

# Association of human papilloma virus with pterygia and ocular-surface squamous neoplasia

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## Abstract

There are more microorganisms that colonize the human body than resident cells; some are commensal whereas others are pathogenic. Pathogenic microorganisms are sensed by the innate or adaptive immune system, an immune response is initiated, and the infection is often cleared. Some microorganisms have developed strategies to evade immune defenses, ensuring their long-term survival with potentially devastating consequences for the host. Approximately 18% of all cancers can be attributed to infective agents; the most common being *Helicobacter pylori*, Human papilloma virus (HPV) and Hepatitis B and C virus in causing stomach, cervical and liver carcinoma, respectively. This review focuses on whether HPV infection is necessary for initiating pterygia, a common benign condition and ocular-surface squamous neoplasia (OSSN), a rare disease with metastatic potential. The search engine PubMed was used to identify articles from the literature related to HPV and pterygium or conjunctival neoplasia. From 34 investigations that studied HPV in pterygia and OSSN, a prevalence rate of 18.6% (136/731) and 33.8% (144/426), respectively, was recorded. The variation in HPV prevalence (0–100%) for both disease groups may have arisen from study-design faults and the techniques used to identify the virus. Overall, the data suggest that HPV is not necessary for initiating either condition but may be a co-factor in susceptible hosts. Currently, over 60 million people worldwide have been immunized with HPV vaccines, but any effect on pterygium and OSSN development may not be known for some time as these lesions can

evolve over decades or occur in older individuals.

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## Introduction

When the Human Microbiome Project is complete, a comprehensive assessment of the human microbiota and its role in health and disease will be appreciated.<sup>1</sup> The human skin<sup>2</sup> and oral cavity<sup>3</sup> microbiome was recently characterized, with each study identifying over 200 species-level phylotypes. Most recently, Dong *et al*<sup>4</sup> disclosed a similar profile of microbes on the healthy human conjunctiva; some were characterized whereas others (31%) were novel or unclassified. Approximately 18% of all cancers can be attributed to microorganisms, the most common being *Helicobacter pylori*, Human Papilloma virus (HPV), Hepatitis B and C virus, Epstein-Barr virus and Human Herpes virus.<sup>5</sup> Although these microbes are known to target specific tissues, such as the stomach, liver, and cervix, some are associated with tumors that arise on the ocular surface.<sup>6</sup>

## The ocular-surface transition zone and stem-cell damage

The epithelium of the ocular surface is exposed to the environment and hence vulnerable to infection, especially when its primary defensive barriers including mucins, tears, and superficial cellular layers are compromised. Ocular-surface tumors including benign pterygia and

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potentially invasive ocular-surface squamous neoplasia (OSSN) have a tendency to develop from the transition zone between two functionally distinct cell types, namely the corneal and conjunctival epithelia. This propensity is not restricted to the eye and occurs in other transition zones, including esophagogastric, endo-ectocervix, and anorectal junction, where spontaneous or viral-induced transformation is common but the molecular and cellular basis is not completely understood.<sup>7</sup> The corneo-conjunctival transition zone is known as the limbus, a narrow vascular-rich region that harbors a rare population of unipotent epithelial stem cells (SCs) whose function is to continuously replenish damaged, diseased or dead cells from the cornea,<sup>8–10</sup> thereby maintaining corneal health and clarity, two features essential for good vision. Limbal epithelial stem cells are distinguishable morphologically as small basal cells with higher nuclear to cytoplasmic content, and phenotypically through increased expression of a number of markers including the adhesion molecule N-cadherin, integrins  $\beta 1$  and  $\alpha 6$ , cytokeratins (CK)-14, -15 and -19, transcription factor p63, and the membrane transporter protein, ABCG2.<sup>10,11</sup>

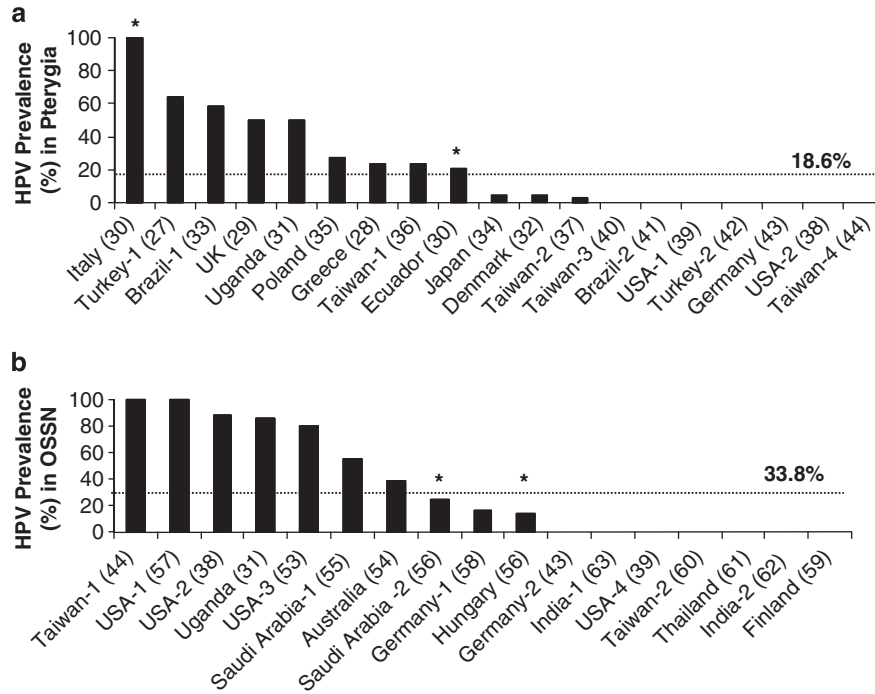
It has been proposed that environmental ultraviolet radiation (UVR) is the most likely initiating agent for ocular-surface tumors and 'peripheral light focusing' may explain the nasal limbal predilection for pterygia and possibly OSSN.<sup>12</sup> In this model, it was demonstrated that the cornea acts as a side-on lens, focusing incident light by up to 20-fold to a distal point on the nasal limbus; the level of focusing dependent on corneal shape and depth of the anterior chamber.<sup>13,14</sup> The cells most likely to be affected are those residing within the limbus, as they are struck from behind by intense radiation, causing them to become activated, damaged or mutated.<sup>15</sup> Central-corneal epithelial cells may be spared from damaging rays either due to the angle of internally reflected light or from the presence of Bowman's layer, which is thought to act as a natural UV-blocker.<sup>16</sup>

### **Pterygia: characteristics and pathogenic mechanisms**

Although pterygia were observed some 3000 years ago,<sup>17</sup> today the pathogenesis is still incompletely understood. Clinically, the lesion is characterized by a fleshy triangular-shaped fibrovascular pannus of inflamed conjunctival tissue that grows over the cornea. Once the growth impinges on the visual axis, causes astigmatism, reduces ocular motion or appears atypical, it is surgically excised.<sup>18</sup> Histologically, pterygia are characterized by degenerative and proliferative changes.<sup>19</sup> Many theories have been proposed to explain how pterygia develop including; autosomal dominant mode of inheritance,

immunologically-mediated, tear film disruptions, chronic UVR exposure, and viral infection.<sup>20</sup> After two decades of studying this disease, our group has developed a working hypothesis that proposes UVR as the principal triggering agent. We have accrued indirect evidence for this posit from modeling-, epidemiological-, and laboratory-based studies.<sup>13,14,19–25</sup> However, Detorakis *et al*<sup>26</sup> identified potential viral co-factors in pterygium pathogenesis and proposed a 'two-hit' theory for its development. The first hit is a damaging reaction mediated by UVR exposure that causes genetic alteration or mutations, and the second hit is an oncogenic event mediated by viral infection in susceptible or compromised cells.<sup>26</sup> Indeed, this is a plausible model, as viruses such as HPVs are known tumor-promoting pathogens.<sup>6</sup>

After entering key words 'Pterygia' and 'HPV' into PubMed and further refining the search to include only original articles written in English that assessed four or more biological samples from patients with pterygia, 18 articles were selected. Eleven investigations detected HPVs,<sup>27–37</sup> whereas other studies were unable to detect the virus<sup>38–44</sup> (Figure 1a and Table 1). From these 18 studies, the average prevalence for HPV was 18.6% (range 0–100%), corresponding to 136/731 positive specimens (Figure 1a). The wide range in prevalence between studies may reflect sampling and methodological differences. For example, racial susceptibility may have been a factor and racial mix within a study population was not always disclosed. In one study, specimens from Italian and Ecuadorean patients with pterygia were studied and HPV prevalence reported as 100% and 21% respectively, implying a geographic and/or ethnic component.<sup>30</sup> Moreover, some studies were retrospective, some prospective, and others were both. Another reason for the variation in prevalence may have been due to differences in methodology and sensitivity between techniques. Most studies used PCR-based assays with primers for specific HPV types, sensitive enough to amplify low levels of viral DNA. Yet others were able to localize HPV proteins in infected cells using less sensitive *in situ* hybridization and immunohistochemical techniques. Often, selective HPVs were investigated, suggesting other genotypes that may have contributed to the disease process, were not considered. Of note, appropriate positive and negative assay and sample controls (eg, disease-free subjects) were often not included. Biospecimens (archival formalin-fixed *vs* fresh-frozen), quality and quantity often varied, and cross-contamination between specimens may have also contributed to variations in the assessment. Finally, only few studies confirmed their primary results with an alternative method (Table 1).



**Figure 1** Prevalence of HPV in Ocular-Surface Diseases. Data from the literature were collated on the prevalence of HPV in pterygia (a) and OSSN (b), which ranged from 0 to 100% in both disease groups. HPV was more common (1.8-fold) in OSSN than in pterygia. Asterisks (\*) in panels (a and b) denote data from the same investigation but from a different ethnic source. The numbers in parenthesis along the x-axis denote respective references.

**Table 1** Detection of HPV in pterygia

Investigators (country of origin) <sup>ref</sup>	Sample size	Prevalence (%)	HPV subtypes	Method
Piras <i>et al</i> (Italy) <sup>30</sup>	17	100	52, 54, candHPV90	PCR/sequencing
Varinli <i>et al</i> (Turkey) <sup>27</sup>	25	64	Not defined	IHC
Rodrigues <i>et al</i> (Brazil) <sup>33</sup>	36	58.3	1, 2	PCR
Gallagher <i>et al</i> (UK) <sup>29</sup>	10	50	6, 11, 16	PCR
Ateenyi-Agaba <i>et al</i> (Uganda) <sup>31</sup>	10	50	11, 37	PCR/Southern
Pieczk-Sidor <i>et al</i> (Poland) <sup>35</sup>	58 (51 primary, 7 recurrent)	27.6	6, 16, 18	PCR
Detorakis <i>et al</i> (Greece) <sup>28</sup>	50	24	18	PCR
Tsai <i>et al</i> (Taiwan) <sup>36</sup>	129	24	16, 18	PCR/IHC
Piras <i>et al</i> (Ecuador) <sup>30</sup>	24	21	52, 54, candHPV90	PCR/sequencing
Takamura <i>et al</i> (Japan) <sup>34</sup>	42 (40 primary, 2 recurrent)	4.8	Not defined	PCR/HC-II
Sjo <i>et al</i> (Denmark) <sup>32</sup>	90 primary	4.4	6	PCR/ISH
Hsiao <i>et al</i> (Taiwan) <sup>37</sup>	65 (35 primary, 30 recurrent)	3	18	PCR/ISH
Chen <i>et al</i> (Taiwan) <sup>40</sup>	65	0	Nil detected	PCR
Schellini <i>et al</i> (Brazil) <sup>41</sup>	36 primary	0	Nil detected	PCR
Dushku <i>et al</i> (USA) <sup>39</sup>	13 (12 primary, 1 recurrent)	0	Nil detected	PCR
Otlu <i>et al</i> (Turkey) <sup>42</sup>	40 (30 primary, 10 recurrent)	0	Nil detected	PCR
Guthoff <i>et al</i> (Germany) <sup>43</sup>	11	0	Nil detected	PCR/IHC
McDonnell <i>et al</i> (USA) <sup>38</sup>	6	0	Nil detected	PCR
Kuo <i>et al</i> (Taiwan) <sup>44</sup>	4	0	Nil detected	PCR

Abbreviations: HC-II, hybrid capture; IHC, immunohistochemistry; ISH, *in situ* hybridization; PCR, polymerase chain reaction.

**OSSN: characteristics and pathogenic mechanisms**

OSSN is regarded the most common ocular-surface tumor.<sup>45</sup> The term OSSN is used to describe a spectrum of disease that ranges from mild, moderate, and severe

dysplasia, to carcinoma *in situ*, to invasive conjunctival epithelial squamous cell carcinoma (SCC). OSSN is regarded as a rare disease with a propensity to affect men in their sixth decade; although early onset has been noted in younger individuals who are human immunodeficiency

virus (HIV) seropositive<sup>46</sup> and in children with xeroderma pigmentosum.<sup>47</sup> OSSN is often referred to as immune-associated (mediated by diminished immune surveillance), as the risk of developing this disease is increased by 12-fold in HIV-infected individuals<sup>48</sup> and by 20-fold in liver-transplant patients.<sup>49</sup>

Conjunctival SCC represents the most severe form of OSSN, causing ocular morbidity and if left untreated can result in mortality.<sup>50</sup> Metastasis to lymph nodes, enucleation, and exenteration is common.<sup>51</sup> Newton *et al*<sup>52</sup> determined that the incidence of conjunctival SCC declined by 49% with each 10-degree change in latitude, falling from >12 cases/million/year in Uganda to <0.2 cases/million/year in the UK. Additional risk factors include fair skin and ocular pigmentation, and smoking. Histologically, the disease is characterized by changes in basal, suprabasal, superficial, and full thickness epithelium. Specific cellular changes include increased hyperchromatism, pleomorphism, and loss of polarity, which in its most severe form, coincides with tumor cells breaching the basement membrane and invading into the stromal matrix.<sup>45</sup>

A strategy similar to that performed for pterygium (see above) was employed to survey the literature to identify studies that looked for HPV in OSSN. From the 42 studies identified, 16 studies were appropriate after applying the same inclusion/exclusion criteria used to assess associations between HPV and pterygium. From these investigations, 9 successfully detected HPV by various techniques,<sup>31,38,44,53–58</sup> whereas the remaining were unsuccessfully.<sup>39,43,59–63</sup> (Figure 1b and Table 2). From these 16 studies, an average prevalence rate of 33.8% (range 0–100%) was observed, representing

144/426 HPV-positive specimens (Figure 1b). Interestingly, the prevalence for HPV was 1.8-fold greater in OSSN than for pterygia (Figures 1a and b). Overall, the data presented in the current report (Figures 1a and b) contrasts with the 80% prevalence rate of HPV in conjunctival papillomas in over 200 cases, most of which were classified as ‘low-risk’ HPV types -6 and -11.<sup>64,65</sup> Differences in HPV prevalence rates for OSSN may be explained by the same design faults identified in studies that assessed HPV in pterygia. The most severe limitation from studies that analyzed both diseases was that HIV status was not disclosed. This is relevant particularly in regions where HIV is endemic (eg, Sub-Saharan Africa), as it has been shown that HIV infection increases the risk of developing conjunctival tumors by greater than 10-fold.<sup>48,66</sup> Interestingly, three investigations assessed HPV status in both disease groups. Dushku *et al*<sup>39</sup> and Guthoff *et al*<sup>43</sup> failed to detect HPV in their pterygium and OSSN specimens, whereas McDonnell *et al*<sup>38</sup> identified HPV-16 in 88% (37/42) of their OSSN specimens but not in their pterygia (0/6). McDonnell’s study suggests that HPV type may be involved in the development of one lesion over another; however their samples were not matched in number.<sup>38</sup> Despite this, at least three independent studies observed HPV-16 in their pterygium specimens.<sup>29,35,36</sup>

### Concurrent disease: pterygia and OSSN

Pterygia have been referred to as benign tumors due to their local invasiveness and propensity to recur but not to metastasize. Sevel and Sealy<sup>67</sup> reported that 29% of their pterygium specimens had histological evidence of

**Table 2** Detection of HPV in OSSN

Investigators (country of origin) <sup>ref</sup>	Sample size (disease)	Prevalence (%)	HPV subtypes	Method
Kuo <i>et al</i> (Taiwan) <sup>44</sup>	9 (Dysplasia)	100	6, 11, 16, 18, 33, 37, 58, 72	PCR
Scott <i>et al</i> (USA) <sup>57</sup>	10 (Dysplasia)	100	16, 18	PCR
McDonnell <i>et al</i> (USA) <sup>38</sup>	42 (OSSN)	88.1	16	PCR/DB
Ateenyi-Agaba <i>et al</i> (Uganda) <sup>31</sup>	21 (SCC)	86	14, 24, 37, 38	PCR
Lauer <i>et al</i> (USA) <sup>53</sup>	5 (OSSN)	80	16, 18	PCR
Karcioglu <i>et al</i> (Saudi Arabia) <sup>55</sup>	45 (CIS/SCC)	55.6	16, 18	PCR
Tabrizi <i>et al</i> (Australia) <sup>54</sup>	88 (OSSN)	39	6, 11, 13, 16, 18	PCR
Toth <i>et al</i> (Saudi Arabia) <sup>56</sup>	16 (SCC)	25	16	PCR
Auw-Haedrich <i>et al</i> (Germany) <sup>58</sup>	12 (Dysplasia)	16.7	16	PCR
Toth <i>et al</i> (Hungary) <sup>56</sup>	7 (SCC)	14.3	18	PCR
Guthoff <i>et al</i> (Germany) <sup>43</sup>	31 (OSSN)	0	Nil detected	PCR/IHC
Manderwad <i>et al</i> (India) <sup>63</sup>	48 (OSSN)	0	Nil detected	PCR/ISH-CARD
Dushku <i>et al</i> (USA) <sup>39</sup>	8 (OSSN)	0	Nil detected	PCR
Eng <i>et al</i> (Taiwan) <sup>60</sup>	20 (OSSN)	0	Nil detected	PCR
Tulvatana <i>et al</i> (Thailand) <sup>61</sup>	30 (OSSN)	0	Nil detected	PCR/DB
Sen <i>et al</i> (India) <sup>62</sup>	30 (OSSN)	0	Nil detected	IHC
Tuppurainen <i>et al</i> (Finland) <sup>59</sup>	4 (CIS/SCC)	0	Nil detected	PCR/ISH

Abbreviations: CIS, carcinoma *in situ*; DB, dot blot; dysplasia, mild, moderate, and severe dysplasia; IHC, immunohistochemistry; ISH-CARD, *in situ* hybridization-catalyzed reporter deposition; OSSN, ocular surface squamous neoplasia; PCR, polymerase chain reaction.

dysplasia. Since this report, other groups, including ours, have reported concurrent pre-neoplastic disease within pterygia, including OSSN at a rate of 5–10%<sup>19,68</sup> and primary acquired melanosis in approximately 8% of the study population.<sup>19,69</sup> How concurrent disease develops is not entirely clear. Moreover, it is yet to be established whether these pathological changes (often focal) represent separate disease entities or whether one arises from another as part of a continuous disease spectrum. Indeed, if HPV infection has a role in the pathogenesis of pterygia and OSSN, then viral type (ie, high *vs* low risk) may be a contributing factor.<sup>38</sup> Interestingly, both high- and low-risk HPV types have been identified in the same pterygium specimen (Table 1), however a comprehensive histological review was not performed to assess for concurrent disease.<sup>29,35</sup>

### Characteristics of papilloma viruses

The papilloma virus was the first virus identified to cause cancer in mammals.<sup>70</sup> These viruses are small non-enveloped epitheliotrophic DNA viruses able to infect stratified squamous mucosal, cutaneous, and other epithelia of birds and mammals. The viral genome comprises a circular double-stranded DNA of approximately 8000 bp that includes early-region sequences or open-reading frames designated as E1–E8 that vary in number between HPV types and are expressed shortly after infection. The genome also contains two latent regions labeled L1 and L2, which encode the capsid (outer shell) protein that has a role in viral entry. Over 200 different HPV types have been identified but not all have been characterized;<sup>71</sup> those that have are either commensal or cause disease. HPV types are region/organ specific; for example, HPV-1 and -2 cause common warts, HPV-5 and -8 are associated with non-melanoma skin cancer (NMSC) in patients with the inherited disease epidermodysplasia verruciformis,<sup>72</sup> and HPV-16 and -18 are responsible for over 70% of cervical cancer.<sup>71</sup> Notably, HPV-16 is thought to be one of the most carcinogenic agents known to mankind.

### Mode of HPV infection and DNA integration

Precisely how HPV infects epithelial cells is not fully understood but it is thought that the virus gains access to a selective cell population through a micro-abrasion or other trauma.<sup>73</sup> In the cervix, the virus targets basal-epithelial progenitor cells, a strategy it uses to ensure stable infection and indefinite passage of genetic information to the host. In terms of ocular-surface disease, it is possible that HPV targets epithelial SCs that have been traumatized or damaged from UVR exposure,<sup>8,15,74</sup> a model that would certainly support

Detorakis's two-hit hypothesis.<sup>26</sup> Another reason for targeting epithelial SCs may be that these cells harbor unique viral-entry receptors that are not expressed on differentiated superficial cells. It has been shown that many viruses including Rota,<sup>75</sup> Foot and Mouth Disease,<sup>76</sup> Coxsackie,<sup>77</sup> West Nile,<sup>78</sup> and Herpes Simplex<sup>79,80</sup> utilize RGD (Arg-Gly-Asp)-dependent integrin receptors, most commonly  $\alpha v \beta 3$ . There is recent evidence that HPV-entry receptors include  $\alpha 6$  integrin<sup>81</sup> and laminin 5.<sup>82</sup> The virus adheres to the plasma membrane through engagement of the capsid L1 protein with either receptor and is subsequently absorbed through vesicles. Interestingly,  $\alpha 6$  integrin is a potential corneal<sup>83</sup> and cutaneous<sup>84</sup> epithelial SCs marker, hence a receptor exists on these cells for HPV entry. Upon internalization, HPV L2 disrupts the vesicle membrane, the capsid ruptures spilling its contents into the cytosol. The viral genome is transported to the nucleus, integrates into the host's genome, and is transcribed into functionally active proteins responsible for not only maintaining the viral genome but also negatively influencing a number of host tumor-suppressor genes, including p53 and retinoblastoma protein (pRb), thereby promoting immortalization. Once expressed, E6 and E7 are the predominant proteins responsible for suppressing p53 and pRb function.<sup>85</sup>

### Role of HPV in p53 tumor-suppressor inactivation

Abnormal proliferation is a characteristic feature of the pterygium epithelium as indicated by increased expression of cell-cycle-related proteins, such as cyclin D1, Ki-67 and the proliferating cell-nuclear antigen.<sup>86,87</sup> This process is further amplified through elevated anti-apoptotic proteins survivin<sup>88</sup> and BCL-2.<sup>89</sup> The tumor-suppressor protein p53 is a widely studied factor in pterygia; normally present in low or undetectable levels within a cell, this protein functions to induce cell-cycle arrest, DNA repair or apoptosis.<sup>90</sup> In pterygia, p53 levels are increased<sup>39,87,91</sup> and several studies have reported abnormal p53 associated with HPV,<sup>33,36</sup> suggesting a role for viral oncoproteins in suppressing p53 activity. This contrasts with Dushku *et al*,<sup>39</sup> who detected increased p53 in pterygium without evidence of HPV infection, leading the authors to postulate that enhanced p53 was due to UV-induced mutagenesis.

Anti-apoptotic and cell-proliferative markers are also elevated in OSSN,<sup>92</sup> some studies reporting even higher levels than in pterygia.<sup>93</sup> In one study that sourced cases and controls from Uganda, a region where the prevalence of HIV infection and sun exposure is high, genetic changes in p53 (consistent with a molecular signature of UV-induced mutagenesis) were identified in 52% of cases and 14% of controls, and DNA from epidermodysplasia

verruciformis HPV-38 was detected in 10 out of 11 cases with p53 mutations.<sup>94</sup> This is in contrast to Toth's study<sup>56</sup> which detected p53 in 78% of ocular-surface tumors, 22% of which were HPV positive, again implying no association between HPV and p53. Despite these mixed data on the effect of HPV on p53 function; HPV-18 E6 is known to bind p53 and induce its degradation through the ubiquitin-proteolysis pathway.<sup>85</sup> This in turn compromises the cell's ability to effect growth arrest upon UV-induced DNA damage.<sup>95</sup> Overall these data imply that HPV is not required for p53 dysfunction in OSSN. However, in a susceptible host, HPV may act as a contributing pathogenic factor.

### Host response to HPV and immune evasion

The response to HPV infection can be slow. If professional antigen-presenting cells such as dendritic cells or macrophages encounter virus, then the innate immune system is activated to clear the infection. If the virus manages to evade being phagocytosed and infects its target epithelial cell, antigen presentation by the epithelium, although possible,<sup>96</sup> may be inefficient or delayed. An immune reaction is initiated when cytotoxic T-cell sense viral peptides presented on the host cell's plasma membrane through major histocompatibility complexes (MHC). HPV may also evade immune surveillance by either suppressing MHC expression<sup>97</sup> or depleting professional antigen-presenting cells.<sup>98</sup> Recently, HPV-16 E6 and E7 proteins were shown to abolish Toll-like receptor 9 expression.<sup>99</sup> These data support the notion that reducing the immune response may be a critical step towards carcinogenic events mediated by HPVs.

### HPV activity and UVR

The observation that HPV was found in an involved and uninvolved eye with OSSN 8 years after excision and eradication of the lesion, suggests the virus is able to remain latent.<sup>38</sup> The mechanism of HPV latency is not well understood, however, UVR may have a role in re-activation in cutaneous and ocular-surface-associated cancers. Purdie *et al*<sup>100</sup> demonstrated that HPV-77 has a consensus binding site for p53 and its promoter activity is enhanced by UVR. Furthermore, HPV-77 localizes to sun-exposed skin and could be involved in the development of NMSC. In addition, Akjul *et al*<sup>101</sup> demonstrated that the non-coding promoter region of HPV-5 and HPV-8 (also associated with NMSC) was strongly attenuated following UVB exposure. UVR also stimulates promoter activity of the epidermodysplasia verruciformis-related HPV type -5, -20, -23, and -38 in a skin keratinocyte cell line.<sup>102</sup> UVR-mediated re-activation of viral latency has been observed in Herpes Simplex virus<sup>103</sup> and HIV.<sup>104</sup>

### Conclusions

The current study reports the prevalence of HPV in ophthalmic pterygia and OSSN as 18% and 33%, respectively. This contrasts with stronger associations (~80%) for conjunctival papilloma. Overall, these data suggest that the involvement of HPV in pterygia and OSSN is inconclusive. Moreover, the International Agency for Research on Cancer (IARC) regarded the evidence as weak<sup>105</sup> and in 2011 the IARC's report did not mention HPV as a carcinogenic mediator of ocular-surface disease.<sup>106</sup> As seen from the evidence presented in Figure 1 and Tables 1 and 2, the field is divided and conclusions made have often been based on sub-optimal study designs and techniques used to identify HPVs in biological specimens. The ocular field is in desperate need of a 'gold-standard' detection and tissue-collection protocol for assessing HPV infection. A multiplex approach to identify all known HPV within a single specimen and larger case-control studies are warranted.

HPV genotypes most represented in pterygia and OSSN include types 6, 11, 16, and 18 (Tables 1 and 2). Infection with these genotypes is preventable by the quadrivalent vaccine Gardasil (Merck Sharp & Dohme Corp., Whitehouse Station, NJ, USA). Hence, if effective, the vaccine may reduce the incidence or may potentially eradicate ocular disease attributable to HPV infection. The global immunization program for HPV began in 2007 and currently 60 million individuals (mainly young women) have been vaccinated. Unfortunately, immediate benefits (if any) for patients with eye disease will not be apparent for years as pterygia can require decades to develop, and OSSN is generally a disease of elderly men. Alternative treatments that do not involve surgery or a vaccine are being trialed. Immunotherapy with interferon-alpha 2b has been used in patients with HPV-16/18-positive conjunctival neoplasia. This naturally occurring cytokine has anti-viral, anti-neoplastic, and anti-proliferative actions, which involve immune-enhancing properties. However, local and systemic discomforts, as well as recurrences have been noted.<sup>107</sup>

Precisely how HPV infects the ocular surface is unknown, however infection from mother to newborn during birth has been speculated.<sup>108</sup> Moreover, digital self-inoculation is possible as HPV DNA was noted on the fingers of males and females positive for genital HPV.<sup>109</sup> Although none of the studies highlighted in this review screened for HPV-related genital disease, good personal hygiene is a reasonable starting point to minimize the risk of ocular infection.

### Conflict of interest

The author declares no conflict of interest.

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