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# Genotype and haplotype distributions of MTHFR 677C>T and 1298A>C single nucleotide polymorphisms: a meta-analysis 

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#### Abstract

Common single nucleotide polymorphisms (SNPs; 677C $>$ T and 1298A $>$ C) in the methylenetetrahydrofolate reductase gene ( $M T H F R$ ) decrease the activity of the enzyme, leading to hyperhomocysteinemia, particularly in folate-deficient states. We calculate herein the haplotype frequencies of the MTHFR 677 and 1298 polymorphisms in pooled general populations derived from published data. We selected 16 articles that provided reliable data on combined MTHFR genotypes in general populations ( $n=$ 5389). The combined data comprised the following totals for each genotype at nucleotide positions 677 and 1298: 838 CC/AA (i.e., $677 \mathrm{CC} / 1298 \mathrm{AA}$ ), $1225 \mathrm{CC} / \mathrm{AC}, 489 \mathrm{CC} / \mathrm{CC}$, 1120 CT/AA, 1093 CT/AC, 8 CT/CC, 606 TT/AA, 10 TT/ AC , and $0 \mathrm{TT} / \mathrm{CC}$. The estimated haplotype frequencies, and the fractional contribution of each, were $677 \mathrm{C} / 1298 \mathrm{~A}$, 0.37 ; $677 \mathrm{C} / 1298 \mathrm{C}, 0.31 ; 677 \mathrm{~T} / 1298 \mathrm{~A}, 0.32$; and $677 \mathrm{~T} / 1298 \mathrm{C}$, 0.0023 to 0.0034 . Thus, a vast majority of 677 T alleles and 1298 C alleles are associated with 1298A alleles and 677C alleles, respectively. There may be an increased frequency of the very rare cis $677 \mathrm{~T} / 1298 \mathrm{C}$ haplotype in some parts of the United Kingdom and Canada, possibly due to a founder effect. Further studies on both SNPs are needed to determine their exact role in various clinical settings.


[^0]Key words $M T H F R \cdot 677 \mathrm{C}>\mathrm{T} \cdot 1298 \mathrm{~A}>\mathrm{C} \cdot \mathrm{SNP} \cdot$ cis $\cdot$ Haplotype • Frequency • Meta-analysis

## Introduction

A common single nucleotide polymorphism (SNP), a C-toT change at position $677(677 \mathrm{C}>\mathrm{T}$, commonly referred to as C677T), which corresponds to nucleotide 665 of the open reading frame, in the 5,10-methylenetetrahydrofolate reductase gene (MTHFR; OMIM, 236250; GDB, 370882; GenBank, XM_030156 and NM_005957) causes an amino acid substitution (A222V), rendering the enzyme thermolabile (Frosst et al. 1995; Kang et al. 1991). This thermolabile enzyme may exhibit decreased enzymatic activity, leading to mild hyperhomocysteinemia in homozygous $677 \mathrm{C}>\mathrm{T}$ individuals (Frosst et al. 1995; Kang et al. 1991). Another common SNP of MTHFR is an A-to-C change at position 1298 ( $1298 \mathrm{~A}>\mathrm{C}$, commonly referred to as A1298C), corresponding to nucleotide 1286 of the open reading frame, which results in a Glu-to-Ala substitution (E429A) (van der Put et al. 1998). Although the 1298A $>\mathrm{C}$ polymorphism by itself does not appear to cause hyperhomocysteinemia in either the heterozygous or homozygous state, combined heterozygosity for both $677 \mathrm{C}>\mathrm{T}$ and $1298 \mathrm{~A}>\mathrm{C}$ mutations can result in hyperhomocysteinemia (van der Put et al. 1998).

Although these two polymorphisms are usually not present in the same allele (i.e., in "cis"), studies have shown that very rare $M T H F R$ alleles have both polymorphisms (Isotalo et al. 2000; Weisberg et al. 1998). Such cis MTHFR $677 \mathrm{~T} / 1298 \mathrm{C}$ alleles (haplotypes) were seen more frequently in spontaneous abortions than in healthy neonates in a Canadian study (Isotalo et al. 2000). For the most accurate determination of the cis $677 \mathrm{~T} / 1298 \mathrm{C}$ haplotype frequency, all available published data should be combined. We metaanalyze herein $M T H F R$ genotype and haplotype frequencies from published population data.

## Materials and methods

Selection of populations for meta-analysis of MTHFR genotype

For calculation of MTHFR 677 and 1298 genotype and haplotype frequencies, we collected data from the literature that showed MTHFR 677 and 1298 genotype distributions. For those manuscripts in which the genotype distribution was not clearly stated, we requested the genotype distribution from the corresponding authors. We included data obtained by these personal communications (indicated by PC, for "personal communication," in Table 1). As a result, the MTHFR 677 and 1298 genotype distribution was available in a total of 22 manuscripts (Akar et al. 2001; Barber et al. 2000; Chango et al. 2000; Dekou et al. 2001; Fodinger et al. 2000; Friedman et al. 1999; Hanson et al. 2001; Isotalo and Donnelly 2000; Isotalo et al. 2000; Kaiser et al. 2000; Lachmeijer et al. 2001; Meisel et al. 2001; Rady et al. 1999; Richter et al. 2001; Shen et al. 2001; Skibola et al. 1999; Song et al. 2001; Szczeklik et al. 2001; van der Put et al. 1998; Weisberg et al. 1998; Wiemels et al. 2001; Zusterzeel et al. 2000) (Table 1). To obtain the MTHFR genotype distribution in the general population, we used 19 different control populations, which included healthy adults, infants, and neonates, from 16 manuscripts (population "W1") (Akar et al. 2001; Barber et al. 2000; Chango et al. 2000; Fodinger et al. 2000; Friedman et al. 1999; Kaiser et al. 2000; Lachmeijer et al. 2001; Meisel et al. 2001; Rady et al. 1999; Richter et al. 2001; Shen et al. 2001; Skibola et al. 1999; Szczeklik et al. 2001; van der Put et al. 1998; Wiemels et al. 2001; Zusterzeel et al. 2000). We excluded data derived from Chinese populations (Song et al. 2001) because only $17 \%$ (123/724) of $M T H F R$ alleles in the control northern Chinese population had the 1298C allele (Table 1). The data of Weisberg et al. (1998) did not include controls from the general population and we excluded these data. We also excluded the data of Hanson et al. (2001) from control population W1 because they did not discriminate between their vascular disease populations and controls.

The silent $1317 \mathrm{~T}>$ C polymorphism is known to affect genotyping of 1298A $>\mathrm{C}$ by MboII digestion because it creates an almost identical MboII restriction pattern as that of the 1298A allele, even in the presence of a 1298C allele (Donnelly 1999; Weisberg et al. 1998). However, the reported frequency of the 1317 C allele is low in the Caucasian population (Meisel et al. 2001; Weisberg et al. 1998). Weisberg et al. (1998) found that 4 of 76 Canadian Caucasian alleles had the 1317C allele, and 7 of 18 alleles in African-American females had the 1317C allele. Meisel et al. (2001) found that the 1317C allele was present only in 1 of 1962 alleles among patients with coronary artery diseases, and in none of 1962 control alleles, in Germany. Because the $1317 \mathrm{~T}>$ C polymorphism is rare in Caucasian populations, it was not taken into account for further analysis.


Fig. 1. Two linked polymorphic loci ( X and Y ) and their geotype (e.g. $\mathrm{HI} / \mathrm{JK}$ ) distribution in a population

## Haplotype distributions of two linked polymorphisms

We designate two alternative polymorphic bases in the first locus ("X") as "H" and "I," and those in the second locus ("Y") as "J" and "K." We designate the number of individuals with each possible $\mathrm{X} / \mathrm{Y}$ genotype in a population as follows: HH/JJ, $\alpha ; \mathrm{HH} / \mathrm{JK}, \beta ; \mathrm{HH} / \mathrm{KK}, \gamma ; \mathrm{HI} / \mathrm{JJ}, \delta ; \mathrm{HI} / \mathrm{JK}, ~ \varepsilon ;$ $\mathrm{HI} / \mathrm{KK}, \zeta ; \mathrm{II} / \mathrm{JJ}, \eta$; II/JK, $\theta$; and II/KK, ı (Fig. 1). If we designate $\chi$ as the number of individuals who have one chromosome with the HJ haplotype and the other chromosome with the IK haplotype, then the number of individuals who have one chromosome with the HK haplotype and the other chromosome with the IJ haplotype is $\varepsilon-\chi$, because both groups of individuals have the $\mathrm{HI} / \mathrm{JK}$ genotype (Fig. 1). We can calculate the number of chromosomes with each possible haplotype in the population as follows: $\mathrm{HJ}, 2 \alpha+\beta$ $+\delta+\chi ;$ HK, $\beta+2 \gamma+(\varepsilon-\chi)+\zeta ; \mathrm{IJ}, \delta+(\varepsilon-\chi)+2 \eta+$ $\theta ;$ IK, $\chi+\zeta+\theta+2 \mathrm{l}$.

## Results

MTHFR 677 and 1298 genotype and haplotype frequencies

We designated the two alternative polymorphic bases 677C and 677 T as H and I , and 1298A and 1298C as J and K, as described in Materials and Methods. We refer to the MTHFR 677 and 1298 genotype (or haplotype) as two bases (or one base) in the 677 position followed by "/" and two bases (or one base, respectively) in the 1298 position; e.g., CC/AC represents homozygous 677C and heterozygous 1298A and 1298C, and T/A represents the MTHFR haplotype 677T/1298A.

At present, there is no convincing evidence that any of the MTHFR 677/1298 genotypes decrease fitness and thus skew the genotype distribution. Isotalo et al. (2000) reported increased CT/CC, TT/AC, and TT/CC genotype frequencies in spontaneous and therapeutic abortions (H1 in Table 1). However, the same group also reported unusually
Table 1. MTHFR 677/1298 genotype distributions in the literature

| Authors | PC | CC/AA |  | CC/AC |  | CC/CC |  | CT/AA |  | CT/AC |  | CT/CC |  | TT/AA |  | TT/AC |  | TT/CC |  | $\frac{\text { Total }}{\text { No. }}$ | Population [assigned identification no.] |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | No. | /Total | No. | /Total | No. | /Total | No. | /Total | No. | /Total | No. | /Total | No. | /Total | No. | /Total | No. | /Total |  |  |
| Akar et al. 2001 | PC | 7 | 0.15 | 12 | 0.26 | 5 | 0.11 | 5 | 0.11 | 13 | 0.28 | 0 | 0 | 1 | 0.022 | 2 | 0.043 | 1 | 0.022 | 46 | Pediatric stroke, Turkey [A1] |
|  |  | 20 | 0.18 | 40 | 0.35 | 6 | 0.053 | 19 | 0.17 | 18 | 0.16 | 0 | 0 | 11 | 0.096 | 0 | 0 | 0 | 0 | 114 | Control healthy infants, Turkey [A2] |
| Barber et al. 2000 | PC | 18 | 0.15 | 14 | 0.11 | 0 | 0 | 46 | 0.37 | 21 | 0.17 | 0 | 0 | 23 | 0.19 | 1 | 0.0081 | 0 | 0 | 123 | Spontaneous/therapeutic abortions and NTD, Texas Hispanic [B1] |
|  |  | 17 | 0.10 | 12 | 0.071 | 3 | 0.018 | 72 | 0.43 | 33 | 0.20 | 1 | 0.0060 | 29 | 0.17 | 1 | 0.0060 | 0 | 0 | 168 | Healthy newborns, Texas Hispanic [B2] |
| $\begin{aligned} & \text { Chango et al. } \\ & 2000 \end{aligned}$ |  | 6 | 0.095 | 14 | 0.22 | 7 | 0.11 | 14 | 0.22 | 10 | 0.16 | 0 | 0 | 12 | 0.19 | 0 | 0 | 0 | 0 | 63 | Mild hyperhomocysteinemia, France [C1] |
|  |  | 9 | 0.14 | 12 | 0.18 | 8 | 0.12 | 10 | 0.15 | 15 | 0.23 | 0 | 0 | 12 | 0.18 | 0 | 0 | 0 | 0 | 66 | Healthy control, France [C2] |
| $\begin{aligned} & \text { Dekou et al. } \\ & 2001 \end{aligned}$ |  | 134 | 0.18 | 159 | 0.22 | 43 | 0.058 | 185 | 0.25 | 137 | 0.19 | 10 | 0.014 | 56 | 0.076 | 13 | 0.018 | 2 | 0.0027 | 739 | General population, British Regional Heart Study [D1] |
| Fodinger et al. 2000 |  | 87 | 0.12 | 190 | 0.26 | 67 | 0.091 | 157 | 0.21 | 152 | 0.21 | 1 | 0.0014 | 79 | 0.11 | 0 | 0 | 0 | 0 | 733 | Stable kidney allograft recipients, Austria [E1] |
|  |  | 44 | 0.12 | 76 | 0.21 | 36 | 0.099 | 82 | 0.23 | 75 | 0.21 | 1 | 0.0028 | 49 | 0.13 | 0 | 0 | 0 | 0 | 363 | Healthy normal control, normal blood pressure, Austria [E2] |
| Friedman et al. 1999 |  | 40 | 0.11 | 62 | 0.17 | 46 | 0.12 | 73 | 0.20 | 97 | 0.26 | 1 | 0.0027 | 55 | 0.15 | 0 | 0 | 0 | 0 | 374 | Jewish population, Israel [F1] |
| $\begin{aligned} & \text { Hanson et al. } \\ & 2001 \end{aligned}$ |  | 148 | 0.12 | 235 | 0.19 | 129 | 0.10 | 298 | 0.24 | 285 | 0.23 | 2 | 0.0016 | 138 | 0.11 | 3 | 0.0024 | 0 | 0 | 1238 | $\begin{gathered} \text { CAD }(n=772), \text { DVT }(n=137), \\ \text { control }(n=329) \text {, USA [G1] } \end{gathered}$ |
| Isotalo et al. 2000 |  | 25 | 0.16 | 54 | 0.34 | 17 | 0.11 | 28 | 0.17 | 27 | 0.17 | 5 | 0.031 | 2 | 0.012 | 2 | 0.012 | 1 | 0.0062 | 161 | Fetus (spontaneous and therapeutic abortions), Canada [H1] |
|  |  | 17 | 0.14 | 42 | 0.35 | 9 | 0.076 | 14 | 0.12 | 23 | 0.19 | 0 | 0 | 12 | 0.10 | 2 | 0.017 | 0 | 0 | 119 | Healthy neonates, Canada [H2] |
| Isotalo and Donnelly 2000 |  | 2 | 0.031 | 17 | 0.26 | 6 | 0.092 | 7 | 0.11 | 21 | 0.32 | 0 | 0 | 6 | 0.092 | 6 | 0.092 | 0 | 0 | 65 | Venous thrombosis, Canada [11] |
|  |  | 2 | 0.031 | 18 | 0.28 | 1 | 0.016 | 1 | 0.016 | 34 | 0.53 | 0 | 0 | 0 | 0 | 8 | 0.13 | 0 | 0 | 64 | Healthy volunteers, Canada [I2] |
| Kaiser et al. 2000 |  | 10 | 0.068 | 42 | 0.29 | 13 | 0.088 | 30 | 0.20 | 38 | 0.26 | 0 | 0 | 13 | 0.088 | 1 | 0.0068 | 0 | 0 | 147 | Preeclampsia and eclampsia, Anglo-Saxon whites, Australia [J1] |
|  |  | 13 | 0.12 | 22 | 0.20 | 11 | 0.10 | 18 | 0.17 | 30 | 0.28 | 1 | 0.0092 | 13 | 0.12 | 1 | 0.0092 | 0 | 0 | 109 | Normal blood pressure, <br> Anglo-Saxon whites, Australia <br> [J2] |
| Lachmeijer et al. 2001 | PC | 2 | 0.043 | 13 | 0.28 | 7 | 0.15 | 12 | 0.26 | 9 | 0.19 | 0 | 0 | 4 | 0.085 | 0 | 0 | 0 | 0 | 47 | History of preeclampsia, The Netherlands [K1] |
|  |  | 10 | 0.083 | 37 | 0.31 | 11 | 0.092 | 24 | 0.20 | 27 | 0.23 | 0 | 0 | 11 | 0.092 | 0 | 0 | 0 | 0 | 120 | Healthy blood donor, The Netherlands [K2] |
| Meisel et al. 2001 |  | 145 | 0.15 | 220 | 0.22 | 93 | 0.095 | 204 | 0.21 | 238 | 0.24 | 0 | 0 | 81 | 0.083 | 0 | 0 | 0 | 0 | 981 | CAD, Germany [L1] |
|  |  | 120 | 0.12 | 218 | 0.22 | 105 | 0.11 | 217 | 0.22 | 225 | 0.23 | 0 | 0 | 96 | 0.098 | 0 | 0 | 0 | 0 | 981 | Healthy controls, Germany [L2] |
| $\begin{aligned} & \text { Rady et al. } \\ & 1999 \\ & \text { Richter et al. } \\ & 2001 \end{aligned}$ |  | 33 | 0.18 | 50 | 0.27 | 20 | 0.11 | 19 | 0.10 | 39 | 0.21 | 0 | 0 | 25 | 0.13 | 0 | 0 | 0 | 0 | 186 | Blood donors, Texas [M1] |
|  |  | 12 | 0.081 | 23 | 0.16 | 12 | 0.081 | 29 | 0.20 | 33 | 0.22 | 0 | 0 | 39 | 0.26 | 0 | 0 | 0 | 0 | 148 | Ashkenazi Jewish [M2] |
|  |  | 19 | 0.10 | 42 | 0.23 | 12 | 0.065 | 38 | 0.21 | 45 | 0.24 | 0 | 0 | 28 | 0.15 | 0 | 0 | 0 | 0 | 184 | Nonsyndromic spina bifida aperta (NTD), Germany [N1] |
|  |  | 41 | 0.19 | 47 | 0.22 | 25 | 0.12 | 35 | 0.16 | 38 | 0.18 | 0 | 0 | 27 | 0.13 | 0 | 0 | 0 | 0 | 213 | General control population, Germany [N2] |
| Shen et al. 2001 |  | 76 | 0.14 | 122 | 0.22 | 43 | 0.078 | 128 | 0.23 | 124 | 0.23 | 0 | 0 | 57 | 0.10 | 0 | 0 | 0 | 0 | 550 | Lung cancers, Texas nonHispanic whites [O1] |
|  |  | 76 | 0.14 | 129 | 0.23 | 40 | 0.072 | 132 | 0.24 | 120 | 0.22 | 0 | 0 | 57 | 0.10 | 0 | 0 | 0 | 0 | 554 | Control, Texas non-Hispanic whites [O2] |

Table 1. Continued

| Authors | PC | CC/AA |  | CC/AC |  | CC/CC |  | CT/AA |  | CT/AC |  | CT/CC |  | TT/AA |  | TT/AC |  | TT/CC |  | $\frac{\text { Total }}{\text { No. }}$ | Population [assigned identification no.] |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | No. | /Total | No. | /Total | No. | /Total | No. | /Total | No. | /Total | No. | /Total | No. | /Total | No. | /Total | No. | /Total |  |  |
| $\begin{aligned} & \text { Skibola et al. } \\ & 1999 \end{aligned}$ |  | 16 | 0.24 | 18 | 0.26 | 1 | 0.015 | 23 | 0.34 | 5 | 0.074 | 0 | 0 | 5 | 0.074 | 0 | 0 | 0 | 0 | 68 | ALL adult patients, British [P1] |
|  |  | 39 | 0.18 | 66 | 0.31 | 20 | 0.095 | 33 | 0.16 | 27 | 0.13 | 3 | 0.014 | 20 | 0.095 | 3 | 0.014 | 0 | 0 | 211 | AML adult patients, British [P2] |
|  |  | 15 | 0.13 | 35 | 0.31 | 11 | 0.096 | 22 | 0.19 | 17 | 0.15 | 0 | 0 | 12 | 0.11 | 2 | 0.018 | 0 | 0 | 114 | Age-sex-matched control to ALL group, adult British [P3] |
|  |  | 58 | 0.16 | 95 | 0.27 | 36 | 0.10 | 65 | 0.18 | 60 | 0.17 | 2 | 0.0056 | 37 | 0.10 | 3 | 0.0084 | 0 | 0 | 356 | Age-sex-matched control to AML group, adult British [P4] |
| Song et al. 2001 |  | 15 | 0.063 | 9 | 0.0375 | 5 | 0.021 | 75 | 0.31 | 41 | 0.17 | 2 | 0.0083 | 89 | 0.37 | 4 | 0.017 | 0 | 0 | 240 | Esophageal squamous cell carcinoma, northern China [Q1] |
|  |  | 59 | 0.16 | 62 | 0.17 | 5 | 0.014 | 123 | 0.34 | 49 | 0.14 | 0 | 0 | 62 | 0.17 | 2 | 0.0055 | 0 | 0 | 362 | Control, northern China [Q2] |
| Szczeklik et al. 2001 |  | 42 | 0.26 | 45 | 0.28 | 18 | 0.11 | 23 | 0.14 | 16 | 0.099 | 0 | 0 | 17 | 0.11 | 0 | 0 | 0 | 0 | 161 | CAD, Poland [R1] |
|  |  | 68 | 0.32 | 42 | 0.20 | 8 | 0.038 | 49 | 0.23 | 26 | 0.12 | 0 | 0 | 18 | 0.085 | 0 | 0 | 0 | 0 | 211 | Healthy control, negative stress test, Poland [R2] |
|  |  | 113 | 0.36 | 71 | 0.23 | 17 | 0.055 | 53 | 0.17 | 41 | 0.13 | 0 | 0 | 15 | 0.048 | 0 | 0 | 0 | , | 310 | Population, Poland [R3] |
| $\begin{aligned} & \text { van der Put } \\ & \text { et al. } 1998 \end{aligned}$ |  | 9 | 0.10 | 17 | 0.20 | 8 | 0.093 | 18 | 0.21 | 24 | 0.28 | 0 | 0 | 10 | 0.12 | 0 | 0 | 0 | 0 | 86 | NTD spina bifida patients, The Netherlands [S1] |
|  |  | 13 | 0.13 | 25 | 0.25 | 6 | 0.060 | 20 | 0.20 | 18 | 0.18 | 0 | 0 | 18 | 0.18 | 0 | 0 | 0 | 0 | 100 | Mothers of an NTD patient, The Netherlands [S2] |
|  |  | 9 | 0.10 | 19 | 0.22 | 10 | 0.12 | 20 | 0.23 | 20 | 0.23 | 0 | 0 | 8 | 0.093 | 0 | 0 | 0 | 0 | 86 | Fathers of an NTD patient, The Netherlands [S3] |
|  |  | 62 | 0.15 | 105 | 0.26 | 38 | 0.094 | 81 | 0.20 | 81 | 0.20 | 0 | 0 | 36 | 0.089 | 0 | 0 | 0 | 0 | 403 | Control, volunteers, The Netherlands [S4] |
| Weisberg et al. 1998 |  | 24 | 0.17 | 27 | 0.19 | 13 | 0.092 | 32 | 0.23 | 26 | 0.18 | 0 | 0 | 19 | 0.13 | 0 | 0 | 0 | 0 | 141 | Mother (of spina bifida and control), Canada [T1] |
|  |  | 23 | 0.17 | 20 | 0.15 | 13 | 0.098 | 43 | 0.32 | 15 | 0.11 | 0 | 0 | 18 | 0.14 | 1 | 0.0075 | 0 | 0 | 133 | Fetus (with spina bifida and control), Canada [T2] |
| Wiemels et al. 2001 | PC | 5 | 0.15 | 14 | 0.41 | 5 | 0.15 | 3 | 0.088 | 2 | 0.059 | 0 | 0 | 5 | 0.15 | 0 | 0 | 0 | 0 | 34 | Childhood leukemia with MLL mutations, UK [U1] |
|  |  | 11 | 0.15 | 12 | 0.17 | 5 | 0.069 | 20 | 0.28 | 11 | 0.15 | 0 | 0 | 13 | 0.18 | 0 | 0 | 0 | 0 | 72 | Childhood leukemia with TEL-AML translocation, UK [U2] |
|  |  | 22 | 0.16 | 40 | 0.29 | 5 | 0.036 | 29 | 0.21 | 27 | 0.20 | 0 | 0 | 14 | 0.10 | 0 | 0 | 0 | 0 | 137 | Childhood leukemia with hyperdipoidy, UK [U3] |
|  |  | 25 | 0.13 | 44 | 0.22 | 18 | 0.092 | 39 | 0.20 | 37 | 0.19 | 2 | 0.010 | 28 | 0.14 | 3 | 0.015 | 0 | 0 | 196 | Healthy newborns, UK [U4] |

Table 1. Continued

| Authors | PC | CC/AA |  | CC/AC |  | CC/CC |  | CT/AA |  | CT/AC |  | CT/CC |  | TT/AA |  | TT/AC |  | TT/CC |  | Total <br> No. | Population [assigned identification no.] |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | No. | /Total | No. | /Total | No. | /Total | No. | /Total | No. | /Total | No. | /Total | No. | /Total | No. | /Total | No. | /Total |  |  |
| Zusterzeel et al. 2000 |  | 23 | 0.14 | 33 | 0.20 | 17 | 0.10 | 40 | 0.24 | 33 | 0.20 | 0 | 0 | 21 | 0.13 | 0 | 0 | 0 | 0 | 167 | Preeclampsia, whites, The Netherlands [V1] |
|  |  | 62 | 0.15 | 105 | 0.26 | 38 | 0.094 | 81 | 0.20 | 81 | 0.20 | 0 | 0 | 36 | 0.089 | 0 | 0 | 0 | 0 | 403 | General population, The Netherlands [V2] |
| Pooled control populations ${ }^{\text {a }}$ |  | 838 | 0.16 | 1225 | 0.23 | 489 | 0.091 | 1120 | 0.21 | 1093 | 0.20 | 8 | 0.0015 | 606 | 0.11 | 10 | 0.0019 | 0 | 0 | 5389 | W1 |
| Total |  | 1846 | 0.15 | 2826 | 0.22 | 1072 | 0.085 | 2789 | 0.22 | 2584 | 0.20 | 31 | 0.0025 | 1437 | 0.11 | 58 | 0.0046 | 4 | 0.00032 | 12647 |  |


 or TT/CC genotypes, indicating that there may be founder effects in these populations
PC Personal communication; CC/AA, MTHFR $677 \mathrm{CC} / 1298 \mathrm{AA}$, etc.; NTD, neural tube

[^1]high frequencies of the TT/AC genotype in their population with venous thrombosis and in their control population (I1, I2 in Table 1) (Isotalo and Donnelly 2000), indicating that there might be founder chromosomes with the cis T/C allele in the Canadian populations they studied.

A few investigators determined that individuals of the CT/AC genotype had 677T and 1298C in trans, i.e., that 677 T and 1298 C are located on different alleles (chromosomes). These individuals comprise 38 in a control population in Germany (Richter et al. 2001), 32 from coronary artery disease patients and healthy individuals in Germany (Meisel et al. 2001), and 5 randomly selected individuals from Ashkenazi-Jewish and Texas populations (Rady et al. 1999). However, the total number of individuals $(n=75)$ shown to have 677 T and 1298 C in trans among our metaanalysis populations is very small compared with the total number of individuals in the general population who had the CT/AC genotype (1093, see following). Therefore, we performed calculations as if precise haplotypes of all individuals with the CT/AC were unknown.

We excluded the data of Dekou et al. (2001; D1 in Table 1), Isotalo et al. (2000, H2 in Table 1), and Isotalo and Donnelly (2000; I2 in Table 1) from pooled control population W1. This is because these data showed obviously much higher frequencies of the 677CT/1298CC, 677TT/1298AC, and/or 677TT/1298CC genotypes compared with other populations, indicating higher frequencies of the cis 677T/ 1298C haplotype, possibly due to founder effects. Statistical analyses ( $\chi^{2}$ tests) showed that the fractions of individuals with CT/CC, TT/AC, or TT/CC were significantly higher in populations D1 $(P<0.0001)$, I1 $(P<0.0001)$, or I2 $(P<$ 0.0001 ), respectively, compared with population W1.

Statistical analyses ( $\chi^{2}$ tests) with comparison to W1 also showed that there was a significant increase in the CT/AA $(P<0.001)$ and TT/AA $(P<0.025)$ genotype frequencies, and a decrease in the CC/AC $(P<0.001)$ and CC/CC $(P<$ 0.005 ) genotype frequencies, indicating an increase in the $\mathrm{T} /$ A haplotype frequency and a decrease in the C/C haplotype frequency, in a Texas Hispanic population (Barber et al. 2000). There was a significant increase in the TT/AA $(P<$ 0.0001 ) genotype frequency, and a decrease in the CC/AA $(P<0.025)$ and CC/AC $(P<0.05)$ genotype frequencies, indicating an increase in the T/A haplotype frequency and a decrease in the C/A haplotype frequency, in an Ashkenazi Jewish population (Rady et al. 1999). There was a significant increase in the CC/AA $(P<0.0001)$ genotype frequency, and a decrease in the CC/CC $(P<0.005)$, CT/ $\mathrm{AC}(P<0.001)$, and TT/AA $(P<0.001)$ genotype frequencies, indicating an increase in the C/A haplotype frequency and a decrease in the T/A and $\mathrm{C} / \mathrm{C}$ haplotype frequencies, in Poland (R2 and R3 in Table 1 combined) (Szczeklik et al. 2001). There was also a significant increase in the CC/AC genotype frequency in Turkey (Akar et al. 2001) $(P<$ $0.005)$. We excluded only the data of Dekou et al. (2001), Isotalo et al. (2000), and Isotalo and Donnelly (2000) from W1 because these data disproportionally affect the T/C haplotype allele frequency because of the very small numbers of the T/C haplotype. Individually, other data have little effect on the genotype and haplotype frequencies in W1.

The $M T H F R$ genotype distribution in the control populations of 5389 individuals (W1 in Table 1) is as follows: CC/AA, $838(=\alpha) ;$ CC/AC, $1225(=\beta) ;$ CC/CC, $489(=\gamma) ;$ CT/AA, $1120(=\delta) ;$ CT/AC, $1093(=\varepsilon) ;$ CT/CC, 8 $(=\zeta) ; \mathrm{TT} / \mathrm{AA}, 606(=\eta) ; \mathrm{TT} / \mathrm{AC}, 10(=\theta)$; and TT/ $\mathrm{CC}, 0(=\imath)$. If $\chi$ individuals in the $\mathrm{CT} / \mathrm{AC}$ genotype have a $\mathrm{C} /$ A allele plus a T/C (cis) allele, 1093 - $\chi$ individuals in the CT/ AC genotype have a C/C allele plus a T/A allele. Thus, the total number of each allele is as follows: $\mathrm{C} / \mathrm{A}, 4021+\chi ; \mathrm{C} / \mathrm{C}$, $3304-\chi$; T/A, $3435-\chi$; and T/C, $18+\chi$. Because there is no individual with the TT/CC genotype in these populations, and because relatively few individuals with the CT/CC and TT/AC genotypes have been described, the T/C allele must be rare. Therefore, $\chi$ must be very small compared with the total number of alleles in the populations we analyzed. Although we calculated these results manually as described below, one could also use the expectation-maximization algorithm (Long et al. 1995; Stephens et al. 2001).

Assuming Hardy-Weinberg equilibrium, the ratio of the number of individuals with the CC/AC genotype to that of the CT/CC genotype equals the ratio of the frequency of the haplotype $\mathrm{C} / \mathrm{A}$ to that of the T/C haplotype. Thus, $1225 / 8=$ $(4021+\chi) /(18+\chi) . \therefore \chi=8.3$.

Similarly, the ratio of CT/AA to TT/AC equals that of C/ A to T/C. Thus, $1120 / 10=(4021+\chi) /(18+\chi) . \therefore \chi=18.1$.

The ratio of $\mathrm{CC} / \mathrm{AC}$ to $\mathrm{CT} / \mathrm{AC}$ with haplotypes $\mathrm{C} / \mathrm{A}$ and T/C equals that of $\mathrm{C} / \mathrm{C}$ to T/C. Thus, $1225 / \chi=(3304-\chi) /$ $(18+\chi) . \therefore \chi=10.7$.

The ratio of CT/AA to CT/AC with haplotypes C/A and T/C equals that of T/A to T/C. Thus, $1120 / \chi=(3435-\chi) /$ $(18+\chi) . \therefore \chi=8.7$.

The ratio of $\mathrm{CT} / \mathrm{CC}$ to $\mathrm{CT} / \mathrm{AC}$ with haplotypes $\mathrm{C} / \mathrm{A}$ and T/C equals that of $\mathrm{C} / \mathrm{C}$ to C/A. Thus, $8 / \chi=(3304-\chi) /(4021$ $+\chi) . \therefore \chi=9.8$.

The ratio of CT/CC to CT/AC with haplotypes $\mathrm{C} / \mathrm{C}$ and T/A equals that of T/C to T/A. Thus, $8 /(1093-\chi)=(18+$ $\chi) /(3435-\chi) . \therefore \chi=7.3$.

The ratio of TT/AC to CT/AC with haplotypes C/A and T/C equals that of T/A to C/A. Thus, $10 / \chi=(3435-\chi) /$ $(4021+\chi) . \therefore \chi=11.8$.

The ratio of TT/AC to CT/AC with haplotypes $\mathrm{C} / \mathrm{C}$ and T/A equals that of T/C to C/C. Thus, $10 /(1093-\chi)=(18+$ $\chi) /(3304-\chi) . \therefore \chi=12.5$.

Estimated $\chi$ in the population W1 ranges from 7.3 to 18.1. Since $\chi$ is an integer number, we took 7 as a lower estimate and 19 as a higher estimate. Deduced haplotype frequencies are $\mathrm{C} / \mathrm{A}, 37 \%$; $\mathrm{C} / \mathrm{C}, 30 \%$; T/A, $32 \%$; and T/C, $0.23 \%$ to $0.34 \%$. Therefore, the frequencies of the 677 T allele and of the 1298 C allele in the populations we included were $32 \%$ and $31 \%$, respectively. Reported 677 T allele frequencies (mostly ranging from $25 \%$ to $40 \%$; reviewed by Botto and Yang 2000) match our data.

Validation of the method by deduction of MTHFR genotype frequencies

Using our 677/1298 haplotype frequency estimates, we calculated theoretical genotype frequencies as follows: For the cis T/A haplotype frequency of $0.0023(\chi=7$ in W1): CC/

AA, 0.14; CC/AC, 0.23; CC/CC, 0.094; CT/AA, 0.24; CT/ AC, $0.20 ; \mathrm{CT} / \mathrm{CC}, 0.0014 ;$ TT/AA, $0.10 ;$ TT/AC, 0.0015 ; and TT/CC, 0.0000054 . For the cis T/A haplotype frequency of $0.0034(\chi=19$ in W1): CC/AA, 0.14 ; CC/AC, 0.23 ; CC/CC, 0.093; CT/AA, 0.24; CT/AC, 0.20; CT/CC, 0.0021; TT/AA, $0.10 ; \mathrm{TT} / \mathrm{AC}, 0.0022$; and TT/CC, 0.000012 . These figures match well with actual MTHFR 677/1298 genotype frequencies observed in W1 (Table 1), validating our method.

## Discussion

Our MTHFR 677/1298 haplotype frequency estimates are based on a large number of Caucasian populations and can be used as standards, to which MTHFR 677/1298 haplotype frequencies in various study populations, such as those with particular diseases or responses to medication, can be compared. A significant difference between our estimates and the observed frequencies in populations under study would merit further investigation to test the hypothesis that a cause-and-effect relationship exists, versus, for example, a founder effect or other cause of linkage disequilibrium. One should keep in mind that the number of individuals with the CT/CC, TT/AC, or TT/CC genotype in a given study was always small, and therefore, a small error in genotyping, either false positive or false negative, can affect an MTHFR T/C haplotype frequency estimate significantly.

Considerably higher frequencies of CT/CC, TT/AC, and/ or TT/CC MTHFR genotypes in the control populations of studies in the United Kingdom and Canada (Dekou et al. 2001; Isotalo and Donnelly 2000; Isotalo et al. 2000), as well as slightly higher frequencies of the CT/CC and TT/AC genotypes in other control populations in the United Kingdom (Skibola et al. 1999; Wiemels et al. 2001), may be due to an increased frequency of the cis T/C haplotype in those areas, possibly due to a founder effect.

Isotalo et al. (2000) found that the T/C allele was more common in spontaneous and therapeutic abortions compared with their neonatal control population. However, the number of individuals with the CT/CC, TT/AC, or TT/CC genotype was small and there might be a founder effect in their population, as stated earlier. Further study is necessary to determine the role of $M T H F R$ genotypes in the pathogenesis of spontaneous abortions.

There is increasing interest in the effects of polymorphisms in MTHFR, and other gene encoding proteins involved in folate metabolism, on susceptibility or resistance to cancer development. In a study of British adults (Skibola et al. 1999), 677TT, 1298AC, and 1298CC MTHFR genotypes were less frequent in acute lymphoblastic leukemia. In a Chinese study (Song et al. 2001), the 677T allele and 1298CC genotype were more common in patients with esophageal squamous cell carcinoma. Further study is necessary to determine the precise role of the MTHFR $677 \mathrm{C}>\mathrm{T}$ and $1298 \mathrm{~A}>\mathrm{C}$ SNPs in the pathogenesis of cancers.

In conclusion, we estimated MTHFR 677/1298 haplotype frequencies in the general population. A vast majority of

677 T alleles and 1298C alleles are associated with 1298A alleles and 677 C alleles, respectively. There may be an increased frequency of the very rare cis 677T/1298C haplotype in some parts of the United Kingdom and Canada, possibly due to a founder effect. Further studies on both SNPs are needed to determine their exact role in various clinical settings.

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[^1]:    Including A2, B2, C2, E2, F1, J2, K2, L2, M1, M2, N2, O2, P3, P4, R2, R3, S4, U4, and V2, but excluding D1, G1, H2, I2, Q2, T1, and T2

