

# Idursulfase treatment of Hunter syndrome in children younger than 6 years: Results from the Hunter Outcome Survey

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**Purpose:** To use the Hunter Outcome Survey, an international database, to assess the safety and effectiveness of enzyme replacement therapy with idursulfase in patients with Hunter syndrome who started treatment before 6 years of age. **Methods:** The study population included all patients enrolled in the Hunter Outcome Survey who started idursulfase infusions (0.5 mg/kg every other week) before 6 years of age and who had at least one follow-up examination recorded. **Results:** The study population included 124 patients, younger than 6 years, who had a mean age at start of idursulfase of  $3.6 \pm 1.6$  years (mean  $\pm$  SD). The mean duration of treatment was  $22.9 \pm 14.6$  months. A total of 69 infusion-related reactions occurred in 33 (26.6%) patients, including three serious infusion-related reactions occurring in a single patient. After at least 6 months of idursulfase, urine glycosaminoglycan levels decreased from  $592 \pm 188$  to  $218 \pm 115$   $\mu\text{g}/\text{mg}$  creatinine ( $P < 0.0001$ ,  $n = 34$ ). Liver size, estimated by palpation, was also significantly decreased ( $P = 0.005$ ,  $n = 23$ ). Similar safety and effectiveness results were seen in patients who were aged 6 years or older when initiating

idursulfase. **Conclusion:** No new safety concerns were identified in patients younger than 6 years, and clinical benefit was suggested by the reduction in liver size. *Genet Med* 2011;13(2):102–109.

**Key Words:** Hunter syndrome, idursulfase, safety

**H**unter syndrome (mucopolysaccharidosis type II [MPS II, OMIM# 309900]) is an X-linked disorder caused by a deficiency in the lysosomal enzyme, iduronate-2-sulfatase.<sup>1,2</sup> This enzyme deficiency results in the cellular accumulation of partially degraded glycosaminoglycan (GAG) fragments from dermatan sulfate and heparan sulfate,<sup>1</sup> causing multisystem disease. The incidence of Hunter syndrome is estimated to be approximately 1 in 162,000 live male births.<sup>3</sup>

Patients with Hunter syndrome typically appear normal at birth, with signs and symptoms emerging between 2 and 4 years of age. The initial clinical features include coarse facial features, enlarged tongue, tonsils, and adenoids resulting in upper respiratory obstructions and frequent ear infections.<sup>4–6</sup> Hepatomegaly, splenomegaly, joint stiffness and skeletal abnormalities, and cardiac disease are common.<sup>1,7</sup> Although a wide spectrum of clinical severity is observed, two phenotypes are recognized—severe and attenuated. Patients with either phenotype exhibit the somatic signs and symptoms listed earlier. Additionally, patients with the severe phenotype demonstrate central neurologic involvement resulting in profound cognitive impairment and developmental regression.<sup>6</sup> In the severely affected patients, death typically occurs in the first or second decade of life,<sup>1</sup> whereas patients with the attenuated phenotype typically survive into adulthood, although premature mortality occurs.

Enzyme replacement therapy (ERT) with recombinant human iduronate-2-sulfatase (idursulfase, Elaprase®, Shire Human Genetics Therapies, Inc., Cambridge, MA) has been commercially available since 2006<sup>8</sup> and has been associated with clinically relevant reductions in spleen and liver volume in clinical trials,<sup>8,9</sup> as well as with significant improvement in a composite measure of pulmonary function and mobility.<sup>8</sup> The patients in these clinical trials were all at least 5 years of age and had substantial somatic involvement at baseline. Initiation of ERT may slow or stop the progression of the pathologies of Hunter syndrome before irreversible changes occur, but little data exist to support the safety or effectiveness of early intervention. In this study, we describe results from the Hunter Outcome Survey (HOS) on the safety and effectiveness of idursulfase in patients younger than 6 years and compare these findings with those seen in the older patients.

## METHODS

### Hunter Outcome Survey

HOS is an international, long-term observational survey designed to increase the knowledge of the natural history of

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Hunter syndrome and to evaluate the safety and effectiveness of ERT with idursulfase. All participating centers received approval according to local regulations, which are typically those of an Institutional Review Board or Ethics Committee, before enrolling any patients into HOS. HOS is controlled by physicians and is overseen by national, regional, and international advisory boards comprising physicians experienced in the management and treatment of patients with Hunter syndrome. Enrollment into HOS began in October 2005. Data in HOS were collected during examination of patients as part of routine medical care. A description of the data collected in HOS from participating physicians and the mechanics of data recording, transfer, and analysis have been published previously.<sup>7</sup>

**Patients**

Any patient with a biochemically or genetically confirmed diagnosis of Hunter syndrome is eligible to enroll in HOS. Before enrolling in HOS, all patients, their parents, or their legal representative provided informed, written consent for participation. The study population for this analysis included all enrolled patients who were treated with ERT and who had at least one follow-up examination recorded in HOS as of April 23, 2010.

**Study design**

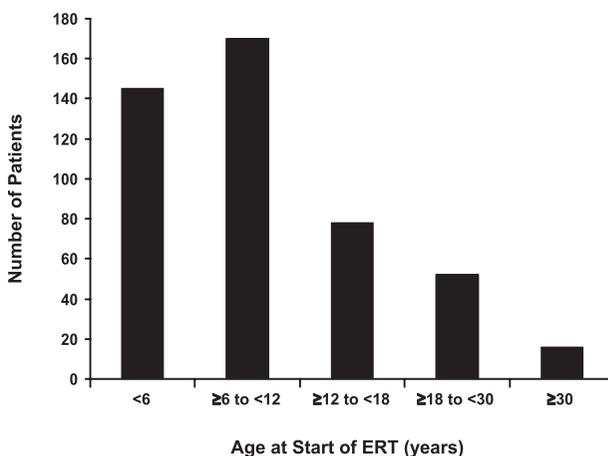
HOS is an observational database designed to collect the natural history and long-term safety and effectiveness data of idursulfase in MPS II patients. For patients who began ERT before entry into HOS, adverse events were recorded only after entry into HOS. Infusion-related reactions (IRRs), which typically involve pyrexia, rigors, and flushing, were analyzed separately and were defined as events occurring during or within 24 hours of an infusion that had evidence of a causal relationship with idursulfase. Urine GAG levels were determined by methods used in the local or central laboratories. Liver size was estimated by palpation. Frozen plasma samples were transported to Shire HGT where antiidursulfase antibodies were detected by an enzyme-linked immunosorbent assay as described previously.<sup>8</sup>

**Statistical analysis**

All statistical analysis was conducted by Shire Human Genetic Therapies under the direction of the HOS advisory boards. The results are presented using descriptive statistics including prevalence (i.e., *n* [%]), mean, median, standard deviation, and percentiles. Results are generally presented as mean ± standard deviation. Because of the nonnormal distribution of some data, the median was used to accurately summarize the results of some variables. Height, weight, and head circumference of HOS participants were compared with age-specific measurements for the general pediatric population. All analyses were done using SAS software (SAS Institute, Cary, NC).

**RESULTS**

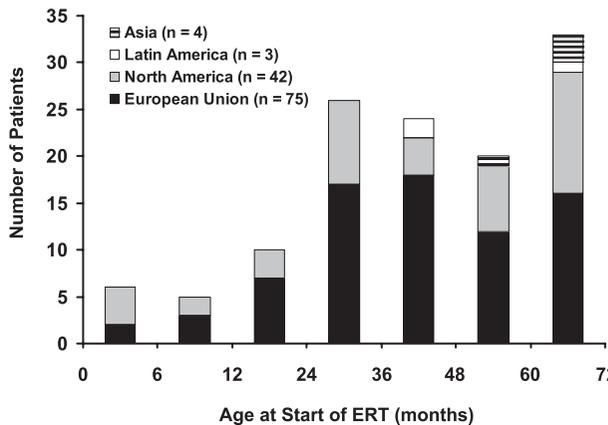
A total of 644 prospective patients (i.e., patients who were alive at entry into HOS) had enrolled in HOS as of April 23, 2010. A total of 461 patients had received ERT, and 145 patients had started ERT before reaching the age of 6 years (Fig. 1). Of these 145 patients younger than 6 years, 124 had at least one follow-up visit in HOS and comprised the study population. Figure 2 presents the age at initiation of ERT of the population <6 years of age in four geographical regions. These 124 patients were treated in 54 clinics located in 18 countries in Europe, North America, Latin America, and Asia. The characteristics of this patient population (<6 years of age) on entry into HOS are presented in Table 1, where they are compared



**Fig. 1.** The age distribution of ERT-treated patients in HOS. ERT, enzyme replacement therapy; HOS, Hunter Outcome Survey.

with the enrolled patients 6 years or older when they started ERT and with all prospective patients enrolled in HOS. The average delay between the emergence of symptoms and the diagnosis of Hunter syndrome in patients younger than 6 years was 0.9 ± 1.3 years (mean ± SD, median = 0.8 years), when compared with 2.2 ± 2.8 years (median = 1.5 years) for patients 6 years or older (Table 1).

In the study population of patients younger than 6 years, the mean age at start of ERT was 3.6 ± 1.6 years. Eleven patients were younger than 12 months at the start of ERT (Fig. 2). The duration of treatment from HOS entry to last visit was 20.0 ± 10.6 months. Seventy of the patients started treatment with idursulfase before HOS entry. When the duration of ERT before HOS entry was included, the mean time of ERT at the time of last study visit was 22.9 ± 14.6 months. The estimated mean weekly dose of idursulfase, after HOS entry, was 0.53 mg/kg (median = 0.50 mg/kg, 10th–90th percentile = 0.45–0.63 mg/kg). For the majority of patients in the <6-year-old study population (91 of 106 patients with height data recorded in HOS), length or height was within the normal range for age<sup>10</sup> (data not shown). In contrast, 104 of 117 patients had body



**Fig. 2.** Distribution of the age at initiation of ERT in patients with Hunter syndrome younger than 6 years in Europe, North America, Latin America, and Asia.

**Table 1** Baseline characteristics of patients enrolled in HOS

	Age at start of ERT <sup>a</sup>		All prospective patients <sup>b</sup>
	<6 yr	≥6 yr	
<i>N</i>	124	287	644
Age at enrollment, <i>n</i> (yr)	124	287	644
Mean (SD)	3.8 (1.8)	14.6 (7.8)	11.3 (8.0)
Median (10th–90th percentile)	3.7 (1.5–5.7)	12.4 (6.9–26.3)	9.5 (3.3–22.1)
Age at last visit, <i>n</i> (yr)	124	287	644
Mean (SD)	5.5 (2.0)	16.6 (7.8)	12.7 (8.1)
Median (10th–90th percentile)	5.4 (2.8–7.9)	13.9 (9.1–28.3)	11.1 (4.4–23.5)
Mutation classification			
Deletion/large rearrangements	7 (9%)	12 (6%)	32 (8%)
Deletion	10 (13%)	15 (8%)	34 (9%)
Nonsense	10 (13%)	31 (16%)	51 (13%)
Missense	38 (48%)	96 (48%)	172 (45%)
Splice site mutation	6 (8%)	26 (13%)	46 (12%)
Insertion or insertion/duplication	4 (5%)	11 (6%)	19 (5%)
Geographical distribution			
Asia	4 (3%)	6 (2%)	27 (4%)
Europe	75 (60%)	174 (61%)	361 (56%)
Latin America	3 (2%)	23 (8%)	81 (13%)
North America	42 (34%)	84 (29%)	175 (27%)
Age at onset of symptoms, <i>n</i> <sup>c</sup> (yr)	98	229	491
Mean (SD)	1.3 (1.0)	2.5 (2.0)	2.1 (2.3)
Median (10th–90th percentile)	1.0 (0.1–3.0)	2.0 (0.3–5.0)	1.5 (0.3–4.0)
Age at diagnosis, <i>n</i> <sup>c</sup> (yr)	117	269	585
Mean (SD)	2.3 (1.4)	4.9 (4.2)	4.1 (3.6)
Median (10th–90th percentile)	2.4 (0.3–4.0)	4.0 (1.5–8.6)	3.5 (1.2–7.4)
Delay in diagnosis, <i>n</i> <sup>c</sup> (yr)	98	226	485
Mean (SD)	0.9 (1.3)	2.2 (2.8)	1.9 (2.7)
Median (10th–90th percentile)	0.8 (0.0–2.4)	1.5 (0.0–5.0)	1.3 (0.0–4.3)

<sup>a</sup>Includes only patients who had at least one follow-up examination in HOS.

<sup>b</sup>Includes all prospective patients without regard to ERT status.

<sup>c</sup>The number of patients with available data.

**Table 2** Prevalence of neurologic involvement from birth to last visit in HOS

	Age at start of ERT, <i>N</i> (%) <sup>a</sup>	
	<6 yr ( <i>N</i> = 118) <sup>b</sup>	≥6 yr ( <i>N</i> = 278) <sup>b</sup>
Any neurologic involvement	61 (52)	177 (64)
At least two neurologic signs or symptoms	40 (34)	129 (46)
Cognitive problems	37 (31)	73 (26)
Behavior problems	24 (20)	60 (22)
Hyperactivity	23 (19)	51 (18)
Fine motor skill impairment	20 (17)	69 (25)
Gait problems	14 (12)	64 (23)
Carpal tunnel syndrome	11 (9)	77 (28)
Hydrocephalus	8 (7)	26 (9)
Frequent chewing	5 (4)	22 (8)
History of seizure	3 (3)	31 (11)
Difficulty swallowing	2 (2)	27 (10)
Other	10 (8)	38 (14)

<sup>a</sup>The prevalence is the number of patients with the sign or symptom reported at least once from birth to last visit in HOS divided by the total number of patients with a “yes” or “no” recorded for the question about neurologic involvement as of April 23, 2010. These signs and symptoms could be self-reported, reported by parents or guardians, or the result of neurologic evaluation by the physician.

<sup>b</sup>The number of patients treated with idursulfase who had at least one follow-up in HOS and who had available neurologic data.

weight above the 50th percentile of the normal range for age, and 37 of 117 patients had a body weight exceeding the 97th percentile of the normal range for age (data not shown).

Table 2 presents the prevalence of neurologic involvement in ERT-treated children younger than 6 years and children 6 years or older who had available data. Incidence of behavioral and cognitive problems and hyperactivity was similar between the two groups. However, specific reported incidences of carpal tunnel syndrome, gait problems, history of seizures, difficulty swallowing, and deficits in fine motor skills were seen more often in patients 6 years or older. Table 3 further compares the

**Table 3** Milestones data for patients younger than 6 yr and patients aged 6 yr or older at treatment start

	Prevalence <i>n/N</i> (%)	
	<6 yr	≥6 yr
Speech delay when older than 18 months <sup>a</sup>	89/102 (87)	130/232 (56)
Not able to walk before 15 months <sup>b</sup>	34/92 (37)	68/183 (37)
Older than 3.5 yr when toilet trained <sup>c</sup>	17/27 (63)	22/88 (25)

<sup>a</sup>*N* is the number of patients who were at least 18 months at last visit in HOS.

<sup>b</sup>*N* is the number of patients with available age at first walking or who were not walking (said “No” to the questions) between 15 and 24 months.

<sup>c</sup>*N* is the number of patients with available age when first toilet trained or who were not toilet trained (said “No” to the question) between 30 and 36 months.

characteristics of children with Hunter syndrome younger than 6 years with children 6 years or older in their developmental milestones and cognitive achievements.

### Safety

A total of 69 nonserious IRRs were reported in 33 (26.6%) patients younger than 6 years (Table 4). Three serious IRRs were reported in a single patient in the <6-year-old patient subgroup. These serious IRRs included one cough and bronchospasm event and urticaria on two occasions. In response to these serious IRRs, the infusion was stopped, and the patient was treated with betamethasone. All but two of the nonserious IRRs were classified as mild or moderate severity. One of the episodes of bronchospasm and one IRR noted earlier were classified as severe, and both resolved without sequelae.

In patients 6 years or older, a total of 104 nonserious IRRs were reported in 50 (17.4%) patients. Six patients (2.1%) in the ≥6-year-old group had a serious IRR, including two episodes of urticaria, two IRRs classified as general disorders, one rash, and one decrease in blood pressure. Two of these IRRs were classified as moderate severity, three were classified as severe, and one missing. In the three IRRs classified as severe, the infusions were stopped, and patients were given medication and were observed in the hospital overnight.

In the <6-year-old group, a total of 28 serious adverse events were reported in 16 patients (12.9%). These events included 10 planned surgeries, including release of carpal tunnel ( $n = 2$ ), adenoidectomy and/or tonsillectomy ( $n = 2$ ), repair of inguinal hernia ( $n = 1$ ), placement or replacement of a venous access device ( $n = 4$ ), and tooth extraction ( $n = 1$ ). One patient was hospitalized with bilateral subdural hematoma, evacuated through a burr hole. No further surgical intervention was performed. A routine echocardiogram in another patient revealed the presence of a 2-cm clot in the right atrium that was attached to an indwelling central catheter and the atrial wall. The patient was placed on anticoagulant therapy and discharged from the hospital.

Additional serious adverse events included two hospitalizations for replacement of an infected venous access device ( $n = 1$ ), replacement of a malfunctioning venous access device ( $n = 1$ ), and the three IRRs described earlier. The three serious IRRs were classified as probably ( $n = 2$ ) and possibly ( $n = 1$ ) drug-related. None of the other serious adverse events was classified as possibly or probably related to idursulfase.

In the ≥6-year-old group, a total of 92 serious adverse events were reported in HOS for 58 patients (20.2%). These events included 20 infections, 9 surgical and medical procedures, 5 reports of respiratory failure, 3 episodes of respiratory distress, 2 reports of obstructive airway disorder, 2 IRRs noted above, and 5 deaths. Seven of these serious adverse events were considered to be possibly ( $n = 1$ ) or probably ( $n = 6$ ) related to drug treatment. All adverse events that were classified as possibly or probably drug-related occurred in association with in-hospital idursulfase infusions.

### Antibodies

No IgE antiidursulfase antibodies were detected in the plasma from any patients. In patients younger than 6 years, IgG antiidursulfase antibodies were detected in 38 of 71 (53.5%) patients whose plasma was assayed. Seventy-one of 166 (42.8%) patients 6 years or older demonstrated IgG antiidursulfase antibodies.

### Effectiveness

Urine GAG levels significantly decreased from baseline to postbaseline in the 40 patients younger than 6 years, who had data available for urine GAG levels both before and after at least 6 months of idursulfase (Fig. 3). Patients 6 years or older also experienced a reduction in urine GAG levels ( $n = 84$ , Fig. 3). In the subgroup of 34 patients younger than 6 years with elevated baseline GAG levels ( $>200 \mu\text{g}/\text{mg}$  creatinine), mean urine GAG levels decreased from  $592 \pm 188 \mu\text{g}/\text{mg}$  creatinine at baseline to  $218 \pm 115 \mu\text{g}/\text{mg}$  creatinine after at least 6 months of idursulfase ( $P < 0.0001$ , Wilcoxon signed rank test). In the subgroup of 43 patients 6 years or older with elevated GAG levels, mean urine GAG levels decreased from  $363 \pm 111 \mu\text{g}/\text{mg}$  creatinine at baseline to  $125 \pm 77 \mu\text{g}/\text{mg}$  creatinine after at least 6 months ( $P < 0.0001$ , Wilcoxon signed rank test).

Liver size estimated by palpation was larger than normal at baseline in both groups of patients, with the size being larger in the older patients compared with the younger patients (Fig. 4). As shown in Figure 4, after at least 6 months of idursulfase, liver size was significantly decreased in both groups.

## DISCUSSION

This analysis of patients in HOS who began treatment with idursulfase at <6 years of age compared with the patients who started idursulfase after 6 years of age revealed no new or unanticipated safety concerns. Urine GAG levels were reduced 63% in patients younger than 6 years, which is similar to the reduction (66%) in HOS patients older than 6 years. Urine GAG levels were reduced 52.5% after 1 year of weekly idursulfase (0.5 mg/kg) infusions in the Phase II/III ERT clinical trial that resulted in idursulfase approval.<sup>8</sup> The baseline data highlight the clinical observations that urine GAG levels are higher in young patients with Hunter syndrome compared with older patients. The etiology of the lower urine GAG levels in older patients with Hunter syndrome and normal adults compared with normal young children is unknown. The significant reduction in urine GAG indicates that idursulfase is biologically active in patients younger than 6 years, and the reduction in liver size after at least 6 months of treatment is suggestive of a clinical benefit.

Hunter syndrome is a progressive disease. Patients typically appear normal at birth, and clinical features begin to emerge between the ages of 2 and 4 years. Although no longitudinal natural history studies have been published, cross-sectional studies clearly show substantial somatic involvement before the age of 6 years, including skeletal and joint abnormalities.<sup>5-7</sup> Of interest in this study was the apparent shorter time between onset of symptoms and diagnosis of Hunter syndrome in patients younger than 6 years compared with patients 6 years or older (Table 1), although considerable overlap in delay in diagnosis was seen. The cause of this difference is unknown but may reflect a recent heightened awareness of Hunter syndrome after the approval of ERT for Hunter syndrome.

The goal of ERT in Hunter syndrome is to slow or stop the progression of the disease, and thus, it is important to initiate treatment before the onset of irreversible changes. The issue of at what age or at what stage of the disease progression to initiate ERT has not been established. The results of this study support the use of idursulfase in patients younger than 6 years as no new safety issues were seen compared with the experience in older patients.<sup>8,9</sup> However, the issue of proving clinical benefit in young patients remains problematic, because functional testing requires the cooperation of the patient, particularly when assessing pulmonary function or mobility. Although the reduction in liver size seen in this study may indicate a clinical benefit,

**Table 4** Summary of nonserious adverse events coded as infusion-related reactions by system organ class and preferred term; all treated patients in the <6 and ≥6-yr-old groups

System organ class/preferred term	<6 yr		≥6 yr	
	Patients (N = 124), n (%)	Events (N = 69), n (%)	Patients (N = 287), N (%)	Events (N = 104), N (%)
Any system organ class	33 (26.6)	69 (100.0)	50 (17.4)	104 (100.0)
General disorders and administration site conditions	16 (12.9)	24 (34.8)	23 (8.0)	39 (37.5)
Infusion-related reaction	8 (6.5)	10 (14.5)	13 (4.5)	24 (23.1)
Pyrexia	6 (4.8)	10 (14.5)	8 (2.8)	11 (10.6)
Chills	2 (1.6)	2 (2.9)	2 (0.7)	3 (2.9)
Edema face	1 (0.8)	1 (1.4)		
Infusion site reaction	1 (0.8)	1 (1.4)		
Fatigue			1 (0.3)	1 (1.0)
Immune system disorders	2 (1.6)	2 (2.9)	1 (0.3)	2 (1.9)
Hypersensitivity	1 (0.8)	1 (1.4)	1 (0.3)	2 (1.9)
Anaphylactic reaction	1 (0.8)	1 (1.4)		
Eye disorders	1 (0.8)	1 (1.4)	1 (0.3)	1 (1.0)
Conjunctivitis allergic	1 (0.8)	1 (1.4)	1 (0.3)	1 (1.0)
Cardiac disorders	1 (0.8)	1 (1.4)	1 (0.3)	1 (1.0)
Tachycardia	1 (0.8)	1 (1.4)	1 (0.3)	1 (1.0)
Vascular disorders	2 (1.6)	3 (4.3)	5 (1.7)	7 (6.7)
Flushing	1 (0.8)	2 (2.9)	4 (1.4)	5 (4.8)
Hypotension	1 (0.8)	1 (1.4)	1 (0.3)	1 (1.0)
Poor venous access			1 (0.3)	1 (1.0)
Respiratory, thoracic, and mediastinal disorders	4 (3.2)	5 (7.2)	3 (1.0)	3 (2.9)
Bronchospasm	2 (1.6)	2 (2.9)		
Cough			1 (0.3)	1 (1.0)
Wheezing			1 (0.3)	1 (1.0)
Dyspnoea	2 (1.6)	2 (2.9)	1 (0.3)	1 (1.0)
Tachypnoea	1 (0.8)	1 (1.4)		
Gastrointestinal disorders	4 (3.2)	7 (10.1)	1 (0.3)	1 (1.0)
Vomiting	3 (2.4)	5 (7.2)	1 (0.3)	1 (1.0)
Diarrhea	1 (0.8)	2 (2.9)		
Skin and subcutaneous tissue disorders	13 (10.5)	24 (34.8)	24 (8.4)	42 (40.4)
Urticaria	7 (5.6)	9 (13.0)	15 (5.2)	22 (21.2)
Erythema	1 (0.8)	2 (2.9)	2 (0.7)	3 (2.9)
Pruritus	1 (0.8)	1 (1.4)		
Pruritus generalized	1 (0.8)	1 (1.4)		
Rash	3 (2.4)	6 (8.7)	9 (3.1)	13 (12.5)
Swelling face			2 (0.7)	2 (1.9)
Rash macular	1 (0.8)	1 (1.4)	1 (0.3)	1 (1.0)
Rash maculopapular			1 (0.3)	1 (1.0)
Rash pruritic	2 (1.6)	2 (2.9)		
Skin reaction	1 (0.8)	2 (2.9)		

(Continued)

Table 4 Continued

System organ class/preferred term	<6 yr		≥6 yr	
	Patients (N = 124), n (%)	Events (N = 69), n (%)	Patients (N = 287), N (%)	Events (N = 104), N (%)
Psychiatric disorders			1 (0.3)	1 (1.0)
Agitation			1 (0.3)	1 (1.0)
Nervous system disorders			3 (1.0)	5 (4.8)
Headache			3 (1.0)	4 (3.8)
Tremor			1 (0.3)	1 (1.0)
Investigations	2 (1.6)	2 (2.9)	2 (0.7)	2 (1.9)
Body temperature increased	2 (1.6)	2 (2.9)		
Blood pressure decreased			1 (0.3)	1 (1.0)
Respiratory rate increased			1 (0.3)	1 (1.0)

Blank cells indicate that no events were reported.

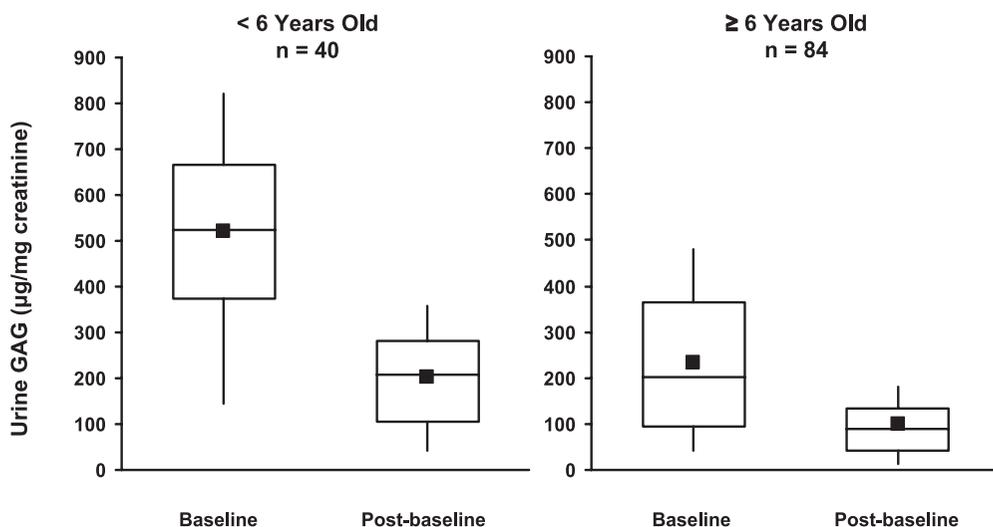
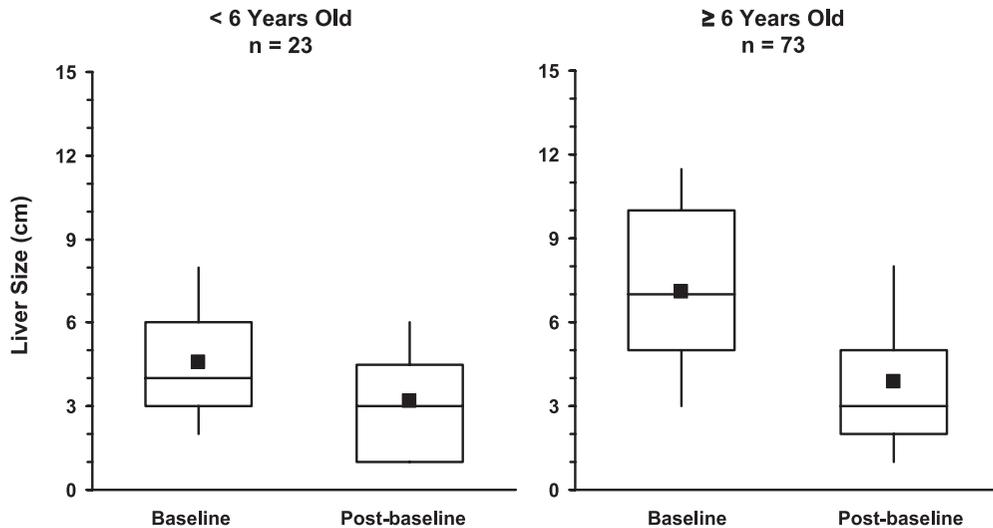


Fig. 3. Urine GAG levels before and after at least 6 months of idursulfase. GAG, glycosaminoglycan; ERT, enzyme replacement therapy. Baseline refers to the closest measurement within 12 months before starting ERT, and postbaseline refers to the first measurement made at least 6 months after starting ERT. The box plots show 10th, 25th, 75th, and 90th percentile and the median. The filled squares represent the mean values. The *P* value from the Wilcoxon signed-rank test is *P* < 0.0001 for both patient groups.

long-term follow-up will be necessary to determine whether early initiation of ERT slows the progression of the disease sufficiently to result in clinical benefit.

Approximately 75% of patients with Hunter syndrome are destined to express the severe phenotype,<sup>11</sup> but the prediction of an attenuated or severe phenotype is difficult early in the course of the disease. However, by the age of 5 or 6 years, the phenotype should be clear. Thus, this study included patients with both phenotypes, because most of the children in this study were too young for it to be determined whether they would ultimately express the severe phenotype. Intravenous idursulfase is not expected to cross the blood-brain barrier in sufficient quantity to influence the central neurologic involvement in these patients. However, patients with the severe phenotype may expect somatic benefits of ERT.

IRRs were the most common drug-associated adverse event observed in these two subpopulations in HOS. The incidence, but not the severity, of all IRRs, seems to be higher in the <6-year-old subpopulation than in the ≥6-year-old group (26.6% versus 18.8% of patients, respectively). In the Phase II/III clinical trial of idursulfase,<sup>8</sup> 22 of 32 (68.8%) patients (age, 5–33 years) treated with idursulfase 0.5 mg/kg weekly experienced one or more IRRs. In that study, the incidence of IRRs was greatest between treatment weeks 4 and 12 and decreased thereafter.<sup>8</sup> In this study, the incidence of IRRs was considerably less in both age groups than has been reported previously in clinical trials of idursulfase. IRRs are typically managed by slowing the infusion rate and/or administration of an antihistamine. Patients who have previously experienced an IRR are premedicated with an antihistamine and/or corticoste-



**Fig. 4.** Liver size before and after at least 6 months of idursulfase. Baseline refers to the closest measurement within 12 months before starting ERT, and postbaseline refers to the first measurement made at least 6 months after starting ERT. The box plots show 10th, 25th, 75th, and 90th percentile and the median. The filled squares represent the mean values. The *P* value from the Wilcoxon signed-rank test is *P* = 0.005 for the <6-year-old group and *P* < 0.0001 for the ≥6-year-old group.

roids before subsequent infusions, and most can be weaned from premedications after demonstration of incident-free treatment.<sup>8</sup>

Exogenous idursulfase could be viewed as “foreign” by many patients with Hunter syndrome, and therefore, an immune response may be expected. The IgG antibody response in this study was similar to that reported for the pivotal study of idursulfase.<sup>8</sup> In that study, 46.9% of patients treated with weekly or every other week idursulfase (0.5 mg/kg) developed IgG anti-idursulfase antibodies. The reduction in urine GAG excretion was attenuated in IgG-positive patients in that study, but no other effects on clinical responses or safety were reported. Antibodies have been reported during ERT for other lysosomal storage diseases, for example, Fabry disease,<sup>12–14</sup> MPS VI,<sup>15</sup> and MPS I.<sup>16</sup> Similarly, IgG antibodies directed against these other exogenous lysosomal enzymes have been associated with attenuation of biochemical responses (e.g., reduction in urine globotriaosylceramide levels in Fabry disease<sup>12</sup>), but antibody incidence or titer does not seem to be associated with clinical responses (e.g., rate of loss of glomerular filtration rate in Fabry disease).<sup>12,17</sup> Further research will be needed to study the impact of anti-idursulfase antibodies on the safety and efficacy of ERT in Hunter syndrome.

Idursulfase has been commercially available since 2006, and the published information about its safety and effectiveness is confined to three clinical trials<sup>8,9,18</sup> and a small number of case reports (for example, Refs. 19 and 20). HOS is an important resource for evaluating the safety and effectiveness of idursulfase in the “real world” environment. As more patients are enrolled in HOS and more data are acquired about the early initiation of ERT, a consensus on the benefits of early idursulfase use should emerge.

#### Study limitations

The study was a retrospective analysis of open-labeled treatment of patients in their usual medical environment. The lack of a concurrently followed up untreated or placebo-treated group limits the strength of the observations.

## CONCLUSIONS

Idursulfase has been prescribed to many patients with Hunter syndrome younger than 6 years around the world as documented in the present report. No new safety issues have been observed in these young patients treated with idursulfase. Clinical benefit was suggested by the reduction in liver volume of treated patients, but long-term observation will be required to determine whether early initiation can prevent progression of clinical disease in Hunter syndrome.

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