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ORIGINAL ARTICLE

al mena: a comprehensive resource of human genetic variants integrating genomes and exomes from Arab, Middle Eastern and North African populations

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Middle East and North Africa (MENA) encompass very unique populations, with a rich history and encompasses characteristic ethnic, linguistic and genetic diversity. The genetic diversity of MENA region has been largely unknown. The recent availability of whole-exome and whole-genome sequences from the region has made it possible to collect population-specific allele frequencies. The integration of data sets from this region would provide insights into the landscape of genetic variants in this region. We integrated genetic variants from multiple data sets systematically, available from this region to create a compendium of over 26 million genetic variations. The variants were systematically annotated and their allele frequencies in the data sets were computed and available as a web interface which enables quick query. As a proof of principle for application of the compendium for genetic epidemiology, we analyzed the allele frequencies for variants in transglutaminase 1 (*TGM1*) gene, associated with autosomal recessive lamellar ichthyosis. Our analysis revealed that the carrier frequency of selected variants differed widely with significant interethnic differences. To the best of our knowledge, al mena is the first and most comprehensive repertoire of genetic variations from the Arab, Middle Eastern and North African region. We hope al mena would accelerate Precision Medicine in the region.

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INTRODUCTION

The populations in the Middle East and North Africa (MENA) encompass over 7% of the world population¹ and encompass significant ethnic, cultural, linguistic and genetic diversity. The populations in this region have in the past extensively admixed with populations of Asian, European, African continents, which have resulted in their rich diversity.² An analysis of single-nucleotide polymorphism markers of over 270 individuals from Kuwait suggested extensive admixture with populations from Africa, Europe and Asia.³ The region has also been historically the melting pot for human migrations and modern civilization.⁴ A recent study using whole-exome sequences suggested that indigenous Arabs have been the first common ancestors of modern Eurasians, resulting from migration out of Africa.⁵

The region is characterized by a high prevalence of genetic diseases, contributed and aggravated by consanguinity. It is estimated that 25 to 60% of all marriages are consanguineous in the Arab world.⁶ A number of genetic diseases occurs specific to this part of the world including Familial Mediterranean Fever, which derives its name from the region.⁷ Several diseases and causative genes were also characterized for the first time from this part of the world.⁶ It has been

widely believed that the high level of endogamy in the region would make the population ideal to study the genetic association, pathogenesis and prognosis of a number of genetic diseases⁸ underscoring the value in the genetic landscape of the population and its immense utility in medical genetics. A report by Tadmouri *et al.*⁹ suggest that certain dominant diseases are common to this population than elsewhere in the world. Systematic efforts to curate medically relevant genetic variants have also been underway through coordinated efforts. Recently, a well-structured catalog of genetic diseases has been made.¹⁰

One of the first personal genomes from the region was published from Kuwait, which included whole genomes and exomes of Bedouin ancestry. This was later followed up with whole genomes of an individual of Persian ancestry by the same group. Although a number of genome projects have been underway from MENA region, until very recently the genomic information was not publicly available, which limited their utility in clinical as well as epidemiological analysis. For example, the availability of whole-exome sequences from Qatar enabled us to analyze the landscape of pharmacogenetic variants for two common antithrombotic drugs—warfarin and clopidogrel. Similarly, large genome projects from the MENA region

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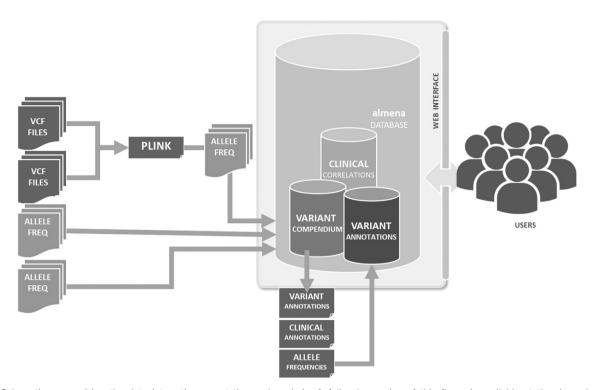


Figure 1 Schematic summarizing the data integration, annotation and analysis. A full color version of this figure is available at the *Journal of Human Genetics* journal online.

encompassing the Greater Middle East (GME) have provided a deep insight into the population structure and genetic variability of populations in the region.¹⁶

It has been previously suggested that the availability of a comprehensive resource of genetic variants and allele frequencies in the populations would enable and accelerate translational genomics in the region. Such a resource would enable cross-comparison of genetic variants, and allele and genotype frequencies across the data sets.

In the present report, we describe a comprehensive resource of human genetic variation, integrating whole-genome and whole-exome data sets from the MENA region. We catalog over 26 million genetic variants from Arab populations with its sub-populations. The resource has immense applications in understanding the allelic frequencies, carrier rates for rare genetic diseases and genetic traits including pharmacogenetics, apart from prioritizing and discovering novel disease-associated variants. The resource is publicly available at URL http://clingen.igib.res.in/almena.

MATERIALS AND METHODS

Data sets

Data set of whole-genome sequences from Qatar. We have used Qatar genome data set, which consisted of genome sequence variants of 108 individuals. (n=67), Persian/South Asian (n=23) and African (n=18) sub-populations of Oatar.⁵

Data set of whole-exome sequences from Qatar. Qatar exome data set consisted exome sequence variants of 100 individuals. The sub-population-wise breakup of the samples included (n=42), Persian/South Asian samples (n=33) and African samples (n=25).¹⁴

Data set of 1005 whole exomes and whole genomes from Qatar. This data set consisted of genome-sequenced variants of 88 individuals and exome-sequenced variants of 917 individuals, respectively. These individuals are from

European (n=5), South Asian (n=76), Bedouin (n=490), African Pygmy (n=1), Arab (n=193), Persian (n=170) and sub-Saharan African (n=70).¹⁷

GME data set of whole-exome sequences. This data set encompassed a total of 1002 whole-exome sequences derived from multiple populations in the Middle East and North Africa. The samples were derived from individuals of Northwest Africa (n=99), Northeast Africa (n=368), Asian Peninsula (n=171), Israel (n=10), Syrian Desert (n=58), Turkish (n=164) and Central Asian (n=132) descent. 16

Allele frequencies of Persians from Iran. This data set comprised of allele frequencies over six million variants found in 77 Iranian individuals. It was downloaded from https://irangenes.com/data-2/.

Creation of a unique compendium of genetic variants. All the data sets belonged to the assembly human genome 19 (GRCh37/hg19). The unique variants were retrieved from individual data sets and compiled into a compendium.

Annotation of the variants. The unique sets of 26 million variants were systematically annotated across a number of public databases and computational algorithms using ANNOVAR.¹⁸ A total of 33 tools as detailed in Supplementary Data 3 were screened for the variants using ANNOVAR Perl scripts.¹⁸ The summary of the data integration and annotation pipeline is detailed in Figure 1.

Allele and genotype frequencies. The variant call files were used to calculate allele and genotype frequencies with the open-source whole-genome association analysis toolset PLINK1.9¹⁹ to compute the allele and genotype frequencies. If data sets were not available in variant call formats, the allele and genotype frequencies were directly retrieved from the supplementary files associated with the original publication or web resource.

Database and web server. The data was ported onto a scalable database system MongoDB, extensively used and a popular open-source NOSQL database system widely used for big data sets. The web interface was coded in Perl/CGI and Javascript. The web server was configured in Apache 2.4.12.

Table 1 Summary of the data sets and genetic variants integrated in the compendium

| SI. no. | Data set name | Data set description | Populations studied | No. of individuals in study | No. of genetic variants |
|---------|---------------------------------|---|--|-----------------------------|-------------------------------|
| 1 | Qatar 108 genome | Genome-sequenced variant data from 108 Qataris. Sequencing was conducted at the Illumina Genome Services sequencing facility using the HiSeq2500. The sequence data is aligned to the hg19/GRCh37 human reference with at least 85% of bases of quality score ≥ 30 (Q30). | 3 (BED, PSA, SAF) | 108 | 23 354 688 |
| 2 | Qatar 100 exome | Exome-sequenced variant data from 100 Qataris. The exomes were sequenced on Illumina HiSeq2000. The sequence data is aligned to hg19/GRCh37 human reference. Each exome was verified to have $\geqslant 10x$ depth at $> 80\%$ of exome target sites (38 Mb Agilent enrichment platform) with reads mapped in a proper pair of mapping quality > 10 and base quality > 17 . | 3 (BED, PSA, SAF) | 100 | 132 303 |
| 3 | Qatar 1005 data set | 88 Genomes and 917 exomes were sequenced from Qataris. All samples were sequenced using Illumina (Illumina) paired-end sequencing technology. Both genome and exome sequence data is mapped to hg19/GRCh37 human reference. Quality filters from GATK practice workflow for preprocessing for data and variant calling. | 7 (EUR, SOU, BED, PYG, ARA, PER, SAF) | 1005 | 20 937 287 |
| 4 | Iran allele fre- quency data | Allele frequency data from 77 Iranians. | 1 | 77 | 6 039 041 |
| 5 | GME | The GME Variome Project consisted of eight sub-populations from 1002 samples. This exomes in this project was resequenced with Agilent SureSelect Human All Exome 50 Megabase (Mb) kit, sequenced on an Illumina HiSeq2000. | 8 (NWA, NEA, APN, ISR, SD, TPE, CAS) | 1002 | 689 297 |
| | Unique count | | 15 | 2115 | 26 828 057 |

Abbreviations: APN, Arabian Peninsula; ARA, Arab; BED, Beduoin; CAS, Central Asia; EUR, European; GME, Greater Middle East; IRA, Iran; ISR, Israel; NEA, Northeast African; NWA, Northwest African; PER, Persian; PSA, Persian; PSA, Persian; PSA, Persian; PSA, Peninsula.

Demonstration on application of server with TGM1 variants. To demonstrate the application of database, we took TGM1 variants for performing possible analyses. A list of pathogenic variants in TGM1 was downloaded from ClinVar, a comprehensive online resource of clinically significant genetic variants. This list encompassed a total of 37 variants. Of these, a total of 34 variants were annotated as pathogenic (marked CLNSIG = 5). The allele frequencies for these variants were compared in individual populations using the database. Test of significance was carried out for the allele frequency of the variants belonged to gene of interest using Fisher's test compared with the allele count of 1000 genome project from Ensembl browser (http://grch37.ensembl.org/index.html).

RESULTS

Creation of a compendium of unique variants integrating data from multiple data sets

Integrating data sets, we assembled a unique compendium of 26 828 057 genetic variants, of which 19 210 183 were already known variants. The genome data sets contributed to a significant amount of the variants, with 23 354 688 variants contributed by the Qatar 108 whole-genome data set. Table 1 summarizes the data sets and genetic variants integrated in the compendium. It also briefs the corresponding sequencing methods, and the number of sub-populations included in each data set. A description on methods, sequencing platform and filtering options are included in Supplementary Data 1.

Annotation of the genetic variants

The genetic variants were systematically annotated by various databases and tools in ANNOVAR package such as dbSNP142, clinvar2016, refseq, 1000 genome (2015.Aug), esp6500, exac03, GWAS catalog and cytoband. Annotation of the data sets revealed a total of 11 493 833 mapped to genic regions, whereas 13 726 198 variants were mapped to intergenic regions in the genome. Of the variants in the genic boundaries, a total of 767 241 were exonic and 8 783 767 were intronic in origin. Supplementary Data 2 shows basic refgene

annotation of variants. The overview of the variants and distribution is summarized in Figure 2.

Our analysis revealed a total of 455 251 variants, which were nonsynonymous in nature. The mapping statistics of genetic variants of our compendium is given in Supplementary Data 1. The pathogenicity of the variants was annotated using ANNOVAR'S ljb_all database annotation. This data set includes the computational predictions of pathogenicity of variants such as SIFT, 20 Polphen2, 21 MutationTaster22 and MutationAssessor. Supplementary Data 3 provides description and interpretation of computational tools for predicting pathogenicity of the variant.

In addition, variants were systematically annotated across a number of relevant databases. These include ClinVar²⁴ for clinically relevant variants implicated in Mendelian genetic diseases. A total of 1325 variants mapped to known pathogenic variants from ClinVar2016 database.

Web-based interface for query and analysis

Toward enabling quick access to the variants, allele and genotype frequencies and relevant annotations, a web-based interface to the resource was created. The interface was designed to be user-friendly. The search/query box can be used to query the resource using specific genetic variant IDs (rsIDs), gene names, positions or ranges of genomic positions. The interface returns a neatly organized list of links where the user can find more information on the specific variants that match the query condition. The variant page provides details about the variant, its genomic context, population frequency across different populations in the MENA region as well as across the 1000 genome data sets and populations. Functional and clinical annotations for each variant have also been precomputed and available. The user can see the description of each field to ease the understanding of algorithms and data sets used for annotation. The variants are also linked out to relevant databases including UCSC

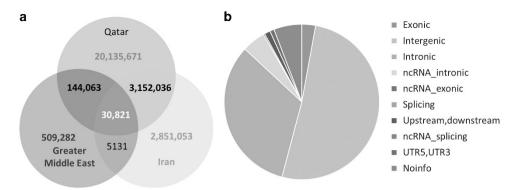


Figure 2 Summary distribution of the variants in the al mena compendium of genetic variants. (a) Overlaps and contributions of variations from the three major data sets and (b) genomic context of the genetic variants in the database. A full color version of this figure is available at the *Journal of Human Genetics* journal online.

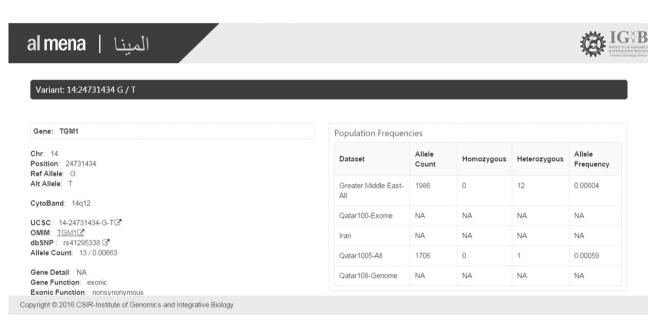


Figure 3 Screenshot of the variant information page summarizing information for a clinically relevant variant. A full color version of this figure is available at the *Journal of Human Genetics* journal online.

Genome Resource,²⁵ dbSNP²⁶ and ClinVar. Figure 3 summarizes the information available for a single variant in the resource.

Proof-of-principle application of the variant resource in genetic epidemiology

As a proof-of-principle application of the compendium of genetic variations, we evaluated the genetic epidemiology of variants in TGM1 gene, associated with autosomal recessive lamellar ichthyosis in the database. As detailed in the Materials and methods section, the list of single-nucleotide variants annotated 'pathogenic' for the gene TGM1 were downloaded and searched in the database. Out of a total of 37 variants in the ClinVar database for TGM1 gene, we retrieved a total of 34 variants, which were marked pathogenic. These variants were queried across the compendium. A total of four variants mapped to the compendium. The allele and genotype frequencies of the variants are listed in Table 2.

Our analysis suggests the allele frequency for pathogenic variants ranged from 0.001 to 0.018 across the data sets considered. On an

average, this translates to a carrier rate of over 0.0095 in the populations considered.

Our analysis also reveals that all four pathogenic variants are significantly different in Northeast or Northwest African region and S42Y is found significant in Arabian Peninsula and Northeast Africa, compared with the 1000 genome allele frequencies. This suggests an assay of just four variants, which would enable cheap, cost-effective carrier screening, prenatal and neonatal screening and postnatal diagnosis in the region.

DISCUSSION

The MENA region, especially the Mediterranean Basin has been the hotbed for human migration providing an interesting area to understand human population genetics.⁴ The recent availability of whole-genome and whole-exome data sets from the Mediterranean region has significantly improved our understanding of the admixture as well as the natural history of human migrations.⁵ In addition, it has also significantly improved our understanding of the genetic diversity and a hitherto uncharacterized repertoire of human genetic variations.

Table 2 Allele frequencies of the pathogenic single-nucleotide variants in TGM1 gene from the ClinVar database

| Variant | SNP ID | Protein change | | Qatar 100 | 05 | P-value | | GME | | P-value |
|-------------------|-------------|----------------|-----|-----------|----------|---------|-----|---------|---------|-------------------------|
| 14:24724663:C/ T | rs35312232 | V518M | ALL | | | | ALL | C:0.996 | T:0.004 | 1 |
| | | | EUR | | | | NWA | C:0.989 | T:0.011 | 0.058 ^a |
| | | | SOU | | | | NEA | C:0.998 | T:0.002 | 1 |
| | | | BED | | | | APN | C:1 | T:0 | |
| | | | PYG | | | | ISR | C:0.95 | T:0 | 0.04a |
| | | | ARB | | | | SD | C:1 | T:0 | |
| | | | PER | | | | TPN | C:1 | T:0 | |
| | | | SAF | | | | CAS | C:0.992 | T:0.008 | |
| 14:24728926:C/ T | rs121918717 | R323Q | ALL | | | | ALL | C:0.999 | T:0.001 | SNP not found in 1000 g |
| | | | EUR | | | | NWA | C:1 | T:0 | |
| | | | SOU | | | | NEA | C:0.997 | T:0.003 | |
| | | | BED | | | | APN | C:1 | T:0 | |
| | | | PYG | | | | ISR | C:1 | T:0 | |
| | | | ARB | | | | SD | C:1 | T:0 | |
| | | | PER | | | | TPN | C:0.99 | T:0.01 | |
| | | | SAF | | | | CAS | C:1 | T:0 | |
| 14:24731278:C/ T; | rs121918729 | G94D | ALL | | | | ALL | C:0.998 | T:0.002 | 0.0088a |
| | | | EUR | | | | NWA | C:0.984 | T:0.016 | 0.0003a |
| | | | SOU | | | | NEA | C:1 | T:0 | |
| | | | BED | | | | APN | C:1 | T:0 | |
| | | | PYG | | | | ISR | C:1 | T:0 | |
| | | | ARB | | | | SD | C:1 | T:0 | |
| | | | PER | | | | TPN | C:1 | T:0 | |
| | | | SAF | | | | CAS | C:1 | T:0 | |
| 14:24731434:G / T | rs41295338 | S42Y | ALL | G:0.9995 | T:0.0005 | 1 | ALL | G:0.994 | T:0.006 | 0.0001 ^a |
| | | | EUR | G:1 | T:0 | | NWA | G:1 | T:0 | |
| | | | SOU | G:1 | T:0 | | NEA | G:0.993 | T:0.007 | 0.003^{a} |
| | | | BED | G:0.999 | T:0.001 | 1 | APN | G:0.982 | T:0.018 | 0.0001 ^a |
| | | | PYG | G:1 | T:0 | | ISR | G:1 | T:0 | |
| | | | ARB | G:1 | T:0 | | SD | G:1 | T:0 | |
| | | | PER | G:1 | T:0 | | TPN | G:1 | T:0 | |
| | | | SAF | G:1 | T:0 | | CAS | G:1 | T:0 | |

Abbreviations: AFR, African; APN, Arabian Peninsula; ARA, Arab; BED, Beduoin; CAS, Central Asia; EUR, European; GME, Greater Middle East; IRA, Iran; ISR, Israel; NEA, Northeast African; NWA, Northwest African; PER, Persian; PSA, Persian/South Asian; PYG, African Pygmy; SAF, South Saharan African; SD, Syrian Desert; SNP, single-nucleotide polymorphism; SOU, South Asian;

The understanding of human genetic variations from the MENA region is believed to have significant impact on the identification of new disease-associated variants¹⁶ with the clinical relevance in the population and sub-populations.¹⁵ The availability of population-level allele frequency data in public domain helps researchers to compare and analyze clinically relevant variations toward achieving quick translation.

In the present report, we have integrated whole-genome and wholeexome data sets for over 2000 individuals from 15 sub-populations to create a unique compendium of genetic variants from Arab population. Our analysis uncovered a total of over 26 million unique genetic variants, out of which over a six million genetic variants have not been previously represented in any major databases including dbSNP, 1000 genome or ExAC. Allele and genotype frequencies for the variants were computed across the populations, which enabled understanding the landscape of genetic variants.

The Greater Middle East (GME) Variome Project has made available a web-based server for exome variants from different regions generated as part of a multinational collaboration to generate a reference population for the GME.¹⁶ Our resource encompasses a number of features, annotations and data sets, which have not been part of this database. Supplementary Data 4 summarizes the differences and unique features of al mena compared with this resource. The al mena resource presently enable users to have a comparison of carrier frequency of mutant alleles across 15 sub-populations.

As a proof of concept for the utility of the resource in clinical and genetic epidemiological studies, we evaluated the allele frequencies of clinically relevant variants associated with autosomal recessive lamellar ichthyosis caused by genetic variations in TGM1 gene. The protein product of TGM1 gene, transglutaminase, catalyses the formation of ε -(γ -glutamyl)-lysine crosslinks in proteins and thereby stabilizes the biological structures. TGM1 mutations prevent the protein from forming the cornified cell envelope, thereby causing lamellar ichthyosis, a condition that causes extensive scaling of skin in addition to other skin abnormalities.²⁷ Mutations either in a homozygous or compound heterozygous form in the TGM1 gene have been previously reported in Arab populations.^{28,29} Our analysis suggests that the four TGM1 pathogenic variants, which mapped to the compendium, have

The allele frequencies were tested for significance using Fisher's exact test with the allele counts of general population obtained from 1000 genome browser (Ensembl37). aSignificant P-values.

significantly distinct allele frequencies in the sub-populations considered. In our study, this mutation has significantly stood out from 1000 genome allele frequency at 3.0e – 3 *P*-value with Northeast African population and 1.0e – 4 *P*-value in Arabian Peninsula-specific population. Our analysis also suggests a high frequency of the variants ranging from 1.6 in 100 to 18/1000.

This study highlights the need for systematic analysis of clinically relevant genetic variants in the populations and how the availability of a well-curated database would quickly enable the translational applications of genomic data toward benefitting to estimate disease burden, carrier rates and possible policies toward accurate, fast and cost-effective diagnosis.

A number of genome projects are presently underway in the region.¹³ We hope al mena would be enriched with larger data sets encompassing multiple sub-populations, which are not yet included in the database currently. To the best of our knowledge, al mena is a unique resource for genetic variants in Arab, Middle East and North Africa and a pioneering step toward enabling Precision Medicine in the region.

CONFLICT OF INTEREST

The authors declare no conflict of interest.

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