### **ORIGINAL ARTICLE**

# Association between renal iron accumulation and renal interstitial fibrosis in a rat model of chronic kidney disease

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Iron accumulation is associated with the pathophysiology of chronic kidney disease (CKD). Renal fibrosis is a final common feature that contributes to the progression of CKD; however, little is known about the association between renal iron accumulation and renal interstitial fibrosis in CKD. Here we investigate the effects of iron chelation on renal interstitial fibrosis in a rat model of CKD. CKD was induced by 5/6 nephrectomy in Sprague–Dawley rats. At 8 weeks after operation, 5/6 nephrectomized rats were administered an oral iron chelator, deferasirox (DFX), in chow for 8 weeks. Other CKD rats were given a normal diet. Sham-operative rats given a normal diet served as a control. CKD rats exhibited hypertension, glomerulosclerosis and renal interstitial fibrosis. Iron chelation with DFX did not change hypertension and glomerulosclerosis; however, renal interstitial fibrosis was attenuated in CKD rats. Consistent with these findings, renal gene expression of collagen type III and transforming growth factor- $\beta$  was increased in CKD rats compared with the controls, while iron chelation suppressed these increments. In addition, a decrease in vimentin along an increase in E-cadherin in renal gene expression was observed in CKD rats with iron chelation. CKD rats also showed increased CD68-positive cells in the kidney, whereas its increase was attenuated by iron deprivation. Similarly, increased renal gene expression of CD68, tumor necrosis factor- $\alpha$  and monocyte chemoattractant protein-1 was suppressed in CKD rats with iron chelation. Renal iron accumulation seems to be associated with renal interstitial fibrosis in a rat model of CKD.

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#### INTRODUCTION

Chronic kidney disease (CKD) represents a public health epidemic that leads to end-stage renal disease.<sup>1</sup> Renal fibrosis is a final common feature that contributes to the progression of CKD.<sup>2</sup> Thus, prevention of renal fibrosis is critical for suppressing the progression of CKD.

Iron is an essential element for life and has an important role in a number of metabolic processes. Excessive iron, however, produces oxidative stress, which may lead to tissue damage. Thus, iron is considered to be implicated in the pathophysiology of several cardiovascular and renal diseases. Importantly, renal iron accumulation is observed in patients with chronic renal disease<sup>3,4</sup> and animal models of nephropathy.<sup>5–8</sup> In this regard, iron reduction might be effective against these diseases. In fact, the effects of iron chelation with deferoxamine against several cardiovascular and renal diseases have been reported. For instance, experimental studies have shown that iron chelation with deferoxamine leads to greater recovery of myocardial function and reduced myocardial infarct size.<sup>9,10</sup> Furthermore, deferoxamine has protective effects on carbon tetrachloride-induced acute hepatic failure,<sup>11</sup> and renal dysfunction

induced by adriamycin<sup>12</sup> and chromium<sup>13</sup> in experimental studies. In addition, recent clinical studies have shown the safety and efficacy of iron chelation with deferiprone in patients with glomerulonephritis and diabetic nephropathy.<sup>14</sup>

Renal fibrosis is a final feature that is related to the progression of CKD; however, little is known about the association between renal iron accumulation and renal interstitial fibrosis in CKD. In the current study, we investigate the effects of iron chelation on renal interstitial fibrosis in a rat model of CKD.

#### METHODS

#### Animals and experimental design

All animal care and experimental procedures were approved by the Animal Research Committee of Hyogo College of Medicine (protocol #13-060). Six-week-old male Sprague–Dawley (SD) rats were purchased from Oriental Yeast Inc., Chiba, Japan and housed in the Hyogo College of Medicine Animal Care Facility. Rats were fed on a normal diet for 1week. Afterward, rats were anesthetized with ketamine HCl and xylazine HCl, and underwent a surgery to

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remove 5/6 of total renal mass by cauterizing the upper and lower poles of the right kidney followed by resecting the left kidney, as previously described.<sup>15</sup>

Protocol 1: At 3 weeks after 5/6 nephrectomy, rats were randomly divided into three groups and were administered several doses of an oral iron chelator. deferasirox (DFX), in chow (low dose (15 mg kg<sup>-1</sup> day<sup>-1</sup>), moderate dose  $(30 \text{ mg kg}^{-1} \text{ day}^{-1})$  and high dose  $(60 \text{ mg kg}^{-1} \text{ day}^{-1})$  (n = 4 in each group))for 3 weeks. Other CKD rats were given a normal diet (n=4) for 3 weeks. Sham-operative rats given a normal diet served as a control (n = 4). DFX was a gift from Novartis Pharma K.K. (Basel, Switzerland). Rats were maintained on a 12 h light/dark cycle and had free access to food and water. Systolic blood pressure (SBP) was measured, and urine samples were collected for 24 h in metabolic cages at 5 weeks surgery. At 6 weeks after surgery, rats were killed by intraperitoneal injection of ketamine HCl and xylazine HCl. Their blood was quickly withdrawn by abdominal aorta puncture, and serum was stored at - 80°C before analysis. The tissues were excised and washed in phosphatebuffered saline. Afterward, the tissues were quickly snap-frozen in liquid nitrogen and stored at - 80 °C. A part of each sample was fixed with buffered 4% paraformaldehyde.

*Protocol 2*: At 8 weeks after 5/6 nephrectomy, rats were randomly divided into two groups and were given DFX ( $30 \text{ mg kg}^{-1} \text{ day}^{-1}$ ) in chow (n = 8) or a normal diet (n = 8) for 8 weeks. Sham-operative rats given a normal diet served as a control (n = 6). SBP and body weight were monitored every 1 week and behavior was assessed every day during the experiments. Urine samples were collected for 24 h in metabolic cages every 4 weeks. At 16 weeks after surgery, rats were collected blood samples and tissues.

#### Blood pressure, blood and urine measurements

SBP was measured by a noninvasive computerized tail-cuff system (MK-2000, Muromachi Kikai, Tokyo, Japan).<sup>16,17</sup> Blood cell count, serum iron, blood urea nitrogen (BUN) and creatinine levels were measured as previously reported.<sup>8,18</sup> Urinary concentrations of total protein and iron were determined by the pyrogallol red method and atomic absorption method, respectively.<sup>15</sup>

#### RNA extraction and real-time quantitative RT-PCR

Total RNA was extracted from the kidney using TRIzol reagent (Invitrogen, Carlsbad, CA, USA) as previously reported.<sup>19</sup> Total RNA was treated with DNase and reverse transcribed into cDNA using random primers (Applied Biosystems, Alameda, CA, USA). Real-time PCR reactions were performed using the ABI PRISM 7900 with TaqMan Universal PCR Master Mix and TaqMan Gene Expression Assays (Applied Biosystems).<sup>15</sup> TaqMan Gene Expression Assays were used as probes and primers for each gene as follows: collagen type III (assay ID no. Rn01437683\_m1), plasminogen activator inhibitor type 1 (PAI-1) (assay ID Rn01481341\_m1), vimentin (assay ID Rn00579738 m1), E-cadherin (assay ID Rn00580109 m1), transforming growth factor-β (TGF-β) (assay ID no. Rn00572010\_m1), p22phox (assay ID no. Rn00577357\_m1), gp91phox (assay ID no. Rn00576710\_m1), CD68 (assay ID Rn01495634\_g1), tumor necrosis factor-α (TNF-α) (assay ID no. Rn99999017\_m1), monocyte chemoattractant protein-1 (MCP-1) (assay ID Rn00580555\_m1), lipocalin 2 (LCN2) (assay ID Rn00590612\_m1) and glyceraldehyde-3-phosphatedehydrogenase (GAPDH) (assay ID no. Rn99999916\_m1). Relative gene expression levels were normalized to GAPDH gene expression.

#### Western blot analysis

The total protein homogenate (30 µg) from the kidney was separated by sodium dodecyl sulfate–PAGE (SDS–PAGE) and transferred onto polyvinylidene difluoride membranes. Renal tissues were homogenized with ice-cold lysis buffer (mmol1<sup>-1</sup>: Tris-HCl 20 (pH 7.5), EGTA 1, NaCl 150,  $\beta$ -glycerophosphate 1, sodium orthovanadate 1, Na2EDTA 1, PMSF 1, and sodium pyrophosphate 2.5, plus 1% Triton-X-100 and 1 µg ml<sup>-1</sup> leupeptin). The signals were detected using enhanced chemiluminescence kit (Thermo Scientific, Rockford, IL, USA), and the images were analyzed using Image Quant LAS 4000 mini (GE Healthcare UK Ltd, Little Chalfont, UK). Here, the antibodies used were against rabbit anti-Smad3 (Cell Signaling Technology, Inc., Danvers, MA, USA; dilution 1:1000), rabbit anti-GAPDH (Cell Signaling Technology; dilution 1:1000), goat anti-LCN2 (R and D Systems, Minneapolis,

MN, USA; dilution 1:1000) and mouse anti- $\beta$ -actin (Sigma-Aldrich, St Louis, MO, USA; dilution 1:1000).

#### Assessments of tissue iron content

Tissue iron content of the kidney was measured by Metallo assay kit according to the manufacturer's instructions (AKJ Global Technology, Chiba, Japan). Iron content was then corrected to kidney weight for each sample.

#### Histological analysis

Kidney tissues were fixed with buffered 4% paraformaldehyde, embedded in paraffin and cut into 4-µm-thick sections. Periodic acid-Schiff and Masson's trichrome staining were performed using serial sections. Ferric iron deposits were stained using berlin blue staining. Glomerular and tubular lesions were evaluated by a semiquantitative score using the method as previously described.<sup>20</sup> The extent of iron deposits was evaluated by semiquantitative score; 0, 1 and 2 correspond to 0, 1-10 and 10-20% of the microscopic field. Thirty randamly selected fields were counted. Renal sections were immunohistochemically stained with a primary mouse anti-CD68 antibody (AbD Serotec, Raleigh, NC, USA; dilution 1:1000), a primary mouse anti-desmin antibody (Dako, Glostrup, Denmark; dilution 1:50). Immunostains were visualized with the use of EnVision+ System-HRP (DAB) (Dako). Every section was counterstained with hematoxvlin. Quantification of CD68-positive cells and desmin staining was evaluated as previously described.<sup>15</sup> All of the histological scoring was performed in a blinded manner.

#### Transmission electron microscopy

For electron microscopy analysis, fresh kidney tissues were fixed with ice-cold buffer containing 4% paraformaldehyde, 5% glutaraldehyde and 0.2 M Phosphate buffer (pH 7.4). The tissues were visualized as described previously.<sup>15</sup>

#### Statistical analysis

Values are reported as the means  $\pm$  s.e.m. Statistical analysis was performed using one-way analysis of variance. Analysis of variance (Kruskal–Wallis test, followed by Mann–Whitney *U*-test) was used for statistical comparisons. We considered that the differences were significant when the probability value was <0.05.

#### RESULTS

#### Short-term effects of iron chelation with DFX in CKD rats

Initially, to examine the safety and renal effects of iron chelation with DFX in CKD rats, we administered three doses of DFX in chow (low dose  $(15 \text{ mg kg}^{-1} \text{ day}^{-1})$ , moderate dose  $(30 \text{ mg kg}^{-1} \text{ day}^{-1})$ and high dose  $(60 \text{ mg kg}^{-1} \text{ day}^{-1}))$  for 3 weeks to CKD rats. At 6 weeks after surgery, body weight was not different among the groups (Figure 1a). CKD rats exhibited increase in SBP, and all doses of DFX administration did not change this increase in SBP (Figure 1b). Increased proteinuria, serum BUN and creatinine levels were observed in CKD rats compared with the control group, and all doses of DFX did not affect these changes in CKD rats (Figures 1c and e). Histological analysis showed that glomerulosclerosis and increased renal interstitial fibrosis were observed in CKD rats and all doses of DFX did not change glomerulosclerosis in CKD rats (Figures 1f and g). Moderate and high dose of DFX tended to attenuate renal interstitial fibrosis in CKD rats (Figures 1f and g). As shown in Table 1, blood hemoglobin content and hematocrit value were decreased in CKD rats compared with the control group, but the differences were not statistically significant. All doses of DFX administration did not worsen these parameters. Serum iron levels were not different among the groups.



**Figure 1** Short-term effects of several doses of DFX in CKD Rats. (a) Body weight, (b) systolic blood pressure, (c) urinary protein excretion, (d) serum BUN levels and (e) serum creatinine levels in the control, CKD, CKD+DFX ( $15 \text{ mg kg}^{-1} \text{ day}^{-1}$ ), CKD+DFX ( $30 \text{ mg kg}^{-1} \text{ day}^{-1}$ ) and CKD+DFX ( $60 \text{ mg kg}^{-1} \text{ day}^{-1}$ ) groups (n=4 in each group). (f) Representative images of PAS and MT staining of the kidney sections. Upper panels show PAS staining (Scale bar, 50 µm). Middle panels show low magnification view of MT staining (Scale bar, 200 µm). Lower panels show high magnification view of MT staining (Scale bar, 200 µm). Lower panels show high magnification view of MT staining (Scale bar, 100 µm). (g) Quantitative analysis of glomerular sclerosis score and tubular lesion score in the control, CKD, CKD+DFX ( $15 \text{ mg kg}^{-1} \text{ day}^{-1}$ ), CKD+DFX ( $30 \text{ mg kg}^{-1} \text{ day}^{-1}$ ), and CKD+DFX ( $60 \text{ mg kg}^{-1} \text{ day}^{-1}$ ) groups (n=4 in each group). PAS, periodic acid-Schiff; MT, Masson's trichrome; Control, Sham-operated rats fed a normal diet; CKD, 5/6 nephrectomized rats administered DFX ( $15 \text{ mg kg}^{-1} \text{ day}^{-1}$ ); CKD+DFX30, 5/6 nephrectomized rats administered DFX ( $30 \text{ mg kg}^{-1} \text{ day}^{-1}$ ); CKD+DFX60, 5/6 nephrectomized rats administered DFX ( $60 \text{ mg kg}^{-1} \text{ day}^{-1}$ ); CKD+DFX60, 5/6 nephrectomized rats administered DFX ( $30 \text{ mg kg}^{-1} \text{ day}^{-1}$ ); CKD+DFX60, 5/6 nephrectomized rats administered DFX ( $60 \text{ mg kg}^{-1} \text{ day}^{-1}$ ). \*P < 0.05 vs. the control group. A full color version of this figure is available at *Hypertension Research* online.

#### Table 1 Hematologic parameters in all groups at 6 weeks after surgery

Parameter	Control	СКД	CKD+DFX15	CKD+DFX30	DFX+DFX60
Hemoglobin (g dl <sup>-1</sup> )	$14.9 \pm 0.3$	$13.5 \pm 1.6$	$13.6 \pm 1.6$	$14.2 \pm 0.7$	$13.6 \pm 0.8$
Hematocrit (%)	$43.2 \pm 0.4$	$38.3 \pm 4.4$	$39.2 \pm 4.5$	$41.0 \pm 0.4$	$39.4 \pm 2.6$
MCV (µm <sup>3</sup> )	$56.3 \pm 0.3$	$55.7 \pm 0.7$	$56.3 \pm 1.2$	$55.7 \pm 0.7$	$56.0 \pm 1.2$
MCH (pg)	$19.5 \pm 0.3$	$19.3 \pm 0.3$	$19.5 \pm 0.4$	$19.3 \pm 0.5$	$19.4 \pm 0.6$
Serum iron levels ( $\mu g d l^{-1}$ )	$226.3 \pm 16.0$	$199.0 \pm 5.9$	$276.3 \pm 31.2$	$202.7 \pm 18.9$	$210.3 \pm 12.7$

Abbreviations: MCV, mean corpuscular volume; MCH, mean corpuscular hemoglobin.

Control, Sham-operated rats fed a normal diet; CKD, 5/6 nephrectomized rats fed a normal diet; CKD+DFX15, 5/6 nephrectomized rats administered DFX ( $15 \text{ mg kg}^{-1} \text{ day}^{-1}$ ); CKD+DFX30, 5/6 nephrectomized rats administered DFX ( $30 \text{ mg kg}^{-1} \text{ day}^{-1}$ ); CKD+DFX60, 5/6 nephrectomized rats administered DFX ( $30 \text{ mg kg}^{-1} \text{ day}^{-1}$ ); CKD+DFX60, 5/6 nephrectomized rats administered DFX ( $30 \text{ mg kg}^{-1} \text{ day}^{-1}$ ); CKD+DFX60, 5/6 nephrectomized rats administered DFX ( $30 \text{ mg kg}^{-1} \text{ day}^{-1}$ ); CKD+DFX60, 5/6 nephrectomized rats administered DFX ( $30 \text{ mg kg}^{-1} \text{ day}^{-1}$ ); CKD+DFX60, 5/6 nephrectomized rats administered DFX ( $30 \text{ mg kg}^{-1} \text{ day}^{-1}$ ); CKD+DFX60, 5/6 nephrectomized rats administered DFX ( $30 \text{ mg kg}^{-1} \text{ day}^{-1}$ ); CKD+DFX60, 5/6 nephrectomized rats administered DFX ( $30 \text{ mg kg}^{-1} \text{ day}^{-1}$ ); CKD+DFX60, 5/6 nephrectomized rats administered DFX ( $30 \text{ mg kg}^{-1} \text{ day}^{-1}$ ); CKD+DFX60, 5/6 nephrectomized rats administered DFX ( $30 \text{ mg kg}^{-1} \text{ day}^{-1}$ ); CKD+DFX60, 5/6 nephrectomized rats administered DFX ( $30 \text{ mg kg}^{-1} \text{ day}^{-1}$ ); CKD+DFX60, 5/6 nephrectomized rats administered DFX ( $30 \text{ mg kg}^{-1} \text{ day}^{-1}$ ); CKD+DFX60, 5/6 nephrectomized rats administered DFX ( $30 \text{ mg kg}^{-1} \text{ day}^{-1}$ ); CKD+DFX60, 5/6 nephrectomized rats administered DFX ( $30 \text{ mg kg}^{-1} \text{ day}^{-1}$ ); CKD+DFX60, 5/6 nephrectomized rats administered DFX ( $30 \text{ mg kg}^{-1} \text{ day}^{-1}$ ); CKD+DFX60, 5/6 nephrectomized rats administered DFX ( $30 \text{ mg kg}^{-1} \text{ day}^{-1}$ ); CKD+DFX60, 5/6 nephrectomized rats administered DFX ( $30 \text{ mg kg}^{-1} \text{ day}^{-1}$ ); CKD+DFX60, 5/6 nephrectomized rats administered DFX ( $30 \text{ mg kg}^{-1} \text{ day}^{-1}$ ); CKD+DFX60, 5/6 nephrectomized rats administered DFX ( $30 \text{ mg kg}^{-1} \text{ day}^{-1}$ ); CKD+DFX60, 5/6 nephrectomized rats administered DFX ( $30 \text{ mg kg}^{-1} \text{ day}^{-1}$ ); CKD+DFX60, 5/6 nephrectomized rats administered DFX ( $30 \text{ mg kg}^{-1} \text{ day}^{-1}$ ); CKD+DFX60, 5/6

## Long-term effects of iron chelation on physiological parameters and proteinuria in CKD rats

Next, to investigate the association between renal iron accumulation and renal interstitial fibrosis in CKD, we administered moderate dose  $(30 \text{ mg kg}^{-1} \text{ day}^{-1})$  of DFX for 8 weeks to CKD rats. At 16 weeks after surgery, body weight did not differ among the three groups (Figure 2a). DFX administration did not affect the increase in SBP of CKD rats (Figure 2b). CKD rats showed increase in urinary volume compared with the control group, and iron chelation did not change this increment in urinary volume (Figure 2c). Meanwhile, urinary iron excretion was increased in CKD rats compared with the control group, and iron chelation led to further increase of urinary iron excretion in CKD rats (Figure 2d). In addition, iron accumulation was increased in the tubules of CKD rats compared with the control group, whereas iron chelation reduced iron accumulation in the tubules of CKD rats (Figures 2e and f). Renal iron content was increased in CKD rats, and it was decreased in CKD+DFX rats (Figure 2g). In contrast, as shown in Table 2, normocytic normochromic anemia was observed in CKD

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**Figure 2** Long-term effects of iron chelation with DFX on physiological parameters in CKD Rats. (a) Body weight, (b) systolic blood pressure, (c) urinary volume and (d) urinary iron excretion in the control, CKD and CKD+DFX groups (n=6 in each group). (e) Representative images of berlin blue staining of the kidney sections. Scale bar, 200 µm. (f) Quantitative analysis of renal iron deposits score and (g) renal iron content in the control, CKD and CKD+DFX groups (n=4-6 in each group). Control, Sham-operated rats fed a normal diet; CKD, 5/6 nephrectomized rats fed a normal diet; CKD+DFX, 5/6 nephrectomized rats administered DFX (30 mg kg<sup>-1</sup> day<sup>-1</sup>). \*P<0.05 vs. the control group,  $^{\dagger}P<0.05$  vs. the CKD group. A full color version of this figure is available at *Hypertension Research* online.

Table 2 Hematologic parameters in all groups at 16 weeks after surgery

Parameter	Control	CKD	CKD+DFX
Hemoglobin (g dl <sup>-1</sup> )	$14.8 \pm 0.2$	13.0±0.4*	12.8±0.7*
Hematocrit (%)	$44.2 \pm 0.4$	$37.4 \pm 1.2^{*}$	$37.4 \pm 2.1^*$
MCV (µm <sup>3</sup> )	$52.8 \pm 0.4$	$54.4 \pm 0.2$	$55.2 \pm 0.2$
MCH (pg)	$17.8 \pm 0.4$	$18.8 \pm 0.2$	$19.2 \pm 0.4$
Serum iron levels ( $\mu g d l^{-1}$ )	$150.2 \pm 4.2$	$164.2 \pm 5.4$	$158.0 \pm 17.2$

Abbreviations: MCV, mean corpuscular volume; MCH, mean corpuscular hemoglobin. \*P<0.05 vs. control group. Control, Sham-operated rats fed a normal diet; CKD, 5/6

(30 mg kg<sup>-1</sup> day<sup>-1</sup>).

and CKD+DFX rats. Serum iron levels were not different among the groups.

Proteinuria was progressively increased in CKD rats after surgery, and iron chelation with DFX did not suppress the increment of proteinuria (Figure 3a). Serum BUN and creatinine levels were also increased in CKD rats, and DFX administration did not affect these increments (Figure 3b). Periodic acid-Schiff staining demonstrated that iron chelation did not change glomerulosclerosis in the CKD kidney (Figures 4a and b). Moreover, desmin staining and transmission electron microscopy revealed that iron chelation did not attenuate the progression of glomerular podocyte injury in CKD rats (Figures 4a and b). Collectively, these data indicate that iron chelation with DFX does not affect hypertension, proteinuria, glomerulosclerosis and podocyte injury in CKD rats.

## Long-term effects of iron chelation on renal interstitial fibrosis in CKD rats

Next, we evaluated long-term effects of iron chelation with DFX on renal interstitial fibrosis and inflammation in CKD rats. Masson's trichrome staining showed that renal interstitial fibrosis was increased in CKD rats; however, it was attenuated by iron chelation with DFX (Figures 5a and b). Consistently, iron chelation suppressed the increased gene expression levels of collagen type III and PAI-1 in the kidney of CKD rats (Figure 5c). Moreover, we found a decrease in vimentin along an increase in E-cadherin in renal gene expression of CKD rats with iron chelation, as compared with CKD rats (Figure 5c).

TGF- $\beta$  pathway (TGF- $\beta$  and Smad3) and oxidative stress pathway (nicotinamide adenine dinucleotide phosphate (NADPH) oxidase) are known to be involved in the pathogenesis of fibrosis in the kidney.<sup>21,22</sup> Renal expression of *TGF-\beta* gene and Smad3 protein was increased in CKD rats, while it was attenuated by iron chelation (Figure 5d). In addition, renal gene expression of p22phox and gp91phox



**Figure 3** Long-term effects of iron chelation with DFX on proteinuria in CKD Rats. (a) Time course of urinary total protein excretion in the control (white circle), CKD (black square) and CKD+DFX (white triangle) groups (n=6 in each group). (b) Serum BUN and creatinine levels in the control, CKD and CKD +DFX groups (n=6 in each group). Control, Sham-operated rats fed a normal diet; CKD, 5/6 nephrectomized rats fed a normal diet; CKD+DFX, 5/6 nephrectomized rats administered DFX (30 mg kg<sup>-1</sup> day<sup>-1</sup>). \*P<0.05 vs. the control group.



**Figure 4** Long-term effects of iron chelation with DFX on renal structure in CKD Rats. (a) Representative images of PAS, desmin staining and electron microscopy of the kidney sections. (Box area in EM is showing high-magnification view of dashed square area in low-magnification view.) Scale bar,  $50 \,\mu$ m. (b) Quantitative analysis of glomerular sclerosis score and desmin-positive cells in the control, CKD and CKD+DFX groups (n=6 in each group). PAS, periodic acid-Schiff staining; EM, electron microscopy. Control, Sham-operated rats fed a normal diet; CKD, 5/6 nephrectomized rats fed a normal diet; CKD +DFX, 5/6 nephrectomized rats administered DFX ( $30 \,\text{mg kg}^{-1} \,\text{day}^{-1}$ ). \* $P < 0.05 \,v$ s. the control group. A full color version of this figure is available at *Hypertension Research* online.

was increased in CKD rats. Iron chelation did not affect increased p22phox gene expression, while it attenuated increased gp91phox gene expression in the kidney of CKD rats (Figure 5e).

Inflammation also has a role in the development of renal fibrosis.<sup>23</sup> CKD rats showed increased CD68-positive cells in the kidney, whereas its increase was attenuated by iron chelation with DFX (Figures 6a and b). Consistent with these findings, iron chelation suppressed the increased gene expression levels of CD68, TNF- $\alpha$  and MCP-1 in the kidney of CKD rats (Figure 6c).

To further investigate the effects of iron chelation on renal intestinal fibrosis in CKD rats, we assessed renal LCN2 expression in these groups. LCN2 is one of the key effectors of renal damage and one of the biomarkers of CKD progression.<sup>24</sup> Renal *LCN2* gene and protein expression levels were increased in CKD rats as compared with the control group, whereas these increments were suppressed by iron chelation with DFX (Figures 6d and e).

#### DISCUSSION

This study showed that iron chelation with DFX attenuated the progression of renal intestinal fibrosis in a rat model of CKD. Iron chelation did not affect hypertension, proteinuria, glomerulosclerosis and podocyte injury in CKD rats, while iron chelation suppressed the progression of renal interstitial fibrosis in CKD rats.

Iron is essential for many biological reactions; however, excess iron makes toxic by generating free radicals. Therefore, it is important to consider the role of iron in the pathophysiology of various diseases. In this study, we showed increased renal iron accumulation and urinary iron excretion in CKD rats. Similarly to our study, increased renal iron accumulation and urinary iron excretion have been reported in patients with chronic renal disease<sup>3,4,25</sup> and animal models of renal diseases.<sup>5–8</sup> Under physiological conditions, circulating iron enters the renal tubular lumen through the glomerulus. Once filtered by the glomerulus, iron is almost completely reabsorbed in the renal tubules to minimize urinary iron loss. In CKD rats, the glomerular barrier and

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**Figure 5** Long-term effects of iron chelation with DFX on renal interstitial fibrosis in CKD Rats. (a) Representative images of Masson's trichrome staining of the kidney sections. Upper panels show low-magnification view (Scale bar, 200  $\mu$ m). Lower panels show high-magnification view (Scale bar, 100  $\mu$ m). (b) Quantitative analysis of tubular lesion score and (c) renal gene expression of *Collagen III, PAI-1, Vimentin* and *E-cadherin* in the Control, CKD and CKD +DFX groups (n=4-6 in each group). (d) Renal expression of *TGF-* $\beta$  gene and Smad3 protein, and (e) renal gene expression of *p22phox* and *gp91phox* in the control, CKD and CKD+DFX groups (n=4-6 in each group). Gene expression of *Collagen III, PAI-1, Vimentin, E-cadherin, TGF-* $\beta$ , *p22phox* and *gp91phox* was normalized with *GAPDH* gene expression, and relative levels of gene expression are shown in the graph. Protein expression of Smad3 was standardized on the basis of GAPDH expression, and the relative levels of expression are plotted in the graphs. Control, Sham-operated rats fed a normal diet; CKD, 5/6 nephrectomized rats fed a normal diet; CKD+DFX, 5/6 nephrectomized rats administered DFX (30 mg kg<sup>-1</sup> day<sup>-1</sup>). \**P*<0.05 vs. the control group. A full color version of this figure is available at *Hypertension Research* online.

renal tubules are damaged, resulting in increased filtration of iron through the glomerulus, decreased reabsorption of iron from the renal tubules and increased urinary iron excretion.<sup>26</sup> Of interest, we have recently reported that dietary iron restriction prevents further deterioration of renal damage in CKD rats.<sup>18</sup> In the present study, we found that iron chelation with DFX attenuated the progression of renal interstitial fibrosis in a rat model of CKD. In addition, while this manuscript was in preparation, it was reported that iron chelation with deferoxamine alleviated renal interstitial fibrosis in mice with unilateral ureteral obstruction.<sup>27</sup> About the difference between dietary iron restriction and iron chelation by the drugs to reduce iron accumulation in the kidney, the effect of dietary iron restriction is to prevent further iron accumulation in the kidney, while that of iron chelation by the drugs is to deprive iron accumulation in the kidney.

Although the effects on renal function were not completely same between dietary iron restriction and iron chelation by the drugs, these findings suggest that renal iron accumulation seems to be associated with the development of renal intestinal fibrosis in CKD.

Renal interstitial fibrosis is a final common feature for various types of end-stage renal diseases.<sup>28</sup> The TGF- $\beta$  and oxidative stress pathways are known to be involved in the pathogenesis of fibrosis in the kidney.<sup>21,22</sup> Increased renal expression of *TGF-\beta* gene and Smad3 protein was attenuated by iron chelation. Meanwhile, iron chelation with DFX attenuated increased renal gene expression of gp91phox but not p22phox in CKD rats. Renal cells differentially express NADPH oxidase components: gp91phox is expressed in mesangial cells, podocytes and endothelium; p22phox in mesangial cells, podocytes, endothelial cells, vascular smooth muscle cells and fibroblasts.<sup>29</sup> As we





**Figure 6** Long-term effects of iron chelation with DFX on renal inflammation in CKD rats. (a) Representative images of CD68 staining of the kidney sections. Upper panels show low-magnification view (Scale bar, 200  $\mu$ m). Lower panels show high-magnification view (Scale bar, 100  $\mu$ m). (b) Quantitative analysis of CD68-positive cells score and renal gene expression of (c) *CD68*, *TNF-* $\alpha$  and *MCP-1* in the control, CKD and CKD+DFX groups (n=4–6 in each group). Renal (d) *LCN2* gene and (e) LCN2 protein expression in the control, CKD and CKD+DFX groups (n=4–6 in each group). Gene expression of *CD68*, *TNF-* $\alpha$ , *MCP-1* and *LCN2* was normalized with *GAPDH* gene expression, and relative levels of gene expression are shown in the graph. Protein expression of LCN2 was standardized on the basis of  $\beta$ -actin expression, and the relative levels of expression are plotted in the graphs. Control, Sham-operated rats fed a normal diet; CKD, 5/6 nephrectomized rats fed a normal diet; CKD+DFX, 5/6 nephrectomized rats administered DFX (30 mg kg<sup>-1</sup> day<sup>-1</sup>). \**P*<0.05 *vs.* the control group,  $^{+}P$ <0.05 *vs.* the CKD group. A full color version of this figure is available at *Hypertension Research* online.

extracted total RNA from the whole kidney, this method may affect these results. Inflammation is also considered to have a role in renal interstitial fibrosis.<sup>23</sup> In the current study, iron chelation with DFX suppressed renal inflammation in CKD rats. Collectively, these results suggest that iron chelation with DFX might attenuate renal interstitial fibrosis by inhibiting the TGF- $\beta$  pathway, inflammation and partly oxidative stress in CKD rats. However, iron chelation with DFX did not affect proteinuria, glomerulosclerosis and podocyte injury with decreased renal intestinal fibrosis in CKD rats. Therefore, attenuation of renal interstitial fibrosis by iron chelation may be a secondarily occurring effect that does not contribute to renal damage in itself.

In this study, we could not observe significant effects of DFX on SBP in CKD rats. As we measured blood pressure by the tail-cuff method, this method for measuring blood pressure may partly affect the results. It might be still possible that there would be difference in directly measured telemetric blood pressure, which should be more sensitive than tail-cuff-measured blood pressure.

DFX is developed as an oral iron chelator. Single-center, prospective and open-labeled studies showed the safety and efficacy of another oral iron chelator, deferiprone, in patients with glomerulonephritis and diabetic nephropathy.<sup>14</sup> In addition, safety of DFX is reported in patients with CKD undergoing hemodialysis<sup>30</sup> and myelodysplastic syndrome;<sup>31</sup> however, it is noteworthy that side effect of DFX is mild and reversible increases in serum creatinine levels.<sup>31,32</sup> Fanconi syndrome is also reported as a rare complication (complication rate is 0.1-1%) in both adult and pediatric patients treated with DFX.33 In other words, the effects of DFX on renal function remain controversial. Although DFX administration did not affect serum creatinine levels in CKD rats in the current study, our results could provide a balanced account on the risk/benefit assessment for the use of this iron chelating drug in CKD. As we assessed the effects of DFX on renal function only in a rat model of CKD, further studies are necessary to investigate the effects of DFX on renal function. In this regard, our observations differ from a previous report that DFX led to increased urinary protein and glucose excretion, and increased tubular damage markers in Wistar rats.<sup>34</sup> The differences between these results may depend on differences in the experimental protocol. Sánchez-González et al.34 provided high dose of DFX intraperitoneally in normal rats for 1 week, whereas we gave CKD rats three doses of DFX in chow for 3 weeks and moderate dose of DFX in chow for 8 weeks. Since they evaluated renal toxicological effects of DFX in normal rats, the dose of DFX in their experiments  $(75 \text{ mg kg}^{-1} \text{ day}^{-1})$  was higher

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than the current experiments (15, 30 and 60 mg kg<sup>-1</sup> day<sup>-1</sup>) and the usual doses in patients (20 mg kg<sup>-1</sup> day<sup>-1</sup>). Taken together, these results could provide a careful assessment on the excess dose of DFX.

In conclusion, iron chelation with DFX attenuates the progression of renal interstitial fibrosis in CKD rats. Renal iron accumulation seems to be associated with renal interstitial fibrosis in a rat model of CKD.

#### CONFLICT OF INTEREST

There authors declare no conflict of interest.

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#### DISCLAIMER

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