

# Hereditary disorders of connective tissue: A guide to the emerging differential diagnosis

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**Purpose:** To create a practical desk reference for clinicians focused on the differential diagnosis of individuals presenting with features that suggest an inherited disorder of connective tissue. **Methods:** We searched the medical literature for distinct clinical entities that shared clinical features with Marfan syndrome and other classical inherited disorders of connective tissue. **Results:** Thirty-six distinct heritable disorders of connective tissue were identified that have overlapping features. These disorders were organized into two matrices according to clinical characteristics and according to causative genes. **Conclusions:** A broad differential diagnosis is emerging for individuals presenting with features suggestive of altered connective tissue. Recent advances in molecular genetics have aided in the delineation of these disorders. *Genet Med* 2010;12(6):344–354.

**Key Words:** connective tissue, aneurysm, dissection, aorta, vascular disease

Many clinicians have a basic knowledge of Marfan syndrome, a relatively common genetic disorder of connective tissue with clinical manifestations involving the musculoskeletal, cardiovascular, respiratory, ophthalmologic, and cutaneous systems.<sup>1</sup> However, it is less well known that there is an emerging and complex differential diagnosis to be considered for patients evaluated for a possible heritable disorder of connective tissue. Molecular genetic discoveries have greatly advanced the ability to correctly classify these disorders, and recent reviews have compared clinical features of subsets of the inherited connective tissue disorders.<sup>2–5</sup> The aim of this article was to consolidate new clinical and genetic information in an accessible, comprehensive format to aide in the diagnostic evaluation of individuals who have features that may initially raise the possibility of a connective tissue disorder. The accompanying tables will provide the majority of necessary information to develop a thorough differential diagnosis. Limited text is included to add relevant syndrome-specific information that could not be adequately captured in table format.

## Background

The constitution of the normal connective tissue varies from one tissue to another, both in the specific elements—collagen, elastin, fibrillin, fibulin,<sup>6</sup> and others—and in the proportion of

each element. Proteins that modify these component elements—such as the metalloproteinases<sup>7</sup> and lysyl hydroxylase 3, which act on the structure of collagen fibers, and homocysteine, which can affect the integrity of fibrillin in elastic tissues—have also been implicated in disorders of connective tissue. In addition, mutations in genes that affect protein glycosylation are also implicated in the differential diagnosis of connective tissue disorders. Because each of these elements contribute to connective tissue structure in a number of different body locations, genetic defects in a single connective tissue component may manifest in more than one organ in the body (pleiotropy). This results in clinically overlapping multisystemic findings that may make diagnosis of a specific entity especially challenging.

Recent advances in molecular diagnostics have greatly increased our appreciation of the complexity of disorders of connective tissue. The fibrillinopathies illustrate this complexity. Marfan syndrome is but one clinical entity caused by *FBNI* mutations. Depending on the nature or location of the mutation within the *FBNI* gene, different clinical entities may result including familial ectopia lentis; ascending aortic aneurysm; mitral valve, aorta, skeleton, and skin (MASS) syndrome; and Marfan syndrome. These allelic disorders have been grouped together as “fibrillinopathies” and are distinguished by their clinical presentations.<sup>8</sup> As the prognosis and management is quite different between the various fibrillinopathies, precision in diagnosis is important. In light of the recent rapid accumulation of knowledge in the realm of genetics of connective tissue disorders, we sought to organize the clinical and molecular features in a way that help health care professionals who regularly encounter such disorders to establish a reasonable differential diagnosis to guide clinical evaluation and genetic testing.

## MATERIALS AND METHODS

We developed a graphical format to consolidate the key clinical and genetic features of heritable disorders of connective tissue. Marfan syndrome was used as a platform for comparison. Each of the clinical features of Marfan syndrome, as specified by the revised Ghent Criteria, were subjected to PubMed and OMIM literature searches to identify other Mendelian syndromes or clinical entities that shared that feature. Thirty-six different clinical entities that might share one or more of the presenting features in Marfan syndrome were identified and included in the matrices, involving more than 40 different genes or gene loci. As some of these clinical entities are very new or very rare, only limited data may be available. Boxes are marked with an “x” when that sign was fairly well established in the medical literature as a nonrandom association with that disorder. In Table 1, we present a list of clinical signs that were shared between at least two of the identified syndromes organized by organ system (available as Supplemental Digital Content 1, <http://links.lww.com/GIM/A111>). Table 2 shows the causative genes for these clinical entities (available as Supplemental Digital Content 2, <http://links.lww.com/GIM/A112>). This format best illustrates that there is no one-to-one correspondence between genes and disorders.

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**Table 1** Clinical features of disorders of connective tissue (also available at: <http://links.lww.com/GIM/A111>)

Clinical Entities	Cardiovascular		Craniofacial		Eye	Internal Organs		Musculoskeletal		Neurological	Skin
	Disorders of myocardium	Disorders of vessels	Disorders of facial bones	Disorders of facial soft tissue		Disorders of internal organs	Disorders of skeletal muscle	Disorders of bone	Disorders of connective tissue		
Aneurysms, Aortic Abdominal	x										
Arterial Tortuosity Syndrome	x										
Bicuspid Aortic Valve with Thoracic Aortic Aneurysm	x										
Camurati-Engelmann Disease											
CATSHL Syndrome											
Congenital Contractural Arachnoidecty	x										
Cutis Laxa, AD	x										
Cutis Laxa, AR Type I	x										
Cutis Laxa, AR Type II	x										
Cutis Laxa, X-linked	x										
Ectopia Lentis, Familial											
Ehlers-Danlos, Arthrochalasia											
Ehlers-Danlos, Cardiac-Valvular	x										
Ehlers-Danlos, Classical	x										
Ehlers-Danlos, Dermatosporaxia											
Ehlers-Danlos, Kyphoscoliotic	x										
Ehlers-Danlos, Progeroid	x										
Ehlers-Danlos, Spondylocheiro Dysplastic											
Ehlers-Danlos, Vascular	x										
Ehlers-Danlos-like Syndrome, Tenascin X											
Familial Thoracic Aortic Aneurysm and/or Dissection	x										
Fragile-X Syndrome											
Homocystinuria	x										
LH3 Deficiency Syndrome	x										
Loeys-Dietz Syndrome, Type I	x										
Loeys-Dietz Syndrome, Type II	x										
Lujan Syndrome											
MACS Syndrome	x										
Marfan Syndrome	x										
MASS Phenotype	x										
Mitral Valve Prolapse Syndrome	x										
Persistent Patent Ductus with Familial Thoracic Aneurysm	x										
Shprintzen-Goldberg Syndrome	x										
Snyder-Robinson Syndrome											
StiGler Syndrome											
Weill-Marchesani Syndrome											

Table 2 Genes causing disorders of connective tissue (also available at: <http://links.lww.com/GIM/A112>)

Clinical Entities	OMIM #	ACTA2	ADAMTS2	ADAMTS10	ADAMTS14	ATRVIA2	BIALTL7	COL1A1	COL1A2	COL2A1	COL2A2	COL3A1	COL3A2	COL4A1	COL4A2	COL4A3	COL5A1	COL5A2	COL6A1	COL6A2	COL6A3	COL7A1	COL7A2	COL7A3	COL7A4	COL8A1	COL8A2	COL8A3	COL9A1	COL9A2	COL9A3	COL9A4	COL9A5	COL9A6	COL9A7	COL9A8	COL9A9	COL9A10	COL9A11	COL9A12	COL9A13	COL9A14	COL9A15	COL9A16	COL9A17	COL9A18	COL9A19	COL9A20	COL9A21	COL9A22	COL9A23	COL9A24	COL9A25	COL9A26	COL9A27	COL9A28	COL9A29	COL9A30	COL9A31	COL9A32	COL9A33	COL9A34	COL9A35	COL9A36	COL9A37	COL9A38	COL9A39	COL9A40	COL9A41	COL9A42	COL9A43	COL9A44	COL9A45	COL9A46	COL9A47	COL9A48	COL9A49	COL9A50	COL9A51	COL9A52	COL9A53	COL9A54	COL9A55	COL9A56	COL9A57	COL9A58	COL9A59	COL9A60	COL9A61	COL9A62	COL9A63	COL9A64	COL9A65	COL9A66	COL9A67	COL9A68	COL9A69	COL9A70	COL9A71	COL9A72	COL9A73	COL9A74	COL9A75	COL9A76	COL9A77	COL9A78	COL9A79	COL9A80	COL9A81	COL9A82	COL9A83	COL9A84	COL9A85	COL9A86	COL9A87	COL9A88	COL9A89	COL9A90	COL9A91	COL9A92	COL9A93	COL9A94	COL9A95	COL9A96	COL9A97	COL9A98	COL9A99	COL9A100	COL9A101	COL9A102	COL9A103	COL9A104	COL9A105	COL9A106	COL9A107	COL9A108	COL9A109	COL9A110	COL9A111	COL9A112	COL9A113	COL9A114	COL9A115	COL9A116	COL9A117	COL9A118	COL9A119	COL9A120	COL9A121	COL9A122	COL9A123	COL9A124	COL9A125	COL9A126	COL9A127	COL9A128	COL9A129	COL9A130	COL9A131	COL9A132	COL9A133	COL9A134	COL9A135	COL9A136	COL9A137	COL9A138	COL9A139	COL9A140	COL9A141	COL9A142	COL9A143	COL9A144	COL9A145	COL9A146	COL9A147	COL9A148	COL9A149	COL9A150	COL9A151	COL9A152	COL9A153	COL9A154	COL9A155	COL9A156	COL9A157	COL9A158	COL9A159	COL9A160	COL9A161	COL9A162	COL9A163	COL9A164	COL9A165	COL9A166	COL9A167	COL9A168	COL9A169	COL9A170	COL9A171	COL9A172	COL9A173	COL9A174	COL9A175	COL9A176	COL9A177	COL9A178	COL9A179	COL9A180	COL9A181	COL9A182	COL9A183	COL9A184	COL9A185	COL9A186	COL9A187	COL9A188	COL9A189	COL9A190	COL9A191	COL9A192	COL9A193	COL9A194	COL9A195	COL9A196	COL9A197	COL9A198	COL9A199	COL9A200	COL9A201	COL9A202	COL9A203	COL9A204	COL9A205	COL9A206	COL9A207	COL9A208	COL9A209	COL9A210	COL9A211	COL9A212	COL9A213	COL9A214	COL9A215	COL9A216	COL9A217	COL9A218	COL9A219	COL9A220	COL9A221	COL9A222	COL9A223	COL9A224	COL9A225	COL9A226	COL9A227	COL9A228	COL9A229	COL9A230	COL9A231	COL9A232	COL9A233	COL9A234	COL9A235	COL9A236	COL9A237	COL9A238	COL9A239	COL9A240	COL9A241	COL9A242	COL9A243	COL9A244	COL9A245	COL9A246	COL9A247	COL9A248	COL9A249	COL9A250	COL9A251	COL9A252	COL9A253	COL9A254	COL9A255	COL9A256	COL9A257	COL9A258	COL9A259	COL9A260	COL9A261	COL9A262	COL9A263	COL9A264	COL9A265	COL9A266	COL9A267	COL9A268	COL9A269	COL9A270	COL9A271	COL9A272	COL9A273	COL9A274	COL9A275	COL9A276	COL9A277	COL9A278	COL9A279	COL9A280	COL9A281	COL9A282	COL9A283	COL9A284	COL9A285	COL9A286	COL9A287	COL9A288	COL9A289	COL9A290	COL9A291	COL9A292	COL9A293	COL9A294	COL9A295	COL9A296	COL9A297	COL9A298	COL9A299	COL9A300	COL9A301	COL9A302	COL9A303	COL9A304	COL9A305	COL9A306	COL9A307	COL9A308	COL9A309	COL9A310	COL9A311	COL9A312	COL9A313	COL9A314	COL9A315	COL9A316	COL9A317	COL9A318	COL9A319	COL9A320	COL9A321	COL9A322	COL9A323	COL9A324	COL9A325	COL9A326	COL9A327	COL9A328	COL9A329	COL9A330	COL9A331	COL9A332	COL9A333	COL9A334	COL9A335	COL9A336	COL9A337	COL9A338	COL9A339	COL9A340	COL9A341	COL9A342	COL9A343	COL9A344	COL9A345	COL9A346	COL9A347	COL9A348	COL9A349	COL9A350	COL9A351	COL9A352	COL9A353	COL9A354	COL9A355	COL9A356	COL9A357	COL9A358	COL9A359	COL9A360	COL9A361	COL9A362	COL9A363	COL9A364	COL9A365	COL9A366	COL9A367	COL9A368	COL9A369	COL9A370	COL9A371	COL9A372	COL9A373	COL9A374	COL9A375	COL9A376	COL9A377	COL9A378	COL9A379	COL9A380	COL9A381	COL9A382	COL9A383	COL9A384	COL9A385	COL9A386	COL9A387	COL9A388	COL9A389	COL9A390	COL9A391	COL9A392	COL9A393	COL9A394	COL9A395	COL9A396	COL9A397	COL9A398	COL9A399	COL9A400	COL9A401	COL9A402	COL9A403	COL9A404	COL9A405	COL9A406	COL9A407	COL9A408	COL9A409	COL9A410	COL9A411	COL9A412	COL9A413	COL9A414	COL9A415	COL9A416	COL9A417	COL9A418	COL9A419	COL9A420	COL9A421	COL9A422	COL9A423	COL9A424	COL9A425	COL9A426	COL9A427	COL9A428	COL9A429	COL9A430	COL9A431	COL9A432	COL9A433	COL9A434	COL9A435	COL9A436	COL9A437	COL9A438	COL9A439	COL9A440	COL9A441	COL9A442	COL9A443	COL9A444	COL9A445	COL9A446	COL9A447	COL9A448	COL9A449	COL9A450	COL9A451	COL9A452	COL9A453	COL9A454	COL9A455	COL9A456	COL9A457	COL9A458	COL9A459	COL9A460	COL9A461	COL9A462	COL9A463	COL9A464	COL9A465	COL9A466	COL9A467	COL9A468	COL9A469	COL9A470	COL9A471	COL9A472	COL9A473	COL9A474	COL9A475	COL9A476	COL9A477	COL9A478	COL9A479	COL9A480	COL9A481	COL9A482	COL9A483	COL9A484	COL9A485	COL9A486	COL9A487	COL9A488	COL9A489	COL9A490	COL9A491	COL9A492	COL9A493	COL9A494	COL9A495	COL9A496	COL9A497	COL9A498	COL9A499	COL9A500	COL9A501	COL9A502	COL9A503	COL9A504	COL9A505	COL9A506	COL9A507	COL9A508	COL9A509	COL9A510	COL9A511	COL9A512	COL9A513	COL9A514	COL9A515	COL9A516	COL9A517	COL9A518	COL9A519	COL9A520	COL9A521	COL9A522	COL9A523	COL9A524	COL9A525	COL9A526	COL9A527	COL9A528	COL9A529	COL9A530	COL9A531	COL9A532	COL9A533	COL9A534	COL9A535	COL9A536	COL9A537	COL9A538	COL9A539	COL9A540	COL9A541	COL9A542	COL9A543	COL9A544	COL9A545	COL9A546	COL9A547	COL9A548	COL9A549	COL9A550	COL9A551	COL9A552	COL9A553	COL9A554	COL9A555	COL9A556	COL9A557	COL9A558	COL9A559	COL9A560	COL9A561	COL9A562	COL9A563	COL9A564	COL9A565	COL9A566	COL9A567	COL9A568	COL9A569	COL9A570	COL9A571	COL9A572	COL9A573	COL9A574	COL9A575	COL9A576	COL9A577	COL9A578	COL9A579	COL9A580	COL9A581	COL9A582	COL9A583	COL9A584	COL9A585	COL9A586	COL9A587	COL9A588	COL9A589	COL9A590	COL9A591	COL9A592	COL9A593	COL9A594	COL9A595	COL9A596	COL9A597	COL9A598	COL9A599	COL9A600	COL9A601	COL9A602	COL9A603	COL9A604	COL9A605	COL9A606	COL9A607	COL9A608	COL9A609	COL9A610	COL9A611	COL9A612	COL9A613	COL9A614	COL9A615	COL9A616	COL9A617	COL9A618	COL9A619	COL9A620	COL9A621	COL9A622	COL9A623	COL9A624	COL9A625	COL9A626	COL9A627	COL9A628	COL9A629	COL9A630	COL9A631	COL9A632	COL9A633	COL9A634	COL9A635	COL9A636	COL9A637	COL9A638	COL9A639	COL9A640	COL9A641	COL9A642	COL9A643	COL9A644	COL9A645	COL9A646	COL9A647	COL9A648	COL9A649	COL9A650	COL9A651	COL9A652	COL9A653	COL9A654	COL9A655	COL9A656	COL9A657	COL9A658	COL9A659	COL9A660	COL9A661	COL9A662	COL9A663	COL9A664	COL9A665	COL9A666	COL9A667	COL9A668	COL9A669	COL9A670	COL9A671	COL9A672	COL9A673	COL9A674	COL9A675	COL9A676	COL9A677	COL9A678	COL9A679	COL9A680	COL9A681	COL9A682	COL9A683	COL9A684	COL9A685	COL9A686	COL9A687	COL9A688	COL9A689	COL9A690	COL9A691	COL9A692	COL9A693	COL9A694	COL9A695	COL9A696	COL9A697	COL9A698	COL9A699	COL9A700	COL9A701	COL9A702	COL9A703	COL9A704	COL9A705	COL9A706	COL9A707	COL9A708	COL9A709	COL9A710	COL9A711	COL9A712	COL9A713	COL9A714	COL9A715	COL9A716	COL9A717	COL9A718	COL9A719	COL9A720	COL9A721	COL9A722	COL9A723	COL9A724	COL9A725	COL9A726	COL9A727	COL9A728	COL9A729	COL9A730	COL9A731	COL9A732	COL9A733	COL9A734	COL9A735	COL9A736	COL9A737	COL9A738	COL9A739	COL9A740	COL9A741	COL9A742	COL9A743	COL9A744	COL9A745	COL9A746	COL9A747	COL9A748	COL9A749	COL9A750	COL9A751	COL9A752	COL9A753	COL9A754	COL9A755	COL9A756	COL9A757	COL9A758	COL9A759	COL9A760	COL9A761	COL9A762	COL9A763	COL9A764	COL9A765	COL9A766	COL9A767	COL9A768	COL9A769	COL9A770	COL9A771	COL9A772	COL9A773	COL9A774	COL9A775	COL9A776	COL9A777	COL9A778	COL9A779	COL9A780	COL9A781	COL9A782	COL9A783	COL9A784	COL9A785	COL9A786	COL9A787	COL9A788	COL9A789	COL9A790	COL9A791	COL9A792	COL9A793	COL9A794	COL9A795	COL9A796	COL9A797	COL9A798	COL9A799	COL9A800	COL9A801	COL9A802	COL9A803	COL9A804	COL9A805	COL9A806	COL9A807	COL9A808	COL9A809	COL9A810	COL9A811	COL9A812	COL9A813	COL9A814	COL9A815	COL9A816	COL9A817	COL9A818	COL9A819	COL9A820	COL9A821	COL9A822	COL9A823	COL9A824	COL9A825	COL9A826	COL9A827	COL9A828	COL9A829	COL9A830	COL9A831	COL9A832	COL9A833	COL9A834	COL9A835	COL9A836	COL9A837	COL9A838	COL9A839	COL9A840	COL9A841	COL9A842	COL9A843	COL9A844	COL9A845	COL9A846	COL9A847	COL9A848	COL9A849	COL9A850	COL9A851	COL9A852	COL9A853	COL9A854	COL9A855	COL9A856	COL9A857	COL9A858	COL9A859	COL9A860	COL9A861	COL9A862	COL9A863	COL9A864	COL9A865	COL9A866	COL9A867	COL9A868	COL9A869	COL9A870	COL9A871	COL9A872	COL9A873	COL9A874	COL9A875	COL9A876	COL9A877	COL9A878	COL9A879	COL9A880	COL9A881	COL9A882	COL9A883	COL9A884	COL9A885	COL9A886	COL9A887	COL9A888	COL9A889	COL9A890	COL9A891	COL9A892	COL9A893	COL9A894	COL9A895	COL9A896	COL9A897	COL9A898	COL9A899	COL9A900	COL9A901	COL9A902	COL9A903	COL9A904	COL9A905	COL9A906	COL9A907	COL9A908	COL9A909	COL9A910	COL9A911	COL9A912	COL9A913	COL9A914	COL9A915	COL9A916	COL9A917	COL9A918	COL9A919	COL9A920	COL9A921	COL9A922	COL9A923	COL9A924	COL9A925	COL9A926	COL9A927	COL9A928	COL9A929	COL9A930	COL9A931	COL9A932	COL9A933	COL9A934	COL9A935	COL9A936	COL9A937	COL9A938	COL9A939	COL9A940	COL9A941	COL9A942	COL9A943	COL9A944	COL9A945	COL9A946	COL9A947	COL9A948	COL9A949	COL9A950	COL9A951	COL9A952	COL9A953	COL9A954	COL9A955	COL9A956	COL9A957	COL9A958	COL9A959	COL9A960	COL9A961	COL9A962	COL9A963	COL9A964	COL9A965	COL9A966	COL9A967	COL9A968	COL9A969	COL9A970	COL9A971	COL9A972	COL9A973	COL9A974	COL9A975	COL9A976	COL9A977	COL9A978	COL9A979	COL9A980	COL9A981	COL9A982	COL9A983	COL9A984	COL9A985	COL9A986	COL9A987	COL9A988	COL9A989	COL9A990	COL9A991	COL9A992	COL9A993	COL9A994	COL9A995	COL9A996	COL9A997	COL9A998	COL
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## RESULTS

Listed alphabetically below are additional facts to supplement the main body of information in the tables.

### Aneurysms, aortic abdominal

Aneurysms, aortic abdominal (AAA) may be present in isolation or as part of a syndrome such as vascular Ehlers-Danlos syndrome (EDS), Loeys-Dietz syndrome, or Marfan syndrome. Three loci for isolated AAA have been identified: 19q13, 4q31, and 9p21. However, most AAAs are of multifactorial etiology.<sup>9</sup>

### Arterial tortuosity syndrome

Arterial tortuosity syndrome is distinguished from forms of EDS by the generalized tortuosity of the arterial bed. Arterial tortuosity syndrome may include occasional manifestations such as inguinal and diaphragmatic hernias, intestinal elongation, keratoconus, macrocephaly, arachnodactyly, joint contractures, and hypotonia in addition to the more common features listed in Table 1 (Supplemental Digital Content 1, <http://links.lww.com/GIM/A111>). Characteristic facial features can include a distinctive elongated facies, micrognathia, small mouth, high arched palate, low set ears, long philtrum, beaked nose, down-slanting palpebral fissures, long ears, and sagging cheeks.<sup>10,11</sup>

### Bicuspid aortic valve with thoracic aortic aneurysm

Bicuspid aortic valve (BAV) with thoracic aortic aneurysm (TAA) is often associated with aortic calcification,<sup>12</sup> and research in mice and humans suggests that these conditions have a common etiology through genes such as *NOTCH1*.<sup>13–15</sup> Individuals with normal tricuspid aortic valves in families with BAV/TAA can also be at risk for aortic valve calcification or TAA, especially if they carry a known familial mutation in *NOTCH1*.<sup>16</sup> Clinical management suggestions for BAV/TAA may include pharmacologic therapy with beta-blockers and angiotensin converting enzyme inhibitors or angiotensin receptor blockers, aggressive hypertension control, annual imaging of ascending aortas with diameters >4.0 cm, and elective surgical repair of dilated aortas >5.0 cm in diameter or >4.5 cm with additional risk factors.<sup>16</sup>

### Camurati-Engelmann disease

Camurati-Engelmann disease (CED) is a rare bone dysplasia, also known as progressive diaphyseal dysplasia, within the group of craniofacial hyperostosis disorders resulting from activating mutations in transforming growth factor  $\beta$ 1 (TGF- $\beta$ 1), a bone growth promoter. Skeletal scintigraphy can be used to detect CED even at early stages. In addition to pain in the extremities (the most common symptom), other diagnostic clinical features include a waddling gait, easy fatigability, and muscle weakness. Reduced subcutaneous fat and cranial nerve defects including hearing loss are reported in a subset of CED patients.<sup>17</sup> CED and Ribbing disease (OMIM no. 601477) are phenotypic variations of the same genetic disorder.

### CATSHL syndrome

CATSHL syndrome stands for “camptodactyly, tall stature, and hearing loss.” This rare syndrome was identified in a family with a missense mutation in the tyrosine kinase domain of *FGFR3*, predicted to result in a partial loss of function.<sup>18</sup> Generally, strong genotype-phenotype correlations characterize *FGFR*-related disorders. Mutations in *FGFR3* predominantly affect bones that develop by endochondral ossification, whereas mutations in closely related genes, *FGFR1* and *FGFR2*, exert their primary effects on bones developing by intramembranous

ossification. *FGFR3* mutations may promote (as in the case of CATSHL) or inhibit (as in the achondroplasias) endochondral bone growth.

### Congenital contractural arachnodactyly

Congenital contractural arachnodactyly (CCA) is also known as Beals-Hecht syndrome. The classic ear dysmorphism involves a “crumpled” appearance with a folded upper helix, although this feature is not always present. Medial degeneration of the proximal aorta leading to aortic aneurysm and possibly dissection is occasionally seen in CCA and should be closely monitored. Contractures of the knees and ankles may be present at birth and often improve with age. Flexion contractures in the small joints of the digits also occur, and hip contractures, thumb adduction, and clubfoot are less common. Paradoxical patellar laxity, keratoconus, and pyeloureteral junction stenosis have also been reported. A rare severe/lethal form of CCA has also been identified, which includes severe cardiovascular and gastrointestinal symptoms.<sup>19</sup> Significant clinical differences have not been observed between *FBN2*-mutation-positive and *FBN2*-negative patients, suggesting locus heterogeneity.<sup>20</sup> Of *FBN2*-positive patients, frequency of joint dislocation is significantly higher with *FBN2* missense mutations compared to splice-site mutations.<sup>21</sup> The proportion of de novo cases is unknown, but many patients diagnosed with CCA have an affected parent.<sup>22</sup>

### Cutis laxa, autosomal dominant

Cutis laxa, autosomal dominant (ADCL) was originally thought to involve minor systemic manifestations; however, thoracic aortic aneurysmal disease, inguinal hernias, and emphysema are now recognized as serious potential clinical manifestations.<sup>23–25</sup>

### Cutis laxa, autosomal recessive type I

Cutis laxa, autosomal recessive AR type I (ARCLI) has the poorest prognosis of the cutis laxas and is thought to be less common than ARCLII. The lung manifestations in ARCLI involve severe cardiopulmonary lesions, including infantile emphysema and/or supravalvular aortic stenosis. Clinical differences exist between ARCLI caused by *FBLN4* and *FBLN5*; for example, only *FBLN4* has been linked to collagen-related abnormalities such as bone fragility and aneurysms of medium-sized arteries.<sup>26,27</sup> The genetic basis for the majority of ARCLI cases remains unknown. Recently, Morava et al.<sup>28</sup> published a comprehensive comparison of the autosomal recessive cutis laxa syndromes.

### Cutis laxa autosomal recessive Type II

Cutis laxa autosomal recessive Type II (ARCLII) often includes a characteristic facies with down-slanting palpebral fissures, a short nose, and a small mouth. Central nervous system and systemic involvement is variable, and microcephaly is often present. The skin phenotype tends to attenuate with age, whereas neurological symptoms may emerge or worsen later in life. The large anterior fontanel exhibits late closure. Many patients with ARCLII have a congenital defect of glycosylation (CDG type II, ATP6V0A2 mutation), whereas others have defects in proline biosynthesis associated with wrinkly skin, osteopenia, and progeroid appearance (PYCR1, P5CS mutations).<sup>29,30</sup> Analysis of apolipoprotein C-III isoelectric focusing, demonstrating a disturbance of *O*-glycosylation, is diagnostic, and isoelectric focusing of transferrin may also be disturbed. Evaluation of protein glycosylation status is recommended for all children presenting with congenital wrinkled skin/cutis laxa, late fontanel closure, developmental delay, and variable CNS

involvement. Wrinkly skin syndrome (OMIM no. 278250) and ARCLII are part of a spectrum of phenotypic variation caused by defects in a single gene.<sup>31</sup> The phenotype may also overlap with geroderma osteodysplasia (OMIM no. 231070) and de Barsy syndrome (OMIM no. 219150).

### Cutis laxa, X-linked

Cutis laxa, X-linked (XLCL) is also known as occipital horn syndrome, due to the presence of diagnostic bilateral, symmetric wedge-shaped bony outgrowths beside the foramen magnum at the site of trapezius and sternocleidomastoid muscle attachment. There may be hyperextensibility of wrist and interphalangeal joints but contractures of elbow and knee. Facial features may include a hooked nose and long philtrum, which are characteristic of cutis laxa in general. Failure to thrive may be due to chronic diarrhea, malabsorption, congenital hydronephrosis, or urethral and bladder diverticulae.<sup>27</sup> Mental retardation may or may not be present. XLCL is a copper transport disease allelic with Menkes Disease (OMIM no. 309400), often sharing the feature of brittle hair. Serum ceruloplasmin may be low or normal, and lysyl oxidase activity may also be decreased.

### Ectopia lentis, familial

Ectopia lentis, familial is caused by mutations in *FBNI* that are predicted to disrupt normal disulfide bond formation and native protein structure.<sup>30</sup> Glaucoma can be present secondary to lens subluxation. Although mutations in *FBNI* result in autosomal dominant isolated ectopia lentis, autosomal recessive variations have also been described, some of which are due to mutations in *LTBP-2*<sup>32</sup> and *ADAMTSL4*<sup>33</sup>. Three families with autosomal recessive ectopia lentis due to mutations in *LTBP-2* exhibited mild-to-moderate osteopenia in carriers and affected individuals as well as a high arched palate, although no other features overlapping with Marfan syndrome were present, whereas all cases with *LTBP-2*-null mutations in a fourth family had Marfanoid skeletal and joint features without osteopenia.<sup>32</sup> Ectopia lentis may also occur in combination with mild skeletal symptoms, mitral valve prolapse, or nonprogressive aortic root dilatation, especially when due to mutations in *FBNI*. Some patients diagnosed with familial ectopia lentis may develop aortic aneurysm later in life and could be considered to have late forms of Marfan syndrome. Ectopia lentis has also been identified in a subset of patients with *TGFBR2* mutations and minimal skeletal findings.<sup>34</sup>

### Ehlers-Danlos syndrome, arthrochalasia type (EDS type VIIA, VIIB)

Ehlers-Danlos syndrome, arthrochalasia type (EDS type VIIA, VIIB) is distinguished from other types of EDS by a high frequency of early-onset congenital hip dislocation, extreme joint laxity with recurrent joint subluxations (large and small, particularly of the hips), and minimal skin involvement. Hyperelasticity of skin is usually mild when present. Individuals with arthrochalasia type of EDS may exhibit a history of frequent fractures, a phenotypic overlap with osteogenesis imperfecta, and short stature may also be associated.<sup>35</sup> The pathologic basis of this disorder is an inability of  $\alpha$ -1 or  $\alpha$ -2 chains of type I procollagen to be converted to collagen due to mutations altering the procollagen cleavage site.

### Ehlers-Danlos syndrome, cardiac valvular type

Ehlers-Danlos syndrome, cardiac valvular type can have the typical skin and joint involvement of classical EDS (although not always) as well as an increased risk for cardiac valvular

involvement. This is a very rare variant of EDS, with only a handful of patients having been described to date. The molecular basis is a complete absence of pro $\alpha$ 2(I) collagen chains, resulting from homozygosity or heterozygosity for *COL1A2* null mutations.<sup>36</sup> Cardiac-valvular EDS is a relatively mild variant on the spectrum of clinical phenotypes resulting from *COL1A2* mutations, which also includes osteogenesis imperfecta. Unlike for osteogenesis imperfecta, no skeletal abnormalities are observed in cardiac valvular EDS. The cardiac valvular type of EDS may overlap with mild form of hypermobility type EDS during childhood, with cardiac valvular complications emerging during adulthood.<sup>37</sup>

### Ehlers-Danlos syndrome, classical type (EDS type I, II)

Ehlers-Danlos syndrome, classical type (EDS type I, II) features skin that is often characterized as smooth and velvety. Atrophic scarring is a key dermatological finding. Typical facial features may include epicanthic folds, excess eyelid skin, and a prematurely aged appearance. It is distinct from the hypermobility type, which has much more subtle skin manifestations. Bruising may be the presenting symptom in pediatric patients.<sup>38</sup> Type V collagen defects (*COL5A1* and *COL5A2*) are identified in ~50% of classical EDS cases. For the major and minor diagnostic features of the six commonly recognized types of EDS, see the revised nosology created by the Ehlers-Danlos National Foundation (USA) and Ehlers-Danlos Support Group (UK).<sup>39</sup>

### Ehlers-Danlos syndrome, dermatosparaxis type (EDS type VIIC)

Ehlers-Danlos syndrome, dermatosparaxis type (EDS type VIIC) is characterized by extreme skin fragility. Patients with dermatosparaxis type EDS may exhibit a delayed onset of a typical phenotype, and at-risk infants may thus require follow-up during the first 2 years. Facial dysmorphism may include eyelid fullness, epicanthal folds, and down-slanting palpebral fissures. Blue sclera may be observed. The deciduous and permanent dentition may exhibit a variety of abnormalities.<sup>40</sup> Similar to the arthrochalasia type of EDS, the dermatosparaxis type is caused by deficiencies in the processing of procollagen into collagen. Although the arthrochalasia type of EDS is caused by mutations in *COL1A1* or *COL1A2*, the dermatosparaxis type involves mutations in the gene for the protease *ADAMTS-2*.<sup>41</sup>

### Ehlers-Danlos syndrome, kyphoscoliotic type (EDS type VI)

Ehlers-Danlos syndrome, kyphoscoliotic type (EDS type VI) is distinguished from other types of EDS by gross motor developmental delay resulting from muscular hypotonia combined with joint laxity. Because of these clinical features, the differential diagnosis of infants with kyphoscoliotic EDS may initially include congenital muscular dystrophies, congenital myopathies, and lower motor neuron diseases. Adolescents with this form of EDS may present with generalized muscle weakness in addition to the reduced muscle tone in rest of hypotonia.<sup>42</sup> Kyphoscoliotic EDS should be considered if results of neuromuscular tests come back normal, contractures are absent, and Marfanoid habitus is present. Diagnosis of kyphoscoliotic EDS can be biochemically confirmed by a significantly increased ratio of total urinary lysyl pyridinoline to hydroxylysyl pyridinoline.<sup>43,44</sup>

### Ehlers-Danlos syndrome, progeroid type

Ehlers-Danlos syndrome, progeroid type is a congenital disorder of glycosylation, such as type II AR cutis laxa.<sup>45</sup> As its name suggests, this type of EDS may be characterized by a distinctive progeroid facies as well as facial skin wrinkling, fine curly hair, scanty eyebrows and eyelashes, and downslanting palpebral fissures. Developmental delay and skeletal abnormalities are also typical. Skin may be loose but still elastic. A spectrum of severity is seen in the skin phenotype and may be as mild as slight facial wrinkling and no remarkable skin laxity.<sup>46</sup>

### Ehlers-Danlos syndrome, spondylocheirodysplastic type

Ehlers-Danlos syndrome, spondylocheirodysplastic type (SCD-EDS) features skin that is described as smooth, velvety, thin, fragile, and translucent with atrophic (cigarette-paper) scarring, as in classical EDS. Over the hands and feet, the skin can appear wrinkled and prematurely aged, and the fingers are described as slender and tapering. Small joint contractures and substantial atrophy of the thenar and hypothenar muscles may limit fine motor skills and gives the hands a similar appearance to that seen in LH3 deficiency syndrome. Growth retardation occurs postnatally. Protruding eyes with down-slanting palpebral fissures and bluish sclera are characteristic of this disorder. Flat feet (*pes planus*), a common feature of connective tissue disorders, is also characteristic of SCD-EDS. Persons with SCD-EDS may exhibit a distinctive waddling gait and experience pain in the knees and hips when walking.<sup>47</sup>

### Ehlers-Danlos syndrome, vascular type (EDS type IV)

Ehlers-Danlos syndrome, vascular type (EDS type IV) stems from a reduction or absence of normal type III collagen within the tunica media of large elastic arteries. This predisposes persons to abnormalities in major blood vessels and resultant aneurysms, spontaneous vascular rupture, dissections, and arteriovenous fistulas. Individuals with vascular EDS exhibit extreme bruisability. Commonly ruptured hollow organs include the intestines, particularly the colon, and the uterus, making pregnancy highly risky for women with vascular EDS. Lung manifestations, although less common, have recently been reported and may include recurrent hemoptysis, spontaneous pneumothorax, or bulla and bleb formation. Distinctive facial features inconsistently may include acrogeria, characterized as a slender facies with prominent bones; sunken cheeks; thin, pinched nose; bulging eyes; and thin lips.<sup>48,49</sup> Skin hyperelasticity and joint hypermobility are limited in vascular EDS. The majority of familial vascular EDS cases are inherited in an autosomal dominant fashion, although a case of recessively inherited vascular EDS has been identified.<sup>50</sup> There is significant phenotypic overlap between vascular EDS and familial arterial aneurysms. It is important to distinguish between Loeys-Dietz Syndrome and vascular EDS because of the significantly higher rate of intraoperative mortality associated with the latter.<sup>51</sup>

### Ehlers-Danlos-like syndrome, tenascin X deficiency

Ehlers-Danlos-like syndrome, tenascin X (TNX) deficiency is characterized by hypermobile joints, hyperelastic skin, and very easy bruising but without the atrophic scarring or poor wound healing seen in classical EDS. Other significant medical problems occurring in persons with this disorder include severe diverticular intestinal disease (e.g., pancolonic) with ruptured diverticula, gastrointestinal bleeding, rectal prolapse, mitral

valve prolapse requiring valve replacement, and chronic obstructive airway disease. Abnormal nerve conduction studies indicating polyneuropathy are common and significantly more frequent in tenascin-X deficient EDS compared with other forms of EDS.<sup>52</sup> Although this is a recessive condition, up to 2/3 of females heterozygous for TNX deficiency may have isolated joint hypermobility. Less invasive alternatives to endoscopy should be considered for patients with TNX deficient EDS because of the theoretical risk of bowel perforation. Baseline pulmonary testing is recommended for all patients with TNX deficient EDS, and smoking patients should be strongly encouraged to stop because of the risk for COPD.<sup>53</sup> Contiguous gene deletions involving both tenascin X and 21-hydroxylase genes can result in congenital adrenal hyperplasia with tenascin X deficiency.<sup>54,55</sup>

### Familial thoracic aneurysm and/or dissection

Familial thoracic aneurysm and/or dissection (FTAAD) results in heritable aortic dilatation, aneurysm, and dissection.<sup>56</sup> Cerebral vessels may also be affected with fusiform aneurysms or tortuosity. Multiple genes, the majority of which act in an autosomal dominant manner, cause FTAAD, and linkage to other loci indicates that additional genes await discovery. Smooth muscle cell contraction has been found to be important in maintaining the structural integrity of the thoracic/ascending aorta, and mutations in the genes coding for smooth muscle cell  $\alpha$ -actin (*ACTA2*) and  $\beta$ -myosin heavy chain (*MYH11*) have been identified as causes of FTAAD.<sup>57</sup> Mutations in *ACTA2* are the most common cause of FTAAD and may be associated with livedo reticularis, iris flocculi, PDA, and BAV. FTAAD caused by TGFBR mutations often involves skeletal manifestations of a connective tissue disorder (such as joint hypermobility, *pes planus*, dolichocephaly, or a highly arched palate) that do not meet diagnostic criteria for a particular syndrome. Differences in clinical presentation between individuals with FTAAD due to TGFBR1 and TGFBR2 have been identified, including an increase in cancer incidence with TGFBR1 compared with TGFBR2 and better survival for women with vascular disease due to TGFBR1 mutation with no gender difference seen in TGFBR2.<sup>58</sup> An inclusive overview of the molecular basis of FTAAD was published by Milewicz et al.<sup>59</sup> in 2008.

### Fragile-X syndrome

Fragile-X syndrome, also known as Martin-Bell syndrome, is the most common cause of X-linked mental retardation. The syndrome includes a variety of clinical features of disordered connective tissue, and skin and cardiac tissues from individuals with Fragile-X syndrome demonstrate elastin fibers that are aberrantly distributed and structured.<sup>60,61</sup> *Pes planus* is a common musculoskeletal finding in addition to those listed in Table 1 (Supplemental Digital Content 1, <http://links.lww.com/GIM/A111>). Facial features may be subtle; the characteristic facies is long with a high forehead, large jaw and prominent chin, and ears are characteristically large and low set. Strabismus (but not blue sclera) was present in roughly half of affected individuals in one study.<sup>60</sup> Affected individuals may display features of autism. Behavioral-cognitive manifestations most commonly include a combination of poor eye contact, perseverative speech, echolalia, poor attention span, hyperactivity, and unusual hand mannerisms; a patient who presents with this characteristic facies, joint laxity, macroorchidism, a family history of mental retardation, and any of the psychiatric manifestations listed above should be evaluated for Fragile-X syndrome. Female Fragile X premutation carriers are at risk for premature ovarian failure.

Premutations are also associated with a syndrome of tremor and ataxia.<sup>62</sup>

### Homocystinuria

Homocystinuria is due to cystathionine beta-synthase deficiency (CBS). There is a high risk for morbidity and mortality due to vascular thrombosis and stroke.<sup>63</sup> Clinical clues to the diagnosis include generalized hypopigmentation, pancreatitis, malar flush, and livedo reticularis. Subluxation of the lens is usually downward in homocystinuria, whereas in Marfan syndrome, the lens is generally dislocated upward. Neuropsychiatric disease is common in untreated patients.

### LH3 deficiency syndrome

LH3 deficiency syndrome can manifest with a characteristic facies of shallow orbits, a small nose, down-turned mouth corners, a flat facial profile, and low-set, simplified ears. Osteopenia and fractures may be present, and growth retardation is both prenatal and postnatal. In addition to the features listed in Table 2 (Supplemental Digital Content 2, <http://links.lww.com/GIM/A112>), nonscarring skin blistering, hypoplastic nails, spontaneous hemorrhage, and cataracts were present. Progressive scoliosis was identified but not pectus deformities. Clubfoot (talipes equinovarus), small joint contractures, and atrophy of the thenar and hypothenar muscles are similar to the spondylocheirodysplastic form of EDS. The clinical features in LH3 (lysyl hydroxylase 3) deficiency are thought to stem from the loss of the glucosyltransferase activity of LH3, which normally modifies the pyridinoline crosslinks of collagen extracellularly via hydroxyllysine glycosylation. Thus, the absence of the disaccharide derivative of pyridinoline (Glc-Gal-PYD) in urine is biochemically diagnostic but not yet clinically available.<sup>64</sup>

### Loeys-Dietz syndrome

Loeys-Dietz syndrome has a continuum of presentations that generally include both vascular and skeletal findings and is divided into two types based on the third major system involved. Craniofacial findings are seen particularly in LDS type I, which accounts for about three quarters of LDS. Cutaneous findings are seen in the quarter of LDS patients diagnosed with LDS II. These features of organ rupture and vascular events are similar to those seen in vascular EDS. As in classical EDS, the skin may be described as translucent and velvety in LDS II. Genotype-phenotype correlations do not explain the distinction between LDS I and LDS II. *TGFBR1* mutations account for 25% of LDS patients and *TGFBR2* mutations account for 75% of LDS patients with no correlation to type.<sup>65</sup> In both types of LDS, the vascular manifestations tend to be more severe than in Marfan syndrome and require more aggressive screening and treatment. Pneumothorax is the primary lung manifestation of Loeys-Dietz syndrome. Organs including the spleen, bowel, and uterus are at risk for rupture. Hernias are often recurrent. In addition to dural ectasia, neuroradiologic findings may include Arnold-Chiari type I manifestation, but this may be relatively rare. A minority of LDS patients will have developmental delay.

### Lujan syndrome

Lujan syndrome is also known as Lujan-Fryns syndrome. The psychiatric manifestations may include a combination of hyperactivity, emotional lability, shyness, aggressiveness, autistic mannerisms, and psychoses.<sup>66</sup> The major structural defect of the brain is some degree of corpus callosum agenesis. The characteristic facies of Lujan syndrome is long and thin with a tall forehead, short philtrum and sometimes micrognathia. Other distinctive features not mentioned in Table 2 include a hyper-

nasal voice and macrocephaly. For more information on the differential diagnosis for Lujan Syndrome, see Van Buggenhout and Fryns<sup>67</sup> and Staholpu et al.<sup>68</sup> FG syndrome type 1, also known as Opitz-Kaveggia syndrome type 1, is allelic to Lujan syndrome<sup>69</sup> and shares many clinical features, but none that are characteristically marfanoid. Anal anomalies or constipation are restricted to FG Syndrome, and tall stature, long hands and fingers, and hypernasal speech resulting from a high nasal root are more characteristic of LS.<sup>70</sup> Lujan syndrome and FG syndrome are caused by mutations in *MED12*. Mutations in *UPF3B* have also been identified in families with Lujan-Fryns phenotype and the FG phenotype.<sup>71</sup>

### MACS syndrome (macrocephaly, alopecia, cutis laxa, and scoliosis)

MACS syndrome (macrocephaly, alopecia, cutis laxa, and scoliosis) is a newly described hereditary disorder of connective tissue based on three members of two related families.<sup>72</sup> The clinical presentation is expected to evolve as more individuals with *RIN2* mutations are identified. Macrocephaly and retrognathia are the predominant cranial abnormalities. Alopecia refers to the sparse scalp hair seen in this disorder. Cutis laxa is most notable in the face and mild ichthyosis may also be present. Severe scoliosis appears in the second decade of life (not at birth as in kyphoscoliotic EDS), resulting in short stature. The characteristic facies includes downslanting palpebral fissures, puffy eyelids, sagging cheeks, and everted lower lip. Ortho- and periodontal manifestations include abnormal positioning of the teeth (irregularly placed or unerupted) and gingival hyperplasia. The cutaneous phenotype becomes more pronounced with age in contrast to ARCLII, in which skin manifestations attenuate over time. Skin biopsy of affected individuals revealed fibulin-5 deficiency and a decrease in dermal microfibrils. Facial features resemble GAPO (growth retardation, pseudoanodontia, optic atrophy) syndrome (OMIM no. 230740), a rare autosomal recessive disorder that is phenotypically more severe and includes eye abnormalities, and the dermatosparaxis type of EDS, which also shares gingival hyperplasia but differs in having transparent, easy bruising skin.

### Marfan syndrome

The diagnosis of Marfan syndrome is a clinical diagnosis, relying on the revised Ghent consensus criteria. The diagnosis requires major clinical signs in at least two systems and milder or less specific clinical signs in a third system.<sup>73</sup> Skeletal findings include tall stature relative to other family members (attributed at least in part to disproportionately long limbs), long digits (arachnodactyly), anterior chest deformity including protrusion (pectus carinatum) or sunken appearance (pectus excavatum) of the sternum and anterior ribs which is related to overgrowth of ribs, joint laxity or contractures, scoliosis, and craniofacial manifestations including highly arched palate, crowded teeth, and overbite. Dural ectasia is a major diagnostic clinical criterion involving the lumbosacral spine. Ophthalmologic findings include myopia, lens subluxation (ectopia lentis), and increased axial globe length and corneal flatness. Cardiovascular findings include mitral valve prolapse, mitral regurgitation, aortic regurgitation, and dilatation of the aortic root at the level of sinuses of Valsalva that may result in an aneurysm and/or dissection. Cutaneous features include striae and recurrent hernia formation. Respiratory involvement may manifest as pulmonary blebs, which predispose to pneumothorax. *FBNI* mutations are inherited in about two-thirds of cases and rise de novo in the remainder. Hundreds of *FBNI* mutations have been

described, with the number continuing to grow. Few genotype-phenotype correlations have been established because of the extreme allelic heterogeneity within Marfan syndrome and genetically related disorders.<sup>74–77</sup> Although there is no known genetic heterogeneity in Marfan Syndrome, *TGFBR2* mutations have also been recognized in patients with Marfan-like phenotypes. Clinical outcomes appear similar to those of patients with *FBNI* mutations, with prognosis in either group depending more on the clinical disease expression and treatment than the responsible gene. Patients with *FBNI* mutations were found to have more extensive skeletal involvement, whereas patients with *TGFBR2* mutations had more severe aortic phenotypes overall.<sup>34</sup>

### MASS phenotype

MASS phenotype indicates the involvement of the MASS. The aortic enlargement is borderline and nonprogressive, and the skin and skeletal findings are nonspecific. These clinical characteristics overlap significantly with those of Marfan syndrome and provide clear evidence of a systemic extracellular matrix defect but are not sufficient for a diagnosis of Marfan syndrome. Thus, the MASS phenotype is part of the clinical continuum of *FBNI* disorders that ranges from Marfan syndrome to isolated features such as ectopia lentis.<sup>78</sup> Consequently, it is difficult to distinguish MASS phenotype from the early stages of Marfan syndrome when assessing individuals, particularly children, in the absence of family history. Intermittent cardiovascular monitoring is therefore indicated.

### Mitral valve prolapse syndrome

Mitral valve prolapse (MVP) syndrome refers to cases of idiopathic MVP in which other cardiac and connective tissue disorders have been ruled out. MVP syndrome is associated with systemic features that may include chest pain, dyspnea, thoracic cage deformity (including narrow A-P diameter), dysrhythmia, mild joint laxity, and long limbs. Prolapse occurs when the leaflets of the mitral valve billow into the left atrium and is estimated to be present in 2.4% of the general population, exhibiting age- and sex-dependent penetrance.<sup>79</sup> MVP may be sporadic or familial, isolated, or as part of a syndrome.<sup>80</sup> To date, no specific genes for MVP have been described, although three autosomal and one X-linked loci have been identified. Prognosis in MVP syndrome is better than for MVP in Marfan syndrome, with significantly lower risk for mitral regurgitation.

### Persistent patent ductus arteriosis with familial thoracic aneurysm

Persistent patent ductus arteriosis with familial thoracic aneurysm (PDA with FTA) is a monogenic pathophysiologic entity within the heterogenous group of TAA disease. It is caused by mutations in a specific region of the smooth muscle cell myosin heavy chain gene *MYH11*, which are associated with marked aortic stiffness even in nonsymptomatic individuals with the disease haplotype.<sup>81–83</sup> Risk in patients with PDA with FTA may be assessed through noninvasive measurement of aortic compliance and distensibility using MRI. FTA without PDA is also caused by *MYH11* mutations. *MYH11* is only rarely involved in sporadic isolated PDA.<sup>84</sup>

### Shprintzen-Goldberg syndrome

Shprintzen-Goldberg syndrome (SGS) shares many clinical manifestations with MFS and LDS, suggesting that SGS may also act through disturbance of TGF- $\beta$  signaling pathways, although no unique genetic loci have yet been established. The

identification of *TGFBR1*, *TGFBR2*, and *FBNI* mutations in some patients diagnosed with SGS suggests that recognition of SGS as a separate pathogenetic entity may be inappropriate, although the issue continues to be controversial.<sup>85–87</sup> The characteristic facies in SGS can include hypertelorism, down-slanting palpebral fissures, a highly arched palate, micrognathia, proptosis (protruding eyes), and low set, posteriorly rotated ears.<sup>88</sup> The presence of this characteristic facies, craniosynostosis, and mental retardation are the major features used to distinguish SGS clinically. Other features include Chiari malformation, rib anomalies, and equinovarus deformity (clubfeet). SGS is distinct from Goldberg-Shprintzen syndrome (OMIM no. 609640) and Shprintzen syndrome (OMIM no. 192430).

### Snyder-Robinson syndrome

Snyder-Robinson syndrome is a rare X-linked mental retardation syndrome with marfanoid skeletal features with similarities to Lujan syndrome. Other characteristic features of this syndrome include facial asymmetry with a prominent lower lip, nasal voice, unsteady gait, nonspecific movement disorder, EEG abnormalities, seizures, and diminished muscle bulk.<sup>89–91</sup>

### Stickler syndrome

Stickler syndrome is a relatively common connective tissue disorder. Cataracts and glaucoma may accompany the other ocular findings in Table 2 (Supplemental Digital Content 2, <http://links.lww.com/GIM/A112>). Mild spondyloepiphyseal dysplasia may also be present, and the hearing loss may be conductive and sensorineural. A flat facies and enlarged knees are also frequently seen. The presence of some clinical features—including retinal detachment, cataract, sensorineural hearing loss, early-onset degenerative joint disease, and certain skeletal abnormalities—is a function of age. Molecular analysis may assist in the diagnosis of the disorder but is not very useful in predicting the phenotypic expression of the disease, except in the case of ocular manifestations.<sup>92</sup> Two vitreoretinal phenotypes are clinically recognized.<sup>93</sup> Mutations in *COL2A1* are associated with a type I “membranous” vitreous phenotype. Because exon 2 of *COL2A1* is preferentially expressed in the eye, mutations in this exon result in an isolated type I vitreous defect.<sup>94</sup> The less common type II “beaded” vitreous phenotype is associated with mutations in *COL11A1*. Mutations in *COL11A2* produce a Stickler phenotype lacking vitreous manifestations, because *COL11A2* is not expressed in this tissue.<sup>95</sup>

### Weill-Marchesani syndrome

Weill-Marchesani syndrome (WMS) exhibits significant clinical homogeneity despite its genetic heterogeneity. In comparing autosomal dominant (AD—due to *FBNI*) and autosomal recessive (AR—due to *ADAMTS10*) WMS, no significant difference was found for the incidence of most clinical features.<sup>96</sup> There was approximately a 20% difference in incidence between AR and AD WMS for microspherophakia and cardiac anomalies (more prevalent in AR WMS) as well as joint limitations and ectopia lentis (more prevalent in AD WMS),<sup>97</sup> although these characteristics are commonly seen in both forms of WMS. Further complicating differentiation between AR and AD WMS based on family history, some heterozygotes for AR WMS display mild clinical manifestations of the disease, including short stature, brachydactyly, and abnormal gonioscopic findings. In addition to the eye manifestations listed in Table 2 (Supplemental Digital Content 2, <http://links.lww.com/GIM/A112>), shallow orbits and glaucoma can be features of WMS. Congenital cardiac abnormalities reported for patients with WMS include MVP, prolonged QT interval, and pulmonary and aortic valve

stenoses. Patients with WMS and a history of palpitation, light-headedness, dizziness or syncope should be evaluated for prolonged QTc, as it may be associated with serious arrhythmia.<sup>98</sup> The differential diagnosis of WMS includes Hunter-MacDonald Syndrome.<sup>99</sup>

## DISCUSSION

The cornerstones for establishing a diagnosis are a personal medical history, a family history extended through third-degree relatives, and a comprehensive genetics physical examination, with special attention to potential dysmorphic features, cardiac murmurs, body proportions, joint mobility, and skin characteristics. This article is meant to help guide the development of an informed differential diagnosis and suggest possible targets for further clinical evaluation and genetic testing. Considerations for specific testing in heritable disorders of connective tissue may include the following:

- Evaluation by an ophthalmologist with knowledge of disorders of connective tissue to assess abnormalities of the lens, retina, vitreous, and refraction.
- Radiographic imaging, including transthoracic or esophageal echocardiography, with careful, serial measurements of the aortic root at the level of the sinuses of Valsalva to compare with normal references for age and/or body mass index and evaluation of the aortic arch.
- CT or MR angiogram of the cerebral, neck, thoracic, abdominal, and pelvic arteries. An abnormality such as dissection, dilation, tortuosity, or aneurysm in any one artery should prompt a systematic assessment of all major arteries.
- A skeletal survey that may help evaluate underlying skeletal dysplasia, acetabular abnormalities, hyperostosis, or osteopenia.
- A bone densitometry study may be useful for identifying osteopenia.
- Special spine films, to help accurately diagnose the degree of any scoliosis.
- Brain imaging that may be indicated in individuals with neurologic signs or symptoms but not usually in individuals lacking such neurological features.
- Audiologic assessment, recommended when disorders with hearing loss are included in the differential diagnosis list.
- Clinical molecular testing when available for genes included in Table 2 (Supplemental Digital Content 2, <http://links.lww.com/GIM/A112>) associated with the disorders under consideration in the differential diagnosis. Current information on test availability and links to the laboratories offering testing can be found at Genetests.org.

Genetic disorders of connective tissue comprise a rapidly expanding list of Mendelian syndromes that can manifest with significantly overlapping clinical findings, especially involving the musculoskeletal, cardiovascular, respiratory, ophthalmologic, and cutaneous systems. Diagnostic accuracy is most critical in serious but highly treatable disorders. Such disorders include homocystinuria and potentially, with the recent development of beta-blocker therapy or angiotensin II receptor antagonist like losartan as potential therapies to limit the risk of further vessel dilatation or dissection in Marfan syndrome and Loeys-Dietz syndrome.<sup>100,101</sup> An accurate diagnosis can guide the physician and patient in monitoring for the progression of known symptoms or emergence of new symptoms, identifying

high-risk situations, and identifying other at-risk family members. Standard management recommendations have been published for the more common inherited connective tissue disorders such as Marfan syndrome, and the importance of diagnostic accuracy will increase as further disorder-specific evidence-based treatment regimes are developed. Diagnostic accuracy may improve the quality of life for patients, even those with disorders for which no major treatment has yet been developed. The matrices constructed from this project may be of clinical use to geneticists as well as other clinicians who encounter patients with apparent alterations affecting connective tissue.

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