared no conflict of interest.

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