

TNF- α alters the inflammatory secretion profile of human first trimester placenta

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Implantation and subsequent placental development depend on a well-orchestrated interaction between fetal and maternal tissues, involving a fine balanced synergistic cross-talk of inflammatory and immune-modulating factors. Tumor necrosis factor (TNF)- α has been increasingly recognized as pivotal factor for successful pregnancy, although high maternal TNF- α levels are associated with a number of adverse pregnancy conditions including gestational hypertension and gestational diabetes mellitus. This study describes effects of exogenously applied TNF- α , mimicking increased maternal TNF- α levels, on the secretion profile of inflammation associated factors in human first trimester villous placenta. Conditioned culture media from first trimester villous placental explants were analyzed by inflammation antibody arrays and ELISA after 48 h culture in the presence or absence of TNF- α . Inflammation antibody arrays identified interleukin (IL)-6, IL-8, chemokine (C–C motif) ligand 2 (CCL2), CCL4, and granulocyte-macrophage colony-stimulating factor (GM-CSF) as the most abundantly secreted inflammation-associated factors under basal culture conditions. In the presence of TNF- α , secretion of GM-CSF, CCL5, and IL-10 increased, whereas IL-4 and macrophage CSF levels decreased compared with controls. ELISA analysis verified antibody arrays by showing significantly increased synthesis and release of GM-CSF and CCL5 by placental explants in response to TNF- α . Immunohistochemistry localized GM-CSF in the villous trophoblast compartment, whereas CCL5 was detected in maternal platelets adhering to perivillous fibrin deposits on the villous surface. mRNA-based *in situ* padlock probe approach localized GM-CSF and CCL5 transcripts in the villous trophoblast layer and the villous stroma. Results from this study suggest that the inflammatory secretion profile of human first trimester placenta shifts towards increased levels of GM-CSF, CCL5, and IL10 in response to elevated maternal TNF- α levels, whereas IL-6 and IL-8 remain unaffected. This shift may represent a protective mechanism by human first trimester villous placenta to sustain trophoblast function and dampen inflammatory processes in the intervillous space.

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Implantation and subsequent placenta development are mandatory steps for successful human pregnancy and depend on a well-orchestrated interaction between fetal and maternal tissues. Fetal–maternal interaction involves a fine balanced synergistic cross-talk of inflammatory and immune-modulating factors to allow maternal immune adaption and tolerance of the semiallogeneic fetus at the one hand, whereas maternal immune functions need to be maintained to fight off infections on the other hand. Various concepts and paradigms have been suggested trying to explain how the maternal immune system is modulated to guarantee a viable pregnancy. One of the proposed paradigms is based on studies by Wegmann *et al.*¹ describing a shift from an inflammatory T-helper 1 (Th1)

cytokine profile to a rather anti-inflammatory T-helper 2 (Th2) profile. Meanwhile, the Th1/Th2 paradigm is considered an oversimplified representation of a complex immune network, which recently has been suggested to adapt to each stage of pregnancy and being characterized by unique inflammatory environments.² Accordingly, the first and very early second trimester of pregnancy are characterized by a Th1 proinflammatory environment as a consequence of implantation and placentation processes. The second trimester represents a Th2 anti-inflammatory environment, enabling rapid fetal growth and development. Finally, the third trimester is characterized by a recurrence of inflammation preparing for parturition. With the shift from the Th1/Th2 paradigm toward new

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concepts, proinflammatory Th1 cytokines such as tumor necrosis factor (TNF)- α and interferon (IFN)- γ have become increasingly recognized as pivotal factors for successful pregnancy.^{3,4} Thus, depending on every single stage of pregnancy, a combination of modulating signals and responses between the maternal immune system and the placental trophoblast are dynamically adjusted for an overall cooperative status.⁵

For TNF- α , longitudinal analysis of maternal proinflammatory cytokines show significantly increasing levels from early and mid-to-late pregnancy, with a further increase at postpartum.^{6,7} A number of variables, such as maternal body mass index (BMI) and age are controversially discussed to influence maternal TNF- α levels during pregnancy, whereas increased TNF- α is associated with a number of adverse pregnancy conditions including gestational hypertension and gestational diabetes mellitus (GDM).^{7,8} Elevated TNF- α levels during distressed pregnancies have been suggested to affect trophoblast biology including migratory activity, syncytialization, and endocrine function.^{9,10} Moreover, elevated TNF- α may influence the fetal–maternal cross-talk by provoking a shift in the secretory profile of placenta-derived immunomodulating factors, which in turn influences the activity of maternal immune cells. Indeed, trophoblast-derived factors can induce differentiation of peripheral blood monocytes into macrophages¹¹ and enhance recruitment and differentiation of inducible regulatory T cells (Tregs).¹² Thus, it is now well acknowledged that the placenta functions as an immunomodulating organ that regulates the immune responses of cells present both at the implantation site and systemically.¹³ Among different types of trophoblasts, the highly differentiated syncytiotrophoblast is an integral part of the placental barrier, covers all placental villous trees, and thus is directly exposed to maternal blood. Direct contact with maternal blood enables the syncytiotrophoblast to respond to maternal conditions by releasing inflammatory and immunomodulating factors into the maternal circulation. Thus, systemic pro-inflammatory stimuli such as elevated maternal TNF- α may in turn provoke an aberrant release of cytokines and chemokines by the syncytiotrophoblast, potentially augmenting this feedforward–feedback loop. A growing body of evidence indicates that metabolic/pro-inflammatory conditions program early placenta functions and growth in the first trimester of pregnancy long before any phenotypic changes become clinically apparent.¹⁴ Moreover, it is increasingly recognized that the placenta early in gestation directly affects fetal development by responding to the maternal environment.¹⁵ Despite the importance of understanding placental responses to a pro-inflammatory environment early in pregnancy, little is known about this. Thus, the question was addressed whether exogenously applied TNF- α , mimicking increased maternal TNF- α , is able to influence the secretion profile of inflammation-associated factors in human first trimester villous placenta.

MATERIALS AND METHODS

Human Placental Tissue Samples

The study was approved by the ethical committee of the Medical University of Graz. First trimester placental tissues (mean gestational week: 9.6 ± 1.7) were obtained with written informed consent from women (mean maternal age: 26.1 ± 6.4 years; mean BMI: 20.9 ± 2.6) undergoing legal elective pregnancy terminations.

Placental Explant Culture

Placental villous tissue from human first trimester ($n = 8$) was rinsed in buffered saline and dissected into small pieces of ~ 5 mg moist mass. Placental explants were cultured in 12-well dishes (nunc, Thermo Scientific, Roskilde, Denmark) and 2 ml/well DMEM/F12 (1:1, Gibco, Invitrogen, Paisley, UK) supplemented with 10% FCS, penicillin/streptomycin, amphotericin B, and L-glutamine in a hypoxic workstation (BioSpherix, Redfield, NY, USA) under 2.5% oxygen at 37 °C for 48 h. For treatments, culture medium was supplemented with recombinant human TNF- α (Peprotech, Rocky Hill, NJ, USA) at indicated working concentrations. Cultivation of explants in complete culture medium without cytokines served as controls. After incubation, conditioned culture media were collected and spun down at 1500 g and 4 °C for 5 min, to remove any cellular debris. Supernatants were aliquoted and stored at -80 °C until use. Placental explants were homogenized in RIPA buffer (Sigma-Aldrich, St Louis, MO, USA) including Protease Inhibitor Cocktail (Roche Diagnostics, Mannheim, Germany) using a tissue homogenizer. Homogenates were centrifuged at 8000 g and 4 °C for 10 min. Concentration of total tissue protein was determined in homogenates according to Lowry method.

Analysis of Placental Explant Viability

Effects of TNF- α treatment on viability of placental explants was evaluated after culture by measurement of released lactate dehydrogenase (LDH) activity in culture supernatants using LDH Cytotoxicity Detection Kit (Takara Bio, Eubio, Vienna, Austria) according to the manufacturer's protocol. Obtained absorbance values were normalized to total protein of respective explant homogenates.

Inflammation Antibody Array

Secretion of inflammation-associated proteins by human first trimester placental explants was determined using a membrane based Human Inflammation Antibody Array (C3 Series, RayBiotech, Norcross, GA, USA), which consists of membranes for semi-quantitative detection of 40 human proteins involved in inflammation. Conditioned culture media of placental explants were proportionately pooled using aliquots according to total protein concentrations of respective explants. Pooled conditioned culture media from explants incubated with TNF- α were subjected to membrane arrays according to the manufacturer's instructions. Pooled conditioned culture media from explants incubated without

TNF- α served as control. Chemiluminescent imaging was performed using the FluorChemQ System (Alpha Innotech, Cell Biosciences, Santa Clara, CA, USA) and signal densities were analyzed with AlphaView software version 3.4.0. Complete culture medium alone was cultured in parallel to placental explants and values obtained from membrane array were subtracted from those of conditioned culture media.

Determination of GM-CSF, CCL5, and IL-10

Granulocyte-macrophage colony-stimulating factor (GM-CSF), chemokine (C–C motif) ligand 5 (CCL5), and interleukin (IL)-10 were measured in explant homogenates and corresponding conditioned culture media using quantitative sandwich enzyme immunoassays (Human GM-CSF, Human CCL5/regulator on activation, normal T cell expressed and secreted (RANTES), and Human IL-10 Quantikine ELISA, R&D Systems, Minneapolis, MN, USA). Clear supernatants from conditioned culture media or placental explant homogenates were subjected to immunoassays according to the manufacturer's instruction. Complete culture medium incubated without explants and RIPA buffer served as blank for measurements in conditioned supernatants and tissue homogenates, respectively. Samples were measured in duplicates and obtained concentrations normalized to total tissue protein.

Immunohistochemistry

Formalin-fixed and paraffin-embedded (FFPE) placental tissue sections (5 μ m) were mounted on Superfrost Plus slides (Menzel/Thermo Fisher Scientific, Braunschweig, Germany). After deparaffinization, slides were subjected to antigen retrieval (AGR) in respective AGR buffers and a decloaking chamber (Biocare Medical, Sanova, Vienna, Austria) for 7 min at 120 °C. Sections were immunostained using the UltraVision Large Volume Detection System HRP Polymer Kit (Thermo Fisher Scientific, Runcorn, UK) as previously described.¹⁶ In brief, endogenous peroxidase was blocked using the UltraVision hydrogen peroxide block for 10 min. After three washing steps with TBS including 0.05% Tween 20 (TBS/T; Merck, Darmstadt, Germany), the background was blocked using Ultra Vision Protein Block for 5 min. Rabbit polyclonal antibodies against human GM-CSF (ab9741, Abcam, 2 μ g/ml; AGR buffer pH 9, Novocastra, Leica, Newcastle, UK) and human CCL5/RANTES (cat. no. PP1064P1, Acris, 2 μ g/ml; AGR buffer pH 6, Novocastra, Leica) were diluted in Antibody Diluent (Dako, Carpinteria, CA, USA) and incubated on slides for 45 min at RT (GM-CSF) or 2 h at 4 °C (CCL5/RANTES). After three TBS/T washing steps, detection was achieved by incubation with the anti-rabbit HRP-labelled polymer system (15 min) and 3-amino-9-ethylcarbazole (Thermo Scientific, Runcorn, UK) according to the manufacturer's instructions. Nuclei were stained with hemalaun and slides were mounted with Kaiser's glycerol gelatine (Merck). For negative controls, slides were incubated with Negative Control for Rabbit IgG Ab-1

(NeoMarkers/Thermo Scientific) at the same concentration as mentioned above. Human tonsil from the archive of the Institute of Cell Biology, Histology, and Embryology, Medical University Graz, served as positive control for GM-CSF staining and was processed as described above. FFPE platelets obtained from healthy donors were used as positive control for CCL5 staining. Identity of platelets was confirmed by staining with rabbit polyclonal anti-human CD42b antibody (Proteintech, 5 μ g/ml, AGR buffer pH 9). For this purpose, platelet-rich plasma (500 μ l) was fixed in formalin at RT overnight. Thereafter, formalin-fixed platelets were washed in buffered saline and incubated with 5% gelatin for 45 min at 37 °C. Gelatin-embedded platelet pellets jelled at 4 °C and underwent another formalin fixation step. Fixed gelatin-embedded platelets were subsequently embedded in paraffin by standard procedure and stained as described above.

In Situ Detection of mRNA Transcripts by Padlock Probe Approach

FFPE human first trimester placenta sections (5 μ m) were mounted on Superfrost Plus slides and pretreated for *in situ* experiments as previously described.¹⁷ Briefly, the tissue sections were deparaffinized, followed by a permeabilization in 2 mg/ml pepsin in 0.1 M HCl (Sigma) for 30 min at 37 °C. Slides were washed in DEPC-H₂O and DEPC-PBS each for 2 \times 5 min at RT. After washing steps, slides were dehydrated (70, 85, and 100% EtOH, 1 min each) and stored at – 80 °C on use (up to 1 week). Oligonucleotides were designed using CLC Main Workbench software (CLC Bio Workbench Version 7.6, Qiagen, Venlo, The Netherlands) according to the guidelines published by Weibrecht *et al.*¹⁸ Sequences were retrieved from the National Center for Biotechnology Information with the GenBank accession numbers NM_002985.2 (CCL5) and NM_000758.3 (CSF2 and GM-CSF). Padlock probes were ordered 5'-phosphorylated (Integrated DNA Technologies, Coralville, IA, USA). LNA primers were purchased from Exiqon (Vedbaek, Denmark) and detection probes were purchased from Biomers (Ulm, Germany). Oligonucleotide sequences are shown in Table 1.

In situ reactions were performed with slight modifications as previously described.¹⁸ In detail, reactions were performed in secure seals hybridization chambers (Sigma) with a volume of 50 μ l. Reverse transcription was performed with 5 U/ μ l Transcriptme Reverse Transcriptase (DNA-Gdansk, Gdansk, Poland), 1 μ M LNA primer each (Exiqon), 1 U/ μ l RiboLock RNase inhibitor (Thermo Fisher Scientific, Waltham, MA, USA), 0.5 mM dNTPs (Thermo Fisher Scientific), and 0.2 μ g/ μ l BSA (NEB, Ipswich, MA, USA) in the RT Reaction Buffer (Gdansk) (all units are displayed as final concentrations). Slides were incubated for 3 h at 45 °C in a humid chamber. Directly after incubation, the reaction mix was removed by pipetting and tissue was postfixed with 3% formaldehyde (Sigma) in DEPC-PBS for 10 min. After postfixation, slides were washed twice with DEPC-PBS-T (DEPC-PBS with 0.05% Tween-20 (Sigma)) for 2 min each and forwarded to

Table 1 Oligonucleotide sequences

	Sequences (5'—3')
<i>Primers</i>	
CCL5_LNA	A+GA+AA+TA+CT+CC+TTGATGTGGG
CSF2_LNA	G+TC+CT+TC+AG+GT+TCTCTTT
<i>Padlock probes</i>	
plp_CCL5_WT	<u>CGCCCACTGCCCGTTCCTAGTAATC</u> AGTAGCCGTGACTATCGACT GGTTCAAAGTTTGCCCTACATTGCC
plp_CSF2_WT	<u>ACCTTTGAAAGTTTCTCCTTTTACGAC</u> CCTCAATGCACATGTTTGGCTCCTCTTC GCAACCCAGATTATC
<i>Detection probes</i>	
B2_DO_CY5	CY5-AGTAGCCGTGACTATCGACT
Lin33_FITC	FITC-CCTCAATGCACATGTTTGGCTCC

+, the following base is LNA modified.

Underlined, target complement sequence.

Bold, detection probe complement sequence.

CY5 and FITC are fluorescent labels.

RNase H digestion and padlock probe ligation. The reaction mix consist of 0.5 U/μl Ampligase (Epicentre, Illumina, Madison, WI, USA), 0.4 U/μl RNase H (Thermo Fisher Scientific), 0.2 μg/μl BSA, 0.1 μm of each padlock probe (Integrated DNA Technologies), 50 mM KCl, and 20% formamide (Sigma) in Ampligase buffer. The samples were incubated for 30 min at 37 °C and 45 min at 45 °C in a humid chamber. After three washing steps (1 × SSC-Tween and 2 × DEPC-PBS-T, each 5 min), rolling-circle amplification was carried out with 1 U/μl phi29 DNA polymerase (Thermo Fisher Scientific), 0.25 mM dNTPs (Thermo Fisher Scientific), 0.2 μg/μl BSA, and 5% glycerol (Sigma) in phi29 buffer. Slides were incubated overnight at 37 °C in a humid chamber. After rolling-circle amplification, slides were washed twice with DEPC-PBS-T and rolling-circle products were visualized with the corresponding detection probes as follows: 0.1 μM of each detection probe (Biomers) in 2 × SSC and 20% formamide for 30 min at 37 °C in a humid chamber protected from light. Slides were washed with DEPC-PBS-T and nuclei were counterstained with 5 mg/ml DAPI (Thermo Fisher Scientific) for 5 min at RT. After a final washing step with DEPC-PBS-T, slides were dehydrated with EtOH (70, 85, and 100%, 1 min each) and mounted with SlowFade Gold Antifade Mountant (Thermo Fisher Scientific). Slides were stored at 4 °C protected from light until image analysis. Images were captured using the Zeiss Observer.Z1 inverted microscope (Carl Zeiss, Oberkochen, Germany) with a ×40 objective and the AxioVision software (Carl Zeiss, Version 4.8.2.0). Z-stacks were combined in one layer as a maximum intensity projection with ZEN 2012 black software (Carl Zeiss, Version 8.1). Brightness and contrast of each image were adjusted for better visualization with ZEN 2012 black software (Carl Zeiss). Each detected signal was verified to be positive

by checking all other fluorescent channels, as false positive signals are typically visible in multiple wavelengths.¹⁸

Statistical Analysis

Data were analyzed using SigmaPlot 12.5 and are presented as means ± s.e.m. Data were subjected to normality test (Shapiro–Wilk test) and equal variance test. In case of normally distributed data, differences between groups were tested using two-tailed *t*-test. Otherwise Mann–Whitney rank-sum test was applied. For multiple comparison procedure, one-way repeated-measures analysis of variance was followed by Holm–Sidak method, to isolate groups that differ from the others. A *P*-value < 0.05 was considered statistically significant.

RESULTS

Secretion of Inflammation-Associated Proteins by Human First Trimester Placenta

Analysis of conditioned culture media from human first trimester placental explants showed considerable secretory activity for inflammation-associated proteins after 48 h culture. Among 40 analyzed inflammation-associated proteins, IL-6, IL-8, and CCL2, also referred to as monocyte chemotactic protein-1, were the most abundantly secreted molecules (Figure 1). Moreover, CCL4 (or macrophage inflammatory protein (MIP)-1β), GM-CSF, CCL3 (or MIP-1α), IFN-γ-induced protein-10, IL-4, CCL5 (or RANTES), and IL-10 were secreted by human first trimester placental explants. In addition to chemokines and cytokines, tissue inhibitor of metalloproteinases-2, soluble cytokine receptors for TNF (sTNFR II) and IL-6 (IL-6 sR) were detected in supernatants from placental explant cultures.

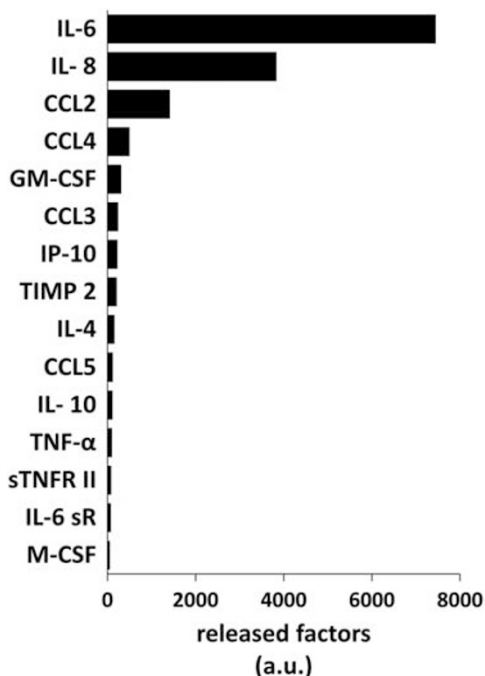


Figure 1 Profile of inflammation associated proteins secreted by human first trimester placenta. Conditioned culture media from different human first trimester placental explants ($n=8$) were pooled after 48 h culture and analyzed using a membrane-based antibody array for semi-quantitative detection of 40 inflammation-associated proteins. Signal densities were analyzed by densitometry and normalized to the internal control. Data are given as arbitrary units (a.u.).

TNF-α Altered the Profile of Secreted Inflammation-Associated Proteins by Human First Trimester Placenta

As some pregnancy pathologies are associated with elevated circulating maternal TNF-α, we next tested the effect of exogenous TNF-α on placental secretion of inflammation-associated proteins in human first trimester placental explant culture. For this purpose, placental explants were incubated in the presence or absence of TNF-α (10 ng/ml) and conditioned culture media were analyzed for secreted inflammation-associated proteins after 48 h. Accordingly, TNF-α increased the secretion of GM-CSF, CCL5, and IL-10 by 73%, 119%, and 82%, respectively, when compared with control. In contrast, secretion of IL-4 and macrophage colony-stimulating factor was decreased by 45% and 36%, respectively, in response to TNF-α (Figure 2). To ensure that observed effects were not due to TNF-α-mediated cytotoxicity, the release of LDH into the culture medium was analyzed after culture and showed no significant difference between TNF-α-treated explants and control (not shown).

Next, these results were verified for GM-CSF, CCL5, and IL-10 by complementary ELISA analysis of placental explant homogenates and corresponding conditioned culture media. Accordingly, GM-CSF levels in explant homogenates increased 1.20 (± 0.35)-fold and 2.07 (± 0.44 , $P < 0.05$)-fold when incubated in the presence of 1 and 10 ng/ml TNF-α,

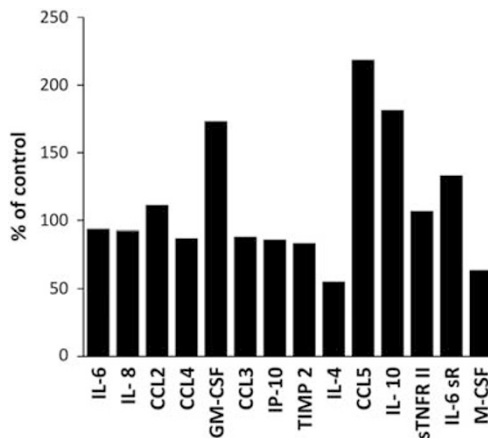


Figure 2 Secretion of inflammation-associated proteins by human first trimester placenta in response to tumor necrosis factor (TNF)-α. Human first trimester placental explants ($n=8$) were incubated with or without recombinant TNF-α (10 ng/ml) for 48 h. Conditioned culture media from placental explants were pooled and analyzed by an inflammation antibody array. Signal densities were analyzed by densitometry, normalized to the internal control, and compared between TNF-α-treated and -untreated explants. Data are given as % of control.

respectively (Figure 3a). Secretion of GM-CSF significantly increased 2.17 (± 0.89 , $P < 0.05$)-fold in the presence of TNF-α at a concentration of 10 ng/ml, whereas incubation at 1 ng/ml led to a nonsignificant decrease by 12% (Figure 3b). Similar to GM-CSF, CCL5 levels in explant homogenates were 1.23 (± 0.20)-fold and 1.89 (± 0.34 , $P < 0.01$)-fold increased in response to TNF-α at 1 and 10 ng/ml, respectively, when compared with control after 48 h (Figure 3c). Likewise, levels of secreted CCL5 in corresponding culture supernatants increased 1.34 (± 0.35)-fold and 2.18 (± 0.39 , $P < 0.05$)-fold in the presence of TNF-α at 1 and 10 ng/ml, respectively (Figure 3d). Levels of tissue-associated and -secreted IL-10 were remarkably lower when compared with GM-CSF and CCL5, but followed the same, albeit not significant, trend of upregulation in response to TNF-α (Figures 3e and f).

Released GM-CSF and CCL5 are of Fetal and Maternal Origin

Although placental IL-10 expression has been shown in the villous trophoblast of first and second trimester,¹⁹ knowledge about the site of placental GM-CSF and CCL5 expression is rather unclear. For this reason, we next performed immunohistochemistry for GM-CSF and CCL5 in human first trimester placenta sections. Immunohistochemical staining showed intense GM-CSF expression in Hofbauer cells, fetal endothelium and some villous cytotrophoblasts, whereas the syncytiotrophoblast showed only very weak expression and villous stromal cells did not express GM-CSF. Interestingly, very intense vesicle-like GM-CSF staining was detected in apical regions of some cytotrophoblasts (Figure 4a). Human tonsil served as positive control and showed intense GM-CSF staining of macrophages embedded in lymphoid tissue

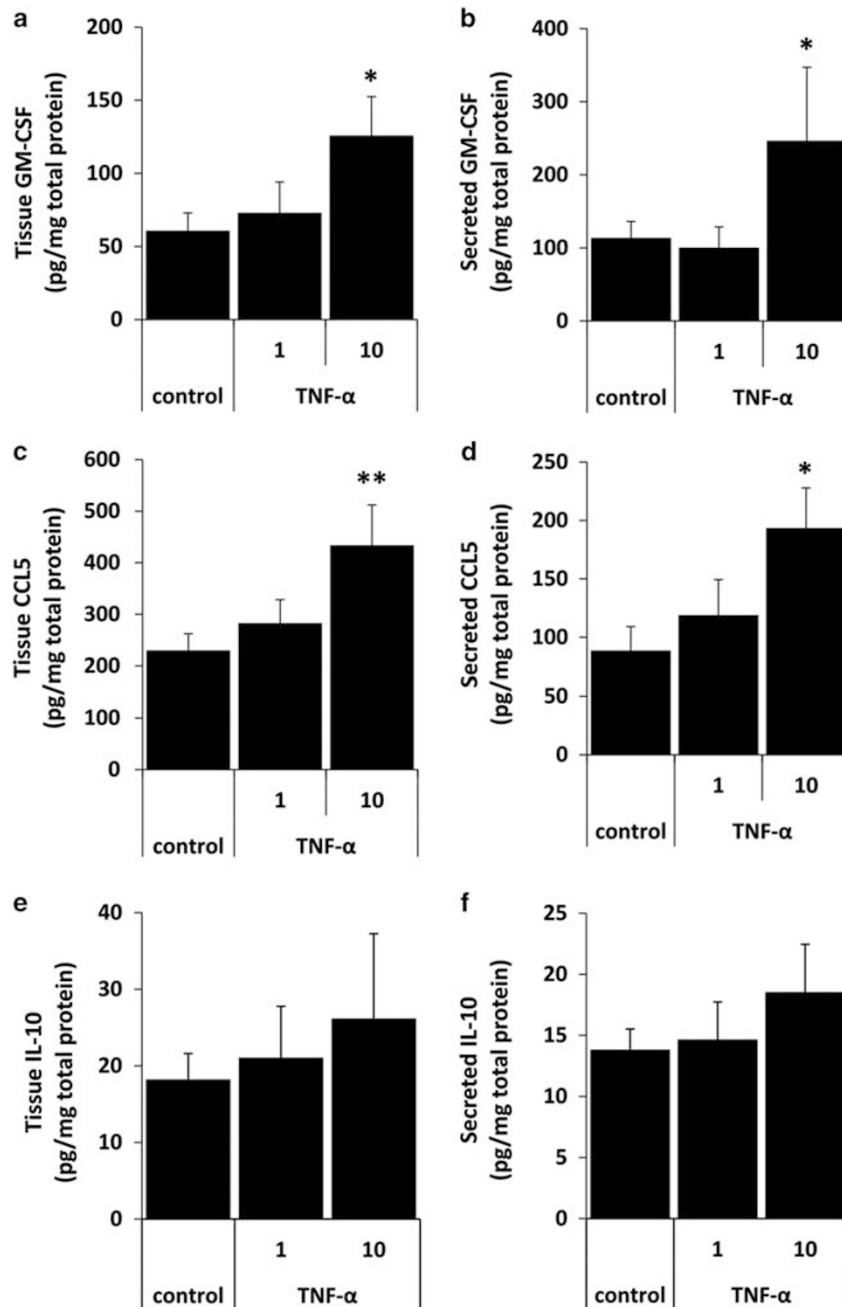


Figure 3 Secretion of granulocyte-macrophage colony-stimulating factor (GM-CSF), chemokine (C–C motif) ligand 5 (CCL5), and interleukin (IL)-10 by placental explants is increased in response to tumor necrosis factor (TNF)- α . Human first trimester placental explants ($n=8$) were incubated with indicated concentrations of TNF- α (ng/ml) for 48 h. After culture, explant homogenates and corresponding culture supernatants were analyzed by enzyme-linked immunosorbent assay (ELISA) and obtained values normalized to total tissue protein. Values are given as mean \pm s.e.m. * $P \leq 0.05$ and ** $P \leq 0.01$.

(Figure 4b) Immunohistochemistry for CCL5 showed neither staining of the villous trophoblast layer, Hofbauer cells, and fetal endothelium, nor the villous stroma. However, CCL5 staining was sporadically detected in leukocytes and fetal platelets within fetal blood vessels (not shown). Moreover, CCL5 staining was frequently detected associated with perivillous fibrin deposits on the villous surface (Figure 4c).

The small spot-like staining pattern suggested adhering maternal platelets accounting for the observed staining, which was confirmed on consecutive serial sections by staining for CD42b, a surface membrane protein of platelets (Figure 4d). FFPE platelets served as positive control and showed considerable CCL5 (Figure 4f) and CD42b (Figure 4h) staining, whereas GM-CSF was not detected (Figure 4g).

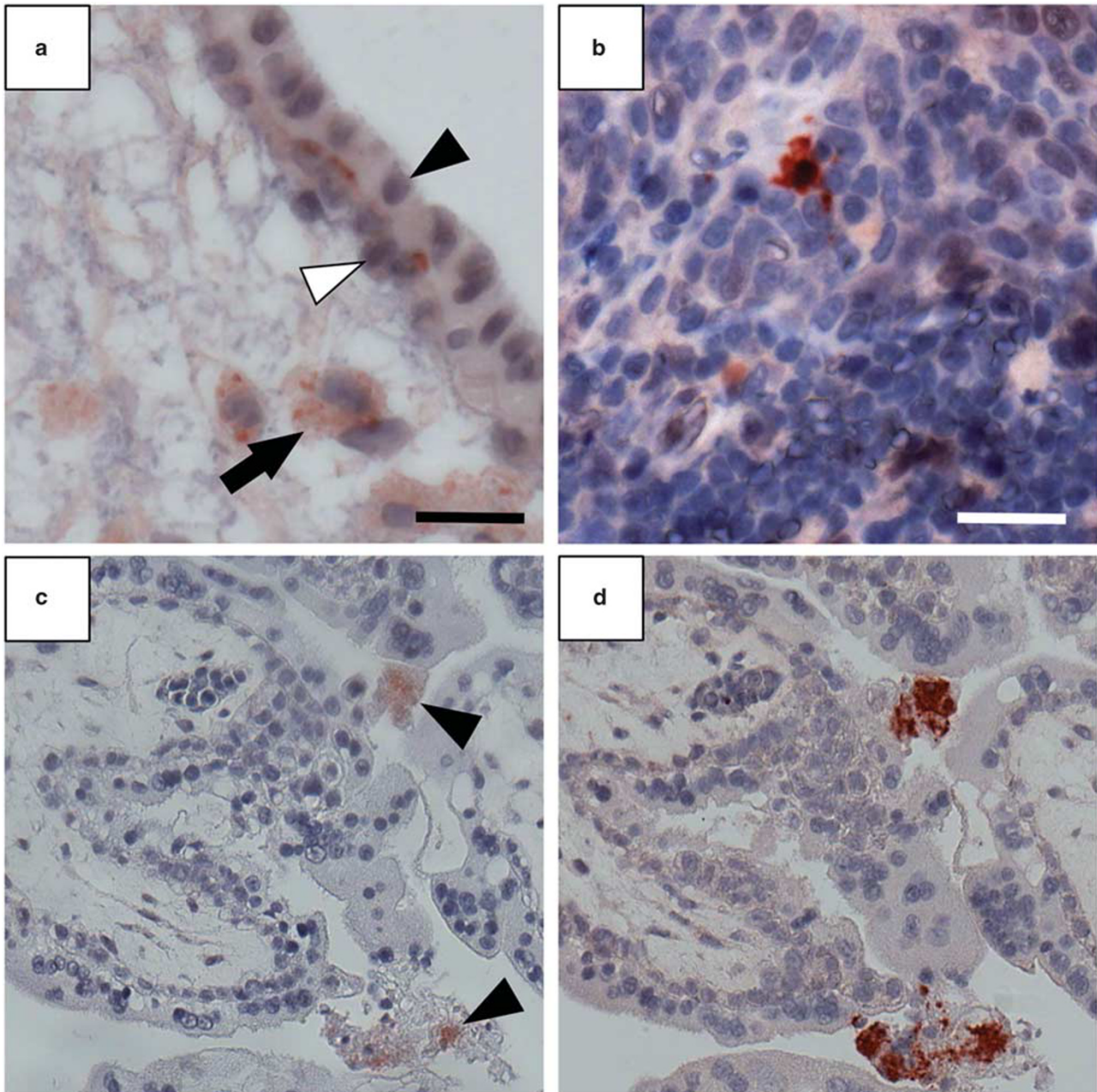


Figure 4 Immunohistochemical localization of granulocyte-macrophage colony-stimulating factor (GM-CSF) and chemokine (C-C motif) ligand 5 (CCL5) in human first trimester placenta. In first trimester placental villi, GM-CSF was detected in Hofbauer cells (arrow) and some villous cytotrophoblasts (open arrowhead), whereas the syncytiotrophoblast (arrowhead) showed only very weak staining. Intense vesicle-like GM-CSF staining was detected in apical regions of some cytotrophoblast (a). Human tonsil served as positive control and showed intense GM-CSF staining of macrophages (b). CCL5 was detected in maternal platelets adhering to perivillous fibrin deposits (c, arrowheads), whereas villous trophoblast, Hofbauer cells, fetal endothelium, and villous stroma were unstained. Maternal platelets were identified on consecutive serial sections by staining for CD42b (d). Incubation with negative control rabbit IgG revealed no staining (e). Formalin fixed and paraffin embedded (FFPE) human platelets showed intense CCL5 (f) staining, whereas GM-CSF was not detected (g). Identity of platelets was confirmed by CD42b (h) and negative control rabbit IgG revealed no staining (h, insert). Scale bars in a and b represent 20 µm and those in e and f represent 50 µm.

GM-CSF and CCL5 Transcripts are Detectable in the Villous Trophoblast

In order to extend findings from immunohistochemistry, we performed the probably more sensitive mRNA-based *in-situ* padlock probe approach, to localize GM-CSF and CCL5

transcripts in human first trimester placenta sections. GM-CSF mRNA molecules were frequently detected in the villous trophoblast layer and the villous stroma (Figure 5a). Unlike GM-CSF, CCL5 transcripts were only sporadically detected in the villous trophoblast (Figure 5b) and

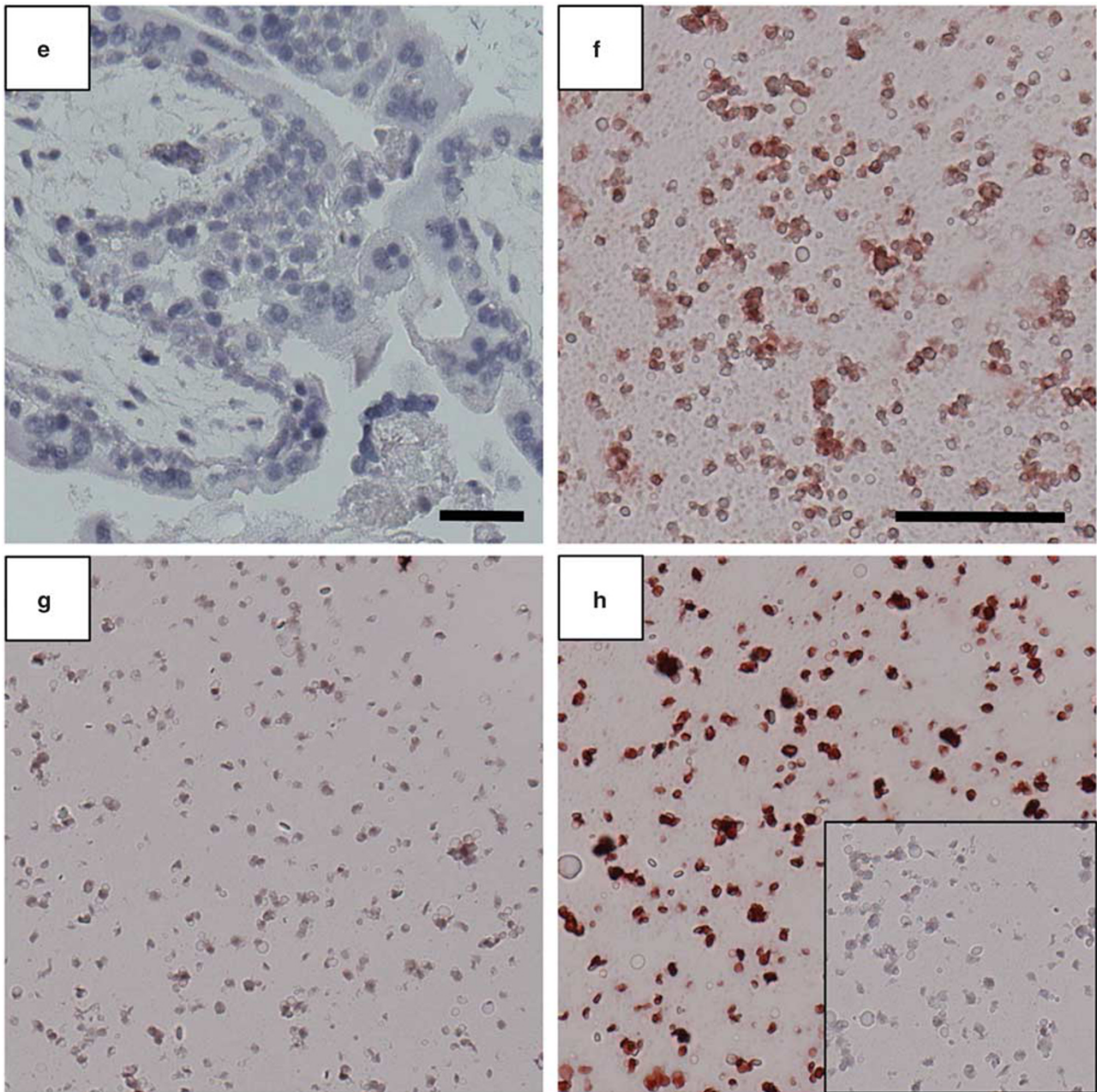


Figure 4 Continued.

occasionally in the villous stroma. The presence of focal signal spots at apical sites of the outer layer of nuclei as well as basal sites of the inner trophoblast layer suggested GM-CSF and CCL5 transcripts in both the syncytiotrophoblast and villous cytotrophoblast layer.

DISCUSSION

Human first trimester villous placenta releases a cocktail of inflammatory and immune-modulating factors, whose mixture considerably shifts in response to exogenous TNF- α . This shift is characterized by significantly increased release

of GM-CSF and CCL5, which however seem to arise from different origin. Results from placental explant experiments suggest that both fetal- and maternal-derived factors are released from placental villi into the maternal circulation, in response to elevated maternal TNF- α . This paradox is based on maternal platelets adhering to perivillous fibrin deposits, from where a bulk of platelet-derived factors such as CCL5, CCL3, chemokine (C-X-C motif) ligand 1 (CXCL1), CXCL4, CXCL5, and CXCL7 may be released into the intervillous space. The fact that CCL5 was detected in adhering maternal platelets, but was virtually absent in the villous trophoblast

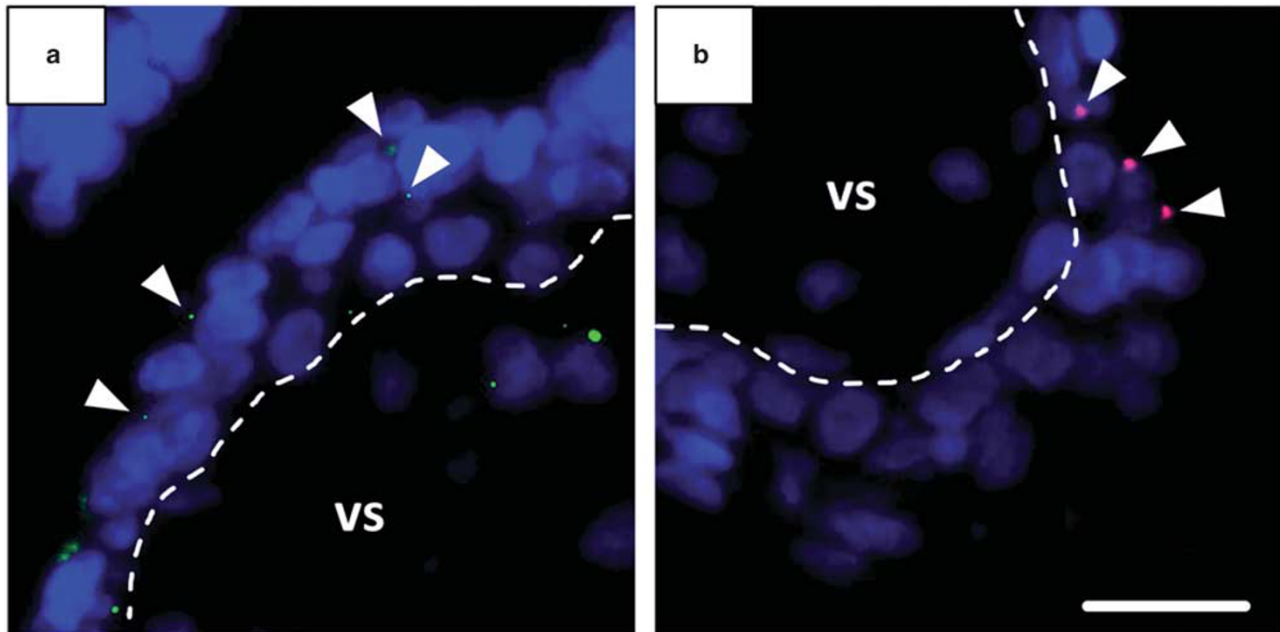


Figure 5 Localization of granulocyte-macrophage colony-stimulating factor (GM-CSF) and chemokine (C-C motif) ligand 5 (CCL5) transcripts in human first trimester placenta. GM-CSF transcripts were frequently localized in the villous trophoblast layer (arrowheads) and the villous stroma (vs) using *in-situ* padlock probe technology and green fluorescent detection probes (a). CCL5 transcripts were rarely detected in the villous trophoblast (arrowheads) and in the villous stroma using red fluorescent detection probes (b). Scale bar represents 20 μ m.

layer, provides a plausible explanation for previous studies showing detectable CCL5 secretion levels in early and term placental villi, even though synthesis and release of this chemokine has not been detected in primary cytotrophoblast cultures.^{20,21} By complementary analysis, using the padlock probe approach, we detected CCL5 mRNA transcripts in the villous trophoblast compartment, suggesting that protein levels may probably have been too low to allow their detection by immunohistochemistry. In addition to platelets, also fibroblasts, mesangial cells, and epithelial cells express CCL5 on activation with TNF- α ,²² suggesting that villous trophoblast may contribute little amounts of CCL5 to the cocktail of released factors in response to inflammatory stimuli. Unlike villous trophoblast, which seems to only marginally express CCL5, trophoblast cell lines Swan 71 and HTR-8/SVneo clearly produce CCL5 (ref. 23) and, moreover, show increased CCL5 secretion in response to lipopolysaccharide (LPS) and TNF- α .^{24,25} Although increased CCL5 release in response to inflammatory stimuli is in line with the present study, it remains an open question whether basal CCL5 production found in trophoblast cell lines is the result of their immortalization or reflects their rather extravillous phenotype.

In contrast to CCL5, GM-CSF is substantially produced in the villous trophoblast layer, from where it can be released into the maternal circulation. Thus, CCL5 mostly released from adhering maternal platelets together with trophoblast-derived GM-CSF may act in concert to contribute to the inflammatory microenvironment of the intervillous space. There, both factors may interfere with either circulating

maternal blood cells or the trophoblast. Although CCL5 may increase Tregs and induce apoptosis of maternal alloactivated T cells in favor of maternal tolerance,²³ GM-CSF may act on the villous trophoblast in an autocrine manner.²⁶ Indeed, GM-CSF receptor subunit GM-R α is present on first trimester cytotrophoblast, extravillous trophoblasts, and at lower levels on the syncytiotrophoblast.²⁷ This way, GM-CSF is able to induce differentiation of villous cytotrophoblasts and to stimulate secretion of placental lactogen, human chorionic gonadotropin,²⁸ and IL-10,²⁹ which is considered to have a central role in suppressing the activities of pro-inflammatory Th1 cytokines.^{30,31} In the light of these observations, enhanced release of GM-CSF and CCL5 in response to elevated maternal TNF- α may be interpreted as fetal attempt to protect the villous placenta from exaggerated maternal inflammation. This assumption is supported by the trend of increased IL-10 release in TNF- α -treated placental explants, which however was very low compared with CCL5 and GM-CSF levels. IL-10 is suggested to regulate cytotrophoblast activity in a paracrine and autocrine manner.^{32,33} Interestingly, administration of exogenous IL-10 significantly reduces TNF- α concentrations in conditioned culture medium from term placental explants cultured under 2% oxygen.³⁴ Moreover, IL-10 induces extrathymic differentiation of peripheral T cells to become Tregs. Tregs induced by IL-10 are CD4+CD25Foxp3- and are referred to as Tr1 cells, which suppress immune responses by secretion of IL-10.^{35,36} Recent studies in mice suggest that Tregs, predominantly of thymic origin, are required before implantation, whereas

thereafter at later stages of pregnancy, extrathymically differentiated Tregs contribute to the Treg pool in the periphery.³⁷ Extrathymic generation of Tregs seems to be restricted to eutherian mammals and emerged during evolution as a mechanism mitigating the maternal–fetal allgenic conflict.³⁸ Based on these observations, it is tempting to speculate that placenta-derived IL-10 contributes to extrathymic generation of Tregs, which have the capacity to actively inhibit proliferation and effector functions of other T cells and thereby have a key role in the new Th1/Th2/Th17 and Treg paradigm.^{39,40}

As a note of caution, the effects of TNF- α stimulation may differ between primary trophoblasts and placental explants, where cells remain in their natural microenvironment and preparatory stress is reduced to a minimum.^{41,42} Moreover, TNF- α stimulation may have different effects *in vitro* compared with local effects of the cytokine *in vivo*, in particular at low doses.⁴³ This speculation is based, eg, on angiogenesis studies showing predominantly anti-angiogenic effects of TNF- α on *in vitro*-cultured endothelial cells, but pro-angiogenic activities *in vivo*.⁴⁴ Maternal TNF- α plasma levels range within the concentration of pg/ml in healthy, pregnant women and are increased in GDM and preeclamptic women.^{45–47} In the present study, TNF- α at concentrations of 1 and 10 ng/ml were used, which are in fact higher than observed *in vivo* levels. However, used concentrations are in line with a number of other placental explant studies^{9,10,48} and may reflect microenvironmental concentrations in the intervillous space, where autocrine/paracrine acting TNF- α concentrations may be higher than systemic levels.

Among the cytokines and chemokines analyzed here, IL-6, IL-8, and CCL2 are the most abundantly secreted factors from human first trimester placental explants under basal culture conditions. Although largely considered as inflammatory factors, it is worth noting that IL-8 and CCL2 have recently been suggested to regulate a number of non-inflammatory functions in human early pregnancy.⁴⁹ Both, IL-8 and CCL2 derived from human villous first trimester trophoblasts were shown to enhance multistep processes of angiogenesis such as permeability, migration, proliferation, and capillary tube formation of human endometrial microvascular endothelial cells.⁵⁰ Although abundant IL-6 and IL-8 secretion under basal conditions is in good agreement with other studies, results from our explant experiments suggest that secretion of both IL-6 and IL-8 is not considerably affected by exogenous TNF- α in human first trimester placenta. Interestingly, IL-6 and IL-8 secretion by first trimester placental explants is also not affected by *para*-Nonylphenol, a ubiquitous environmental contaminant described to significantly increase placental secretion of inflammatory cytokines such as IFN- γ , IL-1 β , and TNF- α .⁵¹ In contrast to data from the first trimester, data from term placental explant and syncytiotrophoblast cultures show increased IL-6 and IL-8 secretion in response to the inflammatory stimulus LPS.^{52–54} Thus, placental IL-6 and IL-8 response may be differentially regulated depending on

gestational age and inflammatory stimulus. This contention may even apply for different trophoblast subtypes, as differential inflammatory response to LPS has been shown for trophoblast cell lines Jeg-3 and BeWo.⁵⁵

In summary, we conclude that the inflammatory secretion profile of human first trimester placenta shifts toward increased levels of GM-CSF, CCL5, and IL10 in response to increased maternal TNF- α levels, whereas IL-6 and IL-8 remain unaffected. This shift may represent a protective mechanism by the villous placenta to sustain trophoblast function and dampen inflammatory processes in the intervillous space.

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DISCLOSURE/CONFLICT OF INTEREST

The authors declare no conflict of interest.

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