

## MINI REVIEW

# Autoantibodies and neurodegeneration in multiple sclerosis

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Neurodegeneration develops in association with inflammation and demyelination in multiple sclerosis. Available data suggest that the progressive neuroaxonal loss begins in the earliest stages of the disease and underlies the accumulation of clinical disability. The loss of neurons and their processes is driven by a complex molecular mechanism involving cellular and humoral immune histotoxicity, demyelination, reduced neurotrophic support, metabolic impairment, and altered intracellular processes. Here we survey available data concerning the role of autoreactive immunoglobulins in neurotoxicity. A better understanding of molecular pathways leading to immune-mediated neurodegeneration may have key importance in the successful treatment of the disease.

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Multiple sclerosis (MS) is an inflammatory demyelinating disorder of the central nervous system (CNS).<sup>1</sup> Many studies explored as to how the ignition of autoimmunity occurs, why an immunologically privileged site becomes targeted, what the efferent components of immune attacks are, and how the destruction of myelin and oligodendrocytes leads to the clinical presentation of the disease. A generally accepted view of MS pathogenesis has linked the disease process to myelin-specific, CD4+ T lymphocytes which, upon activation by unknown factors, migrate through the blood–brain barrier (BBB), engage CNS-related antigenic peptides presented by antigen presenting cells, clonally expand, and exert cytotoxic attacks on oligodendrocytes and myelin. This hypothesis has been largely driven by observations from the experimental autoimmune encephalomyelitis (EAE) model that represents a demyelinating CNS disorder mediated by myelin-specific CD4+ T cells.<sup>2,3</sup>

However, recent histological analyses<sup>4</sup> and *in vivo* studies by magnetic resonance imaging (MRI) and spectroscopy (MRS)<sup>5,6</sup> emphasize that neurodegeneration develops along with inflammatory demyelination. The pathology affects the entire brain, but with different distributions of inflammation, demyelination, and neurodegeneration in the white and gray matter.<sup>7</sup> The neuroaxonal loss is likely to be secondary to inflammation and demyelination, but it begins in the earliest stages of the disease and progresses even after the decline of

inflammation. Most importantly, neuroaxonal loss represents the major pathological correlate of clinical disability.<sup>5</sup> Further evidence to support the importance of neurodegeneration in MS is obtained from clinical data showing only a partial success of the available disease-modifying drugs (interferons, glatiramer acetate, monoclonal antibodies to antigenic determinants expressed on T lymphocytes), which impede activation and migration of inflammatory cells via the BBB, but have no direct effect on the degenerative processes in CNS.<sup>8</sup>

The exploration of neurodegeneration in MS received high priority in the last few years. The data establish that this is a multifactorial process involving loss of myelin protection, immune-mediated histotoxicity, decreased trophic support, mitochondrial damage, metabolic changes, and altered signaling.<sup>9–12</sup> We recently reviewed our and others' published works concerning the involvement of mitochondrial mechanisms in neurodegeneration associated with inflammation.<sup>13–15</sup> As an extension of surveys on neuroaxonal loss related to inflammatory demyelination, the present paper focuses on the involvement of humoral immune factors (Table 1). The available information allows us to generate a preliminary concept of immune-mediated neuronal dysfunction and loss, and to highlight potential pathways amenable to therapeutic interventions (Figure 1; Tables 2–4).

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## B CELLS AND HUMORAL AUTOIMMUNITY IN MS

### Histological Observations

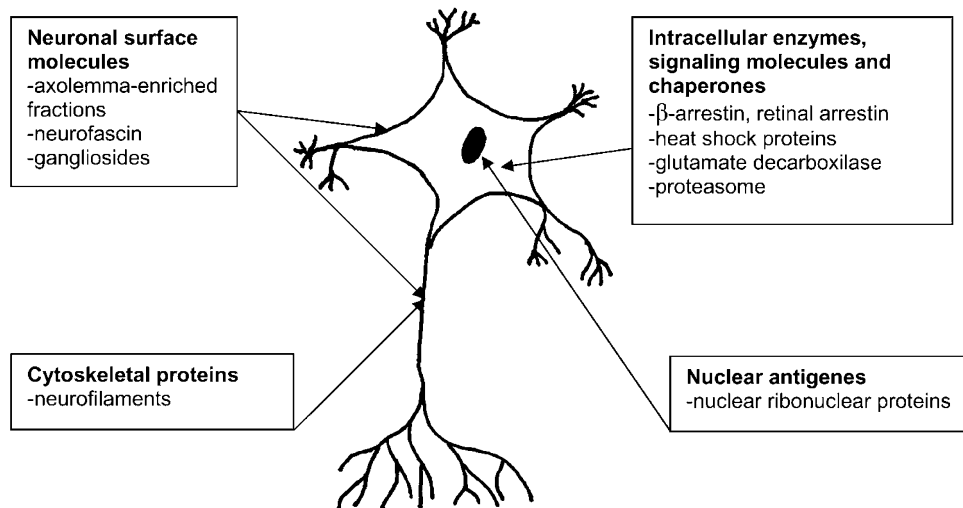
Varying contributions of humoral immune response to the development of demyelinating lesions have been proposed.<sup>61</sup> Type II lesions have prominent IgG and complement-mediated components of myelin destruction in the presence of T lymphocyte and macrophage infiltration, whereas type I lesions are characterized by only cellular elements of

inflammation. Signs of autoimmunity are lacking in type III and IV lesions which appear as variants of a primary oligodendrocytopathy. However, humoral autoimmunity is not only involved in certain forms of demyelination, but also instrumental in the process of neurodegeneration but with thus far unknown relative destructivity in various disease subtypes.

### Immunologic and Molecular Data

The literature is markedly weighted towards characterization of the cellular arm of autoimmunity, but new data also support that B cells and humoral immunity play important roles in MS. B cells represent about 10–20% of the circulating lymphoid cells and are involved in multiple immune pathways including the presentation of antigenic determinants and the expression of costimulatory signals for T lymphocytes, production of immunoglobulins, secretion of cytokines, and recruitment of T cells into CNS. The B-cell lineage is represented by B lymphocytes (CD19+, CD138–), plasma blasts (CD19+, CD138+), and plasma cells (CD19–, CD138+; for brevity, altogether B cells) in CNS and cerebrospinal fluid (CSF). Most of these cells express memory (CD27+) phenotypes in MS. Therapeutic observations support that B cells may both directly and indirectly contribute to the development of MS. Removal of immunoglobulins from the peripheral blood by plasmapheresis appears to be beneficial in the subgroup of patients with type II lesions<sup>59</sup> and depletion of CD20+ B cells by rituximab results in a significant reduction in the number of enhancing MRI lesions. The latter intervention, however, does not exert its beneficial effects by directly affecting the immunoglobulin pool, but by depleting memory B cells and altering antigen presentation, T-cell activation, or T-cell recruitment into the CNS.<sup>60</sup>

Molecular data also support the involvement of B lymphocytes and their products in MS. Intrathecal production of immunoglobulins with an oligoclonal electrophoretic distribution pattern is a hallmark of the disease. Clonally expanded autoreactive B cells in the CSF and CNS have increased V<sub>H</sub> mutation rates concentrated in the complementarity determining regions.<sup>62</sup> V<sub>H</sub> sequences expressed in plaques are absent in the peripheral blood.<sup>62</sup> Ectopic germinal centers likely contribute to the local generation of B-cell responses in the CNS in both EAE and MS.<sup>38,39</sup> B-cell heavy and light chain editing, a mechanism to prevent autoimmunity by the replacement of elements in rearranged immunoglobulin genes after the re-expression of recombination activating genes—*RAG1/RAG2*, is inefficient in MS suggested by the detection of autoreactive B cells with unsuccessfully edited receptors in the CSF.<sup>63</sup> These observations suggest that CNS antigen-specific and clonally expanded B cells are present in CNS and CSF of MS patients. These B-cell clones exhibit complex molecular characteristics and intraclonal diversity.



**Figure 1** Neuroaxonal targets of humoral autoimmunity in MS and EAE. This figure depicts the thus far identified CNS antigens targeted by humoral autoimmunity in inflammatory demyelination.

### Activation of B Cells

What drives B-cell activation and clonal expansion is not fully understood. Epstein–Barr virus (EBV), a B-lymphotropic microorganism, has been implicated in the development of the disease by epidemiological, immunoserological, and histological studies.<sup>64,65</sup> MS patients have intracerebral accumulation of EBV-infected B cells and plasma blasts, mostly in ectopic B-cell follicles,<sup>39</sup> and a cross-reactivity of the anti-EBV-specific cells with CNS antigens has been noted.<sup>64,65</sup> Other mechanisms leading to autoimmune B-cell activation may be initiated by CD4 + T helper type 2 (TH2) lymphocytes and their soluble inflammatory products (eg interleukine 4, 5, and 13),<sup>66</sup> followed by an antigen-specific expansion of clones either in the peripheral circulation or in the damaged CNS tissue, where intracellular proteins are released. Bystander activation describes a non-antigen-specific activation of T or B cells usually mediated by soluble inflammatory products of nearby immune cells.

### Anti-Myelin Antibodies

Immunoglobulins produced by activated B cells in the CNS and CSF target numerous self-antigens including components of the CNS myelin such as myelin basic protein, proteolipid protein, myelin-associated glycoprotein, and myelin oligodendrocyte glycoprotein.<sup>67,68</sup> A great number of papers discusses the involvement of myelin-specific antibodies in the development of demyelination and disease progression.<sup>69,70</sup> Pros and cons for the primary pathogenic significance or the reactive nature of anti-myelin-specific B cells have been debated.<sup>71,72</sup> The use of some of these antibodies as biomarkers to support the diagnosis or to monitor disease activity and course also has been proposed, but not uniformly accepted.<sup>73,74</sup>

### Anti-Neuronal Antibodies

Autoantibodies that target neuronal molecules and potentially exert histotoxicity have been less scrutinized. Nevertheless, growing data reveal that these antigen–antibody interactions play important roles in a number of neuroinflammatory and neurodegenerative conditions. In contrast to the usual scenario of a T lymphocyte-driven autoimmunity and tissue damage, the humoral immune system appears to be more successful in breaking anti-neuronal tolerance than the cellular system, and has greater pathogenic significance.<sup>43</sup> This survey presents information that supports the involvement of the humoral immune response in MS-related neurodegeneration.

### ANTI-NEURONAL ANTIBODIES IN MS

#### Antibodies Targeting Neuronal Cell-Surface Molecules

##### Neuronal cell-surface antigens

Molecules in the surface membrane of myelinated axons are normally hidden from the immune system, and only become exposed after demyelination when they become antigenic and induce the production of neuron-specific antibodies. IgG and IgM antibodies binding to the surface of a neuronal cell line were found in 70% of sera from patients with secondary progressive (SP)-MS and in 25% of sera from patients with relapsing-remitting (RR)-MS.<sup>42</sup> This finding may indicate the spreading of autoimmunity to neuronal antigens as a consequence of CNS tissue damage, and the expansion of pathology from moderate to marked neuroaxonal loss associated with a transition from RR to SP-MS course.

##### Axolemma-enriched fractions

Antibodies to axolemma-enriched fractions (AEF) of the CNS are also present in CSF and sera of MS patients.<sup>16</sup> These antibodies damage neurites and prevent neuronal outgrowth *in vitro*. The production of anti-axolemma and anti-myelin IgGs appears to

**Table 2 Anti-neuronal antibodies in MS, animal models, and *in vitro* experiments**

Antigen	Antibodies			References
	In MS	In animal models	<i>In vitro</i>	
AEF	Present in the CSF and sera of MS patients		Damage neurites and prevent neuronal outgrowth	16
Neurofascin	Present in sera of CP-MS patients	Target nodes of Ranvier, cause axonal injury, trigger EAE exacerbation	Inhibit axonal conduction	17
Gangliosides	Found in sera of patients with progressive forms of MS; positive correlation with neurological disability, may be a marker of axonal damage	Inhibit axonal regeneration after peripheral nerve injury in mice	Disrupt the BBB	18–21
Neurofilaments	Present in CSF and sera of MD patients, may be markers of axonal damage; levels in the CSF correlate with the disease duration, cerebral atrophy and clinical disability	Contribute to further neuroaxonal damage; immunization of mice with NFL triggers the development of a neurologic disease		22–26
Kinesin, dynein			Cause impairment of the anterograde and retrograde NF transport	
$\beta$ -arrestin, retinal arrestin	Found in sera of MS patients	NA	NA	27,28
GAD	Found in sera of MS patients	NA	NA	29
$\alpha$ -crystalline HSP60, HSP70, and HSC70	Levels in sera of MS patients correlate with the activity and severity of the disease; elevated in the CSF and correlate with the disease course	NA	NA	30–32
Nuclear antigens	Elevated in sera of MS patients	NA	NA	33–35
hnRNPs	Present in CSF of MS patients	NA	NA	36
Proteasome	Found in sera and CSF of MS patients	NA	NA	37

AEF, axolemma-enriched fraction; GAD, glutamate decarboxylase; hnRNP, heterogeneous nuclear ribonucleoproteins; HSC70, heat shock cognate protein 70; HSP, heat shock proteins.

**Table 3 Generation and action of anti-neuronal antibodies in MS**

Antigens	Consequences of the activation of CNS-specific B cells	Mechanisms of the CNS-reactive TH2 and B cell activation	Consequences of the autoantigen and autoantibody engagement		Secondary effect of CNS tissue damage
Exogenous antigens in the peripheral circulation	Production of anti-neuronal immunoglobulins in the peripheral circulation and in ectopic germinal centers within CNS <sup>38-40</sup>	Molecular mimicry <sup>40</sup>	On neuronal surface in the presence of activated complement	Cytotoxicity <sup>17,41</sup>	Spreading of antigen specificity of immune response during the course of the disease <sup>36,42</sup>
Neuronal surface and intracellular antigens released during CNS tissue damage		CNS antigens presented by dendritic cells, macrophages, and B cells <sup>43</sup>	On neuronal membranes without complement	Modulation of receptor function and neurotransmitter homeostasis <sup>43</sup> Impairment of axonal integrity, outgrowth, conduction and of axon-myelin interactions <sup>16,17,20,25,26,44,45</sup>	
Any CNS antigen		Bystander mechanism <sup>43</sup>	On neuronal surface with binding Fc receptors of microglia and macrophages	Cytotoxicity <sup>43</sup>	
	In the intracellular compartment following antibody endocytosis via clathrin-associated vesicles		Altered distribution and function of intracellular organelles and proteins leading to apoptosis and neurodegeneration <sup>25,26,46-48</sup> Altered intracellular signaling <sup>9-12</sup>		
	Low affinity autoantibodies		No neurotoxicity but may parallel disease activity <sup>30,33,35,42,49-51</sup>		
Natural autoimmunity to multiple autoantigens	NA	Naturally developing predominantly IgM class of immunoglobulins encoded by germ line sequences <sup>52-54</sup>	Cross-link antigens on oligodendrocytes and neurons	Ca influx, lipid membrane rearrangement, remyelination, neuronal outgrowth, tissue repair <sup>52-54</sup>	Clearing debris <sup>54</sup> Repair <sup>52,53</sup>

be independent. Based on these observations, the use of anti-axolemma IgGs as markers of axonal damage was proposed.<sup>55</sup>

**Neurofascin**

One of the targets in antibody-mediated axonal injury is a cell-adhesion molecule neurofascin. The 186 kDa neuron-specific isoform of neurofascin (NF186) is required for the

clustering of voltage gated Na+ channels at the nodes of Ranvier. The 155 kDa glial-specific isoform (NF155) is required for the proper assembly of paranodal junction, an important site of interactions between the myelin and axon. Early changes in the distribution of NF155 were observed in MS lesions preceding demyelination.<sup>44</sup> Maier *et al*<sup>45</sup> showed that the NF155-levels were reduced and a 40 kDa

**Table 4 Potential utility of anti-neuronal antibodies**

Potential utility	Means	References
Monitoring disease activity	Titers of these antibodies may correlate with the evolution of pathology and can be used to monitor disease activity	17,18,22,23,30,31,55
Exploring disease pathogenesis	Anti-neuronal antibodies may be used <i>in vitro</i> or <i>in vivo</i> model systems to analyze mechanisms of neurodegeneration in MS	16–20,25,26,46–48,56–58
Serving as treatment targets	Anti-neuronal antibodies with pathogenic significance may be removed from the circulation by plasma exchange or eliminated by targeting B cells	59,60
Exploiting endogenous immune protection	The production of protective autoantibodies may be enhanced by DNA vaccination	52–54

NF155-fragment increased in plaques, suggesting that NF155 is subject to protein degradation in the lesions.

Levels of antibodies to NF155 and NF186 were significantly higher in sera of patients with chronic progressive forms of MS compared to that of patients with other inflammatory neurological diseases.<sup>17</sup> *In vitro* studies showed that antibodies to neurofascin inhibit axonal conduction. *In vivo* experiments revealed that antibodies to neurofascin and complement can selectively target nodes of Ranvier, cause axonal injury, and trigger disease exacerbation in EAE. Mathey *et al*<sup>17</sup> also showed that NF155-specific antibodies cross-react with NF186-transfected cells. The recognition of NF186 at the nodes of Ranvier by these antibodies may initiate axonal injury and accelerate disease progression. Neurofascin-specific antibodies can also inhibit remyelination by binding to NF155 expressed on the surface of oligodendrocytes.

### Gangliosides

Another group of neuronal antigens includes the gangliosides, which are glycolipids with sialic residues in the outer layer of cell membranes. Gangliosides are particularly enriched in the membranes of neuron. To generate antibody responses, gangliosides do not require major histocompatibility complex (MHC) molecules and T-cell help.<sup>75</sup> Although it is unclear whether anti-ganglioside antibodies can cause or result from axonal damage,<sup>18</sup> they may certainly serve as a

marker of this process. Experimental data reveal that anti-ganglioside antibodies can disrupt the BBB,<sup>19</sup> create neuromuscular block by binding to neuronal gangliosides in the neuromuscular junction,<sup>56</sup> and inhibit axonal regeneration after peripheral nerve injury in mice.<sup>20</sup> Complexes of anti-ganglioside antibodies and complement destroy Schwann cells and myelin membranes in demyelinating neuropathies, and contribute to axonal degeneration in acute motor axonal neuropathy.<sup>41</sup> Increased levels of anti-GM3 (monosialo-ganglioside) antibodies can be found in sera of a great proportion of patients with progressive forms of MS (56.3% in primary progressive (PP)-MS and 42.9% in SP-MS vs 2.9% in RR-MS and 14.6% in OND).<sup>18</sup> Anti-GD2 (disialo-ganglioside)-like IgM autoantibodies were detected in sera of 30% of MS patients, and a positive correlation of anti-GD2-like IgM reactivity with neurological disability was observed.<sup>21</sup> The increased prevalence of GD2-specific IgM antibodies in SP-MS (47.8%) compared to RR-MS (24.2%) and PP-MS (26.7%) also suggests the involvement of these antibodies in inflammation-induced neurodegeneration.

In summary, these data suggest that antibodies specific to neuronal cell-surface molecules are produced during demyelination and may themselves contribute to axonal injury in MS. These antibodies can activate complement and exert cytotoxicity, provide binding sites for the Fc receptors on macrophages and microglial cells, interrupt axon–myelin interaction, inhibit axonal conduction and outgrowth, disrupt the BBB, and alter oligodendrocyte functioning. Correlation of the antibody titers with the severity of disability offers an opportunity of using these neuronal cell-surface antibodies as biomarkers.

### Antibodies to Cytoskeletal Proteins

#### Neurofilaments

Neurofilaments are a group of cytoskeletal proteins expressed in neuronal cells and axons. A variety of neurodegenerative disorders like Alzheimer's disease, Parkinson's disease, and dementia with Lewy bodies are characterized by accumulation of NF proteins signifying abnormalities in the axonal transport and an impending neuronal loss.<sup>76,77</sup>

Antibodies to axonal cytoskeletal proteins may be markers of axonal damage, as well as important contributors to neurodegeneration and clinical disability in MS. CSF levels of antibodies against the light subunit of neurofilaments (NFL) correlate with the disease duration, clinical disability, IgG index, and the degree of cerebral atrophy measured by MRI.<sup>22,23</sup> Although elevated levels of NFL-specific antibodies are present in sera of patients with PP-MS,<sup>24</sup> these antibodies are also increased in sera of patients with OND.<sup>22</sup>

Bartos *et al*<sup>40</sup> detected increased intrathecal IgG and IgM antibodies against the medium subunit of neurofilaments (NFM) in patients with all subtypes of MS. Unexpectedly, however, anti-NFM antibody levels appeared to be higher in the serum than in CSF, possibly related to NF antigen leakage from the CNS to the peripheral blood, or to the higher

concentration of plasma cells in the blood. Alternatively, anti-NFM antibodies may be triggered by exogenous antigens and molecular mimicry in the peripheral blood.

Although no human data are available to define if anti-neurofilament antibodies themselves contribute to further neuroaxonal damage, experimental models provide supportive evidence. Immunization of mice with NFL triggers the development of a CNS disease characterized by axonal damage, paralysis, and spasticity.<sup>25</sup> Depositions of immunoglobulins is seen in the axons of diseased but not of asymptomatic animals. Endocytosis via clathrin-associated vesicles after binding to cell-surface Fc receptors is believed to be the mechanism of getting immunoglobulins into neurons in this model system as well as in MS. Further, microinjections of anti-kinesin or anti-dynein antibodies cause impairment of the anterograde and retrograde NF transport in cultured neurons<sup>26</sup> and induce the formation of long and branched mitochondrial structures redistributed to the nuclear periphery.<sup>46</sup> These intracellular changes are associated with altered calcium homeostasis,<sup>47</sup> apoptosis, and neurodegeneration.<sup>48</sup>

In summary, these observations suggest that antibodies to neurofilaments and possibly to other cytoskeletal proteins are produced during tissue damage in MS and OND. Experimental data support that these antibodies may get access to their intracellular target and cause changes in axonal transport, mitochondrial distribution and calcium homeostasis, and thus contribute to apoptosis and neurodegeneration.

### Antibodies to Various Intracellular Molecules

Foroghian *et al*<sup>78</sup> showed that MS patients have a greater prevalence of T cells specific for several intraneuronal antigens such as neuron-specific enolase (metabolic enzyme),  $\beta$ -arrestin, and retinal arrestin than healthy controls.

#### Arrestins

Arrestins are a family of multifunctional, intracellular proteins that play important roles in regulating signal transduction and the activity of G-protein-coupled receptors.

Anti- $\beta$ -arrestin-specific antibodies and antibodies to retinal arrestin can be found in sera of patients with MS.<sup>27,28</sup>  $\beta$ -arrestin-1 enhances the expression of antiapoptotic Bcl2 that may control the development of both MS and EAE.  $\beta$ -Arrestin-1-knockout mice are more resistant, and  $\beta$ -arrestin-1 transgenic mice are more susceptible to EAE.<sup>57</sup> These data suggest that pharmacologic downregulation of  $\beta$ -arrestin-1 expression may represent a reasonable approach in MS.<sup>58</sup>

#### GAD

Immunity to glutamate decarboxylase (GAD), an enzyme that converts glutamate into the inhibitory neurotransmitter aminobutyric acid (GABA), can also be detected in MS. GAD is expressed in various cell types including neurons,<sup>29</sup> and its activity is reduced in sera of MS patients.<sup>79</sup> Serum anti-

GAD65 antibodies are present in 10% of MS patients.<sup>29</sup> However, anti-GAD antibodies are also associated with a number of autoimmune disorders, such as stiff-person syndrome, type 1 diabetes, and Batten disease, and their pathogenic significance remains to be determined.<sup>49,50</sup>

#### HSP

Heat shock proteins (HSPs) are molecular chaperones with increased expression during exposure to elevated temperature or stress. They are implicated in several autoimmune diseases such as autoimmune arthritis, type 1 diabetes mellitus, atherosclerosis, and MS.<sup>80</sup> The concentration of anti- $\alpha$ -crystalline antibodies in sera of MS patients correlates with activity as well as severity of the disease.<sup>30</sup> In CSF, IgG antibodies to small HSPs (eg HSP27,  $\lambda$ A crystallin and  $\lambda$ B crystallin) are not increased, but to HSP70 and HSC70 (heat shock cognate protein 70) are elevated and correlate with the disease course.<sup>31</sup> Increased antibody titers to HSP60 are present in CSF of both patients with MS and with OND.<sup>32</sup> However, no elevated titers of anti-HSP90 $\beta$  antibodies are seen in CSF of normal or OND controls, whereas these immunoglobulins are detected in MS patients during both relapses and remissions.<sup>51</sup>

#### Nuclear antigens

Elevated antinuclear antibodies (ANA) in sera of MS patients have been reported at varying frequencies (2.5–81%) depending of methodological approaches.<sup>33,34</sup> These antibodies can be pathognostic for SLE with titers usually reaching 1:640 or higher. In contrast, the ANA titers are low (between 1:40 and 1:100) in sera of MS patients,<sup>33,35</sup> who also often have low-affinity IgG antibodies to multiple other nuclear and cytoplasmic epitopes.<sup>35</sup> However, IgG molecules against phosphorylated apoptosis-related proteins detected in SLE patients are completely absent from both the sera and CSF of MS patients. These data suggest that detection of ANA and related antibodies in MS may result from a nonspecific immune activation.

In summary, antibodies to a variety of intracellular molecules including enzymes, signaling molecules, HSPs, and nuclear proteins are detected in MS and other inflammatory and neurological disorders. The production of these antibodies may be related to bystander immune activation and epitope spreading during tissue injury. The pathogenic significance of most of these antibodies remains uncertain.

## NEUROTOXICITY AND AUTOIMMUNITY IN NEURODEGENERATIVE DISORDERS

### Glutamate-Mediated Neurotoxicity and Autoimmunity

#### Glutamate

Glutamate is a neurotransmitter released by neurons into the synaptic space where it binds to its postsynaptic receptors. Elevated levels of extracellular glutamate can lead to the death of neurons, astrocytes, and oligodendrocytes.<sup>81</sup>

Excitotoxic tissue damage mediated by glutamate has been described in a number of neurologic diseases (eg stroke, traumatic injury, neurodegeneration) including MS.<sup>82</sup>

#### Glutamate Transporters

Glial cells and neurons express various types of glutamate excitatory amino-acid transporters (EAAT1–EAAT5). The re-uptake of glutamate appears to be impaired in MS due to the downregulation of EAAT1 and EAAT2 molecules in both white matter<sup>83</sup> and cortical lesions.<sup>84</sup> MRS studies also reveal increased amounts of glutamate in the normal-appearing white matter and acute contrast-enhancing lesions of MS.<sup>85</sup> Glutamate levels in the CSF are higher during relapses than remissions, and correlate with the disease severity.<sup>86,87</sup> These observations suggest that inflammation upsets the balance of glutamate release and re-uptake, and the excessive glutamate may escalate the tissue injury in MS.

#### Glutamate receptors

Glutamate toxicity may be further enhanced by altered receptor expression and signaling.<sup>88</sup> Two main subtypes of glutamate receptors have been identified: ionotropic, coupled directly to membrane ion channels; metabotropic, coupled to G proteins. The ionotropic receptors are divided into three further subtypes based on their selective agonists: *N*-methyl-D-aspartate (NMDA),  $\alpha$ -amino-3-hydroxy-5-methyl-4-isoxazolepropionate (AMPA), and kainite.<sup>82</sup> Newcombe *et al*<sup>89</sup> reported an elevated expression of subunit 1 of AMPA receptor (GluR1) on oligodendrocytes at the borders of active plaques, and subunit 3 of AMPA receptor (GluR3) and metabotropic glutamate receptors (mGluR) on reactive astrocytes in MS lesions. Activated microglia and macrophages are immunopositive for NMDA receptor subunit 1 (NR1) in plaques<sup>89</sup> and may also play a role in Ca<sup>2+</sup>-dependent injury of oligodendrocytes and neurons.<sup>90</sup> NMDA receptor antagonists, memantine, amantadine, and MK-801 reduce neurological deficits in EAE,<sup>91,92</sup> and blockade of the AMPA receptors by antagonists also ameliorate clinical signs of EAE.<sup>93,94</sup>

Antibodies targeting glutamate receptors may have agonist or antagonist effects. Agonists usually cause excitotoxicity and complement-mediated cell death.<sup>95,96</sup> Anti-GluR3 antibodies have been implicated in various epilepsy syndromes (noninflammatory focal epilepsy, ‘catastrophic’ epilepsy, Rasmussen’s encephalitis), but their causative involvement in neuronal damage remains controversial.<sup>97–99</sup> Although such antibodies have not been reported in MS, their presence and pathogenic contribution to impaired glutamate homeostasis and signaling cannot be excluded until systematically tested.

In summary, these observations suggest that glutamate homeostasis is being upset in inflammatory lesions of MS, where the concentration of glutamate is increased, at least in part, due to a decreased re-uptake. In addition, the expression of glutamate receptors is altered, which can impact on intracellular signaling. Anti-glutamate receptor antibodies

are associated with inflammatory and neurodegenerative disorders, and their clearance often correlate with clinical improvement.

#### Antibodies in Paraneoplastic Neurological Syndromes and MS

Paraneoplastic neurological syndromes (PNSs) are mediated by immune reactions against autoantigens shared between cancer cells and self-antigens, most commonly expressed in the peripheral or CNS. Paraneoplastic antibodies are associated with various forms of neurodegeneration in PNSs,<sup>100</sup> and occasionally also can be detected in MS. However, the most common paraneoplastic immunoglobulins (eg anti-Hu, anti-Yo, and anti-Ri) have not been reported in MS.

#### NMDA receptor

Although NMDA-receptor-specific antibodies have not been reported in sera or CSF of MS patients, a role for these antibodies is suggested in other inflammatory CNS disorders. A newer form of encephalitis in women with or without ovarian teratomas is associated with antibodies against the NR1/NR2 subunits of the NMDA receptor.<sup>101,102</sup> As these antibodies disappear upon clinical improvement, their pathogenic involvement is likely in both the paraneoplastic and the autoimmune forms of this encephalitis.

#### Proteasome

Antibodies to proteasome, a ubiquitous protease complex composed of 14 different subunits, have been detected in paraneoplastic cerebellar degeneration and MS.<sup>37,103</sup> The proteasome complex is involved in protein degradation, processing of transcription factors in apoptosis and the generation of antigenic peptides ultimately presented by the MHC class I molecule.<sup>104</sup> Specific autoantibodies against proteasome subunits C2, C8, C9, and C5 were found in sera and CSF of patients with all forms of MS.<sup>37</sup> B- and T-cell autoreactivity against the proteasome develops not only in MS, but also in systemic autoimmune diseases and sarcoidosis. However, the prevalence of anti-proteasome antibodies is significantly higher in MS.<sup>37</sup>

#### hnRNPs

Heterogeneous nuclear ribonucleoproteins (hnRNPs) play important roles as autoantigens in both autoimmune disorders and PNSs. Antibodies against hnRNP protein B1 are present in CSF but not in sera of most MS patients, and absent in sera or CSF of OND patients.<sup>36</sup> The hnRNPs are the major component of nuclear core complex in mammalian cells. The hnRNP A2/B1 proteins provide binding sites for the vaccinia virus.<sup>105</sup> Infection of the CNS by a virus (eg EBV or vaccinia) may trigger cross-reactivity with hnRNP A2/B1.<sup>36</sup> Alternatively, the damage of oligodendrocytes may result in a release of hnRNP A2/B1 proteins inducing autoimmune response and epitope spreading in MS.



### CRMP5

Ducray *et al*<sup>106</sup> showed that serum of a patient with paraneoplastic encephalitis presenting with a Devic syndrome-like phenotype carries anti-CV2/collapsin response-mediated protein-5 (CRMP5) antibodies. Anti-CV2 antibodies react with the developmentally regulated neural proteins CRMPs, particularly with CRMP5.<sup>107</sup> Cross *et al*<sup>108</sup> recently reported three patients who had myelopathy with optic neuritis, anti-CV2/CRMP5 antibodies, and cancer. Although both optic neuritis and myelitis can be the presentations of either paraneoplastic syndrome or MS, these observations underscore the role of these antibodies in overlapping syndromes and the importance of a thorough differential diagnosis.

In summary, there is occasionally a phenotypic and immunological overlap between paraneoplastic syndromes and MS. Although the differential diagnosis is usually not very challenging, it is important to be aware that the antibodies characteristically detected in PNSs may also be present in sera of MS patients. In MS, the trigger for the production of these immunoglobulins is, however, different and likely signifies epitope spreading and bystander immune activation.

### Anti-Neuronal Antibodies in Patients with Leber Hereditary Optic Nerve Atrophy

#### Tubulin

An association between Leber hereditary optic nerve atrophy (LHON) and MS was observed long time ago,<sup>109</sup> and confirmed when the detection of primary pathogenic LHON mutations at mitochondrial (mt)DNA nucleotides 3460, 11 778, and 14 484 became available. In addition to the detection of MS-like MRI lesions in patients with LHON type of optic nerve atrophy,<sup>110</sup> pathogenic LHON mutations were also detected more often than expected by chance in the MS population.<sup>13</sup> Therefore, the question arose if these mtDNA mutations trigger autoimmunity leading to inflammatory demyelination and neurodegeneration. The autoimmune hypothesis seemed to gain support, when increased amounts of serum antibodies to tubulin (a human optic nerve globular protein in microtubules) were found in a significant proportion of patients with LHON.<sup>111</sup> The absence of anti-tubulin antibodies in nongenetic optic neuropathies suggests that the finding in patients with LHON is not simply due to a nonspecific immune response to damaged optic nerve proteins.<sup>111</sup>

In summary, anti-tubulin antibodies may play a role in the development of inflammatory demyelination and neurodegeneration in patients carrying LHON mtDNA mutations.

### PROTECTIVE ANTIBODIES IN MS

Autoreactive antibodies cannot only be destructive but also can be protective. Monoclonal IgM antibodies to CNS glial cells can promote remyelination in murine models, and autoreactive IgM antibodies represent an endogenous system involved in physiologic mechanisms of tissue repair.<sup>52,53</sup> These autoreactive IgM antibodies recognize a variety of

proteins on the surface of not only glial cells but also other cell types including neurons. Polyspecific autoreactive IgM antibodies are present in sera of MS patients and are likely involved in the activation of complements needed for an efficient phagocytosis and removal of myelin debris by macrophages in demyelinating lesions.<sup>54</sup> In addition to clearing debris, IgM antibodies may also promote remyelination by binding to the surface of oligodendrocytes and induction of intracellular signaling. The role of calcium in the regulation of oligodendrocyte function has been emphasized, because calcium fluxes were observed in astrocytes and oligodendrocytes after treatment of glial cultures with remyelination-promoting antibodies.<sup>52,53</sup> It was also shown that remyelination induced by the human remyelination-promoting antibody rHlgM22 is independent of immunomodulation. This antibody did not specifically bind to any immune cell type derived from the spleen, did not influence the humoral immune response to a T-cell dependent antigen (ovalbumin), and did not alter antigen-specific proliferation of CD8+ and CD4+ cells or cytokine production.<sup>112</sup>

In summary, these observations suggest that the humoral immune system may act as a double-edged sword both promoting damage and repair. Low-affinity autoreactive antibodies are part of the normal immunoglobulin repertoire in healthy individuals. These antibodies gain major physiologic importance during tissue injury when they contribute to the clearance of damage and promote repair. This endogenous mechanism offers a therapeutic paradigm that has not been exhausted in humans.

### CONCLUSION: THE ROLE OF ANTI-NEURONAL ANTIBODIES IN MS

The prevailing view defines MS as a demyelinating neurodegenerative disorder of CNS, which is primarily mediated by activated CNS antigen-specific T cells with a well-orchestrated involvement of various antigen-presenting cells and immunoglobulin-producing B cells. The cause of autoimmunity remains unknown, but an initial activation of CNS antigen-specific T- and B cells by environmental factors possibly involving molecular mimicry, and a secondary activation involving tissue injury, autoantigen release, epitope spreading, and bystander mechanisms during the course of the disease have been considered. As it is not the extent of myelin injury but the extent of neuroaxonal loss that best correlates with clinical disability, the exploration of MS-related neurodegeneration has great practical importance. Although our understanding of this process is incomplete, the available data reveal that neuroaxonal loss is related to a complex mechanism with multiple upstream elements. This survey is focused on what is presently known about the generation and pathogenic significance of CNS antigen-specific immunoglobulins in inflammation-related neurodegeneration (Figure 1; Tables 2 and 3). Although numerous cell-surface and intracellular proteins have been identified as

targets to the cellular and humoral immune response, the above list of neuronal autoantibodies is expected to grow rapidly with the application of newer technologies. However, it has already been established that most of the anti-neuronal antibodies (eg anti-AEF, anti-NFL, and anti-ganglioside antibodies) correlate with CNS injury, but are not necessarily specific for MS. Proving the pathogenicity of these antibodies is often difficult in humans, and only data from *in vitro* studies or experimental models provide evidence to support their biological effects (eg antibodies to neurofascin, gangliosides, NFL, kinesin, and dynein;  $\beta$ -arrestin-1 transgenic; and knockout mice). Questions regarding the endocytosis of autoantibodies and consequences of intracellular antigen-antibody engagement in neurons remain unanswered. As the concentration of these antibodies is likely higher in the CNS than in the serum or even in the CSF, the removal of auto-reactive immunoglobulins from the circulation by plasma exchange has limited utility in MS. Elimination of CD20 + B cells by rituximab is although very promising, the clinical benefits of this intervention are likely related to a suppression of T-cell activation rather than an immediate suppression of immunoglobulin production. The endogenous pool of protective autoantibodies has not been exploited in humans, but development of vaccination methods to boost this repertoire is underway (Table 4). Taking all into consideration, the most efficient current treatment modality for neurodegeneration remains an early and aggressive anti-inflammatory intervention, because the prevention of tissue injury may best control the escalating T-cell driven and bystander B-cell activation, continuing BBB break-down and epitope spreading, which can all perpetuate neuroaxonal injury.

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