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# Phase 1 doseescalation study of a siRNA targeting the RTP801 gene in age-related macular degeneration patients

# Abstract

Background To evaluate the safety, tolerability, pharmacokinetics, and doselimiting toxicities of a single intravitreal (IVT) injection of PF-04523655, a 19nucleotide, O-methyl stabilized, doublestranded small interfering ribonucleic acid targeting the RTP801 gene in patients with neovascular age-related macular degeneration (AMD).

Methods Prospective, phase 1, clinical multicentre trial, enrolled 27 patients with neovascular AMD unresponsive to prior treatment and best corrected visual acuity (BCVA)  $\leq 20/200$  in the study eye in stratum 1: (dose-escalating, open-label: 50 to 3000  $\mu$ g of PF-04523655) and 27 patients who had potential to benefit from therapy and BCVA of  $\leq 20/100$  and  $\geq 20/800$  in stratum 2 (parallel, masked study of 1000, 1500, 2250, and 3000  $\mu$ g of PF-04523655). The primary outcome was safety and tolerability assessment as well as pharmacokinetic profiling following a single IVT injection of PF-04523655.

*Results* Doses of PF-04523655  $\geq$  400  $\mu$ g were generally detectable in the plasma at 1, 4, and 24 h post-injection. And all doses were below the lowest level of quantification by day 14. A single IVT injection of 50 to 3000  $\mu$ g of PF-045237655 was generally safe and well tolerated over 24 months. There were no dose-limiting toxicities. Conclusion A single IVT injection of **PF-0523655**  $\leq$  **3000**  $\mu$ **g** seems safe and well tolerated in eyes with neovascular AMD. Eye (2012) 26, 1099–1105; doi:10.1038/eye.2012.106; published online 25 May 2012

Keywords: siRNA; neovascular age-related macular degeneration; phase 1

#### Introduction

Neovascular age-related macular degeneration (AMD) occurs in 4 to 8% of the individuals over the age of 70 years.<sup>1,2</sup> Current interventions are mainly focused on vascular endothelial growth factor (VEGF) blockade to inhibit abnormal angiogenesis that leads to choroidal neovascularization (CNV) and eventual retinal neural apoptosis/death. Anti-VEGF therapies have been shown to stabilize disease progression and improve vision. However, as they act exclusively on blood vessel formation, their effect on restoration of vision is, at best, moderate.<sup>3–6</sup> Hence, there is a need for additional therapies that directly protect the retinal neurons within existing lesions and enhance survival of damaged neurons, thus promoting the restoration of visual acuity.

PF-04523655, a small interfering ribonucleic acid (siRNA) that acts via RNA interference (RNAi) to inhibit the expression of the hypoxiainducible gene, RTP801, is being developed for the treatment of CNV secondary to AMD and diabetic retinopathy, including diabetic macular edema.<sup>7–9</sup> Expression of the *RTP801* gene is upregulated in response to hypoxia and/or oxidative stress, which leads to the induction of neuronal cell apoptosis.<sup>10–13</sup> The different mechanism of action of PF-04523655 (ie, blocking the RTP801 hypoxia/stress pathway) is independent of, and potentially complementary to, the anti-angiogenesis mechanism of the existing anti-VEGF therapies.

CLINICAL STUDY

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Unlike other siRNAs that have been evaluated for the treatment of neovascular AMD,<sup>14</sup> PF-04523655 is a 19-nucleotide, methylated double-stranded siRNA specifically targeting the *RTP801* gene. In addition to its inhibition of the *RTP801* gene, the methylation, double stranding and short length of PF-04523655 may facilitate cellular entry and prevent its degradation *in vivo*.<sup>15,16</sup> These structural and chemical properties may make PF-04523655 more effective than other siRNAs for the treatment of neovascular AMD.

PF-04523655 was well tolerated without indications of systemic toxicity, following intravenous and/or intravitreal (IVT) administration for up to 4 weeks in rats and 13 weeks in cynomolgus monkeys. Following IVT injections in the monkeys at the highest dose level tested (3 mg/eye), there was an increased incidence of cellular infiltration, and elevated intraocular pressure (Pfizer data on file). There was no indication of potential genetic toxicity.

This first-in-human study was designed to evaluate the safety, tolerability, pharmacokinetics (PK), and dose-limiting toxicities of a single IVT injection of doses of PF-04523655 ranging from 50 to  $3000 \,\mu\text{g}$  in patients with advanced neovascular AMD, in anticipation of initiating clinical studies of the safety and efficacy of PF-04523655 for the treatment of AMD and diabetic macular edema.

## Materials and methods

This trial was a phase 1, prospective, multicentre, dose-escalation study to evaluate the safety, tolerability, and dose-limiting toxicities and to establish the PK of PF-04523655 when administered as a single IVT in patients with CNV secondary to AMD. The study included a 2-week screening period, an 84-day study period (visits at days 0, 1, 7, 14, 28, 56, and 84), and a post-treatment follow-up of 24 months (visits at months 6, 9, 12, 18, and 24). The study was conducted in two strata. Stratum 1 was an open-label, dose-escalating safety study in patients unlikely to improve visual acuity or who failed previous treatment. Stratum 2, was a randomized, masked study in patients likely to improve visual acuity using the  $\geq 1000 \,\mu g$  doses from stratum 1.

Patients were recruited at retinal specialty clinical sites in the United States of America and Israel. Consented patients of either gender  $\geq$ 50 years of age, in general good health were enrolled. For stratum 1, patients were required to have a best corrected visual acuity (BCVA)  $\leq$ 20/200 because of advanced neovascular AMD that, in the opinion of the investigator, was not likely to show significant improvement in BCVA from currently available treatment options (eg, ranibizumab, pegaptanib, bevacizumab, photodynamic, or steroid-based therapy). In addition, the patients must have failed to benefit from at least one of these treatment options.

In stratum 1, the single IVT injection dose of PF-04523655 was escalated as follows: 50, 100, 200, 400, 670, 1000, 1500, 2250 and  $3000 \,\mu$ g. Dose escalation occurred when the dose-limiting toxicities were not observed during the 7 days following the previous dose cohort. Decisions regarding dose escalation were made only after consultation with the investigators and the safety advisory board.

After the initial safety of PF-04523655 was established in stratum 1 and after a safety report was submitted to the regulatory authorities, the sponsor decided to explore, in stratum 2, possible efficacy of the higher doses of PF-04523655: 1000, 1500, 2250 and  $3000 \,\mu g$ . For stratum 2, patients were enrolled who, in the opinion of the investigator, had the potential to show improvement in BCVA from other treatment options and had a BCVA between 20/100 and 20/800 inclusive. Twelve patients were equally randomized to the four high doses of PF-04523655, and then an additional 15 patients were assigned to the  $3000 \,\mu g$ dose group.

Patients already taking vitamin supplements and/or trace minerals for AMD at baseline were permitted to continue to do so. However, patients were asked not to begin new AMD treatments, such as vitamin supplements, trace minerals, or prescription medications, during the active phase of this study (the first 84 days). Patients were permitted to receive any AMD treatment as needed after the single PF-04523655 IVT injection; however, only data collected prior to the additional AMD treatment were included in the BCVA and the central retinal thickness analyses.

Safety and tolerability were the primary outcome measures for the entire 24-month study period. In stratum 1, plasma concentrations of PF-04523655 were measured at preinjection and 1, 4, 24, 168, and 336 h after injection for PK assessments. In stratum 2, BCVA and central retinal thickness measurements were assessed at screening, days 1, 7, 14, 28, 56, and 84.

BCVA using the early treatment for diabetic retinopathy study (EDTRS) protocol, intraocular pressure, biomicroscopy, funduscopy, and time-domain optical coherence tomography (Stratus OCT, Carl Zeiss Meditec Inc., Dublin, CA, USA) were performed at screening, days 1, 7, 14, 28, 56, and 84, and all follow-up visits. OCT, fundus photography and fluorescein angiography evaluations of the study eye through day 84 were read by an independent reading centre, the Digital Angiography Reading Center (DARC, New York, NY, USA).

There were no formal statistical tests of hypotheses. All statistical methods were descriptive only. All patients who received any study drug in stratum 1 or stratum 2

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were included in the safety analysis. Stratum 1 patients with at least 1 detectable PF-04523655 plasma level were included in the PK analysis. In stratum 2, BCVA and central retinal thickness were evaluated through day 84. For patients who received additional AMD treatment, only data collected prior to the treatment were included in the analyses.

Pharmacokinetic parameters including maximum observed plasma drug concentration ( $C_{max}$ ), time to maximum observed drug concentration ( $T_{max}$ ), and area under the plasma concentration-time curve based on the last observed concentration (AUC<sub>last</sub>) were estimated using the standard non-compartmental method. For a patient, at least two concentrations above the lowest level of quantization (LLOQ) after IVT injection were required to calculate AUC<sub>last</sub>.

All patients read and signed an informed consent in accordance with Good Clinical Practices, the World health Organization Declaration of Helsinki 1996, and Health Insurance Portability and Accountability Act. The safety of the trial was assessed by an independent safety advisory board. The clinical trial was registered on the www.clinicaltrials.gov website, identifier NCT00725686.

## Results

The study enrolled 27 patients in stratum 1 (n = 3 in each of the 9 dose groups) and 27 patients in stratum 2 (n = 3 for the 1000, 1500, and 2250 µg groups; n = 18 for the 3000 µg group) at 11 retinal clinical sites. The patient demographics, including baseline mean BCVA and central retinal thickness, are given in Tables 1a and 1b. Twenty-six patients in stratum 1 and all 27 patients in stratum 2 completed day 84. The first patient, first visit was on 1 February 2007 and the last patient's month 24 visit occurred on 29 November 2010. The mean changes in BCVA and central retinal thickness from baseline for stratum 2 are shown in Figures 1a and b.

Dose-limiting toxicities were not observed in this study. In total, 20 (74.1%) patients in stratum 1 and 19 (70.4%) patients in stratum 2 reported at least one adverse event (AE). Most AEs were of mild or moderate severity and unrelated to study drug. Nineteen (35%) patients experienced at least one AE attributed to the IVT injection procedure. The most frequently reported AEs ( $n \ge 2$ ) are presented in Tables 2 and 3.

During the follow-up period, three patients in stratum 2 died from causes unrelated to study treatment.

Table 1a	Demographics and	baseline characteristics of	stratum 1 patients

Parameter	PF-04523655 (µg)										
	50 (N=3)	100 (N=3)	200 (N = 3)	400 (N=3)	670 (N=3)	1000 (N=3)	1500 (N = 3)	2250 (N=3)	3000 (N=3)	(N=27)	
Age (years)											
Mean	88.3	77.7	78.3	79.0	75.3	76.3	80.3	77.3	79.3	79.1	
SD	4.16	7.57	6.66	7.00	6.81	6.35	4.16	7.51	7.09	6.51	
Median	87.0	81.0	80.0	82.0	73.0	80.0	79.0	73.0	78.0	80.0	
Min, max	85, 93	69, 83	71, 84	71, 84	70, 83	69, 80	77, 85	73, 86	73, 87	69, 93	
Gender, n (%)											
Male	1 (33.3)	0 (0)	0 (0)	2 (66.7)	1 (33.3)	3 (100)	1 (33.3)	1 (33.3)	1 (33.3)	10 (37.0)	
Female	2 (66.7)	3 (100)	3 (100)	1 (33.3)	2 (66.7)	0 (0)	2 (66.7)	2 (66.7)	2 (66.7)	17 (63.0)	
Race, n (%)											
White	3 (100)	3 (100)	3 (100)	3 (100)	3 (100)	3 (100)	3 (100)	3 (100)	3 (100)	27 (100)	
BCVA (letters)											
n	3	3	3	3	3	3	3	3	3	27	
Mean	21.7	26.0	25.7	15.7	14.7	31.3	15.3	19.0	6.3	19.5	
SD	12.74	10.15	4.16	14.19	10.02	3.21	13.20	6.00	2.08	10.71	
Median	28.0	24.0	27.0	13.0	14.0	30.0	18.0	19.0	7.0	21.0	
Min, max	7, 30	17, 37	21, 29	3, 31	5, 25	29, 35	1, 27	13, 25	4, 8	1, 37	
CRT (µm)											
n	3	3	3	3	2	3	2	2	3	24	
Mean	401.2	794.5	523.8	564.8	914.8	571.2	482.5	1646.3	1111.3	749.5	
SD	42.95	52.43	206.96	148.23	624.73	237.55	81.32	121.98	668.78	441.19	
Median	415.0	771.5	415.0	589.0	914.8	506.0	482.5	1646.3	967.0	564.5	
Min, max	353, 436	758, 855	394, 763	406, 700	473, 1357	373, 835	425, 540	1560, 1733	527, 1841	353, 1841	

Abbreviations: BCVA, best corrected visual acuity; CRT, central retinal thickness.

Parameter		Total			
	1000	1500	2250	3000	
	(N = 3)	(N=3)	(N=3)	(N = 18)	(N = 27)
Age (years)					
Mean	78.3	86.0	79.3	77.9	79.0
SD	4.04	5.20	4.93	7.99	7.32
Median	79.0	83.0	77.0	78.5	79.0
Min, max	74, 82	83, 92	76, 85	61, 89	61, 92
Gender					
Male	3 (100)	0 (0)	1 (33.3)	7 (38.9)	11 (40.7)
Female	0 (0)	3 (100)	2 (66.7)	11 (61.1)	16 (59.3)
Race					
White	3 (100)	3 (100)	2 (66.7)	17 (94.4)	25 (92.6)
Asian	0 (0)	0 (0)	1 (33.3)	1 (5.6)	2 (7.4)
BCVA (letters	)				
п	3	3	3	18	27
Mean	34.7	39.7	19.0	34.7	33.5
SD	15.01	12.66	8.72	12.76	13.10
Median	34.0	42.0	15.0	33.5	33.0
Min, max	20, 50	26, 51	13, 29	11, 56	11, 56
CRT (µm)					
n	3	3	2	18	26
Mean	486.3	470.7	734.5	515.3	523.7
SD	221.92	163.27	217.08	129.18	153.02
Median	502.0	489.0	734.5	509.8	510.3
Min, max	257, 700	299, 624	581, 888	290, 710	257, 888

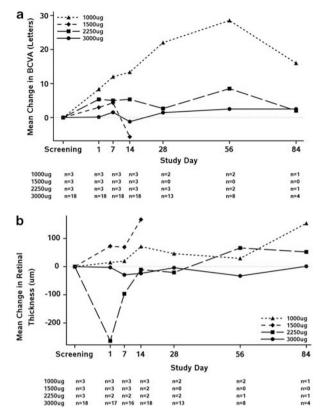
**Table 1b**Demographics and baseline characteristics of stratum2 patients

Abbreviations: BCVA, best corrected visual acuity; CRT, central retinal thickness.

Across both strata, there were three serious AEs reported (chronic obstructive pulmonary disease, atrial fibrillation, and hemolytic anemia) and all were considered unrelated to the study drug.

There were three reports of retinal pigment epithelial detachments occurring after the patients started receiving IVT injections of ranibizumab in the study eye. One of these three retinal pigment epithelial detachments was considered possibly related to the prior PF-04523655 (1500  $\mu$ g) treatment.

PF-04523655 reached maximal concentrations in the plasma between 1 and 4 h after injection at all doses, except the 50 and 200  $\mu$ g doses. Plasma levels of PF-04523655 were generally below LLOQ at doses  $\leq$  200  $\mu$ g at all time points. Although the highest dose of PF-04523655 administered was 3000  $\mu$ g, the highest median plasma concentration observed was 2.86 ng/ml at 4 h after administration of the 2250  $\mu$ g dose. Plasma concentrations fell below the LLOQ by 168 h (7 days) for all doses, except 3000  $\mu$ g, which fell below LLOQ by 336 h (14 days) after injection. The differences between the



**Figure 1** (a) Mean change in BCVA from screening in Stratum 2 patients (excluding data collected after any additional AMD treatments). (b) Mean change in retinal thickness (optical coherence tomography graded by the DARC Reading Center) from screening in Stratum 2 patients (excluding data collected after any additional AMD treatments).

plasma levels of PF-04523655 after these doses may not be significant because of the small number of observations (n = 3).

At doses greater than or equal to  $400 \,\mu$ g, there was sufficient data to derive PK parameters; however, there was large variability in both the AUC and  $C_{max}$  values. There appeared to be a dose-dependent (but not doseproportional) increase in systemic exposure to PF-04523655 with increasing dose, although exposures were quite variable even within a given dose group (Table 4). There was insufficient information on plasma concentrations beyond 24 h after dose administration to determine the elimination half-life ( $t\frac{1}{2}$ ).

## Discussion

This multicentre phase 1 clinical trial of the first-inhuman safety/tolerability and PK study following a single IVT injection of PF-04523655 at doses ranging from 50 to  $3000 \,\mu g$  demonstrates PF-04523655 to be well tolerated without any significant safety issues.





System organ class preferred term	Number (%) of patients PF-04523655 (μg)									
	50 (N = 3)	100 (N=3)	200 (N=3)	400 (N=3)	670 (N=3)	1000 (N=3)	1500 (N = 3)	2250 (N=3)	3000 (N=3)	<i>Total</i> (N = 27)
Number (%) of patients with at least 1 TEAE	3 (100)	3 (100)	3 (100)	2 (66.7)	2 (66.7)	3 (100)	0 (0)	2 (66.7)	2 (66.7)	20 (74.1)
Eye disorders										
Choroidal neovascularization: fellow eye	0 (0)	0 (0)	1 (33.3)	0 (0)	0 (0)	0 (0)	0 (0)	0 (0)	1 (33.3)	2 (7.4)
Conjunctival haemorrhage: study eye	0 (0)	1 (33.3)	0 (0)	0 (0)	0 (0)	0 (0)	0 (0)	1 (33.3)	0 (0)	2 (7.4)
Conjunctival hyperaemia: study eye	0 (0)	0 (0)	1 (33.3)	0 (0)	0 (0)	1 (33.3)	0 (0)	0 (0)	0 (0)	2 (7.4)
Eye irritation: study eye	2 (66.7)	0 (0)	0 (0)	0 (0)	0 (0)	0 (0)	0 (0)	0 (0)	0 (0)	2 (7.4)
Eye pain: study eye	1 (33.3)	1 (33.3)	0 (0)	0 (0)	0 (0)	0 (0)	0 (0)	0 (0)	0 (0)	2 (7.4)
Eye pruritus: both eyes	0 (0)	1 (33.3)	1 (33.3)	0 (0)	0 (0)	0 (0)	0 (0)	0 (0)	0 (0)	2 (7.4)
Punctate keratitis: study eye	0 (0)	0 (0)	2 (66.7)	0 (0)	0 (0)	0 (0)	0 (0)	0 (0)	0 (0)	2 (7.4)
Gastrointestinal disorders										
Dry mouth	0 (0)	1 (33.3)	0 (0)	0 (0)	0 (0)	0 (0)	0 (0)	1 (33.3)	0 (0)	2 (7.4)
Infections and infestations										
Bronchitis	0 (0)	1 (33.3)	0 (0)	1 (33.3)	0 (0)	0 (0)	0 (0)	0 (0)	0 (0)	2 (7.4)
Nasopharyngitis	0 (0)	2 (66.7)	0 (0)	0 (0)	0 (0)	0 (0)	0 (0)	1 (33.3)	0 (0)	3 (11.1)

Table 3 Adverse events that occurred in at least two patients in stratum 2

System organ class preferred term	Number (%) of patients PF-04523655 (µg)								
	1000 (N=3)	1500 (N=3)	2250 (N=3)	3000 (N = 18)	<i>Total</i> (N = 27)				
Number (%) of patients with at least 1 TEAE	1 (33.3)	3 (100)	1 (33.3)	14 (77.8)	19 (70.4)				
Eye disorders									
Choroidal neovascularization: study eye	0 (0)	0 (0)	0 (0)	2 (11.1)	2 (7.4)				
Detachment of retinal pigment epithelium: study eye	0 (0)	1 (33.3)	0 (0)	2 (11.1)	3 (11.1)				
Eye pain: study eye	0 (0)	0 (0)	0 (0)	2 (11.1)	2 (7.4)				
Foreign body sensation in eyes: study eye	1 (33.3)	0 (0)	0 (0)	2 (11.1)	3 (11.1)				
Gastrointestinal disorders									
Nausea	0 (0)	0 (0)	0 (0)	2 (11.1)	2 (7.4)				
Investigations									
Intraocular pressure increased: study eye	0 (0)	0 (0)	0 (0)	2 (11.1)	2 (7.4)				
Musculoskeletal and connective tissue disorders									
Pain in extremity	1 (33.3)	0 (0)	0 (0)	1 (5.6)	2 (7.4)				
Nervous system disorders									
Headache	0 (0)	0 (0)	0 (0)	2 (11.1)	2 (7.4)				

The majority of reported AEs were mild and moderate, and there was no evidence that AEs were related to systemic exposure. No dose-limiting toxicities were observed in this study and therefore a maximum tolerated dose was not established.

The PF-04523655 plasma concentrations after a single IVT injection were measurable at doses of  $\geq$  400  $\mu$ g at

1, 4, and 24 h after the dose. Only one subject in the  $3000 \mu g$  dose group had a measurable PF-04523655 concentration at 168 h (day 7) post-dose and no subject had a measurable PF-04523655 concentration at 336 h (day 14) post-dose. The lack of human plasma concentrations beyond 24 h precluded calculation of the elimination half-life (t<sup>1</sup>/<sub>2</sub>). This study did not evaluate

Parameter Statistic	<i>PF-04523655 (μg)</i>											
	50	100	200	400	670	1000	1500	2250	3000			
C <sub>max</sub> (ng/ml)												
N	0	1	0	2	3	2	3	3	3			
Min	NA	0.26	NA	0.41	0.18	0.14	0.35	1.10	0.77			
Median	NA	0.26	NA	1.78	0.40	0.42	1.25	2.90	1.24			
Max	NA	0.26	NA	3.15	0.41	0.70	7.48	4.57	2.13			
$T_{max}(h)$												
N	0	1	0	2	3	2	3	3	3			
Min	NA	4	NA	1	1	1	1	4	1			
Median	NA	4	NA	2.5	4	2.5	4	4	4			
Max	NA	4	NA	4	4	4	24	4	4			
AUC <sub>last</sub> (ng/h/ml)												
N	0	0	0	1	2	1	2	3	3			
Min	NA	NA	NA	6.06	3.58	10.14	6.59	15.72	10.95			
Median	NA	NA	NA	6.06	6.13	10.14	33.14	42.76	20.23			
Max	NA	NA	NA	6.06	8.68	10.14	59.68	63.30	62.43			

#### Table 4 Pharmacokinetic parameters by dose group

metabolism or excretion of PF-04423665; however, it is expected that similar to other oligonucleotides, the nuclease-mediated metabolites of PF-04423655 would be excreted in the urine.

Although there appeared to be a dose-dependent increase in systemic exposure to PF-04523655, it was not dose-proportional. Systemic exposures were quite variable across dose groups. Even within a dose group, the three patients who received the same dose yielded quite variable PK parameters. There was no evidence that the highest systemic exposures of 40 to 65 ng/h/ml were associated with the occurrence of more frequent AEs. In this limited, small, uncontrolled, open-label, phase 1 trial, the sample size was not sufficient to statistically evaluate efficacy. The preliminary safety of a single PF-04523655 IVT injection supports further dose-ranging studies of monthly IVT injections of PF-04523655.

#### Summary

#### What was known before

- PF-04523655 is a small interfering ribonucleic acid that acts via RNA interference to inhibit the expression of the hypoxia-inducible gene, *RTP801*.
- In mouse and monkey laser-induced models of neovascular age-related macular degeneration (exudative AMD), REDD14, an analogue of PF-04523655, was shown to inhibit expression of RTP801 in the RPE/choroid in a sequence-dependent manner, neovascularization in a sequence- and dose-dependent manner, and vessel leakage in a sequence- and dose-dependent manner.
- In addition, these effects were additive to the efficacy of anti-vascular endothelial growth factors.

#### What this study adds

- In this phase 1 dose-escaluation study of a single intravitreal injection PF-04523655 in patients with neovascular age-related macular degeneration, there were no dose-limiting toxicities.
- The preliminary safety of a single PF-04523655 intravitreal injection demonstrated in this study supports further dose-ranging studies of monthly intravitreal injections of PF-04523655.

## **Conflict of interest**

RA Schachar, CI Nduaka, M Sperling, AS Basile, K Chi-Burris, KJ Klamerus, E Yan, DA Paggiarino were employees of Pfizer at the time of the study; QD Nguyen and I Rosenblatt were investigators; and A Khan, R Aitchison, and SS Erlich were employees of Quark Phamaceuticals Inc. at the time of the study.

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# Appendix

Tom S Chang, Retina Institute of California, Pasadena, CA, USA; Michaella Goldstein, Tel Aviv Sourasky Medical Center, Tel Aviv, Israel; Peter Kaiser, Cole Eye Institute, Cleveland, OH, USA; James M Klancnik, Vitreous-Retina-Macula, Consultants of New York, New York, NY, USA; Gregg Kokame, Retina Consultants relationship of PF-655, an RTP801-silencing siRNA, following intravitreous administration to diabetic rats. *Invest Ophthalmol Vis Sci* 2011; **52**, E-Abstract 5641.

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