

Surgical rehabilitation following severe ocular burns

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Abstract

Chemical and thermal burns can cause devastating injuries to the anterior segment. The consequences of alkali injuries are notoriously severe due to the rapid penetration of these agents into the ocular tissues. Denaturation of tissue, inflammation, and scarring leads to loss of function. An understanding of the pathogenesis of tissue damage has led to a rational approach to treatment. Emergency irrigation of the eye is essential and there is a 'window of opportunity' during the first 7–10 days after injury when medical treatment can significantly limit the potentially blinding consequences. The acute injury is followed by early and late reparative phases during which the prognosis can be further improved by surgical intervention. Early surgical intervention is targeted at protecting the ocular surface and encouraging re-epithelisation. Later, surgical treatments are directed at ocular surface reconstruction and restoration of vision. However, before any attempt is made at surface reconstruction, the ocular surface environment must be optimised by division of symblepharon, and correction of lid deformity and trichiasis. If there is conjunctivalisation of the corneal surface, limbal stem cell transplantation can restore a corneal epithelial cell phenotype, and transplantation of *in vitro* amplified corneal epithelial stem cells has been developed as an alternative to keratolimbal transfer techniques. Keratoplasty and cataract surgery may then be necessary to clear the visual axis. Finally, keratoprosthesis is an option for the most severely damaged eyes.

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Introduction

Chemical and thermal burns of the anterior segment have the potential to rapidly cause

devastating injuries.^{1,2} Alkali injuries can be particularly severe because the basic charged molecules rapidly pass through the corneal epithelium and stroma and into the anterior chamber. The superficial location of the corneal epithelial stem cells at the limbus also makes them liable to damage.³ Despite recent advances in the techniques of ocular surface reconstruction, medical management of the acutely injured eye still has a crucial role in the management of patients following alkali injury, and it is still a major determinant of the eventual outcome.⁴ Appropriate emergency intervention can limit the severity and extent of the injury, and reduce the risk of delayed complications, such as corneal melt, surface epithelial failure, and corneal neovascularisation. The potential to modify the outcome by medical intervention represents a window of opportunity that must be used. Immediate irrigation removes the alkali from the ocular surface, although particulate matter, particularly in the fornices, must be debrided as it may act as a continued reservoir for alkali. The buffer and other excipients of the irrigating fluid and other topical medications should not be phosphate-based, as this can lead to acute corneal calcification.^{5,6}

Mechanisms of ocular damage and early intervention

Understanding the mechanism of alkali injury has led to a rational approach to management. Alkaline agents damage tissues by a variety of mechanisms. Primarily, the hydroxyl ions cause acute saponification and acute lysis of cell membranes, with hydrolysis and denaturation of the proteins of the proteoglycans and collagen of the stroma. At the limbus and in the conjunctiva, this results in a loss of function and ischaemia. Because the corneal limbus is thought to be the site of the corneal epithelial stem cell reserve, the extent of limbal epithelial loss and associated ischaemia is an index of the

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subsequent prognosis following alkaline injury. Grading systems based on acute signs of epithelial defect, stromal opacity, and limbal ischaemia have been developed to try to predict the eventual prognosis.⁷ However, signs may fluctuate and the extent of superficial epithelial loss over the limbus does not necessarily imply coagulation of the underlying corneal stroma and damage to the stem cell niche. In addition, areas of apparent acute ischaemia may revascularise following appropriate treatment, and the prognosis may improve. Alkali damage to the bulbar and tarsal conjunctiva may be accompanied by coagulation of the posterior lid margin that can result in subsequent posterior displacement of the meibomian orifices and trichiasis, and loss of goblet cells and damage to the lachrymal system may result in dry eye disease.

Penetration of alkali into the corneal stroma may result in loss of keratocytes, endothelial damage, and loss of proteoglycan from the stroma. Collagen shrinkage may cause an acute spike in intraocular pressure,^{8,9} whereas fragmentation products of the denatured stroma may be chemotactic to neutrophils,¹⁰ which in turn release mediators that recruit more inflammatory cells.¹¹ Alkali in the anterior chamber can cause iris ischaemia with a fixed dilated pupil, raised intraocular pressure, or secondary hypotony from damage to the ciliary body. Extremely severe injuries may precipitate acute cataract. If there is coexisting alkali injury to the skin of the face or eyelids, the regional burns unit should be consulted for advice. The early use of topical ascorbate and citrate has reduced the incidence of stromal melting following severe burns.¹² The options for early medical treatment are itemised in Table 1.

Surgical intervention is rarely indicated in the acute phase of injury. The conjunctiva and fornices may need to be debrided of necrotic tissue, a process that may require a general anaesthetic for infants and children. An acute amniotic membrane onlay graft may quieten inflammation, conserve limbal stem cells, and encourage epithelialisation.¹⁹ Anterior chamber paracentesis and irrigation with balanced saline have been recommended for the management of severely injured eyes to rapidly reduce the pH of the aqueous,^{2,20} although this has not generally been adopted. Paracentesis has also been recommended for acutely elevated intraocular pressure.² A therapeutic contact lens or temporary tarsorrhaphy may be required if lid closure is impossible.

Intermediate (postacute) management

Management in the intermediate phase (7–21 days after acute treatment has been initiated) is to control inflammation and to stimulate normal epithelialisation of the ocular surface. Regenerating corneal epithelium may spread from uninjured adjacent areas of limbus, or from

Table 1 Options for immediate medical treatment of ocular alkali burns

<i>Agent</i>	<i>Dose</i>	<i>Purpose</i>
Antibiotic	Fluoroquinolone QDS	Prevent infection
Cycloplegic	Cyclopentolate 1% QDS	Control pain
Acetazolamide	250 mg QDS	Control raised intraocular pressure
Steroid ^a	Dexamethasone 0.1% QDS	Reduce inflammation ¹³
Doxycycline	100 mg BD	Reduce inflammation and risk of melt
Ascorbate	10% QDS topically, 1 g orally	Prevent collagen lysis ^{14–16}
Potassium citrate	10% QDS topically	Chelate calcium required by PMNs ^{17,18}
Lubricant	Hyaluronic acid hourly	Prevent drying

The aim is to promote epithelialisation and prevent ulceration. All topical agents should be preservative free and without phosphate buffer if possible.
^aStop by day 14 if there is persistent epithelial defect to reduce risk of stromal melt.

peripheral conjunctival epithelium.²¹ If the corneal epithelium does not heal due to exposure, dry eye disease, necrotic stroma, or extensive loss of the corneal and conjunctival epithelium, a persistent epithelial defect may develop. This poses a risk of secondary microbial infection, and macrophages recruited by inflammation can lead to stromal melt and neovascularisation. Importantly, corneal melt will stop once epithelialisation is complete. Late stromal calcification may develop as result of a loss of the ability of the damaged stroma to bind calcium from the tear film.

Various strategies may be employed to encourage epithelialisation. A bandage contact lens (eg, silicone hydrogel), a botulinum toxin-induced or surgical tarsorrhaphy, or an amniotic membrane graft will protect the surface. An amniotic membrane can be used as a protective onlay, similar in function to a bandage contact lens, or combined with suturing of the membrane into the conjunctival fornices to prevent scarring and symblepharon. It can also be used as an inlay combined with a superficial keratectomy to remove devitalised superficial stroma to treat persistent epithelial defect. The use of an amniotic membrane onlay has been shown to relieve pain, encourage epithelialisation, and reduce vascularisation and scarring.²² However, if there is marked inflammation, a membrane may rapidly melt, and a number of repeat surgeries may be necessary. The rapid onset of stromal melting may indicate a secondary infection that should be investigated and treated,

Table 2 Results of keratolimbal surgery and *in vitro* autograft techniques

Author	Patients (n)	Overall success (%)	Alkali injury (n) ^a	Autograft success (%)	Increased VA ≥2 lines (%)	Mean follow-up (years)
<i>CLAU</i>						
Kenyon and Tseng ³¹	26	95	20	NA	NA	1.5
Santos <i>et al</i> ²⁶	33	80	10	80	NA	4
Meallet <i>et al</i> ³⁶	5	100	3	100	100	2
Yao <i>et al</i> ³⁷	39	74	39	74	77	2.3
<i>In-vitro amplification</i>						
Pellegrini <i>et al</i> ³⁴	2	100	2	100	100	2
Schwab ³⁸	19	83	2	50	NA	0.8
Tsai <i>et al</i> ³⁹	6	100	3	100	100	15
Schwab <i>et al</i> ⁴⁰	14	60	3	33	33	1.1
Rama <i>et al</i> ⁴¹	18	78	18	78	72	1.7
Grueterich <i>et al</i> ⁴²	1	100	1	100	100	1.7
Nakamura <i>et al</i> ⁴³	3	100	3	100	100	1
Sangwan <i>et al</i> ⁴⁴	2	100	2	100	0	1
Nakamura <i>et al</i> ⁴⁵	2	100	1	100	100	1.5
Shortt <i>et al</i> ⁴⁶	3	33	3	33	33	0.5

In most publications, the results of grafts for alkali burns are not considered separately. Various different criteria are used to define success.

^aEyes after chemical or thermal injury treated with an autograft.

whereas an application of tissue glue can stop melting by excluding the inflammatory cells and their mediators.²³ Acute lamellar or penetrating keratoplasty may then be required if there is corneal perforation. The role of systemic steroid or systemic immunosuppression (eg, with cyclosporine or mycophenolate) to suppress conjunctival inflammation at this stage is uncertain.²⁴ Alternatives to amniotic membrane grafting to promote epithelialisation and prevent melting after severe injuries are tenonplasty, in which a vascularised pedicle of tenon capsule is rotated over the cornea,²⁵ or a conjunctival flap if sufficient normal bulbar conjunctiva is available. Once a stable epithelial surface has been achieved and inflammation controlled, further options for ocular surface reconstruction can be considered.

Late phase management

Permanent ocular surface damage following alkaline injuries can include conjunctivalisation of the corneal epithelial surface. This is the result of a loss of the limbal stem cell reserve with overgrowth of the cornea with cells of a conjunctival phenotype, confirmed by the presence of goblet cells and expression of cytokeratin 19. Conjunctivalisation of the ocular surface may be associated with keratinisation, particularly of the posterior lid margin if there has been tarsal plate ischaemia. The cornea may also become vascularised with subepithelial fibrosis and the stroma may become calcified or permanently oedematous due to endothelial failure. Secondary glaucoma and cataract may also require treatment.

Before any consideration of ocular surface reconstruction it is essential that every efforts should be made to optimise the ocular surface environment. Ocular surface reconstruction has a very poor prognosis unless this can be achieved, particularly if there is dry eye disease.²⁶ Surgery may be necessary to eliminate corneal exposure or abrasion of the ocular surface by trichiasis. A delay in graft surgery until any inflammation has subsided improves the prognosis for keratoplasty survival.²⁷ Importantly, when assessing corneal thickness, stromal calcification may interfere with pachymetry measurements by ultrasound, resulting in a spuriously high reading suggesting endothelial failure.

Surgical options to reconstruct the ocular surface are based on limbal stem cell transplantation.²⁸ The object is to transfer viable corneal limbal epithelial stem cells to the damaged cornea to restore the phenotype. If the injury is unilateral, then donor tissue may be harvested from the unaffected eye and transplanted to the injured eye, but for bilateral disease cadaveric donor tissue is required.²⁹ Because an autograft does not face a risk of rejection, it is the benchmark for the potential of this type of surgery. There are two techniques for autograft transplantation. Whole tissue autografts were first described by Thoft³⁰ in 1982 and developed into conjunctival limbal autograft (CLAU) transplantation by Kenyon and Tseng.³¹ Typically, two 8mm segments of the peripheral cornea and conjunctiva, including the limbus, are harvested from the upper and lower cornea of the donor eye. These areas are selected as they are the primary location of the palisades of Vogt that are thought to be especially rich in stem cells.³² The abnormal

epithelium of the recipient eye is first removed with any subepithelial fibrovascular tissue and lamellar keratoplasty may be performed if there is stromal opacity or calcification, but penetrating keratoplasty may be required if there is endothelial decompensation. The two donor segments are then sutured to the superior and inferior cornea of the recipient eye, and the eye protected by an amniotic membrane onlay graft, a therapeutic contact lens, or a temporary tarsorrhaphy. Alternatively, instead of isolated limbal grafts, a large diameter lamellar graft, including the limbus, has been used.³³ For *in vitro* amplification techniques, a small biopsy of about 2mm width is taken from a palisade-rich segment of the limbus of the unaffected eye.³⁴ The biopsy may then be placed directly onto a carrier, such as amniotic membrane or a fibrin sheet, or the epithelial cells suspended from the biopsy, and seeded onto the membrane. The biopsy material is then examined for proliferative potential and cultured in the laboratory for 2–4 weeks until a confluent epithelial layer is obtained before transferring the tissue back to the prepared injured eye.

When performing a CLAU, the size of limbal tissue taken from the healthy eye is significantly larger than that take for the *in vitro* amplification techniques. Although it is generally believed that the donor eyes recover well without complication, removal of this amount of limbus is not without risk, and partial limbal stem cell deficiency has been described in a previously normal eye following limbal biopsy for CLAU.³⁵ Although the size of the biopsy taken for *in vitro* amplification techniques is much smaller, the primary culture from the donor eye is not always successful, and with both techniques, the transplanted donor tissue may fail. If this occurs, it is possible to take a further biopsy for *in vitro* amplification techniques, but not for CLAU. On the basis of published case series, the relative success of a CLAU compared with *in vitro* amplification techniques appears to be similar (Table 2). There are, to date, no controlled trials comparing these methods.

During *in vitro* amplification, it is thought that only between 2 and 9% of the cultured cells are stem cells.^{40,47–50} Unfortunately, a definitive assessment of the number of stem cells in any culture is presently impossible because there is no definitive marker of limbal epithelial stem cells.⁵¹ The long-term fate of these transplanted stem cells is also unclear. Although it is likely that transplanted stem cells in an autograft will survive indefinitely, evidence from studies of conjunctival limbal allograft transplantation or transplantation of *in vitro* amplified allogeneic limbal stem cells indicates a survival of up to 9 months, whereas a successful clinical outcome may persist.^{34,52,41,53} Finally,

an important implication of *in vitro* amplification techniques are the infrastructure and staffing costs that make it an expensive and time-consuming procedure that is subject to tight regulation.⁵⁴ Despite progress in this field, not all severely damaged eyes are suitable for ocular surface reconstruction, and for these patients synthetic corneal implants (eg, keratoprosthesis,⁵⁵ osteo-odontokeratoprosthesis⁵⁶) continues to be an option.

Conclusions

Severe ocular burns are uncommon but can have profound psychological, economic, and social consequences for the patient. They predominantly occur in young male subjects and are associated with industrial accidents, domestic use of alkali, and criminal assault.^{57–59} The incidence may have reduced in developed countries as a result of Health and Safety legislation regarding the use of protective eyewear. However, despite recent advances, ocular surface reconstruction of the severely affected eye will continue to present a challenge.

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