ORIGINAL ARTICLE

Pulse wave velocity in primary hyperparathyroidism and effect of surgical therapy

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The study was aimed at investigating the arterial stiffness assessed by aortic pulse wave velocity (PWV) in the presence of primary hyperparathyroidism (PH), with and without concomitant hypertension. Subsequently, we examined the effect of parathyroidectomy (PTX) on arterial stiffness. A total of 28 patients with PH and concomitant hypertension, and 16 with PH without hypertension were investigated in comparison with 28 essential hypertensive patients and 18 healthy controls, respectively. Patients were matched for age, blood pressure (BP), body mass index, lipid profile and fasting glucose. Six months after PTX, 15 patients were examined again (hypertensive as well as normotensive). PWV was obtained using the SphygmoCor applanation tonometer (AtCor Medical, West Ryde, Australia). PWV was significantly higher in patients with PH and hypertension when compared with patients with essential hypertension (10.1 *vs.* 8.5 m s^{-1} , *P*=0.013). PWV remained significant even after adjustment for age and BP (*P*=0.02). Similarly, PWV was significantly higher in PH patients without hypertension in comparison with healthy controls (7.6 *vs.* 5.8 m s^{-1} , *P*<0.001). Six months after surgery, in addition to a normalization of calcium metabolism, a significant decrease in systolic BP (131 *vs.* 123 mm Hg, *P*=0.004) and PWV (9.1 *vs.* 8.5 m s^{-1} , *P*=0.024) was observed. After adjusting for BP reduction, the decrease in PWV appeared non-significant. Our data indicate that PH increases PWV as a marker of arterial stiffness, in both hypertensive and non-hypertensive patients. However, neither the calcium serum level nor the parathyroid hormone level has been associated with PWV. Specific treatment by PTX significantly decreases PWV, which may be determined primarily by improved BP control after surgery.

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INTRODUCTION

Primary hyperparathyroidism (PH) is frequently associated with arterial hypertension.¹ The prevalence of high blood pressure (BP) varies between 20 and 80%.^{2,3} The association of PH and hypertension remains unclear, but it has been attributed to the combined effect of persistently high levels of serum calcium, parathyroid hormone (PTH) and other vasoactive calcium-regulating hormones, and/or renal function impairment.⁴ Furthermore, excessive occurrence of cardio-vascular complications and mortality has been reported in patients with PH.^{3,5,6}

Few data are available with regard to large-artery properties in PH. Several studies have investigated endothelial dysfunction,^{7,8} augmentation of peripheral pulse waveform^{9,10} or the aortic stiffness index¹¹ in PH. So far, only one study has examined pulse wave velocity (PWV) as a measure of arterial stiffness in normotensive patients with PH.¹² To our knowledge, reports are missing on PWV evaluation in patients with PH with concomitant hypertension. PWV is considered to be a biomarker of cardiovascular risk that extends beyond classic risk factors.¹³

It remains to be determined whether parathyroidectomy (PTX) might result in BP reduction, recovery of large-artery properties and improvement of cardiovascular morbidity and mortality.^{12,14–16}

Our study sought to investigate the arterial stiffness assessed by carotid–femoral PWV in the presence of PH. Specifically, we investigated the hypothesis that PWV is increased in patients with PH with or without concomitant hypertension when compared with patients with essential hypertension (EH) and healthy controls; that is, independently of prevailing arterial BP. We also examined the effect of PTX on arterial stiffness.

METHODS

Study population

A total of 28 patients with PH and concomitant hypertension (PHHT), 16 PH patients without hypertension (PHNT), 28 patients with EH and 18 normotensive control subjects were studied. Six months after successful PTX, 15 patients (11 hypertensive and 4 without hypertension) were investigated again. All subjects were women. Each participant provided written informed consent, and the study was approved by the local Ethics Committee.

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The diagnosis of PH was established by demonstrating hypercalcemia and hypophosphatemia in the presence of elevated intact PTH concentrations.¹⁷ Ultrasonography and/or Tc-99 m MIBI scintigraphy of the parathyroid glands was performed before surgery. Only patients with confirmed parathyroid adenoma were included in the study. Subjects were considered hypertensive if their clinical BP was repeatedly higher than 140/90 mm Hg or if they were being treated with antihypertensive drugs. Hypertensive patients with PH were treated with β-blockers (17), calcium channel blockers (9), ACE inhibitors/ sartans (12) or loop diuretics (4). Because this treatment might influence the renin-angiotensin-aldosterone system, neither plasma renin activity nor aldosterone levels were evaluated in this group. The diagnosis of EH was made by exclusion of the most common forms of secondary hypertension (primary aldosteronism, pheochromocytoma, Cushing's syndrome, renal parenchymal disease and renovascular hypertension) and when there were no signs of PH. EH patients were treated with calcium channel blockers and/or α-blockers. Normotensive controls were recruited from subjects without a history of hypertension or cardiovascular disease who were not under treatment with antihypertensive medication.

Pulse wave velocity

All subjects underwent the PWV assessment with the applanation tonometer Sphygmocor (AtCor Medical). Subjects were studied by a single examiner after overnight fasting and after a 15-min resting period, during which the patient was in a supine position in a quiet room. Aortic PWV was assessed by the time difference between pulse wave upstrokes, which were consecutively measured at the right common carotid artery and right femoral artery, then aligned by the ECG-based trigger. The 'percentage pulse height algorithm' was used to locate the foot of the pulse waves.

Blood pressure measurements

Brachial BP values were obtained immediately before the arterial stiffness assessment using an oscillometric sphygmomanometer (Dinamap, Critikon, Tampa, FL, USA).

Table 1 Characteristics of studied subjects

Laboratory tests

All biochemical parameters were analyzed using multi-analyzers (Hitachi 717, Boehringer Mannheim, Mannheim, Germany) in the central laboratory of the institute. Serum-intact PTH was determined using an electrochemiluminescence immunoassay. The Cockcroft–Gault formula was used to estimate the glomerular filtration rate.

Statistical analysis

Depending on the normal/non-normal distribution (Shapiro–Wilks W-test) of individual variables, the results are shown as means \pm s.d. or medians (interquartile range). Between-group comparisons were performed by two-tailed *t*-test for independent samples. The Kruskal–Wallis test was used for nonnormally distributed variables. Pearson's correlation analysis and multivariate regression analysis (stepwise forward method) were applied to assess the relationship among PWV and clinical/laboratory parameters. For betweengroup PWV comparisons, a multivariate regression model was used to adjust for confounding indices. Differences between patients before and after the operation were analyzed by *t*-tests for dependent samples or Wilcoxon's pair test for non-normally distributed variables, as well as by analysis of variance for repeated measurements. A *P*-value <0.05 was considered to be significant. The statistical analysis was performed by STATISTICA software version 8 (StatSoft, Tulsa, OK, USA).

RESULTS

The basic characteristics of studied groups are shown in Table 1. There were no significant differences in age, duration of hypertension, body mass index, lipid profile or fasting glucose or creatinine levels between the PHHT and EH groups. PHHT patients had higher potassium levels and, as expected, higher levels of calcium and lower phosphate levels. PWV was significantly higher in PHHT patients when compared with EH patients (10.1 *vs.* 8.5 m s⁻¹, *P*=0.013). No significant difference in clinical BP between the groups (136/77 *vs.* 135/

	РННТ	EH	P-value	PHNT	NCS	P-value
Number of subjects (n)	28	28	_	16	18	
Age (years)	65 ± 10	63±10	0.410	52 ± 14	48±15	0.431
Duration of hypertension (years)	9 (5–15)	5 (1–15)	0.454	_	_	_
BMI (kg m ⁻²)	28.3±4.7	27.4 ± 4.8	0.527	24.6±3.4	25.3±3.8	0.560
Plasma sodium (mmol I ⁻¹)	141±3	142 ± 4	0.339	141±3	141±2	0.376
Plasma potassium (mmol I ⁻¹)	4.5±0.5	4.2 ± 0.4	0.003	4.4 ± 0.3	4.2±0.3	0.032
Plasma chloride (mmol I^{-1})	105 ± 4	106±3	0.481	106±2	106±3	0.569
Plasma calcium (mmol I^{-1})	2.81 ± 0.22	2.35 ± 0.14	< 0.001	2.73±0.15	2.34 ± 0.11	< 0.001
Plasma phosphorous (mmol I ⁻¹)	0.81 ± 0.16	1.14 ± 0.17	< 0.001	0.85 ± 0.13	1.11 ± 0.18	< 0.001
iPTH (mmol I ⁻¹)	18.1 ± 11.5	_	_	20.2±13.8	_	_
Total plasma cholesterol (mmol I^{-1})	5.0±0.9	5.2 ± 1.3	0.509	5.4 ± 1.2	5.4 ± 1.3	0.932
LDL cholesterol (mmol I ⁻¹)	2.9 ± 0.9	3.0 ± 1.1	0.756	3.7 ± 1.0	3.3 ± 1.2	0.398
HDL cholesterol (mmol I ⁻¹)	1.3 ± 0.3	1.4 ± 0.4	0.517	1.5 ± 0.4	1.6 ± 0.4	0.468
Triacylglycerides (mmol I^{-1})	1.7 ± 1.0	1.7 ± 0.7	0.915	1.1 (0.8–1.9)	1.0 (0.8–1.5)	0.533
Fasting plasma glucose (mmol I ⁻¹)	5.6 (4.8–6.2)	5.2 (4.4–6.0)	0.209	4.8 (4.4–5.4)	4.7 (4.6–5.4)	0.957
Creatinine (μmol I ⁻¹)	75±15	77±17	0.597	60±10	69±14	0.039
eGFR (ml min ⁻¹)	83±29	78±25	0.476	103 ± 28	98±27	0.792
Smokers (n; %)	4 (14%)	6 (21%)	_	2 (13%)	2 (11%)	_
Clinical brachial SBP (mmHg)	136 ± 17	135±19	0.711	120±16	118 ± 14	0.728
Clinical brachial DBP (mm Hg)	77 ± 10	74±10	0.350	75±9	68±8	0.034
Brachial mean BP (mm Hg)	99±11	96±12	0.385	91±10	85±10	0.090
Brachial pulse pressure (mm Hg)	60 ± 16	60 ± 14	0.869	45±10	50±10	0.182
Heart rate (bpm)	70±8	70±13	0.942	72±8	66±8	0.089
Pulse wave velocity (m s $^{-1}$)	10.06 ± 2.54	8.48 ± 2.03	0.013	7.6±1.8	5.83 ± 0.88	< 0.001

Abbreviations: BMI, body mass index; eGFR, estimated glomerular filtration rate; EH, essential hypertension patients; HDL, high-density lipoprotein; iPTH; serum-intact parathyroid hormone; LDL, low-density lipoprotein; NCS, normotensive control subjects; PHHT, patients with primary hyperparathyroidism and concomitant hypertension; PHNT, primary hyperparathyroidism patients without hypertension.

Values are shown as means ± s.d. or medians (interquartile range) or absolute numbers and percentages. Variables are compared by unpaired *t*-test or Kruskal–Wallis test where appropriate.

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Figure 1 PWV–PHHT vs. EH; PHNT vs. NCS. EH, essential hypertension patients; NCS, normotensive control subjects; PHHT, patients with primary hyperparathyroidism and concomitant hypertension; PHNT, primary hyperparathyroidism patients without hypertension; PWV, pulse wave velocity.

Table 2	Simple regression analysis and multivariate regression
analysis	using PWV as dependent variable for (a) PHHT (b) PHNT

	Simple regression		Multiple regression	
	r	P-value	β	P-value
(a)				
Duration of hypertension (years)	0.4317	0.045	_	_
Age (years)	0.5758	0.001	0.4408	0.0090
Clinical brachial SBP (mm Hg)	0.5699	0.002	0.2344	0.2077
Brachial mean BP (mm Hg)	0.4225	0.025	_	_
Brachial pulse pressure (mm Hg)	0.6334	< 0.001	_	_
Plasma phosphorous (mmol l ⁻¹)	0.3855	0.043	_	_
Fasting plasma glucose (mmol I^{-1})	0.6660	< 0.001	0.4419	0.026
(b)				
Age (years)	0.5816	0.018	0.4466	0.023
BMI (kg m ⁻²)	0.5926	0.016	_	_
Clinical brachial DBP (mm Hg)	0.5191	0.039	0.2226	0.159
Total plasma cholesterol (mmol l ⁻¹)	0.6184	0.014	0.2083	0.189
Triacylglycerides (mmol I^{-1})	0.7452	0.001	0.4050	0.082

Abbreviations: β , multiple regression analysis coefficient; BMI, body mass index; BP, blood pressure; DBP, diastolic blood pressure; PHHT, patients with primary hyperparathyroidism and concomitant hypertension; PHNT, primary hyperparathyroidism patients without hypertension; PWV, pulse wave velocity; r, Pearson's correlation coefficient; SBP, systolic blood pressure.

74 mm Hg, P=0.71/0.35) was found. The difference in PWV remained significant even after adjusting for age and mean BP (P=0.02; the results were comparable when adjusted for systolic or diastolic BP). Similarly, PWV was significantly higher in the PHNT group when compared with the normotensive control subject group (7.6 *vs.* 5.8 m s⁻¹, P<0.001). This difference remained significant even after adjusting for age and mean BP (P=0.003; the results were comparable when adjusted for systolic and diastolic BP). The results are illustrated in a categorized scatterplot (Figure 1).

Table 3 Characteristics of 15 (11 PHHT and 4 PHNT) studied subjects before and 6 months after PTX

	Before	After	P-value
Age (years)		63±12	
BMI (kg m $^{-2}$)	27.2 ± 4.7	27.3 ± 4.8	0.844
Plasma sodium (mmol I^{-1})	141 ± 3	141 ± 3	0.937
Plasma potassium (mmol I ⁻¹)	4.4 ± 0.3	4.3 ± 0.5	0.099
Plasma chloride (mmol l $^{-1}$)	106±3	104 ± 3	0.028
Plasma calcium (mmol l ⁻¹)	2.82 ± 0.23	2.14 ± 0.23	< 0.001
Plasma phosphorous (mmol I ⁻¹)	0.83 ± 0.16	1.13 ± 0.26	< 0.005
iPTH (pmol I^{-1})	19.5 ± 17.1	2.9 ± 1.6	< 0.005
Total plasma cholesterol (mmol I ⁻¹)	4.7 ± 1.1	5.2 ± 1.0	0.114
LDL cholesterol (mmol I^{-1})	2.9 ± 1.0	3.1 ± 0.9	0.432
HDL cholesterol (mmol I $^{-1}$)	1.3 ± 0.4	1.3 ± 0.3	0.908
Triacylglycerides (mmol I $^{-1}$)	1.2 (1.0-1.9)	1.2 (0.9-1.5)	0.859
Fasting plasma glucose (mmol I $^{-1}$)	5.2 ± 0.9	5.7 ± 1.5	0.246
Creatinine (μ mol I $^{-1}$)	68±12	76±18	0.054
eGFR (ml min ⁻¹)	89±32	83±33	0.065
Clinical brachial SBP (mm Hg)	131 ± 20	123 ± 18	0.004
Clinical brachial DBP (mm Hg)	75±13	75±11	0.922
Brachial mean BP (mm Hg)	94 ± 14	91±12	0.276
Brachial pulse pressure (mm Hg)	56±13	48±12	0.001
Heart rate (bpm)	69±9	68±10	0.659
Pulse wave velocity (m s $^{-1}$)	9.05 ± 1.81	8.54 ± 1.79	0.024

Abbreviations: BMI, body mass index; BP, blood pressure; DBP, diastolic blood pressure; eGFR, estimated glomerular filtration rate; HDL, high-density lipoprotein; iPTH; serum-intact parathyroid hormone; LDL, low-density lipoprotein; PHHT, patients with primary hyperparathyroidism and concomitant hypertension; PHNT, primary hyperparathyroidism patients without hypertension; PTX, parathyroidectomy; SBP, systolic blood pressure. Values are shown as means ± s.d. or medians (interquartile range). Variables are compared by paired / test or Wilcoxon's pair test where appropriate.

In PHHT patients, PWV univariately correlated with duration of hypertension, age, systolic and mean blood pressure, pulse pressure, plasma phosphates and fasting glucose. In the multivariate regression analysis, PWV significantly correlated only with age (β =0.441, P<0.01) and fasting glucose level (β =0.442, P<0.05). In the PHNT group, PWV univariately correlated with age, body mass index, diastolic BP, total cholesterol and level of triglycerides. In multivariate regression analysis, PWV significantly correlated only with age (β =0.447, P<0.05). The results are shown in Table 2.

Table 3 summarizes the characteristics of 15 subjects with PH (hypertensive as well as normotensive) who underwent surgical treatment. Six months after surgery, in addition to normalization of calcium metabolism, significant decreases in systolic BP (131 *vs.* 123 mm Hg, P=0.004), pulse pressure (56 *vs.* 48 mm Hg, P=0.001) and PWV (9.1 *vs.* 8.5 m s⁻¹, P=0.024) were observed; treatment with antihypertensive medication was not intensified. After adjustment for BP reduction, the decrease in PWV appeared to be non-significant (P=0.12). Surprisingly, serum creatinine increased and estimated glomerular filtration rate decreased after surgery (both with borderline statistical significance).

DISCUSSION

Our study demonstrated higher aortic stiffness, as determined by PWV, in both hypertensive and normotensive subjects with PH when compared with age-matched patients with EH and normotensive control subjects, respectively. BP and age are considered to be the main determinants of PWV.¹³ Even if both pairs of studied groups were comparable in terms of BP and age, PWV was adjusted for these confounders in the multivariate model. The difference in PWV

remained significantly higher in both normotensive and hypertensive patients with PH. Our findings of higher PWV in PH hypertensive subjects compared with normotensive counterparts, as well as the BP and PWV decrease after PTX, support the fact that BP may be the primary determinant of PWV. Yet, we found higher PWV in both hypertensive and normotensive PH patients when compared with EH or normotensive control subjects with comparable BP levels. Moreover, the fact that PWV did not correlate with BP using multivariate regression analysis suggests that a higher BP might not be the only mechanism of increased arterial stiffness in PH. Calcium and/or PTH changes may also play a role in higher aortic stiffness in PH. Disturbances in calcium metabolism/PTH may enhance catecholamine secretion, induce activation of the renin-angiotensin-aldosterone system, or induce vasoconstriction or sensitivity of the wall vessel in response to vasoconstrictor substances.⁴ Hypercalcemia has been associated with hypertension, left ventricular hypertrophy, arrhythmias and vasoconstriction, as well as calcification of the myocardium, heart valves, coronary arteries and carotid plaque thickness.¹⁸ Both serum calcium level and PTH have been reported as risk factors for coronary heart disease.¹⁹ In our study, neither calcium serum levels nor PTH levels were associated with PWV. Different effects of PTH on the vasculature, including vasodilatation or vasoconstriction, have been observed.²⁰ In a recent study, a positive correlation of PTH with elevated levels of aldosterone has been reported²¹ and thus differences in plasma aldosterone levels may also play a role. However, in previous studies, no similar correlation of PTH with aldosterone was observed and, furthermore, there were no differences in aldosterone levels before and after surgery in patients with PH.²² In another study, PTH levels were closely correlated with intracellular but not with total serum calcium levels.² Thus, PTH may act as an ionophore for the entry of calcium into the cell. PTH might stimulate the endothelial expression of proatherosclerotic and proinflammatory markers, impair smooth muscle cell relaxation and/or act as a hypertrophic factor on vascular smooth muscle and myocardial cells.²³ Therefore, PTH may indirectly affect aortic stiffness in PH. Increased arterial stiffness in PH may thus result from either structural (for example, arterial wall calcification) or functional (for example, endothelial) abnormalities in large- and medium-sized vessels or a combination of both factors. However, functional changes seem to be crucial.18

PH might lead to a deterioration of renal function. Apart from the effects of hypercalcemia (nephrolithiasis- or nephrocalcinosis-induced nephropathy), direct effects of PTH have been discussed. PTH might affect the renal microcirculation through the influence of renal blood flow, glomerular filtration rate and excretory functions.^{20,24} The exact mechanism of the PTH-mediated effect on renal blood flow is not clear, as both vasodilatory and vasoconstrictive effects of PTH on glomerular vessels have been described.²⁰ PTX is usually associated with renal function improvement,¹ but renal functional impairment after PTX is rarely described in the literature.²⁰ Although we observed mild increases in serum creatinine and decreases in estimated glomerular filtration rate after surgery (with borderline statistical significance), our population lacked patients with the manifestation of renal failure. We believe that these insignificant results could be influenced either by a relatively small number of post-PTX subjects or other contributory cofactors. The decrease in PTH after PTX with changes in renal blood flow might be responsible for the acute alteration of renal function.²⁰ In the long term, however, these hemodynamic changes may contribute to attenuation of the progression of renal failure. As our patients were followed up for only 6 months after surgery, we were not able to assess long-term effects of PTX among our subject population. We assume that renal function will subsequently improve and that the slight impairment of renal function that we observed was only temporary.²⁰ We also believe that further studies focusing on this particular topic are needed. Our study, however, was not designed to be a complex evaluation of renal function before and after PTX.

Our results are in line with previous studies, which suggest that PTX might improve BP control,^{3,25} left ventricular diastolic dysfunction, cardiac irritability and myocardial ischemia, as well as reduce overall cardiovascular risk.^{3,25} Yet, there are studies with contradictory results, suggesting that PTX might not be beneficial to control BP,14,26 improve arterial stiffness¹² or reduce cardiovascular risk.¹⁴ Aside from levels of calcium and PTH, the harmful effects of a hyperparathyroid condition also depend on disease duration. This variable is not examined in the clinical studies enrolling populations with varying disease severity. Moreover, different study methodologies have been used. Another explanation for different results might be the relatively small sample of subjects in our study, because of the relative rareness of PH, and this fact is one of the possible limitations of our study. A longitudinal investigation of a large sample of patients with PH, with ambulatory BP monitoring before and after PTX in PH, is obviously necessary. Another possible limitation of our study is different antihypertensive treatments in the PH and EH groups, which may have resulted in varying effects on PWV. However, there were no significant differences in BP. Furthermore, because doxazosin has no effect and verapamil has only a slight effect on PWV,²⁷ various antihypertensive treatments in the PH group were only able to decrease PWV.

In conclusion, the present study demonstrates that PH might be associated with higher arterial stiffness (represented by carotid– femoral PWV) when compared with EH patients or normotensive controls, and that this difference is independent of age and clinical blood pressure. Neither calcium serum levels nor PTH levels have been associated with PWV. Specific treatment by PTX seems to be beneficial in decreasing PWV, which may result from improved BP control after surgery. As PTX indications for asymptomatic forms of PH have been discussed,^{17,28} our data suggest the potential benefit pursuant to a reduction of subclinical organ damage after surgical treatment in these patients.

CONFLICT OF INTEREST

The authors declare no conflict of interest.

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