

CFTR 5T variant has a low penetrance in females that is partially attributable to its haplotype

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Purpose: The study's purpose was to understand the molecular basis for different clinical phenotypes of the 5T variant, a tract of 5 thymidines in intron 8 of the cystic fibrosis transmembrane conductance regulator (CFTR) gene, which disrupts processing of CFTR mRNA and reduces synthesis from the corresponding CFTR alleles. **Method:** We analyzed the polymorphic TG dinucleotide repeat adjacent to the 5T variant in intron 8 and the codon 470 in exon 10. Patients selected for this study were positive for both the 5T variant and the major cystic fibrosis mutation, Delta F508. Almost all Delta F508 mutation alleles occur in a 10TG-9T-470M haplotype. Therefore, it is possible to determine the haplotype of the 5T variant in trans. **Results:** Of the 74 samples analyzed, 41 (55%) were 11TG-5T-470M, 31 (42%) were 12TG-5T-470V, and 2 (3%) were 13TG-5T-470M. Of the 49 cases for which we had clinical information, 17.6% of females (6/34) and 66.7% of males (10/15) showed symptoms resembling atypical cystic fibrosis. The haplotype with the highest penetrance in females (42% or 5/12) and more than 80% (5/6) in males is 12TG-5T-470V. We also evaluated 12 males affected with congenital bilateral absence of vas deferens and positive for the 5T variant; 10 of 12 had the 12TG-5T-470V haplotype. **Conclusion:** Overall, the 5T variant has a milder clinical consequence than previously estimated in females. The clinical presentations of the 5T variant are associated with the 5T-12TG-470M haplotype. **Genet Med 2006;8(6):339–345.**

Key Words: cystic fibrosis, 5T variant, haplotype, penetrance, CBAVD

Cystic fibrosis (CF) is the most common life-limiting recessive genetic disease in whites.^{1,2} Mutations in the cystic fibrosis transmembrane conductance regulator (CFTR) gene are responsible for the disease in almost all patients with CF.^{3,4} More than 1000 mutations and variants in the CFTR gene have been detected in patients with CF and families associated with the disease.⁵ CFTR mutations can lead to a wide spectrum of phenotypes ranging from severe pulmonary disease with pancreatic insufficiency to atypical presentations such as chronic idiopathic pancreatitis,^{6,7} male infertility caused by congenital bilateral absence of vas deferens (CBAVD),^{8,9} or respiratory system conditions including chronic rhinosinusitis,^{10,11} bronchiectasis,¹² and allergic bronchopulmonary aspergillosis.^{13,14} In addition, mild CF mutations may have reduced penetrance or produce different clinical phenotypes, dependent on the genetic background of the chromosome on which the mutation occurs.^{15,16}

A polymorphic string of thymidines exists near the splice acceptor site in intron 8 of the CFTR gene. Among the three different major variants (5T, 7T, and 9T), the 5T allele is associated with the most inefficient use of the nearby splice acceptor site.¹⁷ This leads to a large proportion of the CFTR transcript missing exon 9, which codes for a part of the important first nucleotide-binding domain.¹⁸ An exon 9 negative CFTR protein will not mature and function as a chloride channel on apical cell membrane.^{19,20} Increased frequency of the 5T allele has been described in various atypical CFTR-associated diseases, including CBAVD,^{16,21} chronic idiopathic pancreatitis,^{6,7} and disseminated bronchiectasis.²² The 5T allele, however, is also commonly seen in the general population. We observed an allelic frequency of 0.04 in approximately 320,000 individuals who underwent population-based CF carrier screening in our laboratory.²³ Of the individuals positive for the 5T allele, 2.42% (601/24,807) were also heterozygous for a classic CF mutation in our test population (unpublished data). The 5T allele is believed to have reduced penetrance because individuals positive for both the 5T allele and a classic CF mutation may or may not be symptomatic.

The same study from our group with more than 300,000 CF mutation screening cases showed that the 5T variant has much lower penetrance than the previously estimated 0.5 or 0.6. In patients compound heterozygous for the Δ F508 mutation and the 5T variant, only 3.8% of females (7/184) and 34% of males

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(12/35) presented with symptoms resembling atypical CFTR diseases.²³

Efforts have been made to understand potential modifying factors for the 5T allele. Cuppens et al.²⁴ studied the possible effects of a variable tract of TG repeats in intron 8 (IVS-8) and the M470V polymorphism in exon 10 in modifying the splicing efficiency of the poly T alleles for exon 9. On a 7T background, CFTR genes carrying 12TG repeats have six times as many transcripts lacking exon 9 compared with those with 10TG. Other studies also showed that 12TG-5T alleles had a higher representation in individuals affected with mild CFTR-associated diseases such as CBAVD,¹⁶ asthma,²² or chronic pancreatitis²⁵ than in healthy controls. The M470V polymorphism in exon 10 of the CFTR gene has also been reported to influence intrinsic chloride channel activity of the CFTR protein in an in vitro study.²⁴ In these studies, haplotypes for the 5T alleles were determined by segregation studies in patients' families or were derived from known 5T haplotypes. Because it would be difficult to accurately evaluate the penetrance of a 5T allele when a weak CF mutation or no mutation is detected in trans, we only included individuals who are heterozygous for a classic disease-causing CF mutation, $\Delta F508$, and compound heterozygous for the 5T and 9T alleles. We evaluated the overall penetrance of 5T alleles in relation to its chromosomal background, namely, the adjacent TG repeats in intron 8 and the M470V (1540 A>G) polymorphism in exon 10.

MATERIALS AND METHODS

Patients

Samples from the common CF mutation-screening assay and a comprehensive CFTR gene sequence analysis that tested positive for the $\Delta F508$ mutation and the 5T variant were included in this study. When available, test indication and clinical phenotype information provided by physicians' offices were used. The samples were de-identified to ensure patient confidentiality. Genomic DNA samples from an additional eight male patients affected with CBAVD and positive for the 5T variant were part of previous studies.^{26,27}

DNA isolation

Genomic DNA material was prepared from peripheral blood specimens submitted for CFTR gene mutation analysis on a 9604 BioRobot or a M96 BioRobot (Qiagen, Inc., Venlo, The Netherlands) as described previously.²³ The average concentration of an extracted DNA sample was 15 to 50 ng/ μ L.

Common CFTR gene mutation detection

Genomic DNA samples were subjected to multiplex amplification of CFTR gene regions and mutation detection by oligonucleotide ligation assay using reagents supplied by Abbott Diagnostics (Abbott Park, IL) as described previously.²³ Polymerase chain reaction-oligonucleotide ligation assay products were analyzed on an ABI3100 automated DNA sequencer, and

data analysis was performed using the GeneMapper software (Applied Biosystems, Foster City, CA). Thirty-two CF mutations including the 25 mutations recommended by the American College of Medical Genetics/American College of Obstetricians and Gynecologists (ACMG/ACOG) are detected.

Direct sequence analysis of CFTR gene segments

For the majority of the samples in this study, the segments amplified included part of intron 8 (containing the poly-T track and TG repeat region) exon 9 and exon 10. In cases in which comprehensive sequence analyses were performed to detect CF mutations, 32 fragments including all 27 exons of the CFTR gene and their splice junction sites, part of the promoter, and two intronic fragments (i11 and i19) were amplified as described previously.²⁸

The CFTR gene segments were each amplified in individual polymerase chain reactions using primers with M13 linkers. Amplified products were subjected to a digestion with exonuclease I and calf intestinal phosphatase. Cycle-sequencing reactions for both strands of individual segments were then performed using the BigDye 3.1 reagents (Applied Biosystems) with M13 linker primers (5' or 3'). Products from the cycle-sequencing reactions were processed using calf intestinal phosphatase and analyzed on an ABI3730 automated DNA sequencer (Applied Biosystems). Sequencing data were stored in a BioLIMS database and analyzed using the SeqScape software (Applied Biosystems).

RESULTS

5T allele is the most frequently detected CF variant

Population-based carrier screening using a 32-mutation reagent system (including the ACMG/ACOG-recommended 25-mutation core panel) has been offered at Quest Diagnostics since 2001. In our previous report of the first 20,000 samples analyzed, allelic frequency of the 5T allele was 4.6% (1846/40,206 chromosomes). In a follow-up study with a much larger dataset of more than 330,000 screening specimens (Table 1), the allelic frequency of the 5T allele was 4.2%. The allelic fre-

Table 1
The 5T variant is frequently detected in our test population

PolyT status	Cases
5T/5T	975
5T/7T	23,922
5T/9T	3521
7T/7T	255,642
7T/9T	66,518
9T/9T	4875
Total	355,453
5T population frequency	0.080
5T allelic frequency	0.041

quency of the 5T variant is higher than the collective frequency of all the CF mutations detected in our test population, which is 3.03% (1/33). In addition, among the individuals positive for at least one 5T variant, 2.42% (601/24807) of them were also positive for a CF mutation. Therefore, 1 in 591 individuals (601/355,453) in our test population was positive for both the 5T variant and a common CF mutation. The overrepresentation of the 5T variant in the CF carrier screening population may be attributable to its reduced penetrance as in the case of other mild CF mutations or variants.²⁹

Specimens compound heterozygous for the $\Delta F508$ mutation and the 5T variant are chosen for this study

$\Delta F508$ is the most prevalent mutation in CF chromosomes. Because it is a relatively ancient CF mutation, more than 95% of the $\Delta F508$ mutation alleles occur on a haplotype that includes 9T in intron 8. As shown in Figure 1, sequence analysis of a randomly chosen patient sample homozygous for the $\Delta F508$ mutation indicated that the $\Delta F508$ haplotype is generally found with 10 TG at the (TG)_n locus and 9T at the polyT locus in intron 8. It was also found to be associated with 1540A (M470) in exon 10.

In the current study, we selected samples heterozygous positive for both the $\Delta F508$ mutation and the 5T variant. The presence of additional mutations were ruled out in 15 specimens by direct sequence analysis of all the coding exons and their corresponding splice junction sites, as well as the promoter region of the CFTR gene. Presence of deletion or duplication mutations involving one or more of the CF gene exons have been ruled out in selected samples using a method described elsewhere.³¹ In the remainder of the samples, only the presence of an additional 31 common CF mutations was ruled out. These mutations include R347H, S549N, S549R,

3876delA, 394delT, 3905insT, and V520F, in addition to the 25-mutation core panel recommended by ACMG/ACOG for population-based CF screening.

5T variant has three different haplotypes in our test samples

A total of 74 patient specimens compound heterozygous for the $\Delta F508$ mutation and the 5T variant were included in this study; 59 of them (47 females and 12 males) were selected from patients who underwent our common CF mutation-screening assay. An additional 15 patients (5 females and 10 males) were selected from specimens submitted for comprehensive CFTR gene sequence analysis based on their genotype results (compound heterozygous for the $\Delta F508$ mutation and the 5T variant). From the specimens identified from the CF mutation-screening assay, two CFTR gene regions corresponding to intron 8-exon 9 and exon 10 were amplified and subjected to cycle-sequencing analysis. The presence of the $\Delta F508$ mutation and the 5T variant was confirmed in all samples. In addition, none of them showed heterozygosity for the 7T allele (which is infrequently observed in $\Delta F508$ samples), whereas a heterozygosity for 9T-10TG in IVS-8 was detected in all samples. All samples in the study were also positive for at least one copy of the 1540A (M470) polymorphism in exon 10. These results indicate that there was probably no exception to the common haplotype on which the $\Delta F508$ mutation is found.

As shown in Figure 2, the 5T variant in our study samples has three different haplotypes: 5T-11TG-M470, 5T-12TG-V470, and 5T-13TG-M470. The 5T-11TG-M470 haplotype is the most prevalent haplotype among the three, accounting for 57% (41/74) of the 5T alleles in this study (Table 2). We did not observe two other haplotypes the 5T variant had been reported to have in previous studies, 5T-11TG-V470 and 5T-13TG-V470,^{22,25} likely because the sampling size of our study was small.

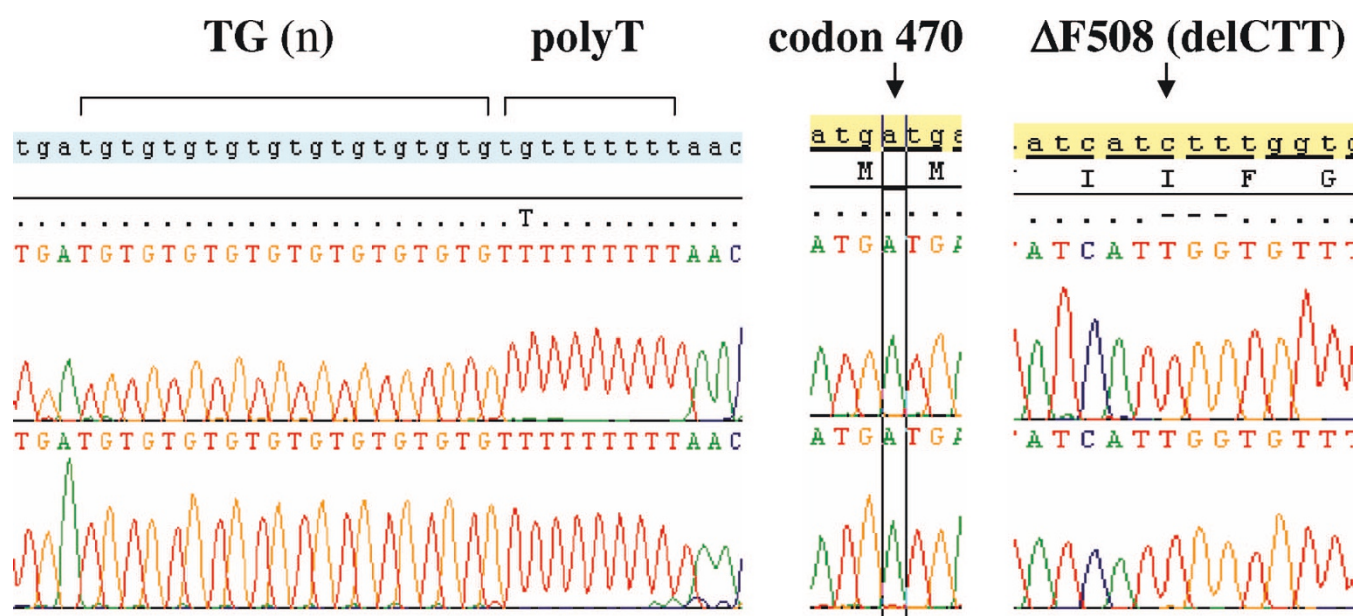


Fig. 1. The $\Delta F508$ mutation has a 10TG-9T-470M haplotype. Direct sequence analysis for exons 9 and 10 was performed on a genomic DNA sample homozygous for the $\Delta F508$ mutation. Portions of intron 8 and exon 10 are shown. Results from the forward *upper* and reverse *lower* sequencing reactions.

Table 2

Haplotypes of the 5T variant observed in the current study

5T Haplotype	Number (%)
5T-11TG-470M	41 (55%)
5T-12TG-470V	31 (42%)
5T-13TG-470M	2 (3%)
Total	74

Clinical significance of the 5T variant in current study

Of the 74 specimens included in the 5T haplotype study, only 54 of them have clinical information (even limited) from test requisition forms or from verbal response provided by physicians' offices. Five of the patients (two females and three males) were referred to CF mutation testing by comprehensive gene sequencing as a follow-up of abnormal newborn immunoreactive trypsinogen (IRT) test results. All of them were aged less than 2 months at the time of blood sampling for CF mutation analysis, which might not have allowed sufficient time for CF-related symptoms to manifest. The remaining 49 patients consisted of 34 females and 15 males. This was expected because the majority of specimens referred to our laboratory for CF analysis are pregnant females seeking carrier screening.

Similar to the observations from our previous study,²³ penetrance of the 5T variant is much lower than expected in females: Only 17.6% (6/34) were symptomatic in the current study (Table 3). In contrast, 67.7% (10/15) of the males with the same genotype showed atypical CF symptoms. Four of the symptomatic males were affected with CBAVD or azoospermia. However, the common presentations in the symptomatic patients (male or female) occurred in the respiratory system (Table 4): Bronchitis, sinusitis, and asthma/allergy affected six patients. Two infants had abnormal newborn screening (IRT) results with borderline sweat values.

Correlation between the 5T haplotypes and their clinical phenotypes

As shown in Table 5, among the 34 females, 21 had the 11TG-5T-M470 haplotype, whereas 12 had 12TG-5T-V470 and 1 had the rare 13TG-5T-470M haplotype. However, among the six symptomatic females, five had 12TG-5T-V470 and only one had 11TG-5T-M470. The difference is statistically significant ($P = .02$, $\chi^2 = 4.73$). Therefore, the penetrance is only 4.8% (1/21) for the 5T variant with 11TG-M470 and 41.7% (5/12) for the 12TG-V470 haplotype. Contrary to previous reports^{16,22,24} suggesting high penetrance of the 13TG-

Table 3

Penetrance of the 5T variant is low in females in our study population

Gender	Symptomatic	Asymptomatic	Penetrance
Female	6	28	6/34 (17.6%)
Male	10	5	10/15 (66.7%)

Table 4

Clinical presentations of individuals compound heterozygous for DF508 and 5T

ID	5T Haplotype	Gender	Age	Clinical information
1	5T-11TG-470M	F	44 y	Asthma, recurrent bronchitis
2	5T-12TG-470V	F	27 y	Allergies
3	5T-12TG-470V	F	25 y	Asthma
4	5T-12TG-470V	F	2 wk	Abnormal newborn screen, borderline sweat chloride
5	5T-12TG-470V	F	2 mo	Loose watery stools, nasal drainage, and mucous noted in her emesis and stools
6	5T-12TG-470V	F	2 y	Borderline sweat
1	5T-11TG-470M	M	5 y	Asthma; non-allergic, persistent, chronic otitis media
2	5T-11TG-470M	M	36	Bronchitis, allergies, sleep apnea
3	5T-11TG-470M	M	5 y	Chronic sinusitis and cough, failure to thrive
4	5T-11TG-470M	M	11 mo	Atypical symptoms, abnormal IRT, borderline sweat chloride
5	5T-11TG-470M	M	39 y	CBAVD
6	5T-12TG-470V	M	32 y	CBAVD
7	5T-12TG-470V	M	19 mo	Suspected diagnosis of CF, 2 high sweat chloride value
8	5T-12TG-470V	M	41 y	CBAVD
9	5T-12TG-470V	M	8 y	Sweat chloride (71, 61) and sinus disease
10	5T-12TG-470V	M	26 y	Atypical symptoms, azoospermia

IRT, immunoreactive trypsinogen; CBAVD, congenital bilateral absence of vas deferens; CF, cystic fibrosis.

5T-M470 haplotype, the only female (29 years old) in our study with that haplotype was asymptomatic.

Among the male patients, nine had the 11TG-5T-M470 haplotype and six had the 12TG-5T-V470. Similar to our results in females, the 12TG-5T-V470 haplotype had higher penetrance (5/6) than 11TG-5T-M470 (5/9), although the differ-

Table 5

Distribution of 5T haplotypes in relation to clinical presentation

	11TG-5T-M470	12TG-5T-V470	13TG-5T-M470
Females			
Symptomatic	1	5	0
Asymptomatic	20	7	1
Males			
Symptomatic	5	5	0
Asymptomatic	4	1	0

ences did not reach statistical significance, probably because of the low sampling size.

5T haplotypes in patients with CBAVD

Four males with CBAVD or azoospermia as their test indication in our study were added to eight specimens provided by one of the coauthors (A.M.) from a previous study.^{26,27} All were heterozygous positive for the 5T variant. The 5T variant in 10 of the 12 specimens was found to have the 12TG-5T-V470 haplotype. The remaining two specimens had the 11TG-5T-M470 haplotype for their 5T alleles. This result is concordant with previous findings that 5T variants with adjacent 12 TG repeats were overrepresented in patients with CBAVD when compared with 5T with adjacent 11TG repeats.¹⁶

DISCUSSION

The 5T variant has been implicated in many atypical CFTR-associated diseases, such as chronic idiopathic pancreatitis,^{6,7} male infertility caused by CBAVD,^{8,9} or respiratory system conditions including chronic rhinosinusitis,^{10,11} bronchiectasis,¹² and allergic bronchopulmonary aspergillosis.¹³ In vitro studies indicate that chromosomes with the 5T variant have reduced the amount of full-length CFTR gene transcripts because of exon 9 skipping when compared with those with 7T or 9T.¹⁷ Nevertheless, it is also a frequent variant in the CFTR gene, with an allele frequency of approximately 5%. As shown in our previous study,²³ the 5T variant has an incomplete penetrance since only 3.8% (7/184) of females and 42.9% (15/35) of males compound heterozygous for the Δ F508 mutation and 5T were symptomatic. Compound heterozygosity for the 5T variant with a CF mutation is considered to be a major cause of CBAVD. Notably, in a cohort of 92 patients affected with CBAVD, 31 were heterozygous and 1 was homozygous for the 5T variant.²⁷ In addition, 16 of the 5T carriers were also compound heterozygous for the Δ F508 mutation, making it the most prevalent CFTR genotype in the patients with CBAVD in the study. Nevertheless, the incidence of CBAVD in whites is 1 in 1000. This comes to only a fraction (22%) of the individuals compound heterozygous for a CF mutation and the 5T variant (1/222) in that population.³⁰

Previously,³¹ we described that the I148T CF mutation has a 113-fold increase in prevalence in our screening population when compared with a patient population with CF. An explanation for the differential pathogenicity of this apparently low penetrant mutation is that only 0.6% of the I148T alleles contains the 3199del6 mutation in exon 17a and 9T in IVS-8.²⁹ Similarly, the penetrance of the 5T allele can also be caused by different gene background on which the variant arose.

The number of neighboring TG dinucleotide repeats in intron 8 has also been associated with the efficiency of CFTR gene transcription and translation.²⁴ On a 7T background, a TG11 allele has a 2.8-fold increase in exon 9 transcripts when compared with a TG10 allele. A TG12 allele has a further increase of up to sixfold in exon 9 skipping. Therefore, the different TGn-poly T haplotypes in intron 8 have been referred to as “poly-

variant” alleles.³⁰ The differential combined effect of these polyvariant alleles on exon 9 skipping has been promoted as an explanation for why some patients with 5T alleles are symptomatic and others are not. Recent studies showed that the TG12-T5 haplotype is overrepresented in males affected with CBAVD¹⁶ and chronic pancreatitis,²⁵ whereas the TG11-T5 haplotype is more frequently observed in asymptomatic fertile males.

The polyvariant allele of TG12-5T-470V had a higher penetrance than TG11-5T-470M among females in the current study. Similar correlation was also observed in the limited male individuals studied. However, there was a drastically different penetrance value (14.7% vs. 66.7%) when patients are grouped according to gender. It is possible that the 5T variant has different phenotypic effects in females versus males. Two independent studies^{32,33} showed that nasal cells had a significantly higher proportion of exon 9-CFTR transcripts when compared with nasal epithelial cells. This differential splicing efficiency between genital tissues and nasal epithelium may partially explain the differential clinical consequence of the 5T allele in females versus males. In addition, a recent study showed an enrichment of the 5T allele and CF mutations in infertile males but not in infertile females.³⁴ The 5T variant may indeed be a benign variant in females and a mild mutation in males.

The seemingly higher penetrance of the 5T allele in males in the current study may be caused by ascertainment bias. Most females (47/52) included in the study were tested for CF mutations as part of their prenatal screening (for CF carriers). Actually, more than 90% of the individuals in our CF testing population are females of reproductive age (data not shown). Many males tested may also be part of CF carrier screening, but a much larger fraction are probably tested for diagnostic purposes. The fact that approximately half (7/15) of the male samples included in this study were submitted for CF gene sequencing, a diagnostic assay, confirms this hypothesis. In our previous report based on patients selected from CF screening population,²³ only 15 of 35 males (42.9%) compound heterozygous for the Δ F508 mutation and 5T were symptomatic. Therefore, the penetrance and haplotype data we observed in males in the current study may have rather limited validity because of ascertainment bias.

In our study, the 13TG-5T haplotype was rare. Previous reports showed that individuals carrying the haplotype were symptomatic with pancreatic-sufficient CF^{16,24} (in trans to Δ F508), CBAVD,^{16,36} or asthma²² (in trans to R297Q). It was not detected in healthy individuals. In this study, we detected two compound heterozygotes for the 13TG-5T-470M polyvariant allele and the Δ F508 mutation. Both are females, an asymptomatic 29-year old woman and an asymptomatic 2-month-old infant. The infant was referred to CF gene sequencing because of abnormal IRT results during newborn screening. There is a possibility that she was yet to develop CF-related symptoms, or that she is a CF carrier detected by IRT, a well-described phenomenon.

M470V homozygotes were reported to be overrepresented in individuals affected with chronic rhinosinusitis negative for

classic CFTR mutations.³² Linkage disequilibrium was also found between the 5T allele and the V allele of the M470V polymorphism in CBAVD but not in the general population.³⁷ By ignoring the length of TG in female samples, analysis of our data leads to a similar conclusion. The apparently increased penetrance of the 5T variant with the 12TG-5T-470V haplotype could be attributable to the 470V allele alone. In support of this hypothesis, the 13TG-5T-470M haplotype, which has the longest TG stretch, seemed to be benign in the current study.

In the current study, not every sample was subjected to comprehensive CF mutation detection by mutation scanning, direct sequencing, or deletion analysis to rule out the presence of additional mutations within the CFTR gene. Comprehensive sequence analysis was performed on only 15 samples. Fortunately, all three haplotypes of the 5T variant were observed in these samples. In addition, 10 of the 15 patients who underwent sequencing analysis were symptomatic. Therefore, we do not anticipate that additional CF mutations present in any of the remaining study samples because most of the samples selected from the CF carrier screen (32/38) are asymptomatic.

Our data indicate that the 5T variant has limited clinical significance in females when present on an 11TG haplotype. The 5T variant when present with the 12TG-5T-470V haplotype caused symptoms in 40% of females and 80% of males in our study. This has important implications in genetic counseling.

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