

ORIGINAL ARTICLE

Mineralocorticoid receptors/epithelial Na⁺ channels in the choroid plexus are involved in hypertensive mechanisms in stroke-prone spontaneously hypertensive rats

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Increase in cerebrospinal fluid (CSF) Na⁺ concentration ([Na⁺]) precedes hypertension and is a key step in the development of salt-induced hypertension. In the choroid plexus (CP), epithelial Na⁺ channels (ENaCs) have an important role in Na⁺ transport from the blood into the CSF. However, it remains unknown whether the mineralocorticoid receptors (MR)/ENaCs pathway in the CP of stroke-prone spontaneously hypertensive rats (SHRSP) is involved in neural mechanisms of hypertension. Therefore, we examined the role of the MR/ENaCs pathway in the CP in the development of hypertension in SHRSP associated with an increase in CSF [Na⁺]. As a marker of MR activation, serum/glucocorticoid-inducible kinase 1 (Sgk1) expression levels in the CP were measured and found to be greater in SHRSP than in Wistar–Kyoto (WKY) rats. CSF [Na⁺] levels were also higher in SHRSP than in WKY rats. In SHRSP, high-salt intake (8%) increased blood pressure and urinary norepinephrine excretion compared with those in animals fed a regular salt diet (0.5%) for 2 weeks. Furthermore, the expression levels of MR, Sgk1 and ENaCs in the CP and the increase in CSF [Na⁺] were greater in SHRSP fed a high-salt diet than in those fed a regular salt diet. These alterations were attenuated by intracerebroventricular infusion of eplerenone (10 µg kg⁻¹ per day), except for α-ENaC and β-ENaC. We conclude that activation of the MR/ENaCs pathway in the CP contributes to hypertension via an increase in CSF [Na⁺], thereby exaggerating salt-induced hypertension with sympathetic hyperactivation in SHRSP. *Hypertension Research* (2013) 36, 277–284; doi:10.1038/hr.2012.174; published online 25 October 2012

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INTRODUCTION

Hypertension is a major risk factor for cardiovascular diseases.¹ The percentages of essential hypertension patients who are salt sensitive have varied widely among study cohorts, ranging between 30 and 70%.² The appropriate therapeutic target of salt-induced hypertension has been determined to be volume overload, so that sodium restriction and diuretics are beneficial for salt-induced hypertension.^{3,4} Abnormal sympathetic hyperactivity has also been detected in patients with salt-induced hypertension.^{5,6} Thus, in addition to the role of kidney, the central nervous system has an important role in salt-induced hypertension.^{6,7}

An increase in cerebrospinal fluid (CSF) Na⁺ concentration ([Na⁺]) is responsible for activation of the central sympathetic outflow.^{8,9} High-salt intake elicits an increase in CSF [Na⁺] and causes sympathetic hyperactivity and hypertension in salt-sensitive model rats, such as Dahl S rats.^{7,10} It has also been demonstrated that an increase in CSF [Na⁺] causes central aldosterone production,

mineralocorticoid receptors (MR) activation and renin–angiotensin system (RAS) activation, thereby leading to sympathetic hyperactivity.¹¹ On the other hand, high-salt intake does not affect CSF [Na⁺], blood pressure (BP) or heart rate (HR) in normotensive model rats.⁸ However, intracerebroventricular (ICV) infusion of Na⁺-rich artificial CSF elicits MR activation in the hypothalamus, leading to increase in BP through sympathoexcitation in both salt-sensitive model rats and normotensive model rats, although the extent of sympathoexcitation is greater in salt-sensitive rats than in normotensive rats.^{12,13} These observations suggest that an increase in Na⁺ in the brain elicits sympathoexcitation irrespective of the presence/absence of salt-sensitive hypertension. However, it is possible that the mechanisms of Na⁺ transport into the brain might be different between normotensive and hypertensive models.

The epithelium of the choroid plexus (CP) is the major site for production of CSF, which is later absorbed by arachnoid granulations.^{14,15} Enhanced Na⁺ uptake from the plasma to the CSF might

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therefore be an important step in the initiation of salt-induced hypertension in salt-sensitive hypertensive models. Epithelial Na^+ channels (ENaCs) in the choroidal epithelia actively support Na^+ influx from the plasma and, in general, Na^+ levels in the CSF are higher than those in the plasma.¹⁶ The ENaCs form a heteromultimeric channel that is composed of three homologous α -, β - and γ -subunits.¹⁷ Both MR activation itself and the resulting MR-induced activation of serum/glucocorticoid-inducible kinase 1 (Sgk1) augment the expression of ENaCs in the kidney.¹⁸ Sgk1 is a key downstream effector of MR signaling in the kidneys, inducing the early and late responses through regulation of the epithelial sodium channel activity, trafficking, and transcription.^{19–21} The Sgk1 expression level also reflects MR activation, and used for this purpose because MR expression itself is not equal to MR activation.²² However, the mechanism by which the MR/ENaCs pathway in the CP contributes to an increase in CSF $[\text{Na}^+]$ and sympathoexcitation, and leads to hypertension in hypertensive model rats, remains unclear.

Stroke-prone spontaneously hypertensive rats (SHRSP) serve as an experimental model of salt-loading-accelerated hypertension.^{23,24} We hypothesized that an increase in CSF $[\text{Na}^+]$ might be involved in the development of hypertension in the absence of sodium loading, or might worsen hypertension in the presence of sodium loading in SHRSP via irregularities in the MR/ENaCs pathway in the CP. Therefore, the aim of the present study was to determine whether the MR/ENaCs pathway in the CP was altered in SHRSP and, if so, to examine whether this alteration was involved in abnormal sympathetic hyperactivity with or without sodium loading in SHRSP. For this purpose, we compared the expressions of MR, Sgk1 and ENaCs in the CP without sodium loading between SHRSP and Wistar-Kyoto (WKY) rats. Furthermore, we investigated these expressions in SHRSP fed a high-salt diet. Finally, we investigated the effect of ICV infusion of an MR blocker concomitant with high-salt loading on sympathetic activity and CSF $[\text{Na}^+]$.

METHODS

Animals

This study was reviewed and approved by the Committee on Ethics of Animal Experiments, Kyushu University Graduate School of Medical Sciences, and conducted according to the Guidelines for Animal Experiments of Kyushu University. Male WKY rats and SHRSP (260–330 g; 12–14 weeks old) were obtained from SLC Japan (Hamamatsu, Japan). They were housed in temperature- ($23 \pm 2^\circ\text{C}$) and light-controlled animal quarters and were provided with rat chow *ad libitum*.

Western blot analysis

Rats were killed with an overdose of sodium pentobarbital and the tissues of CP were obtained. The tissues were removed and homogenized in a lysis buffer. The protein concentration was determined using a bicinchoninic acid protein assay kit (Pierce Chemical, Rockford, IL, USA). A 15- μg aliquot of protein from each sample was separated on a polyacrylamide gel with 10% sodium dodecyl sulfate. The proteins were then transferred onto polyvinylidene difluoride membranes (Immobilon-P membranes; Millipore, Billerica, MA, USA), and the membranes were incubated with rabbit immunoglobulin G (IgG) polyclonal antibody to MR (1:1000; Santa Cruz Biotechnology, Santa Cruz, CA, USA), with goat IgG polyclonal antibody to α -ENaC, rabbit polyclonal antibody to β -ENaC or rabbit polyclonal antibody to γ -ENaC (1:1000; Santa Cruz Biotechnology), or with rabbit IgG polyclonal antibody to Sgk1 (1:1000; Abcam, Cambridge, UK). Next, the membranes were incubated with horseradish peroxidase-conjugated horse anti-rabbit or anti-goat IgG antibody (1:10 000). Glyceraldehyde 3-phosphate dehydrogenase (GAPDH) was used as an internal control for the brain tissues. Immunoreactivity was detected by enhanced chemiluminescence autoradiography (ECL Western blotting

detection kit; Amersham Pharmacia Biotech, Uppsala, Sweden), and the film was analyzed using the public domain software NIH Image (developed at the US National Institutes of Health and available on the Internet at <http://rsb.info.nih.gov/nih-image/>).

Measurement of CSF $[\text{Na}^+]$ and plasma $[\text{Na}^+]$

The CSF was collected via puncture of the cisterna magna. CSF $[\text{Na}^+]$ was measured using an ion-selective electrode (model MI-425; Microelectrodes, Bedford, NH, USA). Plasma $[\text{Na}^+]$ was measured at SRL (Tokyo, Japan).

Intracarotid artery (ICA) infusion of NaCl in acute experiments

Rats were anesthetized with pentobarbital (50 mg kg^{-1} i.p. followed by $20 \text{ mg kg}^{-1} \text{ h}^{-1}$ i.v.) and artificially ventilated. A catheter (polyethylene (PE)-50 tubing) was inserted into the left internal carotid artery and NaCl (0.5 M, 1 M, 10 s for each injection, total infusion volume; $300 \mu\text{l}$) was administered. A catheter was implanted into the left ICA and advanced 1.0–1.3 cm beyond the carotid sinus to avoid activation of arterial baroreceptors. Another catheter was then inserted into the left femoral artery to measure BP and HR. A pair of stainless steel bipolar electrodes was placed beneath the renal nerve to record multifiber renal sympathetic nerve activity.^{25,26} All signals were recorded on a computer using a PowerLab system (AD Instruments, Colorado Springs, CO, USA). The signal from the electrodes was amplified, passed through a band pass filter, and then rectified and integrated (resetting every 0.1 s).

Measurements of BP and sympathetic activity in chronic experiments

Systolic BP of conscious animals was measured using tail-cuff plethysmography (BP-98 A; Softron, Tokyo, Japan). Sympathetic activity was evaluated by measuring 24-h urinary norepinephrine excretion using high-performance liquid chromatography before and at day 14. Urinary norepinephrine excretion was calculated as described previously.²⁷

ICV infusion of eplerenone

Under sodium pentobarbital anesthesia (50 mg kg^{-1} i.p.) rats were placed in a stereotaxic frame. The skin overlying the midline of the skull was incised and a small hole was made with a dental drill at the following coordinates: 0.8 mm posterior and 1.5 mm lateral relative to bregma. The infusion cannula from an Alzet brain infusion kit 2 (DURECT Corporation, Cupertino, CA, USA) connected to an osmotic pump (model 2002; Alzet) was lowered 3.5 mm below the skull surface and fixed to the skull surface with tissue adhesive. The osmotic mini pump was inserted subcutaneously in the back. The ICV infusion of artificial CSF + vehicle (1% DMSO) or artificial CSF + eplerenone ($10 \mu\text{g kg}^{-1}$ per day in vehicle) (kindly provided by Pfizer Pharmaceutical Company, New York, NY, USA) for 2 weeks was performed in conjunction with feeding of a high-salt diet, and the infusion and diet were started simultaneously.

Experimental protocols

Protocol 1: Experiments with rats without salt loading. (1) Western blot analysis of MR, Sgk1 and ENaCs in the CP of SHRSP and WKY rats; (2) evaluations of CSF $[\text{Na}^+]$ and plasma $[\text{Na}^+]$ in SHRSP and WKY rats; (3) acute bolus ICA injection of NaCl (0.5 M, 1 M, $300 \mu\text{l}$ per 10 s) in SHRSP and WKY rats. The rats were fed a regular diet.

Protocol 2: Experiments with rats fed a high-salt diet. SHRSP and WKY rats were divided randomly into two groups: rats fed a high-salt (8% NaCl) diet for 2 weeks and rats fed a regular (0.5% NaCl) diet for 2 weeks. Then, the following protocols were performed. (1) Western blot analysis of MR, Sgk1 and ENaCs in the CP of SHRSP and WKY rats fed a high-salt or regular diet; (2) evaluations of CSF $[\text{Na}^+]$ in SHRSP and WKY rats fed a high-salt diet.

Protocol 3: Experiments with SHRSP fed a high-salt diet with eplerenone. ICV infusion of artificial CSF or eplerenone for 2 weeks in SHRSP fed a high-salt diet. Then, the following protocols were performed. (1) Measurement of BP and HR using the tail-cuff method; (2) western blot analysis of MR, Sgk1 and

ENaCs in the CP; (3) Evaluations of CSF $[\text{Na}^+]$ and urinary norepinephrine in SHRSP.

Statistical analysis

All values are expressed as the means \pm s.e.m. Intergroup differences in the mean arterial pressure (MAP) and HR values obtained using the PowerLab and tail-cuff method were compared using two-way analysis of variance. In the analysis of variance, comparisons between any two mean values were performed using Bonferroni's correction for multiple comparisons. The MR, Sgk1 and ENaCs protein expression values (western blot analysis), and the CSF $[\text{Na}^+]$ and plasma $[\text{Na}^+]$ values were compared using an unpaired *t*-test. Values of $P < 0.05$ were considered statistically significant.

RESULTS

Baseline MR, Sgk1 and ENaCs expressions in the CP of SHRSP and WKY rats fed a regular diet

MR expression in SHRSP did not differ from that in WKY rats, while Sgk1 expression was significantly greater in SHRSP (Figure 1a). The expressions of α -ENaC, β -ENaC and γ -ENaC were also significantly higher in SHRSP than in WKY rats (Figure 1b).

Baseline plasma $[\text{Na}^+]$ and CSF $[\text{Na}^+]$ of SHRSP and WKY rats fed a regular diet

Plasma $[\text{Na}^+]$ levels did not differ between WKY rats and SHRSP (WKY, 145.4 ± 0.8 mM; SHRSP, 145.1 ± 0.8 mM; $n = 7$ for each),

but the level of CSF $[\text{Na}^+]$ was greater in SHRSP (WKY, 151.9 ± 0.4 mM; SHRSP, 155.5 ± 0.3 mM, $n = 6$ for each; Figure 1c).

Effect of ICA NaCl infusion on MAP, HR and renal sympathetic nerve activity in SHRSP and WKY rats

ICA hypertonic NaCl (0.5 M, 1.0 M) infusions increased MAP in both WKY rats and SHRSP dose-dependently. However, the degrees of increase in MAP were greater in SHRSP than in WKY rats (% change of Δ MAP: WKY vs. SHRSP, $3.0 \pm 2.3\%$ vs. $14.4 \pm 2.5\%$, $P < 0.05$ (0.5 M); $7.5 \pm 4.3\%$ vs. $35.1 \pm 5.5\%$, $P < 0.005$ (1.0 M); $n = 5$ for each; Figure 2). The duration of the responses lasted longer in SHRSP than WKY rats (WKY vs. SHRSP, 2.3 ± 0.4 vs. 5.9 ± 0.6 min, $P < 0.01$ (0.5 M); 4.3 ± 0.5 vs. 14.3 ± 1.5 min, $P < 0.01$ (1.0 M); $n = 5$ for each). Peak responses of renal sympathetic nerve activity (% baseline) to NaCl were also greater in SHRSP than in WKY rats (% baseline: WKY vs. SHRSP, $6.5 \pm 3.7\%$ vs. $20.3 \pm 1.1\%$, $P < 0.01$ (0.5 M); $13.8 \pm 1.7\%$ vs. $30.0 \pm 5.3\%$, $P < 0.05$ (1.0 M); $n = 4-5$ for each; Figure 2).

Effects of high-salt diet on systolic BP and CSF $[\text{Na}^+]$ in SHRSP and WKY rats

Systolic BP and HR of in SHRSP groups were significantly higher than those of WKY rats throughout the study (Table 1). SHRSP fed a high-salt diet exhibited a significantly higher systolic BP and HR than SHRSP fed a regular diet, starting at 12 weeks of age ($P < 0.05$). Systolic BP also slightly increased in SHRSP fed a regular diet ($P < 0.05$). Systolic BP and HR values for 2 weeks are shown in

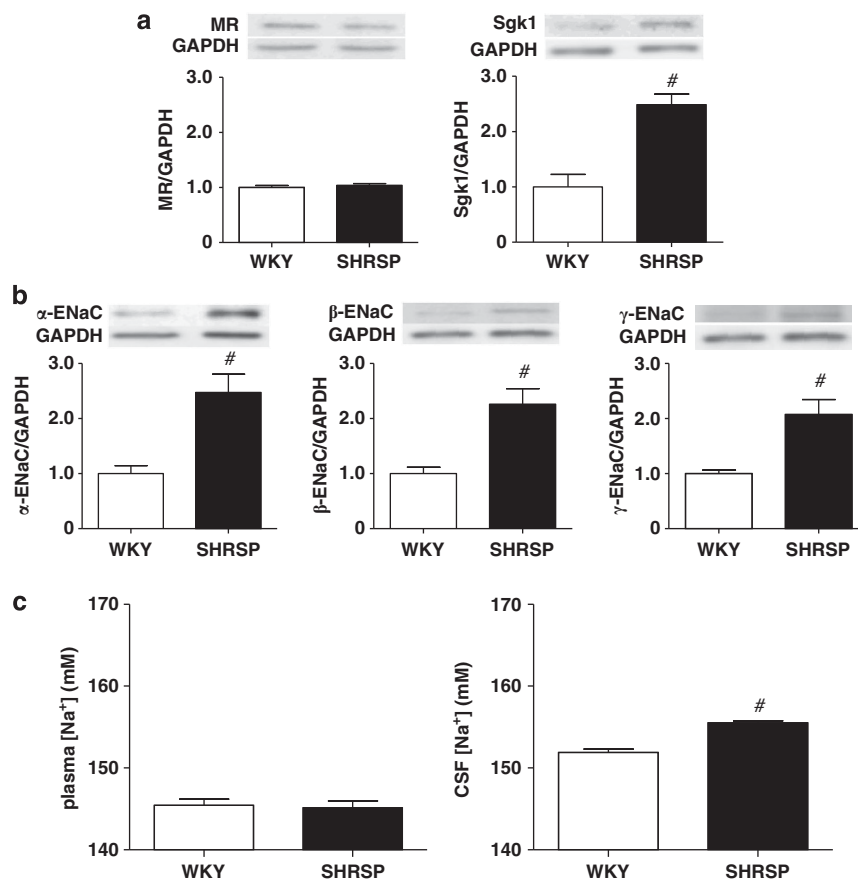


Figure 1 Western blot analysis demonstrating the expression levels of (a) the MR and Sgk1, and (b) α -, β - and γ -ENaCs in the CP of 12-week-old WKY and SHRSP rats. The densitometric average was normalized to the values obtained from the analysis of glyceraldehyde-3-phosphatase dehydrogenase (GAPDH) as an internal control. Expressions are shown relative to those seen in WKY rats, which are assigned a value of 1. Values are expressed as the mean \pm s.e.m. # $P < 0.01$; $n = 4-5$. (c) Plasma $[\text{Na}^+]$ and CSF $[\text{Na}^+]$ levels in WKY rats and SHRSP. # $P < 0.01$; $n = 6-7$.

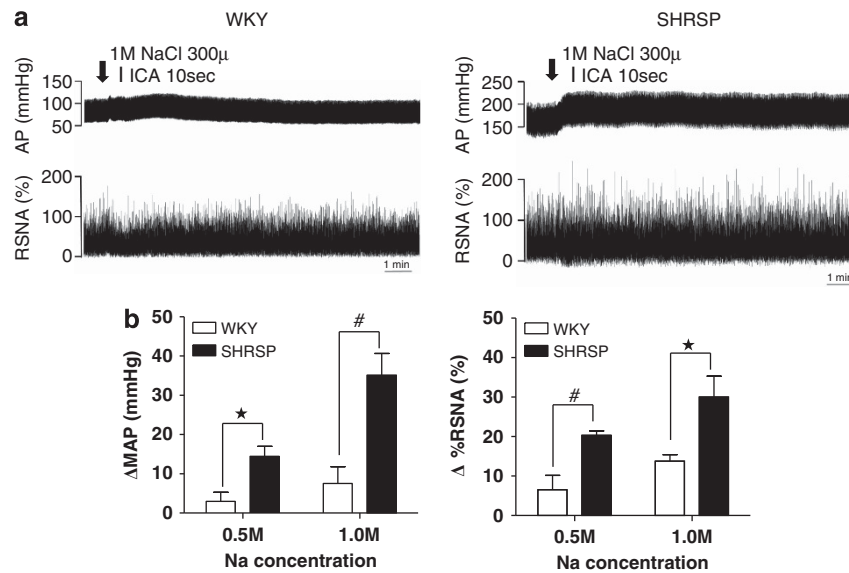


Figure 2 The responses of arterial pressure (AP) and renal sympathetic nerve activity (RSNA) to ICA NaCl (0.5 M, 1 M) infusions. (a) Raw data of the changes in AP and RSNA after ICA NaCl (1 M) infusions in WKY rats and SHRSP. (b) Group data of the changes in MAP and RSNA in response to ICA NaCl (0.5 M, 1 M) infusions. Values are expressed as the mean \pm s.e.m. * $P < 0.05$, # $P < 0.01$; $n = 4-5$.

Table 1 BP and HR with a regular diet or a high-salt diet in WKY and SHRSP

Weeks	Systolic BP (mm Hg)				HR (b.p.m.)			
	HS-SP	RS-SP	HS-W	RS-W	HS-SP	RS-SP	HS-W	RS-W
12	219 \pm 3#	216 \pm 2#	134 \pm 2	135 \pm 2	374 \pm 2#	373 \pm 3#	352 \pm 2	349 \pm 4
13	235 \pm 4#*	223 \pm 2#	137 \pm 2	134 \pm 2	385 \pm 4#*	373 \pm 4#	359 \pm 5	356 \pm 3
14	253 \pm 2#*	227 \pm 2#	138 \pm 2	136 \pm 1	390 \pm 2#*	370 \pm 4#	358 \pm 3	351 \pm 5

Abbreviations: BP, blood pressure; HR, heart rate; HS-SP, high-salt diet SHRSP rats; HS-W, high-salt diet WKY rats; RS-SP, regular diet SHRSP rats; RS-W, regular diet WKY rats; SHRSP, spontaneously hypertensive stroke-prone rats; WKY, Wistar-Kyoto rats. Values are given as mean \pm s.e.m. * $P < 0.05$, HS-SP vs. RS-SP; # $P < 0.05$, SHRSP vs. WKY. $n = 7$.

Table 1. CSF $[Na^+]$ in SHRSP also started to increase from day 4 (152.3 ± 0.8 vs. 158.6 ± 0.4 mM, $P < 0.05$). At day 14, CSF $[Na^+]$ in SHRSP fed a high-salt diet was significantly greater than in WKY fed a high-salt diet (152.4 ± 0.4 vs. 161.1 ± 0.4 mM; Figure 3a). In contrast, in WKY rats, there were no significant changes in systolic BP and CSF $[Na^+]$ during the observation (Figure 3a and Table 1).

Expression of MR, Sgk1 and ENaCs in the CP in SHRSP and WKY rats fed a high-salt diet

The expressions of MR, Sgk1 and ENaCs were significantly greater in SHRSP fed a high-salt diet than in those fed a regular diet (Figure 3b). The expressions of MR, Sgk1 and ENaCs were similar between WKY rats fed a high-salt diet and those fed a regular diet (Figure 3c).

Effects of eplerenone on systolic BP, sympathetic activity, CSF $[Na^+]$, and expression levels of MR, Sgk1 and ENaCs in SHRSP fed a high-salt diet

ICV infusion of eplerenone attenuated the increases in urinary norepinephrine and systolic BP in SHRSP fed a high-salt diet (Figures 4a and b). ICV infusion of eplerenone attenuated the increase in CSF $[Na^+]$ in SHRSP fed a high-salt diet (157.8 ± 0.92 vs. 161.0 ± 0.73 mM; Figure 4c). ICV infusion of eplerenone did not attenuate the enhanced expressions of MR, α -ENaC and β -ENaC, but did attenuate Sgk1 and γ -ENaC expression (Figures 5a and b).

DISCUSSION

The present study demonstrated that the MR/ENaCs pathway in the CP of SHRSP was activated before salt loading, leading to an increase in the CSF $[Na^+]$ and eliciting sympathetic hyperactivity. Salt loading then elicited further activation of this pathway in the CP and an additional increase in CSF $[Na^+]$, thereby causing further sympathetic hyperactivity and BP elevation.

We first investigated the alterations of the Na^+ transport system in the CP of SHRSP and found that the expressions of all subunit types of ENaCs were greater in SHRSP than in WKY rats. These data suggest that the function of the Na^+ transport system in the CP was enhanced in SHRSP. In fact, the plasma $[Na^+]$ level was similar between SHRSP and WKY rats, but the CSF $[Na^+]$ level was greater in SHRSP than in WKY rats. Taken together, these data suggest that activation of ENaCs in the CP elicited increase in CSF $[Na^+]$ in SHRSP.

We considered that these alterations occurring in SHRSP may contribute to the development of hypertension. Thus, we investigated whether activated ENaCs in the CP contribute to the development of hypertension with sympathetic hyperactivity. ICA infusions of hypertonic NaCl solutions increased renal sympathetic nerve activity and AP and the degrees of these changes were greater in SHRSP than in WKY rats. It has been reported that increases in the amount of plasma $[Na^+]$ perfusing the forebrain evoke a prompt increase

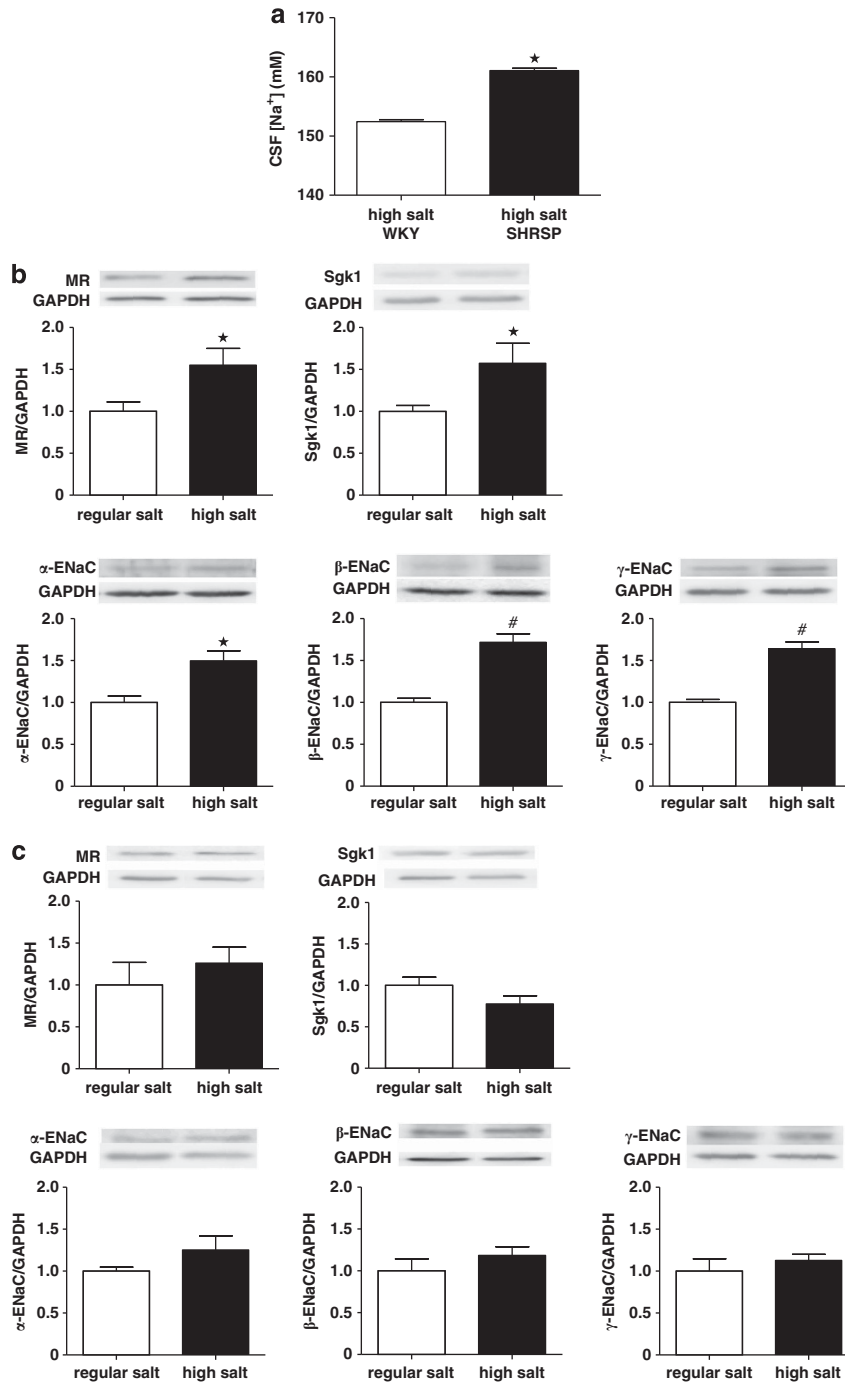


Figure 3 (a) CSF [Na⁺] in WKY rats and SHRSP by feeding with a high-salt diet at day 14. Values are expressed as the mean ± s.e.m. **P* < 0.05; *n* = 7 for each. (b) Western blot analysis demonstrating MR, Sgk1, α-, β- and γ- ENaC expression in the CP in SHRSP fed a high-salt or regular diet. The densitometric average is normalized to the values obtained from the analysis of GAPDH as an internal control. Expressions are shown relative to those in SHRSP fed a regular diet, which are assigned a value of 1. (c) Western blot analysis demonstrating MR, Sgk1, α-, β- and γ- ENaC expression in the CP in WKY rats fed a high-salt or regular diet. The densitometric average is normalized to the values obtained from the analysis of GAPDH as an internal control. Expressions are shown relative to those in WKY rats fed a regular diet, which are assigned a value of 1. Values are expressed as the mean ± s.e.m. **P* < 0.05, #*P* < 0.01; *n* = 4–6.

of sympathetic nerve activity.^{28,29} An increase in CSF [Na⁺] may excite Na⁺-sensitive neurons in the circumventricular organs, such as the subfornical organ.³⁰ This increased neuronal activity could be relayed to the paraventricular nucleus of the hypothalamus or rostral ventrolateral medulla, thereby increasing sympathetic nerve activity and BP.^{31–33} Furthermore, an increase in CSF [Na⁺] would increase the level of hypothalamic tissue [Na⁺]³⁴ and could thereby enhance

the firing activity of Na⁺-sensitive neurons in the paraventricular nucleus.³⁵ We also need to consider the possibility that circumventricular organs could sense hyperosmolality after ICA infusions of hypertonic NaCl solutions thereby activates sympathetic activity, although there is a clear difference between SHRSP and WKY rats.³⁶ In addition, the duration of the responses lasted longer in SHRSP than WKY rats. We were not able to measure CSF [Na⁺]

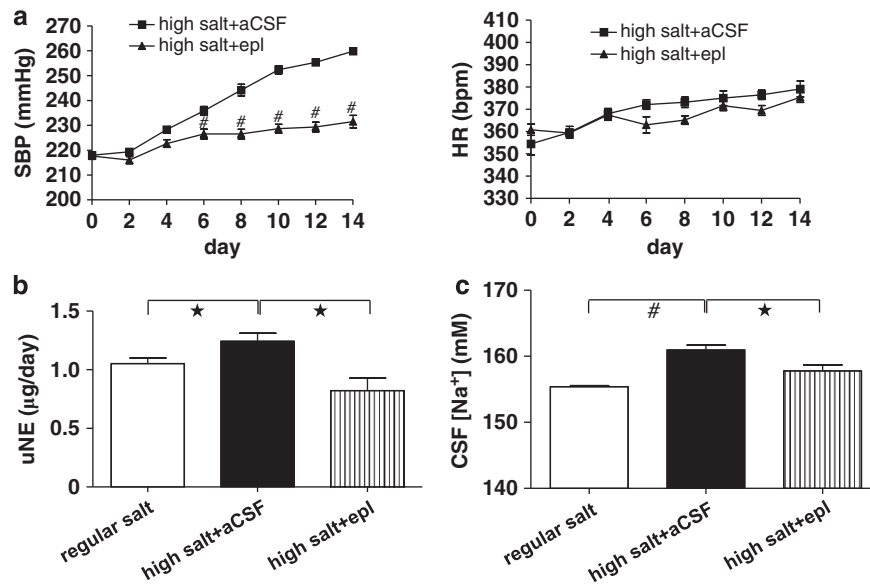


Figure 4 Effects of ICV infusion of artificial CSF (aCSF) (high salt+aCSF) vs. eplerenone at $10\mu\text{g kg}^{-1}$ per day (high salt+epl) in CP of SHRSP on systolic BP (SBP), heart rate (HR), sympathetic nerve activity and CSF $[\text{Na}^+]$ induced by high-salt intake. (a) Changes in resting SBP and HR response to ICV infusion of aCSF or eplerenone in rats fed a high-salt diet. $\#P<0.01$; $n=6$ for each. (b) Group data for urinary norepinephrine excretion in SHRSP given a regular diet, a high-salt diet plus ICV infusion of aCSF (high salt+aCSF) or a high-salt diet plus eplerenone (high salt+epl). $*P<0.05$; $n=5-6$. (c) Group data for CSF $[\text{Na}^+]$ in SHRSP given a regular diet (regular), a high-salt diet plus ICV infusion of aCSF (high salt+aCSF) or a high-salt diet plus eplerenone (high salt+epl). $*P<0.05$, $\#P<0.01$; $n=10$ for each.

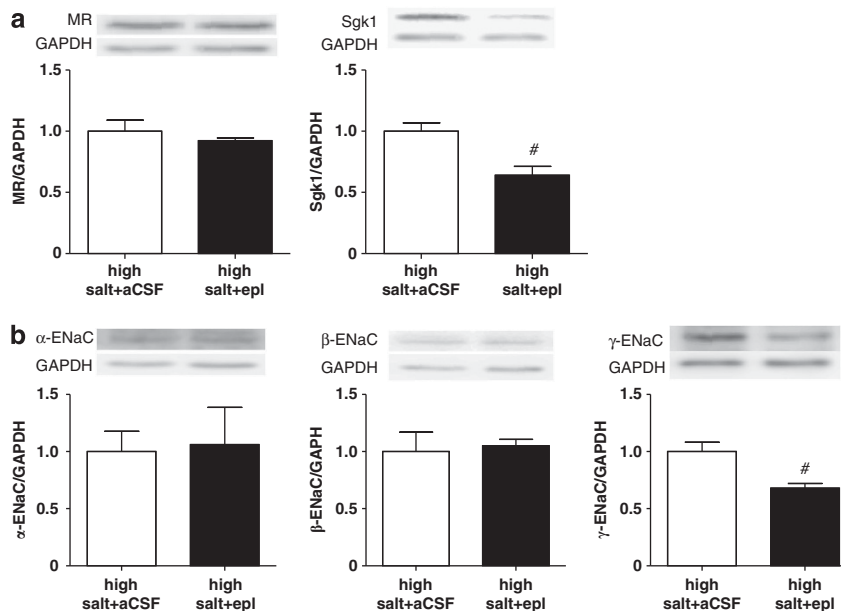


Figure 5 Effects of ICV infusion of artificial CSF (aCSF) (high salt+aCSF) vs. eplerenone at $10\mu\text{g kg}^{-1}$ per day (high salt+epl) in the CP of SHRSP. Western blot analysis demonstrating the expression of (a) MR, Sgk1, or (b) α -, β - and γ -ENaC in the CP in high salt+aCSF vs. high salt+epl. The densitometric average was normalized to the values obtained from the analysis of glyceraldehyde-3-phosphatase dehydrogenase (GAPDH) as an internal control. Expressions are shown relative to those seen in the high salt+aCSF group, which were assigned a value of 1. Values are expressed as the mean \pm s.e.m. $\#P<0.01$; $n=4-6$.

before and after ICA infusion because of technical difficulties. However, these data indirectly suggest that Na^+ uptake into the CSF is enhanced and this contributes to hypertension with sympathoexcitation in SHRSP without salt loading.

In salt-sensitive model rats, high-salt intake causes an increase in CSF $[\text{Na}^+]$ and leads to sympathetic hyperactivity and

hypertension.^{7,37,38} SHRSP are also known as a salt-induced hypertension model.²⁴ A high-salt diet elicited hypertension with sympathetic hyperactivity in SHRSP as previously described.^{24,39} We found that the expressions of all subtypes of ENaCs in the CP and CSF $[\text{Na}^+]$ were increased in SHRSP fed a high-salt diet concomitant with changes in MAP. These data suggest that activated ENaCs in the

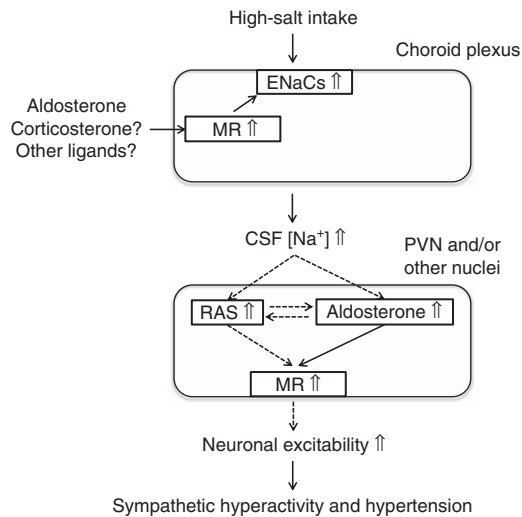


Figure 6 The possible cascade that Na^+ transport mechanisms in the central nervous system contributing to sympathetic hyperactivity and hypertension in SHRSP on high-salt intake. In SHRSP on high-salt intake, Na^+ transport into CSF is enhanced and CSF $[\text{Na}^+]$ is increased. Activation of MR/ENaCs pathway in the choroid plexus is involved in Na^+ transport from the blood into the CSF in SHRSP. The increased CSF $[\text{Na}^+]$ increased the neuronal activity in the PVN or other autonomic nuclei, thereby increasing the central sympathetic outflow. This, in turn, leads to sympathetic hyperactivity and hypertension. The broken lines indicate hypothetical mechanisms suggested by other investigators. RAS indicates renin-angiotensin system.

CP of SHRSP accelerated the increase in CSF $[\text{Na}^+]$, and this increase further enhanced the levels of ENaCs, leading to sympathetic hyperactivity (Figure 6).

It has been shown that aldosterone binds to MR and increases expression and activity of ENaCs in the distal nephron of the kidney, resulting in enhanced Na^+ and water reabsorption, and presumably thereby elevated BP.¹⁸ We recently reported that activation of the MR/ENaCs pathway is considered to be an initial step in the acquisition of Na^+ sensitivity in the brain in a pressure overload model.⁴⁰ In fact, Western blotting in the present study revealed that the expression of Sgk1 was increased in SHRSP compared with WKY rats before salt loading, although the expression levels of MR did not differ between SHRSP and WKY rats. Moreover, expressions of MR and ENaCs in the CP were increased by salt loading in SHRSP. Taken together with the alterations of ENaCs, our findings suggest that MR and ENaCs in the CP are altered in parallel with or without salt loading in SHRSP. We also found that ICV infusion of an MR blocker attenuated BP elevation and increase in CSF $[\text{Na}^+]$ induced by chronic salt loading in SHRSP. Furthermore, the MR blocker inhibited the increase in Sgk1 expressions and γ -ENaC in the CP of SHRSP. However, we do not have a clear explanation why only γ -ENaC was smaller for eplerenone treated SHRSP on high-salt diet at the present time. There may be subunit-type-specific regulation of ENaC.⁴⁰ These findings suggest that MR regulates Na^+ transport into the CSF by regulating the expressions of ENaCs in the CP of SHRSP, although we did not find the increased expression levels of α -ENaC and β -ENaC.

In consistent with the results of a previous study, SHRSP have significantly higher plasma aldosterone levels compared with WKY rats, indicating upregulation of the aldosterone system in SHRSP.²⁴ If the aldosterone is the ligand of MR in the CP of SHRSP, MR is activated in SHRSP. In salt-sensitive model rats, high-salt intake produces aldosterone locally in the hypothalamus.^{11,41} Another

possibility is that locally produced aldosterone may affect MR activation in the CP via CSF.^{41,42} In the absence of 11β -hydroxysteroid dehydrogenase type 2 in the CP, corticosterone is also a ligand for MR.⁴³ On the other hand, Rac1 enhances MR independent of aldosterone in the kidney.⁴⁴ We did not address precise mechanisms how MR in the CP was activated in SHRSP in the present study. Nevertheless, our findings suggest that MR activation has an important role for the increase in central sympathetic outflow in SHRSP. Further studies are necessary to clarify this important question.

The present study has some additional limitations. First, ENaCs exist on both the apical and basolateral side of the CP.^{34,45} We did not examine the distribution of ENaCs in the CP in the present study because of the technical difficulty. Second, ICV infusion of an MR blocker may act on the nuclei other than those in the CP.^{46,47} Third, Na^+ - K^+ -ATPase activity in the CP is also dependent on CSF $[\text{Na}^+]$ in Dahl salt-sensitive rats.⁴⁸ MR regulates the transcription of Na^+ - K^+ -ATPase.⁴⁹ Both ENaCs and Na^+ - K^+ -ATPase regulate Na^+ transport in the CP. Further studies will be needed to clarify whether Na^+ - K^+ -ATPase alterations are involved in our observations in the present study.

In conclusion, our findings suggest that the MR/ENaCs pathway in the CP of SHRSP is activated before salt loading, leading to an increased CSF $[\text{Na}^+]$ and eliciting sympathetic hyperactivity. Second suggestion is that salt loading elicited further activation of this pathway in the CP and additional enhancement of the CSF $[\text{Na}^+]$ levels, leading to further sympathetic hyperactivity.

CONFLICT OF INTEREST

The authors declare no conflict of interest.

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