

Lipoprotein lipase locus and progression of atherosclerosis in coronary-artery bypass grafts

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Purpose: Our aim was to test whether polymorphisms in the lipoprotein lipase (*LPL*) gene were associated with the progression of atherosclerosis in grafts examined in the Post-Coronary Artery Bypass Graft Trial (Post-CABG Trial).

Methods: 843 subjects in the post-CABG trial were genotyped for the *LPL*-D9N, N291S, *PvuII*, (TTTA)_n, and *HindIII* polymorphisms. Associations between genotype and angiographically measured progression of atherosclerosis in grafts, medical history, and family history were examined. **Results:** Greater progression of atherosclerosis was observed in subjects with *LPL-HindIII* 2/2 (56% versus 42% of those with other *LPL HindIII* genotypes, $P = 0.025$) and with *LPL* (TTTA)_n 4/4 (63% versus 43% of those with other (TTTA)_n genotypes, $P = 0.020$). Mantel-Haenszel analysis yielded an odds ratio of 1.84 for the effect of *LPL HindIII* 2/2 genotype on the progression of atherosclerosis in grafts ($P = 0.015$) and demonstrated that the effect of genotype on progression was of the same magnitude as, but independent of, the effect of drug treatment. **Conclusion:** The *LPL-HindIII* 2/2 genotype is a marker for genetic variation in the 3'-end of *LPL* that acts as an independent risk factor for the progression of atherosclerosis in grafts examined in the Post-CABG Trial. **Genet Med 2004;6(6):481–486.**

Key Words: coronary artery bypass grafts, lipoprotein lipase, lovastatin, atherosclerosis, coronary arteriosclerosis

In the Post-Coronary Artery Bypass Graft (Post-CABG) Trial, subjects were randomly assigned to receive lovastatin therapy to lower LDL-cholesterol with a goal range of 60 to 85 mg/dL (aggressive treatment group) or 130 to 140 mg/dL (moderate treatment group). Coronary angiograms of 1351 subjects at baseline and at an average of 4.3 years later were compared using a quantitative assessment of the severity of graft stenosis. The results of this study demonstrated that aggressive lowering of LDL-cholesterol levels using lovastatin reduced the risk of progression of atherosclerosis in grafts.¹

However, aggressive lovastatin treatment did not eliminate the progression of atherosclerosis in grafts, suggesting that there are other determinants of this progression. Of these, genetic factors may contribute to one or more steps of the atherosclerosis path: alterations in lipid metabolism, chronic inflammatory condition, plaque rupture, and thrombosis of an acute event.²

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The lipoprotein lipase gene (*LPL*; triacylglycerol acylhydrolase; EC 3.1.1.34) has been associated with both the atherogenic lipid profile and the progression of atherosclerosis. Premature atherosclerosis can occur in patients with lipoprotein deficiency despite low LDL-cholesterol levels.³ The *LPL*-D9N polymorphism has been associated with the atherogenic lipid profile,^{4–7} coronary atherosclerosis,⁴ and attenuation of LDL lowering by pravastatin.⁸ The *LPL*-N291S polymorphism has also been associated with the atherogenic lipid profile,^{9–10} delayed postprandial triglyceride clearance,^{11–13} increased coronary stenosis in women with ischemic heart disease,¹⁴ and a more severe dyslipidemia in insulin-resistant subjects.¹⁵ *LPL-PvuII* has been associated with angiographically measured coronary obstruction.¹⁶ *LPL-HindIII* has been associated with angiographic severity of coronary artery disease,^{17–20} and with features of insulin resistance.²¹

LPL sequence from 3 ethnic groups revealed that a “recombination hotspot” around exon 6 breaks *LPL* into two sections: the 5'-section includes *LPL*-D9N and N291S, and the 3'-section includes *LPL-HindIII*.^{22–25} Linkage disequilibrium is high within each section but low between the sections.

The purpose of this study was to test whether these 5 well-characterized polymorphisms in *LPL* were associated with progression of atherosclerosis in saphenous vein coronary artery bypass grafts, and whether these polymorphisms interacted with lipid-lowering therapy to affect the rate of progression. The results identify a genetic determinant of atherosclerosis progression in the 3'-section of *LPL*.

METHODS

Study design

This genetic association study is ancillary to the Post-Coronary Artery Bypass Graft Trial (Post-CABG Trial).¹ The associations between the progression of atherosclerosis, measured quantitatively by angiography at baseline and 4 to 5 years later, and genotypes for 5 *LPL* polymorphisms were determined. All procedures were approved by the institutional review boards of Cedars-Sinai Medical Center and the other centers participating in the Post-CABG Trial. Consent for the clinical trial was obtained prior to enrollment and consent for this genetic study was obtained during follow-up.

Subjects

A total of 1351 subjects from seven clinical centers throughout North America were included in the clinical trial¹ and all were eligible as participants in this genetic ancillary study. Inclusion criteria for the clinical trial were as follows: bypass surgery before the study; an LDL-cholesterol level of 130 to 175 mg/dL; at least one patent vein graft as determined by angiography. Exclusion criteria in the clinical trial were as follows: likelihood of revascularization or death within the study period of 5 years; unstable angina or myocardial infarction within six months before the start of the trial; severe angina; heart failure; and contraindications to the study medications.¹ Subjects were randomly assigned for treatment to lower LDL-cholesterol levels with lovastatin and cholestyramine, aggressively (target LDL 60–85 mg/dL) or moderately (target LDL 130–140 mg/dL).

Data collection

All demographic, family history, medical history, and clinical data were collected as part of the Post-CABG Trial.¹ In brief, the progression of atherosclerosis was quantitatively determined by comparison of an initial angiogram at enrollment with a follow-up angiogram repeated an average of 4.3 years later. Baseline and follow-up angiography were obtained with catheterization techniques that permitted computer-assisted quantitative measurement. An initially patent graft was defined as having progression of atherosclerosis if there was a decrease of 0.6 mm or more in lumen diameter at the site of greatest change at follow-up. The primary endpoint of the initial study was the percentage of grafts showing progression of atherosclerosis in each subject. "Subjects with progression of atherosclerosis" were defined as those subjects with one or more grafts showing progression.

Complete angiographic data on follow-up and DNA were available for 843 subjects in the genetic study. Of these, cell lines from 192 subjects in the LA cohort were established by transformation of peripheral blood lymphocytes with Epstein-Barr virus (EBV)^{26–29} during years 2 to 3 of the clinical trial. During years 4 to 5, whole blood was collected from an additional 651 subjects from the other centers. Genetic material was not available from the remaining subjects because the

study was started mid-way during the national clinical study. DNA was isolated following standard protocols.³⁰

Genotyping

Conventional agarose gel and fluorescent semiautomated technology were used to genotype the subjects for five different *LPL* polymorphisms (methods in citations in the legend to Fig. 1).

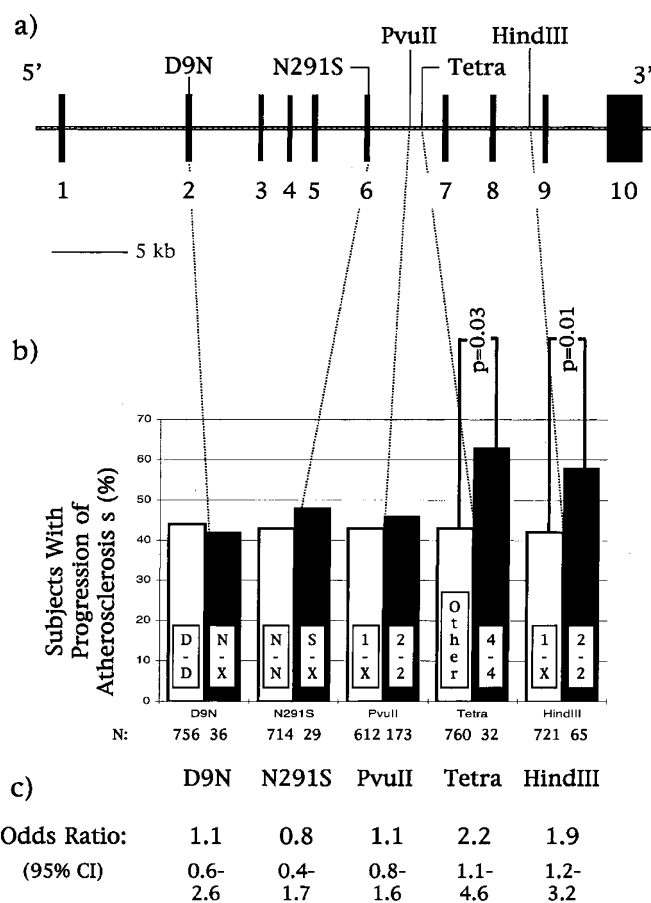


Fig. 1. Atherosclerosis progression by different *LPL* markers. a, Location of markers. Location of polymorphisms in the *LPL* gene was assembled from Genbank accession nos. G187209, G34390, M76722, and M76723. Vertical bars represent exons. "Recombinational hotspot" spans the 3'-half of exon 6 and the 5'-half of intron 6, ending approximately at the position of *LPL*-(TTTA)_n.²⁴ b, Percent subjects with progression of atherosclerosis. Each pair of vertical bars represents two genotype groups for each marker as shown, with the size of each group (N). *LPL*-D9N and N291S were binned as shown because the low frequency of the rare allele did not permit testing for association. *PvuII* and *HindIII* were binned as shown because of previous reports that the effect of these polymorphisms on atherosclerosis is greatest for the 2/2 homozygote.^{16,18} There was no association observed when the *LPL*-*PvuII* polymorphism was tested using other models and hence alternative binning schemes. *LPL*-(TTTA)_n was binned as shown because the 4/4 haplotype showed the greatest association with the progression of atherosclerosis in grafts. Complete progression and genotyping data for each marker were available as listed. Genotypes were determined using published methods modified for semiautomated gel electrophoresis (ABI 373, Genescan & Genotyper software, Applied Biosystems, Foster City, CA): D9N,⁴ N291S,⁹ *PvuII* ("1" = site present, "2" = site absent),³¹ (TTTA)_n (allele 1 is 119bp, 2 = 123bp, 3 = 127bp, 4 = 131bp, 5 = 135bp),³² *HindIII* (intron 8; "1" = site present, "2" = site absent).³³ "X" denotes "other" genotypes. Allele frequencies were in Hardy-Weinberg equilibrium for each marker. Percent of subjects with atherosclerosis progression is defined in Methods. c, Odds Ratios for Progression. ORs for progression of atherosclerosis in grafts post-CABG with 95%CI are given for each polymorphism.

Statistical methods

Statistical analysis was performed using SAS computer software.³⁴ All quantitative variables were tested for normality. Distribution of triglycerides and HDL cholesterol levels become near normal with a natural log transformation. The duration of time since CABG at baseline could not be normalized by various transformations. Therefore, both parametric and nonparametric statistical tests were used in order to test the mean difference between two groups. Differences in proportions were evaluated using the Chi-square method. Mantel-Haenszel statistics were used for stratified analyses.

Although our primary goal was to evaluate the relationship between the *LPL* genotype and the progression of atherosclerosis in grafts, we used the following strategy to evaluate the effect of potential confounding variables. First, univariate analyses were conducted to identify variables associated with both the progression of atherosclerosis in grafts and with genotype. Then, interactions between variables were tested using logistic regression analysis with the interaction term as one of the independent variables. Last, the effects (odds ratio) of genotype on progression were compared between models with or without that particular variable.

RESULTS

Baseline characteristics of subjects in genetic study

The baseline characteristics of the 843 subjects included in the genetic study and the 508 subjects for whom data were unavailable were compared (Table 1). The study group had a significantly lower frequency of smoking, of prior myocardial infarction, mean steady-state LDL, number of years from CABG to enrollment, and composite clinical events (deaths, nonfatal MI, stroke, PTCA, and CABG). The study group had a significantly higher frequency of aspirin use and mean steady-state HDL-cholesterol. These results suggested that subjects with lesser risk for atherosclerosis progression were disproportionately included in the genetic study.

Within the group of subjects included in the genetic study, there were no significant differences between the aggressive and moderate treatment groups for the same characteristics listed in Table 1 (data not shown).

LPL genotypes and progression of atherosclerosis in grafts

Fig. 1 diagrams the location of the 5 *LPL* polymorphisms studied (a), relates *LPL* genotypes to the percent of subjects showing progression of atherosclerosis in saphenous vein grafts (b), and gives the odds ratios for progression with respect to genotype (c). There was no association between the percentage of subjects exhibiting the progression of atherosclerosis and the polymorphisms in the 5'-section of *LPL*, e.g., the D9N, N291S, or the *PvuII* polymorphisms.

A significant difference was observed for polymorphisms in the 3'-section of *LPL*. For the *LPL-HindIII* polymorphism, 56% of subjects with the *LPL-HindIII* 2/2 genotype exhibited the progression of atherosclerosis compared with 43% of those

Table 1
Characteristics of subjects in genetic study

Characteristic	Included (N = 843)	Not included (N = 508)
Age (yr, mean ± SE)	61.6 ± 0.3	61.5 ± 0.3
Caucasian (%)	94	95
Male (%)	92	93
Body mass index (kg/m ² , mean ± SE)	27.7 ± 0.1	27.9 ± 0.2
Current smoking (%)	9	14 ^a
History of myocardial infarction	45	55 ^c
Time between CABG and enrollment (yr, mean ± SE)	4.7 ± 0.1	5.1 ± 0.1 ^b
Ejection fraction (%)	57 ± 0.4	56 ± 0.6
Family history of coronary artery disease	70	70
Current medications (%)		
Aspirin	79	71 ^c
Beta-blocker	24	26
Calcium-channel blocker	24	23
Insulin or oral antidiabetic agent	8	10
Thiazide diuretic	10	11
Systolic blood pressure (mm Hg, mean ± SE)	134.1 ± 0.6	134.6 ± 0.8
Diastolic blood pressure (mm Hg, mean ± SE)	79.8 ± 0.3	79.7 ± 0.4
Baseline lipid levels (mg/dl) ^d		
Total cholesterol	227.0 ± 0.9	226.4 ± 1.1
LDL cholesterol	155.4 ± 0.7	155.6 ± 0.9
HDL cholesterol	39.4 ± 0.3	39.0 ± 0.4
Triglycerides	160.4 ± 2.4	159.0 ± 3.1
Steady state lipid levels (mg/dL)		
Total cholesterol	191.1 ± 1.3	193.9 ± 1.7
LDL cholesterol	114.9 ± 1.6	119.5 ± 1.5 ^a
HDL cholesterol	44.1 ± 0.4	42.4 ± 0.5 ^a
Triglycerides	162.6 ± 3.3	161.7 ± 4.0
Events (%) ^e		
Death	0	3.2 ^c
MI	4.4	7.5
PTCA	5.9	4.7
CABG	3.4	5.5
Stroke	1.5	4.1 ^a
Composite ^f	11.3	22.2 ^c

Groups included or excluded in this genetic study were compared by ANOVA. Blank *P* values were nonsignificant at the 0.05 level. ^a0.01 ≤ *P* ≤ 0.05; ^b0.001 ≤ *P* ≤ 0.01; ^c*P* ≤ 0.001.

^dValues listed are those measured before enrollment. To convert cholesterol values to mmol/L, multiply by 0.02586; to convert triglyceride values to mmol/L, multiply by 0.01129.

^eAll events that occurred before the date of follow-up angiography are included. For patients who did not have follow-up angiography, all events that occurred before the follow-up examination completed in the period for scheduled angiography are counted. Events were classified by physicians at each center.

^fThe composite end point was death from CV or unknown causes, nonfatal MI, stroke, PTCA, or CABG.

with either 1/1 or 1/2 (OR = 1.74, 95% CI 1.07–2.83, *P* = 0.025; chi-square test). Furthermore, the mean proportion of grafts per subject showing a progression of atherosclerosis was

also significantly increased for those with the *LPL-HindIII* 2/2 genotype: 39% for *HindIII* 2/2 compared with 27% for *LPL-HindIII* 1/1 and 1/2 combined ($P = 0.011$; nonparametric Wilcoxon test). The frequency of the *LPL-HindIII* 2 allele in this sample was 28% and in Hardy-Weinberg equilibrium.

The *LPL*-(TTTA)_n 4/4 genotype was also associated with progression: 63% of subjects with *LPL*-(TTTA)_n 4/4 showed progression compared with 43% for other *LPL*-(TTTA)_n genotypes (OR = 2.2, 95%CI 1.1–4.6; $P = 0.027$). The frequency of the *LPL*-(TTTA)_n 4 allele in this sample was 22% and in Hardy Weinberg equilibrium. The *LPL-HindIII* 2 and *LPL*-(TTTA)_n 4 alleles were in strong linkage disequilibrium ($P < 0.001$, data not shown). *LPL-HindIII* 2/2 and (TTTA)_n 4/4 combined was also associated with the progression of atherosclerosis at a significance level similar to that of either genotype alone.

Using these same methods, these associations were tested for each study center separately in order to see whether the genetic effect was present in one or two centers only. The percent with progression of atherosclerosis was always higher in subjects with the *LPL-HindIII* 2/2 genotype at each center, but did not reach statistical significance until the data were combined across the 7 centers.

Since the *LPL-HindIII* 2/2-(TTTA)_n 4/4 combination did not identify a more specific haplotype associated with the progression of atherosclerosis in grafts than *HindIII* 2/2 alone, only the *LPL-HindIII* polymorphism was studied in the following analyses.

HindIII 2/2 genotype and drug treatment

The percentages of subjects with atherosclerosis progression when stratified by drug treatment group and *LPL-HindIII* genotype are shown in Figure 2. The highest percentage of sub-

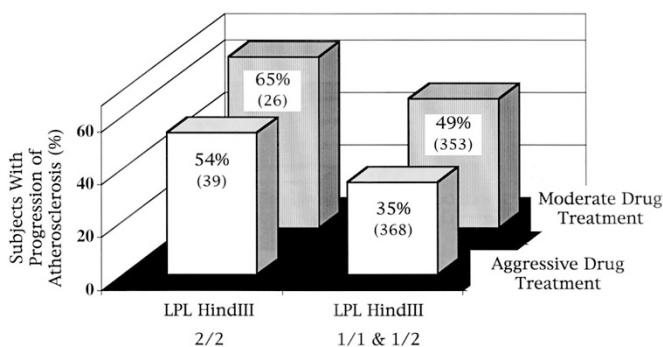


Fig. 2. Progression of atherosclerosis in grafts by *LPL-HindIII* genotype and lovastatin groups. Percent of subjects with progression in grafts, genotype groups, and treatment groups are defined in Methods. Total number of subjects in each group is given on each vertical bar. Within the *LPL-HindIII* 1/1 and 1/2 genotype group, the moderate drug treatment group had a significantly higher percent of subjects with progression than the aggressive treatment group, 48.7% compared with 36.6%, OR = 1.65, 95%CI = 1.24–2.19, $P = 0.001$. A significant effect of genotype on progression, adjusted for treatment ($P = 0.015$; OR = 1.84, 95%CI = 1.12–3.01), and a significant effect of treatment on progression, adjusted for genotype ($P = 0.001$, OR = 1.67, 95%CI = 1.27–2.19) were observed. Combined effect of both the unfavorable *LPL-HindIII* genotype with moderate drug treatment yielded an odds ratio of 3.30 for progression ($P = 0.002$, 95%CI = 1.55–7.03).

jects with progression were those with the *HindIII* 2/2 genotype assigned to the moderate lipid-lowering treatment group (66%). The lowest percentage of subjects with progression were those with the *HindIII* 1/1 or 1/2 genotype assigned to the aggressive lipid-lowering treatment group (37%). Mantel-Haenszel analysis showed that the effect of genotype on progression, adjusted for treatment, gave an odds ratio of 1.84 (95%CI 1.13–3.01; $P = 0.015$), and the effect of drug treatment on progression, adjusted for genotype, gave an odds ratio of 1.67 (95%CI 1.27–2.19; $P = 0.001$). The combined effect of both the unfavorable *LPL-HindIII* 2/2 genotype and moderate lipid-lowering, when compared with both the favorable genotype and aggressive lipid-lowering, yielded an odds ratio of 3.30 for progression (95%CI = 1.55–7.03, $P = 0.002$). This analysis demonstrated that the effect of the *LPL-HindIII* 2/2 genotype on the progression was independent of, and of the same magnitude as, the effect of the lipid-lowering treatment.

The statistical independence between *LPL* genotype and drug treatment group was further tested using logistic regression in a model with the dependent variable the presence of progression and with the independent variables *LPL-HindIII* 2/2 genotype, Lovastatin treatment group, and the interaction between *LPL-HindIII* genotype and treatment. No significant interaction between *LPL-HindIII* genotype and drug treatment was observed.

Potential confounding effects

To investigate the effect of potential confounding variables on the association between *LPL-HindIII* 2/2 genotype and atherosclerosis progression, the following variables were first tested for association with progression and with genotype independently by univariate analysis: age, ethnicity, gender, current smoking, BMI, history of MI, time between CABG and enrollment in the study, ejection fraction, family history, current medications, systolic and diastolic blood pressure, baseline and steady state lipid levels, and amount of drug needed to reach the target LDL level. Of these, only diastolic blood pressure (DBP) was associated with both *LPL-HindIII* 2/2 genotype and progression; the mean DBP was 82.1 mm Hg for subjects with the *LPL-HindIII* 2/2 genotype compared with 79.4 mm Hg for subjects with other genotypes ($P = 0.017$, t test), and 80.8 for subjects with one or more grafts showing progression compared with 79.1 for subjects without worsening ($P = 0.0039$, t test). However, by applying logistic regression to a model with the presence of atherosclerosis progression as the dependent variable, and with *LPL-HindIII* 2/2 genotype, DBP, and the interaction between genotype and DBP as independent variables, no significant statistical interaction between genotype and DBP was observed. Lastly, a comparison by logistic regression of two models assessing the effect of *LPL-HindIII* 2/2 genotype on progression, with or without diastolic blood pressure included in the model, gave similar odds ratios of 1.75 without DBP in the model versus 1.66 with DBP in the model, and similar regression coefficients of 0.56 without DBP versus 0.51 with DBP. When taken together, these results suggested that the effect of the *LPL-HindIII* 2/2 polymorphism on pro-

gression is independent of the association of this polymorphism with a higher diastolic blood pressure.

DISCUSSION

The progression of atherosclerosis in saphenous vein grafts measured in Post-CABG subjects was significantly associated with polymorphisms in the 3'-section of the *LPL* gene, *LPL-HindIII* allele 2, and *LPL*-(TTTA)_n allele 4. When subjects were stratified by their *LPL-HindIII* genotype and drug treatment group, both lipid-lowering and *LPL* genotype had a similar effect on progression of atherosclerosis in the grafts, with odds ratios of 1.8 and 1.7, respectively. This suggests that the magnitude of the *LPL* genetic effect observed here is similar to the magnitude of the effect of reducing the progression of atherosclerosis using aggressive lipid-lowering therapy.

In contrast, no association between the progression of atherosclerosis in coronary artery bypass grafts and polymorphisms in the 5'-section of the *LPL* gene, *LPL-D9N*, *N291S*, or *PvuII*, were observed. This suggests that the as yet unknown functional mutation associated with progression is in linkage disequilibrium with the *LPL*-(TTTA)_n and *LPL-HindIII* polymorphisms, and thus falls in the 3'-section of the *LPL* gene.

No associations were observed between the *LPL-HindIII* polymorphism and baseline or steady state lipid levels, or the amount of drug required to achieve steady state LDL-cholesterol levels. These results suggest that the *LPL* polymorphism does not act through an effect on the global serum LDL-cholesterol levels. This result is similar to the observed association between the *LPL-HindIII* 2 allele and the severity of atherosclerosis without concomitant differences in the mean fasting serum lipid levels in a cohort of young myocardial infarction survivors.¹⁸

The only potential confounding factor that had a significant association with both the *LPL-HindIII* 2/2 genotype and atherosclerosis progression was diastolic blood pressure (DBP). However, further statistical analysis did not identify an interaction between the genotype and DBP in predicting progression, and furthermore, the *LPL-HindIII* 2/2 genotype had no greater impact on progression when considered in combination with DBP. This multivariate analysis suggests that a common pathway between DBP, the progression of atherosclerosis in grafts, and the as yet unknown variant(s) in the 3'-section of the *LPL* gene may exist. How *LPL* enzymatic activity may impact blood pressure is not immediately obvious; however, we have previously demonstrated linkage of systolic blood pressure with the *LPL* locus in families with type 2 diabetes from Taiwan.³⁵ Because both DBP and atherosclerosis are features of insulin resistance,^{36–37} the as yet unknown *LPL* variant in the 3'-section may be acting through its effect on insulin sensitivity.³⁸ This is supported by the observations of the association of the *LPL* gene with components of the insulin resistance syndrome in both human and mouse models.^{15,21,38–40} Alternatively, *LPL* increases expression of nitric oxide synthase in macrophages in vitro,⁴¹ and such an effect in vessel wall mac-

rophages may influence blood pressure. In this same system, glucose has been shown to upregulate *LPL* expression as well.⁴²

A potential limitation of this study is the observation of significant differences in important atherosclerosis risk factors between subjects included in the study and those not included. Genetic study subjects had fewer clinical events and were perhaps more compliant with greater frequency of aspirin use, less tobacco use, and more favorable steady-state LDL and HDL values. This bias likely occurred because patients for the genetic study were collected in the latter years of the clinical trial. However, given the direction of the data reported here, it is also likely that, as the result of this bias we have underestimated the strength of the *LPL-HindIII* 2/2 association with progression because our cohort is composed of subjects with improved risk factors for survival.

In conclusion, we report an association between the *LPL-HindIII* 2/2 genotype and the quantitative progression of atherosclerosis in grafts measured over 4 years in the Post-CABG Trial. The known haplotype structure of the *LPL* gene suggests that variation in the 3'-section of the *LPL* gene, in linkage disequilibrium with the *LPL-HindIII* 2 allele, is a risk factor for the progression of atherosclerosis that is independent and additive to the aggressive use of lovastatin to reduce LDL-cholesterol. Its effect on progression was of the same magnitude as the use of moderate rather than aggressive lipid lowering treatment.

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